Palo Alto Adult School Palo Alto Unified School District 50 Embarcadero Road Palo Alto, CA 94301

PAAdultSchool.org

Education is for for life!



1921-2016

PALO ALTO ADULT SCHOOL

Palo Alto Unified School District

2016 FALL QUARTER SCHEDULE

Registration begins August 12, 2016

Twitter@AdultSchoolPA

PaloAltoAdultSchool

PAAdultSchool.org (650) 329-3752



Dear Community Members,

Lifelong learning is practiced by all of our students. This fall, we recognize our Distinguished Students that have been taking Adult School classes continuously for more than five years. These students have pursued their educational goals while demonstrating a significant connection to the school and its community.

The Adult School's Community Partner this guarter is Avenidas. Together we are committed to helping seniors learn and maintain their independence. Our General Interest program offers many popular senior classes.

Summer travel doesn't have to end in August. Sign up for our NEW Hawaiian lei making class or hula lessons. No matter what class you choose, I know you will enjoy yourselves and learn!

See you in class!

Katya Villalobos Principal





Hula dancing Page 15



Photography Pages 21-22



Woodworking Pages 22–23

WAYS TO REGISTER



NEED HELP? CALL (650) 329-3752

RECEIPTS/CONFIRMATIONS

Please call if you need a receipt or a confirmation: (650) 329-3752. You will be notified if a class is full.

REFUNDS

Refunds are given up to 72 hours before the first class meeting. There is a \$15 fee for cancellation. A complete refund will always be made if we cancel a class. Textbooks are not returnable.

REGISTER EARLY

Register today to secure your place in our most popular classes. If minimum enrollments are not met, classes will be cancelled and a full refund will be processed. Refunds are given up to 72 hours before the first class meeting.

OFFICE HOURS

DAY:

8 a.m.-4:30 p.m., Monday through Friday **EVENING:**

4:30–9:30 p.m., Monday through Thursday

WINTER REGISTRATION BEGINS December 2, 2016

This schedule is valid through November 18, 2016. Additional information, materials lists and schedule changes are posted on our website. PAAdultSchool.org

Community Partner

Avenidas is a non-profit providing tools for positive aging, whose mission is to provide support, information and community to enrich the lives of older adults and their families.



www.avenidas.org (650) 289-5400

Register online: PAAdultSchool.org

Design: Shaila Abdullah. Images: ©Stock Photo Secrets

Cover

TABLE OF CONTENTS

ADULTS WITH DISABILITIES1
Academic Functions1
Adult Transition Partnership Program (TPP) 1
ARTS AND CRAFTS1–2
Acrylic or Oil Painting1
Art of Handmade Books: Tips & Tricks
Basic Lotion Crafting2
Classic Illustration1
Drawing & Watercolor1
How to Make a Haku Lei 2
Knitting2
Watercolor: Beginning/Intermediate1
BIRDING AND NATURE
Birding Basics3
Birding: Intermediate
Birding: The Master Class3
Peninsula Nature Hikes4
Wildlife Tracking for Beginners4
BUSINESS AND FINANCE4
Oral Business Communications 4
CAREER TRAINING 4-5
Medical Assistant Program5
Work Readiness: Job Search Skills
CITIZENSHIP5
COMPUTER SKILLS6
Excel: Introduction6
Photoshop CC (Creative Cloud): Beginning 6
PowerPoint: Beginning6
Word: Introduction
COOKING
Amazing Dairy (and Egg!) Free Desserts7
Easy Elegant Party Menu7
Indian Cuisine Northern India7
Oaxaca: Land of the Seven Moles
Oaxacan Secrets7
Soups and Salads for Everyone7
Tamale Party7
Vegan Comfort Food: Around the World6
ESL
CBET (ESL for Parents)9
ESL Classes8
Learn English at Home (LEAH)9

Placement Testing	8
Pre-Literacy	9
Transition to Work or College/Career	9
ESL WRITING ACADEMY	10
Advanced Research Writing	10
Writing Academy (3 levels)	10
ENGLISH ENRICHMENT	. 11–13
Advanced Research Writing	11
American Idioms 101	11
Avoid Grammar Mistakes in Conversation	
Conversational Grammar	
Conversation Starter and Grammar	
Diversity in the Community	
ESL Book Club	
Focus on English Pronunciation & Listening	
Let's Talk: ESL Conversation	
Oral Business Communications	
Speaking English with Confidence	
TOEFL	
US History & Culture	
GED [®] (See HiSET [®])	16
GENERAL INTEREST	14
GENERAL INTEREST Creative Writing	14 14
GENERAL INTEREST Creative Writing Creative Writing: All Levels	14 14 14
GENERAL INTEREST Creative Writing Creative Writing: All Levels Genealogy: Fundamentals	14 14 14 14
GENERAL INTEREST Creative Writing Creative Writing: All Levels Genealogy: Fundamentals Genealogy: Intermediate	14 14 14 14 14
GENERAL INTEREST Creative Writing Creative Writing: All Levels Genealogy: Fundamentals Genealogy: Intermediate Senior Friendship Day	14 14 14 14 14 14
GENERAL INTEREST Creative Writing Creative Writing: All Levels Genealogy: Fundamentals Genealogy: Intermediate Senior Friendship Day HEALTH AND FITNESS	14 14 14 14 14 14 15
GENERAL INTEREST Creative Writing Creative Writing: All Levels Genealogy: Fundamentals Genealogy: Intermediate Senior Friendship Day HEALTH AND FITNESS Hula Dancing Workshop	14 14 14 14 14 14 15
GENERAL INTEREST Creative Writing Creative Writing: All Levels Genealogy: Fundamentals Genealogy: Intermediate Senior Friendship Day HEALTH AND FITNESS Hula Dancing Workshop Peninsula Nature Hikes	14 14 14 14 14 14 15 15
GENERAL INTEREST Creative Writing Creative Writing: All Levels Genealogy: Fundamentals Genealogy: Intermediate Senior Friendship Day HEALTH AND FITNESS Hula Dancing Workshop Peninsula Nature Hikes Pilates/Yoga Progression	14 14 14 14 14 15 15 15
GENERAL INTEREST Creative Writing Creative Writing: All Levels Genealogy: Fundamentals Genealogy: Intermediate Senior Friendship Day HEALTH AND FITNESS Hula Dancing Workshop Peninsula Nature Hikes Pilates/Yoga Progression Silk Reeling Exercise	14 14 14 14 14 15 15 15 15 15
GENERAL INTEREST Creative Writing Creative Writing: All Levels Genealogy: Fundamentals Genealogy: Intermediate Senior Friendship Day HEALTH AND FITNESS Hula Dancing Workshop Peninsula Nature Hikes Pilates/Yoga Progression Silk Reeling Exercise Tai Chi: Chen Style	14 14 14 14 14 15 15 15 15 15 15
GENERAL INTEREST Creative Writing Creative Writing: All Levels Genealogy: Fundamentals Genealogy: Intermediate Senior Friendship Day HEALTH AND FITNESS Hula Dancing Workshop Peninsula Nature Hikes Pilates/Yoga Progression Silk Reeling Exercise Tai Chi: Chen Style Yoga and Meditation	14 14 14 14 14 14 15 15 15 15 15 15 15
GENERAL INTEREST Creative Writing Creative Writing: All Levels Genealogy: Fundamentals Genealogy: Intermediate Senior Friendship Day HEALTH AND FITNESS Hula Dancing Workshop Peninsula Nature Hikes Pilates/Yoga Progression Silk Reeling Exercise Tai Chi: Chen Style Yoga and Meditation HISET® (High School Equivalency / HSE)	14 14 14 14 14 15 15 15 15 15 15 15 15
GENERAL INTEREST Creative Writing Creative Writing: All Levels Genealogy: Fundamentals Genealogy: Intermediate Senior Friendship Day HEALTH AND FITNESS Hula Dancing Workshop Peninsula Nature Hikes Pilates/Yoga Progression Silk Reeling Exercise Tai Chi: Chen Style Yoga and Meditation HISET® (High School Equivalency / HSE) HOME AND ENVIRONMENT	14 14 14 14 14 15 15 15 15 15 15 15 15 15 15 15
GENERAL INTEREST Creative Writing Creative Writing: All Levels Genealogy: Fundamentals Genealogy: Intermediate Senior Friendship Day HEALTH AND FITNESS Hula Dancing Workshop Peninsula Nature Hikes Pilates/Yoga Progression Silk Reeling Exercise Tai Chi: Chen Style Yoga and Meditation HISET® (High School Equivalency / HSE) Floral Design with Ikebana	
GENERAL INTEREST. Creative Writing Creative Writing: All Levels Genealogy: Fundamentals Genealogy: Intermediate Senior Friendship Day HEALTH AND FITNESS Hula Dancing Workshop. Peninsula Nature Hikes Pilates/Yoga Progression Silk Reeling Exercise Tai Chi: Chen Style Yoga and Meditation HISET® (High School Equivalency / HSE) Floral Design with Ikebana Gardening in Fall	
GENERAL INTEREST Creative Writing Creative Writing: All Levels Genealogy: Fundamentals Genealogy: Intermediate Senior Friendship Day HEALTH AND FITNESS Hula Dancing Workshop Peninsula Nature Hikes Pilates/Yoga Progression Silk Reeling Exercise Tai Chi: Chen Style Yoga and Meditation HISET® (<i>High School Equivalency / HSE</i>) HOME AND ENVIRONMENT Floral Design with Ikebana Gardening in Fall How to Make a Haku Lei	14 14 14 14 14 14 15 15 15 15 15 15 15 15 16 16 16 16
GENERAL INTEREST Creative Writing Creative Writing: All Levels Genealogy: Fundamentals Genealogy: Intermediate Senior Friendship Day HEALTH AND FITNESS Hula Dancing Workshop Peninsula Nature Hikes Pilates/Yoga Progression Silk Reeling Exercise Tai Chi: Chen Style Yoga and Meditation HISET® (High School Equivalency / HSE) HOME AND ENVIRONMENT Floral Design with Ikebana Gardening in Fall How to Make a Haku Lei Managing Your Remodeling Project	1414141414151515151515161616161616
GENERAL INTEREST Creative Writing Creative Writing: All Levels Genealogy: Fundamentals Genealogy: Intermediate Senior Friendship Day HEALTH AND FITNESS Hula Dancing Workshop Peninsula Nature Hikes Pilates/Yoga Progression Silk Reeling Exercise Tai Chi: Chen Style Yoga and Meditation HISET ® (<i>High School Equivalency / HSE</i>) HOME AND ENVIRONMENT Floral Design with Ikebana Gardening in Fall How to Make a Haku Lei	14141414141515151515151616161616161617

*** Due to a new online registration program, all students (*new, current, and former*) must set up a new username and password when registering at *paadultschool.org*. ***

2016 FALL CALENDAR

Registration for Fall Quarter Begins	
Fall Quarter Term	-
Writing Academy	
ESL Classes (Session 1)	August 22-October 14, 2016
ESL Classes (Session 2)	October 17-December 16, 2016
Holidays—No Classes	November 11 and November 23-25, 2016

TABLE OF CONTENTS

MUSIC	18
Acoustic Guitar: Beginning	18
Acoustic Guitar: Advanced Beginning	18
Piano (3 levels)	18
Symphonic Band	18
Ukulele: Beginning	18
ONLINE CLASSES WITH ED2GO	19
PARENTING AND FAMILY	20–21
CBET (ESL for Parents)	21
DreamCatchers	20
Parent Project	21
PreSchool Family	20
PHOTOGRAPHY	. 21-22
Advanced Black and White Darkroom	21
Fundamentals of Photography	21
Storytelling with Photography: Intermediate.	22

WOODWORKING	22-23
Level 1: Beginning—Build a Table	
Level 1: Beginning—Build a Blanket Chest	22
Level 2: Intermediate	22
Level 3: Advanced Power Tools Techniques	
Level 4: Advanced: Open Shop	
WORLD LANGUAGES	. 23–25
Chinese	23
French	23-24
Italian	24
Spanish	25
ADULT SCHOOL INFORMATION	26-30
Administrative Policies	29–30
Maps	26–28
Mission & Student Learner Outcomes	
Registration Form	

DUE TO A NEW ONLINE REGISTRATION PROGRAM, ALL STUDENTS (NEW, CURRENT, AND FORMER) MUST SET UP A NEW USERNAME AND PASSWORD WHEN REGISTERING AT *paadultschool.org*

The ESL program paved the way to Ramona's career in the United States!



