



PALO ALTO ADULT SCHOOL

2022 Summer Quarter Schedule

**Registration Begins
May 6, 2022!**

**PAAdultSchool.org
adultschool@pausd.org**



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2022 SUMMER CALENDAR

REGISTRATION FOR SUMMER QUARTER BEGINS // MAY 6, 2022

SUMMER QUARTER TERM // JUNE 6–JULY 15, 2022

HOLIDAYS–NO CLASSES // JULY 4, 2022

PAAAdultSchool.org // adultschool@pausd.org

****FREE** INTRODUCTORY CLASSES**

In recognition of our recent Centennial, Palo Alto Adult School is offering free introductory classes in some of our popular programs. *Help us Celebrate 100 years!*



***** BACK BY POPULAR DEMAND! *****

FREE CLASS—LEARN ABOUT TEACHING AN ADULT SCHOOL CLASS

Instructor: Tom Keating, Principal, tkeating@pausd.org

Prerequisite: None

The Palo Alto Adult School offers our community members the opportunity to share their passion and insight to teach courses to fellow adults. Is there a topic or skill you would like to teach? Computers, Language Arts, Physical Ed, Music, Arts and Crafts, Cooking, Environmental, Business and more... Come attend a free information session to learn more about teaching PAAS courses in the Community Education and English as Second Language programs. Take the in-person class or the online (via Zoom) class.

SECTION A

One Session / June 13

Monday / 7–8 p.m.

Palo Alto HS Rm 33 / No Fee

OR

SECTION B

One Session / June 15

Wednesday / 7–8 p.m.

LIVE ONLINE / No Fee



FREE CLASS—HOW TO DRAW A TREE

Instructor: Robert Schick, rschick@pausd.org, (650) 947-4983

Prerequisite: None



This will be a one night drawing session where you learn how to draw a tree. Bring a: pencil, sheet of white paper (8 1/2" x 11" or larger), scratch paper, and an eraser. This lesson will give you an insight to my *Drawing with Color* class that starts the following week.

One Session / June 2

Thursday / 6:30–8:30 p.m.

Palo Alto HS Rm 106 / No Fee

FREE CLASS—FINGER KNITTING WORKSHOP

Instructor: Paola Trombetta, ptrombetta@pausd.org

Prerequisite: None

You will learn the art of finger knitting without any tools! All the stitches are even, and you will do *knits* and *purls* during the workshop. You will enjoy the class and be able to complete a small project—all levels are welcome! There is a \$10 materials fee payable to the instructor.

One Session / June 2

Thursday / 5:30–6:30 p.m.

Palo Alto HS Rm 1707 / No Fee

FREE CLASS—INDIAN SPICES 101

Instructor: Jonake Bose, Jonakeandyuti@gmail.com

Prerequisite: None

If you've never cooked Indian food at home, learn the basics of Indian spices as a first step. Our *FREE Spices 101* class is the perfect introductory session that will get you ready to cook up a variety of tasty Indian dishes. This brief intro to Indian spices will answer all your 'spicy' questions!

One Session / June 6

Monday / 7–8 p.m.

Palo Alto HS Rm 103 / No Fee

ARTS AND CRAFTS

DRAWING WITH COLOR

Instructor: Robert Schick,
rschick@pausd.org, (650) 947-4983

Prerequisite: None

This class is for beginners and experienced artists wanting to learn how to combine color with tonal rendering of observed objects. Butterflies and flowers will be our inspiration. Bring a #2 pencil, white paper, eraser, and a printout of the class supply list for the first day of class. See the website for the supplies list.

6 wks / June 9–July 14
Thursday / 6:30–8:30 p.m.
Palo Alto HS Rm 106 / \$111

WATERCOLOR

Instructor: Robert Schick, rschick@pausd.org, (650) 947-4983

Prerequisite: Beginning drawing recommended

Explore experimental watercolor painting techniques: wet-into-wet, stamping, embossing, dry brush.... Subjects include figure and landscape. Experienced watercolor students may work independently. Bring a #2 pencil, white paper, and a printout of the class supply list for the first day of class. See the website for the supplies list.

6 wks / June 7–July 12
Tuesday / 6:30–8:30 p.m.
Palo Alto HS Rm 106 / \$111



LEARN TO CROCHET

Instructor: Paola Trombetta

Prerequisite: None



Learn to chain, single and double crochet, create tri-dimensional forms, and read patterns. This class will work for you regardless of your

skill level and you will enjoy it! Materials to bring to class:
1 ball of worsted weight yarn plus a size 'H' crochet hook.

6 wks / June 8–July 13
Wednesday / 5:30–6:30 p.m.
Palo Alto HS Room 1707 / \$56

KNITTING

Instructor: Paola Trombetta

Prerequisite: None

Knitters of all abilities are welcome! Learn basic and advanced skills in this fun and collaborative knitting workshop. Beginners learn to read pattern books, and/or design and create their own knitted garment and gifts. Advanced knitters, master your techniques and bring projects you are currently working on.

6 wks / June 8–July 13
Wednesday / 6:30–8:30 p.m.
Palo Alto HS Room 1707 / \$111



Study In-person — or Study Online!

