



PALO ALTO ADULT SCHOOL

2024 WINTER QUARTER SCHEDULE

REGISTRATION BEGINS DECEMBER 1, 2023



PAAAdultSchool.org / 650-329-3752



DEAR COMMUNITY MEMBERS:

Happy New Year! I am so proud of the unique and diverse programs that we offer here at the Palo Alto Adult School. On any particular day, I am able to visit parents participating in a preschool classroom and converse with adults learning English for the first time. In the evening, I am able to enjoy the sounds of the violin, watch and participate with students learning a world language for their future travels, and hear the thundering sound of Taiko drums.

Our popular Woodworking program continues to grow with new courses. In celebration of our dedicated woodworkers, our community partner this quarter is the Bay Area Woodworkers Association, a group that brings together woodworkers of all skill levels, beginner to professional, from all over the Bay Area.

Our new year line-up includes the return of the Glassblowing workshop and several popular cooking instructors. Take a look at our list of on-campus and online classes, and sign up for the one that is right for you!

See you in class,



Jim Sherman
Principal



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2024 WINTER CALENDAR

REGISTRATION FOR WINTER QUARTER BEGINS // DECEMBER 1, 2023

WINTER QUARTER // JANUARY 8–MARCH 15

ESL CLASSES // JANUARY 16–MARCH 15

WRITING ACADEMY // JANUARY 25–MARCH 22

HOLIDAYS–NO CLASSES // JANUARY 15 & FEBRUARY 19

FREE INTRODUCTORY CLASSES

In recognition of our Centennial, Palo Alto Adult School is offering this free introductory class.



FREE CLASS— GENEALOGY WORKSHOP

Instructor: Rachel Kellerman, rkellerman@pausd.org

Prerequisite: None

Are you new to family history research? Attend this lively workshop to learn how to uncover and interpret fascinating facts about the past. Please bring your computer and headphones.

One Session / January 17

Wednesday / 5–6:30 p.m.

Palo Alto High School Library / No Fee



STUDENT SHOWCASE

Woodworking empowers violin maker!



“I wanted to become a luthier (violin maker) which requires good woodworking skills. I found the Adult School **Woodworking** classes on the web and have now taken 9 different classes. The instructors were very knowledgeable, experienced, and passionate about woodworking. I was the first one to take Adult School classes among my friends and family, and have also taken **Sewing** and **Italian**. I apply my woodworking skills to the violin-making process every day, and look forward to taking more classes at the Adult School!”

KYONG-SOK (KC) CHANG
Luthier (violin maker)

ARTS AND CRAFTS

ACRYLIC PAINTING: BEGINNING & INTERMEDIATE

Instructor: Linda Papanicolaou,

lpapanicolaou@pausd.org

Prerequisite: None

Express yourself and discover your artistic talents with acrylic paints in this inspiring class for all student levels. Study use of color, observation, composition, light and dark and traditional painting techniques. Supplies will be discussed at the first class meeting.

8 wks / January 16–March 5

Tuesday / 7–9 p.m.

Palo Alto HS Rm 106 / \$148

NEW

SCENERY WATERCOLOR PAINTING AND DRAWING

Instructor: Ferenc Besze, fbesze@pausd.org,

<http://besze.com>

Prerequisite: None



Drawing is essential to representational painting. In this online class, we will spend equal time drawing and painting, to develop our observation skills about proportion, perspective, creating 3D effects and creating compositional studies. Our subjects will include scenery, figures, portraits, and objects. *Have your field sketches/photographs as reference material.*

10 wks / January 17–March 20

Wednesday / 6:30–8:30 p.m.

Live Online / \$185

ARTS AND CRAFTS

CELEBRATE WITH A HOLIDAY WREATH

Instructor: Sam Kauffman, samksongs@aol.com

Prerequisite: None



Valentine's Day and Easter are in the air! Celebrate the season with a one-day workshop by making a one-of-a-kind wreath from Sam Kauffman's on-line shop—Whimsy And. Sam has had a floral arranging business for over

twenty years. There will be a \$10 supply fee payable to the instructor. *Limit 10 students.*

One Session / January 25

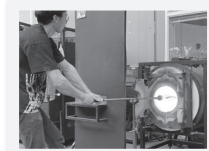
Thursday / 1–3:30 p.m.

Herbert Hoover Elementary School Rm 6 / \$30

GLASSBLOWING WORKSHOP

Instructor: Fiery Arts Staff

Prerequisite: None



Join us for an evening session of glassblowing at Paly's Fiery Art's program. This is a hands-on class for beginners that will focus on making a glass flower and paperweight.

Wear non-synthetic clothing, a long sleeve shirt, and closed-toed shoes. Don't forget your water bottle!

Limit 4 students each session.

One Session / See Dates Below

Tuesday or Thursday / 6–9 p.m.

Palo Alto HS Room 105 / \$250 per session

- February 6
- February 8
- March 19
- March 21

BACK BY REQUEST

LEARN TO CROCHET

Instructor: Paola Trombetta, ptrombetta@pausd.org

Prerequisite: None

Learn to chain, single and double crochet, create tri-dimensional forms, and read patterns. This class will work for you regardless of your skill level and you will enjoy it! *Materials to bring to class:* 1 ball of worsted weight yarn plus a size 'H' crochet hook.

8 wks / January 24–March 13

Wednesday / 5:30–6:30 p.m.

Palo Alto HS Room 1707 / \$74

KNITTING

Instructor: Paola Trombetta, ptrombetta@pausd.org

Prerequisite: None

Knitters of all abilities are welcome! Learn basic and advanced skills in this fun and collaborative knitting workshop. Beginners learn to read pattern books, and/or design and create their own knitted garment and gifts. Advanced knitters, master your techniques and bring projects you are currently working on.

8 wks / January 24–March 13

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Room 1707 / \$148

"Paola's crochet/ knitting expertise is expansive and she skillfully guides all levels. In my **Beginning Crochet** class, she answered all my questions, and based on my interests, she would bring in new books, patterns, and ideas to encourage me to evolve. She is a very talented artist and instructor!"

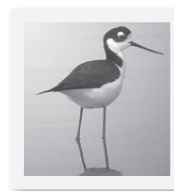
Jan Stevenson
Musician and Educator

BIRDING AND NATURE

BIRDING: INTERMEDIATE (Online & In-Person)

Instructor: Scott Smithson, wsmithson@pausd.org

Prerequisite: None



The primary goal of this birding class is to develop birding skills through bird identification by sight and sound. During our weekly online Zoom meetings, we will focus on sharing of local bird sightings, slides of Bay Area birds, ID quizzes, and

discussion of field trips. There will be 3 in-person weekend field trips offered to local Bay Area birding spots so we can practice what we have learned in the field! Live online via Zoom with in-person weekend fieldtrips. Fieldtrip dates TBD. Textbook: Any North America or Western North America bird field guide (*Sibley's Guide* is a great one).

7 wks / January 10–February 28 (No class February 14)

Wednesday / 7–9 p.m.

Live Online / \$168

NATURE SCIENCE HIKES

(Will Return Spring 2024)

"In my **Intermediate Birding** class, I really improved my birding skills. Scott goes above and beyond in this class, especially on the field trips. I've referred multiple friends to Scott's class and they've all loved it!"

Betty D.

CAREER TRAINING

VOCATIONAL INTERNSHIP CLASS

Instructor: Toshiro Lang

Prerequisite: Application and interview required

Classroom component to vocational internships concentrating on developing transferable job skills. This course emphasizes the importance of interpersonal dynamics in the workplace, and the value of obtaining competitive employment. In-person instruction accommodates all learners with the motivation to become independent and successful. *Must call (650) 329-3752 for more information and to register for the program.*

ONGOING / September–June

Monday–Thursday / 8–9:15 a.m.

Lucille Packard Children's Hospital (LPCH) / No Fee *

VOICE OVERS: NOW IS *YOUR* TIME!

Instructor: Lisa Foster, caitlin@suchavoice.com

Prerequisite: None

In what could be the most enlightening 2 hours you've ever spent, this class will show you how you can begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside-the-box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for.

One Session / February 21

Wednesday / 6:30–8:30 pm

Live Online / \$50

WORK READINESS —

LEARN NEW SKILLS FOR GETTING A JOB *

Instructor: Kathilynn Lehmer, pajoblink.lehmer@gmail.com

Learn new strategies for getting a job! Prepare a powerful resume and cover letter, create a LinkedIn Profile, learn new job hunting strategies—and more! There is no fee and the course is open-entry--start anytime. For more information, and to find out how to register, send an email to Kathilynn Lehmer at pajoblink.lehmer@gmail.com.



CAREER TRAINING: *ADVANCED CERTIFICATE PROGRAMS*

Online career training courses can prepare you for a new career or help you advance within your current occupation. To see a list of more than 175 Certificate and Advanced Career Training courses, visit <https://careertraining.ed2go.com/paloalto>.

CERTIFIED CLINICAL MEDICAL ASSISTANT (CCMA) (GES180) (*Voucher Included*)

Instructor: Self-paced class

Prerequisite: None

Learn the necessary skills to function as a vital member of the healthcare team in a hospital setting, clinic, or physician's office as you prepare for a career as a Certified Clinical Medical Assistant (CCMA), and the national certification exam. For pricing, details, registration, visit: <https://careertraining.ed2go.com/paloalto> (Health & Fitness).

12 Months / 540 Course Hours

Start Anytime

ed2go ONLINE (recorded)

PYTHON DEVELOPER (GES340)

Instructor: Self-paced class

Prerequisite: None

Whether you're new to programming or just want to learn a new language, this in-depth course will teach you the ins and outs of Python programming. In this online course, you'll start by learning the basics of programming in Python, including how it works and its application usage. For pricing, details, registration, visit: <https://careertraining.ed2go.com/paloalto> (Computer Science).

6 Months / 155 Course Hours

Start Anytime

ed2go ONLINE (recorded)

CITIZENSHIP

CITIZENSHIP

Instructor: Katherine Barg, kbarg@pausd.org

Prerequisite: Intermediate to advanced English language learners

This course prepares students to pass the Citizenship test for full Citizenship status in the United States. *Becoming a citizen has never been more important.* US Citizenship gives you your right to vote, participate in government and be protected under the law. You will also learn important facts about US history and your rights under the Constitution.

