



PALO ALTO ADULT SCHOOL

**2021
Summer
Quarter
Schedule**

**Registration Begins
May 14, 2021!**

**PAAdultSchool.org
(650) 329-3752
adultschool@pausd.org**

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2021 SUMMER CALENDAR

REGISTRATION FOR SUMMER QUARTER BEGINS // MAY 14, 2021

SUMMER QUARTER TERM // JUNE 7–JULY 16, 2021

HOLIDAYS—NO CLASSES // JULY 5, 2021

PAAAdultSchool.org // adultschool@pausd.org

ARTS AND CRAFTS

REALISTIC DRAWING

Instructor: Robert Schick, rschick@pausd.org, (650) 947-4983

Prerequisite: None



This class is for beginners and experienced artists wanting to sharpen their drawing and observation skills. Still life objects, seascape or landscape photos will be our inspiration. You should

have a pencil, white paper, eraser, and a printout of the class supply list (off the website) for the first day of class.

6 wks / June 10–July 15

Thursday / 6:30–8:30 p.m.

LIVE ONLINE / \$110

WATERCOLOR PAINTING

Instructor: Robert Schick, rschick@pausd.org, (650) 947-4983

Prerequisite: Beginning drawing recommended

Discover the magic of watercolor! Learn basic skills: color mixing, flat and graded washes, wet-into-wet, dry brush techniques combined with basic drawing concerns. Subjects include: still life and animal photos. Returning or advanced students may work on independent projects. You will need a pencil, white paper, eraser, and a copy of the supply list (printed off the website) for the first class.

6 wks / June 8–July 13

Tuesday / 6:30–8:30 p.m.

LIVE ONLINE / \$110

LEARN TO CROCHET (*In-Person Class*)

Instructor: Paola Trombetta

Prerequisite: None



Learn to chain, single and double crochet, create tri-dimensional forms, and read patterns. This class will work for you regardless of your

skill level and you will enjoy it! Materials to bring to class: 1 ball of worsted weight yarn plus a size 'H' crochet hook.

6 wks / June 9–July 14

Wednesday / 5:30–6:30 p.m.

Palo Alto HS Room 1706 / \$55

KNITTING (*In-Person Class*)

Instructor: Paola Trombetta

Prerequisite: None

Knitters of all abilities are welcome! Learn basic and advanced skills in this fun and collaborative knitting workshop. Beginners learn to read pattern books, and/or design and create their own knitted garment and gifts. Advanced knitters, master your techniques and bring projects you are currently working on.

6 wks / June 9–July 14

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Room 1706 / \$110



Stay at home — Study online!

For the summer 2021 quarter, during the extended covid-19 school closure, our staff is conducting online classes via Zoom (a few classes are in-person). We will provide easy Zoom access and user instructions once you register. Many additional online classes (outlined in this catalog and on our website) are available via our partner, ed2go.com/paloalto.

BIRDING AND NATURE

BIRDING BASICS

Instructor: Larry Spivak, lspivak@pausd.org

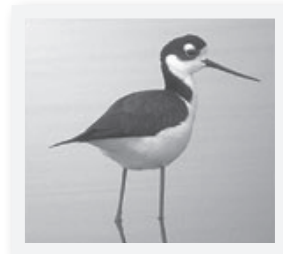
Prerequisite: None

Do you like to look at birds in your backyard or when you are out walking, but would like to know who they are? Join your neighbors here and learn how to identify birds with a step by step process that will help you find them in an identifier long after the birds have flown away. Learn the language of bird watching and discover why so many people are passionate about this activity.

6 wks / June 8–July 13

Tuesday / 7–9 p.m.

LIVE ONLINE / \$110



BUSINESS AND FINANCE

INTRODUCTION TO QUICKBOOKS 2019

*(**Online Class: ed2go.com/paloalto**)*

Instructor: Scott Paxton, CPA (ed2go Instructor)

Prerequisite: None

Now you can learn to manage your finances with QuickBooks in this introductory online course. Introduction to QuickBooks 2019 is designed for those new to QuickBooks or those wanting a refresher with the latest version. You will learn how QuickBooks makes it easy to set up a chart of accounts; create and print invoices, receipts, and statements; track your payables, inventory, and receivables, and generate reports. To register, visit our website *(Business & Finance)*.

6 Weeks Access / 24 Course Hours

Starts May 12 | Jun 16 | Jul 14 | Aug 18

ONLINE (not live) / \$129

PERSONAL FINANCE

*(**Online Class: ed2go.com/paloalto**)*

Instructor: Matt Crabtree (ed2go Instructor)

Prerequisite: None

Set clear financial goals, make the right investments, increase financial security, and be prepared to retire someday. This course will help you gain control over the financial impact of your choices with tools that are useful, realistic, and easy to work into your regular routine. To register, visit our website *(Business & Finance)*.

6 Weeks Access / 24 Course Hours

Starts May 12 | Jun 16 | Jul 14 | Aug 18

ONLINE (not live) / \$115

CAREER TRAINING

COSMETOLOGY APPRENTICESHIP PROGRAM

Instructor: Peninsula Academy

Prerequisite: 39-hour Pre-Apprenticeship



An Apprenticeship program offers theoretical training and field experience while simultaneously providing paid compensation.

Apprenticeships provide the foundation to building confidence and clientele. The beauty industry

provides countless career opportunities and the pathway to entrepreneurship. Peninsula Academy reduces a seven-year process to two years, and once apprentices pass the licensing exam they return to their job and maintain their established clientele. Please visit the Peninsula Academy of Cosmetology & Barbering Apprenticeship website at <https://peninsula-academy.com>, or call (650) 200-3993. For more information, you can also email penacad17@gmail.com.

VOICE-OVERS: NOW IS YOUR TIME!

