



# PALO ALTO ADULT SCHOOL

2023 SPRING QUARTER SCHEDULE

**REGISTRATION BEGINS FEBRUARY 24, 2023**



**PAAdultSchool.org / 650-329-3752**

## DEAR COMMUNITY MEMBERS:

Celebrate spring with a sense of community and learning by enrolling in Adult School courses. Learning is a continuous journey we pursue throughout life. Whether your passion is to learn more about birding, healthy cooking, garment sewing, or a new world language, we have a course for you.

Our community partner this quarter is Alta Housing, Silicon Valley's top provider of affordable housing. Alta Housing and the Adult School have partnered for the last 10 years on a job coaching program called PA Job Link. Our future plan is to offer adult school classes onsite at the Wilton Court Apartments for Alta Housing residents and the general community as well. By providing adult education to local Alta Housing residents, we hope to empower all community members to engage in a rewarding life and bright future.

Introducing our first Glassblowing workshop course this quarter. Take a look at our entire list of extraordinary courses, and find the one that is right for you!



Tom Keating  
Principal





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### 2023 SPRING CALENDAR

REGISTRATION FOR SPRING QUARTER BEGINS // FEBRUARY 24  
 SPRING QUARTER // MARCH 20-JUNE 2  
 WRITING ACADEMY // MARCH 23-MAY 26  
 ESL CLASSES // MARCH 6-MAY 5  
 HOLIDAYS-NO CLASSES // APRIL 3-APRIL 7, MAY 29, & MAY 31

COVID-19 UPDATE: The Adult School will follow classroom guidelines for in-person instruction as outlined by the Palo Alto Unified School District. For updated information, please visit <https://www.paadultschool.org>.

\* Partially or fully state-funded

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## STUDENT SHOWCASE

### A lifelong passion for painting!

“I have been painting ever since I was a child. In my search for a painting class, I found a wonderful art teacher, Ferenc, and met people who enjoyed painting as much as I did. I've been taking Ferenc's **Scenic Watercolor** class since 2009 and was able to participate in the Adult School's recent Art Exhibit. At age 97, I am now living in Japan and continue to take Ferenc's class via Zoom.”

**MIYOKO KUSUMOTO**  
Artist



## ARTS AND CRAFTS

### CELEBRATE SPRINGTIME – CREATE A SEASONAL WREATH

*(Class limited to 10 students)*

Instructor: Sam Kauffman, samksongs@aol.com

*Prerequisite: None*

Spring is in the air! Celebrate the season with a one-day workshop by making a one-of-a-kind wreath from Sam Kauffman's on-line shop – *Whimsy And*. Sam has had a floral arranging business for over twenty years. There will be a \$10.00 supply fee payable to the instructor.

One Session / April 13

Thursday / 1–3:30 p.m.

Cubberley Campus I-Building 2nd Floor / \$30

NEW

### DRAWING *(Class limited to 12 students)*

Instructor: Taryn Curiel, taryn\_curiel@mac.com,  
<https://www.taryncuriel.com/>

*Prerequisite: None*

Are you looking to take your artistic skills to the next level? Drawing class is here to help! No prior experience required! You will learn from a helpful artist to refine your drawing skills and give you the confidence to create stunning works of art. You don't have to be a professional artist to unleash your creativity. Bring paper, pencils and an eraser to class. Contact the instructor for more information.

4 wks / April 3–April 24

Monday / 6:30–8:30 p.m.

Palo Alto HS Room 106 / \$74

NEW

### GLASSBLOWING WORKSHOP

*(Workshop limited to 4 students)*

Instructor: Fiery Arts Staff

*Prerequisite: None*

Join us for an evening session of glassblowing at Paly's Fiery Art's program. This is a hands-on class for beginners that will focus on making a glass flower and paperweight. Wear non-synthetic clothing, a long sleeve shirt, and closed-toed shoes. Don't forget your water bottle!

One Session / May 2

Tuesday / 4:30–7 p.m.

Palo Alto HS Rm 105 / \$195

NEW

### KNITTING

Instructor: Paola Trombetta, ptrombetta@pausd.org

*Prerequisite: None*

Knitters of all abilities are welcome! Learn basic and advanced skills in this fun and collaborative knitting workshop. Beginners learn to read pattern books, and/or design and create their own knitted garment and gifts. Advanced knitters, master your techniques and bring projects you are currently working on.

9 wks / March 22–May 24 (No class April 5)

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Room 1707 / \$144

### LEARN TO CROCHET

Instructor: Paola Trombetta, ptrombetta@pausd.org

*Prerequisite: None*

Learn to chain, single and double crochet, create tri-dimensional forms, and read patterns. This class will work for you regardless of your skill level and you will enjoy it! *Materials to bring to class:* 1 ball of worsted weight yarn plus a size 'H' crochet hook.

9 wks / March 22–May 24 (No class April 5)

Wednesday / 5:30–6:30 p.m.

Palo Alto HS Room 1707 / \$72

### MIXED MEDIA ARTS

*(Class limited to 12 students)*

Instructor: Taryn Curiel, taryn\_curiel@mac.com,  
<https://www.taryncuriel.com/>

*Prerequisite: None*

Unleash your inner artist with this Mixed Media Workshop! This class offers creative activities, from charcoal and pastel drawing to collages and more. You'll be able to explore your creativity and create something unique. All levels welcome! You will get the skills and confidence to create beautiful pieces of art that you can proudly display in your home or office. Discover the joy of creating and how to express yourself through art! There will be a materials fee of \$15 payable to the instructor at the first class.

4 wks / May 1–May 22

Monday / 6:30–8:30 p.m.

Palo Alto HS Room 106 / \$74

NEW



## ARTS AND CRAFTS

### SCENERY WATERCOLOR PAINTING AND DRAWING

Instructor: Ferenc Besze, fbesze@pausd.org,  
<http://besze.com>

*Prerequisite: None*

Drawing is essential to representational painting. In this online class, we will spend equal time drawing and painting, to develop our observation skills about proportion, perspective, creating 3D effects and creating compositional studies. Our subjects will include scenery, figures, portraits, and objects. *\*Have your field sketches/photographs for reference material.*

10 wks / March 22–May 31 (No class April 5)

Wednesday / 6:30–9:30 p.m.

LIVE ONLINE / \$240

### WATERCOLOR ESSENTIALS (Class limited to 12 students)

Instructor: Rafael DeSoto, Jr.,  
[desotostudio@gmail.com](mailto:desotostudio@gmail.com), <http://rafaeldesotojr.com>

*Prerequisite: None*



Learn the essential fundamentals of watercolor painting. Classes will include follow-along demonstrations with hands-on training. Each lesson will be crafted to aid in your progress toward painting

with confidence. Subjects will include landscapes, florals and still life. Practice assignments will be given after each class. See website for materials list.

4 wks / April 4–April 25

Tuesday / 6:30–9:30 p.m.

Palo Alto HS\_Rm 106 / \$111

NEW

## BIRDING AND NATURE

Birding can become your passion too! With two levels offered, from Birding Basics to Intermediate coverage, field experiences are a key part of any class.

### ARMCHAIR BIRDING

Instructor: Larry Spivak, lspivak@pausd.org

*Prerequisite: None*

If you love birds and would like to see more of them but do not like flying cross-country or long-distance road trips, this is the class for you. You will virtually travel to 39 different sites in Arizona, Texas, Florida and New York City and meet nearly 300 birds not usually seen in California. You will also learn a little about how to identify them and about their habits, along with personal stories about some of them from your instructor. So, let's go birding — seat belts not required.

6 wks / March 30–May 4

Thursday / 7–9 p.m.

LIVE ONLINE / \$110

### BIRDING BASICS

Instructor: Larry Spivak, lspivak@pausd.org

*Prerequisite: None*

Do you like to look at birds in your backyard or when you are out walking, but would like to know who they are? Join your neighbors here and learn how to identify birds with a step by step process that will help you find them in an identifier long after the birds have flown away. Learn the language of bird watching and discover why so many people are passionate about this activity. Fieldtrips: TBD.

6 wks / March 28–May 2

Tuesday / 7–9 p.m.

LIVE ONLINE / \$110

### BIRDING: INTERMEDIATE (Online & In-Person)

Instructor: Scott Smithson, wsmithson@pausd.org

*Prerequisite: None*

The primary goal of this birding class is to develop birding skills through bird identification by sight and sound. During our weekly online Zoom meetings, we will focus on sharing of local bird sightings, slides of Bay Area birds, ID quizzes, and discussion of field trips. There will be 3 in-person weekend field trips offered to local Bay Area birding spots so we can practice what we have learned in the field! Fieldtrip dates TBD. Textbook: Any North America or Western North America bird field guide (*Sibley's Guide* is a great one). See website for class details.

7 wks / April 12–May 24

Wednesday / 7–9 p.m.

LIVE ONLINE / \$168



## CAREER TRAINING

### VOCATIONAL INTERNSHIP CLASS

Instructor: Toshiro Lang

*Prerequisite: Application and interview required*



Classroom component to vocational internships concentrating on developing transferable job skills. This course emphasizes the importance of interpersonal

dynamics in the workplace, and the value of obtaining competitive employment. In-person instruction accommodates all learners with the motivation to become independent and successful. \*\*\* *Must call (650) 329-3752 for more information and to register for the program.* \*\*\*

ONGOING / January–June

Monday–Thursday / 8–9:15 a.m.

Lucille Packard Children's Hospital (LPCH) / No Fee \*

### VOICE OVERS: NOW IS *YOUR* TIME!

Instructor: Lisa Foster, alex@suchavoice

*Prerequisite: None*

In what could be the most enlightening 2 hours you've ever spent, this class will show you how you can begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. Learn about a unique way to break into this creative, fulfilling, and potentially lucrative industry.

One Session / May 24

Wednesday / 6–8 pm

Palo Alto HS Rm 1709 / \$50

### WORK READINESS —

#### LEARN NEW SKILLS FOR GETTING A JOB \*

Instructor: Kathilynn Lehmer, pajoblink.lehmer@gmail.com

Learn new strategies for getting a job! Prepare a powerful resume and cover letter, create a LinkedIn Profile, learn new job hunting strategies—and more! There is no fee and the course is open-entry--start anytime. For more information and to find out how to register send an email to Kathilynn Lehmer at [pajoblink.lehmer@gmail.com](mailto:pajoblink.lehmer@gmail.com).

## CAREER TRAINING: ADVANCED CERTIFICATE PROGRAMS

Online career training courses can prepare you for a new career or help you advance within your current occupation. To see a list of more than 175 Certificate and Advanced Career Training courses, visit <https://careertraining.ed2go.com/paloalto>.

### ACCOUNTS PAYABLE MANAGER CERTIFICATION (GES2075)

*(Exam Cost Included)*

Instructor: Self-paced class

*Prerequisite: None*

This course will prepare you for the Institute of Finance & Management's (IOFM) Accounts Payable Manager (APM) certification, the gold standard within the financial operations industry. For pricing, details, registration, visit: <https://careertraining.ed2go.com/paloalto> (Business).

3 Months / 30 Course Hours

Start Anytime

ed2go ONLINE (not live)

### CERTIFIED AWS DEVELOPER (GES3069) *(Voucher Included)*

Instructor: Self-paced class

*Prerequisite: None*

In this online training course, you will learn how to use the AWS SDK to develop secure and scalable cloud applications. You'll also explore how to interact with AWS using code and discuss key concepts, best practices, and troubleshooting tips. For pricing, details, registration, visit: <https://careertraining.ed2go.com/paloalto> (Computer Science).

