



# PALO ALTO ADULT SCHOOL

2022 FALL QUARTER SCHEDULE

**REGISTRATION BEGINS AUGUST 12, 2022**



**PAAdultSchool.org / 650-329-3752**

## DEAR COMMUNITY MEMBERS:

Drum in the New School Year by enrolling in Palo Alto Adult School classes. There are numerous exciting activities this fall. You'll find new cooking, archaeology, fitness, environmental topics, and woodworking courses.

Our community partner this quarter is Acterra, a Palo Alto non-profit that creates local solutions for a healthy planet. Acterra's expertise in food sustainability and climate education brings us guest instructors, teaching Plant-Based Cooking (with induction cooktops) and Sustainability 101 for Palo Alto.

We're finally able to celebrate our 100-Year Centennial with the entire community. So, join us on Sunday, September 11th (3:00 – 5:00 pm) to drum in the next 100 years with music, food, class info and discounts, and an EV Expo. See you there!



Tom Keating  
Principal



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### 2022 FALL CALENDAR

REGISTRATION FOR FALL QUARTER BEGINS // AUGUST 12  
 FALL QUARTER // SEPTEMBER 12-NOVEMBER 18  
 WRITING ACADEMY // SEPTEMBER 6-NOVEMBER 18  
 ESL CLASSES SESSION #1 // AUGUST 22-OCTOBER 14  
 ESL CLASSES SESSION #2 // OCTOBER 17-DECEMBER 16  
 HOLIDAYS-NO CLASSES // SEPTEMBER 5, NOVEMBER 11 AND NOVEMBER 21-25,  
 PALO ALTO HIGH SCHOOL CAMPUS ONLY: SEPTEMBER 1



## ARTS AND CRAFTS

Palo Alto Adult School is an educational leader in Arts and Crafts. For years, these classes have given our students the skills and confidence to pursue their own artistic excellence, and the perfect opportunity to try something new!

### ACRYLIC OR OIL PAINTING: BEGINNING TO INTERMEDIATE

Instructor: Paulina Shapona

*Prerequisite: None*

Express yourself and discover your artistic talents with oil or acrylic paints in this inspiring class. Study use of color, observation, composition, light and dark and traditional painting techniques. Supplies will be discussed at the first class meeting.

9 wks / September 14–November 9

Wednesday / 7–9 p.m.

Palo Alto HS Rm 106 / \$167

### REALISTIC DRAWING

Instructor: Robert Schick, [rschick@pausd.org](mailto:rschick@pausd.org), (650) 947-4983

*Prerequisite: None*



This class is for beginners and experienced artists wanting to sharpen their drawing and observation skills. Still life, shells, landscape, and fruit will be your inspiration. Experienced students may work independently. Bring a #2 pencil, white paper, eraser, and printout

of the class supply list for the first day of class. See the website for the supplies list.

12 wks / September 15–December 8 (*No class November 24*)

Thursday / 6:30–8:30 p.m.

Palo Alto HS Rm 106 / \$222

### SCENERY WATERCOLOR PAINTING AND DRAWING

Instructor: Ferenc Besze, [fbesze@pausd.org](mailto:fbesze@pausd.org),  
<http://besze.com>

*Prerequisite: None*

Drawing is essential to representational painting. In this class, we will spend equal time drawing and painting, to develop our observation skills about proportion, perspective, creating 3D effects and creating compositional studies. Our subjects will include sceneries, figures, portraits and objects. *\*Have your field sketches/photographs for reference material.*

10 wks / September 14–November 16

Wednesday / 6:30–9:30 p.m.

LIVE ONLINE / \$240

### WATERCOLOR

Instructor: Robert Schick, [rschick@pausd.org](mailto:rschick@pausd.org), (650) 947-4983

*Prerequisite: Beginning drawing recommended*

Explore various watercolor techniques: flat wash, wet-into-wet, stamping, masking.... Subjects include floral, still life, and landscape. Experienced students may work independently. Bring a #2 pencil, white paper, eraser, and printout of the class supply list for the first day of class. See the website for the supplies list.

12 wks / September 12–December 5 (*No class November 21*)

Monday / 6:30–8:30 p.m.

Palo Alto HS Rm 106 / \$222

### KNITTING

Instructor: Paola Trombetta, [ptrombetta@pausd.org](mailto:ptrombetta@pausd.org)

*Prerequisite: None*

Knitters of all abilities are welcome! Learn basic and advanced skills in this fun and collaborative knitting workshop. Beginners learn to read pattern books, and/or design and create their own knitted garment and gifts. Advanced knitters, master your techniques and bring projects you are currently working on.

9 wks / September 14–November 9

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Room 1707 / \$144

### LEARN TO CROCHET

Instructor: Paola Trombetta, [ptrombetta@pausd.org](mailto:ptrombetta@pausd.org)

*Prerequisite: None*

Learn to chain, single and double crochet, create tri-dimensional forms, and read patterns. This class will work for you regardless of your skill level and you will enjoy it! *Materials to bring to class:* 1 ball of worsted weight yarn plus a size 'H' crochet hook.

9 wks / September 14–November 9

Wednesday / 5:30–6:30 p.m.

Palo Alto HS Room 1707 / \$72

"Ferenc is a wonderful teacher, he has so much enthusiasm and **Watercolor** is definitely his passion!"

**Michelle Paris-Seubert**  
Art Student

#### \*\*\* COVID-19 UPDATE \*\*

The Adult School will follow classroom guidelines for in-person instruction as outlined by the Palo Alto Unified School District. For updated information, please visit <https://www.paadultschool.org/>.

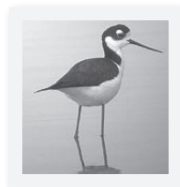
## BIRDING AND NATURE

Birding can become your passion too! With two levels offered, from Birding Basics to Intermediate coverage, field experiences are a key part of any class.

### ARMCHAIR BIRDING

Instructor: Larry Spivak, lspivak@pausd.org

*Prerequisite: None*



We will go to Arizona, the Rio Grande Valley in Texas, the Gulf Coast, make our way through Florida, then head north to New York and Central Park. We will also look for warblers all along the east coast.

6 wks / September 22–October 27

Thursday / 7–9 p.m.

LIVE ONLINE / \$110

### BIRDING BASICS

Instructor: Larry Spivak, lspivak@pausd.org

*Prerequisite: None*

Do you like to look at birds in your backyard or when you are out walking, but would like to know who they are? Join your neighbors here and learn how to identify birds with a step by step process that will help you find them in an identifier long after the birds have flown away. Learn the language of bird watching and discover why so many people are passionate about this activity. Fieldtrips: TBD.

6 wks / September 20–October 25

Tuesday / 7–9 p.m.

LIVE ONLINE / \$110

"The **Basic Birding** class was a wonderful overview and motivates me to keep learning more. It's fun to begin recognizing, by sight and by birdsong, some different species. The instructor, Larry Spivak was engaging, knowledgeable and made the field trips so enjoyable."

**Jennifer Wehrend**

### BIRDING: INTERMEDIATE (*Online & In-Person*)

Instructor: Scott Smithson, wsmithson@pausd.org

*Prerequisite: Beginning Birding*

The primary goal of this birding class is to develop birding skills through bird identification by sight and sound. During our weekly online Zoom meetings, we will focus on sharing of local bird sightings, slides of Bay Area birds, ID quizzes, and discussion of field trips. There will be 3 in-person weekend field trips offered to local Bay Area birding spots so we can practice what we have learned in the field! Fieldtrip dates TBD. Textbook: Any North America or Western North America bird field guide (*Sibley's Guide* is a great one). See website for class details.

7 wks / September 14–October 26

Wednesday / 7–9 p.m.

LIVE ONLINE / \$168

### NATURE SCIENCE HIKES

Instructor: Environmental Volunteers, communityprograms@evols.org

*Prerequisite: None*



Join Environmental Volunteers' most knowledgeable nature-science educators on three explorations of local open spaces. Each two-hour hike will be at a different location,

and each will focus on learning about a different environmental topic. The pace of the hikes will be easy, with semi-frequent stops to discuss subjects. Distance traveled may vary but expect between 1 – 3 miles.

3 wks / October 8, October 22, and November 5

Saturday / 10 a.m.–12 noon

Various Locations / \$45

- **Stevens Creek County Park (Climate Change)**
- **Los Trancos (Earthquake Geology)**
- **Baylands Nature Preserve (Tidal Ecology)**

## BUSINESS AND FINANCE

### BUSINESS COMMUNICATIONS (*In-Person and Live Online*)

Instructor: Katherine Barg, kbarg@pausd.org

*Prerequisite: Intermediate to advanced English learners*



The Business Communication class covers the most important and basic communication skills needed for success in the American workplace. The focus for fall quarter 2022 will be on all aspects of spoken and written communication, both for the individual and working in collaborative business group environments. The class will also focus on creating and delivery of quality Zoom presentations since that is now an industry standard.

7 wks / October 25–December 13 (*No class November 22*)

*In person:* October 25, November 1, 8, 15, & December 13

*Zoom Format (for guest speakers):* November 29 & December 6

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 220 / 5 wks In-Person & 2 wks Live Online / \$162

## CAREER TRAINING

### VOCATIONAL INTERNSHIP CLASS

Instructor: Toshiro Lang

*Prerequisite: Application and interview required*

Classroom component to vocational internships concentrating on developing transferable job skills. This course emphasizes the importance of interpersonal dynamics in the workplace, and the value of obtaining competitive employment. In-person instruction accommodates all learners with the motivation to become independent and successful. \*\*\* *Must call (650) 329-3752 for more information and to register for the program.* \*\*\*

ONGOING / September–June

Monday–Thursday / 8–9:15 a.m.

Palo Alto HS Rm TBD / No Fee \*

### PUBLIC SPEAKING WITH CONFIDENCE

*(See General Interest, Page 9)*

### VOICE OVERS: NOW IS YOUR TIME!

Instructor: Lisa Foster, tarah@suchavoice.com

*Prerequisite: None*

Learn how you can begin using your speaking voice for commercials, films, videos, and more! Learn about a unique way to break into this creative, fulfilling, and potentially lucrative industry.

One Session / October 5

Wednesday / 6–8 pm

Palo Alto HS Rm 1709 / \$50

### WORK READINESS —

#### LEARN NEW SKILLS FOR GETTING A JOB \*

Instructor: Kathilynn Lehmer, pajoblink.lehmer@gmail.com

Learn new strategies for getting a job! Prepare a powerful resume and cover letter, create a LinkedIn Profile, learn new job hunting strategies—and more! There is no fee and the course is open-entry—start anytime. For more information and to find out how to register send an email to Kathilynn Lehmer at [pajoblink.lehmer@gmail.com](mailto:pajoblink.lehmer@gmail.com).

## CAREER TRAINING: ADVANCED CERTIFICATE PROGRAMS

Online career training courses can prepare you for a new career or help you advance within your current occupation.

Pursue a professional position in Business, Technology, Construction & Trades, Healthcare, Hospitality plus more.

To see a list of more than 175 Certificate and Advanced Career Training courses, visit [//careertraining.ed2go.com/paloalto/](http://careertraining.ed2go.com/paloalto/).

## CITIZENSHIP

### CITIZENSHIP

Instructor: Katherine Barg, kbarg@pausd.org

*Prerequisite: Intermediate to advanced English learners*

This course prepares students to pass the Citizenship test for full Citizenship status in the United States. Becoming a citizen has never been more important. US Citizenship gives you your right to vote, participate in government and be protected under the law. You will also learn important facts about US history and your rights under the Constitution.

