



# PALO ALTO ADULT SCHOOL Summer 2024



**Registration Begins  
May 10, 2024!**



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2024 SUMMER CALENDAR

REGISTRATION FOR SUMMER QUARTER BEGINS // MAY 10, 2024

SUMMER QUARTER TERM // JUNE 3-JULY 12, 2024

HOLIDAYS-NO CLASSES // JUNE 19 & JULY 4, 2024

Study In-person — or Study Online!

For the summer 2024 quarter, our staff is conducting in-person classes, as well as online classes via Zoom.

We will provide easy Zoom access and user instructions once you register.

Many additional online classes (outlined in this catalog and on our website) are available via our partner, [ed2go.com/paloalto](https://ed2go.com/paloalto).

For ed2go registration, visit [ed2go.com/paloalto](https://ed2go.com/paloalto).

For questions about ed2go policies, please call ed2go at 1-855-520-6806.

EDUCATION IS FOR LIFE!

## ARTS AND CRAFTS

### SCENERY WATERCOLOR PAINTING AND DRAWING

Instructor: Ferenc Besze, fbesze@pausd.org,  
<http://besze.com>

*Prerequisite: None*



Drawing is essential to representational painting. In this online class, we will spend equal time drawing and painting, to develop our observation skills about proportion, perspective, creating

3D effects and creating compositional studies. Our subjects will include scenery, figures, portraits, and objects. *\*Have your field sketches/ photographs for reference material.* See website for materials list.

6 wks / June 12–July 17

Wednesday / 6:30–8:30 p.m.

Live Online / \$111

### CELEBRATE WITH A HOLIDAY WREATH

Instructor: Sam Kauffman, samksongs@gmail.com

*Prerequisite: None*



Summer is in the air! Celebrate the season with a one-day workshop by making a one-of-a-kind wreath from Sam Kauffman's on-line shop—*Whimsy And*. Sam has had a floral arranging business for over twenty years. There will be a \$10 supply fee

payable to the instructor. *Limit 10 students.*

One Session / June 20

Thursday / 1–3:30 p.m.

Cubberley Campus I-Building 2nd Floor / \$30

## CAREER TRAINING

Our career training courses can prepare you for a new career or help you advance within your current occupation.

### VOICE-OVERS: NOW IS *YOUR* TIME!

Instructor: Lisa Foster, caitlin@suchavoice.com

*Prerequisite: None*



In what could be the most enlightening 2 hours you've ever spent, this class will show you how you can actually begin using your speaking voice for commercials, films, videos, and more.

Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for! This class will be presented via Zoom, you will receive an emailed link 24 hours prior to the class.

One Session / June 24

Monday / 6–8 p.m.

Live Online / \$50

### WORK READINESS: JOB SEARCH SKILLS— LEARN NEW SKILLS FOR GETTING A JOB

Instructor: Kathilynn Lehmer, [pajoblink.lehmer@gmail.com](mailto:pajoblink.lehmer@gmail.com)

Pack your job search tool box with new strategies for getting a job by joining this work readiness program. Prepare a powerful resume and cover letter, create a LinkedIn Profile, develop networking and interviewing skills, and learn new job hunting strategies. Sessions take place in person or via Zoom, depending upon the student's preference. Job seekers will attend an average of 12 individualized job coaching sessions to identify employment opportunities and resources, identify job search needs, develop job search skills, and create an employment portfolio. *There is no fee and the course is open-entry—start anytime.* For more information and to find out how to register, send an email to Kathilynn Lehmer at [pajoblink.lehmer@gmail.com](mailto:pajoblink.lehmer@gmail.com).

Start Anytime

No Fee

In-Person or Online via Zoom

## CAREER TRAINING: ED2GO *(Online/Recorded)*

Palo Alto Adult School, in partnership with ed2go, offers online open enrollment programs designed to provide the skills necessary to acquire professional level positions for many in-demand occupations.

\*\*\* For ed2go registration, visit [ed2go.com/paloalto](https://ed2go.com/paloalto).

For questions about ed2go policies, please call ed2go at 1-855-520-6806. \*\*\*

### ADMINISTRATIVE ASSISTANT FUNDAMENTALS

Instructors: Becky & Tony Swaim (*ed2go Instructors*)

*Prerequisite: None*

Rapid growth in the health, legal services, data processing, management, public relations, and other industries have created many new job opportunities for administrative assistants. Become an indispensable member of the corporate team as an Administrative Assistant. This course will help you master essential job responsibilities as you identify opportunities and implement solutions for increased productivity throughout your company. To register, visit [ed2go.com/paloalto](https://ed2go.com/paloalto).

6 Weeks Access / 24 Course Hours

Starts: May 15 | Jun 12 | Jul 17 (Self-paced)

ed2go Online/Recorded / \$129

### RESUME WRITING WORKSHOP

Instructor: Stephanie Donaldson (*ed2go Instructor*)

*Prerequisite: Experience with any version of Microsoft Word*

Transform your resume into a powerful tool that will help you get interviews. This course is invaluable to anyone who wants to improve their resume as it will introduce you to different formats, help you make the most of your work experience, and teach you how to use a reference to your advantage. To register, visit [ed2go.com/paloalto](https://ed2go.com/paloalto).