Instructors: Lisa Foster, tarah@suchavoice.com

Prerequisite: None



In what could be the most enlightening webinar you've ever taken, our instructor and professional voice coach will show you how you can actually begin

using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for. In addition to online instruction, you will be given the opportunity to book a 1-on-1 script read and voice evaluation via telephone with your instructor for the following day. This class will be presented via Zoom, you will receive a link the 24 hours prior to the class.

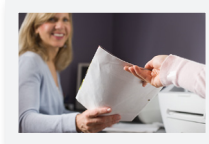
One Session / July 13

Tuesday / 6–8 p.m.

LIVE ONLINE / \$50

WORK READINESS: JOB SEARCH SKILLS— LEARN NEW SKILLS FOR GETTING A JOB *

Instructor: Kathilynn Lehmer, Pajoblink.lehmer@yahoo.com



Fill your job search tool box with strategies for getting a job. Join this online work readiness program and meet with your own personal job coach. Students attend individualized job coaching sessions via Zoom

to identify employment opportunities, prepare resume and job specific cover letters, develop networking skills, polish a professional LinkedIn profile, and participate in intensive mock interviews. There is *no fee* and the course is *open entry/open exit*. Start anytime! For more information and to register, send an email to Kathilynn Lehmer at pajoblink.lehmer@gmail.com.

6
week

ONLINE COURSES



EACH OF THESE
CLASSES: \$115

INTRO TO INTERIOR DESIGN
START YOUR OWN EDIBLE GARDEN
HOW TO MAKE MONEY FROM YOUR WRITING

New course sessions begin monthly.

To register and get more information
Visit ed2go.com/PaloAlto

** Partially or fully state-funded*

CAREER TRAINING: *ADVANCED CERTIFICATE PROGRAMS*

Online career training courses can prepare you for a new career or help you advance within your current occupation. Introducing 397 new Advanced Career Training courses. Learn new skills and prepare for industry-recognized certifications. Curriculum, course details, and prices can be found at paadulthoodschool.org/CTE.

CERTIFIED BOOKKEEPER (GES202)

*(**Online Class: ed2go.com/paloalto**)*

Instructors: Wade Lindenberger and Helene K. Liatosos
(ed2go Instructors)

Prerequisite: Available on ed2go registration page.

Bookkeeping forms the backbone of every organization's need to carefully account for its financial activities. It accounts for sales, purchases, and payments that flow through an entity. Bookkeepers are crucial to every organization and certified bookkeepers are the elite of their profession. This 100% online course will prepare you for certification by the American Institute of Professional Bookkeepers (AIPB). To register, visit our website (*Career Training*).

6 Months / 140 Course Hours

Start Anytime

ONLINE (not live)

paadulthoodschool.org/CTE

CERTIFIED PHYSICAL THERAPY AIDE (GES189)

*(**Online Class: ed2go.com/paloalto**)*

Instructor: Holly Trimble

Prerequisite: None

This 100% online course will teach you the concepts, skills and practices to become a certified physical therapy aide. Upon successful completion, you will be eligible to take the American Medical Certification Association's (AMCA) Physical Therapy Technician/Aide certification exam. Certification test voucher included. For pricing, details, and to register, visit our website (*Career Training*).

9 Months / 190 Course Hours

Start Anytime

ONLINE (not live)

paadulthoodschool.org/CTE

CERTIFIED CLINICAL MEDICAL ASSISTANT (GES180)

*(**Online Class: ed2go.com/paloalto**)*

Instructor: Nancy Smith

Prerequisite: None

Clinical medical assistants are tasked with working directly with patients and supporting the work of doctors and other health care professionals. The 100% online course will prepare you to work as a Certified Clinical Medical Assistant (CCMA), designated by the National Healthcare Career Association (NHA). Certification test voucher included. For pricing, details, and to register, visit our website (*Career Training*).

12 Months / 540 Course Hours

Start Anytime

ONLINE (not live)

paadulthoodschool.org/CTE

CERTIFIED WEDDING PLANNER (GES204)

*(**Online Class: ed2go.com/paloalto**)*

Instructor: Cho Phillips (ed2go Instructor)

Prerequisite: None

Become a Certified Wedding Planner. Wedding planners play an important role in the planning of a couple's most important day. This 100% online course will teach you the concepts and techniques behind wedding planning. Upon successful completion of the course, you will receive a Certified Wedding Planner credential from the Wedding Planning Institute. To register, visit our website (*Career Training*).

9 Months / 340 Course Hours

Start Anytime

ONLINE (not live)

paadulthoodschool.org/CTE

CAREER TRAINING: ADVANCED CERTIFICATE PROGRAMS

PROFESSIONAL INTERPRETER (GES230)

(Online Class: ed2go.com/paloalto**)**

Instructor: Rocío Txabarriaga (ed2go Instructor)

Prerequisite: Must have a high school education (or equivalent) and be bilingual. (See [ed2go registration page](#).)

Professional Interpreters use their knowledge of languages to help others communicate. Often, they are the keys to communication for vulnerable immigrants and their families. If you are bilingual and want to assist others as they acclimate to life in a new country, this 100% online course will prepare you to thrive as a Professional Interpreter in either public service or other language-related opportunities. To register, visit our website (*Career Training*).

6 Months / 40 Course Hours

Start Anytime

ONLINE (not live)

paadulthoodschool.org/CTE

TECHNICAL WRITING (GES217)

(Online Class: ed2go.com/paloalto**)**

Instructor: Lynn Atkinson (ed2go Instructor)

Prerequisite: None

As technology and innovations hubs grow across the country, so does the need for skilled technical writers. More so, the ability to provide clear explanations about complex subjects is one of the most in-demand skill sets a communications professional can have today. This 100% online course will help you master technical writing and build a robust portfolio that showcases this highly marketable skill. To register, visit our website (*Career Training*).