3 Months / 40 Course Hours

Start Anytime

ed2go ONLINE (not live)

### CERTIFIED CLINICAL MEDICAL ASSISTANT (CCMA) (GES180)

*(Voucher Included)*

Instructor: Self-paced class

*Prerequisite: None*

Learn the necessary skills to function as a vital member of the healthcare team in a hospital setting, clinic, or physician's office as you prepare for a career as a Certified Clinical Medical Assistant (CCMA), and the national certification exam. For pricing, details, registration, visit: <https://careertraining.ed2go.com/paloalto> (Health & Fitness).

12 Months / 540 Course Hours

Start Anytime

ed2go ONLINE (not live)

### CLINICAL DENTAL ASSISTANT (GES1038) *(Vouchers Included)*

Instructor: Self-paced class

*Prerequisite: None*

This comprehensive online dental assisting course will provide you with the essential skills and knowledge needed to become a dental assistant, including every aspect of professional dental assistance. For pricing, details, registration, visit: <https://careertraining.ed2go.com/paloalto> (Health & Fitness).

12 Months / 300 Course Hours

Start Anytime

ed2go ONLINE (not live)

## COOKING: LEARN HOW TO COOK IN JUST ONE NIGHT!

Learn how to cook in just one night! Palo Alto Adult School offers an excellent cooking curriculum at the best prices in the area. With professionally trained chefs as our instructors, our students return each quarter to enhance their culinary repertoire.

### BELGIAN CHOCOLATES GALORE!

Instructor: Carine Vanslebrouck

*Prerequisite: None*



Have fun learning to make delicious hand-made Belgian chocolates the traditional way. You will be guided, by the instructor, through the process of tempering chocolate on a marble slab and continue on to craft a different Belgian chocolate in each class.

One Session / See Dates Below

Wednesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$60 per session

**March 29:** Easter Chocolate

**May 10:** Mother's Day Chocolate

### HEALTHIFYING COMFORT FOODS

Instructor: Emily Zorn, Registered Dietician,  
emilyrd@emilyzorn.com

*Prerequisite: None*

What if you could eat your favorite comfort food and know it was healthy, too? Well, now you can! In this class, you will learn from a registered dietician how to make comfort food classics a little healthier, without sacrificing taste. You'll walk away with simple to follow and delicious recipes that are easy to create at home.

One Session / May 11

Thursday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$60

### LEARN REGIONAL INDIAN CUISINE FOR SPRING

Instructor: Jonake Bose, Jonakeandyuti@gmail.com,  
<https://jonakeandyuti.weebly.com/>

*Prerequisite: None*

Learn healthy Indian cooking with ingredients from your local grocery store. Prepare and enjoy the meal together in class.

One Session / See Dates Below

Wednesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$60 per session

**April 19:** The month of Ramadan culminates with a sumptuous meal — Meat Keema with Raita & Parathas

**May 3:** Bring your Mom and celebrate Mother's Day early — Egg Curry, Vegetable side & Rice



### MEXICAN PARTY

Instructor: Zaida Soriano, info@zaidaskitchen.com

*Prerequisite: None*



Zaida will teach you how to make homemade organic corn tortillas and make delicious entrees for a perfect Mexican Party! Menu includes: tacos, slow braised pork, jackfruit carnitas, roasted seasonal

vegetables, salsa de árbol, and refreshing hibiscus agua fresca. Gluten Free!

One Session / April 11

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$60

### QUICK AND EASY WEEKNIGHT MEALS

Instructor: Emily Zorn, Registered Dietician,  
emilyrd@emilyzorn.com

*Prerequisite: None*

Do you find yourself constantly wondering what to cook for dinner? In this class, you will learn from a registered dietician how to make two delicious, simple, and healthy weeknight dinners that everyone in the family can enjoy. Each recipe will take less than 30 minutes to make, so you can easily recreate them at home.

One Session / April 27

Thursday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$60

### TAMALE PARTY

Instructor: Zaida Soriano, info@zaidaskitchen.com

*Prerequisite: None*

Zaida will teach you how to make homemade organic corn tortillas and make delicious entrees for a perfect Tamale Party! Menu includes: vegan seasonal tamales, black beans with cheese, salsa de árbol, and chicken mole tamales. Gluten Free!

One Session / March 28

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$60

### TRADITIONAL MEXICAN DINNER

Instructor: Zaida Soriano, info@zaidaskitchen.com

*Prerequisite: None*

Zaida will teach you how to make homemade organic corn tortillas and make delicious entrees for a perfect traditional Mexican dinner! Menu includes: mole coloradito with Mary's organic chicken or seasonal vegetables, rice and beans, Mexican wedding cookies, and Cafe de olla. Gluten Free!

One Session / May 2

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$60





ENGLISH AS A SECOND LANGUAGE (ESL)—IN-PERSON & LIVE ONLINE VIA ZOOM

SPRING 2023 ESL CLASSES

March 6 – May 5, 2023

(No Classes April 3-7, 2023)

The Palo Alto Adult School ESL program offers many classes to help you meet your English learning goals. To enter our free classes, new students must register for a placement test. There is no childcare for the test or the classes. To register for the placement test, come in to the ESL office at Cubberley, 4000 Middlefield Road, I-Building, 2<sup>nd</sup> floor, or the Palo Alto Adult School office (Rm P11) at Palo Alto High School, 50 Embarcadero Road. Or, you can register online at [paadultschool.org](http://paadultschool.org).

*\*\*Students who are not registered to take the placement test will not be allowed to take the test.\*\**

Enrollment Policies

- Students must be able to attend the full 8 weeks.
- Students will be required to buy a textbook for the class.
- There is no childcare.

*\*\*When your registration is completed, you will select one of the test dates shown below.\*\**

**\*\*All adult school students attending in-person ESL classes must be fully vaccinated against Covid-19 and are required to show proof of complete vaccination at the ESL placement test. Masking is not mandatory, but students are encouraged to wear a mask at all times during class and on campus.\*\***

PLACEMENT TESTING

DAY Testing—IN-PERSON

EVENING Testing—IN-PERSON

ESL PLACEMENT TEST AND REGISTRATION

*\*\* New students must take a placement test. \*\**

Some class sessions are online and meet with teachers via Zoom.

Students need to download and learn Zoom at <https://zoom.us/>.

**All placement testing is in-person.**

**Where:** Cubberley Campus  
4000 Middlefield Rd, I-Bldg Testing Center

**Time:** 9 a.m.–12 noon  
Test begins promptly at 9 a.m.

**Morning Testing Dates:**  
Friday, March 3  
Saturday, March 4

**Where:** Palo Alto High School  
50 Embarcadero Road, Room 218

**Time:** 6–9 p.m.  
Test begins promptly at 6 p.m.

**Evening Testing Dates:**  
Thursday, March 2  
Thursday, March 9

*Register for testing early.  
Spaces limited!*

CLASSES

Spring Session ESL Classes \*

**DATES: March 6–May 5, 2023**

*(No classes April 3-7, 2023)*

**\*IN-PERSON\* MORNING CLASSES (9:30 A.M.–12:30 P.M.)**

Cubberley Campus: Literacy through Advanced Low Levels (Monday–Thursday)

**\*ONLINE\* MORNING CLASSES (3 meetings per week):** 9–11 a.m. / Tuesday, Wednesday, and Thursday

3 levels: Mixed beginning; mixed intermediate; advanced

**EVENING CLASSES (6:30–9:30 P.M.)**

Palo Alto High School: Literacy through Advanced Low Levels (Monday and Wednesday)

## ENGLISH AS A SECOND LANGUAGE (ESL)

### ADDITIONAL CLASSES

#### LEAH \*

Learn English at Home (LEAH) is for students who cannot come regularly to class. Study English at home with DVDs and online. Then meet with a teacher weekly for 30 minutes.

Register for a placement test online at [www.paadultschool.org](http://www.paadultschool.org) OR in-person at ESL Office at the Cubberley Campus I-Building 2<sup>nd</sup> floor.  
**The placement test is in-person.** For more information, please call (650) 494-2326.

*¿Necesitas ayuda en español? Deje un mensaje al 650-494-2326.*

### COLLEGE AND CAREER READINESS

#### JOB SEARCH SKILLS FOR ESL STUDENTS (Non-native English speakers) \*

Instructor: Susan Silver, [ssilver@pausd.org](mailto:ssilver@pausd.org)

*Prerequisite: For advanced English language learners*

In this class, you will learn to complete a job application, write a basic resume, practice job interview skills, and more! Students enrolled in this class will also be working with Kathilynn Lehmer as her clients for individualized job search coaching services through the Palo Alto Adult Ed *Work Readiness* course.

8 wks / April 18–June 8

Tuesday AND Thursday / 1–3 p.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / No Fee \*

**New students must take a required in-person English test for this state-funded (free) class:**

*Teacher will schedule the test with students.*

#### TRANSITIONS TO COLLEGE AND CAREER TRAINING (Non-native English speakers) \*

*Prerequisite: For advanced level English learners. Must be eligible to work or attend college in the US to enroll.*

Prepare for the next step in your education or career!

In this workshop, you will explore educational goal setting, community college and career educational programs, how to apply to college, and more!

New students are required to take an in-person English test for this state-funded (free) class.

*Teacher will schedule the test with students.*

#### **TRANSITIONS TO COLLEGE & CAREER TRAINING FOR ESL STUDENTS**

**\*\*\* Class will Return in the Fall 2023 Quarter \*\*\***

If you have questions, please call the ESL office at 650-494-2326.

# ESL WRITING ACADEMY

## SPRING 2023 WRITING ACADEMY

March 23 – May 26, 2023

(No Classes April 6 & 7, 2023)

### SPRING SESSION CLASSES

#### ESL WRITING ACADEMY — IN-PERSON & LIVE ONLINE VIA ZOOM

Write for life! Whether it's a simple email, a thank-you note, or a complex essay or report, our Writing Academy classes will help you with content, organization, tone, and purpose.

The Academy offers three levels of classes, beginning with the basics of sentence creation, paragraph development, and essay writing. When you complete the required assignments, you can earn Certificates of Achievement and/or Proficiency.

Textbooks (Morning classes): *Writing to Communicate Book 1* (for levels I and II); *Writing to Communicate Book 2* (for level III). You can purchase required textbooks in the Adult School office.

**\*\*New students must take a required in-person English test for all Fundamentals of Writing classes.\*\***

The teacher will schedule the test with students.

For more information, please call (650) 494-2326.

### FUNDAMENTALS OF WRITING

#### FUNDAMENTALS OF WRITING I — INTRODUCTION TO PARAGRAPHS \*

Instructor: Adult School Staff

*Prerequisite: For students who are at the high beginning to intermediate level*

Practice writing sentences and developing coherent paragraphs with the goal of writing about your own life experiences. Guidance will also be given on correct grammar and word choice.

##### SECTION A

9 wks / March 24–May 26 (No class April 7)

Friday / 9:30 a.m.–12 noon

Cubberley Campus / No Fee \*

##### SECTION B

9 wks / March 23–May 25 (No class April 6)

Thursday / 7–9 p.m.

