



# PALO ALTO ADULT SCHOOL

2023 WINTER QUARTER SCHEDULE

**REGISTRATION BEGINS DECEMBER 2, 2022**



**PAAdultSchool.org / 650-329-3752**

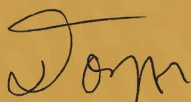


## DEAR COMMUNITY MEMBERS:

Happy Holiday season! It was wonderful getting together with our extended Adult School community, students and teachers to finally celebrate our Centennial and the PreSchool Family 75th Anniversary. It was a resounding success as evidenced in the photo below featuring our enthusiastic PreSchool Family instructors at the event.

Our community partner this quarter is the Palo Alto Rotary Club. This Palo Alto organization brings together business, professional, and community members to support education and provide service to others. The Rotary shares the Adult School's interest in improving our local environment through education and action.

Winter 2023 introduces many new artistic classes, whether you're interested in speculative fiction writing, playwriting, or visual journaling. The cooking program continues to expand with new healthy comfort foods, and quick and easy weeknight meals for busy parents and workers. Design Thinking is the signature creative practice that drives innovation in Silicon Valley. Our classes are open to all - residents & non-residents. There's something for everyone!



Tom Keating  
Principal



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### 2023 WINTER CALENDAR

REGISTRATION FOR WINTER QUARTER BEGINS // DECEMBER 2  
WINTER QUARTER // JANUARY 9–MARCH 17  
WRITING ACADEMY // JANUARY 19–MARCH 17  
ESL CLASSES // JANUARY 9–MARCH 3  
HOLIDAYS—NO CLASSES // JANUARY 16 AND FEBRUARY 20

**COVID-19 UPDATE:** The Adult School will follow classroom guidelines for in-person instruction as outlined by the Palo Alto Unified School District. For updated information, please visit <https://www.paadultschool.org>.

## STUDENT SHOWCASE

### STUDENT SHOWCASE

*From retiree to entrepreneur!*

“Susan Phillips Moskowitz has taken a number of adult courses over the years, including **Cooking**, **Sewing**, and **Crochet**, but **Upholstery** is her favorite. She has grown close to her fellow classmates — so much so that they continued to get together, even during the pandemic. Not only did she learn to upholster her own living room, but now Susan does the same for various clients and has become a business entrepreneur herself.”



SUSAN PHILLIPS MOSKOWITZ  
Stanford Retiree / Entrepreneur

## \*\*FREE\*\* INTRODUCTORY CLASSES

In recognition of our recent Centennial celebration, Palo Alto Adult School is offering this free introductory class.



### FREE CLASS—LEARN ABOUT TEACHING AN ADULT SCHOOL CLASS

Instructor: Tom Keating, Principal, [tkeating@pausd.org](mailto:tkeating@pausd.org)

*Prerequisite: None*

The Palo Alto Adult School offers our community members the opportunity to share their passion and insight to teach courses to fellow adults. Do you want to teach German, Korean culture/language, Computer Applications, Video Editing, Ikebana, Ballroom Dance, Jewelry Making, or any other topic or skill? Come attend a free information session to learn more about teaching PAAS courses in the Community Education and English as Second Language programs.

One Session / February 7

Tuesday / 7–8 p.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / No Fee



Palo Alto Adult School has a full 6-year accreditation by the Western Association of Schools and Colleges (WASC).

## ARTS AND CRAFTS

### SCENERY WATERCOLOR PAINTING AND DRAWING

Instructor: Ferenc Besze, [fbesze@pausd.org](mailto:fbesze@pausd.org),  
<http://besze.com>

*Prerequisite: None*

Drawing is essential to representational painting. In this class, we will spend equal time drawing and painting, to develop our observation skills about proportion, perspective, creating 3D effects and creating compositional studies. Our subjects will include scenery, figures, portraits, and objects. *\*Have your field sketches/ photographs for reference material.*

10 wks / January 11–March 15

Wednesday / 6:30–9:30 p.m.

LIVE ONLINE / \$240



"Ferenc is a wonderful teacher, he has so much enthusiasm and **Watercolor** is definitely his passion!"

Michele Paris-Seubert  
Art Student

## ARTS AND CRAFTS

### KNITTING

Instructor: Paola Trombetta, [ptrombetta@pausd.org](mailto:ptrombetta@pausd.org)

*Prerequisite: None*

Knitters of all abilities are welcome! Learn basic and advanced skills in this fun and collaborative knitting workshop. Beginners learn to read pattern books, and/or design and create their own knitted garment and gifts. Advanced knitters, master your techniques and bring projects you are currently working on.

9 wks / January 11–March 8

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Room 1707 / \$144

### LEARN TO CROCHET

Instructor: Paola Trombetta, [ptrombetta@pausd.org](mailto:ptrombetta@pausd.org)

*Prerequisite: None*

Learn to chain, single and double crochet, create tri-dimensional forms, and read patterns. This class will work for you regardless of your skill level and you will enjoy it! *Materials to bring to class:* 1 ball of worsted weight yarn plus a size 'H' crochet hook.

9 wks / January 11–March 8

Wednesday / 5:30–6:30 p.m.

Palo Alto HS Room 1707 / \$72

## BIRDING AND NATURE

### ARMCHAIR BIRDING

Instructor: Larry Spivak, [lspivak@pausd.org](mailto:lspivak@pausd.org)

*Prerequisite: None*

If you love birds and would like to see more of them but do not like flying cross-country or long-distance road trips, this is the class for you. You will virtually travel to 39 different sites in Arizona, Texas, Florida and New York City and meet nearly 300 birds not usually seen in California. You will also learn a little about how to identify them and about their habits, along with personal stories about some of them from your instructor. So, let's go birding – seat belts not required.

6 wks / January 19–February 23

Thursday / 7–9 p.m.

LIVE ONLINE / \$110

### BIRDING BASICS

Instructor: Larry Spivak, [lspivak@pausd.org](mailto:lspivak@pausd.org)

*Prerequisite: None*

Do you like to look at birds in your backyard or when you are out walking, but would like to know who they are? Join your neighbors here and learn how to identify birds with a step by step process that will help you find them in an identifier long after the birds have flown away. Learn the language of bird watching and discover why so many people are passionate about this activity. Fieldtrips: TBD.

6 wks / January 17–February 21

Tuesday / 7–9 p.m.

LIVE ONLINE / \$110

### BIRDING: INTERMEDIATE (*Online & In-Person*)

Instructor: Scott Smithson, [wsmithson@pausd.org](mailto:wsmithson@pausd.org)

*Prerequisite: Beginning Birding*

The primary goal of this birding class is to develop birding skills through bird identification by sight and sound. During our weekly online Zoom meetings, we will focus on sharing of local bird sightings, slides of Bay Area birds, ID quizzes, and discussion of field trips. There will be 3 in-person weekend field trips offered to local Bay Area birding spots so we can practice what we have learned in the field! Fieldtrip dates TBD. Textbook: Any North America or Western North America bird field guide (*Sibley's Guide* is a great one). See website for class details.

7 wks / January 25–March 8

Wednesday / 7–9 p.m.

LIVE ONLINE / \$168

"The **Basic Birding** class was a wonderful overview and motivates me to keep learning more. It's fun to begin recognizing, by sight and by birdsong, some different species. The instructor, Larry Spivak was engaging, knowledgeable and made the field trips so enjoyable."

**Jennifer Wehrend**



*Palo Alto Adult School classes are open to all — residents & non-residents.  
We look forward to seeing you in class!*



## CAREER TRAINING

### VOCATIONAL INTERNSHIP CLASS

Instructor: Toshiro Lang

*Prerequisite: Application and interview required*



Classroom component to vocational internships concentrating on developing transferable job skills. This course emphasizes the importance of interpersonal dynamics in the workplace, and the value of obtaining competitive employment. In-person instruction accommodates all learners with the motivation to become independent and successful. \*\*\* *Must call (650) 329-3752 for more information and to register for the program.* \*\*\*

ONGOING / January–June

Monday–Thursday / 8–9:15 a.m.

Lucille Packard Children's Hospital (LPCH) / No Fee \*

### VOICE OVERS: NOW IS *YOUR* TIME!

Instructor: Lisa Foster, tarah@suchavoice.com

*Prerequisite: None*

In what could be the most enlightening 2 hours you've ever spent, this class will show you how you can begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. Learn about a unique way to break into this creative, fulfilling, and potentially lucrative industry.

One Session / March 15

Wednesday / 6–8 pm

Palo Alto HS Rm 1709 / \$50

### WORK READINESS —

#### LEARN NEW SKILLS FOR GETTING A JOB \*

Instructor: Kathilynn Lehmer, pajoblink.lehmer@gmail.com

Learn new strategies for getting a job! Prepare a powerful resume and cover letter, create a LinkedIn Profile, learn new job hunting strategies—and more! There is no fee and the course is open-entry--start anytime. For more information and to find out how to register send an email to Kathilynn Lehmer at [pajoblink.lehmer@gmail.com](mailto:pajoblink.lehmer@gmail.com).

## CAREER TRAINING: ADVANCED CERTIFICATE PROGRAMS

Online career training courses can prepare you for a new career or help you advance within your current occupation. To see a list of more than 175 Certificate and Advanced Career Training courses, visit <https://careertraining.ed2go.com/paloalto>.

### CLINICAL DENTAL ASSISTANT (GES1038) (Vouchers Included)

Instructor: Self-paced class

*Prerequisite: None*

This comprehensive online dental assisting course will provide you with the essential skills and knowledge needed to become a dental assistant, including every aspect of professional dental assistance. For pricing, details, registration, visit: <https://careertraining.ed2go.com/paloalto> (Health & Fitness).

12 Months / 300 Course Hours

Start Anytime

ed2go ONLINE (not live)

### CERTIFIED CLINICAL MEDICAL ASSISTANT (CCMA) (GES180) (Voucher Included)

Instructor: Self-paced class

*Prerequisite: None*

Learn the necessary skills to function as a vital member of the healthcare team in a hospital setting, clinic, or physician's office as you prepare for a career as a Certified Clinical Medical Assistant (CCMA), and the national certification exam. For pricing, details, registration, visit: <https://careertraining.ed2go.com/paloalto> (Health & Fitness).