6 Weeks Access / 24 Course Hours

Starts: May 15 | Jun 12 | Jul 17 (Self-paced)

ed2go Online/Recorded / \$135

### EFFECTIVE BUSINESS WRITING

Instructor: Ann Linquist (*ed2go Instructor*)

*Prerequisite: None*

Improve your career prospects by learning how to develop powerful written documents that draw readers in. This course will help you identify gaps and eliminate problem areas in your writing skills. By the end of this course, you'll know the secret to developing powerful written documents that immediately draw readers in and keep them motivated to continue until your very last, well-chosen word. To register, visit [ed2go.com/paloalto](https://ed2go.com/paloalto).

6 Weeks Access / 24 Course Hours

Starts: May 15 | Jun 12 | Jul 17 (Self-paced)

ed2go Online/Recorded / \$135



## CAREER TRAINING: Advanced Certificate Programs ED2GO (Online/Recorded)

Introducing 397 new Advanced Career Training courses. Learn new skills and prepare for industry-recognized certifications. Curriculum, course details, and prices can be found at [paadultschool.org/CTE](http://paadultschool.org/CTE).

### **CLINICAL DENTAL ASSISTANT (GES1038)**

*(Exam Vouchers Included)*

Instructor: Priscilla Garcia (*ed2go Instructor*)

*Prerequisite: None*

Dental assistants play a valuable role in any dental care team, often handling a variety of tasks from assisting with treatment procedures to administrative duties. This 100% online course will help you gain the technical skills you need to join a dental office as a clinical dental assistant. For pricing, details, registration, visit our website [paadultschool.org/CTE](http://paadultschool.org/CTE) (Career Training).

12 Months / 300 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

### **CERTIFIED PHYSICAL THERAPY AIDE (GES189)**

*(Voucher Included)*

Instructor: Holly Trimble (*ed2go Instructor*)

*Prerequisite: None*

Physical therapy aides work with physical therapists helping patients undergoing physical therapy treatment. This 100% online course will teach you the concepts, skills and practices to become a certified physical therapy aide. Upon successful completion, you will be eligible to take the American Medical Certification Association's (AMCA) Physical Therapy Technician/Aide certification exam. Certification test voucher included. For pricing, details, registration, visit our website [paadultschool.org/CTE](http://paadultschool.org/CTE) (Career Training).

9 Months / 190 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

### **CERTIFIED TECHNICAL WRITER (GES2110)**

Instructors: Janet Underwood and Lynn Atkinson

*(ed2go Instructors)*

*Prerequisite: None*

As technology and innovations hubs grow across the country, so does the need for skilled technical writers. This 100% online course will help you master technical writing and build a robust portfolio that showcases this highly marketable skill. The course also includes a lesson on preparing for the (CPTC) Certified Professional Technical Communicator exam offered by the Society for Technical Communication (STC). For pricing, details, registration, visit our website [paadultschool.org/CTE](http://paadultschool.org/CTE) (Career Training).

6 Months / 125 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded



## COMPUTER SKILLS: ED2GO (Online/Recorded)

### ACHIEVING TOP SEARCH ENGINE POSITIONS

Instructor: Chris Minnick (*ed2go Instructor*)

*Prerequisite: It is recommended that you have a website or are building a website to get the most out of this course*

If you want to increase website traffic, you must understand how to improve your search engine ranking. This course will give you the knowledge you need to boost website visibility with proven, step-by-step SEO strategies you can implement immediately. By the end of the course, you'll have mastered proven, step-by-step SEO strategies that you can implement right away. To register, visit [ed2go.com/paloalto](http://ed2go.com/paloalto).

6 Weeks Access / 24 Course Hours

Starts: May 15 | Jun 12 | Jul 17 (Self-paced)

ed2go Online/Recorded / \$135

### CREATING WORDPRESS WEBSITES

Instructor: Richard Mansfield (*ed2go Instructor*)

*Prerequisite: None*


Learn how to create websites with WordPress, the world's most popular website building platform. WordPress is an easy-to-use solution that will help you put your site on the web in far less time than by coding. You will get hands-on experience with this powerful tool as you create your own WordPress.org site and blog. By the end of this course, you will be able to confidently use WordPress to create a blog or a personal, business, or organizational website. To register, visit [ed2go.com/paloalto](http://ed2go.com/paloalto).

6 Weeks Access / 24 Course Hours

Starts: May 15 | Jun 12 | Jul 17 (Self-paced)

ed2go Online/Recorded / \$129

### NEW TEACHERS WELCOME!



If you would like to become an Adult School instructor, please send an email to [adultschool@pausd.org](mailto:adultschool@pausd.org) for an application. Specific teaching credentials are required for certain subjects, but not for all. For more information on how to apply, please visit

**[PAAadultschool.org/new-instructors-welcome](http://PAAadultschool.org/new-instructors-welcome)**



## COOKING: ED2GO (Online/Recorded)

### LUSCIOUS, LOW-FAT, LIGHTNING-QUICK MEALS

Instructor: Donna Acosta (*ed2go Instructor*)

*Prerequisite: None*

Have you ever wished you had a personal chef preparing luscious, low-fat meals for you? This course is the next best thing! You'll learn how to reduce fat in recipes without sacrificing flavor or texture. Explore how to use flavor profiling to expand your culinary horizons. Learn how to prepare casseroles, crock-pot dishes, vegan dishes, oven-fried foods, meat-based meals, and many other entrees that are both nutritious and delicious! To register, visit [ed2go.com/paloalto](http://ed2go.com/paloalto).