7 wks / August 23–October 4

Tuesday / 6:30–9 pm

Palo Alto HS Rm 220 / No Fee \*

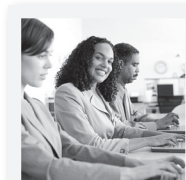


## COMPUTER SKILLS

### INTRODUCTION TO GOOGLE DRIVE: DOCS, SHEETS, AND SLIDE PRESENTATIONS

Instructor: Sharon Walker, swalker@pausd.org

*Prerequisite: None*



Want to learn common and basic skills for you to navigate the modern world, such as creating professional resumes, letters and more? You'll learn about organizing and editing all kinds of documents, spreadsheets, and presentations,

as well as solving the mystery of Google Slides All levels are welcome, sign up now and bring your documents to life using Google Docs.

5 wks / September 27–October 25

Tuesday / 6–9 pm

Palo Alto HS Room 410 / \$139

### INTRODUCTION TO AMAZON WEB SERVICES (AWS)

Instructor: Rick Shaul, rshaul@pausd.org

*Prerequisite: None*

Hobbyists and professionals alike have found affordable and powerful ways to create online products and services. Find out what all the fuss is about in this course. Learn some of what AWS is used for, the tools available to anyone, and gain hands on experience building some simple applications.

#### SECTION A

4 wks / September 21–October 12

Wednesday / 6:30–8 p.m.

Palo Alto HS Rm 410 / \$80

#### SECTION B

4 wks / October 26–November 16

Wednesday / 6:30–8 p.m.

Palo Alto HS Rm 410 / \$80

NEW

## COOKING: LEARN HOW TO COOK IN JUST ONE NIGHT!

Learn how to cook in just one night! Palo Alto Adult School offers an excellent cooking curriculum at the best prices in the area. With professionally trained chefs as our instructors, our students return each quarter to enhance their culinary repertoire.

### BELGIAN CHOCOLATES GALORE!

Instructor: Carine Vanslembrouck

*Prerequisite: None*

Have fun learning to make delicious hand-made Belgian chocolates the traditional way. You will be guided, by the instructor, through the process of tempering chocolate on a marble slab and continue on to craft a different Belgian chocolate in each class.

One Session / See Dates Below

Thursday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$50 per session

**October 27:** Halloween Chocolates

**November 10:** Chocolate Truffles

### INDIAN COOKING FOR FALL!

Instructor: Jonake Bose,  
Jonakeandyuti@gmail.com

*Prerequisite: None*

Learn healthy Indian cooking with ingredients from your local grocery store; prepare and enjoy the meal together in class.

One Session / See Dates Below

Monday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$50 per session

**September 19:** Introduction to spices, make your own chai spice blend, healthy snack

**October 24:** Celebrate the Indian festival of lights with a Diwali meal

**November 14:** Indian and Fall flavors fusion Thanksgiving meal

### LEBANESE MEZZE

Instructor: Regina Saliba

*Prerequisite: None*

Come learn how to prepare a simple and delicious Lebanese Mezze. You will learn to make baba-ganoush, hummus, lubieh, stuffed grape leaves, tabouleh, and meat pies. This will be a hands-on class where you will cook, experiment with flavors and have fun!

One Session / November 2

Wednesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$50

### MEXICAN PARTY

Instructor: Zaida Soriano, info@zaidaskitchen.com

*Prerequisite: None*

Zaida will teach you how to make homemade organic corn tortillas and make delicious entrees for a perfect Mexican Party! Menu includes: tacos, slow braised pork, jackfruit carnitas, roasted seasonal vegetables, salsa de árbol, habanero salsa and refreshing hibiscus agua fresca. Please bring containers for leftovers. Gluten Free!

One Session / September 27

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$50

### PLANT-BASED COOKING

Guest Instructor: Robbie Brown,  
robbie.brown@acterra.org

*Prerequisite: None*

Calling all foodies and home cooks! This is a cooking class with a twist. Learn how to cook a flavor packed plant-based dish on an induction hob. Feel good knowing you can make a sustainable meal that is on trend and will appeal to many.

One Session / October 19 or November 9

Wednesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$50 per session

### TAMALE PARTY

Instructor: Zaida Soriano, info@zaidaskitchen.com

*Prerequisite: None*

Zaida will teach you how to make homemade organic corn tortillas and make delicious entrees for a perfect Tamale Party! Menu includes: vegan seasonal tamales, black beans with cheese, pork tamales and chicken mole tamales. Please bring containers for leftovers. Gluten Free!

One Session / October 12

Wednesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$50

### TRADITIONAL MEXICAN DINNER

Instructor: Zaida Soriano, info@zaidaskitchen.com

*Prerequisite: None*

Zaida will teach you how to make homemade organic corn tortillas and make delicious entrees for a perfect traditional Mexican dinner! Menu includes: mole coloradito with Mary's organic chicken or seasonal vegetables, rice, beans, Mexican wedding cookies and champurrado. Bring containers for leftovers. Gluten Free!

One Session / October 26

Wednesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$50



NEW



ENGLISH AS A SECOND LANGUAGE (ESL)—IN-PERSON & LIVE ONLINE VIA ZOOM

FALL 2022

SESSION #1: August 22 to October 14 / SESSION #2: October 17 to December 16  
(No Classes September 5, November 11, & November 21-25)

The Palo Alto Adult School ESL program offers many classes to help you meet your English learning goals. To enter our free classes, new students must register for a placement test. There is no childcare for the test or the classes. To register for the placement test, come in to the ESL office at Cubberley, 4000 Middlefield Road, I-Building, 2<sup>nd</sup> floor, or the Palo Alto High School Adult School office at 50 Embarcadero Road. Or, you can register online at [paadultschool.org](http://paadultschool.org).

*\*\*Students who are not registered to take the placement test will not be allowed to take the test. \*\**

Enrollment Policies

- Students must be able to attend the full 8 weeks.
- Students will be required to buy a textbook for the class.
- There is no childcare.

*\*\*When your registration is completed, you will select one of the test dates shown below. \*\**

**\*\*All adult school students who are taking a placement test, and those attending in-person classes must be fully vaccinated against Covid-19 and are required to show proof of complete vaccination. Students are strongly encouraged to wear a mask at all times during testing, in class, and on campus.\*\***

PLACEMENT TESTING

DAY Testing—IN-PERSON

EVENING Testing—IN-PERSON

ESL PLACEMENT TEST AND REGISTRATION

**\*\*** New students must take a placement test.

**\*\*** You must bring your identification and proof of vaccination with you on test day.

Some class sessions are online and meet with teachers via Zoom. Students need to download and learn Zoom at <https://zoom.us/>.

**All placement testing is in-person.**

**WHERE:** Cubberley Campus  
4000 Middlefield Rd, I-Bldg Testing Center

**TIME:** 9 a.m.–12 noon  
Test begins promptly at 9 a.m.

**SESSION 1: Morning Testing Dates**

Friday, August 12  
Tuesday, August 16  
Friday, August 26

**SESSION 2: Morning Testing Dates**

Friday, October 7  
Friday, October 14

**WHERE:** Palo Alto High School  
50 Embarcadero Road, Room 218

**TIME:** 6–9 p.m.  
Test begins promptly at 6 p.m.

**SESSION 1: Evening Testing Dates**

Monday, August 15  
Wednesday, August 17  
Tuesday, August 23

**SESSION 2: Evening Testing Dates**

Tuesday, October 11  
Tuesday, October 18

CLASSES

*Register for testing early. Spaces limited!*

Fall Session #1 ESL Classes \*

**DATES: August 22–October 14, 2022**

*(No classes September 5)*

**\*IN-PERSON\* MORNING CLASSES (9:30 A.M.–12:30 P.M.)**

Cubberley Campus: Literacy through Advanced Low Levels (Monday–Thursday)

**\*ONLINE\* MORNING CLASSES (3 meetings per week): 9–11 a.m. / Tuesday, Wednesday, and Thursday**

3 levels: Mixed beginning; mixed intermediate; advanced

**EVENING CLASSES (6:30–9:30 P.M.)**

Palo Alto High School: Literacy through Advanced Low Levels (Monday and Wednesday)

Fall Session #2 ESL Classes \*

**DATES: October 17–December 16, 2022**

*(No classes November 11, and November 21-25)*

**\*IN-PERSON\* MORNING CLASSES (9:30 A.M.–12:30 P.M.)**

Cubberley Campus: Literacy through Advanced Low Levels (Monday–Thursday)

**\*ONLINE\* MORNING CLASSES (3 meetings per week): 9–11 a.m. / Tuesday, Wednesday, and Thursday**

3 levels: Mixed beginning; mixed intermediate; advanced

**ADVANCED LEVEL & ADDITIONAL SKILL-SPECIFIC CLASSES:** See *English Enrichment* classes page 8



## ENGLISH AS A SECOND LANGUAGE (ESL)

### ADDITIONAL CLASSES

#### LEAH \*

Learn English at Home (LEAH) is for students who cannot come regularly to class.  
Study English at home with DVDs and online. Then meet with a teacher weekly for 30 minutes.

Register for a placement test online at [www.paadultschool.org](http://www.paadultschool.org) OR in-person  
at ESL Office at the Cubberley Campus I-Building 2<sup>nd</sup> floor.

**The placement test is in-person.** For more information, please call (650) 494-2326.

**\*\*All adult school students attending in-person classes must be fully vaccinated against Covid-19 and are required to show proof of complete vaccination. Students are strongly encouraged to wear a mask at all times during class and on campus.\*\***

*¿Necesitas ayuda en español? Deje un mensaje al 650-494-2326.*

### COLLEGE AND CAREER READINESS

#### JOB SEARCH SKILLS FOR ESL STUDENTS (Non-native English speakers) \*

Instructor: Susan Silver, [ssilver@pausd.org](mailto:ssilver@pausd.org)

*Prerequisite: For advanced English language learners*

In this class, you will learn to complete a job application, write a basic resume, practice job interview skills, and more! Students enrolled in this class will also be working with Kathilynn Lehmer as her clients for individualized job search coaching services through the Palo Alto Adult Ed Work Readiness course.

10 wks / October 4–December 15 (No class November 22 and 24)

Tuesday AND Thursday / 1–3 p.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / No Fee

#### TRANSITIONS TO COLLEGE AND CAREER TRAINING (Non-native English speakers) \*

Instructor: Margaret Bdzil, [mbdzil@pausd.org](mailto:mbdzil@pausd.org)

*Prerequisite: For advanced level English learners. Must be eligible to work or attend college in the US to enroll.*

Prepare for the next step in your education or career! This ten-week course includes two modules:

*Transitions to College and Transitions to Careers. (Transitions to Careers will be offered in Winter 2023.)*

#### TRANSITIONS TO COLLEGE & CAREER TRAINING FOR ESL STUDENTS

In this module, you will explore educational goal setting, community college and career educational programs, how to apply to college, and more!

10 wks / September 28–December 7 (No class November 23)

Wednesday / 7–9:30 p.m.

LIVE ONLINE / No Fee \*

**New students must take a required in-person English test for this state-funded (free) class:**

*Teacher will schedule the test with students.*

**INFORMATIONAL MEETING ONLINE VIA ZOOM • Wednesday, September 21, 2022 • 7–8:30 p.m.**

Are you interested in the Transitions module, but you have questions? Come to an Information meeting!