12 Months / 540 Course Hours

Start Anytime

ed2go ONLINE (not live)

Apply for a  
**Rotary career  
training scholarship  
(winter only). Email  
[adultschool@pausd.org](mailto:adultschool@pausd.org)  
for application.**

## CITIZENSHIP

### CITIZENSHIP

Instructor: Katherine Barg, kbarg@pausd.org

*Prerequisite: Intermediate to advanced English learners*

This course prepares students to take the Citizenship Test to become a naturalized citizen of the United States. You will study the history, political processes and institutions that are designed to make you an informed and effective citizen. Even if you are not ready to take the test, you will learn US History and Government! Required textbook can be purchased in the Adult School office.

8 wks / January 17–March 7

Tuesday / 6:30–8:30 pm

Palo Alto HS Rm 220 / No Fee \*

## COOKING: LEARN HOW TO COOK IN JUST ONE NIGHT!

Learn how to cook in just one night! Palo Alto Adult School offers an excellent cooking curriculum at the best prices in the area. With professionally trained chefs as our instructors, our students return each quarter to enhance their culinary repertoire.

### BELGIAN CHOCOLATES GALORE!

Instructor: Carine Vanslembrouck

*Prerequisite: None*



Have fun learning to make delicious hand-made Belgian chocolates the traditional way. You will be guided, by the instructor, through the process of tempering chocolate on a marble slab and continue on to craft a different Belgian chocolate in each class.

One Session / See Dates Below

Wednesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$50 per session

**January 18:** Fruity Chocolates

**February 8:** Valentine's Theme

**March 15:** St. Patrick's Theme

### HEALTHIFYING COMFORT FOODS

Instructor: Emily Zorn, Registered Dietician,

emilyrd@emilyzorn.com

*Prerequisite: None*

What if you could eat your favorite comfort food and know it was healthy, too? Well, now you can! In this class, you will learn from a registered dietician how to make comfort food classics a little healthier, without sacrificing taste. You'll walk away with simple to follow and delicious recipes that are easy to create at home.

One Session / February 23

Thursday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$50

### HEALTHY INDIAN COOKING FOR WINTER!

Instructor: Jonake Bose, Jonakeandiyuti@gmail.com

*Prerequisite: None*

Learn healthy Indian cooking with ingredients from your local grocery store. Prepare and enjoy the meal together in class.

One Session / See Dates Below

Monday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$50 per session

**January 30:** Beat the Winter chill with a warming Chickpea & Spinach Curry, Spiced Ghee Eggs & Parathas

**March 6:** Explore Anglo-Indian flavors with a tangy Pork Vidaloo, Stir-Fried Cabbage Foogath & Parathas

### MEXICAN PARTY

Instructor: Zaida Soriano, info@zaidaskitchen.com

*Prerequisite: None*



Zaida will teach you how to make homemade organic corn tortillas and make delicious entrees for a perfect Mexican Party! Menu includes: tacos, slow braised pork, jackfruit carnitas, roasted seasonal vegetables, salsa de árbol, and refreshing hibiscus agua fresca. Please bring containers for leftovers. Gluten Free!

One Session / January 24

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$50

### QUICK AND EASY WEEKNIGHT MEALS

Instructor: Emily Zorn, Registered Dietician,

emilyrd@emilyzorn.com

*Prerequisite: None*

Do you find yourself constantly wondering what to cook for dinner? In this class, you will learn from a registered dietician how to make two delicious, simple, and healthy weeknight dinners that everyone in the family can enjoy. Each recipe will take less than 30 minutes to make, so you can easily recreate them at home.

One Session / March 2

Thursday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$50

### TAMALE PARTY

Instructor: Zaida Soriano, info@zaidaskitchen.com

*Prerequisite: None*

Zaida will teach you how to make homemade organic corn tortillas and make delicious entrees for a perfect Tamale Party! Menu includes: vegan seasonal tamales, black beans with cheese, salsa de árbol, and chicken mole tamales. Please bring containers for leftovers. Gluten Free!

One Session / February 14

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$50

### TRADITIONAL MEXICAN DINNER

Instructor: Zaida Soriano, info@zaidaskitchen.com

*Prerequisite: None*

Zaida will teach you how to make homemade organic corn tortillas and make delicious entrees for a perfect traditional Mexican dinner! Menu includes: mole coloradito with Mary's organic chicken or seasonal vegetables, rice and beans, Mexican wedding cookies, and Cafe de olla. Bring containers for leftovers. Gluten Free!

One Session / February 28

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$50



ENGLISH AS A SECOND LANGUAGE (ESL)—IN-PERSON & LIVE ONLINE VIA ZOOM

WINTER 2023 ESL CLASSES  
January 9 – March 3, 2023  
(No Classes January 16 and February 20, 2023)

The Palo Alto Adult School ESL program offers many classes to help you meet your English learning goals. To enter our free classes, new students must register for a placement test. There is no childcare for the test or the classes. To register for the placement test, come in to the ESL office at Cubberley, 4000 Middlefield Road, I-Building, 2<sup>nd</sup> floor, or the Palo Alto Adult School office (Rm P11) at Palo Alto High School, 50 Embarcadero Road. Or, you can register online at [paadultschool.org](https://paadultschool.org).

*\*\*Students who are not registered to take the placement test will not be allowed to take the test. \*\**

Enrollment Policies

- Students must be able to attend the full 8 weeks.
- Students will be required to buy a textbook for the class.
- There is no childcare.

*\*\*When your registration is completed, you will select one of the test dates shown below. \*\**

PLACEMENT TESTING

DAY Testing—IN-PERSON	EVENING Testing—IN-PERSON
<p><b>ESL PLACEMENT TEST AND REGISTRATION</b></p> <p><b>** New students must take a placement test. **</b></p> <p>Some class sessions are online and meet with teachers via Zoom. Students need to download and learn Zoom at <a href="https://zoom.us/">https://zoom.us/</a>.</p> <p><b>All placement testing is in-person.</b></p>	
<p><b>WHERE:</b> Cubberley Campus 4000 Middlefield Rd, I-Bldg Testing Center</p> <p><b>TIME:</b> 9 a.m.–12 noon Test begins promptly at 9 a.m.</p> <p><b>Morning Testing Dates:</b> Wednesday, January 4 Thursday, January 5 Friday, January 6 Friday, January 13</p>	<p><b>WHERE:</b> Palo Alto High School 50 Embarcadero Road, Room 218</p> <p><b>TIME:</b> 6–9 p.m. Test begins promptly at 6 p.m.</p> <p><b>Evening Testing Dates:</b> Wednesday, January 4 Thursday, January 5 Thursday, January 12</p>
<p><i>Register for testing early. Spaces limited!</i></p>	

CLASSES

Winter Session ESL Classes \*

**DATES: January 9–March 3, 2023**  
(No classes January 16 and February 20)

**\*IN-PERSON\* MORNING CLASSES (9:30 A.M.–12:30 P.M.)**  
Cubberley Campus: Literacy through Advanced Low Levels (Monday–Thursday)

**\*ONLINE\* MORNING CLASSES (3 meetings per week):** 9–11 a.m. / Tuesday, Wednesday, and Thursday  
3 levels: Mixed beginning; mixed intermediate; advanced

**EVENING CLASSES (6:30–9:30 P.M.)**  
Palo Alto High School: Literacy through Advanced Low Levels (Monday and Wednesday)



## ENGLISH AS A SECOND LANGUAGE (ESL)

### ADDITIONAL CLASSES

#### LEAH \*

Learn English at Home (LEAH) is for students who cannot come regularly to class.  
Study English at home with DVDs and online. Then meet with a teacher weekly for 30 minutes.

Register for a placement test online at [www.paadultschool.org](http://www.paadultschool.org) OR in-person  
at ESL Office at the Cubberley Campus I-Building 2<sup>nd</sup> floor.  
**The placement test is in-person.** For more information, please call (650) 494-2326.

*¿Necesitas ayuda en español? Deje un mensaje al 650-494-2326.*

### COLLEGE AND CAREER READINESS

#### JOB SEARCH SKILLS FOR ESL STUDENTS *(Non-native English speakers) \**

Instructor: Susan Silver, [ssilver@pausd.org](mailto:ssilver@pausd.org)

*Prerequisite: For advanced English language learners*

In this class, you will learn to complete a job application, write a basic resume, practice job interview skills, and more! Students enrolled in this class will also be working with Kathilynn Lehmer as her clients for individualized job search coaching services through the Palo Alto Adult Ed *Work Readiness* course.

10 wks / January 17–March 30 *(No class February 21 and February 23)*

Tuesday *AND* Thursday / 1–3 p.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / No Fee \*

**New students must take a required in-person English test for this state-funded (free) class:**

*Teacher will schedule the test with students.*

#### TRANSITIONS TO COLLEGE AND CAREER TRAINING *(Non-native English speakers) \**

Instructor: Margaret Bdzil, [mbdzil@pausd.org](mailto:mbdzil@pausd.org)

*Prerequisite: For advanced level English learners. Must be eligible to work or attend college in the US to enroll.*

Prepare for the next step in your education or career!

#### TRANSITIONS TO COLLEGE & CAREER TRAINING FOR ESL STUDENTS

In this workshop, you will explore educational goal setting, community college and career educational programs, how to apply to college, and more!

4 wks / January 19–February 9

Thursday / 7–9:30 p.m.

LIVE ONLINE / No Fee \*

**New students must take a required in-person English test for this state-funded (free) class:**

*Teacher will schedule the test with students.*

#### INFORMATION MEETING ONLINE VIA ZOOM • Thursday, January 12, 2023 • 7–8 p.m.

Are you interested in the Transitions workshop or the Job Search Skills class,  
but you have questions? Come to an Information meeting!

\*\*Email Ms. Sripriya Kannan, [skannan@pausd.org](mailto:skannan@pausd.org) for the Zoom invitation to join the information meeting.\*\*

**If you have questions, or want to register,  
please call the ESL office at 650-494-2326.**

# ESL WRITING ACADEMY

WINTER 2023 WRITING ACADEMY: January 19 to March 17, 2023

## WINTER SESSION CLASSES

### ESL WRITING ACADEMY — IN-PERSON & LIVE ONLINE VIA ZOOM

Write for life! Whether it's a simple email, a thank-you note, or a complex essay or report, our Writing Academy classes will help you with content, organization, tone, and purpose.

