Palo Alto Adult School

2023 Fall Quarter Schedule

Registration Begins August 11, 2023

PAAadultSchool.org / 650-329-3752
DEAR COMMUNITY MEMBERS:

We’re excited to kick off another new school year. This quarter brings an expanded Music program, opportunities to exercise and socialize while dancing, and Genealogy is back!

Our community partner this quarter is the South Bay Guitar Society. The Adult School and SBGS share a passion for music appreciation and education. Through our partnership, we are able to add Yuri Liberson, an internationally acclaimed classical concert guitarist to our list of instructors.

In addition, I am thrilled to be your new Adult School Principal. I hope that you will explore our diverse list of classes and find the one that is right for you!

See you in class,

Jim

Jim Sherman
Principal
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2023 FALL CALENDAR
  REGISTRATION FOR FALL QUARTER BEGINS // AUGUST 11
  FALL QUARTER // AUGUST 21–DECEMBER 15
  WRITING ACADEMY // SEPTEMBER 7–NOVEMBER 3
  ESL CLASSES SESSION #1 // AUGUST 21–OCTOBER 13
  ESL CLASSES SESSION #2 // OCTOBER 16–DECEMBER 15
  HOLIDAYS–NO CLASSES // SEPTEMBER 4, NOVEMBER 10, AND NOVEMBER 20-24

* Partially or fully state-funded
**FREE** INTRODUCTORY CLASSES

In recognition of our recent Centennial, Palo Alto Adult School is offering free introductory classes.

FREE CLASS—
INTRO TO VIOLIN WORKSHOP
Instructor: Dr. Chag-Hee Lee, chlee@pausd.org
Prerequisite: None

You will learn a brief history of the violin including the parts of the violin, bow, and its accessories. You will also learn how to take care of the violin, how to properly hold it with the bow, and how to select the right violin for you. The instructor will go over the basics and more in this workshop!

One Session / September 5
Tuesday / 7–8 p.m.
Palo Alto HS Rm 109 / No Fee

FREE CLASS—
GENEALOGY WORKSHOP
Instructor: Rachel Kellerman, rkellerman@pausd.org
Prerequisite: None

Are you new to family history research? Attend this lively one-hour workshop to learn how to uncover and interpret fascinating facts about the past. Please bring your computer if you attend in person.

SECTION A (Zoom)
One Session / September 6
Wednesday / 5–6 p.m.
Live Online / No Fee

SECTION B: (In-Person)
One Session / September 6
Wednesday / 6:30–7:30 p.m.
Palo Alto HS Library / No Fee

STUDENT SHOWCASE

1st time PAAS student—Sewing success!

“Part of my new year’s resolution this year was to think less and do more. A friend of a friend told me about the Adult School classes and I registered for the first time. The Adult School classes were very affordable so I picked two. I always wanted to learn to play the piano but instrumental classes can be very expensive. As someone who loves fashion and thrifting, the idea of making my own clothes sounded fun and like a good skill to have. Sewing was fantastic and I enjoyed learning the very practical skill of using a sewing machine. The Sewing instructors were so helpful that I will be back in the fall to finish my pants!

LEESA CHOY
UX/UI Designer

ARTS AND CRAFTS

SCENERY WATERCOLOR
PAINTING AND DRAWING
Instructor: Ferenc Besze, fbesze@pausd.org, http://besze.com
Prerequisite: None

Drawing is essential to representational painting. In this online class, we will spend equal time drawing and painting, to develop our observation skills about proportion, perspective, creating 3D effects and creating compositional studies. Our subjects will include scenery, figures, portraits, and objects. Have your field sketches/photographs for reference material.

10 wks / September 13–November 15
Wednesday / 6:30–8:30 p.m.
Live Online / $185

WATERCOLOR WONDERLAND
Instructor: Rafael DeSoto, Jr., desostudio@gmail.com, www.rafaeldesotojr.com
Prerequisite: None

Learn everything you need to know about painting landscapes in watercolor. Discover helpful practices, composition, rendering, and interpreting photo reference. Each class will focus on different components of a landscape; skies, mountains and trees, water and reflections, wetlands and coastlines. Geared for beginning and intermediate levels. Reference images will be provided. Limit 12 students.

6 wks / October 10–November 14
Tuesday / 6:30–9:30 p.m.
Palo Alto HS Rm 106 / $167
ARTS AND CRAFTS

CELEBRATE FALL–CREATE A HOLIDAY WREATH
Instructor: Sam Kauffman, samksongs@aol.com
Prerequisite: None

The holidays are in the air! Celebrate the season with a one-day workshop by making a one-of-a-kind wreath from Sam Kauffman’s on-line shop – Whimsy And. Sam has had a floral arranging business for over twenty years. There will be a $15 supply fee payable to the instructor. Limit 10 students.

One Session / October 5
Thursday / 1–3:30 p.m.
Cubberley Campus I-Building 2nd Floor / $30

LEARN TO CROCHET
Instructor: Paola Trombetta, ptrombetta@pausd.org
Prerequisite: None

Learn to chain, single and double crochet, create tri-dimensional forms, and read patterns. This class will work for you regardless of your skill level and you will enjoy it! Materials to bring to class: 1 ball of worsted weight yarn plus a size ‘H’ crochet hook.

8 wks / September 20–November 15 (No class October 18)
Wednesday / 5:30–6:30 p.m.
Palo Alto HS Room 1707 / $74

KNITTING
Instructor: Paola Trombetta, ptrombetta@pausd.org
Prerequisite: None

Knitters of all abilities are welcome! Learn basic and advanced skills in this fun and collaborative knitting workshop. Beginners learn to read pattern books, and/or design and create their own knitted garment and gifts. Advanced knitters, master your techniques and bring projects you are currently working on.

8 wks / September 20–November 15 (No class October 18)
Wednesday / 6:30–8:30 p.m.
Palo Alto HS Room 1707 / $148

BIRDING AND NATURE

BIRDING: INTERMEDIATE (Online & In-Person)
Instructor: Scott Smithson, wsmithson@pausd.org
Prerequisite: None

The primary goal of this birding class is to develop birding skills through bird identification by sight and sound. During our weekly online Zoom meetings, we will focus on sharing of local bird sightings, slides of Bay Area birds, ID quizzes, and discussion of field trips. There will be 3 in-person weekend field trips offered to local Bay Area birding spots so we can practice what we have learned in the field! Live online via Zoom with in-person weekend fieldtrips. Fieldtrip dates TBD. Textbook: Any North America or Western North America bird field guide (Sibley’s Guide is a great one).

7 wks / September 13–October 25
Wednesday / 7–9 p.m.
Live Online / $168

NATURE SCIENCE HIKES
Instructor: Environmental Volunteers, communityprograms@evols.org
Prerequisite: None

Join some of Environmental Volunteers’ most knowledgeable nature-science educators on 3 explorations of local open spaces. Each 2-hour hike will be at a different location, and each will focus on learning about a different environmental topic. The pace of the hikes will be easy, with semi-frequent stops to discuss subjects. Distance traveled may vary, but expect from 1 – 3 miles. Limit 12 students.

3 wks / See Dates Below
Saturday / 10–12 noon
Various Locations (see below) / $60

Dates, locations, and topics:
- September 23: Stevens Crk County Park (Climate Change)
- October 28: Los Trancos (Earthquake Geology)
- November 18: Baylands Nature Preserve (Tidal Ecology)

BUSINESS AND FINANCE

BUSINESS COMMUNICATIONS
Instructor: Katherine Barg, kbarg@pausd.org
Prerequisite: Intermediate to advanced English language learners

Business Communications emphasizes the English skills needed to communicate effectively in the American workplace. These include interpersonal, non-verbal, common business jargon, listening and oral presentation skills. The class also covers changing digital capabilities, common business platforms,…and more! See website.

6 wks / November 2–December 14 (No class November 23)
Thursday / 6:30–9 p.m.
Live Online / $139

* Partially or fully state-funded
CAREER TRAINING

VOCATIONAL INTERNSHIP CLASS
Instructor: Toshiro Lang
Prerequisite: Application and interview required
Classroom component to vocational internships concentrating on developing transferable job skills. This course emphasizes the importance of interpersonal dynamics in the workplace, and the value of obtaining competitive employment. In-person instruction accommodates all learners with the motivation to become independent and successful. Must call (650) 329-3752 for more information and to register for the program.

ONGOING / September–June
Monday–Thursday / 8–9:15 a.m.
Lucille Packard Children’s Hospital (LPCH) / No Fee *

VOICE OVERS: NOW IS YOUR TIME!
Instructor: Lisa Foster, alex@suchavoce
Prerequisite: None
In what could be the most enlightening 2 hours you’ve ever spent, this class will show you how you can begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside-the-box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you’ve been looking for.

One Session / See Dates Below
Wednesday / 6–8 pm
Palo Alto HS Rm 1709 / $50
• September 20
• November 29

WORK READINESS — LEARN NEW SKILLS FOR GETTING A JOB *
Instructor: Kathilynn Lehmer, pajoblink.lehmer@gmail.com
Learn new strategies for getting a job! Prepare a powerful resume and cover letter, create a LinkedIn Profile, learn new job hunting strategies—and more! There is no fee and the course is open-entry—start anytime. For more information, and to find out how to register, send an email to Kathilynn Lehmer at pajoblink.lehmer@gmail.com.