7 wks / January 16–February 27

Tuesday / 6:30–9 pm

Palo Alto HS Rm 220 / No Fee *



COOKING: LEARN HOW TO COOK IN JUST ONE NIGHT!

BELGIAN CHOCOLATES GALORE!

Instructor: Carine Vanslebrouck

Prerequisite: None

Learn to make delicious hand-made Belgian chocolates the traditional way. The instructor will guide you through the process of tempering chocolate on a marble slab and crafting a different Belgian chocolate in each class.

One Session / See Dates Below

Wednesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$60 per session

- **January 24:** Fruity Chocolates
- **February 7:** Valentine's Theme
- **March 13:** St. Patrick's Theme



MANOS EN LA MASA

Instructor: Francisco Chavarria,

fchavarria@pausd.org

Prerequisite: None

In this hands-on cooking class, Chef Francisco will provide a comprehensive guide on how to prepare corn masa from scratch. You will learn how to make your own tortillas, sopes, and quesadillas using the freshly made masa. Chef Francisco will also teach you how to make atole de Granillo, a traditional Mexican hot beverage made with masa, cinnamon, and piloncillo.

One Session / See Dates Below

Thursday / 6:30–9 pm

Palo Alto HS Rm 103 / \$60

- **February 22**
- **March 7**

NEW

CELEBRATE INDIAN FESTIVALS WHILE COOKING REGIONAL DISHES

Instructor: Jonake Bose, jonakeandyuti@gmail.com,

<https://jonakeandyuti.weebly.com>

Prerequisite: None

We will roast and blend spices so you can make your own healthy dishes with ingredients from your local grocery store. We will prepare a delicious meal and enjoy it together. Vegetarian options available.

One Session / See Dates Below

Monday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$60 per session

- **January 22:** Celebrate the festival of Pongal
- **February 12:** Celebrate Saraswati Puja
- **March 11:** Celebrate the start of Ramadan

GREEN OAXACA

Instructor: Francisco Chavarria,

fchavarria@pausd.org

Prerequisite: None

Chef Francisco will teach you how to make delicious Oaxacan vegetarian dishes. Chef Francisco will guide you through the preparation process step-by-step, while sharing tips and tricks along the way.

One Session / See Dates Below

Thursday / 6:30–9 pm

Palo Alto HS Rm 103 / \$60

- **January 18**
- **February 1**

NEW

SATISFYING WINTER SOUPS AND STEWS AND AIR FRIED SIDES

Instructor: Julie Shanson,

julie@findjoyinfood.com, www.findjoyinfood.com

Prerequisite: None



Use your Instant Pot for filling soups and stews, and your air fryer or oven for roasted sides. We'll make a different meal each week. Bring your own instant pot and/or your air fryer

and have your questions answered and your confidence boosted. While what we cook will be vegan and gluten free, you'll be able to take the recipes and skills back to your own kitchen to make dishes your family will love.

One Session / See Dates Below

Monday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$60 per session

- **January 29:** Ethiopian spiced cabbage, potatoes and carrots plus spice roasted mushrooms
- **February 5:** Soft polenta and tomato sauce with crispy cauliflower
- **February 26:** White bean and kale soup with crispy sweet and regular potatoes
- **March 4:** One pot Thai inspired coconut milk soup with rice noodles and crispy tofu

NEW

ENGLISH AS A SECOND LANGUAGE (ESL)—IN-PERSON & LIVE ONLINE VIA ZOOM

WINTER 2024

January 16 – March 15

(No Classes February 19, 2024)

The Palo Alto Adult School ESL program offers many classes to help you meet your English learning goals. To enter our free classes, new students must register for a placement test. There is no childcare for the test or the classes. To register for the placement test, come in to the ESL office at Cubberley, 4000 Middlefield Road, I-Building, 2nd floor, or the Palo Alto Adult School office (Rm P11) at Palo Alto High School, 50 Embarcadero Road. Or, you can register online at paadultschool.org.

****Students must register first before taking a placement test****

Register to take the ESL (English) Placement Test

- Students must take the ESL Placement Test to join a class.
- Registration for the test begins December 19, 2023 at 8 a.m.
- When you register, you will choose a test date.
- Testing space is very limited.
- You must register in-person or online (*NO phone registration*).

Enrollment Policies

- Students must be able to attend the full 8 weeks.
- Students will be required to buy a textbook for the class.
- There is no childcare.

PLACEMENT TESTING

DAY Testing—IN-PERSON

EVENING Testing—IN-PERSON

ESL PLACEMENT TEST AND REGISTRATION

**** New students must take a placement test. ****

Some class sessions are online and meet with teachers via Zoom.

Students need to download and learn Zoom at <https://zoom.us/>.

All placement testing is in-person.

WHERE: Cubberley Campus
4000 Middlefield Rd, I-Bldg 2nd Floor

TIME: 9 a.m.–12 noon
Test begins promptly at 9 a.m.

Morning Testing Dates:

Tuesday, January 9
Friday, January 12
Saturday, January 13

WHERE: Palo Alto High School
50 Embarcadero Road, Room 218

TIME: 6–9 p.m.
Test begins promptly at 6 p.m.

Evening Testing Dates:

Wednesday, January 10
Thursday, January 11

Register for testing early. Spaces limited!

CLASSES

Winter Session ESL Classes *

Some class sessions are online and meet with teachers via Zoom.
Students need to download and learn Zoom at <https://zoom.us/>.

January 16–March 15, 2024 (No classes February 19)

IN-PERSON MORNING CLASSES (9:30 A.M.–12:30 P.M.)

Cubberley Campus: Literacy through Intermediate High levels (Monday–Thursday)
Hoover (Charleston Avenue) Campus: Advanced Low level (Monday–Thursday)

***ONLINE* MORNING CLASSES (3 meetings per week):** 9–11 a.m. / Tuesday, Wednesday, and Thursday
3 levels: Mixed beginning; mixed intermediate; advanced

IN-PERSON EVENING CLASSES (6:30–9:30 P.M.)

Palo Alto High School: Literacy through Advanced Low levels (Monday and Wednesday)

***IN-PERSON & ONLINE* ADDITIONAL SKILL-SPECIFIC CLASSES:** See *English Enrichment* classes page 8

ENGLISH AS A SECOND LANGUAGE (ESL)

ADDITIONAL CLASSES

LEAH *

Learn English at Home (LEAH) is for students who cannot come regularly to class. Study English at home online. Then meet with a teacher weekly for 30 minutes.

Prerequisite: For beginning high to advanced level English level learners

Students must take an in-person placement test to register for the LEAH program.

Students may start LEAH classes at any time.

Please call 650-494-2326 to make an appointment for the placement test.

¿Necesitas ayuda en español? Deje un mensaje al 650-494-2326.

COLLEGE AND CAREER READINESS

JOB SEARCH SKILLS FOR ESL STUDENTS *(Non-native English Speakers) **

Instructor: Susan Silver, ssilver@pausd.org

Prerequisite: For advanced English language learners

In this class, you will learn to complete a job application, write a basic resume, practice job interview skills, and more! Students enrolled in this class will also be working with Kathilynn Lehmer as her clients for individualized job search coaching services through the *Palo Alto Adult Ed Work Readiness* course.

9 wks / January 16–March 21 (No class February 20 & 22)

Tuesday and Thursday / 1–3 p.m.

Cubberley Campus I-Building 2nd Floor / No Fee *

Teacher will schedule an in-person English test with students for this state-supported class.

TRANSITIONS TO COLLEGE AND CAREER TRAINING *(Non-native English Speakers) **

Instructor: Margaret Bdzil, mbdzil@pausd.org

Prerequisite: For advanced level English language learners. Must be eligible to attend college in the US to enroll.

Prepare for the next step in your education or career!

TRANSITIONS TO COLLEGE & CAREER TRAINING FOR ESL STUDENTS *(Online)*

In this 4-meeting workshop, you will explore educational goal setting, community college and career educational programs, how to apply to college, and more!

4 Sessions / January 25–February 15

Thursday / 6:30–9 p.m.

Live Online / No Fee *

- Students must take an in-person placement test to register for the Transitions class.
- Please call (650) 494-2326 to make an appointment for the test.

INFORMATION MEETING ONLINE VIA ZOOM • Thursday, January 18, 2024 • 6:30–7:30 p.m.

Are you interested in the Transitions workshop, but you have questions? Come to an Information meeting!

Email Sripriya Kannan, skannan@pausd.org or call the ESL Office at (650) 494-2326.

*If you have questions, or want to register for this workshop,
please call the ESL office at 650-494-2326.*

ESL WRITING ACADEMY

WINTER 2024 ESL WRITING ACADEMY

January 25 – March 22, 2024

WINTER SESSION CLASSES

ESL WRITING ACADEMY — IN-PERSON

Write for life! Whether it's a simple email, a thank-you note, or a complex essay or report, our ESL Writing Academy classes will help you with content, organization, tone, and purpose.

The Academy offers three levels of classes, beginning with the basics of sentence creation, paragraph development, and essay writing. When you complete the required assignments, you can earn Certificates of Achievement and/or Proficiency.

The teacher will schedule an in-person CASAS test with students for this state-supported class.
For more information, please call (650) 494-2326.

FUNDAMENTALS OF WRITING

FUNDAMENTALS OF WRITING I — INTRODUCTION TO PARAGRAPHS *

Instructor: Adult School Staff

Prerequisite: For students who are at the high beginning to intermediate level

Practice writing sentences and developing coherent paragraphs with the goal of writing about your own life experiences. Guidance will also be given on correct grammar and word choice.

SECTION A

9 wks / January 26–March 22
Friday / 9:30 a.m.–12 noon
Cubberley Campus I-Building 2nd Floor / No Fee *

SECTION B

9 wks / January 25–March 21
Thursday / 7–9 p.m.
Palo Alto HS Rm 220 / No Fee *

FUNDAMENTALS OF WRITING II — WRITING PARAGRAPHS *

Instructor: Adult School Staff

Prerequisite: For students who are at the intermediate to advanced level

Learn how to write well-developed and cohesive paragraphs. This class will focus on how to choose and organize content, connect ideas, and use supporting details to address a topic.