For the summer 2022 quarter, our staff is conducting in-person classes, as well as online classes via Zoom.

We will provide easy Zoom access and user instructions once you register.

Many additional online classes (outlined in this catalog and on our website) are available via our partner, ed2go.com/paloalto.

BIRDING AND NATURE

ARMCHAIR BIRDING

Instructor: Larry Spivak, lspivak@pausd.org

Prerequisite: None

Want to see all the birds in the United States but hate to travel? Then pull your chair up to the screen and travel with the instructor to see many of them without a boarding pass! We will go to Arizona, the Rio Grande Valley in Texas, the Gulf Coast, and make our way through New York and Central Park. You will also look for warblers in the east coast and follow a young man on a Big Year as he travels all over North America seeking birds.

6 wks / June 16–July 21

Thursday / 7–9 p.m.

LIVE ONLINE / \$111

NEW

BIRDING BASICS

Instructor: Larry Spivak, lspivak@pausd.org

Prerequisite: None

Do you like to look at birds in your backyard or when you are out walking, but would like to know who they are? Join your neighbors here and learn how to identify birds with a step by step process that will help you find them in an identifier long after the birds have flown away. Learn the language of bird watching and discover why so many people are passionate about this activity. Fieldtrips: TBD.

6 wks / June 14–July 19

Tuesday / 7–9 p.m.

LIVE ONLINE / \$111

CAREER TRAINING

VOICE-OVERS: NOW IS *YOUR* TIME!

Instructors: Lisa Foster, tarah@suchavoice.com

Prerequisite: None



In what could be the most enlightening webinar you've ever taken, our instructor and professional voice coach will show you how you can actually begin using your speaking voice for

commercials, films, videos, and more. You will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for. In addition to online instruction, you will be given the opportunity to book a 1-on-1 script read and voice evaluation via telephone with your instructor for the following day. This class will be presented via Zoom, you will receive a link the 24 hours prior to the class.

One Session / June 16

Thursday / 6–8 p.m.

LIVE ONLINE / \$50

WORK READINESS: JOB SEARCH SKILLS— LEARN NEW SKILLS FOR GETTING A JOB

Instructor: Kathilynn Lehmer, pajoblink.lehmer@yahoo.com

Pack your job search tool box with new strategies for getting a job by joining this work readiness program. Prepare a powerful resume and cover letter, create a LinkedIn Profile, develop networking and interviewing skills, and learn new job hunting strategies. Sessions take place in person or via zoom depending upon the student's preference. There is no fee and the course is open-entry—start anytime. Job seekers will attend an average of 12 individualized job coaching sessions to identify employment opportunities and resources, identify job search needs, develop job search skills, and create an employment portfolio. For more information and to find out how to register, send an email to Kathilynn Lehmer at pajoblink.lehmer@gmail.com.

*** COVID-19 UPDATE **

The Adult School will follow classroom guidelines for in-person instruction as outlined by the Palo Alto Unified School District.

For updated information, please visit <https://www.paadultschool.org/>.

CAREER TRAINING

12 STEPS TO A SUCCESSFUL JOB SEARCH

(Online Class: ed2go.com/paloalto**)**

Instructor: Todd Bermont (ed2go Instructor)

Prerequisite: None

Learn how to get the job you want quickly, easily, and in any economy from a world-renowned author and career advisor. Receive complete step-by-step instructions on how to identify and land the job that is best for your needs. Learn how to build rapport with any interviewer, both verbally and non-verbally, while mastering the six phases of a successful job interview. This motivational course will increase your confidence, and provide you with the foundation you need to get the job you want! To register, visit our website (*Career Training*).

6 Weeks Access / 24 Course Hours

Starts: May 18 | Jun 15 | Jul 13

ONLINE (not live) / \$115

RESUME WRITING WORKSHOP

(Online Class: ed2go.com/paloalto**)**

Instructor: Stephanie Donaldson (ed2go Instructor)

Prerequisite: Experience with any version of Microsoft Word

Transform your resume into a powerful tool that will help you get interviews. Create an effective resume or improve the one you already have. This course is invaluable to anyone who wants to improve their resume as it will introduce you to different formats, help you make the most of your work experience, and teach you how to use a reference to your advantage. To register, visit our website (*Career Training*).

6 Weeks Access / 24 Course Hours

Starts: May 18 | Jun 15 | Jul 13

ONLINE (not live) / \$115

CAREER TRAINING: *ADVANCED CERTIFICATE PROGRAMS*

Online career training courses can prepare you for a new career or help you advance within your current occupation. Introducing 397 new Advanced Career Training courses. Learn new skills and prepare for industry-recognized certifications. Curriculum, course details, and prices can be found at paadultschool.org/CTE.

CERTIFIED CLINICAL MEDICAL ASSISTANT (GES180)

(Online Class: ed2go.com/paloalto**)**

Instructor: Nancy Smith (ed2go instructor)

Prerequisite: None

In this course, you will learn medical terminology, medical law and ethics, HIPAA rules, scheduling systems, patient check-in and check-out, and more! This 100% online course will prepare you to work as a Certified Clinical Medical Assistant (CCMA), designated by the National Healthcare Career Association (NHA). For pricing, details, and to register, visit our website (*Career Training*).