The ESL program at the Adult School gave me the chance to start my new life in the US with the skills that I needed. ESL classes not only taught me the language, but also about the culture and daily life situations. My English vocabulary improved by talking, reading and writing. After the Adult School, I started to study for the Cosmetology test so that I could go back to the job that I did for years in Germany. I passed the exam in summer 2014 and have been working ever since at La Belle Day Spa & Salon as a Master Stylist. I love my job and being with people.

> Ramona Stelzer Hairstylist

ADULTS WITH DISABILITIES

ACADEMIC FUNCTIONS

Instructor: Margaret Haze

People recovering from emotionally disabling illnesses receive assistance in developing appropriate social and work skills in this educational program. Services provided include structured small classes that focus on independent living and work skills, prevocational counseling, guidance in part-time training, and individual and family counseling. For information, please call the Transitional Program at (650) 324-3330.

ONGOING Wednesday • 9:45-11:15 a.m. and 1:30-2:45 p.m. Friday • 1-3 p.m. Wesley Methodist Church • No Fee *

ARTS AND CRAFTS

ADULT TRANSITION PARTNERSHIP PROGRAM (TPP)

Job preparation skills including interviewing, resumé preparation, job search skills and employment retention will be taught. This course is offered in conjunction with the State of California Department of Rehabilitation. For more information, please call (650) 868-9224.

ONGOING

Wednesday • 9 a.m.–12 noon HOPE, Mountain View • No Fee *

Please go to paadultschool.org for complete descriptions and materials lists.

ARTS

ACRYLIC OR OIL PAINTING: Beginning to Advanced

Instructor: Paulina Shapona, pshapona@yahoo.com

Prerequisite: None

Express yourself and discover your artistic talents with oil or acrylic paints in this inspiring class for all student levels. Study use of color, observation, composition, light and dark and traditional painting techniques. **Supplies will be discussed at the first class meeting.**

9 wks • September 15–November 10 Thursday • 7–9:30 p.m. Palo Alto HS Rm 106 • \$180

CLASSIC ILLUSTRATION

Instructor: Shaowei Liu, lushgrass@gmail.com, https://www.instagram.com/lushgrassart

Prerequisite: None

Learn the craftsmanship of the Golden Age of Children's Book Illustration: watercolor over line drawing. In the first half of the semester, students study techniques by copying the masterpieces of prominent artists such as Jessie Willcox Smith, Arthur Rackham, Dulac, etc. Students are encouraged to explore personal styles of illustration the rest of the semester. Advanced students can work on their own stories. **Please email instructor for supply list.**

10 wks • September 12–November 14 Monday • 6:30–9:00 p.m. Palo Alto HS Rm 106 • \$200

DRAWING AND WATERCOLOR

Instructor: Ferenc Besze, besze@comcast.net, http://besze.com

Prerequisite: None

We will be learning about drawing and watercolor principles, perspective and



composition. This method will help create fresh, and spontaneous drawings and paintings from a wide variety of subjects. Students have the choice to follow and practice either drawing or painting instructions and demonstrations, or participate in both simultaneously. **Please see website for required supplies list.**

9 wks • September 14–November 9 Wednesday • 6:30–9:30 p.m. Palo Alto HS Rm 106 • \$216

WATERCOLOR: Beginning/Intermediate

Instructor: Cathy Zander, artist@cathyzander.com, www.cathyzander.com

Prerequisite: None

Begin at the beginning! Join this magical journey to discover the versatility that only watercolor can offer! We will practice skills such as color mixing, wet-on-wet painting, perspective, value studies, glazing, washes, etc. Choose your own subject: still life, landscape, or urban-scape painting. Please see website for supplies list.

10 wks • September 13–November 15 Tuesday • 6:30–9 p.m. Palo Alto HS Rm 106 • \$200

ARTS AND CRAFTS



KNITTING

Prerequisite: None

currently working on.

Instructor: Paola Trombetta

learn to read pattern books, and/or design

and create their own knitted garment and gifts. Advanced knitters, master your

techniques and bring projects you are

THE ART OF HANDMADE BOOKS: **Tips and Tricks**

Instructor: Jamila Rufaro, jamilarufaro@gmail.com

Prerequisite: None

CRAFTS

Your instructor will guide you from start to finish through the creation of your own handmade artists books. Each book is its own work of art suitable for albums, journaling, gifting and more. There is a \$15 materials fee payable to the instructor. Please see website for required student tool kit list.

Two Sessions • September 13 and September 14 Tuesday and Wednesday • 6–9 p.m. Palo Alto HS Rm 1701 • \$65

BASIC LOTION CRAFTING



Instructor: Lori Stoia, bathscentsations@gmail.com

Prerequisite: None

Are you tired of paying the high cost for lotions and creams? Would you like to make your own from scratch? In this lecture/hands-on class you will learn to make individual batches of lotions and creams. In addition, you will learn about ingredients, packaging, selling and more. By the end of the class, students will create and label their own products which will allow them to be used immediately. Instructor will collect a \$20 cash material fee (exact change) at the beginning of class. Students must bring a 2 cup or larger Pyrex (glass) measuring cup and oven mitt to class.

One Session • October 1 Saturday • 10 a.m.-1 p.m. Palo Alto HS Rm 103 • \$45

HOW TO MAKE A HAKU LEI

Instructor: Nerissa Wong-VanHaren

Prerequisite: None

Learn to make a beautiful Hawaiian flower lei which is worn on your head or around the brim of a hat. Using fresh flowers and raffia, you will make a oneof-kind piece to enjoy and



take home with you. There is a \$15 materials fee payable to the instructor.

One Session • October 1 Saturday • 9 a.m.-12 noon Palo Alto HS Rm 1701 • \$30



9 wks • September 14-November 16 Wednesday • 6:30-8:30 p.m. Palo Alto HS Rm 1706 • \$144 "I took the Knitting class to improve my knitting skills. I was an absolute beginner, but learned so much in a short amount of time because of Paola's teaching! I made scarves, hats, mittens, and socks,

and continue to learn new stitches and techniques like cables and lace. Virginia Boyd, **Business Consultant**



Have you been taking classes every quarter for more than 5 years?

Join our team of **Distinguished Students!** Email adultschool@pausd.org

BIRDING AND NATURE

Birding can become your passion too! With three levels offered from Birding Basics to advanced coverage, field experiences are a key part of any class.

NOTE: After enrolling, please forward your contact information to the instructor's email address.

BIRDING BASICS

Instructor: Larry Spivak, larry8141@yahoo.com

Prerequisite: None

Wondering about the name of that bird in your backyard? Join your neighbors and learn about field guides and binoculars. Learn the categories of birds and the methods used to identify them. Obtain a step by step process to identifying birds and finding them in a field guide.

6 wks • September 13–October 18 Tuesday • 7–9 p.m. Palo Alto HS Rm 1703 • \$165 *AND* Four Fieldtrips • September 17–October 8 Saturday • 9 a.m.–12 noon Locations will be discussed in class



BIRDING: Intermediate

Instructor: Robert Furrow, robertfurrow@gmail.com

Prerequisite: A series of beginning birding classes or a few years of birding experience

Take your observation skills and birding knowledge to the next level. You will learn how date and habitat shape the expected species in the Bay Area, while incorporating bird sound and behavior into your identification repertoire. **Recommended textbook: Any North America or Western North America bird field guide (Sibley's Guide is a great one).**

6 wks • October 3–November 7 Monday • 7–9 p.m. Palo Alto HS Rm 1707 • \$165 *AND*

* There will be 3 (optional) Saturday field trips *

- 2 morning trips: October 15 and 22
- 1 all-day trip: November 5

BIRDING: The Master Class

Instructor: Matthew Dodder, mdodder@sbcglobal.net, www.birdguy.net

Prerequisite: *Previous birding experience* (Advanced class)

Focus on complex ID challenges and seasonal specialties addressing habitat, bird topography, molt strategy, vocalization and behavior as identification aids.



Learn about current taxonomy changes, population trends and recent research. There will be Saturday half-day and full-day field trips to birding hot spots. **Visit www.birdguy.net** for more information.

8 wks • September 12–October 31 Monday • 7–9 p.m. Palo Alto HS Rm 1708 • \$176

"I had never taken a birding class, even though I was an amateur birder for many years. The **Birding Master** class greatly exceeded my expectations! I learned how to look, what to look for, how to tell similar species apart, and migration times and patterns. The patience, enthusiasm and depth of the instructor's knowledge is outstanding."

> Nancy Flowers, Writer (retired teacher)



BIRDING AND NATURE

PENINSULA NATURE HIKES

Instructor: Miriam Sachs Martin, m.sachs.martin@gmail.com, http://pnhikes.blogspot.com/

Prerequisite: None

Get healthy exercise in a relaxed and friendly atmosphere while learning about local flora and fauna. Moderate hikes include stretch and snack breaks. Multigenerational group is welcoming and fun! If you've ever wanted to learn more about the rich and vibrant ecosystems of the Bay Area, please join us.

An information meeting will be held at Palo Alto High School on Wednesday, September 14 at 7 p.m. in Room 205 to meet the group and discuss the hikes included in this course.

5 Sessions • September 17-October 1, 15,29, and November 12 Saturday • 1–5 p.m. Palo Alto HS Rm 1708 • \$110 Various local parks and preserves in Santa Clara and San Mateo counties



WILDLIFE TRACKING FOR BEGINNERS

Instructor: Garth Harwood, gharwood@hiddenvilla.org

Prerequisite: None

Animals are all around us, but most are rarely glimpsed. Skills, techniques, discussion, and field trips will be combined to answer the central question: "What happened here?" Important: intended for naturalists, not hunting or photography. This class may provide you with a new point of connection that can grow for



a lifetime of continued learning (including repeat enrollment in the class, if so inclined). Students will develop a stronger connection to their natural surroundings, especially to wild animals both large and small. **Textbook:** *Mammal Tracks and Sign, A Guide to North American Species* by Mark Elbroch, Stackpole Books, 2003. Optional: *Bird Tracks and Sign,* by Mark Elbroch and Eleanor Marks, Stackpole Books 2001. Please see website for required supplies list.