SECTION A

9 wks / January 26–March 22
Friday / 9:30 a.m.–12 noon
Cubberley Campus I-Building 2nd Floor / No Fee *

SECTION B

9 wks / January 25–March 21
Thursday / 7–9 p.m.
Palo Alto HS Rm 217 / No Fee *

FUNDAMENTALS OF WRITING III — PARAGRAPHS TO ESSAYS *

Instructor: Adult School Staff

Prerequisite: For students who are at the advanced level

Learn how to plan, develop, and edit a five-paragraph essay with an introduction, thesis statement, body paragraphs, and conclusion. This class will prepare you for business and academic writing.

9 wks / January 26–March 22
Friday / 9:30 a.m.–12 noon
Cubberley Campus I-Building 2nd Floor / No Fee *

ENGLISH ENRICHMENT

These classes are offered for non-native speakers who have tested above our state-supported program or who wish to focus on one specific area of English. It is not necessary to take the placement test before enrolling in these classes.

ACADEMIC CONVERSATION

Instructor: Eve Sutton, eve@well.com

Prerequisite: For Advanced English language learners



Develop university-level speaking skills through structured discussions about current events, science, social issues, and other topics of students' interest. Share your

knowledge and opinions. Learn how to lead a classroom discussion so everyone's ideas are heard.

6 wks / January 18–February 22

Thursday / 6:30–9:30 p.m.

Palo Alto HS Rm 1701 / \$167

ADVANCED SPEAKING AND READING

Instructor: Sharon Hampel, shampel@pausd.org

Prerequisite: For Advanced English language learners

In this class, you will read, listen to, and watch (on video) short stories about the personal challenges of people from around the world. Then we will have lively class discussions about the short stories. This class will focus on speaking, reading/vocabulary, and writing skills through viewing, reading, and discussing these *Moth Radio Hour* stories. Textbook: *All These Wonders: True Stories about Facing the Unknown*. Catherine Burns, ed. Crown Press, 2017. ISBN: 978-1101904404.

7 wks / January 24–March 6

Wednesday / 7–9 p.m.

Palo Alto HS Rm 216 / \$130

AMERICAN IDIOMS 101

Instructor: Simone Wojtowicz, swojtowicz@pausd.org

Prerequisite: Intermediate high to advanced English language learners

This class is ideal for students who want to develop their reading, listening, speaking and writing skills while becoming familiar with many useful English expressions. Do you want to increase your vocabulary? Improve your TOEFL score? Use idioms in conversation? We will dissect the top 300 idioms used on the TOEFL test in addition to discussing metaphorical language. No textbook.

8 wks / January 23–March 19 (No class February 20)

Tuesday / 9:30–11:30 a.m.

Herbert Hoover Elementary School Rm 8 / \$148

ESL BOOK CLUB

Instructor: Simone Wojtowicz, swojtowicz@pausd.org

Prerequisite: For advanced English language learners

Do you love to read? Do you want to increase your conversational fluency, boost your vocabulary, and improve your grammar? Join the book club and have fun developing your English skills while learning about American values. We will discuss the book's themes, vocabulary, and cultural references. Please email the teacher for the name of the book.

8 wks / January 25–March 21 (No class February 22)

Thursday / 9:30–11:30 a.m.

Herbert Hoover Elementary School Rm 8 / \$148

FOCUS ON PRONUNCIATION AND LISTENING

Instructor: Sue Stevick, sstevick@pausd.org

Prerequisite: High intermediate or advanced English skills (non-native speakers)

Speak more clearly and confidently and improve your listening skills. Master the four most important features of English pronunciation: Stress in words and sentences, intonation, rhythm, and linking. The instructor will provide a written personalized evaluation of your pronunciation skills. Required textbook can be purchased in the Adult School office before the first class.

SECTION A

8 wks / January 23–March 12

Tuesday / 6:30–8:30 p.m.

Live Online / \$148

SECTION B

8 wks / January 25–March 14

Thursday / 9:30–11:30 a.m.

Live Online / \$148

LET'S TALK!

Instructor: Sharon Gloster, seshel@pausd.org

Prerequisite: For advanced English language learners

Practice your conversation skills and build confidence in speaking English. This course will give you lots to talk about including everyday news as well as several real-life topics (such as education, jobs, the stock market, health, etc.) based on student interests. Learning and practicing everyday expressions and vocabulary plus pronunciation, and grammar tips will improve your fluency.

8 wks / January 22–March 18 (No class February 19)

Monday / 9:30 a.m.–12 noon

Herbert Hoover Elementary School Rm 8 / \$185

BE A VOLUNTEER ESL TUTOR

Help Someone Learn English

For information, please contact:
ESL Volunteer Tutor Program Manager,
Anjani Sarma: asarma@pausd.org

ENGLISH ENRICHMENT

TIME TO TALK: CONVERSATION STRATEGIES...AND MORE!

Instructor: Susan Silver, ssilver@pausd.org

Prerequisite: For intermediate to low advanced English language learners

Improve your practical conversation skills, pronunciation, and listening skills! This class is ideal for intermediate to low-advanced level ESL students who want to focus on improving their speaking skills and build confidence in speaking in everyday situations. At every class meeting, we will use conversation drills, pair work, and small group activities to practice and improve your English skills. You will learn conversation strategies to help you with many of the speaking situations in your everyday life.

8 wks / January 24–March 20 (No class February 21)

Wednesday / 1–3 p.m.

Cubberley Campus I-Building 2nd Floor / \$148

US HISTORY AND CULTURE

Instructor: Simone Wojtowicz, swojtowicz@pausd.org

Prerequisite: Intermediate high to advanced English language learners



This class is ideal for students who want to improve their English skills while becoming familiar with many interesting aspects of US history and

culture. We address why Americans think and behave the way they do and the foundation for some of their attitudes and values such as the importance of competition and hard work. Required textbook can be purchased in the Adult School office before the first class.

8 wks / January 24–March 20 (No class February 21)

Wednesday / 9:30–11:30 a.m.

Herbert Hoover Elementary School Rm 8 / \$148

GENERAL INTEREST

CREATIVE WRITING WORKSHOP

Instructor: Chana Feinstein, cfeinstein@pausd.org

Prerequisite: Have previously taken Creative Writing class at Palo Alto Adult School or have permission from instructor

Learn to be a stronger writer in this online class! You will be encouraged to present your work in any genre for constructive feedback in a helpful, supportive environment. Learn effective writing through reading and discussing examples of published writing on weekly topics.

10 wks / January 18–March 21

Thursday / 6–8:30 p.m.

Live Online / \$65 *

"In the **Creative Writing** course, the teacher created a very welcoming and safe place to share. Once she got to know us, Chana challenged us just enough to keep improving and gave great examples."

Judith Sharon
Teacher (Retired)

CREATIVE WRITING: WRITERS MENTORING WRITERS

Instructor: Sam Kauffman, samksongs@aol.com

Prerequisite: None

Learn to be a better writer! Share your ideas, feelings, and experiences with others. Express yourself through poetry, memoir, short stories, essays, creative non-fiction or whatever you prefer. There will be time during class to write based on writing prompts. Class time is allotted for looking at writing basics such as metaphor, character development, plot development, foreshadowing, and other techniques. *Limit 10 students.*

10 wks / January 17–March 20

Wednesday / 1–3:30 p.m.

Herbert Hoover Elementary School Rm 6 / \$65 *

GENEALOGY WORKSHOP

Instructor: Rachel Kellerman, rkellerman@pausd.org

Prerequisite: None

Are you new to family history research or looking for a place to hone your skills and explore resources? Then this workshop is for you! Each week focuses on particular topics/resources followed by a work period. Bring your research questions and works-in-progress to share. Course website available to participants.

SECTION A

8 wks / January 24–March 20 (No class February 21)

Wednesday / 1–3 p.m.

Herbert Hoover Elementary School Rm 6 / \$148

SECTION B

8 wks / January 24–March 20 (No class February 21)

Wednesday / 5–7 p.m.

Palo Alto High School Library / \$148

VOICE-OVERS: NOW IS YOUR TIME!

Instructor: Lisa Foster, caitlin@suchavoice.com

Prerequisite: None

In what could be the most enlightening 2 hours you've ever spent, this class will show you how you can begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside-the-box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for.

One Session / February 21

Wednesday / 6:30–8:30 p.m.

Live Online / \$50

HEALTH AND FITNESS

ABS AND BOOTY BUSTER

Instructors: Amy Chan, achan@pausd.org

Prerequisite: None

After one session of Abs and Booty Buster we guarantee you'll see results! Designed to strengthen and tone your core, glutes, and back. This super effective 60-minute workout will transform your body! Come join the fun with Amy and start getting into shape! Bring a yoga mat, 3-5lbs weights, stretching band and water bottle.

SECTION A

10 wks / January 17–March 20 (*No class February 19*)

Monday and Wednesday / 10:30–11:30 a.m.

Herbert Hoover Elementary School / \$185

SECTION B

10 wks / January 17–March 20 (*No class February 19*)

Monday and Wednesday / 7:30–8:30 p.m.

Cubberley Campus I-Building 2nd Floor / \$185

AIKIDO

Instructor: Fushan Yuan, fyuan@pausd.org

Prerequisite: None



Train mind and body in the dynamic art of Aikido with Hombu Dojo's Shiohira Shihan, 7th Dan, and senior students. The Japanese martial art of Aikido is a comprehensive system of throwing, joint locking, striking and pinning techniques that foster strength, flexibility, presence of mind,

and cooperative movement.

10 wks / January 16–March 23

Tuesday and Thursday / 6:30–8 p.m. & Saturday / 10–11 a.m.

J.L. Stanford Middle School Rm 910 / \$220

CPR, AED, & STANDARD FIRST AID

Instructor: James Rahn, geytso@icloud.com

Prerequisite: None

Learn the basics of how to respond to an emergency!