**\*\*Email Ms. Natalie Skelton, [nskelton@pausd.org](mailto:nskelton@pausd.org) for the Zoom invitation to join the information meeting.\*\***

**If you have questions, or want to register,  
please call the ESL office at 650-494-2326.**

## ESL WRITING ACADEMY

**FALL 2022 WRITING ACADEMY: September 6 to November 18, 2022**  
(No classes November 11)

### FALL SESSION CLASSES

#### ESL WRITING ACADEMY — IN-PERSON & LIVE ONLINE VIA ZOOM

Write for life! Whether it's a simple email, a thank-you note, or a complex essay or report, our Writing Academy classes will help you with content, organization, tone, and purpose.

The Academy offers four levels of classes, beginning with the basics of sentence creation, paragraph development, and essay writing. When you complete the required assignments, you can earn Certificates of Achievement and/or Proficiency.

Textbooks (Morning classes): *Writing to Communicate Book 1* (for levels I and II); *Writing to Communicate Book 2* (for level III). You can purchase required textbooks in the Adult School office.

**\*\*New students must take a required in-person English test for all Fundamentals of Writing classes.\*\***

- **Evening Class:** Thursday, September 8 / at 7 p.m. / Palo Alto High School, Rm 218
- **Morning Class:** Friday, September 16 / at 12 noon / Cubberley Campus. I-Building, 2<sup>nd</sup> Floor

### FUNDAMENTALS OF WRITING

#### FUNDAMENTALS OF WRITING — INTRODUCTION TO PARAGRAPHS \*

Instructor: Adult School Staff

*Prerequisite: For students who are at the high beginning to intermediate level*

Practice writing sentences and developing coherent paragraphs with the goal of writing about your own life experiences.

Guidance will also be given on correct grammar and word choice.

##### SECTION A

10 wks / September 9–November 18 (No class November 11)

Friday / 9:30 a.m.–12 noon

Cubberley Campus I-Building 2<sup>nd</sup> Floor / No Fee \*

##### SECTION B: Sentences

10 wks / September 8–November 17

Thursday / 7–9 p.m.

Palo Alto HS Rm 220 / No Fee \*

#### FUNDAMENTALS OF WRITING — WRITING PARAGRAPHS \*

Instructor: Adult School Staff

*Prerequisite: For students who are at the intermediate to advanced level*

Learn how to write well-developed and cohesive paragraphs. This class will focus on how to choose and organize content, connect ideas, and use supporting details to address a topic.

##### SECTION A

10 wks / September 9–November 18 (No class November 11)

Friday / 9:30 a.m.–12 noon

Cubberley Campus I-Building 2<sup>nd</sup> Floor / No Fee \*

##### SECTION B

10 wks / September 8–November 17

Thursday / 7–9 p.m.

Palo Alto HS Rm 218 / No Fee \*

#### FUNDAMENTALS OF WRITING — PARAGRAPHS TO ESSAYS \*

Instructor: Adult School Staff

*Prerequisite: For students who are at the advanced level*

Learn how to plan, develop, and edit a five-paragraph essay with an introduction, thesis statement, body paragraphs, and conclusion. This class will prepare you for business and academic writing.

10 wks / September 9–November 18 (No class November 11)

Friday / 9:30 a.m.–12 noon

Cubberley Campus I-Building 2<sup>nd</sup> Floor / No Fee \*

#### FUNDAMENTALS OF WRITING — RESEARCH WRITING (Online Only) \*

Instructor: Sharon Hampel

*Prerequisite: For students who are at the advanced level*

What is happening in our world, in our climate, to our health, to our economy, to our environment? No one knows for sure. You will learn to write essays using outside sources to answer these and other open questions. This course will strengthen the skills learned when writing an essay or report. Essays require reasons and examples. You will practice reading, analyzing, summarizing, and citing (quoting) sources that can be used to provide reasons and examples. An essay backed by strong sources is a strong academic paper. Teacher will schedule in-person test with students.

10 wks / September 6–November 8

Tuesday / 6–8:30 p.m.

LIVE ONLINE / No Fee \*

## ENGLISH ENRICHMENT

### ADVANCED CONVERSATION

Instructor: Simone Wojtowicz, swojtowicz@pausd.org

*Prerequisite: Advanced English language learners*



This class is ideal for students who want to improve their English skills while discussing current events. Speaking, listening, comprehension, pronunciation, reading, vocabulary, and a greater understanding of American culture are incorporated

into each class. We will investigate and discuss a variety of topics. No textbook.

9 wks / September 14–November 16 (No class October 19)

Wednesday / 9:30–11:30 a.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$167

### AMERICAN IDIOMS 101

Instructor: Simone Wojtowicz, swojtowicz@pausd.org

*Prerequisite: Intermediate high to advanced English language learners*

This class is ideal for students who want to develop their reading, listening, speaking and writing skills while becoming familiar with many useful English expressions. Do you want to increase your vocabulary? Improve your TOEFL score? Use idioms in conversation? We will dissect the top 300 idioms used on the TOEFL test in addition to discussing metaphorical language. No textbook.

9 wks / September 13–November 15 (No class October 18)

Tuesday / 9:30–11:30 a.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$167

### CONVERSATION ABOUT TRUE RADIO SHORT STORIES

Instructor: Sharon Hampel, shampel@pausd.org

*Prerequisite: Intermediate /Advanced ESL or Writing Academy Level 2*

"God Bless America" Dori Samadzai exclaims at the end of her moving story about fleeing the Afghan/Russian war and finding refuge in the U.S. This is just one of many inspiring personal stories that we will read, view, and discuss. Textbook: *All These Wonders: True Stories about Facing the Unknown* Catherine Burns, ed. Crown, 2017. ISBN: 978-1101904404.

10 wks / September 14–November 16

(No class October 5 — Makeup TBD)

Wednesday / 6–8:30 p.m.

LIVE ONLINE / \$231

### BE A VOLUNTEER ESL TUTOR

Help Someone Learn English

Just 1 hour a week—work one-on-one with a student to help improve his or her English skills.

**For information, please contact:**

ESL Volunteer Tutor Manager,  
Ellen Spector: elspector@pausd.org

\* Partially or fully state-funded

### ESL BOOK CLUB

Instructor: Simone Wojtowicz, swojtowicz@pausd.org

*Prerequisite: For advanced English language learners*

Do you love to read? Do you want to increase your conversational fluency, boost your vocabulary, and improve your grammar? Join the book club and have fun developing your English skills while learning about American values! We will discuss the book's themes, vocabulary, and cultural references. Please email the teacher for the name of the book.

9 wks / September 12–November 14 (No class October 17)

Monday / 9:30–11:30 a.m.

LIVE ONLINE / \$167

### FOCUS ON PRONUNCIATION AND LISTENING

Instructor: Sue Stevick, sstevick@pausd.org

*Prerequisite: High intermediate or advanced English skills (non-native speakers)*

Speak more clearly and confidently and improve your listening skills. Master the four most important features of English pronunciation: Stress in words and sentences, intonation, rhythm, and linking. The instructor will provide a written personalized evaluation of your pronunciation skills. Required textbook can be purchased in the Adult School office before the first class.

#### SECTION A

8 wks / September 13–November 1

Tuesday / 6:30–8:30 p.m.

LIVE ONLINE / \$148

#### SECTION B

8 wks / September 15–November 3

Thursday / 9:30–11:30 a.m.

LIVE ONLINE / \$148

### US HISTORY AND CULTURE

Instructor: Simone Wojtowicz, swojtowicz@pausd.org

*Prerequisite: Intermediate high to advanced English language learners*



This class is ideal for students who want to improve their English skills while becoming familiar with many interesting aspects of US History and culture. We address why

Americans think and behave the way they do and the foundation for some of their attitudes and values such as the importance of competition and hard work. Required textbook can be purchased in the Adult School office before the first class.

9 wks / September 15–November 17 (No class October 20)

Thursday / 9:30–11:30 a.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$167

## GENERAL INTEREST

### AROUND THE WRITER'S BLOCK

Instructor: Chana Feinstein, cfeinstein@pausd.org

*Prerequisite: None*

Do you want to write more easily and happily? Join a fun, encouraging workshop and learn research-based techniques to start or increase your creative writing. Supportive group learning taught by a formerly blocked writer. Participate in in-class exercises. From freewriting to adjusting your writing environment, learn what works for you!

8 wks / September 12–November 7 (No class October 31)

Monday / 7–9 p.m.

LIVE ONLINE / \$148

### ARCHAEOLOGY AND ART BETWEEN THE BALKAN AND AEGEAN

Instructor: Petya Hristova, phristova@pausd.org

*Prerequisite: None*

Explore a wealth of evidence from multiple sources to learn about the archaeology and art between the Balkan and the Aegean. Both the curious and the connoisseurs will enjoy a fascinating journey discovering prehistoric settlements, ancient Thracian, Greek, and Roman cities, and trading posts identifying where myth and history collided.

10 wks / September 12–November 14

Monday / 6:30–8 p.m.

Palo Alto HS Rm 1709 / \$139

### CREATIVE WRITING: WRITERS MENTORING WRITERS

Instructor: Chana Feinstein, cfeinstein@pausd.org, and Sam Kauffman, samksongs@aol.com

*Prerequisite: None*

Learn to be a better writer! Share your ideas, feelings, and experiences with others. Express yourself through poetry, memoir, short stories, essays, creative non-fiction or whatever you prefer. This workshop encourages you to present your work and receive constructive feedback in a helpful, supportive environment.

### SECTION A

Instructor: Sam Kauffman, samksongs@aol.com

10 wks / September 14–November 9

Wednesday / 1–3:30 p.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$65 \*

### SECTION B

Instructor: Chana Feinstein, cfeinstein@pausd.org

10 wks / September 15–November 10

Thursday / 6–8:30 p.m.

LIVE ONLINE / \$65 \*

### ELECTRIC CARS DEMYSTIFIED

Instructor: James Barbera, Jane Rosten, and Marc Geller (EVucation LLC), info@evucation.com, <http://www.evucation.com>

*Prerequisite: None*

Are you considering acquiring an electric vehicle (EV)? Come hear from seasoned EV experts. Get questions answered: learn about the difference between all-electric and plug-in hybrid EVs; EV charging; range concerns; buying vs. leasing; new vs. used; and more!

One Session / October 6

Thursday / 6:30–8:30 p.m.

Palo Alto HS MAC / \$30

### LYRICS JUXTAPOSE THE STORIES OF LIFE IN MUSIC (Class limited to 8-10 students)

Instructor: Sam Kauffman, samksongs@aol.com

*Prerequisite: None*

Introduction to lyric writing with award winning lyricist and songwriter Sam Kauffman. This one time workshop will introduce you to the basics of writing lyrics.

One Session / October 27

Thursday / 1–4 p.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$28

### PUBLIC SPEAKING WITH CONFIDENCE

Instructor: Ivan Temes, ivantemes@yahoo.com

*Prerequisite: None*

Learn to listen more effectively and become a compelling storyteller while expanding communication skills in all areas of your life. Speaking in front of others will become a more joyful experience!

4 wks / October 11–November 1

Tuesday / 6:30–8 p.m.