6 Lectures • September 13-October 18 Tuesday • 7–9 p.m. Palo Alto HS Rm 1708 • \$145 *AND* 3 Fieldtrips • September 17, October 1, and October 15 Saturday • 9 a.m.–1 p.m. Locations will be discussed in class

BUSINESS AND FINANCE

ORAL BUSINESS COMMUNICATIONS

Instructor: Katherine Barg, professorbarg@gmail.com

Prerequisite: High intermediate to advanced English learners

Improve and expand your oral communication skills on the job! Learn appropriate oral communicative techniques for the American workplace. Class workshops will include interpersonal skills, non-verbal communication, business jargon, successful phone and interview techniques as well as oral presentation skills. **Required course reader can be purchased in the Adult School office.**

8 wks • October 20–December 15 (*No class November 24*) Thursday • 6:30–9 p.m. Palo Alto HS Rm 203 • \$160

CAREER TRAINING

WORK READINESS: Job Search Skills * Learn New Skills for Getting a Job

Instructor: Kathilynn Lehmer

Looking for a Job? Learn the job search process, prepare a resume and cover letter, develop networking and interviewing skills and create a LinkedIn profile. Students will attend 12 individualized job coaching sessions and/or workshops to identify employment opportunities and to prepare a job portfolio. There is no fee — and the course is open-entry. For more information, and to find out how to register, send an email to Kathilynn Lehmer at: Pajoblink.lehmer@yahoo.com

Medical Assistant Program

Instructor: Regional Education Center Staff, (800) 927-5159 Prerequisite: *18 years old and high school diploma or GED*[®]

arn your certificate in as little as 6 months and qualify for an entry-level position in a clinical or office setting. In this program, you will learn medical terminology, front and back office procedures, standard patient processing, medical billing, and customer service. Students will be trained to help physicians care for patients, take vital signs, perform basic lab tests, and administer medications in a doctor's office or clinic. The program includes 160 hours of classroom instruction and a 160-hour medical office externship. The program will prepare you to take the Certified Medical Assistant (CCMA) exam with the National Healthcare Association (NHA).

Spaces limited! PLEASE CALL (800) 927-5159 TO REGISTER

20 wks • September 6, 2016–February 9, 2017 (*No class on November 22 and 24, December 20, 22, 27, and 29*) Tuesday and Thursday • 5:30–9:30 p.m. Palo Alto HS Rm 1709 • \$2,995 (*\$300 deposit required, includes CPR, Certificate, Insurance*) Extra Costs: Books, Scrubs, Student Medical Kit, and State Testing

~FREE ORIENTATION ~

Learn about our MA Training Program Wednesday • August 31 • 6–7 p.m. Palo Alto High School Rm 1709

..... RESERVE YOUR SEAT AT www.regedcenter.com/infosession/palo-alto-information-session or call (800) 927-5159

CITIZENSHIP

The need for citizenship classes was one of the fundamental reasons for the original establishment of adult schools. Palo Alto Adult School continues to offer this program as community members seek citizenship and voting rights.

CITIZENSHIP

Instructor: Sara Ziogas, sziogas@pausd.org

Prerequisite: Recommended for low intermediate to advanced English learners

Are you ready to apply for U.S. Citizenship but you're not sure where to start? Have you already submitted your Citizenship application and you need to prepare for your interview and civics test? Whether you are still considering applying or you already have, this is the class for you! **Required textbook can be purchased in the Adult School office.**

10 wks • September 13–November 15 Tuesday • 6:30–9 p.m. Palo Alto HS Rm 218 • No Fee *





COMPUTER SKILLS

EXCEL: Introduction

Instructor: Sharon Walker

Prerequisite: PC/Windows experience

LEARN THE BEST APP EVER! This hands-on class is designed to introduce you to Excel, applying skills you learn to real world situations. Learn the basics: editing, viewing and printing worksheets, working with formulas and functions, formatting, creating charts, and sorting and filtering large amounts of data. **USB flash drive or memory stick recommended.**

6 wks • September 19–October 24 Monday • 6:30–9 p.m. Palo Alto HS Rm 410 • \$120

PHOTOSHOP CC (*Creative Cloud*): Beginning

Instructor: Sharon Walker

Prerequisite: PC/Windows experience

Are your photos coming out a blur? Photoshop can help! Explore the fun world of photo editing! Learn to adjust the lighting and clone parts of a photo. Work with layers, adjustments, and different tools. Learn about the Adobe Bridge application which serves as a link to programs in Adobe Creative Cloud. Please bring a flash drive to the first class to save files and images.

5 wks • September 13–October 11 Tuesday • 6–9 p.m. Palo Alto HS Rm Computer Lab 2 (CL2) • \$120

COOKING

FAMILY FRIENDLY VEGAN COMFORT FOOD FROM AROUND THE WORLD

Instructors: Julie Shanson, julie@findjoyinfood.com, www.findjoyinfood.com

Eager to eat more vegetables? How about nestled in with noodle dishes from around the world? We'll make vegan versions of Korean Chap Chae, Japanese Sukiyaki and an easy Weeknight Pad Thai sure to please picky eaters of all stripes. In class, we'll sample dips, unusual vegetables, and yummy pudding for dessert. Please email the instructor with any dietary or culinary concerns – there's flexibility in ingredients on the dishes we make.

One Session • September 21 Wednesday • 6:30–9 p.m. Palo Alto HS Rm 103 • \$55



POWERPOINT: Beginning

Instructor: Ellen Engelman, eengelman@pausd.org

Prerequisite: PC/Windows experience

Want to be known as a superior communicator? Want to make your next presentation effective and unforgettable? Use text, music, video, and your own photos to create presentations that entertain, inform, persuade, or sell. Whether you're new to PowerPoint or simply want to brush



up on your skills, this is the class for you! USB flash drive or memory stick recommended.

5 wks • September 19–October 17 Monday • 6:30–9 p.m. Palo Alto HS Rm Computer Lab 2 (CL2) • \$50*

WORD: Introduction

Instructor: Sharon Walker

Prerequisite: PC/Windows experience

Master basic features of the most popular word processing program! Suitable for beginners, this hands-on class introduces you to creating memos, letters, and other communications. Enter text, correct typing errors, format documents and use cut/copy/paste features. **USB flash drive or memory stick recommended.**

8 wks • September 14–November 2 Wednesday • 6:30–8:30 p.m. Palo Alto HS Rm 410 • \$40*

OAXACA: LAND OF THE SEVEN MOLES

Instructor: Zaida Soriano, oaxacankitchenmarkets@gmail.com, www.oaxacankitchenmarkets.com

Oaxaca is known as the Land of the Seven Moles because of the seven versions of mole sauce. Tonight we will learn two of these amazing sauces: Mole Amarillo and Mole Verde. We will also make Empanadas, quesadillas, rice and black beans, refreshing Agua de fresa and Agua de Horchata! Please bring containers for leftovers. Gluten Free!

One Session • September 28 Wednesday • 6:30–9 p.m. Palo Alto HS Rm 103 • \$55





COOKING

EASY ELEGANT PARTY MENU

Instructors: Halina Asada, pajapanesecooking@gmail.com, www.pajapanesecooking.com

It's almost the season to start thinking about parties! Would you like to add something new and easy to your party this year? No prior skills required for this class. I'm going to introduce you to a variety of easy and



quick Japanese party menus including attractive looking sushi! This class is a combination of demonstration, hands-on lessons, and sampling. Pop in to the class even right after work, and enjoy some tasty Japanese Hors d' Oeuvres with warm green tea during demonstration! **Please see website for the whole menu.**

One Session • October 6 Thursday • 6:30–9 p.m. Palo Alto HS Rm 103 • \$55

INDIAN CUISINE — NORTHERN INDIA

Instructors: Ramesh and Bharati Joshi

The traditional food of India has been widely appreciated for its fabulous use of herbs, spices, pulses, and legumes. The Joshis will teach you how to prepare aromatic, mild, low fat and nutritious Indian cuisine, such as Chicken Curry, Vegetable Pullao (rice), Naan, and more! Be prepared to eat a repast of several dishes! All supplies are included in the fee. Ramesh and Bharati Joshi have taught Indian Cooking for many years in the Bay Area. **Please see website for menu.**

One Session • October 12 Wednesday • 6:30–9 p.m. Palo Alto HS Rm 103 • \$55

OAXACAN SECRETS

Instructor: Zaida Soriano, oaxacankitchenmarkets@gmail.com, www.oaxacankitchenmarkets.com

Diverse regional wonders. Zaida Soriano, owner of The Oaxacan Kitchen Markets, Inc. will help you master authentic tools and ingredients to make Corn Tortillas a Mano, Tacos, Memelas, Molotes con Chorizo and Potatoes, salsas and guacamole, Agua de Jamaica and Agua de Tamarindo. **Please bring containers for leftovers.** *Gluten Free!*

One Session • October 19 Wednesday • 6:30–9 p.m. Palo Alto HS Rm 103 • \$55



SOUPS AND SALADS FOR EVERYONE



Instructor: Julie Shanson, julie@findjoyinfood.com, www.findjoyinfood.com

What's the easiest meal for one, two or ten? Soup! Learn how to make delicious soups with and without a recipe. In class we'll make *Cream of any Vegetable* without butter or cream, as well as the Simplest Yellow Split Pea Soup and Robust Minestrone. Plus, we'll mix up amazing dressings to have with lettuce and non-lettuce based salads. **Please email instructor with any dietary or culinary concerns** — **there's flexibility in ingredients on the dishes we make.**

One Session • October 26 Wednesday • 6:30–9 p.m. Palo Alto HS Rm 103 • \$55

AMAZING DAIRY (AND EGG!) FREE DESSERTS



Instructors: Julie Shanson, julie@findjoyinfood.com, www.findjoyinfood.com

Whether you're avoiding dairy for health or ethical reasons, learn some party worthy desserts to share with your omnivore friends. You'll learn to make The Best Oatmeal Chocolate Chip Cookies, Spiced Ginger Cupcakes, Outrageous Chocolate Midnight Torte and more in this hands on class. We'll also share savory nibbles and eat a delicious plant based dinner while the cakes and cookies cool. Please email instructor with any dietary or culinary concerns — there's flexibility in ingredients on the dishes we make.

One Session • November 2 Wednesday • 6:30–9 p.m. Palo Alto HS Rm 103 • \$55

TAMALE PARTY

Instructor: Zaida Soriano, oaxacankitchenmarkets@gmail.com, www.oaxacankitchenmarkets.com

You will learn the special art of authentic tamale-making in this hands-on class. Master such tamales as: Vegan Tamale with Seasonal Vegetables, Chicken Mole Amarillo Tamales, and Vegetarian Black Bean Tamale and Mole Coloradito Tamales wrapped in banana leaves. We'll also make Salsa de arbol and a refreshing drink Agua de Jamaica. *Gluten free!*

One Session • November 9 Wednesday • 6:30–9 p.m. Palo Alto HS Rm 103 • \$55

ENGLISH AS A SECOND LANGUAGE (ESL)

Session 1: August 22 to October 14, 2016 • Session 2: October 17 to December 16, 2016 (No classes September 5, November 11, and November 21-25)

The Palo Alto Adult School ESL program offers many classes to help you meet your English learning goals. To enter our free classes, new students must register for a placement test. There is no childcare for the test or the classes. **Testing is free.**

Please call (650) 329-3752 to make an appointment to take the placement test.

PLACEMENT TESTING

Testing for **Day** Classes

Where: Greendell Campus 4120 Middlefield Road, Rm P2

Time: 9 a.m.–12 noon Test begins promptly at 9 a.m.

Testing Dates for Session 1: Monday, August 15 Wednesday, August 17 Friday, August 26

Testing Dates for Session 2: Friday, October 14 Friday, October 21 Testing for *Evening* Classes

Where: Palo Alto High School 50 Embarcadero Road, Rm 218

Time: 6:30–9:30 p.m. **Test begins promptly at 6:30 p.m.**

Testing Dates for Session 1: Monday, August 15 Wednesday, August 17 Monday, August 22

Testing Dates for Session 2: Monday, October 10 Monday, October 17

ENROLLMENT POLICIES

• Students must be able to attend the full 8 weeks.