CAREER TRAINING: ADVANCED CERTIFICATE PROGRAMS

Online career training courses can prepare you for a new career or help you advance within your current occupation. To see a list of more than 175 Certificate and Advanced Career Training courses, visit https://careertraining.ed2go.com/paloalto.

ACCOUNTS PAYABLE MANAGER CERTIFICATION
(Exam Cost Included)
Instructor: Self-paced class
Prerequisite: None
This course will prepare you for the Institute of Finance & Management’s (IFFM) Accounts Payable Manager (APM) certification, the gold standard within the financial operations industry. For pricing, details, registration, visit: https://careertraining.ed2go.com/paloalto (Business).
3 Months / 30 Course Hours (Average 3 hours per week)
Start Anytime
ed2go ONLINE (recorded)

CERTIFIED AWS DEVELOPER
(Voucher Included)
Instructor: Self-paced class
Prerequisite: None
In this online training course, you will learn how to use the AWS SDK to develop secure and scalable cloud applications. You’ll also explore how to interact with AWS using code and discuss key concepts, best practices, and troubleshooting tips. For pricing, details, registration, visit: https://careertraining.ed2go.com/paloalto (Computer Science).
3 Months / 40 Course Hours (Average 3 hours per week)
Start Anytime
ed2go ONLINE (recorded)
## CAREER TRAINING: ADVANCED CERTIFICATE PROGRAMS

### CERTIFIED CLINICAL MEDICAL ASSISTANT  
**Voucher Included**  
**Instructor:** Self-paced class  
**Prerequisite:** None  
Learn the necessary skills to function as a vital member of the healthcare team in a hospital setting, clinic, or physician’s office as you prepare for a career as a Certified Clinical Medical Assistant (CCMA), and the national certification exam. For pricing, details, registration, visit: [https://careertraining.ed2go.com/paloalto](https://careertraining.ed2go.com/paloalto)  
12 Months / 540 Course Hours  (Average 11 hours per week)  
Start Anytime  
ed2go ONLINE (recorded)

### CLINICAL DENTAL ASSISTANT  
**Vouchers Included**  
**Instructor:** Self-paced class  
**Prerequisite:** None  
This comprehensive online dental assisting course will provide you with the essential skills and knowledge needed to become a dental assistant, including every aspect of professional dental assistance. For pricing, details, registration, visit: [https://careertraining.ed2go.com/paloalto](https://careertraining.ed2go.com/paloalto)  
12 Months / 300 Course Hours  (Average 6 hours per week)  
Start Anytime  
ed2go ONLINE (recorded)

### CITIZENSHIP

**Instructor:** Katherine Barg, kbarg@pausd.org  
**Prerequisite:** Intermediate to advanced English language learners  
This course prepares students to pass the Citizenship test for full Citizenship status in the United States. Becoming a citizen has never been more important. US Citizenship gives you your right to vote, participate in government and be protected under the law. You will also learn important facts about US history and your rights under the Constitution.  
7 wks / August 29–October 10  
Tuesday / 6:30-9 pm  
Palo Alto HS Rm 220 / No Fee *

### COOKING: LEARN HOW TO COOK IN JUST ONE NIGHT!

#### BELGIAN CHOCOLATES GALORE!  
**Instructor:** Carine Vanslembrouck  
**Prerequisite:** None  
Have fun learning to make delicious hand-made Belgian chocolates the traditional way. You will be guided, by the instructor, through the process of tempering chocolate on a marble slab and continue on to craft a different Belgian chocolate in each class.  
One Session / See Dates Below  
Wednesday / 6:30–9 p.m.  
Palo Alto HS Rm 103 / $60 per session  
- October 25: Halloween Chocolates  
- November 8: Fall Chocolates  
- December 13: Christmas Gifts from the Kitchen

#### HEALTHY AUTHENTIC INDIAN COOKING WITH FESTIVE FLAVORS  
**Instructor:** Jonake Bose, Jonakeandyuti@gmail.com, [https://jonakeandyuti.weebly.com](https://jonakeandyuti.weebly.com)  
**Prerequisite:** None  
Learn healthy Indian cooking with festive flavors. Cook with ingredients from your local grocery store and enjoy the meal together. Vegetarian options available.  
One Session / See Dates Below  
Monday / 6:30–9 p.m.  
Palo Alto HS Rm 103 / $60 per session  
- October 16: Celebrate the festival of Durga Puja with Fish Curry, Pulao & Poppadum  
- November 6: Celebrate the festival of Diwali with Chicken Curry, Pulao & Poppadum

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* Partially or fully state-funded  
PAAadultSchool.org // 650-329-3752 // PALO ALTO ADULT SCHOOL
ENGLISH AS A SECOND LANGUAGE (ESL)––IN-PERSON & LIVE ONLINE VIA ZOOM

FALL 2023
SESSION #1: August 21 to October 13 / SESSION #2: October 16 to December 15
(No Classes September 4, November 10, & November 20-24)

The Palo Alto Adult School ESL program offers many classes to help you meet your English learning goals. To enter our free classes, new students must register for a placement test. There is no childcare for the test or the classes. Registration for the placement test begins Tuesday, August 1, 2023. To register for the placement test, come in to the ESL office at Cubberley, 4000 Middlefield Road, I-Building, 2nd floor, or the Palo Alto Adult School office (Rm P11) at Palo Alto High School, 50 Embarcadero Road. Or, you can register online at paadultschool.org. When your registration is complete, you will select one of the test dates shown below.

**Students must register first before taking a placement test**

Enrollment Policies
• Students must be able to attend the full 8 weeks.
• Students will be required to buy a textbook for the class.
• There is no childcare.

PLACEMENT TESTING

<table>
<thead>
<tr>
<th>DAY Testing—IN-PERSON</th>
<th>EVENING Testing—IN-PERSON</th>
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| WHERE: Cubberley Campus  
4000 Middlefield Rd, I-Bldg Testing Center |
| TIME: 9 a.m.–12 noon  
Test begins promptly at 9 a.m. |
| SESSION 1:  
Monday, August 7  
Wednesday, August 9  
Friday, August 11  
Saturday, August 12 |
| SESSION 2:  
Friday, October 6  
Saturday, October 7 |

WHERE: Palo Alto High School  
50 Embarcadero Road, Room 218
| TIME: 6–9 p.m.  
Test begins promptly at 6 p.m. |
| SESSION 1:  
Tuesday, August 8  
Thursday, August 10  
Monday, August 14 |
| SESSION 2:  
Thursday, October 5 |

Register for testing early. Spaces limited!

CLASSES

Fall Session ESL Classes *

SESSION 1: August 21–October 13, 2023  (No classes September 4.)
SESSION 2: October 16–December 15, 2023  (No classes November 10, and November 20-24)

*IN-PERSON* MORNING CLASSES (9:30 A.M.–12:30 P.M.)
Cubberley Campus: Literacy through Advanced Low Levels (Monday–Thursday)

*ONLINE* MORNING CLASSES (3 meetings per week): 9–11 a.m. / Tuesday, Wednesday, and Thursday
3 levels: Mixed beginning; mixed intermediate; advanced

*IN-PERSON* EVENING CLASSES (6:30–9:30 P.M.)
Palo Alto High School: Literacy through Advanced Low Levels (Monday and Wednesday)

*IN-PERSON & ONLINE* ADDITIONAL SKILL-SPECIFIC CLASSES: See English Enrichment classes page 8
ENGLISH AS A SECOND LANGUAGE (ESL)

ADDITIONAL CLASSES

LEAH *

Learn English at Home (LEAH) is for students who cannot come regularly to class. Study English at home online. Then meet with a teacher weekly for 30 minutes.

Register for a placement test online at www.paaadultschool.org OR in-person at ESL Office at the Cubberley Campus I-Building 2nd floor.

The placement test is in-person. For more information, please call (650) 494-2326.

¿Necesitas ayuda en español? Deje un mensaje al 650-494-2326.

COLLEGE AND CAREER READINESS

JOB SEARCH SKILLS FOR ESL STUDENTS (Non-native English Speakers) *

Instructor: Susan Silver, ssilver@pausd.org

Prerequisite: For advanced English language learners

In this class, you will learn to complete a job application, write a basic resume, practice job interview skills, and more! Students enrolled in this class will also be working with Kathilynn Lehner as her clients for individualized job search coaching services through the Palo Alto Adult Ed Work Readiness course.

10 wks / September 12–November 16
Tuesday and Thursday / 1:15–3:15 p.m.
Cubberley Campus I-Building 2nd Floor / No Fee *

Teacher will schedule an in-person English test with students for this state-supported class.

TRANSITIONS TO COLLEGE AND CAREER TRAINING (Non-native English Speakers) *

Instructor: Margaret Bdzil, mbdzil@pausd.org

Prerequisite: For advanced level English language learners. Must be eligible to attend college in the US to enroll.

Prepare for the next step in your education or career!

TRANSITIONS TO COLLEGE & CAREER TRAINING FOR ESL STUDENTS (Online)

In this 4-meeting workshop, you will explore educational goal setting, community college and career educational programs, how to apply to college, and more!

4 Sessions / October 27–December 1 (No class November 10 & November 24)
Friday / 10 a.m.–12:30 p.m.
Live Online / No Fee *

Teacher will schedule an in-person English test with students for this state-supported class.