The Academy offers three levels of classes, beginning with the basics of sentence creation, paragraph development, and essay writing. When you complete the required assignments, you can earn Certificates of Achievement and/or Proficiency.

Textbooks (Morning classes): *Writing to Communicate Book 1* (for levels I and II); *Writing to Communicate Book 2* (for level III). You can purchase required textbooks in the Adult School office.

**\*\*New students must take a required in-person English test for all Fundamentals of Writing classes.\*\***

- **Evening Class:** Thursday, January 19 / at 7 p.m. / Palo Alto High School, Rm 218
- **Morning Class:** Friday, January 27 / at 12 noon / Cubberley Campus. I-Building, 2<sup>nd</sup> Floor

## FUNDAMENTALS OF WRITING

### FUNDAMENTALS OF WRITING I — INTRODUCTION TO PARAGRAPHS \*

Instructor: Adult School Staff

*Prerequisite: For students who are at the high beginning to intermediate level*

Practice writing sentences and developing coherent paragraphs with the goal of writing about your own life experiences. Guidance will also be given on correct grammar and word choice.

#### SECTION A

9 wks / January 20–March 17  
Friday / 9:30 a.m.–12 noon  
Cubberley Campus / No Fee \*

#### SECTION B

9 wks / January 19–March 16  
Thursday / 7–9 p.m.  
Palo Alto HS Rm 220 / No Fee \*

### FUNDAMENTALS OF WRITING II — WRITING PARAGRAPHS \*

Instructor: Adult School Staff

*Prerequisite: For students who are at the intermediate to advanced level*

Learn how to write well-developed and cohesive paragraphs. This class will focus on how to choose and organize content, connect ideas, and use supporting details to address a topic.

#### SECTION A

9 wks / January 20–March 17  
Friday / 9:30 a.m.–12 noon  
Cubberley Campus / No Fee \*

#### SECTION B

9 wks / January 19–March 16  
Thursday / 7–9 p.m.  
Palo Alto HS Rm 217 / No Fee \*

### FUNDAMENTALS OF WRITING III — PARAGRAPHS TO ESSAYS \*

Instructor: Adult School Staff

*Prerequisite: For students who are at the advanced level*

Learn how to plan, develop, and edit a five-paragraph essay with an introduction, thesis statement, body paragraphs, and conclusion. This class will prepare you for business and academic writing.

9 wks / January 20–March 17  
Friday / 9:30 a.m.–12 noon  
Cubberley Campus / No Fee \*

## ENGLISH ENRICHMENT

These classes are offered for non-native speakers who have tested above our state-supported program or who wish to focus on one specific area of English. It is not necessary to take the placement test before enrolling in these classes.

### ADVANCED CONVERSATION

Instructor: Simone Wojtowicz, [swojtowicz@pausd.org](mailto:swojtowicz@pausd.org)

*Prerequisite: Advanced English language learners*



This class is ideal for students who want to improve their English skills while discussing current events. Speaking, listening, comprehension, pronunciation, reading, vocabulary, and a greater understanding of

American culture are incorporated into each class. We will investigate and discuss a variety of topics. No textbook.

8 wks / January 25–March 15

Wednesday / 9:30–11:30 a.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$148

### ADVANCED SPEAKING AND READING

Instructor: Sharon Hampel, [shampel@pausd.org](mailto:shampel@pausd.org)

*Prerequisite: Intermediate-high / ESL or*

*Writing Academy Level 2*

You will read, listen, and watch (*on video*) short stories about the personal challenges of people from around the world. Then we will have lively class discussions about the short stories. This class will focus on reading, vocabulary building, speaking, and discussing skills.

Textbook: *All These Wonders: True Stories about Facing the Unknown*. Catherine Burns, ed. Crown Press, 2017. ISBN: 978-1101904404.

8 wks / January 18–March 8

Wednesday / 7–9 p.m.

Palo Alto HS Rm 216 / \$148

### AMERICAN IDIOMS 101

Instructor: Simone Wojtowicz, [swojtowicz@pausd.org](mailto:swojtowicz@pausd.org)

*Prerequisite: Intermediate high to advanced English language learners*

This class is ideal for students who want to develop their reading, listening, speaking and writing skills while becoming familiar with many useful English expressions. Do you want to increase your vocabulary? Improve your TOEFL score? Use idioms in conversation? We will dissect the top 300 idioms used on the TOEFL test in addition to discussing metaphorical language. No textbook.

8 wks / January 24–March 14

Tuesday / 9:30–11:30 a.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$148

### FOCUS ON PRONUNCIATION AND LISTENING

Instructor: Sue Stevick, [sstevick@pausd.org](mailto:sstevick@pausd.org)

*Prerequisite: High intermediate or advanced English skills (non-native speakers)*

Speak more clearly and confidently and improve your listening skills. Master the four most important features of English pronunciation: Stress in words and sentences, intonation, rhythm, and linking. The instructor will provide a written personalized evaluation of your pronunciation skills. Required textbook can be purchased in the Adult School office before the first class.

9 wks / January 10–March 7

Tuesday / 6:30–8:30 p.m.

LIVE ONLINE / \$167

### US HISTORY AND CULTURE

Instructor: Simone Wojtowicz, [swojtowicz@pausd.org](mailto:swojtowicz@pausd.org)

*Prerequisite: Intermediate high to advanced English language learners*



This class is ideal for students who want to improve their English skills while becoming familiar with many interesting aspects of US History and culture. We address why

Americans think and behave the way they do and the foundation for some of their attitudes and values such as the importance of competition and hard work. Required textbook can be purchased in the Adult School office before the first class.

8 wks / January 26–March 16

Thursday / 9:30–11:30 a.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$148

### BE A VOLUNTEER ESL TUTOR

Help Someone Learn English

Just 1 hour a week—work one-on-one with a student to help improve his or her English skills.

**For information, please contact:**

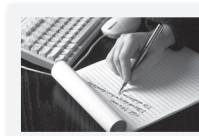
ESL Volunteer Tutor Program Manager,  
Anjani Sarma: [asarma@pausd.org](mailto:asarma@pausd.org)

## GENERAL INTEREST

### CREATIVE WRITING WORKSHOP

Instructor: Chana Feinstein, cfeinstein@pausd.org

*Prerequisite: Have previously taken Creative Writing class at Palo Alto Adult School or have permission from instructor*



Learn to be a better writer! Share your ideas, feelings, and experiences with others. Express yourself through poetry, memoir, short stories, essays, creative non-fiction or whatever you

prefer. This workshop encourages you to present your work and receive constructive feedback in a helpful, supportive environment.

10 wks / January 12–March 16

Thursday / 6–8:30 p.m.

LIVE ONLINE / \$65 \*

### CREATIVE WRITING: WRITERS MENTORING WRITERS

*(Class limited to 8-10 students)*

Instructor: Sam Kauffman, samksongs@aol.com

*Prerequisite: None*

Learn to be a better writer! Share your ideas, feelings, and experiences with others. Express yourself through poetry, memoir, short stories, essays, creative non-fiction or whatever you prefer. This class encourages you to present your work & receive constructive feedback in a helpful, supportive environment. There will be time during class to write based on writing prompts. Class time is allotted for looking at writing basics such as metaphor, character development, plot development, foreshadowing and other techniques.

10 wks / January 11–March 15

Wednesday / 1–3:30 p.m.

Cubberley Campus I-Building 2nd Floor / \$65 \*

### DESIGN THINKING

Instructor: Kalyani Khodke,  
kalyani@findingarth.com

*Prerequisite: None*

Design Thinking is an approach to solving complex problems by generating solutions that are innovative, efficient, and useful. In this class, we will learn design thinking tools, understand the framework for innovation, and practice applying design thinking to some tricky problems in our lives. See website for weekly schedule.

4 wks / February 2–February 23

Thursday / 6–8 p.m.

Palo Alto HS Rm 1709 / \$60

### PLAYWRITING 101

Instructor: Diana Barnes, ecrivain@gmail.com

*Prerequisite: None*

Learn to write a short play and discover the voices of your characters. Your discoveries will take us on a journey that will open our hearts and inspire us all. Bring a notebook, pen and laptop (optional) to the first class. Required book: *Macbeth* by William Shakespeare

9 wks / January 17–March 14

Tuesday / 6–8 p.m.

Palo Alto HS Rm 202 / \$167

### READING AS A WRITER AND WRITING AS A READER

Instructor: Chana Feinstein, cfeinstein@pausd.org

*Prerequisite: None*

By exploring the works of published writers, you will discover techniques to improve your own creative writing. We will examine short passages showing, for example, how to create suspense, then learn how to apply these concepts through writing in-class exercises which you will have the option to present for critiquing.

10 wks / January 11–March 15

Wednesday / 6–8 p.m.

LIVE ONLINE / \$65 \*

### SHELF INDULGENCE BOOK CLUB

Instructor: Rachel Kellerman,  
rkellerman@pausd.org

*Prerequisite: None*

How do close friendships, family relationships, and food shape the people we are today? Join us to discuss two stylistically different but equally compelling memoirs: *Dinners with Ruth: A Memoir on the Power of Friendships* by NPR correspondent Nina Totenberg, and *Crying in the H Mart* by musician Michelle Zauner. For more information: <https://sites.google.com/view/memoir-book-club/home>.

2 wks / March 8–March 15

Wednesday / 6:30–8 p.m.

Palo Alto High School Library / \$30



## GENERAL INTEREST

### VISUAL JOURNALING

Instructor: Linda Papanicolaou,  
lpapanicolaou@pausd.org

*Prerequisite: None*

Leonardo Da Vinci, Mark Twain, and Charles Darwin used sketchbooks and journals to jot down, develop, and preserve their creative ideas. You will learn strategies used by contemporary artists and writers for combining visual images with writing in ways that fit your own purposes, style and needs. See the website for the supplies list.

8 wks / January 9–March 13

(No class January 16 and February 20)

Monday / 7–8:30 p.m.

Palo Alto HS Rm 1701 / \$111

### VISUAL NOTETAKING WORKSHOP

Instructor: Linda Papanicolaou,  
lpapanicolaou@pausd.org

*Prerequisite: None*

We remember pictures longer than words, and when we use images as well as text in our note taking, our recall can double! This one-day workshop will introduce you to effective practices for note taking. You'll learn how to adapt these strategies for your own purpose, style and needs. See the website for the supplies list.