- Students will be required to buy a textbook for the class.
- Students who leave before the end of a session may not return until the next session, and they must pay a \$20 re-entry fee.
- There is no childcare.

CLASSES

Fall Session ESL Classes *

DATES: August 22 to December 16, 2016 (*No classes September 5, November 11, and November 21-25*)

MORNING CLASSES (9 a.m.–12 noon) Site 1: Greendell School: Literacy through Advanced Low Levels (Monday – Thursday) Site 2: Escondido Village, Stanford: Intermediate Level (Tuesday, Wednesday, Thursday)

AFTERNOON CLASSES

Site 1: Greendell School: Pre-Literacy (Tuesday/Thursday 1-3 p.m.) Advanced Low Level (12:30-3:30 p.m.) (Tuesday, Wednesday, Thursday)

EVENING CLASSES (6:30-9:30 p.m.)

Site 3: Palo Alto High School: Pre-Literacy through Advanced Low Levels (Monday and Wednesday)

ADVANCED LEVEL and ADDITIONAL SKILL-SPECIFIC CLASSES: See English Enrichment classes on pages 11-13.

ADDITIONAL CLASSES

Pre-Literacy, CBET and LEAH *

• **Pre-Literacy*** is for students who cannot read and write in their first language or in English. To make an appointment for the placement exam, please call (650) 494-2326.

Pre-Literacy es para estudiantes que no pueden leer y escribir en su lengua materna o en Inglés. Para hacer una cita para la prueba de nivel, por favor llame al (650) 494-2326.

• **CBET*** is for parents who want to learn English and help their children with school. Students meet with a teacher once a week at Barron Park Elementary School and then study at home. For more information, please call (650) 324-8986.

CBET es para los padres que quieren aprender inglés y ayudar a sus hijos en la escuela. Los estudiantes se reúnen con un maestro una vez a la semana en la Escuela Primaria Barron Park y luego estudian en casa. Para obtener más información, por favor llame al (650) 324-8986.

• Learn English at Home (LEAH)* Learn English at Home (LEAH) is for students who cannot come regularly to class. Meet weekly with a teacher and take home materials to study. Call (650) 494-2326 for an appointment. There is a \$30 materials fee per 8-week session.

Aprenda Inglés en Casa (LEAH) es para los estudiantes que no pueden asistir regularmente a clase. Se reúnen semanalmente con un maestro y llevan materiales a casa para estudiar. Llame (650) 494-2326 para una cita. Hay un pago de \$30 por materiales por cada sesión de 8 semanas.

Transition to Work or College/Career Training *

Instructor: Elizabeth Bales-Stutes

11 wks • August 22–October 31 (No class September 5) Monday and Wednesday • 6:30–9:30 p.m. Palo Alto HS Rm 216 • No Fee*



Prepare to take the next step in your career or education! In this eleven-week course you'll learn research, writing, and listening skills, develop communication skills, and increase your knowledge of employer expectations. You will discover local educational resources and create and polish a resume and cover letter for your job search. You will also hone your speaking skills by doing an oral presentation or a

mock job interview. Please call (650) 494-2326 for information on how to enroll.

REQUIRED ORIENTATION

(All students must attend an orientation session and take a placement test.)

DATE: Wednesday, August 17 **TIME:** 6:30–9:30 p.m.

WHERE: Palo Alto High School 50 Embarcadero Road, Rm 216

ESL WRITING ACADEMY

FALL SESSION CLASSES

The PAAS Writing Academy

Write for life! Whether it's a simple email, a thank you note, a complex essay or report, the Writing Academy classes will help you with content, organization, tone and purpose. The Academy offers three levels of classes beginning with the basics of sentence creation, paragraph development, and essay writing. Students who complete the required assignments can earn Certificates of Achievement and/or Proficiency. **Textbooks:** *Writing to Communicate Book 1* (for levels I [a.m.] and II [a.m.and p.m.]); *Writing to Communicate Book 2* (for level III); *Writing to Communicate 3* (for Advanced Research Writing).

Students will provide a writing sample during the first class to determine their level.

FUNDAMENTALS OF WRITING

Fundamentals of Writing I *

Instructor: Adult School Staff

Prerequisite: Recommended for students who are at the high beginning to low intermediate level Practice writing sentences and developing coherent paragraphs with the goal of writing about your own life experiences. Guidance will also be given on correct grammar and word choice.

SECTION A

7 wks • September 16–November 4 Friday • 9:30 a.m.–12 noon Greendell Rm P5 • No Fee*

SECTION B

8 wks • September 15–November 3 Thursday • 6:30–9 p.m. Palo Alto HS Rm 216 • No Fee* **Required textbook can be purchased in the Adult School office.**

Fundamentals of Writing II *

Instructor: Adult School Staff

Prerequisite: Recommended for students who are at the low intermediate to high intermediate level Learn how to write well-developed and cohesive paragraphs. This class will focus on how to choose and organize content, connect ideas and use supporting details to address a topic.

SECTION A

7 wks • September 16–November 4 Friday • 9:30 a.m.–12 noon Greendell Rm P6 • No Fee*

SECTION B

8 wks • September 15–November 3 Thursday • 6:30–9 p.m. Palo Alto HS Rm 205 • No Fee*

Fundamentals of Writing III *

Instructor: Adult School Staff

Prerequisite: *Recommended for students who are at the high intermediate to advanced level* Learn how to plan, develop, and edit a five-paragraph essay with an introduction, thesis statement, body paragraphs, and conclusion. This class will prepare you for business and academic writing.

7 wks • September 16–November 4 Friday • 9:30 a.m.–12 noon Greendell Rm P9 • No Fee*

Advanced Research Writing



Instructor: Sharon Hampel, shampel@pausd.org

Prerequisite: Completion of an essay-based writing class

Have you ever wanted to know more about a story in the news? This class will provide an opportunity for you to research and write about a current contemporary issue. **Required: a grasp of syntax** (*no run-ons or fragments*) and an understanding of basic writing (*paragraph structure*). No outside research done for another project at another school will be submitted to or edited in this class. **Required textbook can be purchased in the Adult School office before the first class.**

8 wks • September 15–November 3 Thursday • 6:30–9 p.m. Palo Alto HS Rm 201 • \$160

ENGLISH ENRICHMENT

ADVANCED RESEARCH WRITING



Instructor: Sharon Hampel, shampel@pausd.org

Prerequisite: Advanced writing students

Have you ever wanted to know more about a story in the news? This class will provide an opportunity for you to research and write about a current



contemporary issue. Required for the course are these basic skills: a grasp of syntax (no run-ons or fragments) and an understanding of basic writing (*paragraph structure*). No outside research done for another project at another school will be submitted to or edited in this class. Required textbook can be purchased in the Adult School office before the first class.

8 wks • September 15–November 3 Thursday • 6:30–9 p.m. Palo Alto HS Rm 201 • \$160

AMERICAN IDIOMS 101

Instructor: Simone Wojtowicz, simonewojt@gmail.com

Prerequisite: *Recommended for intermediate high* to *advanced English learners*

This class is ideal for students who want to develop their reading, listening, speaking and writing skills while becoming familiar with many useful English expressions. Do you want to increase your vocabulary? Improve your TOEFL score? Use idioms in conversation? We will dissect the top 300 idioms used on the TOEFL test in addition to discussing metaphorical language. **No textbook required.**

SECTION A

4 wks • August 23–September 13 Tuesday • 9:30 a.m.–12 noon Cubberley Rm A3 • \$80

SECTION B

8 wks • October 17–December 12 (*No class November 21*) Monday • 12 noon–2 p.m. Greendell Rm P3 • \$128

SECTION C

8 wks • October 18–December 13 (*No class November 22*) Tuesday • 9:30 a.m.–11:30 a.m. Cubberley Rm A3 • \$128

CONVERSATIONAL GRAMMAR

Instructor: Sharon Hampel, shampel@pausd.org

Prerequisite: For intermediate and advanced ESL students

Chat about current events and personal goals. These conversations will also review verb tenses, modal auxiliaries, passives, conditionals, and modifying clauses. We will use *Grammar Explorer 3* as the class text. This book presents vocabulary, grammar, and conversations on movies, politics, cultures, and other topics of interest. The goal of this class is to encourage relaxed and fluent conversation. Activities such as recipe sharing and movie reviews will be emphasized rather than grammar drills. **Required textbook can be purchased in the Adult School office before the first class.**

8 wks • August 25–October 13 Thursday • 12:15–2:15 p.m. Greendell Rm P9 • \$128

CONVERSATION STARTER AND GRAMMAR

Instructor: Nilou Shokrani, niloufar.shokrani@gmail.com

Prerequisite: *Recommended for high beginning* to *intermediate English learners*

In this lively class you will build confidence and overcome your fear of speaking in class and in everyday situations. Learn basic phrases and expressions for conversing in real life situations. We will use conversation drills, grammar practice worksheets, and small group activities to help students improve their speaking skills.



SECTION A

8 wks • August 24–October 12 Wednesday • 12:15–2:15 p.m. Greendell Rm P8 • \$128

SECTION B

8 wks • October 19–December 14 (*No class November 23*) Wednesday • 12:15–2:15 p.m. Greendell Rm P8 • \$128

DIVERSITY IN THE COMMUNITY

Instructor: Simone Wojtowicz, simonewojt@gmail.com

Prerequisite: Recommended for advanced English learners

This class is ideal for students who want to improve their English skills while exploring cultural diversity in America. Reading, vocabulary, pronunciation, conversation, and a greater understanding of American culture are incorporated into each class. We will investigate and discuss racial/ethnic, gender/ sexual, and socioeconomic inequalities in addition to exploring the contributions of historically underrepresented Americans. The course also discusses relationships between diverse communities and their impact on American culture. **No textbook required.**

8 wks • October 19–December 14 (*No class November 23*) Wednesday • 9:30–11:30 a.m. Cubberley Rm A3 • \$128

ENGLISH ENRICHMENT

ESL BOOK CLUB

Instructor: Sharon Mason, smason@pausd.org

Prerequisite: *Advanced ESL*— and access to a computer

Do you love reading? Join our club! We will read one book together each quarter. Each Friday morning we will meet in person to discuss a section of the book, and during the following week, we will continue the



discussion online. Finally, we will write and publish a review of the book to practice polished writing. In addition to the school registration, you will need to register directly on the club website at www.eslbookclub.weebly.com.