Palo Alto HS Rm 220 / No Fee \*

#### FUNDAMENTALS OF WRITING II — WRITING PARAGRAPHS \*

Instructor: Adult School Staff

*Prerequisite: For students who are at the intermediate to advanced level*

Learn how to write well-developed and cohesive paragraphs. This class will focus on how to choose and organize content, connect ideas, and use supporting details to address a topic.

##### SECTION A

9 wks / March 24–May 26 (No class April 7)

Friday / 9:30 a.m.–12 noon

Cubberley Campus / No Fee \*

##### SECTION B

9 wks / March 23–May 25 (No class April 6)

Thursday / 7–9 p.m.

Palo Alto HS Rm 217 / No Fee \*

#### FUNDAMENTALS OF WRITING III — PARAGRAPHS TO ESSAYS \*

Instructor: Adult School Staff

*Prerequisite: For students who are at the advanced level*

Learn how to plan, develop, and edit a five-paragraph essay with an introduction, thesis statement, body paragraphs, and conclusion. This class will prepare you for business and academic writing.

9 wks / March 24–May 26 (No class April 7)

Friday / 9:30 a.m.–12 noon

Cubberley Campus / No Fee \*



## ENGLISH ENRICHMENT

These classes are offered for non-native speakers who have tested above our state-supported program or who wish to focus on one specific area of English. It is not necessary to take the placement test before enrolling in these classes.

### ADVANCED CONVERSATION

Instructor: Simone Wojtowicz, [swojtowicz@pausd.org](mailto:swojtowicz@pausd.org)

*Prerequisite: Advanced English language learners*



This class is ideal for students who want to improve their English skills while discussing current events. Speaking, listening, comprehension, pronunciation, reading, vocabulary, and a greater understanding of American culture are incorporated

into each class. We will investigate and discuss a variety of topics. No textbook.

8 wks / March 22–May 17 (No class April 5)

Wednesday / 9:30–11:30 a.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$148

### ADVANCED SPEAKING AND READING

Instructor: Sharon Hampel, [shampel@pausd.org](mailto:shampel@pausd.org)

*Prerequisite: Intermediate-high / ESL or Writing Academy Level 2*

You will read, listen, and watch (*on video*) short stories about the personal challenges of people from around the world. Then we will have lively class discussions about the short stories. This class will focus on speaking, reading/vocabulary, and writing skills.

Textbook: *All These Wonders: True Stories about Facing the Unknown*. Catherine Burns, ed. Crown Press, 2017. ISBN: 978-1101904404.

8 wks / March 15–May 10 (No class April 5)

Wednesday / 7–9 p.m.

Palo Alto HS Rm 216 / \$148

### AMERICAN IDIOMS 101

Instructor: Simone Wojtowicz, [swojtowicz@pausd.org](mailto:swojtowicz@pausd.org)

*Prerequisite: Intermediate high to advanced English language learners*

This class is ideal for students who want to develop their reading, listening, speaking and writing skills while becoming familiar with many useful English expressions. Do you want to increase your vocabulary? Improve your TOEFL score? Use idioms in conversation? We will dissect the top 300 idioms used on the TOEFL test in addition to discussing metaphorical language. No textbook.

8 wks / March 21–May 16 (No class April 4)

Tuesday / 9:30–11:30 a.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$148

### ESL BOOK CLUB

Instructor: Simone Wojtowicz, [swojtowicz@pausd.org](mailto:swojtowicz@pausd.org)

*Prerequisite: For advanced English language learners*

Do you love to read? Do you want to increase your conversational fluency, boost your vocabulary, and improve your grammar? Join the book club and have fun developing your English skills while learning about American values. We will discuss the book's themes, vocabulary and cultural references. You may have the opportunity to give an oral presentation. Please email the teacher for the book name.

6 wks / April 10–May 15

Monday / 9:30–11:30 a.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$111

### FOCUS ON PRONUNCIATION AND LISTENING

Instructor: Sue Stevick, [sstevick@pausd.org](mailto:sstevick@pausd.org)

*Prerequisite: High intermediate or advanced English skills (non-native speakers)*

Speak more clearly and confidently and improve your listening skills. Master the four most important features of English pronunciation: Stress in words and sentences, intonation, rhythm, and linking. The instructor will provide a written personalized evaluation of your pronunciation skills. Required textbook can be purchased in the Adult School office before the first class.

8 wks / March 21–May 16 (No class April 4)

Tuesday / 6:30–8:30 p.m.

LIVE ONLINE / \$148

### US HISTORY AND CULTURE

Instructor: Simone Wojtowicz, [swojtowicz@pausd.org](mailto:swojtowicz@pausd.org)

*Prerequisite: Intermediate high to advanced English language learners*



This class is ideal for students who want to improve their English skills while becoming familiar with many interesting aspects of US History and culture.

We address why Americans think and behave the way they do and the foundation for some of their attitudes and values such as the importance of competition and hard work. Required textbook can be purchased in the Adult School office before the first class.

8 wks / March 23–May 18 (No class April 6)

Thursday / 9:30–11:30 a.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$148

## BE A VOLUNTEER ESL TUTOR

Help Someone Learn English

**For information, please contact:**

*ESL Volunteer Tutor Program Manager,  
Anjani Sarma: [asarma@pausd.org](mailto:asarma@pausd.org)*

## GENERAL INTEREST

### CREATIVE WRITING WORKSHOP

Instructor: Chana Feinstein, cfeinstein@pausd.org

*Prerequisite: Have previously taken Creative Writing class at Palo Alto Adult School or have permission from instructor*

Learn to be a better writer in this online class! Share your ideas, feelings, and experiences with others. Express yourself through poetry, memoir, short stories, essays, creative non-fiction or whatever you prefer. This workshop encourages you to present your work and receive constructive feedback in a helpful, supportive environment.

10 wks / March 23–June 1 (No class April 6)

Thursday / 6–8:30 p.m.

LIVE ONLINE / \$65 \*

### CREATIVE WRITING: WRITERS MENTORING WRITERS

*(Class limited to 10 students)*

Instructor: Sam Kauffman, samksongs@aol.com

*Prerequisite: None*

Learn to be a better writer! Share your ideas, feelings, and experiences with others. Express yourself through poetry, memoir, short stories, essays, creative non-fiction or whatever you prefer. There will be time during class to write based on writing prompts. Class time is allotted for looking at writing basics such as metaphor, character development, plot development, foreshadowing and other techniques.

10 wks / March 22–May 31 (No class April 5)

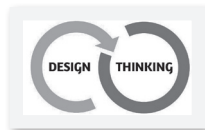
Wednesday / 1–3:30 p.m.

Cubberley Campus I-Building 2nd Floor / \$65 \*

### DESIGN THINKING FOR EVERYDAY CHALLENGES

Instructor: Kalyani Khodke, kalyani@findingarth.com

*Prerequisite: None*



Design Thinking is an approach to solving complex problems by generating solutions that are innovative, efficient, and useful. In this class, we will learn

design thinking tools and understand the framework for innovation in session one. The next three sessions will be about the application of design thinking to dating, healthy meals, and starting a side business respectively.

4 wks / See dates below

Thursday / 6–8 p.m.

Palo Alto HS Rm 1709 / \$20 per session

*\*\*Must attend Introduction to Design Thinking; additional sessions optional\*\**

**April 13:** Introduction to design thinking

**April 20:** Applying design thinking to dating

**April 27:** Applying design thinking to healthy meals

**May 4:** Applying design thinking to starting a side business

### PLAYWRITING 101

Instructor: Diana Barnes, ecrivan@gmail.com

*Prerequisite: None*

Learn to write a short play and discover interesting characters, insights into human nature, and joy. Your memories and creativity will take us on an inspiring journey. You just need the courage to try. Bring a notebook, pen and laptop (*optional*), to the first class. We will do some in-class writing. Be daring and have fun!

9 wks / March 21–May 23 (No class April 4)

Tuesday / 6–8 p.m.

Palo Alto HS Rm 202 / \$167

### READING AS A WRITER AND WRITING AS A READER

Instructor: Chana Feinstein, cfeinstein@pausd.org

*Prerequisite: None*

By exploring the works of published writers, you will discover techniques to improve your own creative writing. We will examine short passages showing, for example, how to create suspense, then learn how to apply these concepts through writing in-class exercises which you will have the option to present for critiquing.

8 wks / March 26–May 21 (No class April 9)

Sunday / 10 a.m.–12 noon

LIVE ONLINE / \$65 \*

### SHELF INDULGENCE BOOK CLUB

Instructor: Rachel Kellerman,

rkellerman@pausd.org

*Prerequisite: None*

*"First, I got myself born."*

So begins this riveting tale set in present-day poverty-stricken rural Virginia and told in darkly comic fashion by its main character, orphan Demon Copperhead. Join us as we explore Barbara Kingslover's storytelling masterwork inspired by Dicken's classic *David Copperfield*. Textbook: *Demon Copperhead* by Barbara Kingslover. See website for more information <https://sites.google.com/view/book-club-spring-2023/home>.

3 wks / May 3–May 17

Wednesday / 6:30–8 p.m.

Palo Alto High School Library / \$60

### VISUAL JOURNALING

Instructor: Linda Papanicolaou, lpapanicolaou@pausd.org

*Prerequisite: None*

Leonardo Da Vinci, Mark Twain, and Charles Darwin used sketchbooks and journals to jot down, develop, and preserve their creative ideas. You will learn strategies used by contemporary artists and writers for combining visual images with writing in ways that fit your own purposes, style and needs. See the website for the supplies list.

9 wks / March 20–May 22 (No class April 3)

Monday / 7–8:30 p.m.

Palo Alto HS Rm 1701 / \$125

## GENERAL INTEREST

### VISUAL NOTETAKING WORKSHOP

Instructor: Linda Papanicolaou, lpapanicolaou@pausd.org

*Prerequisite: None*

We remember pictures longer than words, and when we use images as well as text in our note taking, our recall can double! This one-day workshop will introduce you to effective practices for note taking. You'll learn how to adapt these strategies for your own purpose, style and needs. See the website for the supplies list.

One Session / April 11

Tuesday / 7–9 p.m.

Palo Alto HS Rm 1701 / \$30

### VOICE OVERS: NOW IS YOUR TIME!

Instructor: Lisa Foster, alex@suchavoice

*Prerequisite: None*

In what could be the most enlightening 2 hours you've ever spent, this class will show you how you can begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. Learn about a unique way to break into this creative, fulfilling, and potentially lucrative industry.

One Session / May 24

Wednesday / 6–8 pm

Palo Alto HS Rm 1709 / \$50

### WRITER'S UNBLOCKING

Instructor: Chana Feinstein, cfeinstein@pausd.org

*Prerequisite: None*

Do you want to write more easily and happily? Learn research-based techniques in a workshop taught by a formerly blocked writer and designed to help you start and expand your creative writing practice. From freewriting to finding the right environment, learn what works for you!

8 wks / March 25–May 20 (No class April 8)

Saturday / 10 a.m.–12 noon

LIVE ONLINE / \$65 \*



## HEALTH AND FITNESS

### 8 STEPS TO HEALTHY

Instructors: Emily Zorn, Registered Dietician, emilyrd@emilyzorn.com

*Prerequisite: None*

We all know that dieting doesn't work in the long term. In this class, you will learn from a registered dietician how to build up healthy habits in 8 simple steps. During this class, you will receive an E-Book, workbook, and access to a video course that details the 8 steps to health, so you can implement these steps on your own over the next 2-3 months.