An American Red Cross or Emergency Care and Safety Institute CPR/AED/First Aid certification will help you learn about common workplace and home emergencies and how to respond to them. In addition to a great life skill, this is a great certification for your career, no matter where you work! There will be a materials fee payable to the instructor at the first class meeting for the following certificates: Emergency Care and Safety Institute \$10 or American Red Cross \$36.

One Session / See Dates Below

Friday / 1–5 p.m.

Cubberley Campus I-Building 2nd Floor / \$40 Each Session

- January 26
- February 16

LINE DANCING

Instructor: Kent You, kent.you@gmail.com and Sandy Hsu

Prerequisite: None

Exercise your brain and body while enhancing balance as you learn new steps. Dance to a wide variety of international Music—including pop, classical and seasonal songs. No partner needed. Beginners welcome. Line dancing is a fun, great way to exercise!

8 wks / January 30–March 19

Tuesday / 7:30–8:30 p.m.

Palo Alto HS Dance Studio / \$96

PILATES: BEGINNING/INTERMEDIATE

Instructor: Judy Lee-Squire, jleesquire@pausd.org

Prerequisite: None

Increase your core strength, flexibility, and endurance with Pilates, a mind-body exercise that emphasizes conscious breath and form. Will use small balls and therabands. Modifications will be taught.

A mat is required during class. *Limit 16 students.*

10 wks / January 16–March 19

Tuesday / 6:45–7:45 p.m.

Cubberley Campus I-Building 2nd Floor / \$93

TAI CHI: CHEN STYLE

Instructor: Lisette Yung, cyung@pausd.org

Prerequisite: None



Learn the traditional Chen Style first form (Taijiquan). Practice the continuous movements which helps develop balance, body coordination and strength and the understanding of basic Tai-Chi principles. Students will focus on different sections of Taijiquan

throughout the class.

9 wks / January 17–March 13

Wednesday / 7:30–8:30 p.m.

Palo Alto HS Dance Studio / \$83

YOGA AND MEDITATION

Instructor: Kamal Vilms, kvilms@pausd.org

Prerequisite: None

Gently stretch, relax and energize your body with yoga poses that cultivate balance, inner awareness, and mobility and release muscle tension. Regular yoga practice can improve health in many ways from stress reduction to increased flexibility and improved breathing. Bring a yoga mat. *Limit 12 students.*

8 wks / January 22–March 18 (*No class February 19*)

Monday / 5–6:30 p.m.

Palo Alto HS Rm 526 / \$111

NEW

HEALTH AND FITNESS

ZUMBA

Instructor: Amy Chan, achan@pausd.org

Prerequisite: None

Learn different dance styles including Tango, Flamenco, Cha Cha Cha, Salsa, K-Pop, Bollywood, Belly Dancing and more! Zumba helps improve your balance, coordination, and memory. No partner required. Come join the party, make new friends, and bring a water bottle to class!

SECTION A

10 wks / January 17–March 20 (No class February 19)

Monday and Wednesday / 9:30–10:30 a.m.

Herbert Hoover Elementary School / \$185

SECTION B

10 wks / January 17–March 20 (No class February 19)

Monday and Wednesday / 6:30–7:30 p.m.

Cubberley Campus I-Building 2nd Floor / \$185

HOME AND ENVIRONMENT

CLIMATE CHANGE: WHAT YOU CAN DO

Instructors: Jane Rosten and Steve Attinger

Prerequisite: None

With weekly reports of intense weather/fire, many ask what they can do to impact climate change. This fun class is designed to turn good intentions into action. Participants learn: "greening" transportation, saving energy, recycling better, "greening" finances, making dietary changes, impacting policy. Optional goal-setting and group support strengthen class effectiveness.

3 wks / March 6–March 20

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Rm 1701 / \$75

GARDENING IN WINTER

Instructor: Sherri Bohan, sbohan@pausd.org

Prerequisite: None

Great spring and summer gardens are started in winter! This season is the time for preventing diseases, controlling insect pests and banishing weeds. Attend this session to learn about soil-building, bare-root planting, pruning, and planting flowering shrubs and perennials, vegetables for cool season harvests, and when start warm season crops for summer and the end of dormant season spraying.

10 wks / January 17–March 20

Wednesday / 10 a.m.–12 noon

Live Online / \$65*

NATURE SCIENCE HIKES

(Will return Spring 2024)

SEWING: BEGINNING

Instructor: Sally-Ann Rudd, sallyann_r@yahoo.com

Prerequisite: None

Make friends with your sewing machine and learn some basic garment sewing techniques such as working with commercial patterns, cutting and sewing. We will learn step by step how professionals make fabulous custom clothing. Because this is a beginner class we will start slowly by selecting a basic project. You do not need your own sewing machine for this class and previous experience is not required. A supply list will be emailed to students before the first class. Please contact the instructor with any questions. *Limit 12 students.*

8 wks / January 24–March 13

Wednesday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$222

UPHOLSTERY: BASIC TECHNIQUES

Instructors: Kathleen Koenig, kkoenig@pausd.org,

Isabelle Trainer, itrainer@pausd.org,

Shelly Kim, shkim@pausd.org,

Tracey Wyatt, twyatt@pausd.org, and

Pam Jaradeh, pjaradeh@pausd.org

Prerequisite: None

Learn how to reupholster your chair or ottoman from start to finish using a mix of traditional and modern techniques. You will be guided through the entire process of reupholstering your project. While having some sewing/crafting experience can be helpful, it is not a requirement to enroll. A simple project is recommended for new students. If you have an old piece of furniture you would like to salvage, come check us out! *Limit 20 students.*

NEW UPHOLSTERY STUDENTS: After registering, please contact the Adult School Office at (650) 329-3752 for class location and parking information.

SECTION A

10 wks / January 16–March 19

Tuesday / 9 a.m.–1 p.m.

Palo Alto HS Rm 904 / \$370

SECTION B

10 wks / January 18–March 21

Thursday / 9 a.m.–1 p.m.

Palo Alto HS Rm 904 / \$370



"Beginning Sewing was an excellent course!
Great instructors and such a positive environment.
The class stimulated creativity and friendship."

Tracy N.
Program Manager

MUSIC

GUITAR: INTRO

Instructor: Yuri Liberzon, yliberzon@pausd.org

Prerequisite: None



Join us to get introduced to the world of music and guitar. We will learn music fundamentals such as rhythm and standard notation. Will cover ergonomics of playing guitar and proper posture and proper technique. Expect to play in an ensemble with other classmates as well

as individually. It's never too late to begin! Come and discover what you can do with your guitar! Bring your own guitar. *Limit 12 students.*

10 wks / January 17–March 20

Wednesday / 7:30–8:30 p.m.

Palo Alto HS Haymarket Theater / \$93

GUITAR: INTERMEDIATE

Instructor: Yuri Liberzon, yliberzon@pausd.org

Prerequisite: Some musical experience and ability to read music recommended

This class is designed for students who have had some music experience in the past (doesn't have to be guitar). You will pick up from playing single line melodies and progress to playing more notes simultaneously. You will also be working on proper technique, posture, rhythm, music reading, and other musicianship skills. Bring a classical guitar to class. *Limit 12 students.*

10 wks / January 17–March 20

Wednesday / 6–7:30 p.m.

Palo Alto HS Haymarket Theater / \$139

MASTER SINFONIA CHAMBER ORCHESTRA

Instructor: David Ramadanoff, info@mastersinfonia.org, www.mastersinfonia.org

Prerequisite: Students must have advanced technical and music skills on an orchestral instrument.

The Master Sinfonia Chamber Orchestra will rehearse and perform works ranging from classics such as Mozart, Beethoven, Brahms, to 20th Century composers such as Samuel Barber and living composers such as John Adams. The orchestra's winter concerts will be performed in February and March 2024 at 7:30 p.m. in the Palo Alto High School Performing Arts Center. Please check our website for details. *Applicants must audition with the instructor, David Ramadanoff, before attending the first orchestra rehearsal. Contact him at info@mastersinfonia.org for more details.*

10 wks / January 18–March 21

Thursday / 7:30–10 p.m.

Los Altos United Methodist Church / \$55

ODAIKO

Instructor: Kensuke Sumii, info@drumrevolution.com

Prerequisite: Age 15+; Students must also be currently enrolled in Taiko I class

(For continuing students.) This class is designed for individuals with stamina to hit Odaiko (big Taiko) for one hour. Odaiko will help build up stamina, rhythmic competence and speed to hit Taiko. New students must audition before registering for class. Please contact the instructor prior to registration. All equipment, including drums and sticks, are provided. NOTE: Odaiko is a physical activity requiring fitness and stamina. It requires peak physical conditioning and flexible joints and muscles. Individuals with physical concerns should check with their physician before enrolling in this class. All students will be required to sign a waiver of liability. There will be a materials fee payable to the instructor at the first class to cover the drumheads replacement.

SECTION A

4 wks / January 7–January 28

Sunday / 7–8 p.m.

Palo Alto HS Student Center / \$20 (plus \$20 materials fee)

SECTION B

6 wks / February 11–March 24 (No class February 18)

Sunday / 7–8 p.m.

Palo Alto HS Student Center / \$30 (plus \$30 materials fee)

PENINSULA SYMPHONIC BAND

Instructor: Ted Henderson, mrhenderson1962@gmail.com

Experience the thrill of performance in this fully instrumental band for experienced players of wind and mallet-rhythm percussion instruments. Enjoy playing traditional, popular and classical music. Percussionists and tubists are especially needed. A concert will be given at the end of the quarter, on Sunday, March 3, 2024. *Before attending the first band practice, applicants must email Ted Henderson at mrhenderson1962@gmail.com or call him at (408) 910-1830.*

9 wks / January 22–March 25 (No class February 19)

Monday / 7:30–10 p.m.

Palo Alto HS Rm 109 / \$60

PENINSULA SYMPHONIC BAND WINTER CONCERT

Conducted By Ted Henderson

Sunday • March 3, 2024 • 3 p.m.

Admission FREE — Donations Appreciated



** CONCERTS **



MASTER SINFONIA CHAMBER ORCHESTRA

Conducted By David Ramadanoff

Saturdays • February 3 & March 9, 2024 • 7:30 p.m.