6 Months / 80 Course Hours

Start Anytime

ONLINE (not live)

paadulthoodschool.org/CTE

PROFESSIONAL TRANSLATOR (ENGLISH/SPANISH) (GES283)

(Online Class: ed2go.com/paloalto**)**

Instructors: Raquel Albornoz and

Alejandro Parini (ed2go Instructors)

Prerequisite: Available on [ed2go registration page](#)

As our world becomes more interconnected, so does the need for skilled translators. To work in the translation service field, being bilingual is a start but you also need to master translation skills. Our 100% online course will train you to work as an English/Spanish translator and prepare you for the American Translators Association (ATA) certification exam. To register, visit our website (*Career Training*).

9 Months / 100 Course Hours

Start Anytime

ONLINE (not live)

paadulthoodschool.org/CTE

CERTIFIED WEDDING PLANNER (GES204)

(Online Class: ed2go.com/paloalto**)**

Instructor: Nat Dunn (ed2go Instructor)

Prerequisite: None

Become a Web Applications Developer. Most commerce today is focused around online interactions, so the market for web developers is at an all-time high. This 100% online course will train you for a career in web application development. You'll learn all the tools of the trade, from basic HTML, CSS, and JavaScript to creating, styling, and validating forms. To register, visit our website (*Career Training*).

12 Months / 404 Course Hours

Start Anytime

ONLINE (not live)

paadulthoodschool.org/CTE

COMPUTER SKILLS

CREATING WORDPRESS WEBSITES

(Online Class: ed2go.com/paloalto**)**

Instructor: Richard Mansfield (ed2go Instructor)

Prerequisite: None

WordPress is the most commonly used content management system, powering more than 34% of all websites. Create a user-friendly WordPress site — without any coding. Learn how to design pages, add engaging content, and customize your site's look and feel. By course completion, you will be able to maintain a secure site that achieves high search engine rankings. Requirements: PC: Windows Vista or later. Mac: OS X Snow Leopard 10.6 or later. To register, visit our website *(Computer Skills)*.

6 Weeks Access / 24 Course Hours

Starts May 12 | Jun 16 | Jul 14 | Aug 18

ONLINE ONLY / \$115

INTRODUCTION TO PC TROUBLESHOOTING

(Online Class: ed2go.com/paloalto**)**

Instructor: Scott Jernigan (ed2go Instructor)

Prerequisite: None

Don't spend your hard-earned cash on expensive PC repairs! This course will take you step by step through the typical problems encountered by technicians. You will learn troubleshooting techniques to decipher any problem, and get the skills you need to solve them. You will also learn how to maintain and optimize a Windows PC. Requirements: PC: Windows XP or later required. To register, visit our website *(Computer Skills)*.

6 Weeks Access / 24 Course Hours

Starts May 12 | Jun 16 | Jul 14 | Aug 18

ONLINE ONLY / \$115

INTRODUCTION TO JAVA PROGRAMMING

(Online Class: ed2go.com/paloalto**)**

Instructor: Alan Simpson (ed2go Instructor)

Prerequisite: None

Build your knowledge and confidence with easy-to-understand examples and plenty of skill-building exercises. This course uses the latest release of Java, from Oracle, the company that maintains and supports the language. Learn how to use BlueJ, a graphical development environment designed especially for students. Both are free open-source products. By the time you're done, you'll be comfortable with Java programming and ready for more! To register, visit our website *(Computer Skills)*.

6 Weeks Access / 24 Course Hours

Starts May 12 | Jun 16 | Jul 14 | Aug 18

ONLINE ONLY / \$115

INTRODUCTION TO PHOTOSHOP CS6

(Online Class: ed2go.com/paloalto**)**

Instructor: Sherry London (ed2go Instructor)

Prerequisite: None

Adobe Photoshop is the world's most popular photo-editing program for image creation and editing. This course provides detailed, step-by-step instructions for using Photoshop that you'll have no trouble following—even if you've never used a computer graphics program before! By the time you finish this fun, hands-on, project-oriented course, you'll be well on your way to expressing yourself with the most exciting graphics program ever developed! To register, visit our website *(Computer Skills)*.

6 Weeks Access / 24 Course Hours

Starts May 12 | Jun 16 | Jul 14 | Aug 18

ONLINE ONLY / \$115

COMPUTER SKILLS

INTRODUCTION TO QUICKBOOKS 2019

(Online Class Only**)**

Instructor: Scott Paxton (ed2go Instructor)

Prerequisite: None

Now you can learn to manage your finances with QuickBooks in this introductory online course. Introduction to QuickBooks 2019 is designed for those new to QuickBooks or those wanting a refresher with the latest version. You will learn how QuickBooks makes it easy to set up a chart of accounts; create and print invoices, receipts, and statements; track your payables, inventory, and receivables, and generate reports. To register, visit our website (*Computer Skills*).

6 Weeks Access / 24 Course Hours

Starts May 12 | Jun 16 | Jul 14 | Aug 18

ONLINE ONLY / \$129

KEYBOARDING

(Online Class: ed2go.com/paloalto**)**

Instructor: Kathy Van Pelt (ed2go Instructor)

Prerequisite: None

Become faster and more confident at the keyboard! You'll use the *Keyboarding Pro 5* program, a typing tutorial designed for personal computers, to learn how to touch-type—that is, to type text from a printed page or a computer screen without looking at your keyboard. By the end of the course, you'll know how to touch-type the alphabetic, numeric, and symbol keys; create, save, and edit word processing documents; and successfully take a timed writing test during a job interview. To register, visit our website (*Computer Skills*).

6 Weeks Access / 24 Course Hours

Starts May 12 | Jun 16 | Jul 14 | Aug 18

ONLINE ONLY / \$100

COOKING

LUSCIOUS, LOW-FAT, LIGHTNING-QUICK MEALS

(Online Class: ed2go.com/paloalto**)**

Instructor: Donna Acosta (ed2go Instructor)

Prerequisite: None

Learn how to reduce fat in recipes without sacrificing flavor or texture. Explore how to use flavor profiling to expand your culinary horizons. Learn how to prepare casseroles, crock-pot dishes, vegan dishes, oven-fried foods, meat-based meals, and many other entrees that are both nutritious and delicious! Discover tips for grocery shopping, menu planning, food preparation, and quicker cooking. To register, visit our website (*Cooking*).