One Session / May 4

Thursday / 6–8 p.m.

Palo Alto HS Rm 1709 / \$30

### ABS AND BOOTY BUSTER

Instructors: Amy Chan, achan@pausd.org

*Prerequisite: None*

After one session of Abs and Booty Buster we guarantee you'll see results! Designed to strengthen and tone your core, glutes, and back. This super effective 60-minute workout will transform your body! Come join the fun with Amy and start getting into shape for the summer! Bring a yoga mat, 3-5 lbs weights, stretching band, and water bottle.

10 wks / March 20–May 31 (No class April 3 & 5, & May 29)

Monday AND Wednesday / 7:30–8:30 p.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$167

### AIKIDO

Instructor: Fushan Yuan, fyuan@pausd.org

*Prerequisite: None*

Train mind and body in the dynamic art of Aikido with Hombu Dojo's Shiohira Shihan, 7th Dan, and senior students. The Japanese martial art of Aikido is a comprehensive system of throwing, joint locking, striking and pinning techniques that foster strength, flexibility, presence of mind, and cooperative movement.

10 wks / March 21–June 3 (No class April 4 & 6)

Tuesday AND Thursday / 6:30–8 p.m. AND

Saturday / 10–11 a.m.

J.L. Stanford Middle School Rm 910 / \$168

### BIKE SAFETY (ADULTS ONLY)

*(Class limited to 12 riders)*

Instructor: Maria Abilock and Marjan Wilkes, mabilock@pausd.org

*Prerequisite: Must be able to ride a bike*

Learn bike safety skills and build your confidence riding on local streets in this classroom and on-bike class. Classroom session includes rules of the road, safe riding on local streets, route planning, and basic bike maintenance. On-bike instruction includes skill drills and a guided ride. Functional bicycles and helmets are required for on-bike participation. Bring a snack and a water bottle. Meet at the flagpole.

One Session / April 23

Sunday / 12–4 p.m.

Greendell MP Room / \$35



## HEALTH AND FITNESS

### FAMILY CYCLING

*(Classes limited to 16 riders)*

Instructor: Maria Abilock and Christy Rice,  
mabilock@pausd.org

*Prerequisite: Must be able to ride a bike (child passengers okay). At least ONE adult per family*



Classroom session includes rules of the road, safe riding, and what is developmentally appropriate for kids. On-bike instruction includes skill drills and a guided ride.

Functional bicycle and helmet are

required for on-bike participation. Bring a snack and a water bottle.

Two Sessions / March 22 and March 25

Wednesday / 7–8:30 p.m. AND Saturday / 9 a.m.–12 noon

Greendell MP Room / \$45

### ODAIKO *(Open to CONTINUING students only)*

Instructor: Kensuke Sumii, info@drumrevolution.com

*Prerequisite: Age 15+; Students must also be currently enrolled in Taiko I class*

This class is designed for individuals with stamina to hit Odaiko (big Taiko) for one hour. Odaiko will help build up stamina, rhythmic competence and speed to hit Taiko.

New students must audition before registering for class. Please contact the instructor prior to registration. All equipment – including drums and sticks – are provided.

6 wks / May 14–June 18

Sunday / 7–8 p.m.

Palo Alto HS Student Center / \$30 (+ \$30 materials fee)

### PILATES: BEGINNING/INTERMEDIATE

*(Class limited to 16 students)*

Instructor: Judy Lee-Squire, jleesquire@pausd.org

*Prerequisite: None*

Increase your core strength, flexibility, and endurance with Pilates, a mind-body exercise that emphasizes conscious breath and form. Will use small balls and therabands. Modifications will be taught.

*A mat is required during class.*

9 wks / March 21–May 23 *(No class April 4)*

Tuesday / 6:45–7:45 p.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$84

### TAI CHI: CHEN STYLE

Instructor: Lisette Yung, cyung@pausd.org

*Prerequisite: None*

Learn the traditional Chen Style first form (Taijiquan). Practice the continuous movements which helps develop balance, body coordination and strength and the understanding of basic Tai-Chi principals. Improve mind, health, body alignment and daily movement.

8 wks / April 12–May 31

Wednesday / 7:30–8:30 p.m.

Palo Alto HS Dance Studio / \$74

NEW

### TAIKO I *(Classes limited to 28 students)*

Instructor: Kensuke Sumii, info@drumrevolution.com

*Prerequisite: Age 15+ (Open to ALL students)*



Taiko is the art of Japanese drumming, which develops self-expression and musical creativity. This course engages in Uchikomi based practice. You should have a sense of rhythm and/or stamina to hit drums for two hours. All

equipment – including drums & sticks – are provided. There will be a \$110 materials fee payable to the instructor at the first class to cover the drum heads replacement. *Before registering, see website for more important information.*

#### SECTION A

6 wks / March 22–May 3 *(No class April 5)*

Wednesday / 8–10 p.m.

Palo Alto HS Student Center / \$60 *(plus \$110 materials fee)*

#### SECTION B

6 wks / May 10–June 14

Wednesday / 8–10 p.m.

Palo Alto HS Student Center / \$60 *(plus \$110 materials fee)*

### YOGA AND MEDITATION

*(Class limited to 12 students)*

Instructor: Kamal Vilms, kvilms@pausd.org

*Prerequisite: None*

Gently stretch, relax and energize your body with yoga poses that cultivate balance, inner awareness, and mobility and release muscle tension. Regular yoga practice can improve health in many ways from stress reduction to increased flexibility and improved breathing. Bring a yoga mat.

9 wks / March 20–May 22 *(No class April 3)*

Monday / 5–6:30 p.m.

Palo Alto HS Rm 110 / \$125

### ZUMBA

Instructor: Amy Chan, achan@pausd.org

*Prerequisite: None*

Learn different dance styles including: Tango, Flamenco, Cha Cha Cha, Salsa, K-Pop, Bollywood, Belly Dancing and more! Zumba helps improve your balance, coordination, and memory. No partner required. Come join the party, make new friends, and bring a water bottle to class!

10 wks / March 20–May 31 *(No class April 3 & 5, and May 29)*

Monday AND Wednesday / 6:30–7:30 p.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$167

"Awesome Zumba teacher. She really makes the class fun."

Tessie Anderson

## HOME AND ENVIRONMENT

### GARDENING IN SPRING

Instructor: Sherri Bohan, [sbohan@pausd.org](mailto:sbohan@pausd.org)

*Prerequisite: None*

In this class you will find out how to grow healthy gardens. By using organic products, sustainable practices, correct pruning procedures, and water-wise use of irrigation, you will be growing plants able to fight diseases and pests, and turn garden debris into compost for creating beautiful soil while providing nutrients your gardens will thrive on.

10 wks / March 22–May 31 (No class April 5)

Wednesday / 10 a.m.–12 noon

LIVE ONLINE / \$65\*

### GARMENT SEWING: BEGINNING

*(Class limited to 10 students)*

Instructor: Shelly Kim, [shkim@pausd.org](mailto:shkim@pausd.org), and

Tracey Wyatt, [twyatt@pausd.org](mailto:twyatt@pausd.org)

*Prerequisite: None*

Learn to sew using beginner sewing patterns. Options include an A-line tank top, a gathered top, pajama pants and more! Learn how to use a sewing machine, choose fabric, select pattern sizes and follow pattern directions. A supply list will be emailed to students before the first class. Please contact the instructor with any questions.

9 wks / March 22–May 24 (No class April 5)

Wednesday / 6:30–8:30 p.m.

J.L. Stanford Middle School Rm 140 / \$167

### IS AN ELECTRIC CAR RIGHT FOR YOU?

Instructor: Jim Barbera, Jane Rosten, and Marc Geller (EVucation LLC), [info@evucation.com](mailto:info@evucation.com), <http://www.evucation.com>

*Prerequisite: None*



Considering acquiring an electric vehicle (EV) and want real information versus a sales pitch? Come hear from seasoned EV experts. Questions answered: difference between all-electric and

plug-in hybrid EVs; EV charging; range concerns; buying vs. leasing; new vs. used; help from IRA legislation; environmental, economic, personal benefits, and more!

One Session / May 10

Wednesday / 6:30–8:30 p.m.

Palo Alto HS MAC (\*\*Session also offered on Zoom)\*\* / \$30

### MANAGING YOUR REMODELING PROJECT LIKE A PRO

Instructor: Mollyanne Sherman, [mollyanne@macdesignstudio.com](mailto:mollyanne@macdesignstudio.com)

*Prerequisite: None*

Learn the steps, be aware of the process and obtain the knowledge that gets you the home of your dreams! We will address the steps from beginning to end, and the resources available to you. There is a \$30 supply fee payable to the instructor.

5 wks / April 11–May 9

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 1707 / \$116

### NATURE SCIENCE HIKES

*(Class limited to 12 students)*

Instructor: Environmental Volunteers, [communityprograms@evols.org](mailto:communityprograms@evols.org)

*Prerequisite: None*

Join Environmental Volunteers' most knowledgeable nature-science educators on three explorations of local open spaces. Each two-hour hike will be at a different location, and each will focus on learning about a different environmental topic. The pace of the hikes will be easy, with semi-frequent stops to discuss subjects. Distance traveled may vary but expect between 1 – 3 miles.

3 wks / April 1, April 15, & May 13

Saturday / 10–12 noon

Various Locations / \$45

**The locations and topics are as follows:**

**April 1:** Stevens Creek County Park (Climate Change)

**April 15:** Baylands Nature Preserve (Tidal Ecology)

**May 13:** Los Trancos (Earthquake Geology)

### UPHOLSTERY: BASIC TECHNIQUES

*(Classes limited to 18 students)*

Instructors: Kathleen Koenig, [kkoenig@pausd.org](mailto:kkoenig@pausd.org), Isabelle Trainer, [itrainer@pausd.org](mailto:itrainer@pausd.org), Shelly Kim, [shkim@pausd.org](mailto:shkim@pausd.org), Tracey Wyatt, [twyatt@pausd.org](mailto:twyatt@pausd.org), and Pam Jaradeh, [pjaradeh@pausd.org](mailto:pjaradeh@pausd.org)

*Prerequisite: None*



Learn how to reupholster your chair or ottoman from start to finish using a mix of traditional and modern techniques. You will be guided through the entire process of reupholstering your project. While having some sewing/crafting experience can be helpful, it is not a requirement to enroll. A simple project is recommended for new students. If you have an old piece of furniture you would like to salvage, come check us out!

#### SECTION A

10 wks / March 28–May 30

Tuesday / 9 a.m.–1 p.m.

Palo Alto HS Rm 904 / \$358

#### SECTION B

10 wks / March 30–June 1

Thursday / 9 a.m.–1 p.m.

Palo Alto HS Rm 904 / \$358

\*\*\* NEW UPHOLSTERY STUDENTS \*\*\*

After registering, please contact the Adult School Office at (650) 329-3752 for class location and parking information.

## MUSIC

### INTRO TO GUITAR (Class limited to 12 students)

Instructor: Paul J. Prochaska, paul@prochaska.com

*Prerequisite: None*

Come and get started on the journey of learning how to play the guitar and how to read music. We will start with a classical approach and branch out to cover reading TAB format, some folk strums, finger-style patterns, and how to approach reading standard guitar/song formats. It's never too late to begin! Come and discover what you can do with your guitar! Bring your own guitar.