6 Weeks Access / 24 Course Hours

Starts: Jun 14 | Jul 12 (Self Paced)

ed2go Online/Recorded / \$125

### SECRETS OF THE CATERER

Instructor: Dawn Simmons (*ed2go Instructor*)

*Prerequisite: None*

In this introductory course, you will learn how to put your cooking and party planning skills to work. Learn the fundamentals of the catering business, how to cook for large crowds, organize your kitchen, manage your time, and work with clients. The course focuses on cooking skills every caterer needs, with an introduction to the business side of catering. You'll also receive many unique and tested recipes that you can use to jump-start your business. Build your catering skills and begin a new and exciting career today. To register, visit [ed2go.com/paloalto](http://ed2go.com/paloalto).

6 Weeks Access / 24 Course Hours

Starts: Jun 14 | Jul 12 (Self Paced)

ed2go Online/Recorded / \$125

### START YOUR OWN EDIBLE GARDEN

Instructor: Eva Shaw, Ph.D. (*ed2go Instructor*)

*Prerequisite: None*

Grow delicious, nutritious fruit and vegetables in your own backyard! In this course, you'll learn how to give your garden a healthy start and keep it growing strong all season. You'll begin by figuring out which type of garden is right for you. Whether you want to provide your family with nutritious food, save money, get some exercise, or just be more self-sufficient, this course will give you the skills and knowledge you need to be on your way to a successful harvest. To register, visit [ed2go.com/paloalto](http://ed2go.com/paloalto).

6 Weeks Access / 24 Course Hours

Starts: Jun 14 | Jul 12 (Self Paced)

ed2go Online/Recorded / \$129



## ENGLISH AS A SECOND LANGUAGE (ESL)

### ESL FALL QUARTER 2024 —CLASSES BEGIN MON, AUG 19, 2024

The Palo Alto Adult School ESL program offers many classes to help you meet your English learning goals. ***To enter our free classes, new students must register for a placement test.*** There is no childcare for the test or the classes.

#### Enrollment Policies

- Students must be able to attend the full 8 weeks.
- Students will be required to buy a textbook for the class.
- There is no childcare.

#### FALL 2024 PLACEMENT TEST REGISTRATION

**Opens 8 a.m. Fri, Aug 2, 2024**

**\*\* Please check website for all testing dates and times. \*\***

***<https://paadultschool.org>***



#### BE A VOLUNTEER ESL TUTOR

*Help Someone Learn English*

Set aside one hour a week to help wonderful people at a crucial moment in their lives. Volunteers work in small groups with students or with a teacher in a classroom. You do not have to speak a foreign language or have teaching experience. Free training and ongoing support will be provided.

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**Our *Volunteer ESL Tutor* program resumes Fall 2024.**

For more information, in August, please contact  
ESL Volunteer Tutor Program Manager, Anjani Sarma, [asarma@pausd.org](mailto:asarma@pausd.org)



## ENGLISH ENRICHMENT

### FESTIVAL PROJECT —

#### WHAT CAN WE HONOR AND CELEBRATE THIS SEASON?

Instructor: Susan Silver, [ssilver@pausd.org](mailto:ssilver@pausd.org)

*Prerequisite: For intermediate to low advanced English language learners*



In this fun and engaging class, students will learn about many different festivals around the world. Working in small groups, students will then create their own new festival to honor a thing, person or event that is worth celebrating. In this course, students will create rituals, develop a budget and practice using electronic presentation tools. They will also learn how to read recipes and will develop their own recipe for the festival. Students will improve their English speaking and presentation skills, and their reading and writing skills in a collaborative and supportive environment. This class is designed for high-intermediate through advanced level students.

5 wks / June 11–July 11 (*No class July 4*)

Tuesday & Thursday / 1–2:30 p.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$116



## GENERAL INTEREST

### CREATIVE WRITING: WRITING TO HEAL

Instructor: Chana Feinstein, [cfeinstein@pausd.org](mailto:cfeinstein@pausd.org)

*Prerequisite: None*

Writing about your pain and trauma can help you heal. Pennebaker and other experts have designed written exercises to help you revisit your upsetting experiences in writing and find new meaning and hope. This class is self-help coaching, not therapy.

5 wks / June 15–July 13

Saturday / 9–11:30 a.m.

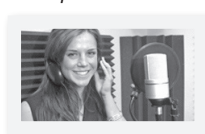
Live Online / \$75



### VOICE-OVERS: NOW IS *YOUR* TIME!

Instructor: Lisa Foster, [caitlin@suchavoice.com](mailto:caitlin@suchavoice.com)

*Prerequisite: None*



In what could be the most enlightening 2 hours you've ever spent, this class will show you how you can actually begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for! This class will be presented via Zoom, you will receive an emailed link 24 hours prior to the class.

One Session / June 24

Monday / 6–8 p.m.

Live Online / \$50

### CREATIVE WRITING:

#### WRITERS MENTORING WRITERS

Instructor: Sam Kauffman, [samksongs@gmail.com](mailto:samksongs@gmail.com)

*Prerequisite: None*

Learn to be a better writer! Share your ideas, feelings, and experiences with others. Express yourself through poetry, memoir, short stories, essays, creative non-fiction or whatever you prefer. There will be time during class to write based on writing prompts. Class time is allotted for looking at writing basics such as metaphor, character development, plot development, foreshadowing and other techniques.