12 Months / 540 Course Hours

Start Anytime

ONLINE (not live)

paadultschool.org/CTE

CERTIFIED PHYSICAL THERAPY AIDE (GES189)

(Online Class: ed2go.com/paloalto**)**

Instructor: Holly Trimble

Prerequisite: None

This 100% online course will teach you the concepts, skills and practices to become a certified physical therapy aide. Upon successful completion, you will be eligible to take the American Medical Certification Association's (AMCA) Physical Therapy Technician/Aide certification exam. Certification test voucher included. For pricing, details, and to register, visit our website (*Career Training*).

9 Months / 190 Course Hours

Start Anytime

ONLINE (not live)

paadultschool.org/CTE

COMPUTER SKILLS

INTRODUCTION TO QUICKBOOKS ONLINE

(****Online Class: ed2go.com/paloalto****)

Instructor: Scott Paxton (ed2go Instructor)

Prerequisite: None

Manage the financial aspects of your small business quickly and efficiently using QuickBooks Online. Learn to use key features of QuickBooks Online and gain hands-on experience creating invoices, receipts, and statements; track payables, inventory, and receivables; generating reports; and more. Whether you're new to QuickBooks or need a quick refresher, this course will empower you to take control of your business financial accounting. To register, visit our website (*Computer Skills*).

6 Weeks Access / 24 Course Hours

Starts: May 18 | Jun 15 | Jul 13

ONLINE (not live) / \$115

KEYBOARDING

(****Online Class: ed2go.com/paloalto****)

Instructor: Kathy Van Pelt (ed2go Instructor)

Prerequisite: None

Become faster and more confident at the keyboard! You'll use the *Keyboarding Pro 5* program, a typing tutorial designed for personal computers, to learn how to touch-type—that is, to type text from a printed page or a computer screen without looking at your keyboard. By the end of the course, you'll know how to touch-type the alphabetic, numeric, and symbol keys; create, save, and edit word processing documents; and successfully take a timed writing test during a job interview. To register, visit our website (*Computer Skills*).

6 Weeks Access / 24 Course Hours

Starts: May 18 | Jun 15 | Jul 13

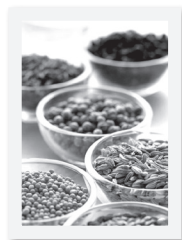
ONLINE (not live) / \$100

COOKING

COOK AN AUTHENTIC INDIAN MEAL IN AN HOUR!

Instructor: Jonake Bose, Jonakeandyuti@gmail.com,
<https://jonakeandyuti.weebly.com/>

Prerequisite: None



Enjoy Indian food but tired of eating out? Learn how to cook a quick authentic healthy Indian meal. Learn about roasting, blending and tempering spices so you can make your own healthy dishes with ingredients from your local grocery store. We will prepare a delicious meal and enjoy it together.

One Session / See dates below

Monday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$50 per session

DATES:

- June 13
- June 27
- July 11

LUSCIOUS, LOW-FAT, LIGHTNING-QUICK MEALS

(****Online Class: ed2go.com/paloalto****)

Instructor: Donna Acosta (ed2go Instructor)

Prerequisite: None

Learn how to reduce fat in recipes without sacrificing flavor or texture. Explore how to use flavor profiling to expand your culinary horizons. Learn how to prepare casseroles, crock-pot dishes, vegan dishes, oven-fried foods, meat-based meals, and many other entrees that are both nutritious and delicious! Discover tips for grocery shopping, menu planning, food preparation, and quicker cooking. To register, visit our website (*Cooking*).

6 Weeks Access / 24 Course Hours

Starts: May 18 | Jun 15 | Jul 13

ONLINE (not live) / \$100

ENGLISH AS A SECOND LANGUAGE (ESL)

ESL FALL QUARTER 2022 — TO BE ANNOUNCED / PLEASE CHECK WEBSITE FOR DATES

The Palo Alto Adult School ESL program offers many classes to help you meet your English learning goals. To enter our free classes, new students must register for a placement test. There is no childcare for the test or the classes.

Enrollment Policies

- Students must be able to attend the full 8 weeks.
- Students will be required to buy a textbook for the class.
- Students who leave before the end of a session may not return until the next session, and must pay a \$20 re-entry fee.
- There is no childcare.

PLEASE CHECK WEBSITE FOR UPCOMING TESTING DATES AND TIMES:
<https://paadultschool.org>

* PRE-LITERACY *

- **Do you know anyone who cannot read and write in their first language and/or English?**
Please email adultschool@pausd.org for information on our ***Pre-Literacy*** class.
- **¿Conoce a alguien quien quiere aprender a leer en Inglés?**
Por favor envíe un correo electrónico a adultschool@pausd.org para más información.

BE A VOLUNTEER ESL TUTOR *Help Someone Learn English*

Set aside two hours a week to help wonderful people at a crucial moment in their lives. Work one-on-one with a student or work with a teacher in a classroom. You do not have to speak a foreign language or have teaching experience. Free training and ongoing support will be provided.