10 wks / March 22–May 31 (No class April 5)

Wednesday / 7–8:30 p.m.

Palo Alto HS Rm 1701 / \$120

### MASTER SINFONIA CHAMBER ORCHESTRA

Instructor: David Ramadanoff, info@mastersinfonia.org, www.mastersinfonia.org

*Prerequisite: Students must have advanced technical and music skills on an orchestral instrument.*

The Master Sinfonia Chamber Orchestra will rehearse and perform works ranging from classics such as Mozart, Beethoven, Brahms, to 20<sup>th</sup> Century composers. The orchestra will perform a concert on Saturdays, April 1 and May 20, 2023 at 7:30 p.m. in the Palo Alto High School Performing Arts Center. *Applicants must audition with the instructor, David Ramadanoff, before attending the first orchestra rehearsal. Contact him at info@mastersinfonia.org for more details.*

10 wks / March 23–May 25

Thursday / 7:30–10 p.m.

Los Altos United Methodist Church / \$55

### ODAIKO (Open to CONTINUING students only)

Instructor: Kensuke Sumii, info@drumrevolution.com

*Prerequisite: Age 15+; Students must also be currently enrolled in Taiko I class*

This class is designed for individuals with stamina to hit Odaiko (big Taiko) for one hour. Odaiko will help build up stamina, rhythmic competence and speed to hit Taiko. New students must audition before registering for class. Please contact the instructor prior to registration. All equipment – including drums and sticks – are provided.

6 wks / May 14–June 18

Sunday / 7–8 p.m.

Palo Alto HS Student Center / \$30 (+ \$30 materials fee)

### PENINSULA SYMPHONIC BAND

Instructor: Ted Henderson, mrhenderson1962@gmail.com

Join this fully instrumental band for experienced players of wind and mallet-rhythm percussion instruments.

Enjoy playing traditional, popular, and classical music.

Percussionists and tubists are especially needed. A concert will be given at the end of the quarter, on Sunday, May 21, 2023. *Before attending the first band practice, applicants must email Ted Henderson at mrhenderson1962@gmail.com or call him at (408) 910-1830.*

9 wks / April 10–June 5 (No class May 29)

Monday / 7:30–10 p.m.

Palo Alto HS Rm 109 / \$60

### PIANO: BEGINNING/INTERMEDIATE

(Classes limited to 10 students)

Instructor: Kathy Woveris, kwoveris@gmail.com

Learn to play music in a fun environment using the provided keyboards. Instruction includes basic notes, rhythm, theory and finger exercises as well as chords and scales. You will need a keyboard at home to practice on or you can rent a keyboard. Every term we will study a classical composer's biography and simple music by that composer as well as listening to a recording. Bring textbook to first class, or you can purchase one from the teacher that same night. Textbook: *Adult All-In-One Course: Lesson-Theory-Technic: Level 1 Fundamentals of Piano Theory-Preparatory Level.*

*Note: No perfumes or scented hair products of any kind in class due to the instructor's allergies.*

#### SECTION A: Beginning (No previous lessons)

9 wks / March 22–May 24 (No class April 5)

Wednesday / 5:30–6:30 p.m.

Palo Alto HS Rm 305 / \$83

#### SECTION B: Beginning/Intermediate

9 wks / March 22–May 24 (No class April 5)

Wednesday / 6:30–7:30 p.m.

Palo Alto HS Rm 305 / \$83

#### SECTION C: Intermediate

9 wks / March 22–May 24 (No class April 5)

Wednesday / 7:30–8:30 p.m.

Palo Alto HS Rm 305 / \$83

### TAIKO I (Classes limited to 28 students)

Instructor: Kensuke Sumii, info@drumrevolution.com

*Prerequisite: Age 15+ (Open to ALL students)*

Taiko is the art of Japanese drumming, which develops self-expression and musical creativity. This course engages in Uchikomi based practice. You should have a sense of rhythm and/or stamina to hit drums for two hours. All equipment – including drums & sticks – are provided. There will be a \$110 materials fee payable to the instructor at the first class to cover the drum heads replacement. *Before registering, see website for more important information.*

#### SECTION A

6 wks / March 22–May 3 (No class April 5)

Wednesday / 8–10 p.m.

Palo Alto HS Student Center / \$60 (plus \$110 materials fee)

#### SECTION B

6 wks / May 10–June 14

Wednesday / 8–10 p.m.

Palo Alto HS Student Center / \$60 (plus \$110 materials fee)

### MASTER SINFONIA CHAMBER ORCHESTRA

*Conducted By David Ramadanoff*

Saturdays • April 1 & May 20, 2023 • 7:30 p.m.

Visit PAAAdultSchool.org for ticket information

**\* \* CONCERTS \* \***

### SYMPHONIC BAND SPRING CONCERT

*Conducted By Ted Henderson*

Sunday • May 21, 2023 • 3 p.m.

Admission FREE — Donations Appreciated



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- Using Social Media in Business

To sign up and view more courses that interest you, please visit our Online Instruction Center:

**[www.ed2go.com/paloalto](http://www.ed2go.com/paloalto)** or call the Palo Alto Adult School: (650) 329-3752

*New course sessions begin monthly.*

## PARENTING AND FAMILY

For 75 years, we have offered preschool programs organized primarily for parent education. Parents develop a deeper understanding of early childhood development and parenting skills through adult discussion classes, formal and informal observations, and community exchanges. Our unique participatory structure allows parents to be involved in their children's preschool education.

## PRESCHOOL FAMILY

4120 MIDDLEFIELD ROAD • PALO ALTO, CA 94303-4741 • (650) 856-0833  
INSTRUCTOR: PRESCHOOL FAMILY STAFF

PreSchool Family is a parent education, parent participation program serving families with children from birth through five years. The program is designed to offer parents an opportunity to learn about parenting and to actively participate in their child's education. For children, the program offers a developmentally appropriate, play-based, educational experience. Parents join their child for one class each week during September–May regardless of the age of the child.



Opportunities are provided for children to master tasks that are appropriate for their individual level of development. Periods of free play are complemented by more structured small and large group activities. In order to build strong families and communities, Pre-School Family serves parents and young children in a way that nurtures, respects, and educates all families, cultures, and religions.

### Programs offered for the 2023-2024 school year / Registration opens March 2023:

- **3–12 Month Old Class:** Wednesday 10 a.m.–12 noon & Parent class monthly Thursday evenings, 7:30–9:30 p.m.
- **12–24 Month Old Class:** Thursday 9:30–11:30 a.m. & Parent class Thursday evenings, 7:30–9:30 p.m.
- **12–24 Month Old Class:** Friday 9:30–11:30 a.m. & Parent class Thursday evenings 7:30–9:30 p.m.
- **2 Year Old Class:** Tuesday and Thursday 9:30 a.m.–12 noon & Parent class Tuesday evenings 7:30–9:30 p.m.
- **3 Year Old Class:** Monday, Wednesday, & Friday 9:15–11:45 a.m. & Parent class Wednesday evenings 7:30–9:30 p.m.
- **3 Year Old Stay and Play Class:** Monday, Wednesday, & Friday 9:15–11:45 a.m. & Parent class Monday 11:45 a.m.–2:15 p.m.
- **4 Year Old Class:** Monday–Thursday 9 a.m.–12 noon & Parent class Tuesday evenings 7–9 p.m.
- **4 Year Old Stay and Play Class:** Monday–Thursday 9 a.m.–12 noon & Parent class Tuesday 12 noon–2:30 p.m.
- **2 Year Old and 3 Year Old Dinner Class:** Wednesday 4–6:15 p.m.

Unless noted, the parent education classes occur twice a month in the afternoons or evenings. The Dinner class has parent education on alternating weeks during the participation class time. For the Stay and Play class programs, parent education classes meet in the afternoons while children eat lunch and play with another PreSchool Family teacher.

**For information about 2023-2024 classes and registration,**  
please visit <https://greendell.pausd.org/programs/preschool-family>

Follow PreSchool Family at [instagram.com/preschoolfamily](https://www.instagram.com/preschoolfamily) and [twitter.com/preschoolfamily](https://twitter.com/preschoolfamily)

**PreSchool Family phone: (650) 856-0833**

## PARENTING AND FAMILY



### DreamCatchers

*Tutoring Underserved Youth for a Brighter Future*

DreamCatchers engages the next generation of leaders in helping low-income PAUSD middle school students to thrive. Stanford undergrads and high schoolers provide free after school tutoring/mentorship. We are currently looking for individual and business volunteers to support our youth-driven efforts.

For more information, please visit [www.dreamcatchersyouth.org](http://www.dreamcatchersyouth.org)

## PHOTOGRAPHY

### ADVANCED BLACK & WHITE DARKROOM

*(Class limited to 6 students)*

Instructor: Liz Crandall, [ecrandall@pausd.org](mailto:ecrandall@pausd.org)

**Prerequisite:** Prior black and white darkroom experience

Enhance and sharpen your darkroom skills, and express, expand and realize your unique artistic vision by creating your own photographic projects. Troubleshoot prints to reduce variables and gain more control over your printing technique. Use compositional guidelines to view prints critically yet artistically. Bring negatives, photographic paper and blotter book to first class. Full materials list and standard darkroom chemicals will be provided.

8 wks / March 20–May 15 (No class April 3)

Monday / 6:30–9:30 p.m.

Palo Alto HS Rm MAC 102 / \$192

### FUNDAMENTALS OF PHOTOGRAPHY

Instructor: Liz Crandall, [ecrandall@pausd.org](mailto:ecrandall@pausd.org)

**Prerequisite:** None

Take control of your camera! Investigate dials, icons and screens on your camera and learn how to use them. Improve your photography through exploring and understanding the exposure triangle, visual elements and compositional guidelines. Achieve skillful use of photographic concepts by completing weekly assignments. All camera types welcome.

8 wks / March 20–May 15 (No class April 3)

Monday / 7:30–9:30 p.m.

Palo Alto HS Rm MAC 102 / \$128

## WOODWORKING (Woodworking Classes Limited to 15 Students)

### WOODWORKING 1:

#### BUILD A TABLE

Instructors: Darryl Dieckman, [ddieckman@pausd.org](mailto:ddieckman@pausd.org),

Rand Hill, [rhill@pausd.org](mailto:rhill@pausd.org),

Rayan Ghazal, [rayan@stanford.edu](mailto:rayan@stanford.edu), and

Marty Lastowski, [mlastowski@pausd.org](mailto:mlastowski@pausd.org)

**Prerequisite:** None

Develop woodworking skills while building a table from rough wood using power tools. The class will focus on safety, project planning and understanding the medium of wood. There will be a materials fee (\$60-\$100) payable to the instructor to cover the cost of wood. Storage space is available for projects during the quarter. You will need safety glasses and hearing protection is highly recommended. Textbook: None – Materials will be emailed before the class.

#### SECTION A: (Daytime)

Instructors: Darryl Dieckman, [ddieckman@pausd.org](mailto:ddieckman@pausd.org), and Derek Witte, [dwwitte@pausd.org](mailto:dwwitte@pausd.org)

10 wks / March 29–May 31

Wednesday / 1:30–4:30 p.m.