Palo Alto HS Rm 1709 / \$60

### SHELF INDULGENCE BOOK CLUB

Instructor: Rachel Kellerman, rkellerman@pausd.org

*Prerequisite: None*

Take a road trip without having to buy gas! Read *The Lincoln Highway A Novel* and travel with many fascinating characters across a plot that has as many twists and turns as Highway One. Our friendly group will discuss the book in three parts. See the website for more information.

3 wks / October 12–October 26

Wednesday / 6:30–8 p.m.

Palo Alto High School Library / \$60

### VISUAL JOURNALING

Instructor: Linda Papanicolaou

*Prerequisite: None*

Calling all artist / writers! Do you write on your artwork? Do you add drawings or collages to your writings? Learn the techniques of visual journaling. Practice skills, share ideas, and develop your own journaling project. See the website for the supplies list. For all levels of creative experience.

8 wks / September 12–November 7 (No class October 31)

Monday / 7–8:30 p.m.

Palo Alto HS Rm 1701 / \$111



## HEALTH AND FITNESS

### ADULT BICYCLING

Instructor: Maria Abilock, mabilock@pausd.org,  
and Anjani Sarma, asarma@pausd.org  
*Prerequisite: Must be able to ride a bike*



Learn essential bike safety skills and build your confidence riding on local streets in this classroom and on-bike class. You will learn the rules of the road and safety skills at the Wednesday class. The Sunday class is the on-bike component with skill drills and a teaching ride. Functional bike

and helmet required for bike ride. Must attend Safety class to participate in bike ride.

One Session

*Safety Class:* Wednesday / September 28 / 7-8:30 p.m.

*Bike Ride:* Sunday / October 2 / 1-4 p.m.

Greendell MP Room / \$35

### AIKIDO

Instructor: Fushan Yuan, fyuan@pausd.org  
*Prerequisite: None*

Train mind and body in the dynamic art of Aikido with Hombu Dojo's Shiohira Shihan, 7th Dan, and senior students. The Japanese martial art of Aikido is a comprehensive system of throwing, joint locking, striking and pinning techniques that foster strength, flexibility, presence of mind, and cooperative movement.

10 wks / September 13–November 19

Tuesday AND Thursday / 6:30–8 p.m. AND

Saturday / 10–11 a.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$168

### NATURE SCIENCE HIKES

Instructor: Environmental Volunteers,  
communityprograms@evols.org  
*Prerequisite: None*



Join Environmental Volunteers' most knowledgeable nature-science educators on three explorations of local open spaces. Each two-hour hike will be at a different location,

and each will focus on learning about a different environmental topic. The pace of the hikes will be easy, with semi-frequent stops to discuss subjects. Distance traveled may vary but expect between 1 – 3 miles.

3 wks / October 8, October 22, and November 5

Saturday / 10 a.m.–12 noon

Various Locations / \$45

- Stevens Creek County Park (Climate Change)
- Los Trancos (Earthquake Geology)
- Baylands Nature Preserve (Tidal Ecology)

NEW

### ODAIKO

Instructor: Kensuke Sumii, info@drumrevolution.com  
*Prerequisite: Age 15+; Students must also be currently enrolled in Taiko I class*

This class is designed for individuals with advanced knowledge and understanding of Taiko, and stamina to hit Odaiko (big Taiko) for one hour. Odaiko will help build up stamina, rhythmic competence and speed to hit Taiko. *New students must audition before registering for class.* Please contact the instructor prior to registration. All equipment – including drums and sticks – are provided. *Before registering, see website for more information.* There will be a \$30 materials fee payable to the instructor at the first class to cover the drum heads replacement.

#### SECTION A (Open to CONTINUING students)

6 wks / August 28–October 2

Sunday / 7–8 p.m.

Palo Alto HS Student Center / \$30 (+ \$30 materials fee)

#### SECTION B (Open to CONTINUING students)

6 wks / October 9–November 27

(No class October 30 and November 20)

Sunday / 7–8 p.m.

Palo Alto HS Student Center / \$30 (+ \$30 materials fee)

#### SECTION C (Open to CONTINUING students)

6 wks / December 4–January 22, 2023

(No class December 25 and January 1)

Sunday / 7–8 p.m.

Palo Alto HS Student Center / \$30 (+ \$30 materials fee)

### PILATES: BEGINNING/INTERMEDIATE

*(Class limited to 12 students)*

Instructor: Judy Lee-Squire, jleesquire@pausd.org  
*Prerequisite: None*



Increase your core strength, flexibility and endurance with Pilates, a mind-body exercise that emphasizes conscious breath and form. Will use small balls and therabands. Modifications will be

taught. *A mat is required during class.*

10 wks / September 13–November 15

Tuesday / 6:45–7:45 p.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$93



## HEALTH AND FITNESS

### TAI CHI: CHEN STYLE

Instructor: Lisette Yung, cyung@pausd.org

*Prerequisite: None*

Learn the traditional Chen Style first form (Taijiquan). Practice the continuous movements which helps develop balance, body coordination and strength and the understanding of basic Tai-Chi principals. Improve mind, health, body alignment and daily movement.

8 wks / September 14–November 2

Wednesday / 7:30–8:30 p.m.

Palo Alto HS Dance Studio / \$74

### TAIKO I (Classes limited to 24 students)

Instructor: Kensuke Sumii, info@drumrevolution.com

*Prerequisite: Age 15+*



Taiko is the art of Japanese drumming, which develops self-expression and musical creativity. This course engages in Uchikomi based practice. You should have a sense of rhythm and/or stamina to hit drums for two hours. All

equipment – including drums & sticks – are provided. There will be a \$110 materials fee payable to the instructor at the first class to cover the drum heads replacement. *Before registering, see website for more important information.*

#### SECTION A (Open to ALL Students)

6 wks / August 31–October 12 (No class September 28)

Wednesday / 8–10 p.m.

Palo Alto HS Student Center / \$60 (plus \$110 materials fee)

#### SECTION B (Open to ALL Students)

6 wks / October 19–November 30 (No class November 23)

Wednesday / 8–10 p.m.

Palo Alto HS Student Center / \$60 (plus \$110 materials fee)

#### SECTION C (Open to CONTINUING Students)

6 wks / December 7–January 25, 2023

(No class December 28 and January 4)

Wednesday / 8–10 p.m.

Palo Alto HS Student Center / \$60 (plus \$110 materials fee)



## CELEBRATE OUR 100-YEAR CENTENNIAL

Sunday, Sept. 11th  
3:00 - 5:00 pm

Food, Class Discounts,  
Music, EV Expo

50 Embarcadero Rd, Palo Alto

More than \$500 in Giveaways

### THRIVING WITH GRATITUDE: LEARN HOW TO FIND HAPPINESS IN THESE CHALLENGING TIMES

Instructor: Ketna Mistry, ithriveinfo22@gmail.com

*Prerequisite: None*

When someone tells you to be grateful in these challenging times, you may say: How could anyone feel grateful amidst so much turmoil? You don't have to find the upside to your difficulties, you only need to find a few things you appreciate despite the stress in your life. The class includes a strong science-based component, practical exercises to use in your life, videos and interactive class activities. You will have tools to better manage these challenging times, deal with adversity, and boost your happiness. Experience how gratitude can transform your life!

6 wks / September 13–October 18

Tuesday / 7–9 p.m.

Palo Alto HS Rm 1701 / \$111

### YOGA AND MEDITATION

Instructor: Kamal Vilms, kvilms@pausd.org

*Prerequisite: None*

Gently stretch, relax and energize your body with yoga poses that cultivate balance, inner awareness, and mobility and release muscle tension. Regular yoga practice can improve health in many ways from stress reduction to increased flexibility and improved breathing. Bring a yoga mat.

9 wks / September 12–November 7

Monday / 5–6:30 p.m.

Palo Alto HS Rm 110 / \$125

### ZUMBA

Instructor: Amy Chan, achan@pausd.org

*Prerequisite: None*



Learn different dance styles including: Tango, Flamenco, Cha Cha Cha, Salsa, K-Pop, Bollywood, Belly Dancing and more! Zumba helps improve your balance, coordination and memory. No partner required. Come join the party, make new friends, and bring a water bottle to class!

10 wks / September 12–November 16

Monday AND Wednesday / 6:30–7:30 p.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$185

"After taking the Winter Zumba class with Amy, I wanted to continue Zumba this past Spring. I've taken online exercise classes which I enjoyed but I really recommend trying in-person classes for an enhanced experience."

Melody Van Horn  
Corporate Paralegal

## HOME AND ENVIRONMENT

### ELECTRIC CARS DEMYSTIFIED

Instructor: James Barbera, Jane Rosten, and Marc Geller (EVucation LLC), [info@evucation.com](mailto:info@evucation.com), <http://www.evucation.com>

*Prerequisite: None*



Are you considering acquiring an electric vehicle (EV)? Come hear from seasoned EV experts. Get questions answered: learn about the difference between all-electric and plug-in hybrid EVs; EV charging; range concerns; buying vs. leasing; new vs. used; and more!

One Session / October 6

Thursday / 6:30–8:30 p.m.

Palo Alto HS MAC / \$30

### GARDENING IN FALL

Instructor: Sherri Bohan, [sbohan@pausd.org](mailto:sbohan@pausd.org)

*Prerequisite: None*

Learn to create a thriving water-wise home garden. Get practical advice and learn professional strategies to grow and maintain your fall garden while introducing methods in planning next year's water saving garden. Use natural low-toxic products for healthy rose, citrus and fruit tree care, dormant pruning and buying spring flowering bulbs.

12 wks / September 14–December 7 (No class November 23)

Wednesday / 10 a.m.–12 noon

LIVE ONLINE / \$65\*

### MANAGING YOUR REMODELING PROJECT LIKE A PRO

Instructor: Mollyanne Sherman, [mollyanne@macdesignstudio.com](mailto:mollyanne@macdesignstudio.com)

*Prerequisite: None*

Learn the steps, be aware of the process and obtain the knowledge that gets you the home of your dreams! We will address the steps from beginning to end, and the resources available to you. There is a \$30 supply fee payable to the instructor.

5 wks / September 27–October 25

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 1707 / \$116



ACTION FOR A  
HEALTHY PLANET

Fall 2022  
Lecture Series



Join us September 14

Lecture by Nathaniel Stinnett  
The Environmental Voter Project

RSVP: [acterra.org/lectures](http://acterra.org/lectures)

### SEWING:

#### SEW WIDE LEG PANTS OR SHORTS

Instructor: Colleen Lesoway, [clesoway@mac.com](mailto:clesoway@mac.com)

*Prerequisite: None*

Basic sewing skills and pattern adjustment will be demonstrated. Individual project help will be given. Sewing machines are provided, or bring your own. All sewing levels are welcome! There is a \$28 materials fee payable to the instructor at the first class.

6 wks / September 14–October 19

Wednesday / 7–9 p.m.

JLS Rm 140 / \$130

NEW

### SUSTAINABILITY 101 FOR PALO ALTO

Guest Instructor: Leo Steinmetz, [leo.steinmetz@acterra.org](mailto:leo.steinmetz@acterra.org)

*Prerequisite: None*

Did you know that gas water heaters are the biggest sources of emissions for many California households? Are you curious about the current state of the Palo Alto electrical grid, where its power comes from, and how it might need to change? Learn how to address the current sustainability issues affecting us in Palo Alto. We will cover the basic science of local emissions, current trends in climate policy, and the most important and accessible individual climate actions for Bay Area residents.

One Session / October 17

Monday / 6:30–8 p.m.