Visit mastersinfonia.org for ticket information

MUSIC

PIANO: BEGINNING/INTERMEDIATE

Instructor: Kathy Woveris, kwoveris@gmail.com

Learn to play music in a fun environment using the provided keyboards. Instruction includes basic notes, rhythm, theory and finger exercises as well as chords and scales. You will need a keyboard at home to practice on, or you can rent a keyboard. Textbook: *Adult All-In-One Course: Lesson-Theory-Technic: Level 1 Fundamentals of Piano Theory-Preparatory Level*. Bring textbook to first class, or purchase one from the teacher that same night. Note: No perfumes or scented hair products of any kind in class due to the instructor's allergies. *Limit 10 students.*

SECTION A: Beginning (No previous lessons)

9 wks / January 17–March 13
Wednesday / 5:30–6:30 p.m.
Palo Alto HS Rm 305 / \$83

SECTION B: Beginning/Intermediate

9 wks / January 17–March 13
Wednesday / 6:30–7:30 p.m.
Palo Alto HS Rm 305 / \$83

SECTION C: Intermediate

9 wks / January 17–March 13
Wednesday / 7:30–8:30 p.m.
Palo Alto HS Rm 305 / \$83

TAIKO I

Instructor: Kensuke Sumii, info@drumrevolution.com

Prerequisite: Age 15+

Taiko is the art of Japanese drumming, which develops self-expression and musical creativity. This course engages in Uchikomi based practice. You should have a sense of rhythm and/or stamina to hit drums for two hours. All equipment – including drums & sticks – are provided. There will be a materials fee payable to the instructor at the first class to cover the drum heads replacement. Before registering, see website for more important information. *Limit 24 students.*

SECTION A (Continuing students only)

4 wks / January 10–January 31
Wednesday / 8–10 p.m.
Palo Alto HS Student Center / \$40 (plus \$80 materials fee)

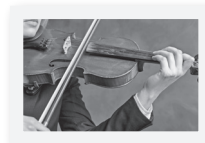
SECTION B (Open to all students)

6 wks / February 14–March 20
Wednesday / 8–10 p.m.
Palo Alto HS Student Center / \$60 (plus \$120 materials fee)

VIOLIN: INTRO

Instructor: Dr. Chag-Hee Lee, chlee@pausd.org

Prerequisite: None



Have you ever dreamed of playing the violin? Then this class is for you! You will learn the basic techniques of playing violin by demonstrating and understanding the repertoire presented and

assigned in class. Bring your own violin. See website for class materials. *Limit 12 students.*

10 wks / January 16–March 19

Tuesday / 6:30–7:30 p.m.

Palo Alto HS Haymarket Theater / \$93

VIOLIN: CONTINUATION

Instructor: Dr. Chag-Hee Lee,
chlee@pausd.org

Prerequisite: Intro to violin or equivalent

This is a continuation of the Intro to Violin class for students who desire to refine their technique and skills in a group setting. You will review and reinforce music reading, playing fundamentals and technique that are important for lasting musical development. You will also emphasize proper posture and playing position, development of characteristic tone quality and training in music literacy. Music used in class is specifically written and arranged for violins. Bring your own violin. See website for class materials. *Limit 12 students.*

10 wks / January 16–March 19

Tuesday / 7:30–8:30 p.m.

Palo Alto HS Haymarket Theater / \$93



Let us know about
your recent class
and how you
are using your
new skills!

Submit your story to
paadultschool.org/tell-us-your-story

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- Discover Sign Language
- Effective Business Writing
- Explore a Career in Medical Coding
- Intermediate Quickbooks
- Mastering Public Speaking
- Real Estate Law
- Using Social Media in Business

To sign up and view more courses that interest you, please visit our Online Instruction Center:

www.ed2go.com/paloalto or call the Palo Alto Adult School: (650) 329-3752

New course sessions begin monthly.

PARENTING AND FAMILY

For 75 years, we have offered preschool programs organized primarily for parent education. Parents develop a deeper understanding of early childhood development and parenting skills through adult discussion classes, formal and informal observations, and community exchanges. Our unique participatory structure allows parents to be involved in their children's preschool education.

PRESCHOOL FAMILY

4120 MIDDLEFIELD ROAD • PALO ALTO, CA 94303-4741 • (650) 856-0833

INSTRUCTOR: PRESCHOOL FAMILY STAFF

PreSchool Family is a parent education, parent participation program serving families with children from birth through five years. The program is designed to offer parents an opportunity to learn about parenting and to actively participate in their child's education. For children, the program offers a developmentally appropriate, play-based, educational experience. Parents join their child for one class each week during September–May regardless of the age of the child.



Parent education is the heart of our program and consistent parent participation is required in both the child and the adult classes. We are committed to supporting the welfare of the whole family. Through our program, parents develop a sense of community and strength by working with other parents and their children. We strive to enhance each child's natural curiosity and love of learning.

Programs offered for the 2023-2024 school year

Parent and Me Classes

- **Spring Infant Class:** Tuesday 10 a.m.–12 noon
- **6–12 Month Old Class:** Wednesday 10 a.m.–12 noon & Parent class monthly Thursday 7–9 p.m.
- **12–24 Month Old Class:** Thursday 9:30–11:30 a.m. & Parent class Wednesday 7:30–9:30 p.m.
- **12–24 Month Old Class:** Friday 9:30 a.m.–11:30 a.m. & Parent class Thursday 7:30–9:30 p.m.
- **2–3 Year Old Dinner Class:** Wednesday 4–6:15 p.m.

Parent Participation PreSchool Classes

- **2 Year Old Class:** Monday and Wednesday 9:30 a.m.–12 noon & Parent class Wednesday 7:30–9:30 p.m.
- **2 Year Old Class:** Tuesday and Thursday 9–11:30 a.m. & Parent class Tuesday 7:30–9:30 p.m.
- **3 Year Old Class:** Monday, Wednesday, & Friday 9–12 noon. & Parent class Wednesday, 7:30–9:30 p.m.
- **3 Year Old Stay and Play Class:** Monday, Wednesday & Friday 9 a.m.–12 noon & Parent class Monday 11:45 a.m.–2:15 p.m.
- **4 Year Old Class:** Monday–Thursday 9 a.m.–12:30 p.m. & Parent class Tuesday 7–9 p.m.
- **4 Year Old Stay and Play Class:** Monday–Thursday 9 a.m.–12:30 p.m. & Parent class Tuesday 12–2:30 p.m.
- **4 Year Old Opt-in 5th Day:** Friday 9 a.m.–12 noon

For information about 2023-2024 classes and registration,

please visit <https://greendell.pausd.org/programs/preschool-family>

Follow PreSchool Family at [instagram.com/preschoolfamily](https://www.instagram.com/preschoolfamily) and twitter.com/preschoolfamily

PreSchool Family phone: (650) 856-0833

PARENTING AND FAMILY



DreamCatchers

Tutoring Underserved Youth for a Brighter Future

DreamCatchers engages the next generation of leaders in helping low-income PAUSD middle school students to thrive. Stanford undergrads and high schoolers provide free after school tutoring/mentorship. We are currently looking for individual and business volunteers to support our youth-driven efforts.

For more information, please visit www.dreamcatchersyouth.org

PHOTOGRAPHY

FUNDAMENTALS OF PHOTOGRAPHY

Instructor: Liz Crandall, ecrandall@pausd.org

Prerequisite: None

Take control of your camera! Investigate dials, icons and screens on your camera and learn how to use them. Improve your photography through exploring and understanding the exposure triangle, visual elements and compositional guidelines. Achieve skillful use of photographic concepts by completing weekly assignments. All camera types welcome.

8 wks / January 22–March 18 (No class February 19)

Monday / 7:30–9:30 p.m.

Palo Alto HS Rm MAC 102 / \$148

BLACK & WHITE DARKROOM: ADVANCED

Instructor: Liz Crandall, ecrandall@pausd.org

Prerequisite: Prior black and white darkroom experience

Enhance and sharpen your darkroom skills, and express, expand and realize your unique artistic vision by creating your own photographic projects. Troubleshoot prints to reduce variables and gain more control over your printing technique. Use compositional guidelines to view prints critically yet artistically. Bring negatives, photographic paper and blotter book to first class. Full materials list and standard darkroom chemicals will be provided.

Limit 6 students.

8 wks / January 22–March 18 (No class February 19)

Monday / 6:30–9:30 p.m.

Palo Alto HS Rm MAC 102 / \$222

WOODWORKING (Woodworking Classes Limited to 15 Students)

INTRO TO WOODTURNING

Instructors: Claude Godcharles,

cgodcharles@pausd.org,

Tom Gaston, tgaston@pausd.org, and Tina Chou

Prerequisite: None

Come learn to turn wood projects on the lathe. This class will run at the same time as the regular Woodworking 3 afternoon class and limited to 5 students. There will be a dedicated turning coach available to teach basics as well as more advanced techniques. You can make bowls, spindles and legs for furniture and craft projects!

Limit 5 students.

NEW

WOODWORKING 1: BUILD A TABLE

Prerequisite: None

Develop woodworking skills while building a table from rough wood using power tools. The class will focus on safety, project planning, and understanding the medium of wood. There will be a materials fee (\$50-\$60) payable to the instructor to cover the cost of wood. Storage space is available for projects during the quarter. You will need safety glasses and hearing protection is highly recommended. No textbook. Materials will be emailed before the class.

SECTION A

8 wks / January 22–March 18 (No class February 19)

Monday / 2–5 p.m.

Palo Alto HS Woodshop / \$222

SECTION B

8 wks / January 22–March 18 (No class February 19)

Monday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$222

SECTION A

Instructors: Derek Witte, dwitte@pausd.org, and

Sumit Roy, sroy@pausd.org

10 wks / January 17–March 20

Wednesday / 1:30–4:30 p.m.

Palo Alto HS Woodshop / \$278

SECTION B

Instructors: Rayan Ghazal, rayan@stanford.edu, and

Alex Granieri, agranieri@pausd.org

10 wks / January 18–March 21

Thursday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$278



Bay Area Woodworkers Association

Meetings include guest speakers, project sharing and exchange among woodworkers.

Winter '24 meeting schedule:

Jan 21 • Feb 18 • Mar 17

Come and join us!