INFORMATION MEETING ONLINE VIA ZOOM • Friday, October 20, 2023 • 10–11 a.m.

Are you interested in the Transitions workshop, but you have questions? Come to an Information meeting!

Email Ms. SriPriya Kannan, skannan@pausd.org or call the ESL Office at (650) 494-2326.

If you have questions, or want to register for this workshop, please call the ESL office at 650-494-2326.

* Partially or fully state-funded
Fall 2023 ESL Writing Academy
September 7 – November 3, 2023

ESL Writing Academy — IN-Person

Write for life! Whether it's a simple email, a thank-you note, or a complex essay or report, our ESL Writing Academy classes will help you with content, organization, tone, and purpose.

The Academy offers three levels of classes, beginning with the basics of sentence creation, paragraph development, and essay writing. When you complete the required assignments, you can earn Certificates of Achievement and/or Proficiency.

The teacher will schedule an in-person CASAS test with students for this state-supported class. For more information, please call (650) 494-2326.

Fundamentals of Writing

Instructor: Adult School Staff
Prerequisite: For students who are at the high beginning to intermediate level
Practice writing sentences and developing coherent paragraphs with the goal of writing about your own life experiences. Guidance will also be given on correct grammar and word choice.

Section A
9 wks / September 8–November 3
Friday / 9:30 a.m.–12 noon
Cubberley Campus I-Building 2nd Floor / No Fee *

Section B
9 wks / September 7–November 2
Thursday / 7–9 p.m.
Palo Alto HS Rm 220 / No Fee *

Fundamentals of Writing II — Writing Paragraphs *

Instructor: Adult School Staff
Prerequisite: For students who are at the intermediate to advanced level
Learn how to write well-developed and cohesive paragraphs. This class will focus on how to choose and organize content, connect ideas, and use supporting details to address a topic.

Section A
9 wks / September 8–November 3
Friday / 9:30 a.m.–12 noon
Cubberley Campus I-Building 2nd Floor / No Fee *

Section B
9 wks / September 7–November 2
Thursday / 7–9 p.m.
Palo Alto HS Rm 220 / No Fee *

Fundamentals of Writing III — Paragraphs to Essays *

Instructor: Adult School Staff
Prerequisite: For students who are at the advanced level
Learn how to plan, develop, and edit a five-paragraph essay with an introduction, thesis statement, body paragraphs, and conclusion. This class will prepare you for business and academic writing.

9 wks / September 8–November 3
Friday / 9:30 a.m.–12 noon
Cubberley Campus I-Building 2nd Floor / No Fee *
**ADVANCED SPEAKING AND READING**  
Instructor: Sharon Hampel, shampel@pausd.org  
Prerequisite: For Advanced English language learners  
In this class, you will read, listen to, and watch (on video) short stories about the personal challenges of people from around the world. Then we will have lively class discussions about the short stories. This class will focus on speaking, reading/vocabulary, and writing skills through viewing, reading, and discussing these *Moth Radio Hour* stories. Textbook: *All These Wonders: True Stories about Facing the Unknown*, Catherine Burns, ed. Crown Press, 2017. ISBN: 978-1101904404.

7 wks / September 13–October 25  
Wednesday / 7–9 p.m.  
Palo Alto HS Rm 216 / $130

**ESL BOOK CLUB**  
Instructor: Simone Wojtowicz, swojtowicz@pausd.org  
Prerequisite: For advanced English language learners  
Do you love to read? Do you want to increase your conversational fluency, boost your vocabulary, and improve your grammar? Join the book club and have fun developing your English skills while learning about American values. We will discuss the book’s themes, vocabulary, and cultural references. Please email the teacher for the name of the book.

8 wks / September 14–November 9 (No class October 26)  
Thursday / 9:30–11:30 a.m.  
Herbert Hoover Elementary School Rm 8 / $148

**AMERICAN IDIOMS 101**  
Instructor: Simone Wojtowicz, swojtowicz@pausd.org  
Prerequisite: Intermediate high to advanced English language learners  
This class is ideal for students who want to develop their reading, listening, speaking and writing skills while becoming familiar with many useful English expressions. Do you want to increase your vocabulary? Improve your TOEFL score? Use idioms in conversation? We will dissect the top 300 idioms used on the TOEFL test in addition to discussing metaphorical language. No textbook.

8 wks / September 12–November 7 (No class October 24)  
Tuesday / 9:30–11:30 a.m.  
Herbert Hoover Elementary School Rm 8 / $148

**ELEMENTS OF STYLE IN WRITING AND GREAT AMERICAN SONGS**  
Instructor: Sharon Hampel, shampel@pausd.org  
Prerequisite: For advanced English language learners  
Elements of classic American writing style will be paired with great American songs to learn and use idioms, colorful language, and dramatic style.

9 wks / September 8–November 3  
Friday / 12:15–1:15 p.m.  
Cubberley Campus I-Building 2nd Floor / $83

**BUSINESS COMMUNICATIONS**  
Instructor: Katherine Barg, kbarg@pausd.org  
Prerequisite: Intermediate to advanced English language learners  
Business Communications emphasizes the English skills needed to communicate effectively in the American workplace. These include interpersonal, non-verbal, common business jargon, listening and oral presentation skills. The class also covers changing digital capabilities, common business platforms,...and more! See website.

6 wks / November 2–December 14 (No class November 23)  
Thursday / 6:30–9 p.m.  
Live Online / $139

**FOCUS ON PRONUNCIATION AND LISTENING**  
Instructor: Sue Stevick, sstevick@pausd.org  
Prerequisite: High intermediate or advanced English skills (non-native speakers)  
Speak more clearly and confidently and improve your listening skills. Master the four most important features of English pronunciation: Stress in words and sentences, intonation, rhythm, and linking. The instructor will provide a written personalized evaluation of your pronunciation skills. Required textbook can be purchased in the Adult School office before the first class.

**NEW**  
SECTION A  
8 wks / September 12–October 31  
Tuesday / 6:30–8:30 p.m.  
Live Online / $148

**SECTION B**  
8 wks / September 14–November 2  
Thursday / 9:30–11:30 a.m.  
Live Online / $148

**LET’S TALK!**  
Instructor: Sharon Gloster, seshel@pausd.org  
Prerequisite: For advanced English language learners  
Practice your conversation skills and build confidence in speaking English. This course will give you lots to talk about including everyday news as well as several real-life topics (such as education, jobs, the stock market, health, etc.) based on student interests. Learning and practicing everyday expressions and vocabulary plus pronunciation, and grammar tips will improve your fluency.

8 wks / September 18–November 13 (No class September 25)  
Monday / 9:30 a.m.–12 noon  
Herbert Hoover Elementary School Rm 8 / $185

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* Partially or fully state-funded

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**BE A VOLUNTEER ESL TUTOR**  
Help Someone Learn English

For information, please contact:  
ESL Volunteer Tutor Program Manager,  
Anjani Sarma: asarma@pausd.org
ENGLISH ENRICHMENT

TIME TO TALK: CONVERSATION STRATEGIES...AND MORE!
Instructor: Susan Silver, ssilver@pausd.org
Prerequisite: For intermediate to low advanced English language learners
Improve your practical conversation skills, pronunciation, and listening skills! This class is ideal for intermediate to low-advanced level ESL students who want to focus on improving their speaking skills and build confidence in speaking in everyday situations. At every class meeting, we will use conversation drills, pair work, and small group activities to practice and improve your English skills. You will learn conversation strategies to help you with many of the speaking situations in your everyday life.

9 wks / September 20–November 15
Wednesday / 1–3 p.m.
Cubberley Campus I-Building 2nd Floor / $148

CREATIVE WRITING WORKSHOP
( Hybrid with Reading as a Writer )
Instructor: Chana Feinstein, cfeinstein@pausd.org
Prerequisite: Have previously taken Creative Writing class at Palo Alto Adult School or have permission from instructor
Learn to be a better writer in this online class! Express yourself through poetry, memoirs, short stories, essays, creative non-fiction or whatever you prefer. This workshop encourages you to present your work and receive constructive feedback in a helpful, supportive environment.

10 wks / September 14–November 16
Thursday / 6–8:30 p.m.
Live Online / $85 *

US HISTORY AND CULTURE
Instructor: Simone Wojtowicz, swojtowicz@pausd.org
Prerequisite: Intermediate high to advanced English language learners
This class is ideal for students who want to improve their English skills while becoming familiar with many interesting aspects of US history and culture. We address why Americans think and behave the way they do and the foundation for some of their attitudes and values such as the importance of competition and hard work. Required textbook can be purchased in the Adult School office before the first class.

8 wks / September 13–November 8 (No class October 25)
Wednesday / 9:30–11:30 a.m.
Herbert Hoover Elementary School Rm 8 / $148

GENERAL INTEREST

CREATIVE WRITING:
WRITERS MENTORING WRITERS
Instructor: Sam Kauffman, samksongs@aol.com
Prerequisite: None
Learn to be a better writer! Share your ideas, feelings, and experiences with others. Express yourself through poetry, memoir, short stories, essays, creative non-fiction or whatever you prefer. There will be time during class to write based on writing prompts. Class time is allotted for looking at writing basics such as metaphor, character development, plot development, foreshadowing, and other techniques. Limit 10 students.