SECTION A

7 wks • August 26–October 14 (*No class September 23*) Friday • 9 a.m.–11 a.m. Greendell Rm P8 • \$112

SECTION B

7 wks • October 21–December 16 (*No class November 11 and 25*) Friday • 9–11 a.m. Greendell Rm P8 • \$112

FOCUS ON ENGLISH PRONUNCIATION AND LISTENING

Instructor: Sue Stevick, sstevick@pausd.org

Prerequisite: *High intermediate* oral *English skills (non-native speakers)*

Improve your listening comprehension and master the most important elements of English pronunciation: stress, intonation, rhythm and linking. Practice difficult sounds such as *TH*, *R*, and *L*. Learn to guess the pronunciation of unfamiliar written words. The instructor will provide a written personalized evaluation of your pronunciation skills. **Required textbook can be purchased in the Adult School office before the first class.**

SECTION A

8 wks • August 22–October 10 (*No class September 5*) Monday • 6:30–8:30 p.m. Palo Alto HS Rm 203 • \$128

SECTION B

8 wks • August 25–October 13 Thursday • 9:30–11:30 a.m. Cubberley Rm A3 • \$128

SECTION C

8 wks • October 17–December 12 (*No class November 21*) Monday • 6:30–8:30 p.m. Palo Alto HS Rm 203 • \$128

SECTION D

8 wks • October 20–December 15 (*No class November 24*) Thursday • 9:30–11:30 a.m. Cubberley Rm A3 • \$128

HOW TO AVOID COMMON GRAMMAR MISTAKES IN CONVERSATION

Instructor: Anjani Sarma, anjanisarmaesl@gmail.com

Prerequisite: *Recommended for* **advanced** ESL or **intermediate high** ESL with a strong foundation in grammar

Do you find yourself using the wrong verb tense while speaking? Do you get confused between prepositions such as *on* and *at*, *up* and *above*, *to* and *from*? Do you frequently omit or misuse articles such as *a*, *an* or *the*? Is your sentence grammatically incorrect? Do you want to know how to use phrasal verbs/idioms to make your conversation rich? If you said *yes* to any of these questions, then this fun interactive conversation class is for you. **No textbook required.**

SECTION A

8 wks • August 26–October 14 Friday • 11:30 a.m.–1:30 p.m. Greendell Rm P8 • \$128

SECTION B

7 wks • October 21–December 16 (*No class November 11 and 25*) Friday • 11:30 a.m.–1:30 p.m. Greendell Rm P8 • \$112

LET'S TALK: ESL CONVERSATION

Instructors: Flora Gordon

Prerequisite: *Recommended for high intermediate* to *advanced* English learners

Join lively discussions and share your insights on many topics. Learn to communicate more freely and effectively, and increase your vocabulary and conversational fluency. **Required textbook can be purchased in the Adult School office.**



SECTION A

Instructor: Flora Gordon

8 wks • August 23–October 11 Tuesday • 6:30–8:30 p.m. Palo Alto HS Rm 214 • \$128

SECTION B

Instructor: Flora Gordon

8 wks • October 18–December 13 (*No class November 22*) Tuesday • 6:30–8:30 p.m. Palo Alto HS Rm 214 • \$128

ORAL BUSINESS COMMUNICATIONS

Instructor: Katherine Barg, professorbarg@gmail.com

Prerequisite: *High intermediate* to *advanced English learners*

Improve and expand your oral communication skills on the job! Learn appropriate oral communicative techniques for the American workplace. Class workshops will include interpersonal skills, non-verbal communication, business jargon, successful phone and interview techniques as well as oral presentation skills. **Required course reader can be purchased in the Adult School office.**

8 wks • October 20–December 15 (*No class November 24*) Thursday • 6:30–9 p.m. Palo Alto HS Rm 203 • \$160



SPEAKING ENGLISH WITH CONFIDENCE

Instructor: Katherine Barg, professorbarg@gmail.com Prerequisite: *Recommended for high intermediate* to *advanced* english learners

This class gives students a chance to improve practical conversation skills in the following areas: clear pronunciation, vocabulary related to current events, culture and daily living situations. The class will focus on short small 1:1 presentations/discussion with other students, and common situations when talking on the phone (*being understood by others*), The class will use the most current strategies for fluency which include choral reading, letter/ sound correspondence and repetition. The instructor is flexible and is willing to adjust the content of the class to meet the needs and requests of those attending.

8 wks • October 19–December 14 (*No class November 23*) Wednesday • 1 p.m.–3 p.m. Greendell Rm P5 • \$128

TOEFL

Instructor: Ludmila Sinai, ludsinai@yahoo.com

Prerequisite: High/advanced English level students

Improve your language skills, note-taking skills, test taking strategies, speaking, writing, and listening in preparation for the TOEFL test. This class does not include online work in the classroom. Exam information is available at *www.ets.org/toefl*. **Required textbook can be purchased in the Adult School office.**

8 wks • October 4–November 29 (*No class November 22*) Tuesday • 6:30–9:30 p.m. Palo Alto HS Rm 218 • \$192

US HISTORY & CULTURE

Instructor: Simone Wojtowicz, simonewojt@gmail.com Prerequisite: *Recommended for high intermediate and advanced English learners*

This class is ideal for students who want to improve their English skills while becoming familiar with many interesting aspects of US history and culture. We address why Americans think and behave the way they do and the foundation for



some of their attitudes and values such as the importance of competition and hard work. Reading, vocabulary improvement, pronunciation, language usage, and a greater understanding of American culture and history are incorporated into each class. **Required textbook can be purchased in advance in the Adult School office.**

SECTION A

4 wks • August 24–September 14 Wednesday • 9:30 a.m.–12 noon Cubberley Rm A3 • \$80

SECTION B

8 wks • October 17–December 12 (*No class November 21*) Monday • 9:30–11:30 a.m. Cubberley Rm A3 • \$128

> *** Due to a new online registration program, all students (*new, current, and former*) must set up a new username and password when registering at *paadultschool.org.* ***

GENERAL INTEREST

CREATIVE WRITING

Instructor: Burt Liebert

Liberate your imagination by giving it a voice! Share your thoughts, feelings and experiences with others in this collaborative experience. Whether you express yourself through poetry, short stories, dramatic scripts, narrative, autobiographies or essays, this class will encourage you to share your thoughts, feelings and experiences with others.



10 wks • September 14–November 16 Wednesday • 1–3:30 p.m. Greendell Rm P2 • \$65

CREATIVE WRITING: All Levels

Instructor: Carrie Harper Hechtman

Prerequisite: None

Develop your unique ideas and discover new approaches to creative writing. Together we'll explore what makes a compelling story, essay or poem through stimulating examples and playful writing exercises. The goal for this class is to adopt a fun, experimental attitude toward writing while practicing key techniques. Whether you're starting as a writer or recharging your current practice, this class can help you produce fresh work in your genre of choice. **Students will need a spiral-bound notebook for journaling and writing exercises. Instructor will provide hand-outs with writing samples and exercises.**

9 wks • September 13–November 8 Tuesday • 6:30–8:30 p.m. Palo Alto HS Rm 216 • \$144

JUMP START YOUR GENEALOGY: Fundamentals

Instructor: Christie Bell Green PLCGS, candmres@aol.com

Discovering your roots is exciting—it teaches you about yourself as well as your family. This class is designed to give family historians/genealogists a strong foundation. We learn to effectively use common genealogical record types and important family history websites. Helping each other by sharing our journeys is an important part of the class. Field trip is included.

9 wks • September 15–November 10 Thursday • 6:30–9 p.m. Palo Alto HS Rm 204 • \$75*

GENEALOGY: Intermediate

Instructor: Christine Bell Green PLCGS, candmres@aol.com

Prerequisite: Beginning genealogy or one year genealogy research experience

Do you have brick walls in your family history or ancestors you know little about? Learn to research using a broad crosssection of genealogical records and extract all the information from them, use the Internet effectively and become skilled at inferential genealogy. We maximize our efficiency by organizing our research better and sharing helpful tips. We write stories that will interest our families. Field trip is included.

9 wks • September 14–November 9 Wednesday • 12:30–3 p.m. Greendell Rm P3 • \$75*

SENIOR FRIENDSHIP DAY

Instructors:

Thanh Kosen Nguyen, nguyenht@gmail.com and Lori Rock, lorirockcb@aol.com

Prerequisite: None

Seniors are invited to have fun and meet new friends by attending educational presentations and participating



in exercise and crafts – and afternoon Line Dancing! Presentation topics include money management, health, and senior services. Sign in by 10:30 a.m. and donate \$3 for a catered lunch from La Comida Senior Nutrition Program.

ONGOING

Wednesday • 9:30 a.m.–2:15 p.m. Cubberley Rm M4 • No Fee *





HEALTH AND FITNESS

HULA DANCING WORKSHOP

Instructor: Nerissa Wong-VanHaren

Hula is the traditional dance of the Hawaiian Islands. No hoops involved. It is a graceful, low-impact dance which tells a story using the hands



NEW

and the hips. No dance experience necessary. Let the relaxing melody take you to a faraway paradise. We will also learn about Hawaiian culture and practice balance and coordination while exercising the entire body. Wear comfortable clothing.

One Session • September 24 Saturday • 10–11:30 a.m. Palo Alto HS Rm. 300-A1 • \$25

PENINSULA NATURE HIKES

Instructor: Miriam Sachs Martin, m.sachs.martin@gmail.com, http://pnhikes.blogspot.com/

Prerequisite: None

Get healthy exercise in a relaxed and friendly atmosphere while learning about local flora and fauna. Moderate hikes include stretch and snack breaks. Multigenerational group is welcoming and fun! If you've ever wanted to learn more about the rich and vibrant ecosystems of the Bay Area, please join us.

An information meeting will be held at Palo Alto High School on Wednesday, September 14 at 7 p.m. in Room 205 to meet the group and discuss the hikes included in this course.

5 Sessions • September 17, October 1, 15, 29, and November 12 Saturday • 1–5 p.m. Various local parks and preserves in Santa Clara and San Mateo counties • \$110

PILATES/YOGA PROGRESSION

Instructor: Judy Lee-Squire, jleesquire@aol.com

Pilates is a holistic systematic approach to exercise that emphasizes conscious breath and movement that translates to improved functional movement in your daily living activities. This class addresses the whole mind-body connection blending pilates to end with asanga postures and full body integration exercises. **Mat required.**

10 wks • September 13–November 22 (*No class October 18*) Tuesday • 6:15–7:30 p.m. Palo Alto HS Rm 300-A1 • \$100

SILK REELING EXERCISE

Instructor: Lisette Yung

A set of spiral movements that opens up major body joints and promotes flexibility and muscle relaxation. Silk reeling exercise shares the same principles in traditional Tai-Chi which emphasize on agility, balance and body coordination. However, no previous experience with the Tai-Chi form is necessary. The various exercises are independent of each other, and benefits the modern busy life style.

6 wks • September 15–October 20 Thursday • 1:30–2:30 p.m. Greendell Rm P6 • \$56

TAI CHI: Chen Style

Instructor: Lisette Yung

Understand body alignment, improve body coordination, balance, and develop strength. Practice this form to increase agility, balance, flexibility and mind-body coordination. Also learn and practice Silk-reeling exercise, a series of spiral movements which increases body joints mobility and reduces physical tension. Explore standing meditation to increase awareness and improve muscle relaxation.

7 wks • September 14–October 26 Wednesday • 7–8:30 p.m. Palo Alto High School Rm 300-A1 • \$84

YOGA AND MEDITATION

Instructor: Kamal Vilms, kvilms@pausd.org

Gently stretch, relax and energize your body with yoga poses that cultivate balance, inner awareness, and mobility, and release muscle tension. Regular yoga practice can improve health in many ways from stress reduction to increased flexibility and improved breathing. Yoga mats are preferred, but towels are acceptable.



9 wks • September 15–November 10 Thursday • 5–6:30 p.m. Juana Briones Elementary School MP Rm • \$108

BE A VOLUNTEER ESL TUTOR....Help someone learn English

Just two hours a week — work one-on-one with a student or in a classroom with a teacher. Free training.