One Session / February 21

Tuesday / 7–9 p.m.

Palo Alto HS Rm 1701 / \$30

NEW

### VOICE OVERS: NOW IS YOUR TIME!

Instructor: Lisa Foster, tarah@suchavoice.com

*Prerequisite: None*

In what could be the most enlightening 2 hours you've ever spent, this class will show you how you can begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. Learn about a unique way to break into this creative, fulfilling, and potentially lucrative industry.

One Session / March 15

Wednesday / 6–8 pm

Palo Alto HS Rm 1709 / \$50

### WRITING FOR THE DRAMATIC MEDIUM WORKSHOP

Instructor: Sam Kauffman, samksongs@aol.com

*Prerequisite: None*

Student workshop for those interested in writing for the stage presented by Sam Kauffman who has written over ten one-woman musical dramas performed throughout the US for over twenty years. Learn the basics of writing for the stage, dramatic reading, reader's theater.

One Session / February 9

Thursday / 1–4 p.m.

Cubberley Campus I-Building 2nd Floor / \$28

NEW

## HEALTH AND FITNESS

### 8 STEPS TO HEALTHY

Instructors: Emily Zorn, Registered Dietician,  
emilyrd@emilyzorn.com

*Prerequisite: None*

We all know that dieting doesn't work in the long term. In this class, you will learn from a registered dietician how to build up healthy habits in 8 simple steps. During this class, you will receive an E-Book, workbook, and access to a video course that details the 8 steps to health, so you can implement these steps on your own over the next 2-3 months.

One Session / March 9

Thursday / 6–8 p.m.

Palo Alto HS Rm 1709 / \$30

NEW

### AIKIDO

Instructor: Fushan Yuan, fyuan@pausd.org

*Prerequisite: None*

Train mind and body in the dynamic art of Aikido with Hombu Dojo's Shiohira Shihan, 7th Dan, and senior students. The Japanese martial art of Aikido is a comprehensive system of throwing, joint locking, striking and pinning techniques that foster strength, flexibility, presence of mind, and cooperative movement.

10 wks / January 10–March 18

Tuesday AND Thursday / 6:30–8 p.m. AND

Saturday / 10–11 a.m.

J.L. Stanford Middle School Rm 910 / \$168

### ABS AND BOOTY BUSTER

Instructors: Amy Chan, achan@pausd.org

*Prerequisite: None*

After one session of Abs and Booty Buster we guarantee you'll see results! Designed to strengthen and tone your core, glutes, and back. This super effective 60-minute workout will transform your body! Come join the fun with Amy and start getting into shape! Bring a yoga mat, 3-5 lbs weights, stretching band, and water bottle.

10 wks / January 9–March 15

(No class January 16 and February 20)

Monday AND Wednesday / 7:30–8:30 p.m.

Cubberley Campus I-Building 2nd Floor / \$185

### BASIC PHYSICAL SELF DEFENSE TACTICS TRAINING

Instructors: Matt Wong, shibamartialarts@gmail.com

*Prerequisite: None*

Acquire and practice basic physical self-defense tactics to enhance your personal safety. Techniques will focus on being practical, effective, and without the use of weapons. *Students must wear a mask during class and not attend if they have any symptoms of illness.*

2 Sessions / 4 weeks / See Dates Below

Sunday / 9–10 a.m.

Pal Alto HS Wrestling Room / \$60 per session

**Session 1:** January 22–February 12

**Session 2:** February 26–March 19

\* Partially or fully state-funded

PAAAdultSchool.org // 650-329-3752 // PALO ALTO ADULT SCHOOL 10

## HEALTH AND FITNESS

### ODAIKO

*(Open to CONTINUING students only)*

Instructor: Kensuke Sumii, info@drumrevolution.com

*Prerequisite: Age 15+; Students must also be currently enrolled in Taiko I class*



This class is designed for individuals with stamina to hit Odaiko (big Taiko) for three hours. Odaiko will help build up stamina, rhythmic competence and speed to hit Taiko. New students must audition before registering for class.

Please contact the instructor prior to

registration. All equipment – including drums and sticks – are provided.

6 wks / February 5–March 19 (No class February 19)

Sunday / 7–10 p.m.

Palo Alto HS Student Center / \$90 (+ \$30 materials fee)

### PILATES: BEGINNING/INTERMEDIATE

*(Class limited to 16 students)*

Instructor: Judy Lee-Squire, jleesquire@pausd.org

*Prerequisite: None*

Increase your core strength, flexibility, and endurance with Pilates, a mind-body exercise that emphasizes conscious breath and form. Will use small balls and therabands. Modifications will be taught. *A mat is required during class.*

10 wks / January 10–March 14

Tuesday / 6:45–7:45 p.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$93

### TAI CHI: CHEN STYLE

Instructor: Lisette Yung, cyung@pausd.org

*Prerequisite: None*



Learn the traditional Chen Style first form (Taijiquan). Practice the continuous movements which helps develop balance, body coordination and strength and the understanding of basic Tai-Chi principals. Improve

mind, health, body alignment and daily movement.

8 wks / January 18–March 15 (No class February 22)

Wednesday / 7:30–8:30 p.m.

Palo Alto HS Dance Studio / \$74

### TAIKO I

*(Classes limited to 28 students)*

Instructor: Kensuke Sumii, info@drumrevolution.com

*Prerequisite: Age 15+ (Open to ALL students)*

Taiko is the art of Japanese drumming, which develops self-expression and musical creativity. This course engages in Uchikomi based practice. You should have a sense of rhythm and/or stamina to hit drums for two hours. All equipment – including drums & sticks – are provided. There will be a \$110 materials fee payable to the instructor at the first class to cover the drum heads replacement. *Before registering, see website for more important information.*

6 wks / February 1–March 15 (No class February 15)

Wednesday / 8–10 p.m.

Palo Alto HS Student Center / \$60 (plus \$110 materials fee)

### YOGA AND MEDITATION

*(Class limited to 12 students)*

Instructor: Kamal Vilms, kvilms@pausd.org

*Prerequisite: None*

Gently stretch, relax and energize your body with yoga poses that cultivate balance, inner awareness, and mobility and release muscle tension. Regular yoga practice can improve health in many ways from stress reduction to increased flexibility and improved breathing. Bring a yoga mat.

7 wks / January 23–March 13

(No class February 20)

Monday / 5–6:30 p.m.

Palo Alto HS Rm 110 / \$97

### ZUMBA

Instructor: Amy Chan, achan@pausd.org

*Prerequisite: None*

Learn different dance styles including: Tango, Flamenco, Cha Cha Cha, Salsa, K-Pop, Bollywood, Belly Dancing and more! Zumba helps improve your balance, coordination, and memory. No partner required. Come join the party, make new friends, and bring a water bottle to class!

10 wks / January 9–March 15

(No class January 16 and February 20)

Monday AND Wednesday / 6:30–7:30 p.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$185

"Awesome Zumba teacher. She really makes the class fun.."

**Tessie Anderson**

## HOME AND ENVIRONMENT

### IS AN ELECTRIC CAR RIGHT FOR YOU?

Instructor: Jim Barbera, Jane Rosten, and Marc Geller (EVucation LLC), info@evucation.com, <http://www.evucation.com>

*Prerequisite: None*



Are you considering acquiring an electric vehicle (EV) and want real information versus a sales pitch? Come hear from seasoned EV experts. Get questions answered: difference between all-electric and plug-in hybrid EVs; EV charging; range concerns; buying vs. leasing; new vs. used; environmental, economic, personal benefits of EVs, and more!

One Session / February 9

Thursday / 6:30–8:30 p.m.

Palo Alto HS MAC / \$30

### GARDENING IN WINTER

Instructor: Sherri Bohan, sbohan@pausd.org

*Prerequisite: None*

*Great spring and summer gardens are started in winter!*

This season is the time for preventing diseases, controlling insect pests and banishing weeds. Attend this session to learn about soil-building, bare-root planting, pruning and planting flowering shrubs and perennials, vegetables for cool season harvests, and when to start warm season crops for summer and the end of dormant season spraying.

10 wks / January 11–March 15

Wednesday / 10 a.m.–12 noon

LIVE ONLINE / \$65\*

### GARMENT SEWING: BEGINNING

*(Class limited to 10 students)*

Instructor: Shelly Kim, shkim@pausd.org, and Tracey Wyatt, twyatt@pausd.org

*Prerequisite: None*

Learn to sew using beginner sewing patterns. Options include an A-line tank top, a gathered top, pajama pants and more! You will learn how to use a sewing machine, choose fabric, select pattern sizes and follow pattern directions. A supply list will be emailed to students before the first class. Please contact the instructor with any questions.

9 wks / January 11–March 8

Wednesday / 6:30–8:30 p.m.

J.L. Stanford Middle School Rm 140 / \$167

### MANAGING YOUR REMODELING PROJECT LIKE A PRO

Instructor: Mollyanne Sherman, mollyanne@macdesignstudio.com

*Prerequisite: None*

Learn the steps, be aware of the process and obtain the knowledge that gets you the home of your dreams! We will address the steps from beginning to end, and the resources available to you. There is a \$30 supply fee payable to the instructor.

5 wks / February 7–March 7

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 1707 / \$116

### UPHOLSTERY: BASIC TECHNIQUES

*(Classes limited to 18 students)*

Instructors: Kathleen Koenig, kkoenig@pausd.org,

Isabelle Trainer, itrainer@pausd.org,

Shelly Kim, shkim@pausd.org,

Tracey Wyatt, twyatt@pausd.org, and

Pam Jaradeh, pjaradeh@pausd.org

*Prerequisite: None*

Learn how to reupholster your chair or ottoman from start to finish using a mix of traditional and modern techniques. You will be guided through the entire process of reupholstering your project. While having some sewing/crafting experience can be helpful, it is not a requirement to enroll. A simple project is recommended for new students. If you have an old piece of furniture you would like to salvage, come check us out!

#### SECTION A

10 wks / January 10–March 14

Tuesday / 9 a.m.–1 p.m.

Palo Alto HS Rm 904 / \$358

#### SECTION B

10 wks / January 12–March 16

Thursday / 9 a.m.–1 p.m.