10 wks / September 13–November 15
Wednesday / 1–3:30 p.m.
Cubberley Campus I-Building 2nd Floor / $85 *

VOICE-OVERS: NOW IS YOUR TIME! (See page 3)

PLAYWRITING 101
Instructor: Diana Barnes, ecrivan@gmail.com
Prerequisite: None
Learn to write a short play and discover interesting characters, insights into human nature, and joy. Your memories and creativity will take us on an inspiring journey. You just need the courage to try. Bring a notebook, pen, and laptop (optional), to the first class. We will do some in-class writing. Be daring and have fun—you never know what's in you 'til you open the door!

6 wks / September 12–October 17
Tuesday / 6–8 p.m.
Palo Alto HS Rm 202 / $111

GENEALOGY WORKSHOP
Instructor: Rachel Kellerman, rkellerman@pausd.org
Prerequisite: None
Are you new to family history research or looking for a place to hone your skills and explore resources? Then this workshop is for you! Each week we will focus on particular topics/resources followed by a work period. Bring your research questions and works-in-progress to share. Website to follow – Ancestry.com subscription helpful but not required.

SECTION A
8 wks / September 13–November 8 (No class October 11)
Wednesday / 1–3 p.m.
Cubberley Campus I-Building 2nd Floor / $148

SECTION B
8 wks / September 13–November 8 (No class October 11)
Wednesday / 6:30–8:30 p.m.
Palo Alto HS Library / $148

US HISTORY AND CULTURE
Instructor: Simone Wojtowicz, swojtowicz@pausd.org
Prerequisite: Intermediate high to advanced English language learners
This class is ideal for students who want to improve their English skills while becoming familiar with many interesting aspects of US history and culture. We address why Americans think and behave the way they do and the foundation for some of their attitudes and values such as the importance of competition and hard work. Required textbook can be purchased in the Adult School office before the first class.

8 wks / September 13–November 8 (No class October 25)
Wednesday / 9:30–11:30 a.m.
Herbert Hoover Elementary School Rm 8 / $148
HEALTH AND FITNESS

ABS AND BOOTY BUSTER
Instructors: Amy Chan, achan@pausd.org
Prerequisite: None
After one session of Abs and Booty Buster we guarantee you’ll see results! Designed to strengthen and tone your core, glutes, and back. This super effective 60-minute workout will transform your body! Come join the fun with Amy and start getting into shape! Bring a yoga mat, 3-5 lbs weights, stretching band, and water bottle.
10 wks / September 11–November 15 (No class October 9)
Monday and Wednesday / 7:30–8:30 p.m.
Cubberley Campus 1st Building / $185

AIKIDO
Instructor: Fushan Yuan, fyuan@pausd.org
Prerequisite: None
Train mind and body in the dynamic art of Aikido with Hombu Dojo’s Shiohira Shihan, 7th Dan, and senior students. The Japanese martial art of Aikido is a comprehensive system of throwing, joint locking, striking and pinning techniques that foster strength, flexibility, presence of mind, and cooperative movement. We practice to improve awareness and work on conflict de-escalation within and around ourselves. Training Aikido provides an opportunity to find grounding in today’s hectic world. Learn to relax in the face of stress, ground yourself during anxiety, and gain tools to move through the world with confidence.
13 wks / September 12–December 16
(No class November 21-25)
Tuesday and Thursday / 6:30–8 p.m. and Saturday / 10–11 a.m.
J.L. Stanford Middle School Rm 910 / $220

LINE DANCING
Instructor: Kent You, kent.you@gmail.com and Sandy Hsu
Prerequisite: None
Exercise your brain and body while enhancing balance as you learn new steps. Dance to a wide variety of international Music – including pop, classical and seasonal songs. No partner needed. Beginners welcome. Line dancing is a fun, great way to exercise!
5 wks / October 16–November 13
Monday / 6:30–7:30 p.m.
Palo Alto HS Student Center / $60

TAI CHI: CHEN STYLE
Instructor: Lisette Yung, cyung@pausd.org
Prerequisite: None
Learn the traditional Chen Style first form (Taijiquan). Practice the continuous movements which helps develop balance, body coordination and strength and the understanding of basic Tai-Chi principals. Improve mind, health, body alignment and daily movement.
8 wks / September 20–November 8
Wednesday / 7:30–8:30 p.m.
Palo Alto HS Dance Studio / $74

YOGA AND MEDITATION
Instructor: Kamal Vilms, kvilms@pausd.org
Prerequisite: None
Gently stretch, relax and energize your body with yoga poses that cultivate balance, inner awareness, and mobility and release muscle tension. Regular yoga practice can improve health in many ways from stress reduction to increased flexibility and improved breathing. Bring a yoga mat. Limit 12 students.
9 wks / September 11–November 6
Monday / 5–6:30 p.m.
Palo Alto Rm 110 / $125

ZUMBA
Instructor: Amy Chan, achan@pausd.org
Prerequisite: None
Learn different dance styles including: Tango, Flamenco, Cha Cha Cha, Salsa, K-Pop, Bollywood, Belly Dancing and more! Zumba helps improve your balance, coordination, and memory. No partner required. Come join the party, make new friends, and bring a water bottle to class!
10 wks / September 11–November 15 (No class October 9)
Monday and Wednesday / 6:30–7:30 p.m.
Cubberley Campus 1st Building / $185

* Awesome Zumba teacher. She really makes the class fun.*
Tessie Anderson

NEW TEACHERS WELCOME!
If you would like to become an Adult School instructor, call (650) 329-3752 for an application. For more information on how to apply, visit PAAdultschool.org/new-instructors-welcome

* Partially or fully state-funded
GARDENING IN FALL
Instructor: Sherri Bohan, sbohan@pausd.org
Prerequisite: None
This class offers an array of concepts and practices that will help you create a thriving water-wise home garden. Get practical advice and learn professional strategies to grow and maintain your fall garden, and methods to plan next year’s water saving garden. Use natural low-toxic products for healthy rose, citrus, and fruit tree care, dormant pruning, and buying spring flowering bulbs.
12 wks / September 13–December 6 (No class November 22)
Wednesday / 10 a.m.–12 noon
Live Online / $85*

"In my Gardening in Fall class, I learned about organic gardening, soil nutrients, and water conservation. I now focus on caring for the garden, especially growing organic vegetables to eat, mulching, and protecting plants in cold weather."

Frances Monroe

NATURE SCIENCE HIKES
Instructor: Environmental Volunteers, communityprograms@evols.org
Prerequisite: None
Join some of Environmental Volunteers’ most knowledgeable nature-science educators on 3 explorations of local open spaces. Each 2-hour hike will be at a different location, and each will focus on learning about a different environmental topic. The pace of the hikes will be easy, with semi-frequent stops to discuss subjects. Distance traveled may vary, but expect from 1 – 3 miles. Limit 12 students.
3 wks / See Dates Below
Saturday / 10–12 noon
Various Locations (see below) / $60

Dates, locations, and topics:
- September 23: Stevens Crk County Park (Climate Change)
- October 28: Los Trancos (Earthquake Geology)
- November 18: Baylands Nature Preserve (Tidal Ecology)

IS AN ELECTRIC CAR RIGHT FOR YOU?
Instructor: Jim Barbera, Jane Rosten, and Marc Geller (EVucation LLC), info@evucation.com, http://www.evucation.com
Prerequisite: None
Are you considering acquiring an electric vehicle (EV) and want real information versus a sales pitch? Come hear from seasoned EV experts. Questions answered: difference between all-electric and plug-in hybrid EVs; EV charging; range concerns; buying vs. leasing; new vs. used; help from IRA legislation; environmental, economic, personal benefits, and more!
One Session / November 2
Thursday / 6:30–8:30 p.m.
Palo Alto HS MAC (**Session also offered on Zoom**)/ $30

MANAGING YOUR REMODELING PROJECT LIKE A PRO
Instructor: Mollyanne Sherman, mollyanne@macdesignstudio.com
Prerequisite: None
Learn the steps, be aware of the process and obtain the knowledge that gets you the home of your dreams! It is not just about surviving but attaining the home you dream about. We will address the steps from beginning to end, and the resources available to you. There is a $30 supply fee payable to the instructor.
5 wks / September 12–October 10
Tuesday / 6:30–9 p.m.
Palo Alto HS Rm 1707 / $116

Do you want to win a FREE class?

Let us know about your recent class and how you are using your new skills!
Submit your story to adultschool@pausd.org before November 4th, 2023 for a chance to win a free Winter ‘24 class.
HOME AND ENVIRONMENT

UPHOLSTERY: BASIC TECHNIQUES
Instructors: Kathleen Koenig, kkoenig@pausd.org, Isabelle Trainer, itrainer@pausd.org, Shelly Kim, shkim@pausd.org, Tracey Wyatt, twyatt@pausd.org, and Pam Jaradeh, pjaradeh@pausd.org
Prerequisite: None
Learn how to reupholster your chair or ottoman from start to finish using a mix of traditional and modern techniques. You will guided through the entire process of reupholstering your project. While having some sewing/crafting experience can be helpful, it is not a requirement to enroll. A simple project is recommended for new students. If you have an old piece of furniture you would like to salvage, come check us out! Limit 20 students.