INFORMATIONAL MEETING

Thursday, September 22, 2016 • 7–8 p.m. Palo Alto HS Tower Building Rm 33

TRAINING

Thursday, September 29 and October 6, 2016 • 7–9 p.m. Palo Alto HS Tower Building Rm 33 (Please be available to attend both meetings. Third meeting date to-be-scheduled, if necessary)

R.S.V.P. to the instructor, Lynn Tanner: dltesl@comcast.net

HISET[®] (High School Equivalency)

HiSET (High School Equivalency Test Preparation)

Preparation classes only – Testing not offered

Instructors: Marie Holley and Robert Borregard

Prerequisite: None

Interested in getting your high school diploma equivalency? Prepare for the HiSET[®] and GED[®] exams in our individualized program. You will take a practice exam and work with the instructor to develop a program of guided study. Work at your own pace using computers and textbooks. **To enroll, please call (650) 329-3752.**

10 wks • September 12–November 16 Monday and Wednesday • 6–9 p.m. Palo Alto HS Rm CL1 • No Fee*

HOME AND ENVIRONMENT

FLORAL DESIGN WITH IKEBANA

Instructor: Thanh Kosen Nguyen, nguyeht@gmail.com

Learn traditional and contemporary forms of Ikebana and develop a closeness with nature while exploring this elegant art form. A \$135 flower fee (\$15 per class) will be payable to the instructor on the first day of class – or you can bring your own flowers. See website for required supplies.

9 wks • September 15–November 10 Thursday • 12:30–4 p.m. Greendell Rm P2 • \$94

GARDENING IN FALL

Instructor: Sherri Bohan, bloomngrdr@gmail.com

Prerequisite: None

Vibrant gardens begin in the Fall. In cooler shorter days many gardens will thrive and you will learn several ways to winterize your garden for a Spring recovery much sooner. Colorful bulbs, healthy fruit trees, perennial borders, lovely water-wise landscapes, productive Vegetable, Herb and Kitchen gardens, roses,



vines and Citrus trees are focused on in this class. All topics will be easy, organic and sustainable, to guide students in the most up to date methods to create healthy restful home landscapes. For beginning gardeners, experienced ones and friendly to bees, hummingbirds and butterflies. **A \$5 materials fee will be payable to the instructor.**

Now in its twentieth year, this class is ongoing, very friendly and easy to enjoy while learning tips, secrets and methods of a truly professional gardener. The Instructor has thirty years of background in her trade to share with you.

10 wks • September 14–November 16 Wednesday • 10 a.m.–12 p.m. Cubberley Rm A7 • \$65*

HOW TO MAKE A HAKU LEI



Instructor: Nerissa Wong-VanHaren

Prerequisite: None

Learn to make a beautiful Hawaiian flower lei which is worn on your head or around the brim of a hat. Using fresh flowers and raffia, you will make a oneof-kind piece to enjoy and



take home with you. There is a \$15 materials fee payable to the instructor.

One Session • October 1 Saturday • 9 a.m.–12 noon Palo Alto HS Rm 1701 • \$30

MANAGING YOUR REMODELING PROJECT LIKE A PRO

Instructor: Mollyanne Sherman, mollyanne@macdesignstudio.com

Prerequisite: None

Learn the steps, be aware of the process and obtain the knowledge that gets you the home of your dreams! It is not just about surviving, but attaining the home you dream about. We will address the steps from beginning to end and the resources available



to you. There will be a \$30 supply fee payable to the instructor.

5 wks • September 21–October 19 Wednesday • 6:30–9 p.m. Palo Alto HS Rm 1707 • \$100

HOME AND ENVIRONMENT

SEWING BASICS

Instructor: DeAnne Appleton, appletonsews@gmail.com

Prerequisite: None

Learn new or refresh existing sewing skills. Choose your own project. Work from a commercial pattern or design your own. Basic sewing skills are



demonstrated and individual project help is given. Sewing machines are provided, or bring your own. All sewing levels welcome! A \$10 materials fee is payable to

the instructor at the first class.

9 wks • September 13–November 8 (*No class October 11 — makeup class date will be scheduled*) Tuesday • 7–10 p.m. J L Stanford Middle School Rm 140 • \$110

"My motivation for taking the **Sewing** class was to get help on my current projects. I finished many of my projects and got wonderful help. The teacher passed on many personal techniques, which you only get from experience. Now I will continue to make quilts and crafts."

> Linda McBirney, Teacher

UPHOLSTERY: Basic Techniques

Instructors: Kathleen Koenig, kathleenkoenig4@gmail.com and Ann Laveroni, arlaveroni@aol.com

Prerequisite: None

Learn the hands-on skills and traditions of the craft of upholstery by working on your own contemporary or antique project. Use basic and more advanced

techniques to change or update the style of a piece, or to restore the original cover, trimmings and other upholstery components of a classic chair.

SECTION A

10 wks • September 13–November 15 Tuesday • 9 a.m.–2:30 p.m. Palo Alto HS Upholstering Rm 904 • \$264

SECTION B

10 wks • September 15–November 17 Thursday • 9 a.m.–2:30 p.m. Palo Alto HS Upholstering Rm 904 • \$264

NEW UPHOLSTERY STUDENTS Please contact the Adult School Office for more information after registering.



PALO ALTO ADULT SCHOOL DISTINGUISHED STUDENT

Have you been taking classes every quarter for more than 5 years?

Email us at adultschool@pausd.org and join our team of Distinguished Students!



ACOUSTIC (FINGER STYLE) GUITAR: Beginning

Instructor: Paul J. Prochaska, paul@prochaska.com

Prerequisite: None

Bring your own guitar, buy the Carcassi book, and we'll get started on the joyful journey of playing the guitar! Nylon or steel string guitars are acceptable, but the instructor strongly recommends nylon strings. Class is usually limited to 12 students. **Required textbook can be purchased in the Adult School office.**

10 wks • September 14–November 16 Wednesday • 7–8 p.m. Palo Alto HS Rm 1710 • \$88

ACOUSTIC (FINGER STYLE) GUITAR: Advanced Beginning

Instructor: Paul J. Prochaska, paul@prochaska.com

Prerequisite: *Beginning Acoustic Guitar* or equivalent

Renew your musical experience by revitalizing your guitar knowledge and skills. We will continue score reading with the Carcassi book, learn more chords, bass runs, finger patterns, and play songs in different styles. **Required textbook can be purchased in the Adult School office.**

10 wks • September 14–November 16 Wednesday • 8:15–9:15 p.m. Palo Alto HS Rm 1710 • \$88



UKULELE: Beginning

Instructor: Paul J. Prochaska, paul@prochaska.com

Prerequisite: None

Do you own a playable ukulele? What? It's in the closet? Well, that's no fun! Learn the basics of playing the ukulele: conventional tuning, basic chord positions, notes, and strums. Also learn to play some popular, folk and traditional songs for the ukulele. **No textbook required. Instructor will provide materials.**

10 wks • September 15–November 17 Thursday • 7–8 p.m. Palo Alto HS Rm 1710 • \$88

PIANO Beginning/Intermediate

Instructor: Kathy Woveris, woveris@yahoo.com

Prerequisite: None

Learn to play music in a fun



environment. Students will learn to play on the provided keyboards. Instruction includes basic notes, rhythm, theory and finger exercises as well as chords and scales. Students will need a keyboard at home to practice on or can rent a keyboard. Every term we will study a classical composer's biography and simple music by that composer as well as listening to a recording. **Books can be purchased from the teacher at the first class.**

SECTION A: Beginning (NO previous lessons)

10 wks • September 14–November 16 Wednesday • 5:30–6:30 p.m. Palo Alto HS Rm 407 • \$88

SECTION B: Beginning/Intermediate

10 wks • September 14–November 16 Wednesday • 6:30–7:30 p.m. Palo Alto HS Rm 407 • \$88

SECTION C: Intermediate

10 wks • September 14–November 16 Wednesday • 7:30–8:30 p.m. Palo Alto HS Rm 407 • \$88

SYMPHONIC BAND

Instructor: Ted Henderson, mrhenderson@sbcglobal.net

Experience the thrill of performance in this fully instrumental band for experienced players of wind and mallet-rhythm percussion instruments. Enjoy playing traditional, popular and classical music. Percussionists and tubists are especially needed. A concert will be given at the end of the quarter, on **Sunday, November 20, 2016**.

NOTE: Before attending the first band practice, applicants must email the band instructor, Ted Henderson, at mrhenderson@sbcglobal.net or call him at (408) 910-1830.

10 wks • September 12–November 14 Monday • 7:30–10 p.m. Palo Alto HS Rm 109 • \$70 *(\$15 discount for registration before September 16, 2016)*



Península Symphoníc Band Conducted by Ted Henderson Presents...

A FALL CONCERT

Sunday, November 20, 2016 § 3 p.m. Spangenberg Theatre § Gunn High School 780 Arastradero Rd, Palo Alto Admission is Free § Donations are tax deductible Sponsored by Palo Alto Adult School § <PAAdultSchool.org>

ONLINE COURSES

Instructor-Facilitated Online Courses

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. All courses run for six weeks (with a 10-day grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. **You can complete any course entirely from your home or office...any time of the day or night!**

EXPERT INSTRUCTORS • 24-HOUR ACCESS • ONLINE DISCUSSION AREAS

12 STEPS TO A SUCCESSFUL JOB SEARCH

World-renowned author and career advisor shows you how to get the job you want quickly and easily and in any economy.

A TO Z GRANTWRITING

Learn how to research and develop relationships with potential funding sources, organize grantwriting campaigns and prepare proposals.

CERTIFICATE IN FOOD, NUTRITION AND HEALTH

Gain a holistic overview of current food and nutrition issues and their impact on physical, social, emotional and spiritual health.

CONVERSATIONAL JAPANESE

An easy and enjoyable way for beginners to master the essentials of the Japanese language.

CREATING WORDPRESS WEBSITES

Want to build an attractive, sophisticated blog or website – without having to learn any special coding? WordPress is one of the world's most popular, easy to use, free Web design tools that produces professional results. You'll learn how to organize a blog or website, create appealing content, and achieve better positions on search engine results pages.

DISCOVER DIGITAL PHOTOGRAPHY

An informative introduction to the fascinating world of digital photography equipment.

INTRODUCTION TO ILLUSTRATOR CS6

Learn to design and draw vector art, work with shape gradients, and manipulate color images using Adobe Illustrator CS6.

INTRODUCTION TO JAVA PROGRAMMING

No prior experience needed. Learn Java, one of the most widely used computer languages in the world. Write your own programs and integrate input and output, calculations, decision making and loops.

INTRODUCTION TO QUICKBOOKS

Learn how to quickly and efficiently gain control over the financial aspects of your business.

INTRODUCTION TO STOCK OPTIONS

Learn how stock options can protect your portfolio and help you profit in any type of market.

• SIX WEEKS OF INSTRUCTION

COURSES AS LOW AS

61

PHOTOSHOP CS6 FOR THE DIGITAL PHOTOGRAPHER

You'll master techniques to make the most of your digital images and add a professional polish to your work. Designed for those with no image editing experience, this class will take you from novice to accomplished photo editor.

SPEED SPANISH

Learn six easy recipes to glue Spanish words together into sentences and you'll be speaking Spanish in no time.

STOCKS, BONDS AND INVESTING

Learn how to make wise investment decisions so that you have enough money to live comfortably through your retirement.

USING SOCIAL MEDIA IN BUSINESS

Learn how Facebook, Twitter, LinkedIn, Pinterest and Google+ can grow and promote your business.



MORE COURSES AVAILABLE AT OUR ONLINE INSTRUCTION CENTER

Call 650-329-3752 / Visit ed2go.com/PaloAlto

New course sessions begin monthly. Please visit our Online Instruction Center to see exact start dates for the courses that interest you.