Palo Alto HS Rm 904 / \$358

**\*\*\* NEW UPHOLSTERY STUDENTS \*\*\***

*After registering, please contact the Adult School Office at (650) 329-3752 for class location and parking information.*



## MUSIC

### INTRO TO GUITAR *(Class limited to 12 students)*

Instructor: Paul J. Prochaska, paul@prochaska.com

Prerequisite: None



Do you want to learn how to play the guitar? It's never too late to begin! All you need is a playable, acoustic, six-stringed guitar, and the motivation to learn and to practice every week. Bring your own guitar.

10 wks / January 11–March 15

Wednesday / 7–8:30 p.m.

Palo Alto HS Rm 1701 / \$120

### MASTER SINFONIA CHAMBER ORCHESTRA

Instructor: David Ramadanoff, info@mastersinfonia.org, www.mastersinfonia.org

Prerequisite: Students must have advanced technical and music skills on an orchestral instrument.

The Master Sinfonia Chamber Orchestra will rehearse and perform works ranging from classics such as Mozart, Beethoven, Brahms, to 20<sup>th</sup> Century composers such as Samuel Barber and living composers such as John Adams. The orchestra will perform a concert on Saturday, February 4, April 1, and May 20, 2023 at 7:30 p.m. in the Palo Alto High School Performing Arts Center. *Applicants must audition with the instructor, David Ramadanoff, before attending the first orchestra rehearsal. Contact him at info@mastersinfonia.org for more details.*

10 wks / January 12–March 16

Thursday / 7:30–10 p.m.

Los Altos United Methodist Church / \$55



#### MASTER SINFONIA CHAMBER ORCHESTRA

Conducted by David Ramadanoff

**\*\* CONCERTS \*\***

**Saturdays**

**February 4, April 1, & May 20, 2023  
@ 7:30 p.m.**

**PALO ALTO HIGH SCHOOL Performing Arts Center**



### SYMPHONIC BAND WINTER CONCERT

*Conducted By Ted Henderson*

- Sunday, March 26, 2023 at 3 p.m.
- Performing Arts Center, Palo Alto High School
- Admission Free — Donations Appreciated

### PENINSULA SYMPHONIC BAND

Instructor: Ted Henderson, mrhenderson1962@gmail.com

Experience the thrill of performance in this fully instrumental band for experienced players of wind and mallet-rhythm percussion instruments. Enjoy playing traditional, popular, and classical music. Percussionists and tubists are especially needed. A concert will be given at the end of the quarter, on Sunday, March 26, 2023.

*Before attending the first band practice, applicants must email Ted Henderson at mrhenderson1962@gmail.com or call him at (408) 910-1830.*

9 wks / January 9–March 20

(No class January 16 and February 20)

Monday / 7:30–10 p.m.

Palo Alto HS Rm 109 / \$60

"The great conductor and fellow students in my **Symphonic Band** class remind me how much I love playing in an ensemble."

**Joan Chen  
Physician**

### PIANO: BEGINNING/INTERMEDIATE

*(Classes limited to 10 students)*

Instructor: Kathy Woveris, kwoveris@gmail.com

Learn to play music in a fun environment. You will learn to play on the provided keyboards. Instruction includes basic notes, rhythm, theory and finger exercises as well as chords and scales. You will need a keyboard at home to practice on or can rent a keyboard. Every term we will study a classical composer's biography and simple music by that composer as well as listening to a recording. See website for textbook information.

*Note: No perfumes or scented hair products of any kind in class due to the instructor's allergies.*

#### SECTION A: Beginning *(No previous lessons)*

9 wks / January 11–March 8

Wednesday / 5:30–6:30 p.m.

Palo Alto HS Rm 305 / \$83

#### SECTION B: Beginning/Intermediate

9 wks / January 11–March 8

Wednesday / 6:30–7:30 p.m.

Palo Alto HS Rm 305 / \$83

#### SECTION C: Intermediate

9 wks / January 11–March 8

Wednesday / 7:30–8:30 p.m.

Palo Alto HS Rm 305 / \$83



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- Photoshop CC
- Real Estate Law
- Using Social Media in Business

To sign up and view more courses that interest you, please visit our Online Instruction Center:

**[www.ed2go.com/paloalto](http://www.ed2go.com/paloalto)** or call the Palo Alto Adult School: (650) 329-3752

*New course sessions begin monthly.*

## PARENTING AND FAMILY

For 75 years, we have offered preschool programs organized primarily for parent education. Parents develop a deeper understanding of early childhood development and parenting skills through adult discussion classes, formal and informal observations, and community exchanges. Our unique participatory structure allows parents to be involved in their children's preschool education.

## PRESCHOOL FAMILY

4120 MIDDLEFIELD ROAD • PALO ALTO, CA 94303-4741 • (650) 856-0833

**INSTRUCTOR: PRESCHOOL FAMILY STAFF**

PreSchool Family is a parent education, parent participation program serving families with children from birth through five years. The program is designed to offer parents an opportunity to learn about parenting and to actively participate in their child's education. For children, the program offers a developmentally appropriate, play-based, educational experience. Parents join their child for one class each week during September–May regardless of the age of the child.

Parent education is the heart of our program and consistent parent participation is required in both the child and the adult classes. We are committed to supporting the welfare of the whole family. Through our program, parents develop a sense of community and strength by working with other parents and their children. We strive to enhance each child's natural curiosity and love of learning. We provide opportunities for children to master tasks that are appropriate for their individual level of development. Periods of free play are complemented by more structured small and large group activities.

In order to build strong families and communities, PreSchool Family serves parents and young children in a way that nurtures, respects, and educates all families, cultures, and religions. Each child and each parent is treated with respect for their individuality and unique potential.

**Programs offered for the 2022-2023 school year:**

- **3–12 Month Old Class:** Wednesday 10 a.m.–12 noon & Parent class monthly Thursday evenings, 7:30–9:30 p.m.
- **12–24 Month Old Class:** Thursday 9:30–11:30 a.m. & Parent class Thursday evenings, 7:30–9:30 p.m.
- **12–24 Month Old Class:** Friday 9:30–11:30 a.m. & Parent class Thursday evenings 7:30–9:30 p.m.
- **2 Year Old Class:** Tuesday and Thursday 9:30 a.m.–12 noon & Parent class Tuesday evenings 7:30–9:30 p.m.
- **3 Year Old Class:** Monday, Wednesday, & Friday 9:15–11:45 a.m. & Parent class Wednesday evenings 7:30–9:30 p.m.
- **3 Year Old Stay and Play Class:** Monday, Wednesday, & Friday 9:15–11:45 a.m. & Parent class Monday 11:45 a.m.–2:15 p.m.
- **4 Year Old Class:** Monday–Thursday 9 a.m.–12 noon & Parent class Tuesday evenings 7–9 p.m.
- **4 Year Old Stay and Play Class:** Monday–Thursday 9 a.m.–12 noon & Parent class Tuesday 12 noon–2:30 p.m.
- **2 Year Old and 3 Year Old Dinner Class:** Wednesday 4–6:15 p.m.

Unless noted, the parent education classes occur twice a month in the afternoons or evenings. The Dinner class has parent education on alternating weeks during the participation class time. For the Stay and Play class programs, parent education classes meet in the afternoons while children eat lunch and play with another PreSchool Family teacher. Families may enroll in the spring if space is available.

**For information about winter 2023 classes and registration**

please visit <https://greendell.pausd.org/programs/preschool-family>

Follow PreSchool Family at [instagram.com/preschoolfamily](https://www.instagram.com/preschoolfamily) and [twitter.com/preschoolfamily](https://twitter.com/preschoolfamily)

**PreSchool Family Phone: (650) 856-0833**



## PARENTING AND FAMILY



### DreamCatchers

*Tutoring Underserved Youth for a Brighter Future*

DreamCatchers engages the next generation of leaders in helping low-income PAUSD middle school students to thrive. Stanford undergrads and high schoolers provide free after school tutoring/mentorship. We are currently looking for individual and business volunteers to support our youth-driven efforts.

For more information, please visit [www.dreamcatchersyouth.org](http://www.dreamcatchersyouth.org)

## PHOTOGRAPHY

### ADVANCED BLACK & WHITE DARKROOM

*(Class limited to 6 students)*

Instructor: Liz Crandall, [ecrandall@pausd.org](mailto:ecrandall@pausd.org)

*Prerequisite: Prior black and white darkroom experience*

Enhance and sharpen your darkroom skills, and express, expand and realize your unique artistic vision by creating your own photographic projects. Troubleshoot prints to reduce variables and gain more control over your printing technique. Use compositional guidelines to view prints critically yet artistically. Bring negatives, photographic paper and blotter book to first class. Full materials list and standard darkroom chemicals will be provided.

8 wks / January 9–March 13

*(No class January 16 and February 20)*

Monday / 6:30–9:30 p.m.

Palo Alto HS Rm MAC 102 / \$192

### FUNDAMENTALS OF PHOTOGRAPHY

Instructor: Liz Crandall, [ecrandall@pausd.org](mailto:ecrandall@pausd.org)

*Prerequisite: None*

Take control of your camera! Investigate dials, icons and screens on your camera and learn how to use them. Improve your photography through exploring and understanding the exposure triangle, visual elements and compositional guidelines. Achieve skillful use of photographic concepts by completing weekly assignments. All camera types welcome.

8 wks / January 9–March 13

*(No class January 16 and February 20)*

Monday / 7:30–9:30 p.m.

Palo Alto HS Rm MAC 102 / \$128

## WOODWORKING *(All Woodworking Classes Limited to 15 Students)*

### WOODWORKING 1:

#### BUILD A TABLE

Instructors: Darryl Dieckman, [ddieckman@pausd.org](mailto:ddieckman@pausd.org), Rand Hill, [rhill@pausd.org](mailto:rhill@pausd.org), Rayan Ghazal, [rayan@stanford.edu](mailto:rayan@stanford.edu), and

Marty Lastowski, [mlastowski@pausd.org](mailto:mlastowski@pausd.org)

*Prerequisite: None*

Develop woodworking skills while building a table from rough wood using power tools. The class will focus on safety, project planning and understanding the medium of wood. There will be a materials fee (\$60–\$100) payable to the instructor to cover the cost of wood. Storage space is available for projects during the quarter. You will need safety glasses and hearing protection is highly recommended. Textbook: None – Materials will be emailed before the class.