SECTION A
10 wks / September 12–November 14
Tuesday / 9 a.m.–1 p.m.
Palo Alto HS Rm 904 / $358

SECTION B
10 wks / September 14–November 16
Thursday / 9 a.m.–1 p.m.
Palo Alto HS Rm 904 / $358

MUSIC

GUITAR: INTRO
Instructor: Yuri Liberzon, yuri.liberzon@aya.yale.edu
Prerequisite: None
Join us to get introduced to the world of music and guitar. We will learn music fundamentals such as rhythm and standard notation. Will cover ergonomics of playing guitar and proper posture and proper technique. Expect to play in an ensemble with other classmates as well as individually. It’s never too late to begin! Come and discover what you can do with your guitar! Bring your own guitar.
Limit 12 students.

10 wks / September 13–November 15
Wednesday / 7–8:30 p.m.
Palo Alto HS Haymarket Theater / $93

GUITAR: INTERMEDIATE
Instructor: Yuri Liberzon, yuri.liberzon@aya.yale.edu
Prerequisite: Some musical experience and ability to read music recommended
This class is designed for students who have had some music experience in the past (doesn’t have to be guitar). You will pick up from playing single line melodies and progress to playing more notes simultaneously. You will also be working on proper technique, posture, rhythm, music reading and other musicianship skills. Bring a classical guitar to class. Limit 12 students.

10 wks / September 13–November 15
Wednesday / 6–7 p.m.
Palo Alto HS Haymarket Theater / $139

MASTER SINFONIA CHAMBER ORCHESTRA
Instructor: David Ramadanoff, info@mastersinfonia.org, www.mastersinfonia.org
Prerequisite: Students must have advanced technical and music skills on an orchestral instrument.
The Master Sinfonia Chamber Orchestra will rehearse and perform works ranging from classics such as Mozart, Beethoven, Brahms, to 20th Century composers.
The orchestra’s fall 2023 concert will be performed on Saturday, October 14, at 7:30 p.m. in the Palo Alto High School Performing Arts Center. Applicants must audition with the instructor, David Ramadanoff, before attending the first orchestra rehearsal. Contact him at info@mastersinfonia.org for more details.

10 wks / September 14–November 16
Thursday / 7:30–10 p.m.
Los Altos United Methodist Church / $55

* Partially or fully state-funded

In the Upholstery class, I made nice furniture, kept lots of chairs out of the landfill, and enjoyed doing it.”
Sippie Dykstra
Esthetician (retired)
MUSIC

ODAIKO
Instructor: Kensuke Sumii, info@drumrevolution.com
Prerequisite: Age 15+. Students must also be currently enrolled in Taiko I class
(For continuing students.) This class is designed for individuals with stamina to hit Odaiko (big Taiko) for one hour. Odaiko will help build up stamina, rhythmic competence and speed to hit Taiko. New students must audition before registering for class. Please contact the instructor prior to registration. All equipment, including drums and sticks, are provided. NOTE: Odaiko is a physical activity requiring fitness and stamina. It requires peak physical conditioning and flexible joints and muscles. Individuals with physical concerns should check with their physician before enrolling in this class. All students will be required to sign a waiver of liability. There will be a materials fee payable to the instructor at the first class to cover the drumheads replacement.

SECTION A
6 wks / August 27–October 8 (No class September 17)
Sunday / 7–8 p.m.
Palo Alto HS Student Center / $30 (plus $30 materials fee)

SECTION B
9 wks / October 15–December 17 (No class November 24)
Sunday / 7–8 p.m.
Palo Alto HS Student Center / $45 (plus $45 materials fee)

PIANO: BEGINNING/INTERMEDIATE
Instructor: Kathy Woveris, kwoveris@gmail.com
Learn to play music in a fun environment using the provided keyboards. Instruction includes basic notes, rhythm, theory and finger exercises as well as chords and scales. You will need a keyboard at home to practice on, or you can rent a keyboard. Textbook: Adult All-In-One Course: Lesson-Theory-Technic: Level 1 Fundamentals of Piano Theory-Preparatory Level. Bring textbook to first class, or purchase one from the teacher that same night. Note: No perfumes or scented hair products of any kind in class due to the instructor’s allergies. Limit 10 students.

SECTION A: Beginning
9 wks / September 13–November 8
Wednesday / 5:30–6:30 p.m.
Palo Alto HS Rm 305 / $83

SECTION B: Beginning/Intermediate
9 wks / September 13–November 8
Wednesday / 6:30–7:30 p.m.
Palo Alto HS Rm 305 / $83

SECTION C: Intermediate
9 wks / September 13–November 8
Wednesday / 7:30–8:30 p.m.
Palo Alto HS Rm 305 / $83

TAIKO I
Instructor: Kensuke Sumii, info@drumrevolution.com
Prerequisite: Age 15+
Taiko is the art of Japanese drumming, which develops self-expression and musical creativity. This course engages in Uchikomi based practice. You should have a sense of rhythm and/or stamina to hit drums for two hours. All equipment – including drums & sticks – are provided. There will be a materials fee payable to the instructor at the first class to cover the drum heads replacement. Before registering, see website for more important information. Limit 24 students.

SECTION A (Open to all students)
6 wks / August 30–October 11 (No class September 27)
Wednesday / 8–10 p.m.
Palo Alto HS Rm 109 / $60 (plus $110 materials fee)

SECTION B (Continuing students only)
9 wks / October 18–December 20 (No class November 22)
Wednesday / 8–10 p.m.
Palo Alto HS Rm 109 / $90 (plus $165 materials fee)

VIOLIN: INTRO
Instructor: Dr. Chag-Hee Lee, chlee@pausd.org
Prerequisite: None
Have you ever dreamed of playing the violin? Then this class is for you! You will learn the basic techniques of playing violin by demonstrating and understanding the repertoire presented and assigned in class. Bring your own violin. See website for class materials. Limit 12 students.

9 wks / September 12–November 14 (No class October 26)
Tuesday / 7–8:30 p.m.
Palo Alto HS Rm 109 / $125
ONLINE COURSES WITH ED2GO

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- Accounting Fundamentals
- Administrative Assistant Fundamentals
- Blogging and Podcasting
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- Intermediate Quickbooks
- Managing Remote Teams
- Mastering Public Speaking
- Paralegal Preparation I
- Real Estate Law
- Using Social Media in Business

To sign up and view more courses that interest you, please visit our Online Instruction Center:

www.ed2go.com/paloalto or call the Palo Alto Adult School: (650) 329-3752

New course sessions begin monthly.

PARENTING AND FAMILY

For 75 years, we have offered preschool programs organized primarily for parent education. Parents develop a deeper understanding of early childhood development and parenting skills through adult discussion classes, formal and informal observations, and community exchanges. Our unique participatory structure allows parents to be involved in their children's preschool education.

PRESCHOOL FAMILY

4120 MIDDLEFIELD ROAD • PALO ALTO, CA 94303-4741 • (650) 856-0833
INSTRUCTOR: PRESCHOOL FAMILY STAFF

PreSchool Family is a parent education, parent participation program serving families with children from birth through five years. The program is designed to offer parents an opportunity to learn about parenting and to actively participate in their child’s education. For children, the program offers a developmentally appropriate, play-based, educational experience. Parents join their child for one class each week during September–May regardless of the age of the child.

Parent education is the heart of our program and consistent parent participation is required in both the child and the adult classes. We are committed to supporting the welfare of the whole family. Through our program, parents develop a sense of community and strength by working with other parents and their children. We strive to enhance each child’s natural curiosity and love of learning.

Programs offered for the 2023-2024 school year:

- **Parent and Me Classes:**
  - **3–12 Month Old Class:** Wednesday 10 a.m.–12 noon & Parent class monthly Thursday, 7:30–9:30 p.m.
  - **12–24 Month Old Class:** Thursday 9:30–11:30 a.m. & Parent class Wednesday, 7:30–9:30 p.m.
  - **12–24 Month Old Class:** Friday 9:30–11:30 a.m. & Parent class Thursday, 7:30–9:30 p.m.
  - **2–3 Year Old Dinner Class:** Wednesday 4–6 p.m.

- **Parent Participation PreSchool Classes:**
  - **2 Year Old Class:** Monday and Wednesday 9:30 a.m.–12 noon & Parent class Wednesday, 7:30–9:30 p.m.
  - **2 Year Old Class:** Tuesday and Thursday 9–11:30 a.m. & Parent class Thursday, 7:30–9:30 p.m.
  - **3 Year Old Class:** Monday, Wednesday, & Friday 9–12 noon. & Parent class Wednesday, 7:30–9:30 p.m.
  - **3 Year Old Stay and Play Class:** Monday, Wednesday & Friday 9 a.m.–12 noon & Parent class Monday, 11:45 a.m.–2:15 p.m.
  - **4 Year Old Class:** Monday–Thursday 9 a.m.–12:30 p.m. & Parent class Tuesday, 7–9 p.m.
  - **4 Year Old Stay and Play Class:** Monday–Thursday 9 a.m.–12:30 p.m. & Parent class Tuesday, 12–2:30 p.m.
  - **4 Year Old Opt-In 5th Day:** Friday 9 a.m.–12 noon

For information about 2023-2024 classes and registration, please visit https://greendell.pausd.org/programs/preschool-family

Follow PreSchool Family at
instagram.com/preschoolfamily and twitter.com/preschoolfamily

PreSchool Family phone: (650) 856-0833
PARENTING AND FAMILY

DreamCatchers engages the next generation of leaders in helping low-income PAUSD middle school students to thrive. Stanford undergrads and high schoolers provide free after school tutoring/mentorship. We are currently looking for individual and business volunteers to support our youth-driven efforts.