*Limit 10 students.*

5 wks / June 12–July 17 (*No class June 19*)

Wednesday / 1–3:30 p.m.

Cubberley Campus I-Building 2nd Floor / \$75

## HEALTH AND FITNESS

### ABS AND BOOTY BUSTER

Instructor: Amy Chan, [achan@pausd.org](mailto:achan@pausd.org)

*Prerequisite: None*

After one session of Abs and Booty Buster we guarantee you'll see results! Designed to strengthen and tone your core, glutes, and back. This super effective 60-minute workout will transform your body! Come join the fun with Amy and start getting into shape for the summer! Bring a yoga mat, 1–3 lbs weights, stretching band, and water bottle.

6 wks / June 10–July 17 (No class June 19)

Monday & Wednesday / 7:30–8:30 p.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$111

### FAMILY CYCLING

Instructor: Maria Abilock and Meg Wilkins, [mabilock@pausd.org](mailto:mabilock@pausd.org)

*Prerequisite: Must be able to ride a bike (child passengers okay).*

*Bring your bike in good working order and helmets to the on-bike class.*

Learn bike safety skills and build your confidence riding on local streets with your kids by taking this classroom lesson and on-bike class. The Wednesday classroom session includes: rules of the road, safe riding, and what is developmentally appropriate for kids. The Saturday On-bike instruction includes skill drills and a guided ride. A bicycle in good working condition and a helmet are required for each participant. Bring snacks and water bottles. Child participants need to be in child seats, cargo bikes, or trailers or must already know how to ride a bike. *Limit 10 adult riders.*

2 sessions / July 10 & July 13

Wednesday / 7–8:30 p.m. & Saturday / 9 a.m.–12 noon

Greendell MP Room / \$45



### ADULT BIKE SAFETY & GUIDE RIDES

Instructor: Maria Abilock and Marjan Wilkins, [mabilock@pausd.org](mailto:mabilock@pausd.org)

*Prerequisite: Must be able to ride a bike*



Learn bike safety skills and build your confidence riding on local streets in this classroom and on-bike class. Classroom session includes rules of the road, safe riding on local streets, route planning, and basic bike maintenance. On-bike instruction includes skill drills and a guided ride. Functional bicycles

and helmets are required for on-bike participation. Bring a functional bike, helmet, snack and a water bottle. Meet at the flagpole. Teens may join with a parent. *Limit 12 riders.*

One session / July 14

Sunday / 12–4 p.m.

Greendell MP Room / \$35

### LINE DANCING

Instructor: Kent You and Sandy Hsu, [kent.you@gmail.com](mailto:kent.you@gmail.com)

*Prerequisite: None*

Exercise your brain and body while enhancing balance as you learn new steps. Dance to a wide variety of international music – including pop, classical and seasonal songs. No partner needed. Beginners welcome. Line dancing is a fun, good way to exercise!

5 wks / June 18–July 16

Tuesday / 7:30–8:30 p.m.

Palo Alto HS Dance Studio / \$46

### ZUMBA

Instructor: Amy Chan, [achan@pausd.org](mailto:achan@pausd.org)

*Prerequisite: None*

Learn different dance styles including: Tango, Flamenco, Cha Cha Cha, Salsa, K-Pop, Bollywood, Belly Dancing, and more! Zumba helps improve your balance, coordination, and memory. No partner required. Come join the party, make new friends, and bring a water bottle to class!

6 wks / June 10–July 17 (No class June 19)

Monday & Wednesday / 6:30–7:30 p.m.

Cubberley Campus I-Building 2<sup>nd</sup> Floor / \$111

## HOME AND ENVIRONMENT

### GARDENING IN SUMMER

Instructor: Sherri Bohan, [sbohan@pausd.org](mailto:sbohan@pausd.org)

*Prerequisite: None*



Enjoy caring for your summer garden. Use the latest in proper techniques and organic treatment for insects and plant disease and water-wise problems. You can have a wonderful vibrant garden this summer. Start

a vegetable garden for fall in summer. For all levels of gardening experience.

6 wks / June 12–July 17

Wednesday / 10 a.m.–12 noon

Live Online / \$75

### INTRODUCTION TO INTERIOR DESIGN

Instructor: Sarah Smallwood (*ed2go Instructor*)

*Prerequisite: None*

This course will show you how to transform plain living spaces into beautiful and functional rooms. As you master design skills step-by-step, you'll complete your first project: a fully developed room design complete with spatial layout, lighting, and finish selections. To register, visit [ed2go.com/paloalto](http://ed2go.com/paloalto).

6 Weeks Access / 24 Course Hours

Starts: May 15 | June 12 | July 17 (Self Paced)

ed2go Online/Recorded / \$115

## MUSIC

### ODAIKO

Instructor: Kensuke Sumii, [info@drumrevolution.com](mailto:info@drumrevolution.com)

*Prerequisite: Age 15+; Students must also be currently enrolled in Wednesday Taiko class*

*(For continuing students only.)* This class is designed for individuals with stamina to hit Odaiko (big Taiko) for one hour. Odaiko will help build up stamina, rhythmic competence and speed to hit Taiko. *New students must audition before registering for class.* Please contact the instructor prior to registration. *All equipment, including drums and sticks, are provided.* NOTE: Odaiko is a physical activity requiring fitness and stamina. It requires peak physical conditioning and flexible joints and muscles. Individuals with physical concerns should check with their physician before enrolling in this class. All students will be required to sign a waiver of liability. There will be a materials fee payable to the instructor at the first class to cover the drumheads replacement.