#### SECTION A: *(Daytime)*

Instructors: Darryl Dieckman, [ddieckman@pausd.org](mailto:ddieckman@pausd.org), and Rand Hill, [rhill@pausd.org](mailto:rhill@pausd.org)

10 wks / January 11–March 15

Wednesday / 1:30–4:30 p.m.

Palo Alto HS Woodshop / \$278

#### SECTION B: *(Evening)*

Instructors: Rayan Ghazal, [rayan@stanford.edu](mailto:rayan@stanford.edu), and Marty Lastowski, [mlastowski@pausd.org](mailto:mlastowski@pausd.org)

10 wks / January 12–March 16

Thursday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$278

### WOODWORKING 2:

#### BUILD A THREE-LEGGED STOOL

Instructors: Marcus Miller, [wmmiller2@yahoo.com](mailto:wmmiller2@yahoo.com), and Mary Ann Carmack, [macsoybean@gmail.com](mailto:macsoybean@gmail.com)

*Prerequisite: Wood 1 — NO EXCEPTIONS*



This project will use traditional mortise and tenon joinery as well as serve as an introduction to lathe work and joinery at different angles. This project offers you ample opportunity to increase your skills while honing and refining techniques learned from Woodworking 1. The three-legged stool utilizes wedged, through mortise and tenon joinery for aesthetic and structural benefit. The finished product is both beautiful and functional. There will be a materials fee payable to the instructor to cover the cost of wood.

10 wks / January 10–March 14

Tuesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$278

## WOODWORKING (All Woodworking Classes Limited to 15 Students)

### WOODWORKING 2: INTRODUCTION TO HAND TOOLS

Instructors: Sumit Roy, [sroy@pausd.org](mailto:sroy@pausd.org), and

Darryl Dieckman, [ddieckman@pausd.org](mailto:ddieckman@pausd.org)

*Prerequisite: Wood 1 — NO EXCEPTIONS*

This class will introduce woodworkers to the use and maintenance of common hand tools used in fine woodworking. You will use chisels, planes, saws, and layout tools to create examples of traditional joinery and a small box. The goal is to develop hand tool skills to complement the use of power tools. *Instructor approval is required to register for this class, please contact [sroy@pausd.org](mailto:sroy@pausd.org) for details.* There will be a materials fee of \$30 payable to the instructor at the first class. NOTE: You can expect to invest \$300+ prior to the beginning of class for required hand tools, a required tool list will be available from the instructor.

10 wks / January 10–March 14

Tuesday / 2:30–5:30 p.m.

Palo Alto HS Woodshop / \$278

### WOODWORKING 3 PROJECT: MAKE A CHEESE KNIFE OR LETTER OPENER

Instructors: Michael Osborne, [mo@modsf.com](mailto:mo@modsf.com), and

Claude Godcharles, [cgodcharles@pausd.org](mailto:cgodcharles@pausd.org)

*Prerequisite: Wood 1 & Wood 2*



In this class you will use a combination of power tools and hand tools to make a beautiful wooden cheese knife, butter knife, or letter

opener. You will learn how to shape with a rasp, and work with a variety of stunning hardwoods! There will be a materials fee of \$20 payable to the instructor at the first class meeting for the cost of wood.

3 wks / January 12–January 26

Thursday / 2–5 p.m.

Palo Alto HS Woodshop / \$83

### WOODWORKING 3 PROJECT: WOODWORKING DESIGN — DESIGN AND MAKE A WOOD BOX

Instructors: Michael Osborne, [mo@modsf.com](mailto:mo@modsf.com), and

Claude Godcharles, [cgodcharles@pausd.org](mailto:cgodcharles@pausd.org)

*Prerequisite: Wood 1 AND Wood 2*



In this class you will use a combination of power tools and hand tools to design and build a unique wooden box of your own creation. Emphasis will be given to the design of all elements

of the box including wood choice, corner joinery, top/lid construction, handle vs no handle, interior treatment, etc. There will be a materials fee of \$30 payable to the instructor at the first class meeting for the cost of wood.

6 wks / February 9–March 16

Thursday / 2–5 p.m.

Palo Alto HS Woodshop / \$167

### WOODWORKING 3: ADVANCED WOODWORKING TECHNIQUES

Instructors: Claude Godcharles, [cgodcharles@pausd.org](mailto:cgodcharles@pausd.org),

Sumit Roy, [sroy@pausd.org](mailto:sroy@pausd.org), and

Aaron Straight, [astraight@pausd.org](mailto:astraight@pausd.org)

*Prerequisite: Wood 1 AND Wood 2 — NO EXCEPTIONS*

Come work on your own project, while learning setup and techniques for power tools and hand tools! This class includes short tutorials as well as open shop time to work on your personal project under supervision. Students supply their own materials. Storage space for projects is available during the quarter. Textbook (recommended): *Woodworking Basics* by Peter Korn can be purchased in the Adult School office.

#### SECTION A: (Daytime)

8 wks / January 9–March 13

(No class January 16 and February 20)

Monday / 2–5 p.m.

Palo Alto HS Woodshop / \$222

#### SECTION B: (Evening)

8 wks / January 9–March 13

(No class January 16 and February 20)

Monday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$222

### WOODWORKING 4: ADVANCED — OPEN SHOP

Instructors: Rayan Ghazal, [rayan@stanford.edu](mailto:rayan@stanford.edu),

and Sharad Patel, [spatel@pausd.org](mailto:spatel@pausd.org)

*Prerequisite: Three quarters of Woodworking classes*

Work at your own pace with access to instruction, equipment, and advice when you need it. A skills test will be given at the first class. Students supply their own materials. Storage space is available for projects during the quarter. Please email instructor at [rayan@stanford.edu](mailto:rayan@stanford.edu) prior to enrolling.

10 wks / January 11–March 15

Wednesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$278



## WORLD LANGUAGES

### CHINESE: INTRO TO PRONUNCIATION

Instructor: Lucia Wu, [www@pausd.org](mailto:www@pausd.org)

*Prerequisite: None — all levels welcome*

Chinese is the most difficult and most popular language in the world. Learning accurate pronunciation is key to mastering it! This class prepares you to have accurate pronunciation for effective communication. You will be introduced to a whole set of Chinese phonetics. Lots of pronunciation practice will be essential to establish accuracy with supervision (i.e., tongue twister on tones and different phonetic elements). Simple vocabulary and basic grammar will also be introduced at a later stage. It's vital for students to attend classes diligently. No homework. Required textbook (*Chinese Express*) can be purchased in the Adult School office.

10 wks / January 10–March 17

Tuesday AND Friday / 7:30–9 p.m.

LIVE ONLINE / \$222

NEW

### CHINESE: FUN TRANSLATION

Instructor: Lucia Wu, [www@pausd.org](mailto:www@pausd.org)

*Prerequisite: 1+ years of Chinese study with knowledge of its phonetics and basic grammar*

Translating between languages not only enhances students' communication skills, it's also a fun way to learn about cultural differences! This class is for dedicated students who plan to use the language long term. Translation exercises will be given, finished and discussed in class. Content will come from movies, advertisements, fiction, newspapers, etc. You will explore how an idea can be conveyed in different ways in a different language! Weekly homework assigned. No textbook.

10 wks / January 9–March 16

(No class January 16 and February 20)

Monday AND Thursday / 7:30–9 p.m.

LIVE ONLINE / \$222

NEW

### FRENCH: BEGINNING

Instructor: Pary Sarraf, [pary.sarraf@gmail.com](mailto:pary.sarraf@gmail.com)

*Prerequisite: Beginning I (Sec. A)–None;*

*Beginning II (Sec. B)–French Beginning I or equivalent*

*Bonjour!* With no French instruction, you will learn the fundamentals of French pronunciation and will develop basic everyday conversational skills with focus on phonetics, grammar, listening comprehension, reading, and writing exercises. You will also become familiar with French culture and customs. Textbook: *Dis-moi!* (ISBN: 0-673-21627-6) can be purchased from *Amazon.com*.

#### SECTION A: Beginning I

10 wks / January 10–March 14

Tuesday / 9:30–11:30 a.m.

LIVE ONLINE / \$185

#### SECTION B: Beginning II

8 wks / January 9–March 13

(No class January 16 and February 20)

Monday / 6–8 p.m.

LIVE ONLINE / \$148

### FRENCH: INTERMEDIATE I

Instructor: Pary Sarraf, [pary.sarraf@gmail.com](mailto:pary.sarraf@gmail.com)

*Prerequisite: French Beginning II or equivalent*

You will increase vocabulary knowledge through reading and listening exercises and you will improve conversational skills by following guided activities. Continue reinforcing mastery of grammar and improving syntax and enhance your knowledge of French culture and customs. Textbook: *Dis-moi!* (ISBN: 0-673-21627-6) can be purchased from *Amazon.com*.

10 wks / January 10–March 14

Tuesday / 6–8 p.m.

LIVE ONLINE / \$185

### FRENCH GRAMMAR REVIEW

Instructor: Pary Sarraf, [pary.sarraf@gmail.com](mailto:pary.sarraf@gmail.com)

*Prerequisite: French intermediate or equivalent*

In this comprehensive grammar review course, the emphasis is on the language structure leading to effective communication. The curriculum includes a thorough revision of the parts of speech, modes, sentence structure, verb conjugation and activity-based exercises. Textbook: *Grammaire en dialogues B1-Niveau intermédiaire* (ISBN: 978-209-038062-0) can be purchased from *Amazon.com*.

8 wks / January 9–March 13

(No class January 16 and February 20)

Monday / 2–4 p.m.

LIVE ONLINE / \$148

### FRENCH: HIGH INTERMEDIATE READING AND CONVERSATION

*(Class limited to 12 students)*

Instructor: Mireille Belloni, [mbelloni@pausd.org](mailto:mbelloni@pausd.org)

*Prerequisite: High intermediate French or equivalent*

Reading is a great way to expand your knowledge of French. You will use a contemporary French novel as a vehicle for improving your language skills and discover aspects of French-speaking culture.

8 wks / January 9–March 13

(No class January 16 and February 20)

Monday / 10–11:30 a.m.