Information at: bayareawoodworkers.org

"In Woodworking I class, it was so great to learn how to use all the different wood shop tools and make a table. The instructors were all great at making sure we used the equipment properly and fully informing us on the process."

Beth Henninger

WOODWORKING (*Woodworking Classes Limited to 15 Students*)

WOODWORKING 2: BUILD A SERVING TRAY

Instructors: Albert Wang, awang@pausd.org, and
Sumit Roy, sroy@pausd.org

Prerequisite: Woodworking 1—No Exceptions

Continue learning woodworking tools and techniques, gain greater comfort with power tools, and strive to make two beautiful and elegant serving trays! Based on Stylish Serving Trays by Heide Martin in Fine Woodworking. There will be a materials fee payable to the instructor at the first class meeting.

10 wks / January 19–March 22

Friday / 2:30–5:30 p.m.

Palo Alto HS Woodshop / \$278

WOODWORKING 2: BUILD A TULIP TABLE

Instructors: Marcus Miller, wmmiller2@yahoo.com
and Mary Ann Carmack, macsoybean@gmail.com

Prerequisite: Woodworking 1 & 2—No Exceptions

Advance your woodworking skills. Learn to safely use the bandsaw, router and lathe along with sliding dovetail joinery. Practice and refine the skills learned in Wood 1. The tilt-top allows display of table top when not in use. There will be a materials fee payable to the instructor at the first class meeting.



10 wks / January 16–March 19

Tuesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$278

WOODWORKING 3 PROJECT: MAKE A CHEESE KNIFE OR LETTER OPENER

Instructors: Michael Osborne, mo@modsf.com, and
Claude Godcharles, cgodcharles@pausd.org

Prerequisite: Woodworking 1 & 2

In this class you will use a combination of power tools and hand tools to make a beautiful wooden cheese knife, butter knife, or letter opener. You will learn how to shape with a rasp, and work with a variety of stunning hardwoods! There will be a materials fee of \$20 payable to the instructor at the first class meeting.

3 wks / January 18–February 1

Thursday / 2–5 p.m.

Palo Alto HS Woodshop / \$83



WOODWORKING 3 PROJECT: WOODWORKING DESIGN — DESIGN AND MAKE A WOOD BOX

Instructors: Michael Osborne, mo@modsf.com, and
Claude Godcharles, cgodcharles@pausd.org

Prerequisite: Woodworking 1 & 2

In this class you will use a combination of power tools and hand tools to design and build a unique wooden box of your own creation. Emphasis will be given to the design of all elements of the box including wood choice, corner joinery, top/lid construction, handle vs no handle, interior treatment, etc. There will be a materials fee of \$30 payable to the instructor at the first class meeting.

7 wks / February 8–March 21

Thursday / 2–5 p.m.

Palo Alto HS Woodshop / \$194

WOODWORKING 3: ADVANCED WOODWORKING TECHNIQUES

Instructors: Claude Godcharles, cgodcharles@pausd.org,
Sumit Roy, sroy@pausd.org, and
Aaron Straight, astraight@pausd.org

Prerequisite: Woodworking 1 & 2—No Exceptions

Come work on your own project, while learning setup and techniques for power tools and hand tools! This class includes short tutorials as well as open shop time to work on your personal project under supervision. Students supply their own materials. Storage space for projects is available during the quarter. Textbook (recommended): *Woodworking Basics* by Peter Korn can be purchased in the Adult School office.

SECTION A

8 wks / January 22–March 18 (*No class February 19*)

Monday / 2–5 p.m.

Palo Alto HS Woodshop / \$222

SECTION B

8 wks / January 22–March 18 (*No class February 19*)

Monday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$222

WOODWORKING 4: ADVANCED—OPEN SHOP

Instructors: Rayan Ghazal, rayan@stanford.edu,
and Sharad Patel, spatel@pausd.org

Prerequisite: Three quarters of Woodworking classes

Work at your own pace with access to instruction, equipment and advice when you need it. A skills test will be given at the first class. Students supply their own materials. Storage space is available for projects during the quarter. Please email instructor at rayan@stanford.edu prior to enrolling.

10 wks / January 17–March 20

Wednesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$278

NEW

*Palo Alto Adult School classes are open to all—residents & non-residents.
We look forward to seeing you in class!*

WORLD LANGUAGES

CHINESE: BEGINNING II

Instructor: Lucia Wu, www@pausd.org

Prerequisite: One quarter of Chinese: Beginning I or have knowledge of the complete set of Chinese phonetics

Continue to strengthen the accuracy on pronunciation and tones through tongue twisters, expand vocabulary, grammars and participation in conversations. Recognize 200 characters, and the use of classifiers (measure words). Required textbook (*Chinese Express: Book 1*) can be purchased in the Adult School office.

10 wks / January 16–March 19

Tuesday / 7:30–9:30 p.m.

Palo Alto HS Rm 309 / \$185

CHINESE: INTERMEDIATE II

Instructor: Lucia Wu, www@pausd.org

Prerequisite: One year of Chinese or equivalent, ability to properly read Chinese phonetics with tones, and knowledge of some basic grammar and characters

Learn the most popular language in the world. Explore modern China through various popular topics about the modern generation. Continue to expand vocabulary grammar. Class includes individual presentation, small group and whole class interaction, listening comprehension, translation exercises and characters reading. 300 characters will be introduced. Required textbook (*Chinese Express: Book 2*) can be purchased in the Adult School office.

10 wks / January 16–March 19

Tuesday / 5:30–7:30 p.m.

Palo Alto HS Rm 309 / \$185

FRENCH: BEGINNING

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: Beginning I (Sec. A)–None; Beginning II (Sec. B)–French Beginning I or equivalent

Bonjour! Students will learn the fundamentals of pronunciation and will develop everyday conversational skills with a focus on phonetics, grammar, listening, reading and writing exercises. Students will become familiar with the French culture and customs. Order book prior to first class. Textbook from Amazon: *Dis-moi!* (ISBN: 0-673-21627-6).

SECTION A: Beginning I

10 wks / January 16–March 19

Tuesday / 9:30–11:30 a.m.

Live Online / \$185

SECTION B: Beginning II

10 wks / January 18–March 21

Thursday / 2–4 p.m.

Live Online / \$185

"My **Intermediate French** class was very enjoyable. I improved my reading and ability to speak French, and hope to visit France this year."

Irwin Kasser
Cardiologist

FRENCH GRAMMAR REVIEW

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: French intermediate



In this comprehensive grammar review course, the emphasis is on the language structure leading to effective communication. The curriculum includes a thorough revision of the parts of speech, modes, sentence structure, verb conjugation, and activity-based exercises. Order book prior to first

class. Textbook: *Grammaire en dialogues – Niveau avancé*. (ISBN: 978-209-038062-0).

10 wks / January 16–March 19

Tuesday / 2–4 p.m.

Live Online / \$185

FRENCH: INTERMEDIATE

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: French Beginning II or equivalent

Increase vocabulary knowledge through reading and listening exercises. Improve conversational skills by following guided activities. Continue reinforcing mastery of grammar and improving syntax. Enhance knowledge of French culture and customs. Order book prior to first class. Textbook from Amazon: *Viens voir!* (ISBN: 0673216284).

10 wks / January 16–March 19

Tuesday / 6–8 p.m.

Live Online / \$185

FRENCH: HIGH INTERMEDIATE

Instructor: Mireille Belloni, mbelloni@pausd.org

Prerequisite: High Intermediate French or can understand complex sentences, have a solid knowledge of past tenses, and enjoys reading fiction in any other language

Reading is a great way to expand your knowledge of French. You will use a contemporary French novel as a vehicle for improving your language skills and discover aspects of French-speaking culture. Please contact the instructor for textbook information.

8 wks / February 1–March 21

Thursday / 10–11:30 a.m.

Live Online / \$112

FRENCH: ADVANCED— L'ART DE LA CONVERSATION

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: French intermediate I & II

Students will initiate and participate in a variety of conversational topics in real-life settings including current events, art, movies, history, books, travel, cuisine, and more. Increase vocabulary and enhance your communication skills, grammar, and syntax. Expand the ability to express your thoughts and opinions on an engaging array of topics. No textbook.

10 wks / January 18–March 21

Thursday / 6–8 p.m.

Live Online / \$185

WORLD LANGUAGES

ITALIAN ESSENTIAL: CRASH COURSE FOR TRAVELERS

Instructor: Roberta Lamanda,
rlamanda@pausd.org

Prerequisite: None



Are you traveling to Italy soon? Join this fun course guided by a native Italian instructor. Prepare for your journey by acquiring the most commonly used Italian vocabulary and essential cultural insights, ensuring a more enriching and immersive travel experience. Engage in

interactive group exercises during class to grasp essential Italian communication structures for your upcoming adventure. This course is for varying levels of Italian proficiency, from beginning to intermediate levels. Emphasis is on conversation and active class participation. All students are required to have their video on during class. *Buon viaggio!*

8 wks / January 25–March 14

Thursday / 5–6:30 p.m.

Live Online / \$111

ITALIAN: BEGINNING II

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: Beginning I or equivalent

This fun class is taught by an experienced teacher and native Italian speaker. You will continue to familiarize yourself with basic Italian grammar, pronunciation drills, and conversational skills. This course is designed for students who have completed Beginning I or have a basic language understanding. Emphasis is on conversation and active class participation. New students are welcome! All students are required to have their video on during class. *A presto!*

10 wks / January 16–March 19

Tuesday / 5–6:30 p.m.

Live Online / \$139

ITALIAN: BEGINNING V

Instructor: Roberta Lamanda,
rlamanda@pausd.org

Prerequisite: Beginning IV or equivalent

This engaging class is taught by an experienced teacher and native Italian speaker. You will strengthen your Italian grammar, refine your syntax, and expand your familiarity with the culture and traditions of Italy. The course is designed for students who have completed Beginning IV or have an elementary language understanding. New students are welcome! Emphasis is on conversation and active participation. All students are required to have their video on during class. *A presto!*

10 wks / January 17–March 20

Wednesday / 6–7:30 p.m.