Palo Alto HS Rm 1707 / \$25

GUEST  
INSTRUCTOR

### UPHOLSTERY: BASIC TECHNIQUES

*(Classes limited to 18 students)*

Instructors: Kathleen Koenig, [kkoenig@pausd.org](mailto:kkoenig@pausd.org),

Isabelle Trainer, [itrainer@pausd.org](mailto:itrainer@pausd.org),

Shelly Kim, [shkim@pausd.org](mailto:shkim@pausd.org)

*Prerequisite: None*



Learn how to reupholster your chair or ottoman from start to finish using a mix of traditional and modern techniques. You will be guided through the entire

process of reupholstering your project. While having some sewing/crafting experience can be helpful, it is not a requirement to enroll. A simple project is recommended for new students. If you have an old piece of furniture you would like to salvage, come check us out!

\*\*\* NEW UPHOLSTERY STUDENTS \*\*\*

After registering, please contact the Adult School Office at (650) 329-3752 for class location and parking information.

### SECTION A

10 wks / September 13–November 15

Tuesday / 9 a.m.–1 p.m.

Palo Alto HS Rm 904 / \$358

### SECTION B

10 wks / September 15–November 17

Thursday / 9 a.m.–1 p.m.

Palo Alto HS Rm 904 / \$358

\* Partially or fully state-funded

PAAAdultSchool.org // 650-329-3752 // PALO ALTO ADULT SCHOOL 12

## MUSIC

### CHORUS

Instructor: Andrew Lu, chorus@musicbylu.com

*Prerequisite: None. Musical experience welcomed, but not required.*

Lift your voices in song! In this chorus, you'll learn and perform music from a wide variety of genres, cultures, and traditions. Additionally you will learn the fundamentals of vocalizing, ensemble singing, and note-reading.

10 wks / September 15–November 17

Thursday / 7–8:30 p.m.

Palo Alto HS Rm 110 / \$100

### INTRO TO GUITAR *(Class limited to 12 students)*

Instructor: Paul J. Prochaska, paul@prochaska.com

*Prerequisite: None*

Do you want to learn how to play the guitar? It's never too late to begin! All you need is a playable, acoustic, six-stringed guitar, and the motivation to learn and to practice every week. Bring your own guitar.

10 wks / September 14–November 16

Wednesday / 7–8:30 p.m.

Palo Alto HS Rm 1701 / \$120

### MASTER SINFONIA CHAMBER ORCHESTRA

Instructor: David Ramadanoff, info@mastersinfonia.org, www.mastersinfonia.org

*Prerequisite: Students must have advanced technical and music skills on an orchestral instrument.*

The Master Sinfonia Chamber Orchestra will rehearse and perform works ranging from classics such as Mozart, Beethoven, Brahms, to 20<sup>th</sup> Century composers such as Samuel Barber and living composers such as John Adams. The orchestra will perform a concert on Saturday, October 15, 2022 at 7:30 p.m. and a Family Concert on Saturday, December 10, 2022 at 2:30 p.m. in the Palo Alto High School Performing Arts Center. *Applicants must audition with the instructor, David Ramadanoff, before attending the first orchestra rehearsal. Contact him at info@mastersinfonia.org for more details.*

10 wks / September 15–November 17

Thursday / 7–10 p.m.

Los Altos United Methodist Church / \$55



#### MASTER SINFONIA CHAMBER ORCHESTRA

*Conducted by David Ramadanoff*

**\*\* CONCERTS \*\***

- Saturday, October 15, 2022 @ 7:30 p.m.
- Saturday, December 10, 2022 @ 2:30 p.m. (Family Concert)

**PALO ALTO HIGH SCHOOL Performing Arts Center**

Ticket info at [PAAadultschool.org](http://PAAadultschool.org)

### LYRICS JUXTAPOSE THE STORIES OF LIFE IN MUSIC

*(Class limited to 8-10 students)*

Instructor: Sam Kauffman, samksongs@aol.com

*Prerequisite: None*

Introduction to lyric writing with award winning lyricist and songwriter Sam Kauffman. This one time workshop will introduce you to the basics of writing lyrics..

One Session / October 27

Thursday / 1–4 p.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$28

NEW

### PENINSULA SYMPHONIC BAND

Instructor: Ted Henderson, mrhenderson1962@gmail.com

Experience the thrill of performance in this fully instrumental band for experienced players of wind and mallet-rhythm percussion instruments. Enjoy playing traditional, popular, and classical music. Percussionists and tubists are especially needed. A concert will be given at the end of the quarter, on Sunday, November 20, 2022. *Before attending the first band practice, applicants must email Ted Henderson at mrhenderson1962@gmail.com or call him at (408) 910-1830.*

10 wks / September 12–November 14

Monday / 7:30–10 p.m.

Palo Alto HS Rm 109 / \$60

### SYMPHONIC BAND FALL CONCERT

*Conducted By Ted Henderson*

- Sunday, November 20, 2022 at 3 p.m.
- Performing Arts Center, Palo Alto High School
- Admission Free — Donations Appreciated

### PIANO: BEGINNING/INTERMEDIATE

*(Classes limited to 10 students)*

Instructor: Kathy Woveris, kwoveris@gmail.com

Learn to play music in a fun environment. You will learn to play on the provided keyboards. Instruction includes basic notes, rhythm, theory and finger exercises as well as chords and scales. You will need a keyboard at home to practice on or can rent a keyboard. Every term we will study a classical composer's biography and simple music by that composer as well as listening to a recording. See website for textbook information.

*Note: No perfumes or scented hair products of any kind in class due to the instructor's allergies.*

#### SECTION A: Beginning *(No previous lessons)*

9 wks / September 14–November 9

Wednesday / 5:30–6:30 p.m.

Palo Alto HS Rm 305 / \$83

#### SECTION B: Beginning/Intermediate

9 wks / September 14–November 9

Wednesday / 6:30–7:30 p.m.

Palo Alto HS Rm 305 / \$83

#### SECTION C: Intermediate

9 wks / September 14–November 9

Wednesday / 7:30–8:30 p.m.

Palo Alto HS Rm 305 / \$83



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- Real Estate Law
- Using Social Media in Business

To sign up and view more courses that interest you, please visit our Online Instruction Center:

**[www.ed2go.com/paloalto](http://www.ed2go.com/paloalto)** or call the Palo Alto Adult School: (650) 329-3752

*New course sessions begin monthly.*

## PARENTING AND FAMILY

For 75 years, we have offered preschool programs organized primarily for parent education. Parents develop a deeper understanding of early childhood development and parenting skills through adult discussion classes, formal and informal observations, and community exchanges. Our unique participatory structure allows parents to be involved in their children's preschool education.

## PRESCHOOL FAMILY

4120 MIDDLEFIELD ROAD • PALO ALTO, CA 94303-4741 • (650) 856-0833

**INSTRUCTOR: PRESCHOOL FAMILY STAFF**

PreSchool Family is a parent education, parent participation program serving families with children from birth through five years. The program is designed to offer parents an opportunity to learn about parenting and to actively participate in their child's education. For children, the program offers a developmentally appropriate, play-based, educational experience. Parents join their child for one class each week during September–May regardless of the age of the child.

Parent education is the heart of our program and consistent parent participation is required in both the child and the adult classes. We provide opportunities for children to master tasks that are appropriate for their individual level of development. Periods of free play are complemented by more structured small and large group activities.

In order to build strong families and communities, PreSchool Family serves parents and young children in a way that nurtures, respects, and educates all families, cultures, and religions. Each child and each parent is treated with respect for their individuality and unique potential.

### Programs offered for the 2022-2023 school year:

- **3–12 Month Old Class:** Wednesday 10 a.m.–12 noon & Parent class monthly on Thursday evenings, 7:30-9:30 p.m.
- **12–24 Month Old Class:** Thursday 9:30–11:30 a.m. & Parent class on Thursday evenings, 7:30-9:30 p.m.
- **12–24 Month Old Class:** Friday 9:30–11:30 a.m. & Parent class on Thursday evenings 7:30-9:30 p.m.
- **2 Year Old Class:** Tuesday and Thursday 9:30 a.m.–12 noon & Parent class on Tuesday evenings 7:30-9:30 p.m.
- **3 Year Old Class:** Monday, Wednesday, & Friday 9:15–11:45 a.m. & Parent class on Wednesday evenings 7:30-9:30 p.m.
- **3 Year Old Stay and Play Class:** Monday, Wednesday, & Friday 9:15–11:45 a.m. & Parent class Monday 11:45 a.m. - 2:15 p.m.
- **4 Year Old Class:** Monday -Thursday 9 a.m. – 12 noon & Parent class Tuesday evenings 7:30-9:30 p.m.
- **4 Year Old Stay and Play Class:** Monday -Thursday 9 a.m. – 12 noon & Parent class Tuesday 12 noon-2:30 p.m.
- **2 Year Old and 3 Year Old Dinner Class:** Wednesday 4–6:15 p.m.

Unless noted, the parent education classes occur twice a month in the afternoons or evenings. The Dinner class has parent education on alternating weeks during the participation class time. For the Stay and Play class programs, parent education classes meet in the afternoons while children eat lunch and play with another PreSchool Family teacher. Families may enroll in the spring if space is available.

### For information about fall 2022 classes and registration

please visit <https://greendell.pausd.org/programs/preschool-family>

Follow PreSchool Family at [instagram.com/preschoolfamily](https://www.instagram.com/preschoolfamily) and [twitter.com/preschoolfamily](https://twitter.com/preschoolfamily)

**PreSchool Family Phone: (650) 856-0833**



## PARENTING AND FAMILY



### DreamCatchers

*Tutoring Underserved Youth for a Brighter Future*

DreamCatchers engages the next generation of leaders in helping low-income PAUSD middle school students to thrive. Stanford undergrads and high schoolers provide free after school tutoring/mentorship. We are currently looking for individual and business volunteers to support our youth-driven efforts.

For more information contact Gezel Frederick, [www.dreamcatchersyouth.org](http://www.dreamcatchersyouth.org)

## PHOTOGRAPHY

### ADVANCED BLACK & WHITE DARKROOM

*(Class limited to 6 students)*

Instructor: Liz Crandall, [ecrandall@pausd.org](mailto:ecrandall@pausd.org)

*Prerequisite: Prior black and white darkroom experience*

Enhance and sharpen your darkroom skills, and express, expand and realize your unique artistic vision by creating your own photographic projects. Troubleshoot prints to reduce variables and gain more control over your printing technique. Use compositional guidelines to view prints critically yet artistically. Bring negatives, photographic paper and blotter book to first class. Full materials list and standard darkroom chemicals will be provided.

8 wks / September 12–October 31

Monday / 6:30–9:30 p.m.

Palo Alto HS Rm MAC 102 / \$192

### FUNDAMENTALS OF PHOTOGRAPHY

Instructor: Liz Crandall, [ecrandall@pausd.org](mailto:ecrandall@pausd.org)

*Prerequisite: None*

Take control of your camera! Investigate dials, icons and screens on your camera and learn how to use them. Improve your photography through exploring and understanding the exposure triangle, visual elements and compositional guidelines. Achieve skillful use of photographic concepts by completing weekly assignments. All camera types welcome.

8 wks / September 12–October 31

Monday / 7:30–9:30 p.m.