For information about our volunteer tutor program,
please contact ESL Volunteer Tutor Manager, Ellen Spector: elspector@pausd.org

ENGLISH ENRICHMENT

AMERICAN IDIOMS 101

Instructor: Simone Wojtowicz, swojtowicz@pausd.org
Prerequisite: For intermediate high to advanced English language learners

This class is ideal for students who want to develop their reading, listening, speaking and writing skills while becoming familiar with many useful English expressions. Do you want to increase your vocabulary? Improve your TOEFL score? Use idioms in conversation? We will dissect the top 300 idioms used on the TOEFL test in addition to discussing metaphorical language. No textbook required.

4 wks / June 7–June 28
Tuesday / 10 a.m.–12 noon
Location TBD / \$64

ADVANCED CONVERSATION

Instructor: Simone Wojtowicz, swojtowicz@pausd.org
Prerequisite: For advanced English language learners

This class is ideal for students who want to improve their English skills while discussing current affairs. Speaking, listening, comprehension, pronunciation, reading, vocabulary, and a greater understanding of American culture are incorporated into each class. We will investigate and discuss a variety of topics. No textbook required.

4 wks / June 8–June 29
Wednesday / 10 a.m.–12 noon
Location TBD / \$64

GENERAL INTEREST

AROUND THE WRITER'S BLOCK!

Instructors: Chana Feinstein, cfeinstein@pausd.org
Prerequisite: None

Do you want to write creatively? Or write more happily and easily? Join a fun, encouraging workshop and learn research-based techniques to start or increase your writing. Supportive group learning taught by a formerly blocked writer. Participate in in-class exercises. From freewriting to productive daydreaming, learn what works for you.

6 wks / June 6–July 11
Monday / 7–9 p.m.
LIVE ONLINE / \$96

CREATIVE WRITING

Instructors: Chana Feinstein, cfeinstein@pausd.org
Prerequisite: None

Learn to be a better writer! Share your ideas, feelings, and experiences with others. Express yourself through poetry, memoir, short stories, essays, creative non-fiction or whatever you prefer. This workshop encourages you to present your work and receive constructive feedback in a helpful, supportive environment.

SECTION A

6 wks / June 8–July 13
Wednesday / 1–3:30 p.m.
LIVE ONLINE / \$65*

SECTION B

6 wks / June 9–July 14
Thursday / 6–8:30 p.m.
LIVE ONLINE / \$65*

VOICE-OVERS: NOW IS *YOUR* TIME!

Instructors: Lisa Foster, tarah@suchavoice.com
Prerequisite: None



In what could be the most enlightening 2 hours you've ever spent, this class will show you how you can actually begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for! This class will be presented via Zoom, you will receive an emailed link 24 hours prior to the class.

One Session / June 16
Thursday / 6–8 p.m.
LIVE ONLINE / \$50

* Partially or fully state-funded

HEALTH AND FITNESS

ABS AND BOOTY BUSTER

Instructors: Amy Chan, achan@pausd.org

Prerequisite: None

After one session of Abs and Booty BUSTER, we guarantee you'll see results! Designed to strengthen and tone your core, glutes, and back. This class is a super effective 45 mins workout that will transform your body! Come join the fun with our fitness instructor Amy Chan and get into shape for the summer! Bring a yoga mat, 3-5lbs weights, stretching band, and water bottle.

6 wks / June 6–July 15 (*No class July 4*)

Monday/Wednesday/Friday / 12 noon–12:45 p.m.

Cubberley Rm M4 / \$99

AIKIDO

Instructors: Fushan Yuan, fyuan@pausd.org

Prerequisite: None



Train mind and body in the dynamic art of Aikido with Hombu Dojo's Shiohira Shihan, 7th Dan, and senior students. The Japanese martial art of Aikido is a comprehensive system of throwing, joint locking, striking and pinning techniques that foster strength, flexibility, presence of mind, and cooperative movement. We practice to improve awareness and work on conflict de-escalation within

and around ourselves. Training Aikido provides an opportunity to find grounding in today's hectic world. Learn to relax in the face of stress, ground yourself during anxiety, and gain tools to move through the world with confidence.

6 wks / June 7–July 16

Tuesday *AND* Thursday / 6:30–8 p.m.

AND

Saturday / 10–11 a.m.

Cubberley Rm M4 / \$101

BASIC PHYSICAL SELF DEFENSE

TACTICS TRAINING

Instructor: Matt Wong, shibamartialarts@gmail.com

Prerequisite: None

Acquire and practice basic physical self-defense tactics to enhance your personal safety. Techniques will focus on being practical, effective, and without the use of weapons.

4 wks / June 12–July 3

Sunday / 9–10 a.m.

Palo Alto HS Wrestling Room / \$60

ODAIKO (*Open to Continuing Students*)

Instructor: Kensuke Sumii, info@drumrevolution.com

Prerequisite: Age 15+; Students must also be currently enrolled in Taiko: I class

This class is designed for individuals with advanced knowledge and understanding of Taiko, and stamina to hit Odaiko (big Taiko) for one hour. It requires peak physical conditioning and flexible joints and muscles. Odaiko will help you build up stamina, rhythmic competence and speed to hit Taiko. New students must audition before registering for class. Please contact the instructor prior to registration. All equipment – including drums and sticks – are provided. There will be a \$30 materials fee payable to the instructor at the first class to cover the drum heads replacement. NOTE: You must currently be enrolled in Taiko I to register for this class.