LIVE ONLINE / \$111

### FRENCH: ADVANCED— L'ART DE CONVERSATION

Instructor: Pary Sarraf, [pary.sarraf@gmail.com](mailto:pary.sarraf@gmail.com)

*Prerequisite: High intermediate or equivalent*

Students will initiate and participate in a variety of conversational topics in real-life settings including current events, art, movies, history, books, travel, cuisine and more. Increase vocabulary and enhance your communication skills, grammar and syntax. Expand ability to express your thoughts and opinions on an engaging array of topics.

10 wks / January 12–March 16

Thursday / 6–8 p.m.

LIVE ONLINE / \$185



## WORLD LANGUAGES

### ITALIAN: BEGINNING II

Instructor: Roberta Lamanda, [rlamanda@pausd.org](mailto:rlamanda@pausd.org)

*Prerequisite: Beginning I or equivalent*

This class is for continuing Beginning I students, or those acquainted with basic language knowledge. Continue to familiarize yourself with basic Italian structure and grammar and conversational skills. *A presto!* Emphasis is on conversation and active participation. Please contact the instructor for information about the textbook. All students are required to have their video *ON* during class. New students welcome!

9 wks / January 17–March 14

Tuesday / 6–7:30 p.m.

LIVE ONLINE / \$125

### ITALIAN: BEGINNING III

Instructor: Roberta Lamanda, [rlamanda@pausd.org](mailto:rlamanda@pausd.org)

*Prerequisite: Beginning II or equivalent*

This Italian class is meant for continuing Beginning II students, or those who are acquainted with basic knowledge of the language. Emphasis is on conversation and active in-class participation. Please contact the instructor for information about the textbook. All students are required to have their video *ON* during class. New students welcome!

9 wks / January 18–March 15

Wednesday / 6–7:30 p.m.

LIVE ONLINE / \$125

### ITALIAN: INTERMEDIATE VI

Instructor: Roberta Lamanda, [rlamanda@pausd.org](mailto:rlamanda@pausd.org)

*Prerequisite: Intermediate or equivalent*

This engaging class is designed to review, reinforce and expand your grammar and communication skills. Emphasis is on conversation and active in-class participation. The class is taught mostly in Italian. *A presto!* Please contact the instructor for information about the textbook. All students are required to have their video *ON* during class. New students welcome!

8 wks / January 23–March 13

Monday / 6–7:30 p.m.

LIVE ONLINE / \$111

### ITALIAN BOOK CLUB: ADVANCED READING AND CONVERSATION

*(Class limited to 14 students)*

Instructor: Stefania Filigheddu, [sfiligheddu@pausd.org](mailto:sfiligheddu@pausd.org)

*Prerequisite: Advanced*

Do not miss this opportunity to challenge yourself and increase your Italian vocabulary and culture while reading and conversing completely in Italian. The selected book contains complex grammatical structures that enhance your ability to incorporate new idioms and vocabulary in different contexts. Textbook: TBD

8 wks / January 10–February 28

Tuesday / 7–8:30 p.m.

LIVE ONLINE / \$111

### JAPANESE: BEGINNING I

Instructor: R. Tsuno, [rtsuno@pausd.org](mailto:rtsuno@pausd.org)

*Prerequisite: None*

Are you interested in learning the Japanese language? Then this is the right class for you! You will learn how to write Hiragana and Katakana during the class. You will also learn useful vocabulary, correct pronunciation and phrases for basic conversation. Textbook: *Genki (optional)*.

10 wks / January 10–March 14

Tuesday / 6:30–8 p.m.

LIVE ONLINE / \$139

### JAPANESE: BEGINNING II

Instructor: R. Tsuno, [rtsuno@pausd.org](mailto:rtsuno@pausd.org)

*Prerequisite: Japanese: Beginning I or equivalent*

This class is for students who took at least 20 hours of Japanese class previously. You should be able to read and write Hiragana and Katakana for this class. You will learn useful vocabulary, phrases and expressions, and some Kanji characters, with an emphasis on conversational skills. Textbook: *Genki (optional)*.

10 wks / January 12–March 16

Thursday / 6:30–8:00 p.m.

LIVE ONLINE / \$139

### SPANISH: BEGINNING

Instructor: Leonardo McCord Salazar, [lmccord@pausd.org](mailto:lmccord@pausd.org)

*Prerequisite: Level 1, None; Levels 2 and 5, previous level*

Learn the essentials of Spanish grammar from a native speaker, and develop the four language skills in meaningful contexts. Topics included will be useful for parents with children in Spanish Immersion classes. You will be able to participate actively in simple conversations with your children. Required textbook can be purchased in the Adult School office.

*\*\*Levels 3 and 4 are not offered this winter quarter.\*\**

#### SECTION A (Level 1)

8 wks / January 9–March 13

*(No class January 16 and February 20)*

Monday / 7–9 p.m.

Palo Alto HS Rm 302 / \$148

#### SECTION B (Level 2)

10 wks / January 12–March 16

Thursday / 7–9 p.m.

Palo Alto HS Rm 302 / \$185

#### SECTION E (Level 5)

10 wks / January 10–March 14

Tuesday / 5–7 p.m.

Palo Alto HS Rm 302 / \$185



## WORLD LANGUAGES

### SPANISH: LOW INTERMEDIATE

Instructor: Leonard McCord, [lmccord@pausd.org](mailto:lmccord@pausd.org)

*Prerequisite:* Two years of *Beginning Spanish* or equivalent *Habla Ud español?* Continue your studies and focus on conversational skills. Add to your knowledge of grammar and Hispanic culture. Required textbook can be purchased in the Adult School office.

10 wks / January 10–March 14

Tuesday / 7:30–9:30 p.m.

Palo Alto HS Rm 302 / \$185

### SPANISH: INTERMEDIATE

Instructor: Leonardo McCord Salazar, [lmccord@pausd.org](mailto:lmccord@pausd.org)

*Prerequisite:* Three quarters of low intermediate Spanish or equivalent

Learn the fine points of Spanish grammar and the multiple uses of the subjunctive mood in this engaging course. Read, translate, and discuss a masterpiece of Spanish, Latin-American, or Chicano literature. Required textbook can be purchased in the Adult School office.

10 wks / January 11–March 15

Wednesday / 5–7 p.m.

LIVE ONLINE / \$185

### SPANISH: ADVANCED CONVERSATION AND LITERATURE

Instructor: Leonardo McCord Salazar, [lmccord@pausd.org](mailto:lmccord@pausd.org)

*Prerequisite:* Advanced Spanish skills

Converse with other students in Spanish, and read contemporary Spanish or Latin-American plays, novels, or short stories. Repetition of the course is encouraged, as new literature is introduced every quarter.

10 wks / January 11–March 15

Wednesday / 7:30–9:30 p.m.

LIVE ONLINE / \$185



**NEW TEACHERS WELCOME!**

If you would like to become an Adult School instructor, call (650) 329-3752 for an application. For more information on how to apply, visit [PAAadultschool.org/new-instructors-welcome](http://PAAadultschool.org/new-instructors-welcome)

## MISSION AND STUDENT LEARNER OUTCOMES

### MISSION

Palo Alto Adult School is committed to providing a broad range of accessible, flexible, and effective educational programs that enable our diverse community of adult learners to achieve their academic, career, and personal goals.

### SCHOOLWIDE LEARNER OUTCOMES (SLOs)

#### SET GOALS:

Students will assess their own needs and identify their academic, career, and/or personal goals.

- With guidance, develop and communicate plans to achieve their goals.
- Be self-directed learners who learn independently and collaboratively in a diverse environment.

#### ACHIEVE SKILLS:

Using a variety of methods, technology, and resources, students will acquire knowledge and skills.

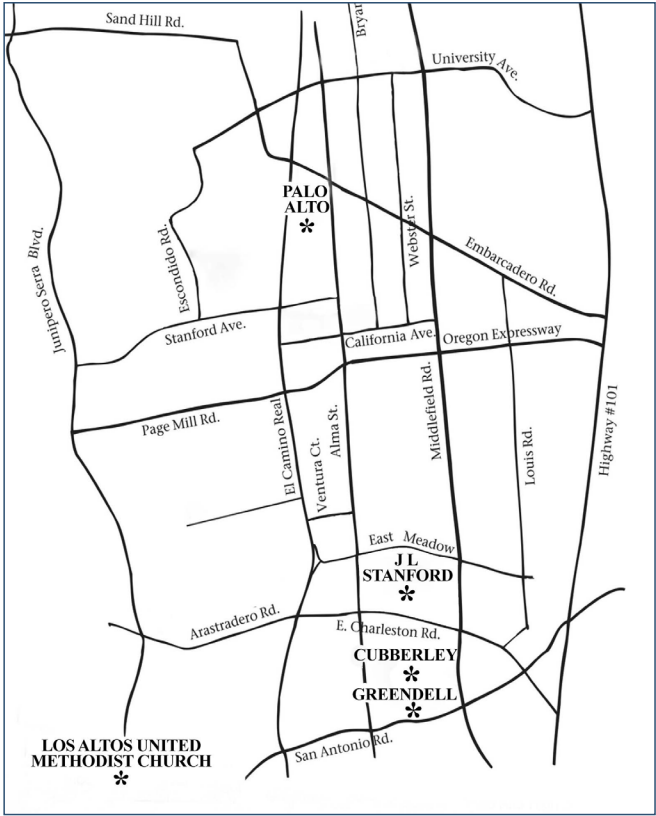
- Develop and apply critical thinking skills.
- Obtain academic and career skills for life and workforce readiness.

#### DEMONSTRATE LEARNING:

Students will apply their acquired core knowledge and skills appropriate to their goals.

- Advance to post-secondary education or training.
- Contribute to personal enrichment and the community.
- Demonstrate 21st century skills including critical thinking, communication, collaboration, and creativity.