Palo Alto HS Rm MAC 102 / \$128

## WOODWORKING *(All Woodworking Classes Limited to 15 Students)*

### WOODWORKING 1: BUILD A TABLE

*Prerequisite: None*



Develop woodworking skills while building a table from rough wood using power tools. The class will focus on safety, project planning and understanding the medium of wood. There will be a materials

fee (\$60–\$100) payable to the instructor to cover the cost of wood. Storage space is available for projects during the quarter. You will need safety glasses and hearing protection is highly recommended. Textbook: None. Materials will be emailed before the class.

#### SECTION A: (Daytime) —

**STUDENTS MUST WEAR A MASK DURING CLASS**

Instructors: Derek Witte, [dwitte@pausd.org](mailto:dwitte@pausd.org), and

Sumit Roy, [sroy@pausd.org](mailto:sroy@pausd.org)

10 wks / September 7–November 30

*(No class September 21, 28, and November 23)*

Wednesday / 1:30–4:30 p.m.

Palo Alto HS Woodshop / \$278

#### SECTION B: (Evening)

Instructors: Rayan Ghazal, [rayan@stanford.edu](mailto:rayan@stanford.edu), and

Marty Lastowski, [mlastowski@pausd.org](mailto:mlastowski@pausd.org)

10 wks / September 15–November 17

Thursday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$278

### PALO ALTO



ADULT SCHOOL

Inviting woodworkers  
(and all students)  
to celebrate our  
100-year Centennial

**Food, Class Discounts,  
Music, EV Expo**

**More than \$500 in Giveaways**

**Sunday, Sept. 11th  
3:00 - 5:00 pm**

## WOODWORKING (All Woodworking Classes Limited to 15 Students)

### WOODWORKING 2: CRAFTSMAN-STYLE ROCKING CHAIR

(Spring '22 Continuing Craftsman Students Only)

Instructors: Marcus Miller, wmmiller2@yahoo.com, and Mary Ann Carmack, macsoybean@gmail.com

*Prerequisite:* Wood 1 AND Wood 2 — **NO EXCEPTIONS**

Expand your skills while building a beautiful heirloom rocking chair. The project will emphasize mortise and tenon joinery throughout for uncompromising strength. Additional tools and techniques will include bandsaw for graceful curves, template routing for identical parts, and an introduction to bent lamination. The course is a continuation class from Spring 2022. **NOTE:** Due to the complexity of the project, students **CANNOT** miss more than one class.

8 wks / September 13–November 1

Tuesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / No Fee

### WOODWORKING 2: JOINERY WITH POWER TOOLS

Instructors: Sumit Roy, sroy@pausd.org, and Derek Witte, dwitte@pausd.org

*Prerequisite:* Wood 1

You will have the opportunity to review and expand upon skills learned in Woodworking 1. The class will focus on safety, joinery using power tools, and understanding the medium of wood. You will build a few small boxes using different types of joinery. Stock will be prepared by resawing thicker boards. There will be a materials fees of \$60 payable to the instructor on the first day of class to cover the cost of wood. No textbook. Supplemental information will be emailed if needed.

9 wks / September 20–November 22 (No class October 18)

Tuesday / 1–4:30 p.m.

Palo Alto HS Woodshop / \$250

### WOODWORKING 3 PROJECT: WOODWORKING DESIGN — DESIGN AND MAKE A WOOD BOX

Instructors: Michael Osborne, mo@modsf.com, and Claude Godcharles, cgodcharles@pausd.org

*Prerequisite:* Wood 1 AND Wood 2



In this class you will use a combination of power tools and hand tools to design and build a unique wooden box of your own creation. Emphasis will be given to the design of all elements

of the box including wood choice, corner joinery, top/lid construction, handle vs no handle, interior treatment, etc. There will be a materials fee of \$30 payable to the instructor at the first class meeting.

6 wks / October 6–November 10

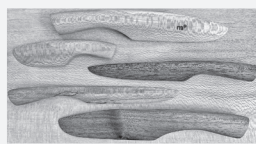
Thursday / 2:30–5:30 p.m.

Palo Alto HS Woodshop / \$167

### WOODWORKING 3 PROJECT: MAKE A CHEESE KNIFE OR LETTER OPENER

Instructors: Michael Osborne, mo@modsf.com, and Claude Godcharles, cgodcharles@pausd.org

*Prerequisite:* Wood 1 & Wood 2



In this class you will use a combination of power tools and hand tools to make a beautiful wooden cheese knife, butter knife, or letter opener. You will

learn how to shape with a rasp, and work with a variety of stunning hardwoods! There will be a materials fee of \$20 payable to the instructor at the first class meeting.

3 wks / September 15–September 29

Thursday / 2:30–5:30 p.m.

Palo Alto HS Woodshop / \$83

### WOODWORKING 3: ADVANCED WOODWORKING TECHNIQUES

Instructors: Claude Godcharles, cgodcharles@pausd.org,

Sumit Roy, sroy@pausd.org, and

Aaron Straight, astraight@pausd.org

*Prerequisite:* Wood 1 AND Wood 2 — **NO EXCEPTIONS**

Come work on your own project, while learning setup and techniques for power tools and hand tools! This class includes short tutorials as well as open shop time to work on your personal project under supervision.

#### SECTION A: (Daytime)

10 wks / September 12–November 14

Monday / 2–5 p.m.

Palo Alto HS Woodshop / \$278

#### SECTION B: (Evening)

10 wks / September 12–November 14

Monday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$278

### WOODWORKING 4: ADVANCED — OPEN SHOP

Instructors: Rayan Ghazal, rayan@stanford.edu,

Marty Lastowski, mlastowski@pausd.org, and Sharad Patel

*Prerequisite:* Three quarters of Woodworking classes

Work at your own pace with access to instruction, equipment and advice when you need it. A skills test will be given at the first class. Students supply their own materials. Storage space is available for projects during the quarter. Please email instructor at [rayan@stanford.edu](mailto:rayan@stanford.edu) prior to enrolling.

10 wks / September 14–November 16

Wednesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$278

## WORLD LANGUAGES

### CHINESE ORAL AND WRITING SKILLS

Instructor: Lucia Wu, [www@pausd.org](mailto:www@pausd.org)

*Prerequisite:* Able to use Chinese phonetics or characters to write a paragraph of 50 words in proper Chinese grammar



This class welcomes students of different levels who have a long term goal to use Chinese in their lives. Students at similar levels will be paired up in online

groups to complete their parts of the class project. Topics will be discussed in the class. Required textbook (*Chinese Express*) can be purchased in the Adult School office.

9 wks / September 15–November 10

Thursday / 7–9 p.m.

LIVE ONLINE / \$167

### FRENCH: BEGINNING

Instructor: Pary Sarraf, [pary.sarraf@gmail.com](mailto:pary.sarraf@gmail.com)

*Prerequisite:* Beginning I (Sec. A)—None; Beginning II (Sec. B)—French Beginning I or equivalent *Bonjour!* Students with no French instruction will learn the fundamentals of French pronunciation and will develop basic everyday conversational skills with focus on phonetics, grammar, listening comprehension, reading and writing exercises. Students will also become familiar with French culture and customs. Textbook: *Dis-moi!* (ISBN: 0-673-21627-6).

#### SECTION A: Beginning I

11 wks / September 19–December 5 (No class November 21)

Monday / 6–8 p.m.

LIVE ONLINE / \$204

#### SECTION B: Beginning II

11 wks / September 20–December 6 (No class November 22)

Tuesday / 6–8 p.m.

LIVE ONLINE / \$204

### FRENCH GRAMMAR REVIEW

Instructor: Pary Sarraf, [pary.sarraf@gmail.com](mailto:pary.sarraf@gmail.com)

*Prerequisite:* French intermediate

In this comprehensive grammar review course, the emphasis is placed on the language structure leading to effective communication. The students will enhance conversation skills through accurate sentence structure and syntax. The curriculum includes a thorough revision of the parts of speech, sentence structure, conjugation and activity-based exercises. No textbook. Course materials provided by the instructor.

11 wks / September 19–December 5 (No class November 21)

Monday / 2–4 p.m.

LIVE ONLINE / \$204

NEW

### FRENCH: HIGH INTERMEDIATE READING AND CONVERSATION

*(Class limited to 12 students)*

Instructor: Mireille Belloni, [mbelloni@pausd.org](mailto:mbelloni@pausd.org)

*Prerequisite:* High intermediate French or equivalent

Reading is a great way to expand your knowledge of French. You will use a contemporary French novel as a vehicle for improving your language skills and discover aspects of French-speaking culture.

8 wks / September 12–October 31

Monday / 10–11:30 a.m.

LIVE ONLINE / \$111

### FRENCH: ADVANCED— L'ART DE CONVERSATION

Instructor: Pary Sarraf, [pary.sarraf@gmail.com](mailto:pary.sarraf@gmail.com)

*Prerequisite:* High intermediate



Students will initiate and participate in a variety of conversational topics in real-life settings including current events, art, movies, history, books, travel, cuisine and more. Increase vocabulary and enhance your communication skills, grammar and syntax. Expand ability to express your thoughts and opinions on an engaging

array of topics.

11 wks / September 22–December 8 (No class November 24)

Thursday / 6–8 p.m.

LIVE ONLINE / \$204

### ITALIAN: BEGINNING I

Instructor: Roberta Lamanda, [rlamanda@pausd.org](mailto:rlamanda@pausd.org)

*Prerequisite:* None

In this live online class for early Beginners, you will familiarize yourself with basic Italian structure and grammar, and conversational skills through in-class group activities. Emphasis is on conversation and active participation. Please contact the instructor for the textbook and any questions. *A presto!* All students are required to have their video *ON* during class.

10 wks / September 13–November 15

Tuesday / 6–8 p.m.

LIVE ONLINE / \$185

### ITALIAN: BEGINNING II

Instructor: Roberta Lamanda, [rlamanda@pausd.org](mailto:rlamanda@pausd.org)

*Prerequisite:* Beginning I or equivalent

This Italian class is meant for previous Beginning students or students who are acquainted with basic knowledge of the language. New students are welcome! Emphasis is on conversation and active participation. Please contact the instructor for the textbook and any questions. *A presto!* All students are required to have their video *ON* during class.

10 wks / September 14–November 16

Wednesday / 6–8 p.m.

LIVE ONLINE / \$185



## WORLD LANGUAGES

### ITALIAN: INTERMEDIATE V

Instructor: Roberta Lamanda, [rlamanda@pausd.org](mailto:rlamanda@pausd.org)

*Prerequisite: Intermediate or equivalent*



This Italian language class for Intermediate students is designed to review, reinforce and expand their grammar and communication skills. Emphasis is on conversation and active in-class participation. The class is taught mostly in Italian. Please contact the instructor for the textbook

and any questions. *Vi aspetto!* All students are required to have their video *ON* during class.

10 wks / September 12–November 14

Monday / 6–8 p.m.

LIVE ONLINE / \$185

### ITALIAN BOOK CLUB: ADVANCED READING AND CONVERSATION

*(Class limited to 14 students)*

Instructor: Stefania Filigheddu

*Prerequisite: Advanced*

Do not miss this opportunity to challenge yourself and increase your Italian vocabulary and culture while reading and conversing completely in Italian. The selected book contains complex grammatical structures that enhance your ability to incorporate new idioms and vocabulary in different contexts. Textbook: TBD

8 wks / September 20–November 8

Tuesday / 7–8:30 p.m.