6 wks / July 10–August 21 (*No class August 7*)

Sunday / 7–8 pm

Palo Alto HS Student Center / \$30 (*plus \$30 materials fee*)

TAI CHI: CHEN STYLE

Instructor: Lisette Yung, cyung@pausd.org

Prerequisite: None

Learn the traditional Chen Style first form (Taijiquan). Practice the continuous movements which helps develop balance, body coordination and strength and the understanding of basic Tai-Chi principals. Improve mind, health, body alignment and daily movement.

4 wks / June 8–June 29

Wednesday / 6:30–7:30 p.m.

Palo Alto HS Student Center / \$37

HEALTH AND FITNESS

TAIKO I (*Open to all students*)

Instructor: Kensuke Sumii, info@drumrevolution.com

Prerequisite: Age 15+



Taiko is the art of Japanese drumming, which develops self-expression and musical creativity. This course engages in Uchikomi based practice. You should have a sense of rhythm and/or stamina to hit drums for two hours.

All equipment – including drums and sticks – are provided.

NOTE: Taiko is a physical activity requiring fitness and stamina. It requires peak physical conditioning and flexible joints and muscles. Individuals with physical concerns should check with their physician before enrolling in this class. All students will be required to sign a waiver of liability. There will be a \$110 materials fee payable to the instructor at the first class to cover the drum heads replacement.

6 wks / July 13–August 24 (*No class August 10*)

Wednesday / 8–10 p.m.

Palo Alto HS Student Center / \$60 (*plus \$110 materials fee*)

ZUMBA

Instructor: Amy Chan, achan@pausd.org

Prerequisite: None

Learn different dance styles including: Tango, Flamenco, Cha Cha Cha, Salsa, K-Pop, Bollywood, Belly Dancing and more! Zumba helps improve your balance, coordination and memory. No partner required. Come join the party and make new friends! Bring a water bottle to class.

5 wks / June 6–July 11 (*No class July 4*)

Monday / 6:30–7:30 p.m.

Cubberley Rm M4 / \$46

ZUMBA TONING

Instructor: Amy Chan, achan@pausd.org

Prerequisite: None

Combine Latin and International rhythms in an effective and fun workout to burn calories and improve cardiovascular health! Toning is the perfect way to sculpt your body naturally while having fun. Be sure to bring a set of light hand weights (1-2 lbs) and a water bottle to class.

6 wks / June 9–July 14

Thursday / 10–11 a.m.

Cubberley Rm M4 / \$56

HOME AND ENVIRONMENT

ELECTRIC CARS DEMYSTIFIED

Instructor: Jim Barbera, Jane Rosten, and Marc Geller

(EVucation LLC), info@evucation.com,

<http://www.evucation.com>

Prerequisite: None



Are you considering acquiring an electric vehicle (EV) and want real information versus a sales pitch? Come hear from seasoned EV experts. Get questions answered: difference between all-electric and plug-in hybrid EVs; EV charging; range

concerns; buying vs. leasing; new vs. used; environmental, economic, personal benefits of EVs, and more!

One Session / June 16 *OR* July 14

Thursday / 6–8 p.m.

LIVE ONLINE / \$40 per session

GARDENING IN SUMMER

Instructor: Sherri Bohan, sbohan@pausd.org

Prerequisite: None

Enjoy caring for your summer garden. Use the latest in proper techniques and organic treatment for insects and plant disease and water-wise problems. You can have a wonderful vibrant garden this Summer. Start a vegetable garden for fall in summer. For all levels of gardening experience.

6 wks / June 8–July 13

Wednesday / 10 a.m.–12 noon

LIVE ONLINE / \$40*

** Partially or fully state-funded*

MUSIC

INTRO TO GUITAR *(Class limited to 12 students)*

Instructor: Paul J. Prochaska, paul@prochaska.com

Prerequisite: None



Do you want to learn how to play the guitar? It's never too late to begin! All you need is a playable, acoustic, six-stringed guitar, and the motivation to learn and to practice every week. Bring your own guitar.

6 wks / June 8–July 13

Wednesday / 7–8:30 p.m.

Palo Alto HS Rm 1710 / \$83

ODAIKO *(See Health and Fitness, Page 8)*

TAIKO *(See Health and Fitness, Page 9)*

PENINSULA SYMPHONIC BAND

Instructor: Ted Henderson, mrhenderson1962@gmail.com

Experience the thrill of performance in this fully instrumental band for experienced players of wind and mallet-rhythm percussion instruments. Enjoy playing traditional, popular, and classical music. Percussionists and tubists are especially needed. A concert will be given at the end of the quarter, on Sunday, August 21, 2022, at 3 p.m. in the Performing Arts Center at Palo Alto High School, 50 Embarcadero Road, Palo Alto. Admission is Free. NOTE: Before attending the first band practice, applicants must email Ted Henderson at mrhenderson1962@gmail.com, or call him at (408) 910-1830.

9 wks / June 6–August 8 *(No class July 4)*

Monday / 7:30–10 p.m.

