



# PALO ALTO ADULT SCHOOL

## Summer 2025



PAAAdultSchool.org  
adultschool@pausd.org  
(650) 329-3752

**Registration Begins  
May 9, 2025!**



**JAM MAKING**  
See Page 4

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## 2025 SUMMER CALENDAR

REGISTRATION FOR SUMMER QUARTER BEGINS // MAY 9, 2025

SUMMER QUARTER TERM // JUNE 9–JULY 25, 2025

HOLIDAYS—NO CLASSES // JUNE 19 & JULY 4, 2025

# EDUCATION IS FOR LIFE!

## ARTS AND CRAFTS

### SCENERY WATERCOLOR PAINTING AND DRAWING

Instructor: Ferenc Besze, fbesze@pausd.org,

<http://besze.com>

*Prerequisite: None*



Drawing is essential to representational painting. In this online class, we will spend equal time drawing and painting, to develop our observation skills about proportion, perspective, creating 3D effects and creating compositional studies. Our subjects will include scenery, figures, portraits, and objects. *\*Have your field sketches/ photographs for reference material. See website for materials list.*

6 wks / June 11–July 16

Wednesday / 6:30–8:30 p.m.

Live Online / \$120

### CREATE A WREATH

Instructor: Sam Kauffman, samksongs@gmail.com

*Prerequisite: None*



*Summer is in the air!* Celebrate the season with a one-day workshop by making a one-of-a-kind wreath from Sam Kauffman's on-line shop—*Whimsy And*. Sam has had a floral arranging business for over twenty years. There will be a \$15 materials

fee payable to the instructor on the first day of class.

*Limit 10 students.*

One Session / June 26

Thursday / 1–3:30 p.m.

Palo Alto HS Rm 30 / \$30

### FLORAL EXPRESSION—IKEBANA SOGETSU

Instructor: Yvonne Ip, cyip888@gmail.com

*Prerequisite: None*

Discover the joy of Ikebana, the Japanese art of flower arranging. This course explores the core principles and techniques for achieving harmony, balance and minimalism. Through a combination of theory and hands-on sessions, you will learn how to make your own arrangements that are aesthetically pleasing, expressive, and thought provoking. There will be a \$160 materials fee payable to the instructor on the first day of class.

6 wks / June 10–July 15

Tuesday / 6–9 p.m.

Palo Alto HS Rm 29 / \$180

### KNITTING

Instructor: Paola Trombetta, ptrombetta@pausd.org

*Prerequisite: None*

Knitters of all abilities are welcome! Learn basic and advanced skills in this fun and collaborative knitting workshop. Beginners learn to read pattern books, and/or design and create their own knitted garment and gifts. Advanced knitters, master your techniques and bring projects you are currently working on.

6 wks / June 11–July 23 (No class July 2)

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Rm 1707 / \$120

### LEARN TO CROCHET

Instructor: Paola Trombetta, ptrombetta@pausd.org

*Prerequisite: None*

Learn to chain, single and double crochet, create tri-dimensional forms, and read patterns. This class will work for you regardless of your skill level and you will enjoy it! *Materials to bring to class:* 1 ball of worsted weight yarn plus a size 'H' crochet hook.

6 wks / June 11–July 23 (No class July 2)

Wednesday / 5:30–6:30 p.m.

Palo Alto HS Rm 1707 / \$60

### *Study In-person — or Study Online!*

Our staff conducts in-person classes, and online classes via Zoom. We provide easy Zoom access and user instructions once you register.

Many additional online classes (outlined in this catalog and on our website) are available via our partner **ed2go**.

For ed2go registration, visit [ed2go.com/paloalto](http://ed2go.com/paloalto). For questions about ed2go policies, please call ed2go at 1-855-520-6806.

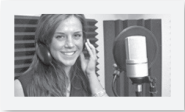
## CAREER TRAINING

Our career training courses can prepare you for a new career or help you advance within your current occupation.

### VOICE-OVERS: NOW IS *YOUR* TIME!

Instructor: Lisa Foster, [caitlin@suchavoice.com](mailto:caitlin@suchavoice.com)

*Prerequisite: None*



In what could be the most enlightening 2 hours you've ever spent, this class will show you how you can actually begin using your speaking voice for commercials, films, videos, and more.

Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead!

One Session / June 17

Tuesday / 6–8 p.m.

Live Online / \$50

### WORK READINESS: JOB SEARCH SKILLS— LEARN NEW SKILLS FOR GETTING A JOB

Instructor: Kathilynn Lehmer, [Pajoblink.lehmer@gmail.com](mailto:Pajoblink.lehmer@gmail.com)

Prepare a powerful resume and cover letter, create a LinkedIn Profile, develop networking and interviewing skills, and learn new job hunting strategies. Sessions take place in person or via Zoom, depending upon the student's preference. Job seekers will attend an average of 12 individualized job coaching sessions to identify employment opportunities and resources, identify job search needs, develop job search skills, and create an employment portfolio. *There is no fee and the course is open-entry—start anytime.* For more information and to find out how to register, send an email to Kathilynn Lehmer at [pajoblink.lehmer@gmail.com](mailto:pajoblink.lehmer@gmail.com).

Start Anytime

No Fee \*

In-Person or Live Online via Zoom

## CAREER TRAINING: *Advanced Certificate Programs* ED2GO (Online/Recorded)

Introducing 400+ new Advanced Career Training courses. Learn new skills and prepare for industry-recognized certifications. Curriculum, course details, and prices can be found at [careertraining.paadultschool.org/training-programs/](http://careertraining.paadultschool.org/training-programs/).

### CLINICAL DENTAL ASSISTANT (GES1038)

*(Exam Vouchers Included)*

Instructor: Priscilla Garcia (*ed2go Instructor*)

*Prerequisite: None*

Dental assistants play a valuable role in any dental care team, often handling a variety of tasks from assisting with treatment procedures to administrative duties. This 100% online course will help you gain the technical skills you need to join a dental office as a clinical dental assistant. For pricing, details, registration, visit [careertraining.paadultschool.org](http://careertraining.paadultschool.org).

12 Months / 300 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

### CERTIFIED PHYSICAL THERAPY AIDE (GES189)

*(Voucher Included)*

Instructor: Dr. Tara Caberwal (*ed2go Instructor*)

*Prerequisite: None*

Physical therapy aides work with physical therapists helping patients undergoing physical therapy treatment. This 100% online course will teach you the concepts, skills and practices to become a certified physical therapy aide. Upon successful completion, you will be eligible to take the American Medical Certification Association's (AMCA) Physical Therapy Technician/Aide certification exam. For pricing, details, registration, visit [careertraining.paadultschool.org](http://careertraining.paadultschool.org).

9 Months / 190 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

## CITIZENSHIP

### **CITIZENSHIP** (*Open Enrollment*)

Instructor: Sandy Cutshall, [scutshall@pausd.org](mailto:scutshall@pausd.org)

*Prerequisite: Intermediate to advanced English language learners*

This course helps students prepare for all aspects of the U.S. Citizenship interview, including the 100 government and history questions (civics test), questions about the N-400 application (speaking test), and the reading and writing tests. The class is taught at an intermediate level and is designed for lawful permanent residents who will be applying for U.S. citizenship within the next year. It is open enrollment and new students are welcome to start any time. Optional Textbook: *Voices of Freedom by Bliss, Fifth Edition*. Students may borrow the textbook from the adult school office after the first class meeting.

8 wks / June 2–July 21

Monday / 9:30 a.m.-12:30 p.m.

Live Online / No Fee \*



## COMPUTER SKILLS

### **AI** (*Artificial Intelligence*)

#### **TOOL FOR BEGINNERS WORKSHOP**

Instructor: Kumaresan Manickavelu,  
[kumaresan.manickavelu@gmail.com](mailto:kumaresan.manickavelu@gmail.com)

*Prerequisite: Basic understanding on computers, including browsing, emails, docs*

*Unleash the power of AI!* Dive into the world of artificial intelligence and discover practical tools for everyday problem-solving. From writing and image generation to research and automation, this workshop empowers beginners to explore AI's potential and transform their workflows. No experience needed! Bring your laptop to class.

One Session / June 16

Monday / 6:30–8:30 p.m.