6 wks / July 12–August 23 (*No class August 9*)

Friday / 7:30–9:30 p.m.

Palo Alto HS Student Center / \$60 (*plus \$60 materials fee*)



## MUSIC

### PENINSULA SYMPHONIC BAND

Instructor: Ted Henderson, [mrhenderson1962@gmail.com](mailto:mrhenderson1962@gmail.com)

Experience the thrill of performance in this fully instrumental band for experienced players of wind and mallet-rhythm percussion instruments. Enjoy playing traditional, popular, and classical music. Percussionists and tubists are especially needed. A concert will be given on Sunday, July 28, 2024 in the Performing Arts Center at Palo Alto High School, 50 Embarcadero Road, Palo Alto. Admission is Free.

**NOTE:** Before attending the first band practice, applicants must email Ted Henderson at [mrhenderson1962@gmail.com](mailto:mrhenderson1962@gmail.com), or call him at (408) 910-1830.

7 wks / June 10–July 22

Monday / 7:30–10 p.m.

Palo Alto HS Rm TBD / \$60



### SYMPHONIC BAND SUMMER CONCERT

*Conducted By Ted Henderson*

- Sunday, July 28, 2024 at 3 p.m.
- Performing Arts Center, Palo Alto High School
- Admission Free — Donations Appreciated

### TAIKO (*Open to ALL Students*)

Instructor: Kensuke Sumii, [info@drumrevolution.com](mailto:info@drumrevolution.com)

**Prerequisite:** Age 15+



Taiko is the art of Japanese drumming, which develops self-expression and musical creativity. This course engages in Uchikomi based practice. The class is only open for either experienced players or the ones who have strong music and performing art backgrounds.

Former College Taiko players are welcome. Students who join should have a sense of rhythm and/or stamina to hit drums for two hours. Like martial arts practice, students do not wear shoes or socks in class. We practice barefoot. *All equipment (including drums & sticks) are provided.* Before registering, see website for additional important information.

*Limit 24 students.*

6 wks / July 10–August 21 (*No class August 7*)

Wednesday / 8–10 p.m.

Palo Alto HS Student Center / \$60 (*plus \$120 materials fee*)

## ONLINE COURSES WITH ED2GO

# Online Education

Convenient  
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Led Format

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ed2go

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**EXPERT INSTRUCTORS • 24-HOUR ACCESS • ONLINE DISCUSSION AREAS • 6 WEEKS OF INSTRUCTION**

- Accounting Fundamentals
- Administrative Assistant Fundamentals
- Blogging and Podcasting
- Getting Started with Google Workspace
- Mastering Public Speaking
- Paralegal Preparation I

To sign up and view more courses that interest you, please visit our Online Instruction Center:  
**[www.ed2go.com/paloalto](http://www.ed2go.com/paloalto)** or call **ed2go at 1-855-520-6806** for more information.

*New course sessions begin monthly.*

## PARENTING AND FAMILY

For 75 years, we have offered preschool programs organized primarily for parent education. Parents develop a deeper understanding of early childhood development and parenting skills through adult discussion classes, formal and informal observations, and community exchanges. Our unique participatory structure allows parents to be involved in their children's preschool education.

### PRESCHOOL FAMILY

4120 MIDDLEFIELD ROAD • PALO ALTO, CA 94303-4741 • (650) 856-0833

INSTRUCTOR: PRESCHOOL FAMILY STAFF

PreSchool Family is a parent education, parent participation program serving families with children from birth through five years. The program is designed to offer parents an opportunity to learn about parenting and to actively participate in their child's education. For children, the program offers a developmentally appropriate, play-based, educational experience. Parents join their child for one class each week during September–May regardless of the age of the child.

Parent education is the heart of our program and consistent parent participation is required in both the child and the adult classes. We are committed to supporting the welfare of the whole family. Through our program, parents develop a sense of community and strength by working with other parents and their children. We strive to enhance each child's natural curiosity and love of learning.

We provide opportunities for children to master tasks that are appropriate for their individual level of development. Periods of free play are complemented by more structured small and large group activities.

In order to build strong families and communities, PreSchool Family serves parents and young children in a way that nurtures, respects, and educates all families, cultures, and religions. Each child and each parent are treated with respect for their individuality and unique potential.



#### Programs Offered for the 2024-2025 School Year

##### Parent & Me Classes:

- **Baby Class (6–12 Month):** Wednesday 10 a.m.–12 noon / Parent class monthly Thursday evenings 7–9 p.m.
- **Toddler Thursday Class (12–24 Month Old):** Thursday 9:30-11:30 a.m. / Parent class Thursday evenings 7:30-9:30 pm..
- **Toddler Friday Class (12–24 Month Old):** Friday 9:30-11:30 a.m. / Parent class Tuesday evenings 7:30-9:30 p.m.
- **Mixed Age Dinner Class:** Wednesday 4–6:15 p.m.