Palo Alto HS Woodshop / \$278

#### SECTION B: (Evening)

Instructors: Rayan Ghazal, Alex Granieri and Nicholas Lewin-Koh, [rayan@stanford.edu](mailto:rayan@stanford.edu)

10 wks / March 30–June 8 (No class June 1)

Thursday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$278

### WOODWORKING 2:

#### JOINERY WITH POWER TOOLS

Instructors: Sumit Roy, [sroy@pausd.org](mailto:sroy@pausd.org), and Derek Witte, [dwwitte@pausd.org](mailto:dwwitte@pausd.org)

**Prerequisite:** Wood 1 — NO EXCEPTIONS

You will have the opportunity to review and expand upon skills learned in Woodworking 1. The class will focus on safety, joinery using power tools, and understanding the medium of wood. You will build a few small boxes using different types of joinery. The class will cover miter joints, pinned half laps, and dovetails. Stock will be prepared by resawing thicker boards. There will be a materials fee of \$60 payable to the instructor to cover the cost of wood on the first day of class.

10 wks / March 28–May 30

Tuesday / 2:30–5:30 p.m.

Palo Alto HS Woodshop / \$278

### WOODWORKING 2 PROJECT:

#### BASKETWEAVE CUTTING BOARD

*(Class limited to 12 students)*

Instructors: Marc Brown, [marc@chezbrown.org](mailto:marc@chezbrown.org)

**Prerequisite:** Wood 1 — NO EXCEPTIONS

In this class, you will push your milling, lamination, and glue-up skills to the limit to create a show-stopper end-grain cutting board with a "basket-weave" design. There will be a materials fee of \$60 payable to the instructor to cover the cost of materials. This is a "project" class; it does not qualify as a prerequisite for Woodworking 3. You must have completed Woodworking 1 to enroll in this class.

1 wk–5 Sessions / March 20–March 24

Monday–Friday / 2–5 p.m.

Palo Alto HS Woodshop / \$138

NEW

## WOODWORKING (*Woodworking Classes Limited to 15 Students*)

### WOODWORKING 2: BUILD A SERVING TRAY

Instructors: Marcus Miller, [wmmiller2@yahoo.com](mailto:wmmiller2@yahoo.com), and Mary Ann Carmack, [macsoybean@gmail.com](mailto:macsoybean@gmail.com)

*Prerequisite: Wood 1 — NO EXCEPTIONS*

Build a stylish serving tray that was featured in the NY Times for just \$450! You will add new skills to your repertoire as you review and expand skills learned in Wood 1. Joinery elements will include tongue and groove, bridle, and lap joints. Other elements are slanted sides, bread board ends, and wrapped cord handles. You will also learn how to create stopped grooves on a table router with a slot-cutting bit. There will be a materials fees (TBD) payable to the instructor to cover the cost of wood.

10 wks / March 28–May 30

Tuesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$278

### WOODWORKING 3 PROJECT: MAKE A CHEESE KNIFE OR LETTER OPENER

Instructors: Michael Osborne, [mo@modsf.com](mailto:mo@modsf.com), and Claude Godcharles, [cgodcharles@pausd.org](mailto:cgodcharles@pausd.org)

*Prerequisite: Wood 1 & Wood 2*



In this class you will use a combination of power tools and hand tools to make a beautiful wooden cheese knife, butter knife, or letter

opener. You will learn how to shape with a rasp, and work with a variety of stunning hardwoods! There will be a materials fee of \$20 payable to the instructor at the first class meeting for the cost of wood.

3 wks / March 30–April 13

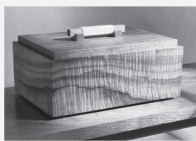
Thursday / 2–5 p.m.

Palo Alto HS Woodshop / \$83

### WOODWORKING 3 PROJECT: WOODWORKING DESIGN — DESIGN AND MAKE A WOOD BOX

Instructors: Michael Osborne, [mo@modsf.com](mailto:mo@modsf.com), and Claude Godcharles, [cgodcharles@pausd.org](mailto:cgodcharles@pausd.org)

*Prerequisite: Wood 1 AND Wood 2*



In this class you will use a combination of power tools and hand tools to design and build a unique wooden box of your own creation. Emphasis will be given to the design of all elements of the box including wood choice,

corner joinery, top/lid construction, handle vs no handle, interior treatment, etc. There will be a materials fee of \$30 payable to the instructor at the first class meeting for the cost of wood.

6 wks / April 20–May 25

Thursday / 2–5 p.m.

Palo Alto HS Woodshop / \$167

### WOODWORKING 3: ADVANCED WOODWORKING TECHNIQUES

Instructors: Claude Godcharles, [cgodcharles@pausd.org](mailto:cgodcharles@pausd.org), Sumit Roy, [sroy@pausd.org](mailto:sroy@pausd.org), Michael Osborne, [mo@modsf.com](mailto:mo@modsf.com), and Aaron Straight, [astraight@pausd.org](mailto:astraight@pausd.org)

*Prerequisite: Wood 1 AND Wood 2 — NO EXCEPTIONS*

Come work on your own project, while learning setup and techniques for power tools and hand tools! This class includes short tutorials as well as open shop time to work on your personal project under supervision. Students supply their own materials. Storage space for projects is available during the quarter. Textbook (recommended): *Woodworking Basics* by Peter Korn can be purchased in the Adult School office.

#### SECTION A: (*Daytime*)

9 wks / March 27–May 22

Monday / 2–5 p.m.

Palo Alto HS Woodshop / \$222

#### SECTION B: (*Evening*)

9 wks / March 27–May 22

Monday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$222

### WOODWORKING 4: ADVANCED — OPEN SHOP

Instructors: Rayan Ghazal, [rayan@stanford.edu](mailto:rayan@stanford.edu), and Sharad Patel, [spatel@pausd.org](mailto:spatel@pausd.org)

*Prerequisite: Three quarters of Woodworking classes*

Work at your own pace with access to instruction, equipment, and advice when you need it. A skills test will be given at the first class. Students supply their own materials. Storage space is available for projects during the quarter. Please email instructor at [rayan@stanford.edu](mailto:rayan@stanford.edu) prior to enrolling.

10 wks / March 29–May 31

Wednesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$278



## WORLD LANGUAGES

### CHINESE: INTRO TO PRONUNCIATION

Instructor: Lucia Wu, [www.pausd.org](http://www.pausd.org)

*Prerequisite: None — all levels welcome*

Chinese is the most difficult and most popular language in the world. Learning accurate pronunciation is key to mastering it! This class prepares you to have accurate pronunciation for effective communication. You will be introduced to a whole set of Chinese phonetics. Lots of pronunciation practice will be essential to establish accuracy with supervision (i.e., tongue twister on tones and different phonetic elements). Simple vocabulary and basic grammar will also be introduced at a later stage. It's vital for students to attend classes diligently. No homework. Required textbook (*Chinese Express*) can be purchased in the Adult School office.

8 wks / March 21–May 26 (No class April 4-14)

Tuesday AND Friday / 7:30–9 p.m.

LIVE ONLINE / \$178

### CHINESE: FUN TRANSLATION

Instructor: Lucia Wu, [www.pausd.org](http://www.pausd.org)

*Prerequisite: 1+ years of Chinese study with knowledge of its phonetics and basic grammar*

Translating between languages not only enhances students' communication skills, it's also a fun way to learn about cultural differences! This class is for dedicated students who plan to use the language long term. Translation exercises will be given, finished and discussed in class. Content will come from movies, advertisements, fiction, newspapers, etc. You will explore how an idea can be conveyed in different ways in a different language! Weekly homework assigned. No textbook.

8 wks / March 20–May 25 (No class April 13)

Monday AND Thursday / 7:30–9 p.m.

LIVE ONLINE / \$178

### FRENCH: BEGINNING

Instructor: Pary Sarraf, [pary.sarraf@gmail.com](mailto:pary.sarraf@gmail.com)

*Prerequisite: Beginning I (Sec. A)–None;*

*Beginning II (Sec. B)–French Beginning I or equivalent*

Students with some French or the completion of *Beginning I* will learn the fundamentals of pronunciation and will develop everyday conversational skills with a focus on phonetics, grammar, listening, reading and writing exercises. You will also become familiar with the French culture and customs. Order book prior to the start date. Textbook: *Dis-moi!* (ISBN: 0-673-21627-6) can be purchased from *Amazon.com*.

#### SECTION A: Beginning I

10 wks / March 21–May 23

Tuesday / 9:30–11:30 a.m.

LIVE ONLINE / \$185

#### SECTION B: Beginning II

10 wks / March 20–May 22

Monday / 6–8 p.m.

LIVE ONLINE / \$185

### FRENCH: INTERMEDIATE I

Instructor: Pary Sarraf, [pary.sarraf@gmail.com](mailto:pary.sarraf@gmail.com)

*Prerequisite: French Beginning II or equivalent*

Increase vocabulary knowledge through reading and listening exercises, and improve conversational skills by following guided activities. You will continue reinforcing mastery of grammar and improving syntax and gain an enhanced knowledge of French culture and customs. Order book prior to the start date. Textbook: *Dis-moi!* (ISBN: 0-673-21627-6) can be purchased from *Amazon.com*.

10 wks / March 21–May 23

Tuesday / 6–8 p.m.

LIVE ONLINE / \$185

### FRENCH GRAMMAR REVIEW

Instructor: Pary Sarraf, [pary.sarraf@gmail.com](mailto:pary.sarraf@gmail.com)

*Prerequisite: French intermediate or equivalent*

In this course, the emphasis is on the language structure leading to effective communication. You will enhance your conversation skills through attention to grammar rules and syntax. The curriculum includes a thorough review of the parts of speech, modes, sentence structure, verb conjugation, and activity-based exercises. Order book prior to the start date. Textbook: *Grammaire en dialogues B1-Niveau intermédiaire* (ISBN: 978-209-038062-0) can be purchased from *Amazon.com*.

10 wks / March 20–May 22

Monday / 2–4 p.m.

LIVE ONLINE / \$185

### FRENCH: HIGH INTERMEDIATE READING AND CONVERSATION

*(Class limited to 12 students)*

Instructor: Mireille Belloni, [mbelloni@pausd.org](mailto:mbelloni@pausd.org)

*Prerequisite: High intermediate French or equivalent*

Reading is a great way to expand your knowledge of French. You will use a contemporary French novel as a vehicle for improving your language skills and discover aspects of French-speaking culture.

Textbook: TBD (contact the instructor).

9 wks / March 23–May 25 (No class April 6)

Thursday / 10–11:30 a.m.

LIVE ONLINE / \$125

### FRENCH: ADVANCED—

#### L'ART DE LA CONVERSATION

Instructor: Pary Sarraf, [pary.sarraf@gmail.com](mailto:pary.sarraf@gmail.com)

*Prerequisite: French high intermediate or equivalent*

Students will initiate and participate in a variety of conversational topics in real-life settings including current events, art, movies, history, books, travel, cuisine and more. Increase vocabulary and enhance your communication skills, grammar and syntax. Expand ability to express your thoughts and opinions on an engaging array of topics.

10 wks / March 23–May 25

Thursday / 6–8 p.m.