Palo Alto HS Rm 30 / \$45



### **AI** (*Artificial Intelligence*)

#### **ASSISTED MARKETING FOR SMALL BUSINESS**

Instructor: Kumaresan Manickavelu,  
[kumaresan.manickavelu@gmail.com](mailto:kumaresan.manickavelu@gmail.com)

*Prerequisite: AI Tools for Beginners workshop and basic understanding of social media*

*Supercharge your small business marketing!* Harness the power of AI to create compelling content, design eye-catching visuals, and optimize your campaigns. This course will equip you with the latest AI tools to boost engagement, reach new customers, and grow your brand—all on a small business budget. Bring your laptop to class.

One Session / July 14

Monday / 6:30–8:30 p.m.

Palo Alto HS Rm 30 / \$45



### **PYTHON FOR EVERYONE: CODING**

Instructor: Avnit Bambah, [abambah@google.com](mailto:abambah@google.com)

*Prerequisite: None*

Embark on an exciting journey into the world of programming with our *Python for Everyone* course. Designed for absolute beginners, this comprehensive course will guide you through the fundamentals of Python, one of the most popular and versatile programming languages in the world. Python installation instructions will be sent to students before the first class. Bring your laptop to class.

6 wks / June 11–July 16

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Rm 29 / \$120

\* Partially or fully state-funded

## COOKING: *Learn How to Cook in Just One Night!*

### **SALAD FOR DINNER! FILLING, EASY, AND DELICIOUS**

Instructor: Julie Shanson, [julie@findjoyinfood.com](mailto:julie@findjoyinfood.com)

*Prerequisite: None*

Gain inspiration for dinners this season. We will explore dressings, toppings, grains and greens that sing when artfully composed. Gain inspiration for the dinners ahead. *Bring containers for leftovers.* We will have snacks and dessert as part of class. All recipes are vegan. Gluten free options available. See website for menu.

One Session / See Dates Below

Monday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65 per session

- **June 16:** Salad from the Grill
- **June 23:** Hearty Potato, Grain, and Bread Salads

### **INDIAN COOKING WITH JONAKE**

Instructor: Jonake Bose,  
[Jonakeandyuti@gmail.com](mailto:Jonakeandyuti@gmail.com),  
<https://jonakeandyuti.weebly.com/>

*Prerequisite: None*



Learn about spices as we cook a delicious, healthy Indian meal with ingredients from your local grocery store. Vegetarian options available. We will make our own spice mix that you can take home

and use to cook our quick and easy meals again. We will cook and enjoy our tasty dinner together!

One Session / See Dates Below

Monday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65 per session

- **June 9:** Introduction to Indian Spices. Menu includes vegetable/meat curry with Garam masala and side.
- **July 7:** Introduction to Indian Dals. Menu includes 2 lentil dishes with a vegetable pilaf/pu.

**NEW**

### **JAM MAKING**

Instructor: Maria Abilock, [mabilock@pausd.org](mailto:mabilock@pausd.org)

*Prerequisite: None*



Participants will make and properly can fresh fruit jam using summer berries or stone fruits (such as apricots or plums). *Topics include:* sourcing bulk fresh berries or stone fruit, the role of pectin, preparing the fruit and jars, and cooking and canning the jam to be shelf-stable. Participants will take home one sealed

jar of jam and recipes.

One Session / June 24

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65



### **NEW TEACHERS WELCOME!**



If you would like to become an Adult School instructor, please send an email to [adultschool@pausd.org](mailto:adultschool@pausd.org) for an application. Specific teaching credentials are required for certain subjects, but not for all. For more information on how to apply, please visit [PAAadultschool.org/new-instructors-welcome](http://PAAadultschool.org/new-instructors-welcome)

## ENGLISH AS A SECOND LANGUAGE (ESL)

### ESL FALL QUARTER 2025—CLASSES BEGIN MONDAY, AUGUST 18, 2025

The Palo Alto Adult School ESL program offers many classes to help you meet your English learning goals.

**To enter our free classes, new students must register for a placement test.**

#### ESL Fall 2025 Session #1 Dates

- 8 weeks: August 18–October 10, 2025.