6 Weeks Access / 24 Course Hours

Starts May 12 | Jun 16 | Jul 14 | Aug 18

ONLINE ONLY / \$100

SECRETS OF THE CATERER

(Online Class: ed2go.com/paloalto**)**

Instructor: Dawn Simmons (ed2go Instructor)

Prerequisite: None

Learn how to put your cooking and party planning skills to work. Learn the fundamentals of the catering business, how to cook for large crowds, organize your kitchen, manage your time, and work with clients. The course focuses on cooking skills every caterer needs, with an introduction to the business side of catering. You'll also receive many unique and tested recipes that you can use to jump-start your business. Build your catering skills and begin a new and exciting career today. To register, visit our website (*Cooking*).

6 Weeks Access / 24 Course Hours

Starts May 12 | Jun 16 | Jul 14 | Aug 18

ONLINE ONLY / \$100

ENGLISH AS A SECOND LANGUAGE (ESL)

ESL FALL QUARTER 2021 -- TO BE ANNOUNCED / PLEASE CHECK WEBSITE FOR DATES

The Palo Alto Adult School ESL program offers many classes to help you meet your English learning goals. To enter our free classes, new students must register for a placement test. There is no childcare for the test or the classes.

Enrollment Policies

- Students must be able to attend the full 8 weeks.
- Students will be required to buy a textbook for the class.
- Students who leave before the end of a session may not return until the next session, and must pay a \$20 re-entry fee.
- There is no childcare.

PLEASE CHECK WEBSITE FOR UPCOMING TESTING DATES AND TIMES:
<https://paadultschool.org>

* PRE-LITERACY *

- **Do you know anyone who cannot read and write in their first language and/or English?**
Please email adultschool@pausd.org for information on our ***Pre-Literacy*** class.
- **¿Conoce a alguien quien quiere aprender a leer en Inglés?**
Por favor envíe un correo electrónico a adultschool@pausd.org para más información.

BE A VOLUNTEER ESL TUTOR Help Someone Learn English

Set aside two hours a week to help wonderful people at a crucial moment in their lives. Work one-on-one with a student or work with a teacher in a classroom. You do not have to speak a foreign language or have teaching experience. Free training and ongoing support will be provided.

For information about our volunteer tutor program,
please contact ESL Volunteer Tutor Manager, Ellen Spector: ellenspector@yahoo.com

(NOTE: Our Volunteer ESL Tutor Program has been paused. We hope to resume in fall 2021.)

ENGLISH AS A SECOND LANGUAGE (ESL)

COLLEGE READINESS

TRANSITIONS TO COLLEGE AND CAREERS *

Instructor: Margaret Bdzil, mbdzil@pausd.org

Prerequisite: To enroll, you must be eligible to work or attend college in the US.

Prepare for the next step in your education or career in this seven-week course!

The following topics will be covered in class:

- Determine short and long-term educational goals
- Complete assessments and activities to identify career interests
- Research career options and available training opportunities
- Explore local community college and career education programs
- Learn about college majors and resources

7 wks / July 7–August 18

Wednesday / 6:30–9:30 p.m.

(+ 2 hours weekly class credit for completed homework)

LIVE ONLINE / No Fee *

Please call the ESL Program office at 650-494-2326 to register for the Transitions to College and Careers class.

Email the instructor Margaret Bdzil (mbdzil@pausd.org) and she will send you a Zoom meeting invitation.

ESL LITERACY

Instructors: Shadya Ghezal, sghezal@pausd.org

Prerequisite: None

Online English Classes are the most convenient option for adults who are looking to learn English Language skills. Each lesson is designed to teach the basic skills of Reading, Speaking, Writing and Listening to English conversation using the latest technology. The lessons will be delivered by using the Zoom conference platform. The class curriculum is organized into 10 themes. Each theme focuses on basic life skills and everyday interactions in daily life. Lessons also include introduction to grammar, phonemic awareness, phonics, and projects designed to master certain life skills.

5 wks / June 2–June 30

Monday *AND* Wednesday / 6:30–9:30 p.m.

LIVE ONLINE / No Fee *

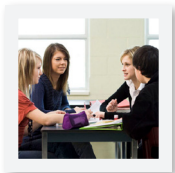


ENGLISH ENRICHMENT

CONVERSATION STARTER AND GRAMMAR

Instructor: Nilou Shokrani, nshokrani@pausd.org

Prerequisite: High beginning to intermediate English learners



In this lively class you will build confidence and overcome your fear of speaking in class and in everyday situations. Learn basic phrases and expressions for conversing in real life situations. We will use conversation drills, grammar practice worksheets, and other activities to help you improve your speaking skills.

4 wks / June–July 1

Tuesday *AND* Thursday / 10:15 a.m.–12:15 p.m.

LIVE ONLINE / \$147

ENGLISH CONVERSATION CLASS

Instructor: Shadya Ghezal, sghezal@pausd.org

Prerequisite: (Section A) Beginning low to beginning high English level students; (Section B) Beginning high to intermediate English level students

If you believe that effective communication is the key to success for work, school and everyday life, then this is the class for you! You will learn how to improve your fluency and use correct grammar, pronunciation and intonation while discussing a variety of topics in a fun and interactive class environment. You will also learn and practice exercises to improve fluency while improving your reading, grammar and listening comprehension skills. No textbook required. All class materials provided by the instructor.

SECTION A

8 wks / June 1–July 20

Tuesday / 6:30–8:30 p.m.

LIVE ONLINE / \$147

SECTION B

8 wks / June 3–July 22

Thursday / 6:30–8:30 p.m.