Live Online / \$139

NEW

ITALIAN: INTERMEDIATE VI

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: Intermediate or equivalent

This Italian language class for high intermediate students is designed to review, reinforce, and expand their grammar and communication skills while also providing an entertaining experience. The class is taught in Italian by an experienced native Italian speaker. Emphasis is on conversation and active in-class participation. New students are welcome. All students are required to have their video on during class. *Vi aspetto!*

8 wks / January 22–March 18 (No class February 19)

Monday / 6–7:30 p.m.

Live Online / \$111

ITALIAN BOOK CLUB: ADVANCED READING AND CONVERSATION

(Will return Spring 2024)

SPANISH: BEGINNING

Instructor: Leonardo McCord Salazar

Prerequisite: Section B None; Section D: Two quarters of beginning Spanish or equivalent



Learn the essentials of Spanish grammar from a native speaker, and develop the four language skills in meaningful contexts. Topics included will be useful for parents with children in Spanish Immersion classes. Adult students will be able

to participate actively in simple conversations with their children. Required textbook can be purchased in the Adult School office.

Levels 1 and 3 are not offered this winter quarter.

SECTION B (Level 2)

10 wks / January 18–March 21

Thursday / 7–9 p.m.

Palo Alto HS Rm 302 / \$185

SECTION D (Level 4)

8 wks / January 22–March 18 (No class February 19)

Monday / 7–9 p.m.

Palo Alto HS Rm 302 / \$148

SPANISH: LOW INTERMEDIATE

Instructor: Leonard McCord

Prerequisite: Two years of Beginning Spanish or equivalent

¡Habla Ud. español? Continue your studies and focus on conversational skills. Add to your knowledge of grammar and Hispanic culture. Required textbooks can be purchased in the Adult School office.

10 wks / January 16–March 19

Tuesday / 7–9 p.m.

Palo Alto HS Rm 302 / \$185

NEW

WORLD LANGUAGES

SPANISH: INTERMEDIATE

Instructor: Leonardo McCord Salazar, lmccord@pausd.org
Prerequisite: Three quarters of low intermediate Spanish or equivalent

Learn the fine points of Spanish grammar and the multiple uses of the subjunctive mood in this engaging course. Read, translate, and discuss a masterpiece of Spanish, Latin-American, or Chicano literature. Required textbooks can be purchased in the Adult School office.

10 wks / January 17–March 20
Wednesday / 5–7 p.m.
Live Online / \$185

SPANISH: ADVANCED CONVERSATION AND LITERATURE

Instructor: Leonardo McCord Salazar
Prerequisite: Advanced Spanish skills

Converse with other students in Spanish, and read contemporary Spanish or Latin-American plays, novels, or short stories. Repetition of the course is encouraged, as new literature is introduced every quarter.

10 wks / January 17–March 20
Wednesday / 7:30–9:30 p.m.
Live Online / \$185



MISSION AND SCHOOLWIDE LEARNER OUTCOMES (SLOs)

MISSION

Palo Alto Adult School is committed to providing a broad range of accessible, flexible, and effective educational programs that enable our diverse community of adult learners to achieve their academic, career, and personal goals.

SCHOOLWIDE LEARNER OUTCOMES (SLOs)

SET GOALS

Students will assess their own needs and identify their academic, career, and/or personal goals.

- With guidance, develop and communicate plans to achieve their goals.
- Be self-directed learners who learn independently and collaboratively in a diverse environment.

ACHIEVE SKILLS

Using a variety of methods, technology, and resources, students will acquire knowledge and skills.

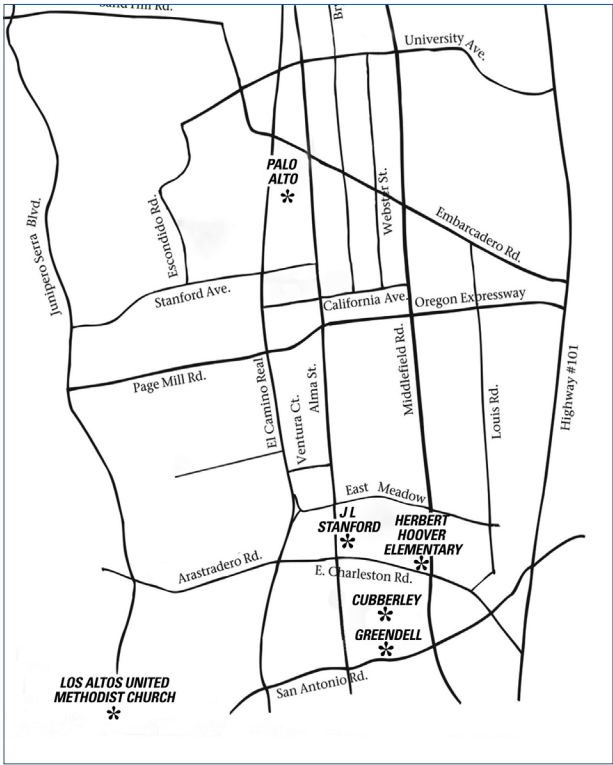
- Develop and apply critical thinking skills.
- Obtain academic and career skills for life and workforce readiness.

DEMONSTRATE LEARNING

Students will apply their acquired core knowledge and skills appropriate to their goals.

- Advance to post-secondary education or training.
- Contribute to personal enrichment and the community.
- Demonstrate 21st century skills including critical thinking, communication, collaboration, and creativity.

PALO ALTO ADULT SCHOOL LOCATIONS



PALO ALTO
Palo Alto High School
50 Embarcadero Road

CUBBERLEY
Cubberley Community Center
4000 Middlefield Road

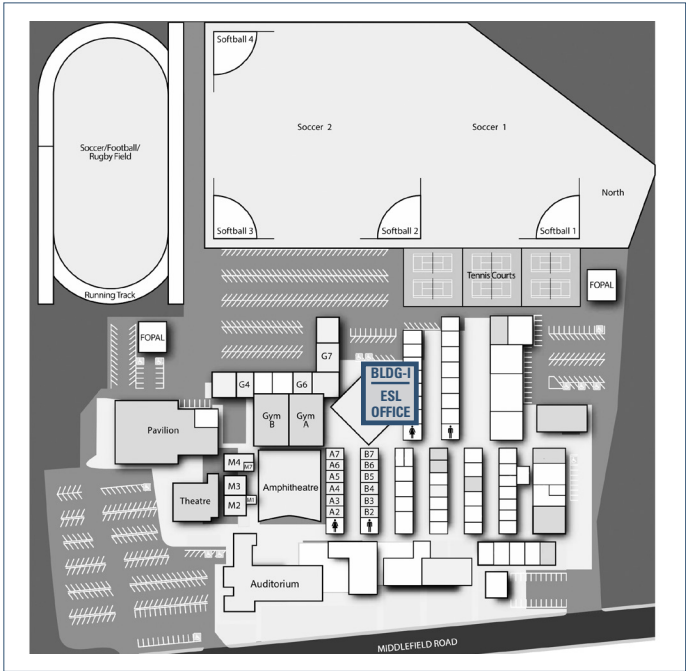
GREENDELL
Greendell School
4120 Middlefield Road

**HERBERT HOOVER
ELEMENTARY SCHOOL**
445 E. Charleston Road

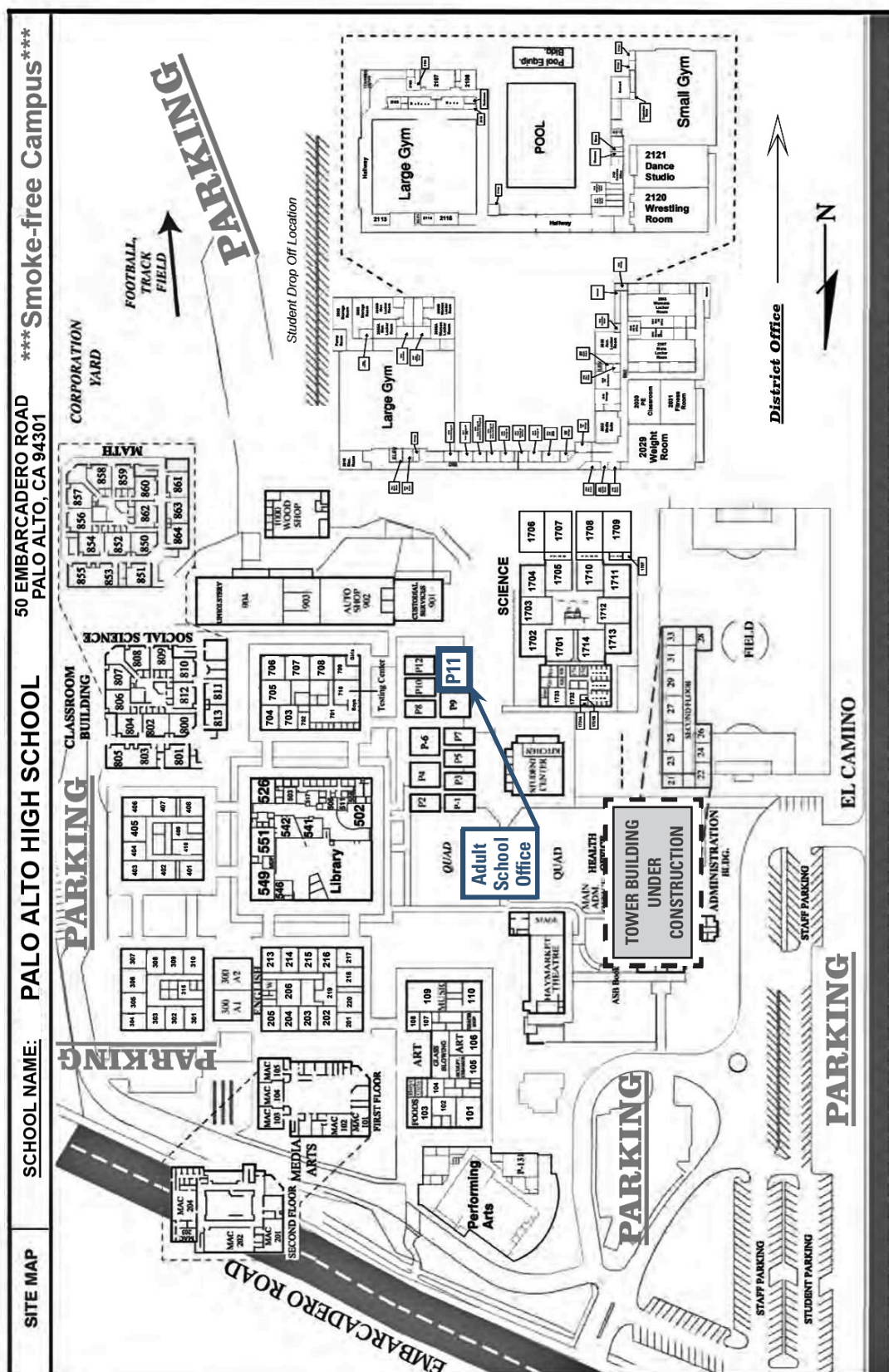
J. L. STANFORD
J.L. Stanford Middle School
480 E. Meadow Drive