LIVE ONLINE / \$111

### JAPANESE: BEGINNING I

Instructor: R. Tsuno, [rtsuno@pausd.org](mailto:rtsuno@pausd.org)

*Prerequisite: None*

Are you interested in learning the Japanese language? Then this is the right class for you! You will learn how to write Hiragana and Katakana during the class. You will also learn useful vocabulary, correct pronunciation and phrases for basic conversation. Textbook: *Genki (optional)*.

10 wks / September 13–November 15

Tuesday / 6:30–8 p.m.

LIVE ONLINE / \$139

### JAPANESE: BEGINNING II

Instructor: R. Tsuno, [rtsuno@pausd.org](mailto:rtsuno@pausd.org)

*Prerequisite: Japanese: Beginning I or equivalent*

This class is for students who took at least 20 hours of Japanese class previously. You should be able to read and write Hiragana and Katakana for this class. You will learn useful vocabulary, phrases and expressions, and some Kanji characters, with an emphasis on conversational skills. Textbook: *Genki (optional)*.

10 wks / September 15–November 17

Thursday / 6:30–8:00 p.m.

LIVE ONLINE / \$139

### SPANISH: BEGINNING

Instructor: Leonardo McCord Salazar, [lmccord@pausd.org](mailto:lmccord@pausd.org)

*Prerequisite: Level 1, None; Levels 4 and 5, previous level*



Learn the essentials of Spanish grammar from a native speaker, and develop the four language skills in meaningful contexts. Topics included will be useful for parents with children in Spanish Immersion classes. You will be able

to participate actively in simple conversations with your children. Required textbook can be purchased in the Adult School office.

*\*\*Levels 2 and 3 are not offered this fall quarter.\*\**

#### SECTION A (Level 1)

10 wks / September 15–November 17

Thursday / 7–9 p.m.

Palo Alto HS Rm 302 / \$185

#### SECTION D (Level 4)

10 wks / September 13–November 15

Tuesday / 7–9 p.m.

Palo Alto HS Rm 302 / \$185

#### SECTION E (Level 5)

10 wks September 12–November 14

Monday / 7–9 p.m.

Palo Alto HS Rm 302 / \$185

### SPANISH: LOW INTERMEDIATE

Instructor: Deborah Richardi, [debbiecaribbean@gmail.com](mailto:debbiecaribbean@gmail.com)

*Prerequisite: Two quarters of Beginning Spanish or equivalent*

Habla Ud español? Continue your studies and focus on conversational skills. Add to your knowledge of grammar and Hispanic culture. Required textbook can be purchased in the Adult School office.

10 wks / September 14–November 16

Wednesday / 7–9 p.m.

Palo Alto HS Rm 303 / \$185



## NEW TEACHERS WELCOME!

If you would like to become an  
Adult School instructor, call  
(650) 329-3752 for an application.

For more information on how to apply, visit

[PAAadultschool.org/new-instructors-welcome](http://PAAadultschool.org/new-instructors-welcome)

## WORLD LANGUAGES

### SPANISH: INTERMEDIATE

Instructor: Leonardo McCord Salazar, [lmccord@pausd.org](mailto:lmccord@pausd.org)  
*Prerequisite: Three quarters of low intermediate Spanish or equivalent*

Learn the fine points of Spanish grammar and the multiple uses of the subjunctive mood in this engaging course. Read, translate, and discuss a masterpiece of Spanish, Latin-American, or Chicano literature. Required textbook can be purchased in the Adult School office.

10 wks / September 14–November 16

Wednesday / 5:30–7:30 p.m.

LIVE ONLINE / \$185

### SPANISH: ADVANCED CONVERSATION AND LITERATURE

Instructor: Leonardo McCord Salazar, [lmccord@pausd.org](mailto:lmccord@pausd.org)  
*Prerequisite: Advanced Spanish skills*

Converse with other students in Spanish, and read contemporary Spanish or Latin-American plays, novels, or short stories. Repetition of the course is encouraged, as new literature is introduced every quarter.

10 wks / September 14–November 16

Wednesday / 8–10 p.m.

LIVE ONLINE / \$185

## MISSION AND STUDENT LEARNER OUTCOMES

### MISSION

Palo Alto Adult School is committed to excellence in providing a broad range of accessible and flexible educational programs that enable our diverse community of adult learners to achieve their academic, career, and personal goals.

## SCHOOLWIDE LEARNER OUTCOMES (SLOs)

### SET GOALS:

Students will assess their own needs and identify their academic, career, and/or personal goals.

- With guidance, develop and communicate plans to achieve their goals.
- Be self-directed learners who learn independently and collaboratively in a diverse environment.

### ACHIEVE SKILLS:

Using a variety of methods, technology, and resources, students will acquire knowledge and skills.

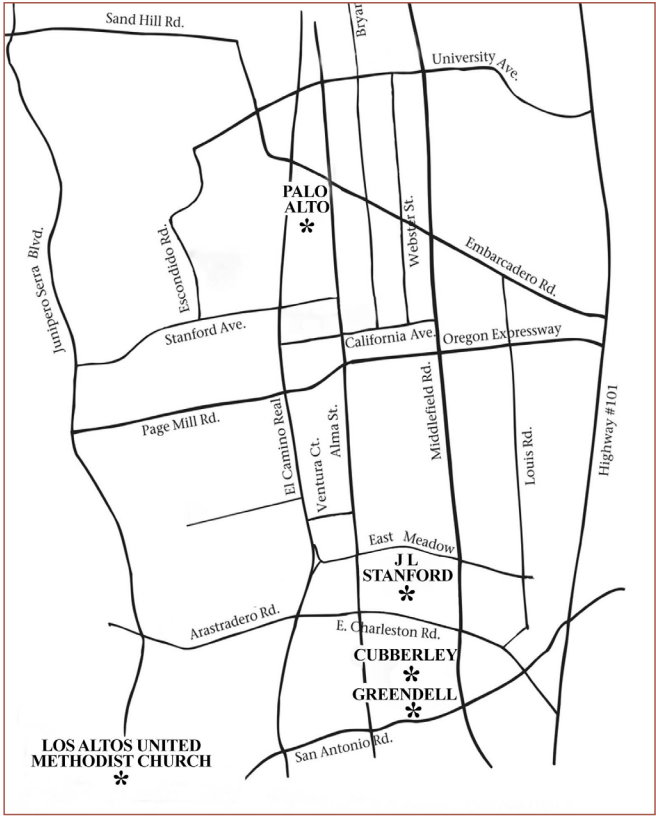
- Develop and apply critical thinking skills.
- Obtain academic and career skills for life and workforce readiness.

### DEMONSTRATE LEARNING:

Students will apply their acquired core knowledge and skills appropriate to their goals.

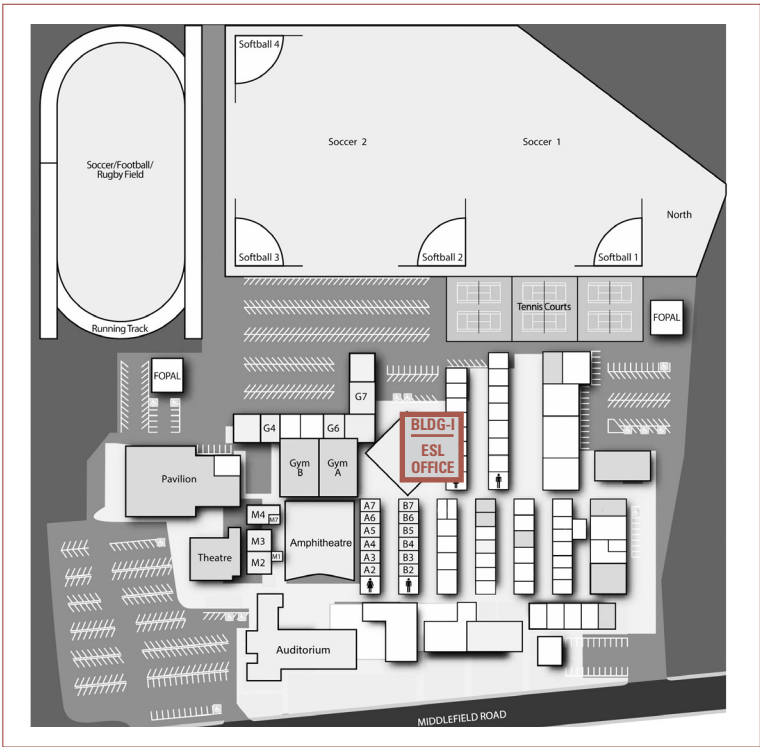
- Advance to post-secondary education or training.
- Contribute to personal enrichment and the community.
- Demonstrate 21st century skills including critical thinking, communication, collaboration, and creativity.