LIVE ONLINE / \$147

PERFECT YOUR CONVERSATION THROUGH GRAMMAR

Instructor: Sharon Eshel, seshel@pausd.org

Prerequisite: For intermediate high to advanced English language learners

Do you want to improve your conversation while reviewing the grammar you learned but have forgotten? You will get a chance to practice grammar in everyday situations in the US such as going to the doctor, speaking to teachers, asking for information on the phone, or at the store, to make sure you are using the right tense or expressions. We may also review other challenging situations such as indirect speech and “if” statements. This class is for advanced-level students who have studied these grammar points but would like to review and practice through conversation and find out what mistakes they are making. No textbook required.

4 wks / June 7–June 30

Monday *AND* Wednesday / 10 a.m.–12 noon

LIVE ONLINE / \$147

REVIEWING BASIC VERB TENSES WITH ESL LIBRARY

Instructor: Michelle Skowbo, mskowbo@pausd.org

Prerequisite: Students should have completed beginning low ESL and be eligible for beginning high ESL

Get extra practice with the simple past, simple present, present continuous, and future verb tenses! You will use focused practice, dictations, and descriptive writing assignments to strengthen your ability to use English verbs correctly. Homework assignments will be from ESL Library. No textbook required. All class materials provided by the instructor.

6 wks / June 2–July 7

Wednesday / 6:30–8:30 p.m.

LIVE ONLINE / \$132

NEW

GENERAL INTEREST

AROUND THE WRITER'S BLOCK!

Instructors: Chana Feinstein, cfeinstein@pausd.org

Prerequisite: None



Do you want to write? Or write more happily? Join a fun, friendly, encouraging on-going workshop and learn new techniques based on research, taught by a formerly

blocked writer. Students will participate in supportive groups and in-class exercises. From free-writing to visualization, find out what works for you!

6 wks / June 7–July 12

Monday / 7–9 p.m.

LIVE ONLINE / \$87

CREATIVE WRITING

Instructors: Chana Feinstein, cfeinstein@pausd.org

Prerequisite: None

Become a better writer! Share your thoughts, feelings and experiences with others. Whether you express yourself through memoir, poetry, short stories, dramatic scripts, narrative, or essays, this class will encourage you to present your work and receive constructive feedback in a helpful, supportive environment.

SECTION A

6 wks / June 9–July 14

Wednesday / 1–3:30 p.m.

LIVE ONLINE / \$65*

SECTION B

6 wks / June 10–July 15

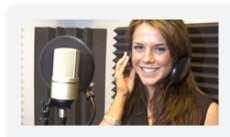
Thursday / 7–9:30 p.m.

LIVE ONLINE / \$65*

VOICE-OVERS: NOW IS YOUR TIME!

Instructors: Lisa Foster, tarah@suchavoice.com

Prerequisite: None



In what could be the most enlightening webinar you've ever taken, our instructor and professional voice coach will show you how you can actually begin

using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for. In addition to online instruction, you will be given the opportunity to book a 1-on-1 script read and voice evaluation via telephone with your instructor for the following day. This class will be presented via Zoom, you will receive a link the 24 hours prior to the class.

One Session / July 13

Tuesday / 6–8 p.m.

LIVE ONLINE / \$50

HEALTH AND FITNESS

AIKIDO

Instructors: Ivan Korolevskiy and
Fushan Yuan, fushany@gmail.com

Prerequisite: None



Welcome to Aikido! The Art of Peace—a dynamic art based on harmony. Train mind and body in the dynamic art of Aikido with Hombu Dojo's Shiohira Shihan, 7th Dan, and senior students. The Japanese martial art of Aikido is a comprehensive system of throwing, joint locking, striking and pinning techniques that foster strength, flexibility, presence of mind, and

cooperative movement. We practice to improve awareness and work on conflict de-escalation within and around ourselves. Training Aikido provides an opportunity to find grounding in today's hectic world. Learn to relax in the face of stress, ground yourself during anxiety, and gain tools to move through the world with confidence.

6 wks / June 8–July 17

Tuesday *AND* Thursday / 6:30–8 p.m.

AND

Saturday / 10–11 a.m.

LIVE ONLINE / \$110

LEAN & FIT/AEROBIC RHYTHMS

(In-Person Class)

Instructor: Amy Chan, ilovemytwins@gmail.com

Prerequisite: None

Join us for medium impact exercise routines choreographed to music that will energize your body! Class will emphasize toning, stretching and cardio fitness. Be sure to bring a set of light hand weights (1-2lbs), stretching band and a water bottle to class.

6 wks / June 8–July 15

Tuesday *AND* Thursday / 8–9 a.m.

Palo Alto HS Student Center / \$112

NEW

ODAIKO *(In-Person Class)*

Instructor: Kensuke Sumii, info@drumrevolution.com

Prerequisite: Age 15+; Students must also be currently enrolled in Taiko: Introduction class

This class is designed for students with stamina to hit Odaiko (big Taiko) for three hours. Odaiko will help you build up stamina, rhythmic competence and speed to hit Taiko. New students must audition before registering for class. Please contact the instructor prior to registration. All equipment – including drums and sticks – are provided. NOTE: Odaiko is a physical activity requiring fitness and stamina. There will be a \$20 material fee payable to the instructor at the first class to cover the drum heads replacement.

4 wks / July 11–August 1

Sunday / 7–10 pm

Palo Alto HS Student Center / \$20 *(plus \$20 materials fee)*

PILATES: BEGINNING/INTERMEDIATE

(Class limited to 12 students)

Instructor: Judy Lee-Squire, jleesquire@pausd.org

Prerequisite: None

Increase your core strength, flexibility and endurance with pilates, a mind-body exercise that emphasizes conscious breath and form. Modifications will be taught. A mat is highly recommended during class.

5 wks / June 8–July 6

Tuesday / 6:30–7:30 p.m.