LIVE ONLINE / \$185



## WORLD LANGUAGES

### ITALIAN: BEGINNING III

Instructor: Roberta Lamanda, rlamanda@pausd.org

*Prerequisite: Beginning II or equivalent*



This Italian class is for continuing Beginning II students or who are acquainted with basic language knowledge; you will continue to familiarize yourself with Italian structure and grammar and conversational skills through in-class group activities. Emphasis is on

conversation and active participation. Please contact the instructor for information about the textbook. All students are required to have their video ON during class. New students welcome! *A presto!*

9 wks / March 29–May 31 (*No class April 5*)

Wednesday / 6–7:30 p.m.

LIVE ONLINE / \$125

### ITALIAN: INTERMEDIATE VII

Instructor: Roberta Lamanda, rlamanda@pausd.org

*Prerequisite: Intermediate VI or equivalent*

This engaging class is designed to review, reinforce and expand your grammar and communication skills.

Emphasis is on conversation and active in-class participation. The class is taught mostly in Italian.

*A presto!* Please contact the instructor for information about the textbook. All students are required to have their video ON during class. New students welcome!

8 wks / March 27–May 22 (*No class April 3*)

Monday / 6–7:30 p.m.

LIVE ONLINE / \$111

### ITALIAN BOOK CLUB: ADVANCED READING AND CONVERSATION (Class limited to 14 students)

Instructor: Stefania Filigheddu, sfiligheddu@pausd.org

*Prerequisite: Advanced*

Do not miss this opportunity to challenge yourself and increase your Italian vocabulary and culture while reading and conversing completely in Italian. The selected book contains complex grammatical structures that enhance your ability to incorporate new idioms and vocabulary in different contexts. Textbook: TBD

10 wks / March 21–May 23

Tuesday / 7–8:30 p.m.

LIVE ONLINE / \$139

### JAPANESE: BEGINNING I

Instructor: R. Tsuno, rtsuno@pausd.org

*Prerequisite: None*

Are you interested in learning the Japanese language? Then this is the right class for you! You will learn how to write Hiragana and Katakana during the class. You will also learn useful vocabulary, correct pronunciation and phrases for basic conversation. Textbook: *Genki (optional)*.

10 wks / March 21–May 23

Tuesday / 6:30–8 p.m.

LIVE ONLINE / \$139

"I learned Hiragana in the **Beginning Japanese** class, and am better now at using Google Translate to translate Japanese texts. After taking this class, I can now read and study Japanese poetry."

**Linda Papanicolaou**  
Art Teacher

### JAPANESE: BEGINNING II

Instructor: R. Tsuno, rtsuno@pausd.org

*Prerequisite: Japanese: Beginning I or equivalent*

This class is for students who took at least 20 hours of Japanese class previously. You should be able to read and write Hiragana and Katakana for this class. You will learn useful vocabulary, phrases and expressions, and some Kanji characters, with an emphasis on conversational skills. Textbook: *Genki (optional)*.

10 wks / March 23–May 25

Thursday / 6:30–8:00 p.m.

LIVE ONLINE / \$139

### SPANISH: BEGINNING

Instructor: Leonardo McCord Salazar, lmccord@pausd.org

*Prerequisite: Levels 2 and 3, previous level*



Learn the essentials of Spanish grammar from a native speaker, and develop the four language skills in meaningful contexts. Topics included will be useful for parents with children in Spanish Immersion classes. Adult students will be able to participate actively in simple

conversations with their children. Required textbook can be purchased in the Adult School office.

*\*\*Levels 1 and 4 are not offered this spring quarter.\*\**

#### SECTION B (Level 2)

8 wks / March 20–May 22 (*No class April 3*)

Monday / 7–9 p.m.

Palo Alto HS Rm 302 / \$148

#### SECTION C (Level 3)

9 wks / March 23–May 25 (*No class April 6*)

Thursday / 7–9 p.m.

Palo Alto HS Rm 302 / \$167

## WORLD LANGUAGES

### SPANISH: LOW INTERMEDIATE

Instructor: Leonard McCord, [lmccord@pausd.org](mailto:lmccord@pausd.org)

*Prerequisite: Two years of Beginning Spanish or equivalent*

*¿Habla Ud. español?* Continue your studies and focus on conversational skills. Add to your knowledge of grammar and Hispanic culture. Required textbooks can be purchased in the Adult School office.

10 wks / March 21–May 30 (No class April 4)

Tuesday / 7–9 p.m.

Palo Alto HS Rm 302 / \$185

### SPANISH: INTERMEDIATE

Instructor: Leonardo McCord Salazar, [lmccord@pausd.org](mailto:lmccord@pausd.org)

*Prerequisite: Three quarters of low intermediate Spanish or equivalent*

Learn the fine points of Spanish grammar and the multiple uses of the subjunctive mood in this engaging course.

Read, translate, and discuss a masterpiece of Spanish, Latin-American, or Chicano literature. Required textbooks can be purchased in the Adult School office.

10 wks / March 22–May 31 (No class April 5)

Wednesday / 5–7 p.m.

LIVE ONLINE / \$185

### SPANISH: ADVANCED CONVERSATION AND LITERATURE

Instructor: Leonardo McCord Salazar, [lmccord@pausd.org](mailto:lmccord@pausd.org)

*Prerequisite: Advanced Spanish skills*

Converse with other students in Spanish, and read contemporary Spanish or Latin-American plays, novels, or short stories. Repetition of the course is encouraged, as new literature is introduced every quarter.

10 wks / March 22–May 31 (No class April 5)

Wednesday / 7:30–9:30 p.m.

LIVE ONLINE / \$185

**NEW TEACHERS WELCOME!**

If you would like to become an Adult School instructor, call (650) 329-3752 for an application. For more information on how to apply, visit [PAAultschool.org/new-instructors-welcome](http://PAAultschool.org/new-instructors-welcome)

## MISSION AND STUDENT LEARNER OUTCOMES

### MISSION

Palo Alto Adult School is committed to providing a broad range of accessible, flexible, and effective educational programs that enable our diverse community of adult learners to achieve their academic, career, and personal goals.

### SCHOOLWIDE LEARNER OUTCOMES (SLOs)

#### SET GOALS:

Students will assess their own needs and identify their academic, career, and/or personal goals.

- With guidance, develop and communicate plans to achieve their goals.
- Be self-directed learners who learn independently and collaboratively in a diverse environment.

#### ACHIEVE SKILLS:

Using a variety of methods, technology, and resources, students will acquire knowledge and skills.

- Develop and apply critical thinking skills.
- Obtain academic and career skills for life and workforce readiness.

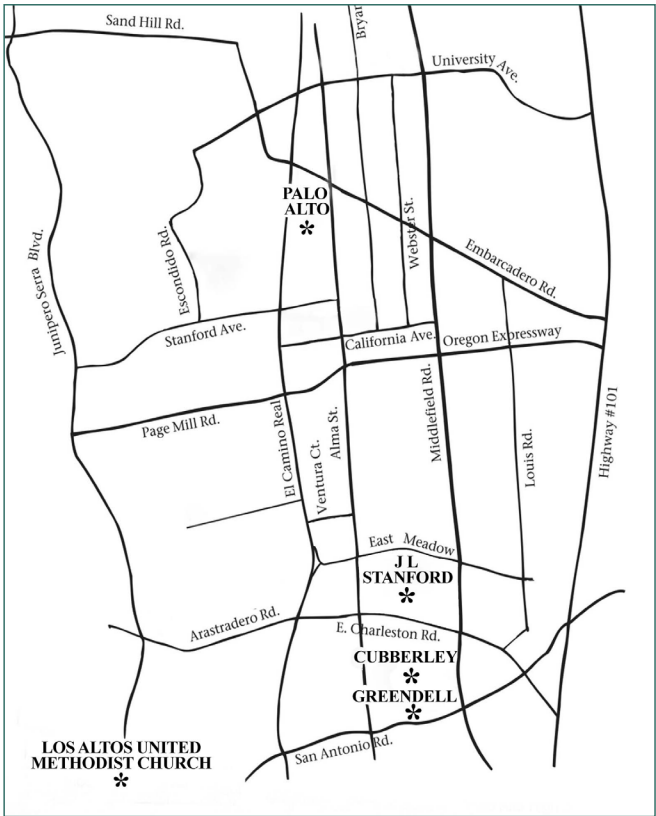
#### DEMONSTRATE LEARNING:

Students will apply their acquired core knowledge and skills appropriate to their goals.

- Advance to post-secondary education or training.
- Contribute to personal enrichment and the community.
- Demonstrate 21st century skills including critical thinking, communication, collaboration, and creativity.

*Palo Alto Adult School classes are open to all — residents & non-residents.  
We look forward to seeing you in class!*

PALO ALTO ADULT SCHOOL LOCATIONS

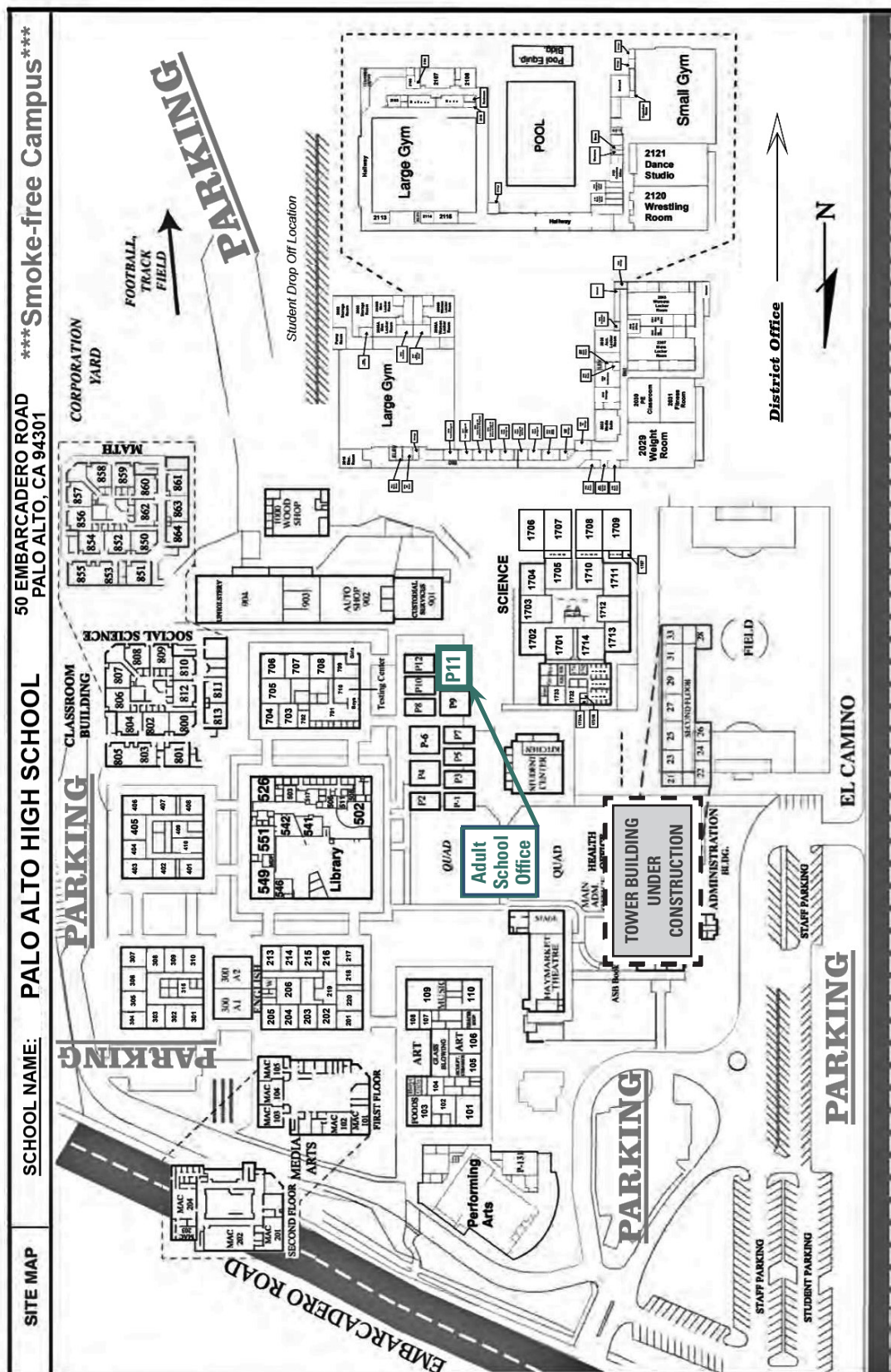


<b>PALO ALTO</b> Palo Alto High School 50 Embarcadero Road	<b>CUBBERLEY</b> Cubberley Community Center 4000 Middlefield Road	<b>GRENDALL</b> Grendell School 4120 Middlefield Road	<b>J. L. STANFORD</b> J.L. Stanford Middle School 480 E. Meadow Drive, Palo Alto	<b>LOS ALTOS UNITED METHODIST CHURCH</b> 655 Magdalena Avenue, Los Altos
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CUBBERLEY COMMUNITY CENTER — ADULT SCHOOL CLASS LOCATIONS