Palo Alto HS Rm 109 / \$60



SYMPHONIC BAND SUMMER CONCERT

Conducted By Ted Henderson

- Sunday, August 21, 2022 at 3 p.m.
- Performing Arts Center, Palo Alto High School
- Admission Free — Donations Appreciated

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Convenient
& Affordable

Instructor
Led Format

Online Course
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- Administrative Assistant Fundamentals
- Blogging and Podcasting
- Human Anatomy and Physiology
- Mastering Public Speaking
- Paralegal Preparation I

To sign up and view more courses that interest you, please visit our Online Instruction Center:

www.ed2go.com/paloalto or call the Palo Alto Adult School: (650) 329-3752

New course sessions begin monthly.

PARENTING AND FAMILY

For 75 years, we have offered preschool programs organized primarily for parent education. Parents develop a deeper understanding of early childhood development and parenting skills through adult discussion classes, formal and informal observations, and community exchanges. Our unique participatory structure allows parents to be involved in their children's preschool education.

PRESCHOOL FAMILY

4120 MIDDLEFIELD ROAD • PALO ALTO, CA 94303-4741 • (650) 856-0833

INSTRUCTOR: PRESCHOOL FAMILY STAFF

PreSchool Family is a parent education, parent participation program serving families with children from birth through five years. The program is designed to offer parents an opportunity to learn about parenting and to actively participate in their child's education. For children, the program offers a developmentally appropriate, play-based, educational experience. Parents join their child for one class each week during September–May regardless of the age of the child.

Parent education is the heart of our program and consistent parent participation is required in both the child and the adult classes. We are committed to supporting the welfare of the whole family. Through our program, parents develop a sense of community and strength by working with other parents and their children. We strive to enhance each child's natural curiosity and love of learning.

We provide opportunities for children to master tasks that are appropriate for their individual level of development. Periods of free play are complemented by more structured small and large group activities.

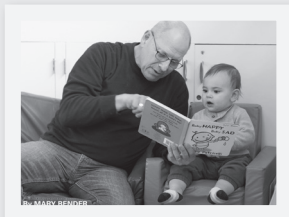
In order to build strong families and communities, PreSchool Family serves parents and young children in a way that nurtures, respects, and educates all families, cultures, and religions. Each child and each parent are treated with respect for their individuality and unique potential.

Programs offered for the 2022-2023 school year:

- **15 Months and Younger Class:** Wednesday 10 a.m.–12 noon
- **12–24 Month Old Class:** Thursday 9:30–11:30 a.m.
- **2–3 Year Old Dinner Class:** Tuesday 4–6 p.m.
- **2 Year Old Class:** Monday and Wednesday 9:30 a.m.–12 noon
- **3 Year Old Class:** Tuesday, Thursday, & Friday 9:15–11:45 a.m.
- **3 Year Old Stay and Play Class:** Tuesday, Thursday, & Friday 9:15–11:45 a.m.
- **4 Year Old Class:** Monday–Thursday 8:30–11 a.m. or 12 noon–2:30 p.m.
- **4 Year Old Stay and Play Class:** Tuesday–Friday 9–11:30 a.m.

All programs include evening parent education classes twice a month.

For the *Stay & Play Classes*, children stay and play in the afternoons while parents attend parent education classes.



For information about Fall 2022 classes and registration

please visit <https://greendell.pausd.org/programs/preschool-family>

Follow PreSchool Family at [Instagram@preschoolfamily](https://www.instagram.com/preschoolfamily) and [Twitter@preschoolfamily](https://twitter.com/preschoolfamily)

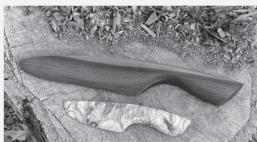
PreSchool Family Phone: (650) 856-0833

WOODWORKING (**ALL WOODWORKING CLASSES LIMITED TO 15 STUDENTS**)

WOODWORKING 3 PROJECT: MAKE A CHEESE KNIFE OR LETTER OPENER

Instructor: Michael Osborne, mo@modsf.com

Prerequisite: Woodworking 1 & Woodworking 2



In this class you will use a combination of power tools and hand tools to make a beautiful wooden cheese knife, butter knife, or letter opener. You will learn how to shape with a rasp, and

work with a variety of stunning hardwoods! There will be a materials fee of \$20 payable to the instructor at the first class meeting.

3 wks / June 7–June 21

Tuesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$83

WOODWORKING 3: ADVANCED POWER TOOLS TECHNIQUES

Instructor: Claude Godcharles, cgodcharles@pausd.org, and Sumit Roy, sroy@pausd.org

Prerequisite: Woodworking 1 & Woodworking 2—NO EXCEPTIONS

Come learn power tool setup and techniques beyond the basics. This class will include short tutorials as well as open shop time to work on your personal project under supervision. This class will help you become proficient at machine setup and operation on your own. Additionally, this class will cover routine care and maintenance on most power tools. Short tutorials on skills, techniques and safety will be given as opportunities present themselves. Students supply their own materials. Storage space for projects is available during the quarter. This class prepares students for Open Shop (Woodworking 4). Textbook: *Woodworking Basics* by Peter Korn (recommended).

6 wks / June 7–July 12

Tuesday / 2–5 p.m.