For more information, please visit www.dreamcatchersyouth.org

PHOTOGRAPHY

FUNDAMENTALS OF PHOTOGRAPHY
Instructor: Liz Crandall, ecrandall@pausd.org
Prerequisite: None
Take control of your camera! Investigate dials, icons and screens on your camera and learn how to use them. Improve your photography through exploring and understanding the exposure triangle, visual elements and compositional guidelines. Achieve skillful use of photographic concepts by completing weekly assignments. All camera types welcome.
8 wks / September 18–November 6
Monday / 7:30–9:30 p.m.
Palo Alto HS Rm MAC 102 / $148

BLACK & WHITE DARKROOM: BEGINNING
Instructor: Liz Crandall, ecrandall@pausd.org
Prerequisite: Prior black and white darkroom experience
Discover the art of making traditional black and white prints in the photographic darkroom. Learn about photographic chemistry and basic printing techniques, such as exposure, controlling contrast, burning, and dodging. Bring 35mm negatives, B&W “RC” photographic paper and a blotter book to the first class. Full materials list and standard darkroom chemicals will be provided.
Limit 5 students.
8 wks / September 19–November 7
Tuesday / 7–9:30 p.m.
Palo Alto HS Rm MAC 102 / $185

BLACK & WHITE DARKROOM: ADVANCED
Instructor: Liz Crandall, ecrandall@pausd.org
Prerequisite: Prior black and white darkroom experience
Enhance and sharpen your darkroom skills, and express, expand and realize your unique artistic vision by creating your own photographic projects. Troubleshoot prints to reduce variables and gain more control over your printing technique. Use compositional guidelines to view prints critically yet artistically. Bring negatives, photographic paper and blotter book to first class. Full materials list and standard darkroom chemicals will be provided.
Limit 6 students.
8 wks / September 18–November 6
Monday / 6:30–9:30 p.m.
Palo Alto HS Rm MAC 102 / $222

WOODWORKING

WOODWORKING 1: BUILD A TABLE
Prerequisite: None
Develop woodworking skills while building a table from rough wood using power tools. The class will focus on safety, project planning, and understanding the medium of wood. There will be a materials fee ($50-$80) payable to the instructor to cover the cost of wood. Storage space is available for projects during the quarter. You will need safety glasses and hearing protection is highly recommended. No textbook. Materials will be emailed before the class.

SECTION A
Instructors: Derek Witte, dwitte@pausd.org, and Sumit Roy, sroy@pausd.org
10 wks / September 13–December 6 (No class October 11, October 18, and November 22)
Wednesday / 1:30–4:30 p.m.
Palo Alto HS Woodshop / $278

SECTION B
Instructors: Rayan Ghazal, rayan@stanford.edu, and Alex Granieri, agranieri@pausd.org
10 wks / September 14–November 16
Thursday / 6:30–9:30 p.m.
Palo Alto HS Woodshop / $278

SECTION C
Instructors: Marty Lastowski, mlastowski@pausd.org
10 wks / September 15–November 17
Friday / 6:30–9:30 p.m.
Palo Alto HS Woodshop / $278

NEW "In the Photography: Adv. Black/White Darkroom class, I was able to select negatives with good exposures and compositions, and use darkroom techniques to produce great photographs. I was able to print many negatives taken in Japan that I hope I can exhibit at San Francisco Japan Town." Bill Jaynes

FUNDAMENTALS OF PHOTOGRAPHY
Instructor: Liz Crandall, ecrandall@pausd.org
Prerequisite: None
Take control of your camera! Investigate dials, icons and screens on your camera and learn how to use them. Improve your photography through exploring and understanding the exposure triangle, visual elements and compositional guidelines. Achieve skillful use of photographic concepts by completing weekly assignments. All camera types welcome.
8 wks / September 18–November 6
Monday / 7:30–9:30 p.m.
Palo Alto HS Rm MAC 102 / $148
WOODWORKING 2: INTRODUCTION TO HAND TOOLS
Instructors: Sumit Roy, sroy@pausd.org and Claude Godcharles, cgodcharles@pausd.org
Prerequisite: Woodworking 1—No Exceptions
Learn how to set up, maintain, and use hand tools for fine woodworking. Use basic layout tools, bench chisels, pull saws, and block planes to create a Mortise and Tenon joint. Then build a small toolbox to practice your skills. The goal of this class is to develop hand tool techniques that complement your knowledge of power tools from Woodworking 1. Instructor approval is required to register. Contact sroy@pausd.org for details. There is a materials fee of $40 payable to the instructor at the first class. Expect to invest $300+ prior to the beginning of class to acquire your tools. A recommended tool list will be available from the instructor.
10 wks / September 12–November 14
Tuesday / 1–4 p.m.
Palo Alto HS Woodshop / $278

WOODWORKING 2: HOLIDAY PROJECTS
Instructors: Marcus Miller, wmmiller2@yahoo.com and Mary Ann Carmack, macysoybean@gmail.com
Prerequisite: Woodworking 1—No Exceptions
Learn new skills and new tools while making several small projects suitable for gift giving. This class will focus on allowing you to try out the bandsaw, lathe and routers while continuing to reinforce what was learned in Woodworking 1. Make an inlay cutting board, turn a pen, craft a handheld mirror among and other projects. You will experience working with a variety of hardwoods to make beautiful pieces suitable for presents or to keep. There will be a materials fee payable to the instructor on the first day of class.
10 wks / September 12–November 14
Tuesday / 6:30–9:30 p.m.
Palo Alto HS Woodshop / $278

WOODWORKING 3 PROJECT: MAKE A CHEESE KNIFE OR LETTER OPENER
Instructors: Michael Osborne, mo@modsf.com, and Claude Godcharles, cgodcharles@pausd.org
Prerequisite: Woodworking 1 & 2
In this class you will use a combination of power tools and hand tools to make a beautiful wooden cheese knife, butter knife, or letter opener. You will learn how to shape with a rasp, and work with a variety of stunning hardwoods! There will be a materials fee of $20 payable to the instructor at the first class meeting.
3 wks / September 14–September 28
Thursday / 2–5 p.m.
Palo Alto HS Woodshop / $83

WOODWORKING 3 PROJECT: WOODWORKING DESIGN — DESIGN AND MAKE A WOOD BOX
Instructors: Michael Osborne, mo@modsf.com, and Claude Godcharles, cgodcharles@pausd.org
Prerequisite: Woodworking 1 & 2
In this class you will use a combination of power tools and hand tools to design and build a unique wooden box of your own creation. Emphasis will be given to the design of all elements of the box including wood choice, corner joinery, top/lid construction, handle vs no handle, interior treatment, etc. There will be a materials fee of $30 payable to the instructor at the first class meeting.
7 wks / October 5–November 16
Thursday / 2–5 p.m.
Palo Alto HS Woodshop / $194

WOODWORKING 3: ADVANCED WOODWORKING TECHNIQUES
Instructors: Claude Godcharles, cgodcharles@pausd.org, Sumit Roy, sroy@pausd.org, and Aaron Straight, astraight@pausd.org
Prerequisite: Woodworking 1 & 2 — No Exceptions
Come work on your own project, while learning setup and techniques for power tools and hand tools! This class includes short tutorials as well as open shop time to work on your personal project under supervision. Students supply their own materials. Storage space for projects is available during the quarter. Textbook (recommended): Woodworking Basics by Peter Korn can be purchased in the Adult School office.
SECTION A
10 wks / September 11–November 13
Monday / 2–5 p.m.
Palo Alto HS Woodshop / $278
SECTION B
10 wks / September 11–November 13
Monday / 6:30–9:30 p.m.
Palo Alto HS Woodshop / $278

WOODWORKING 4: ADVANCED — OPEN SHOP
Instructors: Rayan Ghazal, rayan@stanford.edu, and Sharad Patel, spatel@pausd.org
Prerequisite: Three quarters of Woodworking classes
Work at your own pace with access to instruction, equipment and advice when you need it. A skills test will be given at the first class. Students supply their own materials. Storage space is available for projects during the quarter. Please email instructor at rayan@stanford.edu prior to enrolling.
10 wks / September 13–November 15
Wednesday / 6:30–9:30 p.m.
Palo Alto HS Woodshop / $278
WORLD LANGUAGES

CHINESE: BEGINNING
Instructor: Lucia Wu, wwu@pausd.org
Prerequisite: None
Learn the most popular language in the world. Be able to speak accurately with tones from the start. At the end of the quarter, you will be able to recognize all the phonetic elements, read and speak Chinese through phonetics, and conduct simple conversations. Characters will be introduced in the second quarter. This class is ideal for parents who want to help their children who are studying Chinese in school. Required textbook (Chinese Express: Book 1) can be purchased in the Adult School office.
10 wks / September 12–November 14
Tuesday / 7:30–9:30 p.m.
Palo Alto HS Rm 309 / $237

CHINESE: INTERMEDIATE
Instructor: Lucia Wu, wwu@pausd.org
Prerequisite: One year of Chinese or equivalent, ability to properly read Chinese phonetics with tones, and knowledge of some basic grammar and characters
Learn the most popular language in the world. Explore modern China through various popular topics about the modern generation. Continue to expand vocabulary, grammar. Class includes individual presentation, small group and whole class interaction, listening comprehension, translation exercises and characters reading. 300 characters will be introduced. Required textbook (Chinese Express: Book 2) can be purchased in the Adult School office..
10 wks / September 12–November 14
Tuesday / 5:30–7:30 p.m.
Palo Alto HS Rm 309 / $237