**LOS ALTOS UNITED
METHODIST CHURCH**
655 Magdalena Avenue, Los Altos

CUBBERLEY COMMUNITY CENTER — ADULT SCHOOL CLASS LOCATIONS



PALO ALTO ADULT SCHOOL CLASS LOCATIONS



ADMINISTRATIVE POLICIES

POLICIES AND PROCEDURES

Palo Alto Adult School follows the Policies and Procedures adopted by the Palo Alto Board of Education. These can be found at: <https://www.pausd.org/about-us/policies-procedures/board-policies>. These policies support the Education Code of the State of California.

NON DISCRIMINATION

BP 0400: The Board shall provide equal opportunities in all areas and assure that there will be no discrimination against any person on the grounds of race, religion, age, sex, national origin, color, disability, political belief, sexual orientation, marital status, or veteran's status.

ACADEMIC REGULATIONS

BP 5131: The Board of Education believes that all students have the right to be educated in a positive learning environment free from disruptions. Students shall be expected to exhibit appropriate conduct that does not infringe upon the rights of others or interfere with the school program while on school grounds, while going to or coming from school, while at school activities, and while on district transportation.

Conduct is considered appropriate when students are diligent in study, careful with school property, courteous, and respectful toward their teachers, other staff, students, and volunteers. Prohibited student conduct includes, but is not limited to:

- Conduct that endangers students, staff, or others
- Conduct that disrupts the orderly classroom or school environment
- Harassment of students or staff
- Damage to or theft of property belonging to students, staff, or the district
- Use of profane, vulgar, or abusive language
- Plagiarism or dishonesty in school work or on tests
- Possession, use, or being under the influence of tobacco, alcohol, or other prohibited drug in violation of school rules

Students who violate district or school rules and regulations may be subject to discipline including, but not limited to, suspension, expulsion, transfer to alternative programs, or denial of participation in extracurricular or cocurricular activities in accordance with Board policy and administrative regulation. The Superintendent or designee shall notify local law enforcement as appropriate.

STUDENT RECORDS

BP 5125: At each school, the principal or a certificated designee shall act as custodian of records for students enrolled at that school. The custodian of records shall be responsible for implementing Board policy and administrative regulation regarding student records.

School Policy: Adult student records can be released following a written request by the student to the adult school office. Records are released to other parties with the student's permission.

ELIGIBILITY

All persons over the age of 18 are eligible for all Adult School classes with no residency restrictions.

PRE-REGISTRATION

Please register early since classes that do not have sufficient enrollment are canceled.

REFUND POLICY

Refund of fees will only be given if requested at least 72 hours before the first class meeting. There is a \$15 fee for cancellations. A complete refund will always be made if we cancel a class. Please choose your classes carefully.

- We are sorry we cannot accept medical, business travel or other reasons.
- Refunds will be given automatically if the Adult School cancels a class.
- Deposits and tuition for parent education classes are entirely non-refundable.
- Textbooks are not returnable.

A CERTIFICATE OF COMPLETION

A certificate of completion and/or a letter stating participation in any Adult School class will be given to any student upon request to the office and verification of attendance.

SCHOLARSHIPS

Please contact the Principal, Jim Sherman, if you need scholarship assistance. All information given will remain confidential.

TOBACCO-FREE SCHOOL DISTRICT PROPERTY

Smoking and the use of tobacco products by all persons is prohibited on Palo Alto Unified School District property and at district-sponsored events.

SEXUAL HARASSMENT POLICY

It is the policy of the Palo Alto Unified School District to provide a school environment free from all forms of harassment, including sexual harassment, and to maintain an environment in which all students and staff model this behavior and are treated with dignity and respect. Please see the district website for complete information: <https://www.pausd.org/about-us/policies-procedures/title-ix-office>.

UNIFORM COMPLAINT PROCEDURES

The Palo Alto Unified School District maintains a uniform complaint procedure. Please visit the district website for complete information at <https://www.pausd.org/about-us/policies-procedures/formal-complaint-procedures>.

CONSORTIUM PARTNERSHIP

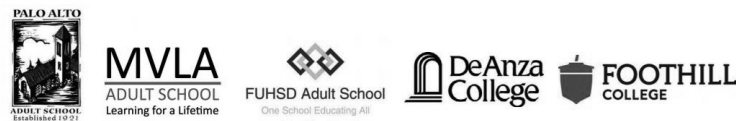
North Santa Clara County Student Transition Consortium

The Palo Alto Adult School is a member of the North Santa Clara County Student Transition Consortium (NSCCSTC), a collaboration between the Foothill-De Anza College District (FHDA), Palo Alto Unified School District Adult School (PAUSD), Fremont Union High School District Adult School (FUHSD), and the Mountain View Los Altos Union High School District Adult School (MVLA). The consortium serves the communities of Cupertino, Los Altos, Los Altos Hills, Mountain View, Palo Alto, and Sunnyvale, as well as portions of San Jose. Its mission is to coordinate and align programs, create linkages, and develop regional plans to better serve the educational needs of adults in the region.

Meet the members of our consortium:

- Palo Alto Adult School: paadultschool.org
- Mountain View Los Altos Adult School: mvla.net
- FUHSD Adult School Sunnyvale-Cupertino: fuhsdadultschool.com
- De Anza College: deanza.edu
- Foothill College: foothill.edu

Find out more about NSCCSTC at sites.google.com/site/nscstcaebg.



CONTACT INFORMATION

2023-2024 PAUSD BOARD OF EDUCATION

Jennifer DiBrienza President (917) 501-0930 jdibrienza@pausd.org	Jesse Ladamirak Vice President (415) 748-1684 jladamirak@pausd.org	Todd Collins Board Member (650) 695-1330 tcollins@pausd.org	Shounak Dharap Board Member (650) 575-6485 sdharap@pausd.org	Shana Segal Board Member ssegal@pausd.org
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DISTRICT ADMINISTRATION

Don Austin Superintendent (650) 329-3983 daustin@pausd.org	Jim Sherman Principal, Adult School (650) 329-3752 jsherman@pausd.org	Lynn Tanner ESL Program Manager (650) 494-2326 ltanner@pausd.org	Guillermo Lopez Associate Superintendent (650) 329-3717 glopez@pausd.org	Nikole Manou Principal, PreSchool Family (650) 856-0833 nmanou@pausd.org
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COMMUNITY PARTNER

Our Community Partner this quarter is



BAY AREA WOODWORKERS ASSOCIATION

The Bay Area Woodworkers Association provides educational and networking opportunities for woodworkers, from beginners to professionals, in the SF Bay Area.

WEBSITE // bayareawoodworkers.org/

5

WAYS TO REGISTER

PHONE	(650) 329-3752
EMAIL	adultschool@pausd.org
WEBSITE	PAAAdultSchool.org
MAIL/WALK-IN	Palo Alto Adult School, 50 Embarcadero Road, Palo Alto, CA 94301

RECEIPTS/CONFIRMATIONS

Please call if you need a receipt or a confirmation:
(650) 329-3752. You will be notified if a class is cancelled.

REFUNDS

Refunds are given up to 72 hours before the first class meeting. There is a \$15 fee for cancellation. A complete refund will always be made if we cancel a class. Textbooks are not returnable.

NEED HELP? CALL (650) 329-3752

REGISTER EARLY

Register today to secure your place in our most popular classes. If minimum enrollments are not met, classes will be canceled and a full refund will be processed.

OFFICE HOURS

PALY: Mon-Thu 8 a.m.-9:30 p.m.; Fri 8 a.m.-4 p.m.

CUBBERLEY: Mon.-Thu 8:30 a.m.-4 p.m.;

Fri 8:30 a.m.-2 p.m.

HOLIDAYS (*No Classes*): Jan 15 & Feb 19

WINTER REGISTRATION BEGINS DECEMBER 1, 2023

This schedule is valid through March 22, 2024. Additional information, materials lists and schedule changes are posted on our website at PAAAdultSchool.org.

**REGISTRATION FORM****PALO ALTO ADULT SCHOOL**

Palo Alto Unified School District
50 Embarcadero Road
Palo Alto, CA 94301

Year: 2024

Quarter: ☒ Winter ☐ Spring

☐ Summer ☐ Fall

Registration Date: _____

Name: _____
(Last) (First) (Middle)

Address: _____
(Street Number) (Street Name) (Apt.) (City) (State) (Zip Code)

Home Phone: _____ Work Phone: _____

Cell Phone: _____ Email Address: _____

Start Date: _____ ☐ New Student ☐ Returning Student Date of Birth: _____ ☐ M ☐ F

Class Name	M	T	W	Th	F	S	Instructor	Time	Location	Fee

Type of Payment: ☐ Check ☐ Cash ☐ Visa ☐ MasterCard ☐ No Fee

Credit Card Number: _____ Expiration Date: _____

How did you find out about this class? _____

Register Online at PAAAdultSchool.org or print and mail this form.



PALO ALTO ADULT SCHOOL
Palo Alto Unified School District
50 Embarcadero Road
Palo Alto, CA 94301



SCAN TO
REGISTER ONLINE

ALL RESIDENTS AND NON-RESIDENTS WELCOME



Education is for life