Palo Alto HS Woodshop / \$166



WOODWORKING 4: ADVANCED – OPEN SHOP

Instructor: Rayan Ghazal, rayan@stanford.edu, and Martin Lastowski, mlastowski@alumni.stanford.edu, and Sharad Patel, spatel@pausd.org

Prerequisite: Three quarters of woodworking classes

Work at your own pace with access to instruction, equipment and advice when you need it. A skills test will be given at the first class. Students supply their own materials. Storage space is available for projects during the quarter. Prior to enrolling, please email the instructor at rayan@stanford.edu.

6 wks / June 8–July 13

Wednesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$166



WORLD LANGUAGES

FRENCH: BEGINNING I

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: None



Bonjour! This class welcomes students with no prior French instruction. You will learn the fundamentals of pronunciation and develop everyday conversational skills with focus on phonetics, sentence structure, grammar, listening, reading, and writing exercises. You will become familiar with the French culture and customs. Textbook: *Dis-moi!*

(ISBN: 0-673-21627-6).

5 wks / June 6–July 11 (*No class July 4*)

Monday / 6–8 p.m.

LIVE ONLINE / \$80

FRENCH: BEGINNING II

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: French Beginning I or equivalent

Bonjour! Enjoy learning French from the comfort of your home! This class welcomes students with some prior French instruction. You will learn the fundamentals of pronunciation and develop everyday conversational skills with focus on phonetics, sentence structure, grammar, listening, reading and writing exercises. You will become familiar with the French culture and customs. Textbook: *Dis-moi!*

(ISBN: 0-673-21627-6)

6 wks / June 7–July 12

Tuesday / 6–8 p.m.

LIVE ONLINE / \$96

FRENCH: HIGH INTERMEDIATE READING AND CONVERSATION (*Class Limited to 12 Students*)

Instructor: Mireille Belloni, mbelloni@pausd.org

Prerequisite: High intermediate French or equivalent

Reading is a great way to expand your knowledge of French. You will use a contemporary French novel as a vehicle for improving your language skills and discover aspects of French-speaking culture. Requirements: This class is aimed at students who can express themselves fairly fluidly in French, can understand complex sentences, have a solid knowledge of past tenses, and enjoy reading fiction in any other language.

6 wks / June 7–July 12

Tuesday / 6–7:30 p.m.

LIVE ONLINE / \$72

6
week

ONLINE COURSES



EACH OF THESE
CLASSES: \$115

- INTRO TO INTERIOR DESIGN
- START YOUR OWN EDIBLE GARDEN
- HOW TO MAKE MONEY FROM YOUR WRITING
-PLUS HUNDREDS MORE CLASSES!

New course sessions begin monthly.

To register and get more information
Visit ed2go.com/PaloAlto

WORLD LANGUAGES

FRENCH: ADVANCED – *Ça vous dirait d'améliorer l'art de conversation en français?*

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: High intermediate or equivalent

Students will initiate and participate in a variety of conversational topics in real-life settings including current events, art, movies, books, history, travel, cuisine and more. Increase vocabulary and enhance your communication skills, grammar and syntax. Expand ability to express your thoughts and opinions on an engaging array of topics. The instructor will provide the course materials.

6 wks / June 9–July 14

Thursday / 6–8 p.m.

LIVE ONLINE / \$96

SPANISH: BEGINNING

Instructor: Leonardo McCord Salazar, lmccord@pausd.org

Prerequisite: Levels 3 and 4; previous level



Learn the essentials of Spanish grammar from a native speaker, and develop the four language skills in meaningful contexts. Topics included will be useful for parents with children in Spanish Immersion classes. You will be able to participate actively in simple conversations with

your children. Required textbook can be purchased in the Adult School office.

Levels 1 & 2 will not be offered in the summer quarter.

SECTION B (Level 3)

6 wks / June 7–July 12

Tuesday / 7–9 p.m.

Palo Alto HS Rm 302 / \$96

SECTION C (Level 4)

5 wks / June 6–July 11 (No class July 4)

Monday / 7–9 p.m.

Palo Alto HS Rm 302 / \$80

SPANISH: INTERMEDIATE

Instructor: Leonardo McCord Salazar, lmccord@pausd.org

Prerequisite: Three quarters of low intermediate Spanish or equivalent

Learn the fine points of Spanish grammar and the multiple uses of the subjunctive mood in this engaging course. Read, translate, and discuss a masterpiece of Spanish, Latin-American, or Chicano literature. Required textbook can be purchased in the Adult School office.

6 wks / June 8–July 13

Wednesday / 5:30–7:30 p.m.

LIVE ONLINE / \$96

SPANISH: ADVANCED CONVERSATION AND LITERATURE

Instructor: Leonardo McCord Salazar, lmccord@pausd.org

Prerequisite: Advanced Spanish skills

Converse with other students in Spanish, and read contemporary Spanish or Latin-American plays, novels, or short stories. Repetition of the course is encouraged, as new literature is introduced every quarter. Required textbook can be purchased in the Adult School office.

6 wks / June 8–July 13

Wednesday / 8–10 p.m.

LIVE ONLINE / \$96



NEW TEACHERS WELCOME!

If you would like to become an
Adult School instructor, call
(650) 329-3752 for an application.