LIVE ONLINE / \$46

TAI CHI: CHEN STYLE

Instructor: Lisette Yung, cyung@pausd.org

Prerequisite: None

Learn the traditional Chen Style first form (Taijiquan). Practice the continuous movements which helps develop balance, body coordination and strength and the understanding of basic Tai-Chi principals. Improve mind, health, body alignment and daily movement.

4 wks / June 9–June 30

Wednesday / 8–9 p.m.

LIVE ONLINE / \$40

HEALTH AND FITNESS

TAIKO: INTRODUCTION *(In-Person Classes)* *(Classes limited to 24 students)*

Instructor: Kensuke Sumii, info@drumrevolution.com

Prerequisite: Age 15+



Taiko is the art of Japanese drumming, which develops self-expression and musical creativity. This course engages in Uchikomi based practice.

You should have a sense of rhythm and/or stamina to hit drums for two hours. All equipment – including drums and sticks – are provided. NOTE: Taiko is a physical activity requiring fitness and stamina. It requires peak physical conditioning and flexible joints and muscles. Individuals with physical concerns should check with their physician before enrolling in this class. All students will be required to sign a waiver of liability. There will be a \$75 material fee (Section A) and \$95 material fee (Section B) payable to the instructor at the first class to cover the drum heads replacement.

SECTION A *(Open to ALL Students)*

4 wks / June 9–June 30

Wednesday / 8–10 p.m.

Palo Alto HS Student Center / \$40 *(plus \$75 materials fee)*

SECTION B *(Open to ALL Students)*

5 wks / July 7–August 4

Wednesday / 8–10 p.m.

Palo Alto HS Student Center / \$50 *(plus \$95 materials fee)*

TAIKO: INTERMEDIATE *(In-Person Classes)* *(Classes limited to 24 students)*

Instructor: Kensuke Sumii, info@drumrevolution.com

Prerequisite: Age 15+

This course is for individuals with advanced knowledge and understanding of Taiko. The class will improve the student's power, speed, rhythm, and other important aspects of drumming skills. This course requires individual discipline to formulate group uniformity, which leads to sound unity, as well as physical strength. Everybody is required to have appropriate Bachi, which are available from the instructor. New students must audition before registering for class. NOTE: Taiko is a physical activity requiring fitness and stamina. It requires peak physical conditioning and flexible joints and muscles. Individuals with physical concerns should check with their physician before enrolling in this class. All students will be required to sign a waiver of liability. There will be a \$75 material fee payable to the instructor at the first class to cover the drum heads replacement.

SECTION A

4 wks / June 8–June 29

Tuesday / 8–10 p.m.

Palo Alto HS Student Center / \$40 *(plus \$75 materials fee)*

SECTION B

4 wks / July 13–August 3

Tuesday / 8–10 p.m.

Palo Alto HS Student Center / \$40 *(plus \$75 materials fee)*

HEALTH AND FITNESS

ZUMBA (In-Person Class)

Instructor: Amy Chan, ilovemytwins@gmail.com

Prerequisite: None

Calling all active people! Enjoy dance fitness choreography with Latin and International rhythms. No partner required. Come join the party and be sure to bring a water bottle to class!

6 wks / June 10–July 15

Thursday / 9:30–10:30 a.m.

Palo Alto HS Student Center / \$56

ZUMBA TONING (In-Person Class)

Instructor: Amy Chan, ilovemytwins@gmail.com

Prerequisite: None

Combine Latin and International rhythms in an effective and fun workout to burn calories and improve cardiovascular health! Toning is the perfect way to sculpt your body naturally while having fun. Be sure to bring a set of light hand weights (1-2lbs) and a water bottle to class.

6 wks / June 8–July 13

Tuesday / 9:30–10:30 a.m.

Palo Alto HS Student Center / \$56

NEW

ZUMBA GOLD®

Instructor: Blanca Herrera, blanca.h@paadultschool.org

Prerequisite: None

Zumba Gold® is specifically designed to take the exciting Latin and international dance rhythms created in the original Zumba Program and bring them to anyone that may need modifications for success. The Zumba Gold program creates a party-like atmosphere. It is exhilarating, easy and effective. Let's dance!

6 wks / June 9–July 14

Wednesday / 5:30–6:30 p.m.

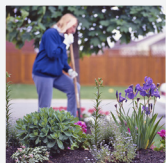
LIVE ONLINE / \$56

HOME AND ENVIRONMENT

GARDENING IN SUMMER

Instructor: Sherri Bohan, sbohan@pausd.org

Prerequisite: None



Enjoy caring for your summer garden. Summer is when you start your fall vegetable garden. Use the latest in proper techniques and organic treatment for insects and plant disease and water-wise problems. You can have a wonderful garden this summer and into fall and winter. For all levels of gardening experience. Flowers, kitchen gardens, herbs, lawns, natives and much more will be covered. The instructor has been teaching organic (sustainable) gardening classes for 25 years and has over 40 years of professional experience in local residential garden maintenance, construction, irrigation, soil, consultation and design. Textbook: Optional – to be discussed in class - (*2001 Sunset Western Garden Book*).

6 wks / June 9–July 14

Wednesday / 10 a.m.–12 noon

LIVE ONLINE / \$40*

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- Quickbooks 2019
- Using Social Media in Business

To sign up and view more courses that interest you, please visit our Online Instruction Center:
www.ed2go.com/paloalto or call the Palo Alto Adult School: (650) 329-3752
New course sessions begin monthly.

PARENTING AND FAMILY *

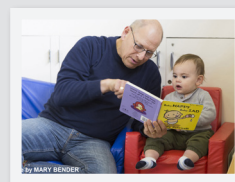
For 75 years, we have offered preschool programs organized primarily for parent education. Parents develop a deeper understanding of early childhood development and parenting skills through adult discussion classes, formal and informal observations, and community exchanges. Our unique participatory structure allows parents to be involved in their children's preschool education.