PALO ALTO ADULT SCHOOL LOCATIONS

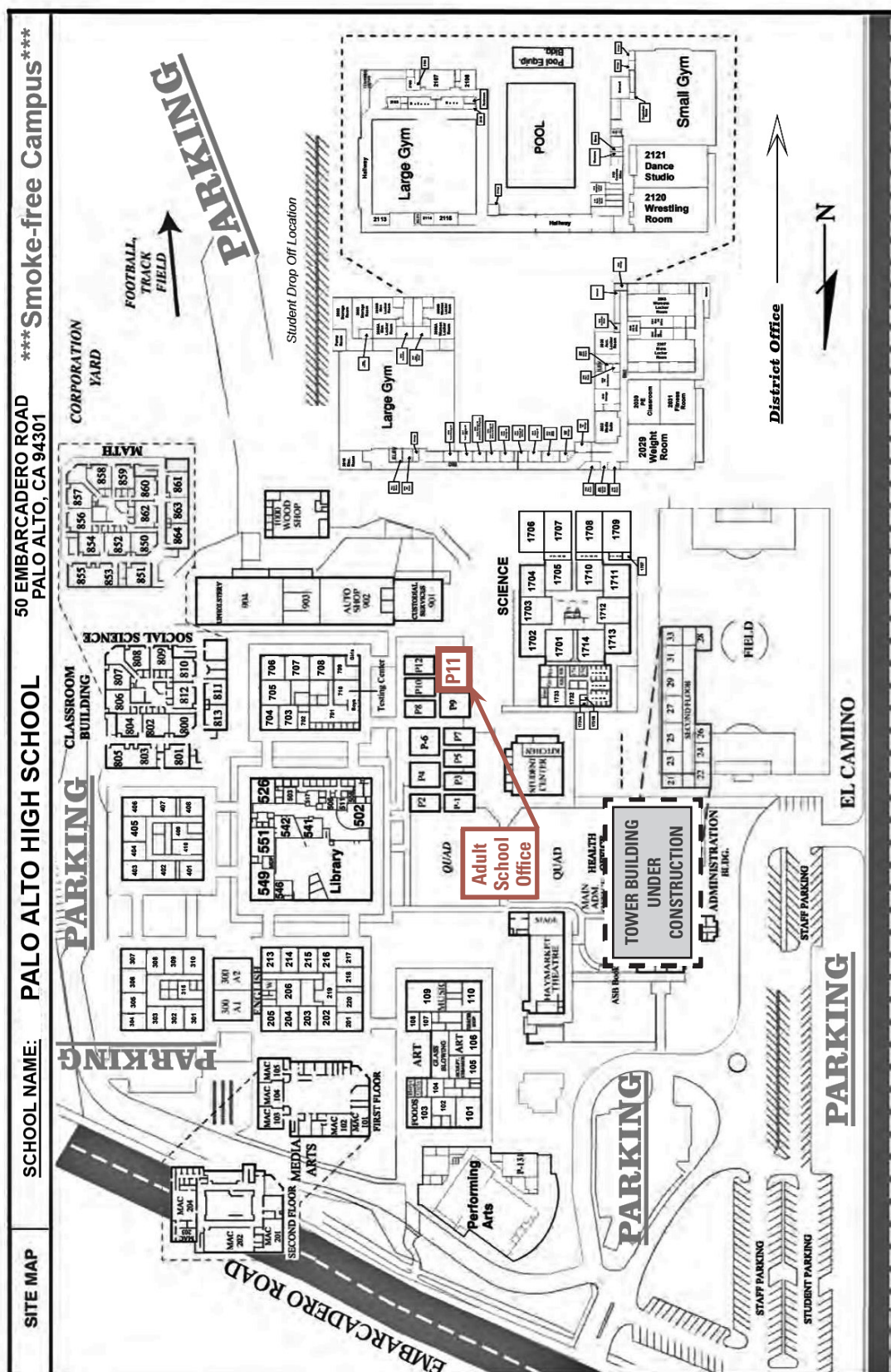


<b>PALO ALTO</b> Palo Alto High School 50 Embarcadero Road	<b>CUBBERLEY</b> Cubberley Community Center 4000 Middlefield Road	<b>GREENDELL</b> Greendell School 4120 Middlefield Road	<b>J. L. STANFORD</b> J.L. Stanford Middle School 480 E. Meadow Drive, Palo Alto	<b>LOS ALTOS UNITED METHODIST CHURCH</b> 655 Magdalena Avenue, Los Altos
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CUBBERLEY COMMUNITY CENTER — ADULT SCHOOL CLASS LOCATIONS



## PALO ALTO ADULT SCHOOL CLASS LOCATIONS





## ADMINISTRATIVE POLICIES

### POLICIES AND PROCEDURES

Palo Alto Adult School follows the Policies and Procedures adopted by the Palo Alto Board of Education. These can be found at: <http://pausd-web.pausd.org/community/board/policies.shtml>. These policies support the Education Code of the State of California.

### NON DISCRIMINATION

BP 0400: The Board shall provide equal opportunities in all areas and assure that there will be no discrimination against any person on the grounds of race, religion, age, sex, national origin, color, disability, political belief, sexual orientation, marital status, or veteran's status.

### ACADEMIC REGULATIONS

BP 5131: The Board of Education believes that all students have the right to be educated in a positive learning environment free from disruptions. Students shall be expected to exhibit appropriate conduct that does not infringe upon the rights of others or interfere with the school program while on school grounds, while going to or coming from school, while at school activities, and while on district transportation.

Conduct is considered appropriate when students are diligent in study, careful with school property, courteous, and respectful toward their teachers, other staff, students, and volunteers. Prohibited student conduct includes, but is not limited to:

- Conduct that endangers students, staff, or others
- Conduct that disrupts the orderly classroom or school environment
- Harassment of students or staff
- Damage to or theft of property belonging to students, staff, or the district
- Use of profane, vulgar, or abusive language
- Plagiarism or dishonesty in school work or on tests
- Possession, use, or being under the influence of tobacco, alcohol, or other prohibited drug in violation of school rules

Students who violate district or school rules and regulations may be subject to discipline including, but not limited to, suspension, expulsion, transfer to alternative programs, or denial of participation in extracurricular or cocurricular activities in accordance with Board policy and administrative regulation. The Superintendent or designee shall notify local law enforcement as appropriate.

### STUDENT RECORDS

BP 5125: At each school, the principal or a certificated designee shall act as custodian of records for students enrolled at that school. The custodian of records shall be responsible for implementing Board policy and administrative regulation regarding student records.

*School Policy:* Adult student records can be released following a written request by the student to the adult school office. Records are released to other parties with the student's permission.

### ELIGIBILITY

All persons over the age of 18 are eligible for all Adult School classes with no residency restrictions.

### PRE-REGISTRATION

Please register early since classes that do not have sufficient enrollment are canceled.

### REFUND POLICY

Refund of fees will only be given if requested at least 72 hours before the first class meeting. There is a \$15 fee for cancellations. A complete refund will always be made if we cancel a class. Please choose your classes carefully.

- We are sorry we cannot accept medical, business travel or other reasons.
- Refunds will be given automatically if the Adult School cancels a class.
- Deposits and tuition for parent education classes are entirely non-refundable.
- Textbooks are not returnable.

### A CERTIFICATE OF COMPLETION

A certificate of completion and/or a letter stating participation in any Adult School class will be given to any student upon request to the office and verification of attendance.

### SCHOLARSHIPS

Please contact the Principal, Tom Keating, if you need scholarship assistance. All information given will remain confidential.

### TOBACCO-FREE SCHOOL DISTRICT PROPERTY

Smoking and the use of tobacco products by all persons is prohibited on Palo Alto Unified School District property and at district-sponsored events.

### SEXUAL HARASSMENT POLICY

It is the policy of the Palo Alto Unified School District to provide a school environment free from all forms of harassment, including sexual harassment, and to maintain an environment in which all students and staff model this behavior and are treated with dignity and respect. Please see the district website for complete information: <https://www.pausd.org/about-us/policies-procedures/title-ix-office>.

### UNIFORM COMPLAINT PROCEDURES

The Palo Alto Unified School District maintains a uniform complaint procedure. Please visit the district website for complete information at <https://www.pausd.org/about-us/policies-procedures/formal-complaint-procedures>.

# CONSORTIUM PARTNERSHIP

## North Santa Clara County Student Transition Consortium

The Palo Alto Adult School is a member of the North Santa Clara County Student Transition Consortium (NSCCSTC), a collaboration between the Foothill-De Anza College District (FHDA), Palo Alto Unified School District Adult School (PAUSD), Fremont Union High School District Adult School (FUHSD), and the Mountain View Los Altos Union High School District Adult School (MVLA). The consortium serves the communities of Cupertino, Los Altos, Los Altos Hills, Mountain View, Palo Alto, and Sunnyvale, as well as portions of San Jose. Its mission is to coordinate and align programs, create linkages, and develop regional plans to better serve the educational needs of adults in the region.

### Meet the members of our consortium:

- Palo Alto Adult School: [paadultschool.org](http://paadultschool.org)
- Mountain View Los Altos Adult School: [mvla.net](http://mvla.net)
- FUHSD Adult School Sunnyvale-Cupertino: [fuhsdadultschool.com](http://fuhsdadultschool.com)
- De Anza College: [deanza.edu](http://deanza.edu)
- Foothill College: [foothill.edu](http://foothill.edu)

Find out more about NSCCSTC at [sites.google.com/site/nscstcaebg](https://sites.google.com/site/nscstcaebg).



# CONTACT INFORMATION

## 2022 PAUSD BOARD OF EDUCATION

Ken Dauber President (650) 906-4340 <a href="mailto:kdauber@pausd.org">kdauber@pausd.org</a>	Jennifer DiBrienza Vice President (917) 501-0930 <a href="mailto:jdibrienza@pausd.org">jdibrienza@pausd.org</a>	Todd Collins Board Member (650) 695-1330 <a href="mailto:tcollins@pausd.org">tcollins@pausd.org</a>	Shounak Dharap Board Member (650) 575-6485 <a href="mailto:sdharap@pausd.org">sdharap@pausd.org</a>	Jesse Ladomirak Board Member <a href="mailto:jladamirak@pausd.org">jladamirak@pausd.org</a>
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## DISTRICT ADMINISTRATION

Don Austin Superintendent (650) 329-3983 <a href="mailto:daustin@pausd.org">daustin@pausd.org</a>	Tom Keating Principal, Adult School (650) 329-3752 <a href="mailto:tkeating@pausd.org">tkeating@pausd.org</a>	Lynn Tanner ESL Program Manager (650) 494-2326 <a href="mailto:ltanner@pausd.org">ltanner@pausd.org</a>	Sharon Ofek Associate Superintendent (650) 329-3717 <a href="mailto:sofek@pausd.org">sofek@pausd.org</a>	Nikole Manou Principal, PreSchool Family (650) 856-0833 <a href="mailto:nmanou@pausd.org">nmanou@pausd.org</a>
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# COMMUNITY PARTNER

Our Community Partner this quarter is

## ACTERRA



Acterra promotes electrification of homes and transportation, food sustainability, sustainable workplaces, and climate education to serve diverse Bay Area communities. For over 50 years, we have been bringing people together to create local solutions for a healthy planet.

WEBSITE // [www.acterra.org](http://www.acterra.org)

PHONE // English: 650.962.9876; Español: 408.675.9960

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## WAYS TO REGISTER

PHONE	(650) 329-3752
FAX	(650) 329-8515
EMAIL	adultschool@pausd.org
WEBSITE	PAAAdultSchool.org
MAIL OR WALK IN	Palo Alto Adult School, 50 Embarcadero Road, Palo Alto, CA 94301

**RECEIPTS/CONFIRMATIONS**

Please call if you need a receipt or a confirmation:  
(650) 329-3752. You will be notified if a class is cancelled.

**REFUNDS**

Refunds are given up to 72 hours before the first class meeting. There is a \$15 fee for cancellation. A complete refund will always be made if we cancel a class. Textbooks are not returnable.

**NEED HELP? CALL (650) 329-3752**

**REGISTER EARLY**

Register today to secure your place in our most popular classes. If minimum enrollments are not met, classes will be canceled and a full refund will be processed. Refunds are given up to 72 hours before the first class meeting.

**OFFICE HOURS**

DAY: 8 a.m.–4:30 p.m. Monday through Friday  
EVENING: 4:30–9:30 p.m. Monday through Thursday  
HOLIDAYS: Please contact the office at (650) 329-3752

**FALL REGISTRATION BEGINS AUGUST 12, 2022**

This schedule is valid through December 16, 2022. Additional information, materials lists and schedule changes are posted on our website at PAAAdultSchool.org.

**REGISTRATION FORM****PALO ALTO ADULT SCHOOL**

Palo Alto Unified School District  
50 Embarcadero Road  
Palo Alto, CA 94301

Year: 2022

Quarter: ☐ Winter ☐ Spring

☐ Summer ☒ Fall

Registration Date: \_\_\_\_\_

Name: \_\_\_\_\_  
(Last) (First) (Middle)

Address: \_\_\_\_\_  
(Street Number) (Street Name) (Apt.) (City) (State) (Zip Code)

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Start Date: \_\_\_\_\_ ☐ New Student ☐ Returning Student Date of Birth: \_\_\_\_\_ ☐ M ☐ F

Class Name	M	T	W	Th	F	S	Instructor	Time	Location	Fee

Type of Payment: ☐ Check ☐ Cash ☐ Visa ☐ MasterCard ☐ No Fee

Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

How did you find out about this class? \_\_\_\_\_

**Register Online at PAAAdultSchool.org or print and fax this form to 650-329-8515.**



**PALO ALTO ADULT SCHOOL**  
Palo Alto Unified School District  
50 Embarcadero Road  
Palo Alto, CA 94301



## CELEBRATE OUR 100-YEAR CENTENNIAL

Sunday, Sept. 11th 3:00 - 5:00 pm | Food, Class Discounts, and Giveaways

Learn more at [PAAAdultSchool.org](https://PAAAdultSchool.org)



**Education is for life**