FRENCH: BEGINNING
Instructor: Pary Sarraf, pary.sarraf@gmail.com
Prerequisite: Beginning I (Sec. A)–None; Beginning II (Sec. B)–French Beginning I or equivalent
Bonjour!
Students with no French instruction will learn the fundamentals of French pronunciation and will develop basic everyday conversational skills with focus on phonetics, grammar, listening comprehension, reading and writing exercises. The students will also become familiar with French culture and customs. Order book prior to first class. Textbook from Amazon: Dis-moi! (ISBN: 0-673-21627-6).
SECTION A: Beginning I
10 wks / September 19–December 5
(No class October 17 and November 21)
Tuesday / 9:30–11:30 a.m.
Live Online / $185
SECTION B: Beginning II
10 wks / September 18–December 4
(No class October 16 and November 20)
Monday / 6–8 p.m.
Live Online / $185

FRENCH: INTERMEDIATE
Instructor: Pary Sarraf, pary.sarraf@gmail.com
Prerequisite: French Beginning II or equivalent
10 wks / September 19–December 5
(No class October 17 and November 21)
Tuesday / 6–8 p.m.
Live Online / $185

FRENCH: HIGH INTERMEDIATE READING—AN INTRODUCTION TO ANNIE ERNAUX
Instructor: Mireille Belloni, mbelloni@pausd.org
Prerequisite: High intermediate French or equivalent
Reading is a great way to expand your knowledge of French. Annie Ernaux was awarded the Nobel Prize in Literature in 2022. We will use one of her short novels to discover her style and her favorite themes. You will read 25-30 pages in advance each week, which will then be discussed in class. Please contact the instructor for textbook information.
4 wks / September 11–October 2
Monday / 10–11:30 a.m.
Live Online / $56

FRENCH: HIGH INTERMEDIATE READING—AN INTRODUCTION TO COLETTE
Instructor: Mireille Belloni, mbelloni@pausd.org
Prerequisite: High intermediate French or equivalent
Reading is a great way to expand your knowledge of French. You will be introduced to Colette (1873–1954), a much-admired French writer. This class will explore her rich style and vocabulary using one of her many short novels. You will read 25-30 pages in advance each week, which will then be discussed in class. Please contact the instructor for textbook information.
4 wks / October 30–November 20
Monday / 10–11:30 a.m.
Live Online / $56
**WORLD LANGUAGES**

**FRENCH: BEGINNING/INTERMEDIATE CONVERSATION**
Instructor: Diana Modica, dmodica@pausd.org
Prerequisite: None
Ditch the textbooks, vocabulary lists and grammar exercises! Understand and speak French from Day 1! This is a fun and dynamic conversation-centered class based on YOUR interests. No prior knowledge of French necessary. Bring a notebook and writing supplies to first class.
9 wks / September 19–November 14
Tuesday / 6–7:30 p.m.
Palo Alto HS Rm 301 / $125

**FRENCH: ADVANCED—L’ART DE LA CONVERSATION**
Instructor: Pary Sarraf, pary.sarraf@gmail.com
Prerequisite: French high intermediate
Students will initiate and participate in a variety of conversational topics in real-life settings including current events, art, movies, history, books, travel, cuisine, and more. Increase vocabulary and enhance your communication skills, grammar, and syntax. Expand the ability to express your thoughts and opinions on an engaging array of topics. No textbook.
10 wks / September 21–December 7
(No class October 19 and November 23)
Thursday / 6–8 p.m.
Live Online / $185

**ITALIAN: BEGINNING I**
Instructor: Roberta Lamanda, rlamanda@pausd.org
Prerequisite: None
This fun class is taught by an experienced teacher and native Italian speaker. It is meant for early beginner students. You will familiarize yourself with basic Italian grammar, pronunciation drills, and conversational skills through in-class group activities. Emphasis is on conversation and active class participation. All students are required to have their video on during class. A presto!
10 wks / September 12–November 14
Tuesday / 5–6:30 p.m.
Live Online / $139

**ITALIAN: BEGINNING IV**
Instructor: Roberta Lamanda, rlamanda@pausd.org
Prerequisite: Beginning III or equivalent
This engaging class is taught by an experienced teacher and native Italian speaker. It is meant for previous Beginning students or students who are acquainted with basic knowledge of the language. New students are welcome! You will strengthen your Italian grammar, refine your syntax, and expand your familiarity with the culture and traditions of Italy. Emphasis is on conversation and active participation. All students are required to have their video on during class A presto!
10 wks / September 13–November 15
Wednesday / 6–7:30 p.m.
Live Online / $139

**ITALIAN: INTERMEDIATE V**
Instructor: Roberta Lamanda, rlamanda@pausd.org
Prerequisite: Intermediate or equivalent
This Italian language class for high intermediate students is designed to review, reinforce, and expand their grammar and communication skills while also providing an entertaining experience. Emphasis is on conversation and active in-class participation. New students are welcome. All students are required to have their video on during class. Vi aspetto!
10 wks / September 11–November 13
Monday / 6–7:30 p.m.
Live Online / $139

**ITALIAN BOOK CLUB: ADVANCED READING AND CONVERSATION** (Limit 14 students)
Instructor: Stefania Filigheddu, sfiligheddu@pausd.org
Prerequisite: Advanced
Do not miss this opportunity to challenge yourself and increase your Italian vocabulary and culture while reading and conversing completely in Italian. The selected book contains complex grammatical structures that enhance your ability to incorporate new idioms and vocabulary in different contexts. Textbook: TBD.
8 wks / September 19–November 7
Tuesday / 7–8:30 p.m.
Live Online / $111

**JAPANESE: BEGINNING I**
Instructor: R. Tsuno, rtsuno@pausd.org
Prerequisite: None
Are you interested in learning the Japanese language? Then this is the right class for you! You will learn useful vocabulary, correct pronunciation and phrases for basic conversation. Textbook: *Genki* (optional).
10 wks / September 12–November 14
Tuesday / 6:30–8 p.m.
Live Online / $139

**JAPANESE: BEGINNING II**
Instructor: R. Tsuno, rtsuno@pausd.org
Prerequisite: Japanese: Beginning I or equivalent
This class is for students who took at least 20 hours of Japanese class previously. You will learn useful vocabulary, phrases and expressions, and some Kanji characters, with an emphasis on conversational skills. Textbook: *Genki* (optional).
10 wks / September 14–November 16
Thursday / 6:30–8 p.m.
Live Online / $139

“**I learned Hiragana in the Beginning Japanese class, and am better now at using Google Translate to translate Japanese texts. After taking this class, I can now read and study Japanese poetry.**”

Linda Papanicolaou
Art Teacher

*Partially or fully state-funded*
WORLD LANGUAGES

SPANISH: BEGINNING
Instructor: Leonardo McCord Salazar
Prerequisite: Sec. A: None; Sec. C: Two quarters of beginning Spanish or equivalent; Sec. E: Four quarters of Beginning Spanish or equivalent
Learn the essentials of Spanish grammar from a native speaker, and develop the four language skills in meaningful contexts. Topics included will be useful for parents with children in Spanish Immersion classes. Adult students will be able to participate actively in simple conversations with their children. Required textbook can be purchased in the Adult School office.

**Levels 2 and 4 are not offered this fall quarter.**

SECTION A (Level 1)
10 wks / September 14–November 16
Thursday / 7–9 p.m.
Palo Alto HS Rm 302 / $185

SECTION C (Level 3)
10 wks / September 11–November 13
Monday / 7–9 p.m.
Palo Alto HS Rm 302 / $185

SECTION E (Level 5)
10 wks / September 12–November 14
Tuesday / 7:30–9:30 p.m.
Palo Alto HS Rm 302 / $185

SPANISH: LOW INTERMEDIATE
Instructor: Leonard McCord
Prerequisite: Two years of Beginning Spanish or equivalent
¿Habla Ud. espanol? Continue your studies and focus on conversational skills. Add to your knowledge of grammar and Hispanic culture. Required textbooks can be purchased in the Adult School office.

10 wks / September 12–November 14
Tuesday / 5–7 p.m.
Palo Alto HS Rm 302 / $185

SPANISH: INTERMEDIATE
Instructor: Leonardo McCord Salazar, lmccord@pausd.org
Prerequisite: Three quarters of low intermediate Spanish or equivalent
Learn the fine points of Spanish grammar and the multiple uses of the subjunctive mood in this engaging course. Read, translate, and discuss a masterpiece of Spanish, Latin-American, or Chicano literature. Required textbooks can be purchased in the Adult School office.

10 wks / September 13–November 15
Wednesday / 5–7 p.m.
Live Online / $185

SPANISH: ADVANCED CONVERSATION AND LITERATURE
Instructor: Leonardo McCord Salazar
Prerequisite: Advanced Spanish skills
Converse with other students in Spanish, and read contemporary Spanish or Latin-American plays, novels, or short stories. Repetition of the course is encouraged, as new literature is introduced every quarter.

10 wks / September 13–November 15
Wednesday / 7:30–9:30 p.m.
Live Online / $185

MISSION AND STUDENT LEARNER OUTCOMES

MISSION
Palo Alto Adult School is committed to providing a broad range of accessible, flexible, and effective educational programs that enable our diverse community of adult learners to achieve their academic, career, and personal goals.