##### Parent Participation PreSchool Classes:

- **2 Year Old Class:** Monday & Wednesday 9:30 a.m.–12 noon / Parent class Tuesday evening 7:30–9:30 p.m.
- **2 Year Old Class:** Tuesday & Thursday 9:30 a.m.–12 noon / Parent class Tuesday evening 7:30–9:30 p.m.
- **2 Year Old Class:** Tuesday & Thursday 9:30 a.m.–12 noon / Parent class Thursday evening 7:30–9:30 p.m.
- **3 Year Old Class:** Monday, Wednesday & Friday 9 a.m.–12 noon / Parent class Wednesday evening 7:30–9:30 p.m.
- **3 Year Old Stay & Play Class:** Monday, Wednesday & Friday 9 a.m.–12 noon / Parent class Monday 11:45 a.m.–2:15 p.m.
- **4 Year Old Class:** Monday–Thursday 9 a.m.–12:15 p.m. / Parent class Tuesday evening 7–9 p.m.
- **4 Year Old Stay & Play Class:** Monday–Thursday 9 a.m.–12:15 p.m. / Parent class Tuesday 12 noon–2:30 p.m.
- **4 Year Old Opt-in 5th Day:** Friday 9 a.m.–12:15 p.m.

On average, the parent education classes occur twice a month in the afternoons or evenings. The Dinner class has parent education on alternating weeks during the participation class time. For the Stay and Play class programs, parent education classes meet in the afternoons while children eat lunch and play with another PreSchool Family teacher.

**For information about Fall 2024 classes and registration**

please visit <https://greendell.pausd.org/programs/preschool-family>

Follow PreSchool Family at [Instagram@preschoolfamily](#) & [Twitter@preschoolfamily](#)

**PreSchool Family Phone: (650) 856-0833**

## WOODWORKING

### WOODTURNING 1A: INTRODUCTION TO SPINDLES

Instructor: Tina Chou, [tchou@pausd.org](mailto:tchou@pausd.org)

*Prerequisite: None*

You will learn the basic fundamentals of woodturning by making rolling pins, a mallet, and bud vases. Emphasis will be placed on developing proper technique with traditional tools through practice and repetition. We will have a lot of fun and make some wood shavings! There will be a materials fee of \$40 payable to the instructor at the first class meeting. *Limit 6 students.*

#### SECTION A (*Meets twice a week*)

2 wks / June 17, 20, 24, & 27

Monday & Thursday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$140

#### SECTION B (*Meets twice a week*)

2 wks / June 18, 21, 25, & 28

Tuesday & Friday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$140

#### SECTION C (*Weekend Intensive*)

2 sessions / June 22–June 23

Saturday & Sunday / 9:30 a.m.–4:30 p.m.

Palo Alto HS Woodshop / \$140

NEW

### WOODTURNING 1B: INTRODUCTION TO BOWLS

Instructor: Tina Chou, [tchou@pausd.org](mailto:tchou@pausd.org)

*Prerequisite: Woodturning 1A or prior experience with instructor permission*



You will learn the basics of turning wooden bowls. Projects will include different bowl designs and a mortar and pestle set. You will translate skills learned from Woodturning 1A

into turning side grain orientation wood. We will discuss how to process a tree into bowls, lathe safety, and tool sharpening. You will make a lot of wood shavings. There will be a materials fee of \$40 payable to the instructor at the first class meeting. *Limit 6 students.*

#### SECTION A (*Weekend Intensive*)

2 sessions / June 29–June 30

Saturday & Sunday / 9:30 a.m.–4:30 p.m.

Palo Alto HS Woodshop / \$140

#### SECTION B (*Weekday Intensive*)

4 sessions / July 15–July 18

Monday through Thursday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$140

NEW

## WORLD LANGUAGES

### CHINESE: CONVERSATION IN THREE STEPS

Instructor: Lucia Wu, [www@pausd.org](mailto:www@pausd.org)

*Prerequisite: Knowledge of Chinese phonetics with basic grammar and vocabulary*

3-steps to prepare yourself for some Chinese conversations/discussions/presentations and demonstrations! The class is to improve conversational fluency and quality. You are required to choose and prepare a paragraph on your own topic in writing, then present it to the class and follow with a conversation. It requires participation and preparation for the whole quarter. No textbook.

6 wks / June 11–July 16

Tuesday / 5:30–7:30 p.m.

Live Online / \$111

NEW

### FRENCH: BEGINNING

Instructor: Pary Sarraf, [pary.sarraf@gmail.com](mailto:pary.sarraf@gmail.com)

*Prerequisite: Sec. A Beginning I–None;*

*Sec. B Beginning II–French Beginning I or equivalent*

*Bonjour!* Learn the fundamentals of pronunciation and develop everyday conversational skills with a focus on phonetics, grammar, listening, reading, and writing exercises. You will become familiar with the French culture and customs. Textbook: *Dis-moi!* (ISBN: 0-673-21627-6) can be purchased from Amazon.com. Order the book prior to the start date.

#### SECTION A: Beginning I

6 wks / June 11–July 16

Tuesday / 9:30–11:30 a.m.

Live Online / \$111

#### SECTION B: Beginning II

6 wks / June 11–July 16

Tuesday / 1–3 p.m.

Live Online / \$111



## WORLD LANGUAGES

### FRENCH: INTERMEDIATE

Instructor: Pary Sarraf, pary.sarraf@gmail.com

*Prerequisite: French Beginning II or equivalent*

Increase your knowledge of vocabulary through reading and listening exercises, and improve your conversational skills by following guided activities. You will continue reinforcing the mastery of grammar and improving syntax, and you will enhance your knowledge of French culture and customs.