For more information on how to apply, visit
PAAadultschool.org/new-instructors-welcome

ADULT SCHOOL INFORMATION

ELIGIBILITY

All persons over the age of 18 are eligible for all Adult School classes with no residency restrictions.

REFUNDS

- ★ Refund of fees will only be given if requested at least 72 hours before the first class meeting. Please cancel at least five days before a Cooking class. There is a \$15 fee for cancellations. Please choose your classes carefully.
- ★ We are sorry we cannot accept medical, business travel or other reasons.
- ★ Full refunds will be given automatically if the Adult School cancels a class.
- ★ Deposits and tuition for parent education classes are entirely non-refundable.
- ★ Textbooks are non returnable.

CERTIFICATE OF COMPLETION

A certificate of completion and/or a letter stating participation in any Adult School class will be given to any student upon request to the office and verification of attendance.

TOBACCO-FREE SCHOOL DISTRICT PROPERTY

Smoking and the use of tobacco products by all persons is prohibited on Palo Alto Unified School District property and at district-sponsored events.

SEXUAL HARASSMENT POLICY

It is the policy of the Palo Alto Unified School District to provide a school environment free from all forms of harassment, including sexual harassment, and to maintain an environment in which all students and staff model this behavior and are treated with dignity and respect. Please see the district website for complete information: <https://www.pausd.org/about-us/policies-procedures/title-ix-office>.

UNIFORM COMPLAINT PROCEDURES

The Palo Alto Unified School District maintains a uniforms complaint procedure. Please visit the district website for complete information. <https://www.pausd.org/about-us/policies-procedures/formal-complaint-procedures>.

CONTACT INFORMATION

Mail: Palo Alto Adult School
50 Embarcadero Road
Palo Alto, CA 94301

Phone: (650) 329-3752
Fax: (650) 329-8515
Email: adultschool@pausd.org

SUMMER QUARTER OFFICE HOURS

Monday through Thursday 8 a.m.—4 p.m.
Friday Closed

6 WAYS TO REGISTER

PHONE

(650) 329-3752

FAX

(650) 329-8515

EMAIL

adultschool@pausd.org

WEBSITE

paadultschool.org

MAIL

Palo Alto Adult School
50 Embarcadero Road
Palo Alto, CA 94301

WALK IN

Palo Alto Adult School
50 Embarcadero Road
Palo Alto, CA 94301

RECEIPTS/CONFIRMATIONS

Please call if you need a receipt or a confirmation: (650) 329-3752.

You will be notified if a class is full.

REGISTER EARLY

Register today to secure your place in our most popular classes. If minimum enrollments are not met, classes will be canceled and a full refund will be processed. Refunds are given up to 72 hours before the first class meeting.

NEED HELP? PLEASE CALL

(650) 329-3752

FALL REGISTRATION BEGINS **Friday, August 12, 2022**

This schedule is valid through July 15, 2022.
Additional information, materials lists,
and schedule changes are posted on our website.

PAAAdultSchool.org

MISSION AND SCHOOLWIDE LEARNER OUTCOMES (SLOs)

MISSION

Palo Alto Adult School is committed to excellence in providing a broad range of accessible and flexible educational programs that enable our diverse community of adult learners to achieve their academic, career, and personal goals.

SCHOOLWIDE LEARNER OUTCOMES (SLOs)

SET GOALS

Students will assess their own needs and identify their academic, career, and/or personal goals.

- With guidance, develop and communicate plans to achieve their goals.
- Be self-directed learners who learn independently and collaboratively in a diverse environment.

ACHIEVE SKILLS

Using a variety of methods, technology and resources, students will acquire knowledge and skills.

- Develop and apply critical thinking skills.
- Obtain academic and career skills for life and workforce readiness.

DEMONSTRATE LEARNING

Students will apply their acquired core knowledge and skills appropriate to their goals.

- Advance to post-secondary education or training.
- Contribute to personal enrichment and the community.
- Demonstrate 21st century skills including critical thinking, communication, collaboration, and creativity.

**FOR MORE INFORMATION ABOUT PALO ALTO ADULT SCHOOL
ADMINISTRATIVE POLICIES AND LOCATION MAPS,
PLEASE VISIT OUR WEBSITE AT
*PAAAdultSchool.org***

REGISTRATION FORM

Palo Alto Adult School
50 Embarcadero Road
Palo Alto, CA 94301
(650) 329-3752

Please Print

Year: **2022**

Register online: www.paadultschool.org
or Fax: (650) 329-8515

Quarter: ☐ Winter ☐ Spring
☒ Summer ☐ Fall

Registration Date: _____

Name: _____
(Last) (First) (Middle)

Address: _____
(No.) (Street) (Apt.) (City) (Zip)

Home Phone: _____ Work Phone: _____

Email: _____

Start Date: _____ ☐ New Student ☐ Returning Student Date of Birth: _____ ☐ M ☐ F

Class Name	M	T	W	Th	F	S	Instructor	Time	Location	Fee

Type of Payment: ☐ Check ☐ Cash ☐ Visa ☐ M/C ☐ No Fee

Credit Card Number: _____ Expiration Date: _____

How did you find out about this class? _____