PRESCHOOL FAMILY 2021 AT GREENDELL

4120 MIDDLEFIELD ROAD • PALO ALTO, CA 94303-4741
INSTRUCTOR: PRESCHOOL FAMILY STAFF

PreSchool Family is a parent education, parent participation program serving families with children from birth through five years. The program is designed to offer parents an opportunity to learn about parenting and to actively participate in their child's education. For children, the program offers a developmentally appropriate, play-based, educational experience.

For class availability, program information and registration, visit PreSchool Family at Greendell:
(<https://greendell.pausd.org/programs/preschool-family>).



WORLD LANGUAGES

CHINESE ORAL AND WRITING SKILLS

Instructor: Lucia Wu, www.pausd.org

Prerequisite: Able to use Chinese phonetics or characters to write a paragraph of 50 words in proper Chinese grammar



This class welcomes students of different levels who have a long term goal to use Chinese in their lives. Students at similar levels will be paired up in online groups to complete their parts of the class project. Topics will be discussed in the class.

Required textbook (*Chinese Express*) can be purchased in the Adult School office.

10 wks / June 7–August 12

Monday *AND* Thursday / 4:30–6:30 p.m.

LIVE ONLINE / \$184

CHINESE: EFFICIENT PRONUNCIATION

Instructor: Lucia Wu, www.pausd.org

Prerequisite: None

Recognize the phonetics, master the tones and converse with accurate pronunciation are crucial to the success of effective communication. Chinese is one of the most difficult and most popular languages in the world. This class is designed for students of any level who aim for accurate pronunciation. Whole set of Chinese phonetics will be introduced. Tongue twisters and listening exercises will be used every meeting to reinforce the accuracy of pronouncing different phonetic elements and tones. Non-native, Cantonese or any Chinese dialect speakers are welcomed! Only reading homework will be assigned.

10 wks / June 10–August 12

Thursday / 2–4 p.m.

LIVE ONLINE / \$92

NEW

FRENCH IN SONG

(Class Limited to 10 Students)

Instructor: Mireille Belloni, mbelloni@pausd.org

Prerequisite: Intermediate level

A relaxed class where you will listen to and (maybe) sing French songs, and use them as a tool to review or learn vocabulary, linguistic expressions, grammar and cultural elements. Practice your listening skills and oral and written comprehension through a series of exercises that we will do together in class. Preparation: a short article, text, or poem, relevant to the topic of the song. No textbook required.

2 wks / June 21–July 1

Monday *AND* Thursday / 12 noon–1:30 p.m.

LIVE ONLINE / \$55

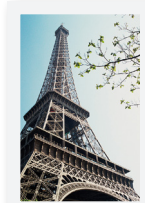
NEW

FRENCH GRAMMAR REVIEW

(Class Limited to 10 Students)

Instructor: Mireille Belloni, mbelloni@pausd.org

Prerequisite: Intermediate to high intermediate



Is your level of French functional, but you still stumble when it comes to complex sentences? Then this review class is for you! You'll have the opportunity to perfect your command of hypothetical clauses, review the conditional and subjunctive moods, and verb-tense changes in indirect speech. Preparation: reading short texts,

doing grammar exercises, and writing short paragraphs.

No textbook required.

6 wks / June 8–July 13

Tuesday / 6–7:30 p.m.

LIVE ONLINE / \$83

NEW

WORLD LANGUAGES

JAPANESE CONVERSATION

Instructor: Kumiko Sakamoto, ksakamoto@pausd.org

Prerequisite: Japanese I

This intensive conversation class is designed for high school students and students who have completed Japanese 1, but cannot speak spontaneously enough. Emphasis is put on collaborative work in pairs and groups to expand speaking skills during class. Instructor will facilitate and pick relevant topics for discussions to create a comfortable class environment. You will compare and contrast Japanese culture with your own culture, personal experiences, and express your opinions and critical thinking at the end of each discussion. You will cover grammar and vocabulary in the conversation lessons and will also focus on informal (or casual) speech for skills expansion. To help accommodate different learning styles, the class will incorporate various learning methods by using technology and authentic online materials. No textbook required.

8 wks / June 9–July 28

Wednesday / 10:30–11:30 a.m.

LIVE ONLINE / \$74

SPANISH: BEGINNING

Instructor: Leonardo McCord Salazar, lmccord@pausd.org

Prerequisite: Levels 2, 3, and 5: previous level

Learn the essentials of Spanish grammar from a native speaker, and develop the four language skills in meaningful contexts. Topics included will be useful for parents with children in Spanish Immersion classes. You will be able to participate actively in simple conversations with your children. Required textbook can be purchased in the Adult School office.

Levels 1 & 4 will not be offered during summer quarter.

SECTION A (Level 2)

6 wks / June 7–July 12

Monday / 6–8 p.m.

LIVE ONLINE / \$110

SECTION B (Level 3)

6 wks / June 10–July 15

Thursday / 1–3 p.m.

LIVE ONLINE \$110

SECTION C (Level 5)

6 wks / June 8–July 13

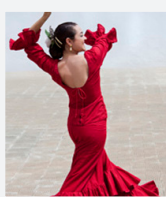
Tuesday / 1–3 p.m.

LIVE ONLINE / \$110

SPANISH: HIGH INTERMEDIATE

Instructor: Leonardo McCord Salazar, lmccord@pausd.org

Prerequisite: Three quarters of low intermediate Spanish or equivalent



Learn the fine points of Spanish grammar and the multiple uses of the subjunctive mood in this engaging course. Read, translate, and discuss a masterpiece of Spanish, Latin-American, or Chicano literature. Required textbook can be purchased in the Adult School office.

6 wks / June 9–July 14

Wednesday / 6–8 p.m.