Textbook: *Dis-moi!* (ISBN: 0-673-21627-6) can be purchased from Amazon.com. Order the book prior to the start date.

6 wks / June 11–July 16

Tuesday / 4–6 p.m.

Live Online / \$111

### FRENCH: HIGH INTERMEDIATE

Instructor: Mireille Belloni, mbelloni@pausd.org

*Prerequisite: High intermediate French or equivalent*

Reading is a great way to expand your knowledge of French. You will use a contemporary French novel as a vehicle for improving your language skills and discover aspects of French speaking culture. This class is aimed at students who can express themselves fluidly in French, understand complex sentences, have solid knowledge of past tenses, and enjoy reading fiction in another language. Textbook: contact instructor upon registration. *Limit 12 students.*

5 wks / June 18–July 16

Tuesday / 6–7:30 p.m.

Live Online / \$70

### SPANISH: BEGINNING

Instructor: Leonardo McCord Salazar

*Prerequisite: Three quarters of beginning Spanish or equivalent*

Learn the essentials of Spanish grammar from a native speaker, and develop the four language skills in meaningful contexts. Topics included will be useful for parents with children in Spanish Immersion classes. Adult students will be able to participate actively in simple conversations with their children. Required textbook can be purchased in the Adult School office.

*\*\*Levels 1–3 not offered in the summer quarter\*\**

### SECTION D (Level 4)

6 wks / June 10–July 15

Monday / 7–9 p.m.

Palo Alto HS Rm TBD / \$111

### SPANISH: LOW INTERMEDIATE

Instructor: Leonard McCord Salazar

*Prerequisite: Two years of Beginning Spanish or equivalent*



*¿Habla Ud. español? Continue your studies, and focus on conversational skills. Add to your knowledge of grammar and Hispanic culture.*

Required textbooks can be purchased in the Adult School office.

6 wks / June 11–July 16

Tuesday / 7–9 p.m.

Palo Alto HS Rm TBD / \$111

### SPANISH: INTERMEDIATE

Instructor: Leonardo McCord Salazar

*Prerequisite: Three quarters of low intermediate Spanish or equivalent*

Learn the fine points of Spanish grammar and the multiple uses of the subjunctive mood in this engaging course. Read, translate, and discuss a masterpiece of Spanish, Latin-American, or Chicano literature. Required textbooks can be purchased in the Adult School office.

5 wks / June 12–July 17 (No class June 19)

Wednesday / 5–7 p.m.

Live Online / \$93

### SPANISH: ADVANCED CONVERSATION AND LITERATURE

Instructor: Leonardo McCord Salazar

*Prerequisite: Advanced Spanish skills*

Converse with other students in Spanish, and read contemporary Spanish, Latin-American, or Chicano plays, novels, or short stories. Repetition of the course is encouraged, as new literature is introduced every quarter. Required textbook can be purchased in the Adult School office.

6 wks / June 12–July 17 (No class June 19)

Wednesday / 7:30–9:30 p.m.

Live Online / \$93

## WORLD LANGUAGES: ED2GO (Online/Recorded)

### CONVERSATIONAL JAPANESE

Instructor: Ririko Hayashi (*ed2go Instructor*)

*Prerequisite: None*

Prepare for your next trip to Japan by learning the basics of conversational Japanese. This course will provide you with useful words and phrases for conversing as you master the essentials of the Japan. Whether you want to learn conversational Japanese for travel or just for fun, you'll find this course makes it easy and enjoyable for beginners to master the essentials of the Japanese language. To register, visit [ed2go.com/paloalto](http://ed2go.com/paloalto).

6 Weeks Access / 24 Course Hours

Starts: May 15 | June 12 | July 17 (Self Paced)

ed2go Online/Recorded / \$115

### INSTANT ITALIAN

Instructor: Robert Bertoldi (*ed2go Instructor*)

*Prerequisite: None*

You'll be surprised how quickly and easily you are able to learn Italian! This dynamic course will teach you how to express yourself comfortably in Italian. You'll learn practical, everyday words. You'll read, hear, and practice dialogues based on typical situations that you're likely to encounter if you plan to vacation in Italy. The dialogues and follow-up exercises of each lesson will teach you to communicate in Italian in a wide variety of settings. To register, visit [ed2go.com/paloalto](http://ed2go.com/paloalto).

6 Weeks Access / 24 Course Hours

Starts: May 15 | June 12 | July 17 (Self Paced)

ed2go Online/Recorded / \$115

## CLASSES RETURNING FALL 2024

- **AIKIDO**
- **BIRDING**
- **CITIZENSHIP**
- **COOKING**
- **CROCHET**
- **GUITAR**
- **KNITTING**
- **MASTER SINFONIA**
- **PHOTOGRAPHY**
- **PILATES**
- **QUILTING**
- **SEWING**
- **TAI CHI**
- **UPHOLSTERY**
- **VIOLIN**
- **WOODWORKING**
- **YOGA**
- **.....AND MORE!**



ADULT SCHOOL INFORMATION

ELIGIBILITY

All persons over the age of 18 are eligible for all Adult School classes with no residency restrictions.