## PALO ALTO ADULT SCHOOL CLASS LOCATIONS





## ADMINISTRATIVE POLICIES

### POLICIES AND PROCEDURES

Palo Alto Adult School follows the Policies and Procedures adopted by the Palo Alto Board of Education. These can be found at: <https://www.pausd.org/about-us/policies-procedures/board-policies>. These policies support the Education Code of the State of California.

### NON DISCRIMINATION

BP 0400: The Board shall provide equal opportunities in all areas and assure that there will be no discrimination against any person on the grounds of race, religion, age, sex, national origin, color, disability, political belief, sexual orientation, marital status, or veteran's status.

### ACADEMIC REGULATIONS

BP 5131: The Board of Education believes that all students have the right to be educated in a positive learning environment free from disruptions. Students shall be expected to exhibit appropriate conduct that does not infringe upon the rights of others or interfere with the school program while on school grounds, while going to or coming from school, while at school activities, and while on district transportation.

Conduct is considered appropriate when students are diligent in study, careful with school property, courteous, and respectful toward their teachers, other staff, students, and volunteers. Prohibited student conduct includes, but is not limited to:

- Conduct that endangers students, staff, or others
- Conduct that disrupts the orderly classroom or school environment
- Harassment of students or staff
- Damage to or theft of property belonging to students, staff, or the district
- Use of profane, vulgar, or abusive language
- Plagiarism or dishonesty in school work or on tests
- Possession, use, or being under the influence of tobacco, alcohol, or other prohibited drug in violation of school rules

Students who violate district or school rules and regulations may be subject to discipline including, but not limited to, suspension, expulsion, transfer to alternative programs, or denial of participation in extracurricular or cocurricular activities in accordance with Board policy and administrative regulation. The Superintendent or designee shall notify local law enforcement as appropriate.

### STUDENT RECORDS

BP 5125: At each school, the principal or a certificated designee shall act as custodian of records for students enrolled at that school. The custodian of records shall be responsible for implementing Board policy and administrative regulation regarding student records.

*School Policy:* Adult student records can be released following a written request by the student to the adult school office. Records are released to other parties with the student's permission.

### ELIGIBILITY

All persons over the age of 18 are eligible for all Adult School classes with no residency restrictions.

### PRE-REGISTRATION

Please register early since classes that do not have sufficient enrollment are canceled.

### REFUND POLICY

Refund of fees will only be given if requested at least 72 hours before the first class meeting. There is a \$15 fee for cancellations. A complete refund will always be made if we cancel a class. Please choose your classes carefully.

- We are sorry we cannot accept medical, business travel or other reasons.
- Refunds will be given automatically if the Adult School cancels a class.
- Deposits and tuition for parent education classes are entirely non-refundable.
- Textbooks are not returnable.

### A CERTIFICATE OF COMPLETION

A certificate of completion and/or a letter stating participation in any Adult School class will be given to any student upon request to the office and verification of attendance.

### SCHOLARSHIPS

Please contact the Principal, Tom Keating, if you need scholarship assistance. All information given will remain confidential.

### TOBACCO-FREE SCHOOL DISTRICT PROPERTY

Smoking and the use of tobacco products by all persons is prohibited on Palo Alto Unified School District property and at district-sponsored events.

### SEXUAL HARASSMENT POLICY

It is the policy of the Palo Alto Unified School District to provide a school environment free from all forms of harassment, including sexual harassment, and to maintain an environment in which all students and staff model this behavior and are treated with dignity and respect. Please see the district website for complete information: <https://www.pausd.org/about-us/policies-procedures/title-ix-office>.

### UNIFORM COMPLAINT PROCEDURES

The Palo Alto Unified School District maintains a uniform complaint procedure. Please visit the district website for complete information at <https://www.pausd.org/about-us/policies-procedures/formal-complaint-procedures>.

# CONSORTIUM PARTNERSHIP

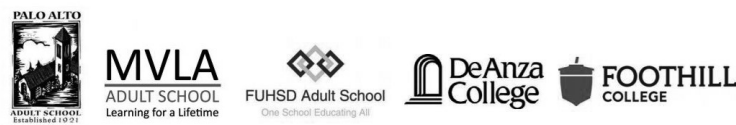
## North Santa Clara County Student Transition Consortium

The Palo Alto Adult School is a member of the North Santa Clara County Student Transition Consortium (NSCCSTC), a collaboration between the Foothill-De Anza College District (FHDA), Palo Alto Unified School District Adult School (PAUSD), Fremont Union High School District Adult School (FUHSD), and the Mountain View Los Altos Union High School District Adult School (MVLA). The consortium serves the communities of Cupertino, Los Altos, Los Altos Hills, Mountain View, Palo Alto, and Sunnyvale, as well as portions of San Jose. Its mission is to coordinate and align programs, create linkages, and develop regional plans to better serve the educational needs of adults in the region.

### Meet the members of our consortium:

- Palo Alto Adult School: [paadulthoodschool.org](http://paadulthoodschool.org)
- Mountain View Los Altos Adult School: [mvla.net](http://mvla.net)
- FUHSD Adult School Sunnyvale-Cupertino: [fuhdadulthoodschool.com](http://fuhdadulthoodschool.com)
- De Anza College: [deanza.edu](http://deanza.edu)
- Foothill College: [foothill.edu](http://foothill.edu)

Find out more about NSCCSTC at [sites.google.com/site/nscstcaebg](https://sites.google.com/site/nscstcaebg).



# CONTACT INFORMATION

## 2023 PAUSD BOARD OF EDUCATION

Jennifer DiBrienza President (917) 501-0930 <a href="mailto:jdibrienza@pausd.org">jdibrienza@pausd.org</a>	Jesse Ladomirak Vice President (415) 748-1684 <a href="mailto:jladamirak@pausd.org">jladamirak@pausd.org</a>	Todd Collins Board Member (650) 695-1330 <a href="mailto:tcollins@pausd.org">tcollins@pausd.org</a>	Shounak Dharap Board Member (650) 575-6485 <a href="mailto:sdharap@pausd.org">sdharap@pausd.org</a>	Shana Segal Board Member <a href="mailto:ssegal@pausd.org">ssegal@pausd.org</a>
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## DISTRICT ADMINISTRATION

Don Austin Superintendent (650) 329-3983 <a href="mailto:daustin@pausd.org">daustin@pausd.org</a>	Tom Keating Principal, Adult School (650) 329-3752 <a href="mailto:tkeating@pausd.org">tkeating@pausd.org</a>	Lynn Tanner ESL Program Manager (650) 494-2326 <a href="mailto:ltanner@pausd.org">ltanner@pausd.org</a>	Guillermo Lopez Associate Superintendent (650) 329-3717 <a href="mailto:glopez@pausd.org">glopez@pausd.org</a>	Nikole Manou Principal, PreSchool Family (650) 856-0833 <a href="mailto:nmanou@pausd.org">nmanou@pausd.org</a>
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# COMMUNITY PARTNER

Our Community Partner this quarter is



## ALTA HOUSING

Alta Housing creates stronger, more diverse communities by providing and maintaining high-quality affordable housing where individuals and families thrive.

WEBSITE // [www.altahousing.org](http://www.altahousing.org)

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WAYS TO REGISTER

PHONE	(650) 329-3752
EMAIL	adultschool@pausd.org
WEBSITE	PAAAdultSchool.org
MAIL OR WALK-IN	Palo Alto Adult School, 50 Embarcadero Road, Palo Alto, CA 94301 (Masks highly recommended for walk-in)

RECEIPTS/CONFIRMATIONS

Please call if you need a receipt or a confirmation: (650) 329-3752. You will be notified if a class is cancelled.

REFUNDS

Refunds are given up to 72 hours before the first class meeting. There is a \$15 fee for cancellation. A complete refund will always be made if we cancel a class. Textbooks are not returnable.

NEED HELP? CALL (650) 329-3752

REGISTER EARLY

Register today to secure your place in our most popular classes. If minimum enrollments are not met, classes will be canceled and a full refund will be processed. Refunds are given up to 72 hours before the first class meeting.

OFFICE HOURS

DAY: 8 a.m.–4:30 p.m. Monday through Friday  
EVENING: 4:30–9:30 p.m. Monday through Thursday  
HOLIDAYS: April 3–April 7, May 29, & May 31

SPRING REGISTRATION BEGINS FEBRUARY 24, 2023

This schedule is valid through June 2, 2023. Additional information, materials lists and schedule changes are posted on our website at PAAAdultSchool.org.



REGISTRATION FORM

**PALO ALTO ADULT SCHOOL**  
Palo Alto Unified School District  
50 Embarcadero Road  
Palo Alto, CA 94301

Year: 2023  
Quarter: ☐ Winter ☒ Spring  
☐ Summer ☐ Fall  
Registration Date: \_\_\_\_\_

Name: \_\_\_\_\_  
(Last) (First) (Middle)

Address: \_\_\_\_\_  
(Street Number) (Street Name) (Apt.) (City) (State) (Zip Code)

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Start Date: \_\_\_\_\_ ☐ New Student ☐ Returning Student Date of Birth: \_\_\_\_\_ ☐ M ☐ F

Class Name	M	T	W	Th	F	S	Instructor	Time	Location	Fee

Type of Payment: ☐ Check ☐ Cash ☐ Visa ☐ MasterCard ☐ No Fee

Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

How did you find out about this class? \_\_\_\_\_

Register Online at PAAAdultSchool.org or print and mail this form.





**PALO ALTO ADULT SCHOOL**  
Palo Alto Unified School District  
50 Embarcadero Road  
Palo Alto, CA 94301



SCAN TO  
REGISTER ONLINE

**ALL RESIDENTS AND NON-RESIDENTS WELCOME**



**Education is for life**