SCHOOLWIDE LEARNER OUTCOMES (SLOs)

SET GOALS:
Students will assess their own needs and identify their academic, career, and/or personal goals.
• With guidance, develop and communicate plans to achieve their goals.
• Be self-directed learners who learn independently and collaboratively in a diverse environment.

ACHIEVE SKILLS:
Using a variety of methods, technology, and resources, students will acquire knowledge and skills.
• Develop and apply critical thinking skills.
• Obtain academic and career skills for life and workforce readiness.

DEMONSTRATE LEARNING:
Students will apply their acquired core knowledge and skills appropriate to their goals.
• Advance to post-secondary education or training.
• Contribute to personal enrichment and the community.
• Demonstrate 21st century skills including critical thinking, communication, collaboration, and creativity.

* The Beginning Spanish class was my first class at the Adult School and I found it very engaging. I wanted to learn how to communicate with Spanish speaking people locally and to travel to Spanish speaking countries."”

Debra Stout
CUBBERLEY COMMUNITY CENTER — ADULT SCHOOL CLASS LOCATIONS

**PALO ALTO**
Palo Alto High School
50 Embarcadero Road

**CUBBERLEY**
Cubberley Community Center
4000 Middlefield Road

**GREENDELL**
Greendell School
4120 Middlefield Road

**HERBERT HOOVER ELEMENTARY SCHOOL**
445 E. Charleston Road

**J. L. STANFORD**
J.L. Stanford Middle School
480 E. Meadow Drive

**LOS ALTOS UNITED METHODIST CHURCH**
655 Magdalena Avenue, Los Altos

* Partially or fully state-funded
PAAdultSchool.org  //  650-329-3752  //  PALO ALTO ADULT SCHOOL

ADMINISTRATIVE POLICIES

POLICIES AND PROCEDURES
Palo Alto Adult School follows the Policies and Procedures adopted by the Palo Alto Board of Education. These can be found at: https://www.pausd.org/about-us/policies-procedures/board-policies. These policies support the Education Code of the State of California.

NON DISCRIMINATION
BP 0400: The Board shall provide equal opportunities in all areas and assure that there will be no discrimination against any person on the grounds of race, religion, age, sex, national origin, color, disability, political belief, sexual orientation, marital status, or veteran’s status.

ACADEMIC REGULATIONS
BP 5131: The Board of Education believes that all students have the right to be educated in a positive learning environment free from disruptions. Students shall be expected to exhibit appropriate conduct that does not infringe upon the rights of others or interfere with the school program while on school grounds, while going to or coming from school, while at school activities, and while on district transportation.

Conduct is considered appropriate when students are diligent in study, careful with school property, courteous, and respectful toward their teachers, other staff, students, and volunteers. Prohibited student conduct includes, but is not limited to:

- Conduct that endangers students, staff, or others
- Conduct that disrupts the orderly classroom or school environment
- Harassment of students or staff
- Damage to or theft of property belonging to students, staff, or the district
- Use of profane, vulgar, or abusive language
- Plagiarism or dishonesty in school work or on tests
- Possession, use, or being under the influence of tobacco, alcohol, or other prohibited drug in violation of school rules

Students who violate district or school rules and regulations may be subject to discipline including, but not limited to, suspension, expulsion, transfer to alternative programs, or denial of participation in extracurricular or cocurricular activities in accordance with Board policy and administrative regulation. The Superintendent or designee shall notify local law enforcement as appropriate.

STUDENT RECORDS
BP 5125: At each school, the principal or a certificated designee shall act as custodian of records for students enrolled at that school. The custodian of records shall be responsible for implementing Board policy and administrative regulation regarding student records.

School Policy: Adult student records can be released following a written request by the student to the adult school office. Records are released to other parties with the student’s permission.

ELIGIBILITY
All persons over the age of 18 are eligible for all Adult School classes with no residency restrictions.

PRE-REGISTRATION
Please register early since classes that do not have sufficient enrollment are canceled.

REFUND POLICY
Refund of fees will only be given if requested at least 72 hours before the first class meeting. There is a $15 fee for cancellations. A complete refund will always be made if we cancel a class. Please choose your classes carefully.

- We are sorry we cannot accept medical, business travel or other reasons.
- Refunds will be given automatically if the Adult School cancels a class.
- Deposits and tuition for parent education classes are entirely non-refundable.
- Textbooks are not returnable.

A CERTIFICATE OF COMPLETION
A certificate of completion and/or a letter stating participation in any Adult School class will be given to any student upon request to the office and verification of attendance.

SCHOLARSHIPS
Please contact the Principal, Tom Keating, if you need scholarship assistance. All information given will remain confidential.

TOBACCO-FREE SCHOOL DISTRICT PROPERTY
Smoking and the use of tobacco products by all persons is prohibited on Palo Alto Unified School District property and at district-sponsored events.

SEXUAL HARASSMENT POLICY
It is the policy of the Palo Alto Unified School District to provide a school environment free from all forms of harassment, including sexual harassment, and to maintain an environment in which all students and staff model this behavior and are treated with dignity and respect. Please see the district website for complete information: https://www.pausd.org/about-us/policies-procedures/title-ix-office.

UNIFORM COMPLAINT PROCEDURES

* Partially or fully state-funded
CONSORTIUM PARTNERSHIP

North Santa Clara County Student Transition Consortium

The Palo Alto Adult School is a member of the North Santa Clara County Student Transition Consortium (NSCCSTC), a collaboration between the Foothill-De Anza College District (FHDA), Palo Alto Unified School District Adult School (PAUSD), Fremont Union High School District Adult School (FUHSD), and the Mountain View Los Altos Union High School District Adult School (MVLA). The consortium serves the communities of Cupertino, Los Altos, Los Altos Hills, Mountain View, Palo Alto, and Sunnyvale, as well as portions of San Jose. Its mission is to coordinate and align programs, create linkages, and develop regional plans to better serve the educational needs of adults in the region.

Meet the members of our consortium:

- Palo Alto Adult School: paadultschool.org
- Mountain View Los Altos Adult School: mvla.net
- FUHSD Adult School Sunnyvale-Cupertino: fuhsdadultschool.com
- De Anza College: deanza.edu
- Foothill College: foothill.edu

Find out more about NSCCSTC at sites.google.com/site/nsccstcaebg.

CONTACT INFORMATION

2023 PAUSD BOARD OF EDUCATION

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litanner@pausd.org

Guillermo Lopez  
Associate Superintendent  
(650) 329-3717  
glopez@pausd.org

Nikole Manou  
Principal, PreSchool Family  
(650) 856-0833  
nmanou@pausd.org

COMMUNITY PARTNER

Our Community Partner this quarter is

SOUTH BAY GUITAR SOCIETY

South Bay Guitar Society promotes classical and related guitar music to people of all cultures, ages, abilities, and economic means.

WEBSITE // sbgs.org
WAYS TO REGISTER

PHONE  (650) 329-3752
EMAIL  adultschool@pausd.org
WEBSITE  PAAdultSchool.org
MAIL/WALK-IN  Palo Alto Adult School, 50 Embarcadero Road - Rm #P11, Palo Alto, CA 94301

RECEIPTS/CONFIRMATIONS
Please call if you need a receipt or a confirmation: (650) 329-3752. You will be notified if a class is cancelled.

REFUNDS
Refunds are given up to 72 hours before the first class meeting. There is a $15 fee for cancellation. A complete refund will always be made if we cancel a class. Textbooks are not returnable.

REGISTER EARLY
Register today to secure your place in our most popular classes. If minimum enrollments are not met, classes will be cancelled and a full refund will be processed.

OFFICE HOURS
PALY: Mon-Thu 8 a.m.-9:30 p.m.; Fri 8 a.m.-4 p.m.
CUBBERLEY: Mon-Thu 8:30 a.m.-4 p.m.; Fri 8:30 a.m.-2 p.m.
HOLIDAYS (No Classes): Sep 4, Nov 10, & Nov 22-24

FALL REGISTRATION BEGINS AUGUST 11, 2023
This schedule is valid through December 15, 2023. Additional information, materials lists and schedule changes are posted on our website at PAAdultSchool.org.

REGISTRATION FORM

PALO ALTO ADULT SCHOOL
Palo Alto Unified School District
50 Embarcadero Road
Palo Alto, CA 94301

Year: 2023
Quarter: ☐ Winter ☐ Spring ☐ Summer ☐ Fall
Registration Date: __________________________

Name: ____________________________________  ____________________________  ____________________________
(Last)  (First)  (Middle)

Address: ________________________________________________
(Street Number)  (Street Name)  (Apt.)  (City)  (State)  (Zip Code)

Home Phone: ____________________________  Work Phone: ____________________________
Call Phone: ____________________________  Email Address: ____________________________

Start Date: ____________________________  ☐ New Student  ☐ Returning Student  Date of Birth: ____________________________  ☐ M  ☐ F

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<th>Class Name</th>
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Type of Payment: ☐ Check ☐ Cash ☐ Visa ☐ MasterCard ☐ No Fee

Credit Card Number: ____________________________  Expiration Date: ____________________________

How did you find out about this class? ____________________________

Register Online at PAAdultsSchool.org or print and fax this form to (650) 329-8515.