PARENTING AND FAMILY *

For 70 years, we have offered preschool programs organized primarily for parent education. Parents develop a deeper understanding of early childhood development and parenting skills through adult discussion classes, formal and informal observations, and community exchanges. The school provides children and their families a nurturing play-based curriculum helping children develop in all areas including creativity, cooperation, peaceful conflict resolution, positive communication, fine and gross motor skills and kindergarten readiness. Our unique participatory structure allows parents to be involved in their children's preschool education. Please contact the school for more information.



PreSchool Family 4120 Middlefield Road Palo Alto, CA 94303-4741

Instructor: PreSchool Family Staff

PreSchool Family is a parent education/participation program, serving families with children from birth through 5 years. Children under the age of two attend one morning per week with a parent and the parents attend two evening classes per month.

2016 — 2017 ONLINE ENROLLMENT

Join us for Baby and Toddler classes for ages:

- 0-6 months
- 6-12 months
- 9-24 months Ask about our Monday dinner classes, 4:30-6:30 p.m.

For class availability, program information and registration, please visit

www.psf.pausd.org



ESL FOR PARENTS (CBET): Study at Home

Instructor: Susan Stevick and Nikki Holt

Palo Alto Adult School and Barron Park Elementary School offer individualized classes for parents who want to learn English and help their children with school. Students follow a customized program of instruction and meet once a week with a teacher for 30 minutes. *For more information, please call (650) 324-8986.*

CLASES DE INGLÉS PARA LOS PADRES (CBET): Puede estudiar en su casa

Instructor: Susan Stevick and Nikki Holt

Palo Alto Adult School y la escuela primaria de Barron Park ofrecen clases individuales para los padres que quieren aprender inglés y ayudarles a sus niños con su tarea. Los estudiantes siguen un programa personalizada de instrucción y se reúnen con la maestra una vez a la semana por 30 minutos. *Por favor llame (650) 324-8986. Se habla espãnol.*

Parent Project® (Offered in English or Spanish)

Instructor: Palo Alto Police Department Staff

The Palo Alto Police Department, in partnership with the Palo Alto Adult School, offers the Parent Project. This national program was created for parents with strong-willed teens. Topics addressed include understanding why teens do what they do, identifying gang involvement, music and media influences, friendships and dating, and alcohol and drug use. Classes are held at the Greendell School located at 4120 Middlefield Road, Palo Alto.

12 wks • September 8–December 1 (*No class November 24*) Thursday • 6–9 p.m. Greendell Rm P4 • \$120 per person / \$155 per couple (*includes workbook*, *light dinners*, *and childcare for children ages 3-5*)

For more information contact **Det. DuJuan Greene (650) 329-2274** or go to **www.papd.org** (*search:* **Parent Project**).



PHOTOGRAPHY

FUNDAMENTALS OF PHOTOGRAPHY

Instructor: Liz Crandall, ecrandall@pausd.org Prerequisite: *None*

Take control of your camera! Investigate dials, icons and screens on your camera and learn how to use them. Improve your photography through exploring and understanding the exposure triangle, visual elements and compositional guidelines. Achieve skillful use of photographic concepts by completing weekly assignments. All camera types welcome.



8 wks • September 13–November 1 Tuesday • 7–9 p.m. Palo Alto HS Photo Lab (MAC102) • \$128

PHOTOGRAPHY: Advanced Black-and-White Darkroom

Instructor: Liz Crandall, ecrandall@pausd.org

Prerequisite: Prior black and white darkroom experience

Enhance and sharpen your darkroom skills and express, expand and realize your unique artistic vision by creating your own photographic projects. Troubleshoot prints to reduce variables and gain more control over your printing technique. Use compositional guidelines to view prints critically yet artistically. **Bring negatives, photographic paper and blotter book to first class.**

8 wks • September 12–October 31 Monday • 6:30–9:30 p.m. Palo Alto HS Photo Lab (MAC102) • \$192

PHOTOGRAPHY

WORKSHOP: STORYTELLING WITH PHOTOGRAPHY — Intermediate

Instructor: Christina Felschen, mail@christina-felschen.com

Prerequisite: Knowledge and experience using aperture, shutter speed, and ISO on a digital camera

Materials to bring to class: Digital camera + instruction manual, notebook and pen.

Tell stories through photography and develop your personal style. Experiment with different genres, landscape, portrait, still life, street and documentary photography. Learn from famous photographers and from each other. The class will combine theory with practical exercises, field trips and a final project. **Please bring your best 3-5 photos on a flash drive to the first class.**

10 wks • September 14–November 30 (*No class October 5 and November 23*) Wednesday • 7–9:30 p.m. Palo Alto HS Photo Lab (MAC 102) • \$200 AND

2 Field trips:

Saturday • September 24 • 2–8 p.m. (Landscape Photography) Sunday • October 23 • 8 a.m.–2 p.m. (Street Photography) Field trip locations to be discussed in class.

WOODWORKING

WOODWORKING 1: Beginning

Instructors: Marcus Miller and Derek Witte

Prerequisite: None

Develop woodworking skills while building a project from rough wood using power tools. The class will focus on safety, project planning, and understanding the medium of wood. There will be a \$60 materials fee payable to the instructor to cover the cost of



wood. Storage space is available for projects during the quarter. Eye protection is required and ear (noise) protection is highly recommended. Prior to the start of class the instructor will contact you via email with course materials. **Textbook: None.** Materials list will be emailed before the class.

SECTION A — Build a Table (*Class limited to 15 students*) Instructor: Derek Witte, derek_witte@yahoo.com

9 wks • September 14–November 9 Wednesday • 2–5 p.m. Palo Alto HS Woodshop • \$216

SECTION B — Build a Blanket Chest Instructor: Marcus Miller, wmmiller2@yahoo.com

10 wks • September 13–November 15 Tuesday • 6:30–9:30 p.m. Palo Alto HS Woodshop • \$240



WOODWORKING 2: Intermediate

Instructor: Claude Godcharles, claudeg@earthclod.com

Prerequisite: Woodworking 1 — NO EXCEPTIONS

Come learn more woodworking skills and techniques with a more advanced project. We will use a mixed power tool/hand tool approach, with an emphasis on safety. This quarter's project will be an Arts & Craft style lamp. There will be a materials fee payable to the instructor to cover the cost of wood.

10 wks • September 12–November 14 Monday • 6:30–9:30 p.m. Palo Alto HS Woodshop • \$240

> *** Due to a new online registration program, all students (*new, current, and former*) must set up a new username and password when registering at *paadultschool.org*. ***

WOODWORKING

WOODWORKING 3: Advanced Power Tools Techniques

Instructor: Rayan Ghazal, rayan@stanford.edu

Prerequisite: Woodworking 1 and Woodworking 2

Learn power tool setup and technique beyond the basics. This class prepares students for Open Shop to be competent and capable of machine setup and operation on their own. Additionally, this class will cover routine maintenance on most power tools. *Each class will have an hour lecture followed by shop time where students can work on a project of their own choosing.*

9 wks • September 15-November 10 Thursday • 6:30-9:30 p.m. Palo Alto HS Woodshop • \$216

WORLD LANGUAGES

CHINESE: Beginning Class

Instructor: Lucia Wu, lucia_wwh@sbcglobal.net Prerequisite: None

Learn the most popular language in the world in an efficient way and talk with accurate pronunciation from the beginning. Focus strongly on the phonetics, tones and simple conversations. They will be practiced every class. Students will be able to properly pronounce on their own after this course. Characters will not be introduced at this stage. Required textbook can be purchased in the Adult School office.

10 wks • September 14–November 16 Wednesday • 8:05-9:35 p.m. Palo Alto HS Rm 405 • \$120

CHINESE: Continuing Class

Instructor: Lucia Wu, lucia wwh@sbcglobal.net

Prerequisite: Chinese Beginning or Fundamentals of Chinese phonetics

Learn to use words with different structures to express yourself more skillfully in a variety of topics in daily life. Continue to extend vocabulary and sentence structures. With the practice of individual presentations, small group and whole class interactions, and listening comprehensions, students can participate actively in conversation of various topics. 150 characters will be introduced. Required textbook can be purchased in the Adult School office.

10 wks • September 14-November 16 Wednesday • 6–8 p.m. Palo Alto HS Rm 405 • \$160

WOODWORKING 4: Advanced — Open Shop

Instructor: Rayan Ghazal, rayan@stanford.edu Prerequisite: Three quarters of Woodworking classes

Work at your own pace with access to instruction, equipment and advice when you need it. A skills test will be given at the first class. Students supply their own materials. Storage space is available for projects during the quarter. Prior to enrolling, please email the instructor at rayan@stanford.edu.

9 wks • September 14-November 9 Wednesday • 6:30-9:30 p.m. Palo Alto HS Woodshop • \$216



FRENCH: Beginning

Instructor: Mireille Belloni, msbfrench@gmail.com

Prerequisite: None

Bonjour! Familiarize yourself with the lovely French language with basic oral and written fundamentals. Different aspects of French speaking cultures will be introduced and discussed. Students are expected to come prepared to class and are encouraged to participate. Required textbook (Vite et Bien 1) can be purchased in the Adult School office.

5 wks • October 18-November 17 Tuesday and Thursday • 6–7:25 p.m. Palo Alto HS Rm 405 • \$120

FRENCH: Advanced Beginning

Instructor: Mireille Belloni, msbfrench@gmail.com

Prerequisite: Three guarters of French with Palo Alto Adult School or equivalent

Don't let your knowledge of French go rusty...come and expand your basic skills. Students are encouraged to work in groups, take linguistic risks, and are expected to come prepared for each class. You should plan on devoting at least one hour/week to French in order to make progress. Required textbook (Vite et Bien 1) can be purchased at the Adult School office.

5 wks • October 18-November 17 Tuesday and Thursday • 7:35-9:00 p.m. Palo Alto HS Rm 405 • \$120



WORLD LANGUAGES

FRENCH: Intermediate

Instructor: Malika Labidi, malikafrenchclasses@gmail.com

Prerequisite: One year of previous French study

Vous aimez le Français! Continue your immersion in French language and culture and master communication skills through group participation. You will enhance your pronunciation and develop vocabulary and grammar. **Required textbook can be purchased in the Adult School office.**

10 wks • September 13-November 15 Tuesday • 6:30-8:30 p.m. Palo Alto HS Rm 401• \$160

FRENCH: Advanced ET SI NOUS PARLIONS FRANÇAIS?

Instructor: Malika Labidi, malikafrenchclasses@gmail.com

Prerequisite: Advanced French Skills

Bonjour! Welcome to "Et si nous parlions français", an advanced class that will help you boost your conversational skills in French. Students will be able to communicate effectively in a fun and lively environment, discussing current events, history, arts, literature, cultures. We will review and develop vocabulary, grammar, language structures, as well as listening and reading skills using an array of media (*articles, video, ads*). No textbook. Instructor will provide all materials.