PALO ALTO ADULT SCHOOL LOCATIONS



<b>PALO ALTO</b> Palo Alto High School 50 Embarcadero Road	<b>CUBBERLEY</b> Cubberley Community Center 4000 Middlefield Road	<b>GREENDELL</b> Greendell School 4120 Middlefield Road	<b>J. L. STANFORD</b> J.L. Stanford Middle School 480 E. Meadow Drive, Palo Alto	<b>LOS ALTOS UNITED METHODIST CHURCH</b> 655 Magdalena Avenue, Los Altos
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CUBBERLEY COMMUNITY CENTER — ADULT SCHOOL CLASS LOCATIONS



\*\*\*\*Smoke-free Campus\*\*\*\*



PALO ALTO HIGH SCHOOL

## SITE MAP



## ADMINISTRATIVE POLICIES

### POLICIES AND PROCEDURES

Palo Alto Adult School follows the Policies and Procedures adopted by the Palo Alto Board of Education. These can be found at: <https://www.pausd.org/about-us/policies-procedures/board-policies>. These policies support the Education Code of the State of California.

### NON DISCRIMINATION

BP 0400: The Board shall provide equal opportunities in all areas and assure that there will be no discrimination against any person on the grounds of race, religion, age, sex, national origin, color, disability, political belief, sexual orientation, marital status, or veteran's status.

### ACADEMIC REGULATIONS

BP 5131: The Board of Education believes that all students have the right to be educated in a positive learning environment free from disruptions. Students shall be expected to exhibit appropriate conduct that does not infringe upon the rights of others or interfere with the school program while on school grounds, while going to or coming from school, while at school activities, and while on district transportation.

Conduct is considered appropriate when students are diligent in study, careful with school property, courteous, and respectful toward their teachers, other staff, students, and volunteers. Prohibited student conduct includes, but is not limited to:

- Conduct that endangers students, staff, or others
- Conduct that disrupts the orderly classroom or school environment
- Harassment of students or staff
- Damage to or theft of property belonging to students, staff, or the district
- Use of profane, vulgar, or abusive language
- Plagiarism or dishonesty in school work or on tests
- Possession, use, or being under the influence of tobacco, alcohol, or other prohibited drug in violation of school rules

Students who violate district or school rules and regulations may be subject to discipline including, but not limited to, suspension, expulsion, transfer to alternative programs, or denial of participation in extracurricular or cocurricular activities in accordance with Board policy and administrative regulation. The Superintendent or designee shall notify local law enforcement as appropriate.

### STUDENT RECORDS

BP 5125: At each school, the principal or a certificated designee shall act as custodian of records for students enrolled at that school. The custodian of records shall be responsible for implementing Board policy and administrative regulation regarding student records.

*School Policy:* Adult student records can be released following a written request by the student to the adult school office. Records are released to other parties with the student's permission.

### ELIGIBILITY

All persons over the age of 18 are eligible for all Adult School classes with no residency restrictions.

### PRE-REGISTRATION

Please register early since classes that do not have sufficient enrollment are canceled.

### REFUND POLICY

Refund of fees will only be given if requested at least 72 hours before the first class meeting. There is a \$15 fee for cancellations. A complete refund will always be made if we cancel a class. Please choose your classes carefully.

- We are sorry we cannot accept medical, business travel or other reasons.
- Refunds will be given automatically if the Adult School cancels a class.
- Deposits and tuition for parent education classes are entirely non-refundable.
- Textbooks are not returnable.

### A CERTIFICATE OF COMPLETION

A certificate of completion and/or a letter stating participation in any Adult School class will be given to any student upon request to the office and verification of attendance.

### SCHOLARSHIPS

Please contact the Principal, Tom Keating, if you need scholarship assistance. All information given will remain confidential.

### TOBACCO-FREE SCHOOL DISTRICT PROPERTY

Smoking and the use of tobacco products by all persons is prohibited on Palo Alto Unified School District property and at district-sponsored events.

### SEXUAL HARASSMENT POLICY

It is the policy of the Palo Alto Unified School District to provide a school environment free from all forms of harassment, including sexual harassment, and to maintain an environment in which all students and staff model this behavior and are treated with dignity and respect. Please see the district website for complete information: <https://www.pausd.org/about-us/policies-procedures/title-ix-office>.

### UNIFORM COMPLAINT PROCEDURES

The Palo Alto Unified School District maintains a uniform complaint procedure. Please visit the district website for complete information at <https://www.pausd.org/about-us/policies-procedures/formal-complaint-procedures>.

# CONSORTIUM PARTNERSHIP

## North Santa Clara County Student Transition Consortium

The Palo Alto Adult School is a member of the North Santa Clara County Student Transition Consortium (NSCCSTC), a collaboration between the Foothill-De Anza College District (FHDA), Palo Alto Unified School District Adult School (PAUSD), Fremont Union High School District Adult School (FUHSD), and the Mountain View Los Altos Union High School District Adult School (MVLA). The consortium serves the communities of Cupertino, Los Altos, Los Altos Hills, Mountain View, Palo Alto, and Sunnyvale, as well as portions of San Jose. Its mission is to coordinate and align programs, create linkages, and develop regional plans to better serve the educational needs of adults in the region.

### Meet the members of our consortium:

- Palo Alto Adult School: [paadultschool.org](http://paadultschool.org)
- Mountain View Los Altos Adult School: [mvla.net](http://mvla.net)
- FUHSD Adult School Sunnyvale-Cupertino: [fuhdadultschool.com](http://fuhdadultschool.com)
- De Anza College: [deanza.edu](http://deanza.edu)
- Foothill College: [foothill.edu](http://foothill.edu)

Find out more about NSCCSTC at [sites.google.com/site/nscstcaebg](https://sites.google.com/site/nscstcaebg).



# CONTACT INFORMATION

## 2022–2023 PAUSD BOARD OF EDUCATION (Board election to be held November 2022)

Ken Dauber President (650) 906-4340 <a href="mailto:kdauber@pausd.org">kdauber@pausd.org</a>	Jennifer DiBrienza Vice President (917) 501-0930 <a href="mailto:jdibrienza@pausd.org">jdibrienza@pausd.org</a>	Todd Collins Board Member (650) 695-1330 <a href="mailto:tcollins@pausd.org">tcollins@pausd.org</a>	Shounak Dharap Board Member (650) 575-6485 <a href="mailto:sdharap@pausd.org">sdharap@pausd.org</a>	Jesse Ladomirak Board Member <a href="mailto:jladamirak@pausd.org">jladamirak@pausd.org</a>
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## DISTRICT ADMINISTRATION

Don Austin Superintendent (650) 329-3983 <a href="mailto:daustin@pausd.org">daustin@pausd.org</a>	Tom Keating Principal, Adult School (650) 329-3752 <a href="mailto:tkeating@pausd.org">tkeating@pausd.org</a>	Lynn Tanner ESL Program Manager (650) 494-2326 <a href="mailto:ltanner@pausd.org">ltanner@pausd.org</a>	Sharon Ofek Associate Superintendent (650) 329-3717 <a href="mailto:sofek@pausd.org">sofek@pausd.org</a>	Nikole Manou Principal, PreSchool Family (650) 856-0833 <a href="mailto:nmanou@pausd.org">nmanou@pausd.org</a>
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# COMMUNITY PARTNER

Our Community Partner this quarter is

## ROTARY CLUB OF PALO ALTO

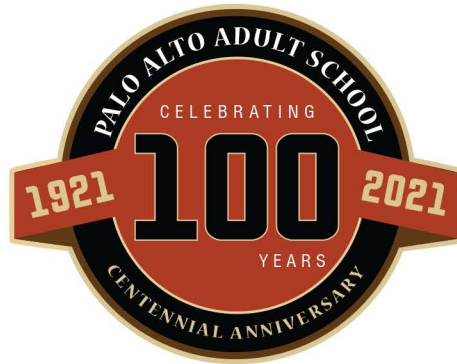


The Rotary Club of Palo Alto is a community service organization where neighbors, friends, and business and community leaders volunteer their time and talents to create lasting change in the lives of others, both locally and across the globe.

WEBSITE // [www.rotarypaloalto.org](http://www.rotarypaloalto.org)



**PALO ALTO ADULT SCHOOL**  
Palo Alto Unified School District  
50 Embarcadero Road  
Palo Alto, CA 94301



**ALL RESIDENTS AND NON-RESIDENTS WELCOME**

## Certificate-based Training

(Winter Scholarship Available)



**Education is for life**





## 5

## WAYS TO REGISTER

PHONE	(650) 329-3752
EMAIL	adultschool@pausd.org
WEBSITE	PAAAdultSchool.org
MAIL OR WALK-IN	Palo Alto Adult School, 50 Embarcadero Road, Palo Alto, CA 94301 (Masks highly recommended for walk-in)

**RECEIPTS/CONFIRMATIONS**

Please call if you need a receipt or a confirmation:  
(650) 329-3752. You will be notified if a class is cancelled.

**REFUNDS**

Refunds are given up to 72 hours before the first class meeting. There is a \$15 fee for cancellation. A complete refund will always be made if we cancel a class. Textbooks are not returnable.

**NEED HELP? CALL (650) 329-3752**

**REGISTER EARLY**

Register today to secure your place in our most popular classes. If minimum enrollments are not met, classes will be canceled and a full refund will be processed. Refunds are given up to 72 hours before the first class meeting.

**OFFICE HOURS**

DAY: 8 a.m.–4:30 p.m., Monday through Friday  
EVENING: 4:30–9:30 p.m. Monday through Thursday  
HOLIDAYS: Please contact the office at (650) 329-3752

**WINTER REGISTRATION BEGINS DECEMBER 2, 2022**

This schedule is valid through March 17, 2023. Additional information, materials lists and schedule changes are posted on our website at PAAAdultSchool.org.

**REGISTRATION FORM****PALO ALTO ADULT SCHOOL**

Palo Alto Unified School District  
50 Embarcadero Road  
Palo Alto, CA 94301

Year: 2023

Quarter: ☒ Winter ☐ Spring  
☐ Summer ☐ Fall

Registration Date: \_\_\_\_\_

Name: \_\_\_\_\_  
(Last) (First) (Middle)

Address: \_\_\_\_\_  
(Street Number) (Street Name) (Apt.) (City) (State) (Zip Code)

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Start Date: \_\_\_\_\_ ☐ New Student ☐ Returning Student Date of Birth: \_\_\_\_\_ ☐ M ☐ F

Class Name	M	T	W	Th	F	S	Instructor	Time	Location	Fee

Type of Payment: ☐ Check ☐ Cash ☐ Visa ☐ MasterCard ☐ No Fee

Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

How did you find out about this class? \_\_\_\_\_

**Register Online at PAAAdultSchool.org or print and mail this form.**