REFUNDS

- ★ Refund of fees will only be given if requested at least 72 hours before the first class meeting. Please cancel at least five days before a Cooking class. There is a \$15 fee for cancellations. Please choose your classes carefully.
- ★ We are sorry we cannot accept medical, business travel or other reasons.
- ★ Full refunds will be given automatically if the Adult School cancels a class.
- ★ Deposits and tuition for parent education classes are entirely non-refundable.
- ★ Textbooks are non returnable.

CERTIFICATE OF COMPLETION

A certificate of completion and/or a letter stating participation in any Adult School class will be given to any student upon request to the office and verification of attendance.

TOBACCO-FREE SCHOOL DISTRICT PROPERTY

Smoking and the use of tobacco products by all persons is prohibited on Palo Alto Unified School District property and at district-sponsored events.

SEXUAL HARASSMENT POLICY

It is the policy of the Palo Alto Unified School District to provide a school environment free from all forms of harassment, including sexual harassment, and to maintain an environment in which all students and staff model this behavior and are treated with dignity and respect. Please see the district website for complete information: <<https://www.pausd.org/about-us/policies-procedures/title-ix-office>>.

UNIFORM COMPLAINT PROCEDURES

The Palo Alto Unified School District maintains a uniforms complaint procedure. Please visit the district website for complete information. <<https://www.pausd.org/about-us/policies-procedures/formal-complaint-procedures>>.

CONTACT INFORMATION

Mail: Palo Alto Adult School  
Room # P11  
50 Embarcadero Road  
Palo Alto, CA 94301

Phone: (650) 329-3752  
Email: [adultschool@pausd.org](mailto:adultschool@pausd.org)

SUMMER QUARTER OFFICE HOURS

PALY

Mon–Wed	8 a.m. – 9:30 p.m.
Thu	8 a.m. – 4:00 p.m.
Fri	Closed

CUBBERLEY

Jun (Mon–Thu):	9 a.m.–3 p.m.
Jul (Mon–Thu):	9:30 a.m.–2:30 p.m.( <i>&amp; by appointment</i> )
Fri	Closed

## **5 WAYS TO REGISTER**

### **PHONE**

(650) 329-3752

### **EMAIL**

adultschool@pausd.org

### **WEBSITE**

paadultschool.org

### **MAIL**

Palo Alto Adult School  
50 Embarcadero Road  
Palo Alto, CA 94301

### **WALK IN**

Palo Alto Adult School  
Room P11  
50 Embarcadero Road  
Palo Alto, CA 94301

### **RECEIPTS/CONFIRMATIONS**

Please call if you need a receipt or a confirmation: (650) 329-3752.

You will be notified if a class is full.

### **REGISTER EARLY**

Register today to secure your place in our most popular classes. If minimum enrollments are not met, classes will be canceled and a full refund will be processed. Refunds are given up to 72 hours before the first class meeting.

### **NEED HELP? PLEASE CALL**

(650) 329-3752

## **FALL REGISTRATION BEGINS** **Friday, August 9, 2024**

This schedule is valid through July 12, 2024  
Additional information, materials lists,  
and schedule changes are posted on our website.

**PAAAdultSchool.org**

## **MISSION AND SCHOOLWIDE LEARNER OUTCOMES (SLOs)**

### **MISSION**

Palo Alto Adult School is committed to providing a broad range of accessible, flexible, and effective educational programs that enable our diverse community of adult learners to achieve their academic, career, and personal goals.

### **SCHOOLWIDE LEARNER OUTCOMES (SLOs)**

#### **SET GOALS**

Students will assess their own needs and identify their academic, career, and/or personal goals.

- With guidance, develop and communicate plans to achieve their goals.
- Be self-directed learners who learn independently and collaboratively in a diverse environment.

#### **ACHIEVE SKILLS**

Using a variety of methods, technology and resources, students will acquire knowledge and skills.

- Develop and apply critical thinking skills.
- Obtain academic and career skills for life and workforce readiness.

#### **DEMONSTRATE LEARNING**

Students will apply their acquired core knowledge and skills appropriate to their goals.

- Advance to post-secondary education or training.
- Contribute to personal enrichment and the community.
- Demonstrate 21st century skills including critical thinking, communication, collaboration, and creativity.

**FOR MORE INFORMATION ABOUT PALO ALTO ADULT SCHOOL  
ADMINISTRATIVE POLICIES AND LOCATION MAPS,  
PLEASE VISIT OUR WEBSITE AT  
*[PAAAdultSchool.org](http://PAAAdultSchool.org)***



## REGISTRATION FORM

Please Print



Palo Alto Adult School  
50 Embarcadero Road  
Palo Alto, CA 94301  
(650) 329-3752

Or Register online: [www.paaltschool.org](http://www.paaltschool.org)

Year: **2024**

Quarter: ☐ Winter ☐ Spring  
☒ Summer ☐ Fall

Registration Date: \_\_\_\_\_

Name: \_\_\_\_\_ (Last) (First) (Middle)

Address: \_\_\_\_\_ (No.) (Street) (Apt.) (City) (Zip)

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Start Date: \_\_\_\_\_ ☐ New Student ☐ Returning Student Date of Birth: \_\_\_\_\_ ☐ M ☐ F

Class Name	M	T	W	Th	F	S	Instructor	Time	Location	Fee

Type of Payment: ☐ Check ☐ Cash ☐ Visa ☐ M/C ☐ No Fee

Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

How did you find out about this class? \_\_\_\_\_

\*\*\* ALL RESIDENTS AND NON-RESIDENTS WELCOME! \*\*\*