10 wks • September 14–November 16 Wednesday • 7–9 p.m. Palo Alto HS Rm 401 • \$160

ITALIAN: Beginning

Instructor: Francesca Lorenzon

Prerequisite: None

Students approaching Italian for the first time will get acquainted with Italian language and culture at a basic level. Basic conversational skills will be practiced with the help of short readings or dialogues. At the end of the course, students should be able to greet people and introduce themselves, speak about themselves and family, give and ask for basic information. **Required textbook can be purchased in the Adult School office.**

10 wks • September 13–November 15 Tuesday • 7:30–9 p.m. Palo Alto HS Rm 408 • \$120

ITALIAN: Intermediate

Instructor: Stefania Filigheddu, stefania.filigheddu@gmail.com

Prerequisite: Italian Beginning 3 (knowledge of present tense, present progressive and present perfect; chapters 1-15 plus 17 in the textbook)

Continuiamo ad imparare l'italiano! Keep building the Italian skills developed in Advanced Beginning level, in this class conducted mainly in Italian and based on interactive participation of students. Learn new grammar structures, vocabulary, tenses and daily aspects of Italian life and culture. Homework assignment will be given. **The required text book can be purchased in the Adult School office. Returning students do not need to purchase a new book.**

10 wks • September 15–November 17 Thursday • 6–7:30 p.m. Palo Alto HS Rm 408• \$120

TRAVELING TO ITALY: Advanced Beginning-Low Intermediate Italian

Instructor: Francesca Lorenzon

Prerequisite: Basic knowledge of vocabulary and grammar structures such as present tenses, numbers and gender of nouns and adjectives, prepositions

Traveling to Italy? You will learn to use Italian in everyday situations and environments. Following the book as a guideline, we will go through some of the 10 specific settings presented in the book, paying particular attention to those that can be useful if you travel to Italy: transportation, food shopping, free time, etc. **Required textbook can be purchased in the Adult School office.**



10 wks • September 13–November 15 Tuesday • 6–7:25 p.m. Palo Alto HS Rm 408• \$120

ITALIAN: Advanced — Reading and Conversation

Instructor: Stefania Filigheddu, stefania.filigheddu@gmail.com

Prerequisite: Advanced Italian skills

Have fun in this lively and challenging class and increase your Italian vocabulary and culture while reading and conversing only in Italian. The selected readings contain complex grammatical structures that enhance your ability to incorporate new idioms and vocabulary in different contexts. **Please, email the instructor for more details and materials.**

10 wks • September 15–November 17 Thursday • 7:35–9 p.m. Palo Alto HS Rm 408 • \$120

WORLD LANGUAGES

SPANISH: Beginning

Instructor: Leonardo McCord Salazar

Prerequisite: *Level 1, None; Level 2-3, previous level*

Learn the essentials of Spanish grammar from a native speaker and develop the four language skills in meaningful contexts. **Required textbook can be purchased in the Adult School office.**

Section A (Level 1)

10 wks • September 15–November 17 Thursday • 7–9 p.m. Palo Alto HS Rm 402 • \$160

Section B (Level 4)

10 wks • September 12–November 14 Monday • 7–9 p.m. Palo Alto HS Rm 402 • \$160

Section C (Level 3)

10 wks • September 13–November 15 Tuesday • 7–9 p.m. Palo Alto HS Rm 402 • \$160

SPANISH: Low Intermediate

Instructor: Sara Tevis, tevvy67@hotmail.com

Prerequisite: Two quarters of beginning Spanish or equivalent

Habla Vd. espanol? Continue your studies and focus on conversational skills. Add to your knowledge of grammar and Hispanic culture. **Required textbook can be purchased in the Adult School office.**

10 wks • September 14–November 16 Wednesday • 7–9 p.m. Palo Alto HS Rm 403 • \$160



SPANISH: High Intermediate

Instructor: Leonardo McCord Salazar Prerequisite: *Three quarters of low intermediate Spanish or equivalent*

Learn the fine points of Spanish grammar and the multiple uses of the subjunctive mood in this engaging course. Read, translate, and discuss a masterpiece of Spanish, Latin American or Chicano literature. **Required textbook can be purchased in the Adult School office.**

10 wks • September 14–November 16 Wednesday • 6–8 p.m. Palo Alto HS Rm 402 • \$160

SPANISH: Advanced Conversation and Literature

Instructor: Leonardo McCord Salazar

Prerequisite: Advanced Spanish skills

Converse with other students in Spanish and read contemporary Spanish or Latin-American plays, novels, or short stories. Repetition of the course is encouraged, as new literature is introduced every quarter. **Required textbook can be purchased in the Adult School office.**

10 wks • September 14–November 16 Wednesday • 8–10 p.m. Palo Alto HS Rm 402 • \$160



NEW TEACHERS WELCOME!

If you would like to become an Adult School instructor, please call (650) 329-3752 for an application. You can design a class or apply to be a substitute in a current ESL class. Specific teaching credentials are required for certain subjects, but not all. For more information on how to apply, please visit:

paadultschool.org/new-instructors-welcome

PALO ALTO ADULT SCHOOL LOCATIONS



Easy-to-Find CLASS LOCATIONS

J. BRIONES

Juana Briones Elementary School 4100 Orme Street

CUBB

Cubberley Community Center 4000 Middlefield Road

ESC VIL

Escondido Village Escondido Road, Stanford

GREENDELL

Greendell 4120 Middlefield Road

GUNN

Gunn High School 780 Arastradero Road

JLS

J. L. Stanford Middle School 480 E Meadow Drive

PA Palo Alto High School 50 Embarcadero Road

WESLEY Wesley Methodist Church 463 College Avenue

Phone: (650) 329-3752 • Fax (650) 329-8515

PALO ALTO HIGH SCHOOL



MISSION AND STUDENT LEARNER OUTCOMES

MISSION

Palo Alto Adult School is committed to excellence in providing a broad range of accessible and flexible programs that allow our diverse community of students to achieve their educational, vocational, and personal goals.

STUDENT LEARNER OUTCOMES

SET GOALS: Students will assess their own needs and identify personal educational and/or vocational goals.

- With guidance, develop plans to achieve their goals.
- Be self-directed learners who learn independently and collaboratively in a diverse environment.

ACHIEVE SKILLS: Using a variety of methods, technology and resources, students will acquire knowledge and skills appropriate for reaching their goals.

- Develop and apply critical thinking skills.
- Obtain academic and technical skills for life and workforce readiness.

DEMONSTRATE LEARNING: Students will apply their acquired core knowledge and skills appropriate to their goals.

- Advance to post-secondary education or training.
- Contribute to personal enrichment and the community.
- Demonstrate 21st century skills including critical thinking, communication, collaboration and creativity.



2016 PAUSD BOARD OF EDUCATION

Heidi Emberling President 2016 (650) 308-4702 Term expires 2016

Camille Townsend Board Member (650) 493-3410 Term expires 2016

Glenn "Max" McGee Superintendent (650) 329-3737 mmcgee@pausd.org

Scott Bowers Asst Supt, Human Res. (650) 329-3958 sbowers@pausd.org Terry Godfrey Vice President 2016 (650) 387-3210 Term expires 2018

Ken Dauber Board Member (650) 906-4340 Term expires 2018

DISTRICT ADMINISTRATION

Katya Villalobos Principal, Adult School (650) 329-3752 kvillalobos@pausd.org

Dawn Yoshinaga Principal, Preschool Family (650) 856-0833 dyoshinaga@pausd.org Melissa Baten Caswell Board Member (650) 823-1166 Term expires 2016

Alex Scott Program Mgr. ESL (650) 494-2326 ascott@pausd.org

Markus Autrey Asst. Supt, Education Svcs. (650) 329-3709 mautrey@pausd.org

Policies and Procedures

Palo Alto Adult School follows the Policies and Procedures adopted by the Palo Alto Board of Education. These can be found at: http://pausd-web.pausd.org/community/board/policies.shtml. These policies support the Education Code of the State of California.

Non-discrimination

BP 0400: The Board shall provide equal opportunities in all areas and assure that there will be no discrimination against any person on the grounds of race, religion, age, sex, national origin, color, disability, political belief, sexual orientation, marital status, or veteran's status.

Academic Regulations

BP 5131: The Board of Education believes that all students have the right to be educated in a positive learning environment free from disruptions. Students shall be expected to exhibit appropriate conduct that does not infringe upon the rights of others or interfere with the school program while on school grounds, while going to or coming from school, while at school activities, and while on district transportation.

Conduct is considered appropriate when students are diligent in study, careful with school property, courteous, and respectful toward their teachers, other staff, students, and volunteers.

Prohibited student conduct includes, but is not limited to:

- Conduct that endangers students, staff, or others
- Conduct that disrupts the orderly classroom or school environment
- · Harassment of students or staff
- Damage to or theft of property belonging to students, staff, or the district
- Use of profane, vulgar, or abusive language
- Plagiarism or dishonesty in school work or on tests
- Possession, use, or being under the influence of tobacco, alcohol, or other prohibited drug in violation of school rules

Students who violate district or school rules and regulations may be subject to discipline including, but not limited to, suspension, expulsion, transfer to alternative programs, or denial of participation in extracurricular or cocurricular activities in accordance with Board policy and administrative regulation. The Superintendent or designee shall notify local law enforcement as appropriate.

Student Records

BP 5125: At each school, the principal or a certificated designee shall act as custodian of records for students enrolled at that school. The custodian of records shall be responsible for implementing Board policy and administrative regulation regarding student records.

School Policy: Adult student records can be released following a written request by the student to the adult school office. Records are released to other parties with the student's permission.

ADMINISTRATIVE POLICIES AND INFORMATION

ELIGIBILITY

All persons over the age of 18 are eligible for all Adult School classes with no residency restrictions.

PRE-REGISTRATION

Please register early since classes that do not have sufficient enrollment are canceled.

REFUND POLICY

- Refund of fees will only be given if requested at least 72 hours before the first class meeting. There is a \$15 fee for cancellations. A complete refund will always be made if we cancel a class. Please choose your classes carefully.
- We are sorry we cannot accept medical, business travel or other reasons.
- Refunds will be given automatically if the Adult School cancels a class.
- Deposits and tuition for parent education classes are entirely non-refundable.
- Textbooks are not returnable.

A CERTIFICATE OF COMPLETION

A certificate of completion and/or a letter stating participation in any Adult School class will be given to any student upon request to the office and verification of attendance.

SCHOLARSHIPS

Please contact the Principal, Katya Villalobos, if you need scholarship assistance. All information given will remain confidential.

TOBACCO-FREE SCHOOL DISTRICT PROPERTY

Smoking and the use of tobacco products by all persons is prohibited on Palo Alto Unified School District property and at district-sponsored events.

SEXUAL HARASSMENT POLICY

It is the policy of the Palo Alto Unified School District to provide a school environment free from all forms of harassment, including sexual harassment, and to maintain an environment in which all students and staff model this behavior and are treated with dignity and respect. Please see the district website for complete information: http://pausd-web.pausd.org/parents/ discrimination/index.shtml.

UNIFORM COMPLAINT PROCEDURES

The Palo Alto Unified School District maintains a uniform complaint procedure. Please visit the district website for complete information at http://pausd-web.pausd.org/ community/complaint_policies/annual_notice_unifrm_ cmplnt_prcd.shtml.

				RE	GIS	STRATION FORM	1			
Palo Alto Adult School					P	lease Print	Year:			
		w.paadultschool.org 50) 329-8515				Quarter: 🗆 Winter 🛛 Spring				
Palo Alto, CA 94301	-tor	online	ww	w.pa		8515		🗆 Sur	nmer 🛛 Fall	
(650) 329-3752	Register	or Fax	: (650	J) 3	297					
							Regi	stration D	ate:	
Name:										
(Last)						First)			(Middle)	
Address:(No.) (Sti						(Apt.) (City)			(Zip)	
Home Phone:	'								(2))	
Email:										
Start Data			Ci	huda	n t	Deturning Stude	at Da	to of Dirth		
Start Date: Class Name						Instructor	ii Da	Time	Location	Fee
					5	Instructor		Time	Location	166
Type of Payment: 🛛 Cheo	ск ц Casr	чЦv	isa i		i/C	LI NO Fee				
Credit Card Number:								I	Expiration Date:	
How did you find out about	ut this class	s?								