LIVE ONLINE / \$110

SPANISH: ADVANCED CONVERSATION AND LITERATURE

Instructor: Leonardo McCord Salazar, lmccord@pausd.org

Prerequisite: Advanced Spanish skills

Converse with other students in Spanish, and read contemporary Spanish or Latin-American plays, novels, or short stories. Repetition of the course is encouraged, as new literature is introduced every quarter. Required textbook can be purchased in the Adult School office.

6 wks / June 9–July 14

Wednesday / 3–5 p.m.

LIVE ONLINE / \$110

NEW TEACHERS WELCOME!

If you would like to become an Adult School instructor, please send an email to adultschool@pausd.org for an application. Specific teaching credentials are required for certain subjects, but not for all. For more information on how to apply, please visit

PAAadultschool.org/new-instructors-welcome

ADULT SCHOOL INFORMATION

ELIGIBILITY

All persons over the age of 18 are eligible for all Adult School classes with no residency restrictions.

REFUNDS

- ★ Refund of fees will only be given if requested at least 72 hours before the first class meeting. Please cancel at least five days before a Cooking class. There is a \$15 fee for cancellations. Please choose your classes carefully.
- ★ We are sorry we cannot accept medical, business travel or other reasons.
- ★ Full refunds will be given automatically if the Adult School cancels a class.
- ★ Deposits and tuition for parent education classes are entirely non-refundable.
- ★ Textbooks are non returnable.

CERTIFICATE OF COMPLETION

A certificate of completion and/or a letter stating participation in any Adult School class will be given to any student upon request to the office and verification of attendance.

TOBACCO-FREE SCHOOL DISTRICT PROPERTY

Smoking and the use of tobacco products by all persons is prohibited on Palo Alto Unified School District property and at district-sponsored events.

SEXUAL HARRASSMENT POLICY

It is the policy of the Palo Alto Unified School District to provide a school environment free from all forms of harrassment, including sexual harrassment, and to maintain an environment in which all students and staff model this behavior and are treated with dignity and respect. Please see the district website for complete information: <<https://www.pausd.org/about-us/policies-procedures/title-ix-office>>.

UNIFORM COMPLAINT PROCEDURES

The Palo Alto Unified School District maintains a uniforms complaint procedure. Please visit the district website for complete information. <<https://www.pausd.org/about-us/policies-procedures/formal-complaint-procedures>>.

CONTACT INFORMATION

Mail: Palo Alto Adult School
50 Embarcadero Road
Palo Alto, CA 94301

Phone: (650) 329-3752
Fax: (650) 329-8515
Email: adultschool@pausd.org

SUMMER QUARTER OFFICE HOURS

Monday through Thursday 8 a.m.—4 p.m.
Friday Closed

WAYS TO REGISTER

PHONE

(650) 329-3752

EMAIL

adultschool@pausd.org

WEBSITE

paadultschool.org

RECEIPTS/CONFIRMATIONS

If you need a receipt or a confirmation please email adultschool@pausd.org. You will be notified if a class is full.

REGISTER EARLY

Register today to secure your place in our most popular classes. If minimum enrollments are not met, classes will be canceled and a full refund will be processed. Refunds are given up to 72 hours before the first class meeting.

NEED HELP? PLEASE EMAIL

adultschool@pausd.org

IN-PERSON CLASSES RETURNING FALL 2021*

- Acrylic Oil Painting
- Birding: Master Class
- Citizenship
- Creative Writing
- Crochet
- Fundamentals of Writing (*Evening Classes*)
- Ikebana
- Knitting
- Odaiko
- Photography: Advanced Darkroom
- Piano: All Levels
- Sewing
- Taiko
- TOEFL
- Upholstery
- Woodworking: All Levels

** Pending Covid-19 restrictions*

CHECK WEBSITE FOR UPCOMING FALL 2021 REGISTRATION INFORMATION

This schedule is valid through July 31, 2021.

Additional information, materials lists, and schedule changes are posted on our website.

PAAAdultSchool.org

MISSION AND SCHOOLWIDE LEARNER OUTCOMES (SLOs)

MISSION

Palo Alto Adult School is committed to excellence in providing a broad range of accessible and flexible educational programs that enable our diverse community of adult learners to achieve their academic, career, and personal goals.

SCHOOLWIDE LEARNER OUTCOMES (SLOs)

SET GOALS

Students will assess their own needs and identify their academic, career, and/or personal goals.

- With guidance, develop and communicate plans to achieve their goals.
- Be self-directed learners who learn independently and collaboratively in a diverse environment.

ACHIEVE SKILLS

Using a variety of methods, technology and resources, students will acquire knowledge and skills.

- Develop and apply critical thinking skills.
- Obtain academic and career skills for life and workforce readiness.

DEMONSTRATE LEARNING

Students will apply their acquired core knowledge and skills appropriate to their goals.

- Advance to post-secondary education or training.
- Contribute to personal enrichment and the community.
- Demonstrate 21st century skills including critical thinking, communication, collaboration, and creativity.

PLEASE VISIT OUR WEBSITE FOR ADULT SCHOOL LOCATION MAPS:
paadultschool.org/about/locations

REGISTRATION FORM

Please Print

Palo Alto Adult School
50 Embarcadero Road
Palo Alto, CA 94301
(650) 329-3752

Register online: www.paadultschool.org
or Fax: (650) 329-8515

Year: _____

Quarter: ☐ Winter ☐ Spring
☐ Summer ☐ Fall

Registration Date: _____

Name: _____
(Last) (First) (Middle)

Address: _____
(No.) (Street) (Apt.) (City) (Zip)

Home Phone: _____ Work Phone: _____

Email: _____

Start Date: _____ ☐ New Student ☐ Returning Student Date of Birth: _____ ☐ M ☐ F

Class Name	M	T	W	Th	F	S	Instructor	Time	Location	Fee

Type of Payment: ☐ Check ☐ Cash ☐ Visa ☐ M/C ☐ No Fee

Credit Card Number: _____ Expiration Date: _____

How did you find out about this class? _____