#### ESL Placement Test Registration

- Registration for the test begins Saturday, August 2, 2025 at 9 a.m.
- Placement test registration is **in-person** only at our Cubberley campus, located at 4000 Middlefield Rd, I-Bldg., 2nd Floor, Palo Alto, CA.
- When you register to take the test, you will choose a test date. Please check website (*PAAAdultSchool.org*) for all testing dates and times.
- *Register early! Space is very limited.*

#### Enrollment Policies

- Students must be able to attend the full 8 weeks.
- There is no childcare for the test or the classes.

*If you have questions, please call the ESL office at (650) 494-2326, or send us an email at [esl@pausd.org](mailto:esl@pausd.org).*



#### BE A VOLUNTEER ESL TUTOR

*Help Someone Learn English*

Set aside one hour a week to help wonderful people at a crucial moment in their lives. Volunteers work in small groups with students or with a teacher in a classroom. You do not have to speak a foreign language or have teaching experience. Free training and ongoing support will be provided.

**Our Volunteer ESL Tutor program resumes Fall 2025. Orientation sessions will be held in August.**

For more information, please contact  
ESL Volunteer Tutor Program Manager, Anjani Sarma, [asarma@pausd.org](mailto:asarma@pausd.org)

## GENERAL INTEREST

### CREATIVE WRITING WORKSHOP

Instructor: Chana Feinstein, cfeinstein@pausd.org  
*Prerequisite: Have previously taken Creative Writing class at Palo Alto Adult School or have permission from instructor*  
Share your work for positive group critiquing to produce more and make what you write more effective. Make your technique stronger through discussing weekly topics and reading examples of published work. *All genres welcome!*

5 wks / June 12–July 17 (No class June 19)  
Thursday / 6–8:30 p.m.  
Live Online / \$100

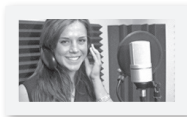
### CREATIVE WRITING: WRITERS MENTORING WRITERS

Instructor: Sam Kauffman, samksongs@gmail.com  
*Prerequisite: None*  
Learn to be a better writer! Share your ideas, feelings, and experiences with others. Express yourself through poetry, memoir, short stories, essays, creative non-fiction or whatever you prefer. *Limit 12 students.*

6 wks / June 11–July 16  
Wednesday / 1–3:30 p.m.  
Cubberley Campus I-Building 2nd Floor / \$100

### VOICE-OVERS: NOW IS *YOUR* TIME!

Instructor: Lisa Foster, caitlin@suchavoice.com  
*Prerequisite: None*



In what could be the most enlightening 2 hours you've ever spent, this class will show you how you can actually begin using your speaking voice for commercials, films, videos, and more.

Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead!

One Session / June 17  
Tuesday / 6–8 p.m.  
Live Online / \$50

## HEALTH AND FITNESS

### AIKIDO

Instructor: Chris Kuszmaul, chriskuszmaul@gmail.com  
*Prerequisite: None*  
Train mind and body in the dynamic art of Aikido with Hombu Dojo's Shiohira Shihan, 7th Dan, and senior students. The Japanese martial art of Aikido is a comprehensive system of throwing, joint locking, striking and pinning techniques that foster strength, flexibility, presence of mind, and cooperative movement. We practice improving awareness and work on conflict de-escalation within and around ourselves. Training Aikido provides an opportunity to find grounding in today's hectic world. Learn to relax in the face of stress, ground yourself during anxiety, and gain tools to move through the world with confidence.

6 wks / June 10–July 19  
Tuesday & Thursday / 6:30–8 p.m. & Saturday / 10–11 a.m.  
Palo Alto HS Rm P11 / \$120

### LINE DANCING

Instructor: Kent You and Sandy Hsu, kent.you@gmail.com  
*Prerequisite: None*  
Line Dancing is a fun way to stay fit and meet friends. Line dancing increases endurance and balance along with enhanced memory and awareness. Each class is choreographed by song and taught so the group is dancing in unison. Exercise your brain and body while enhancing balance as you learn new steps. Dance to wide variety of international Music – including pop music, classical music and seasonal songs. Beginners are welcome. No partners needed.

6 wks / June 10–July 15  
Tuesday / 7:30–8:30 p.m.  
Palo Alto HS Dance Studio / \$60



## HEALTH AND FITNESS

### MAT PILATES

Instructor: Golnaz Haghverdi, ghaghverdi@pausd.org

*Prerequisite: None*



Strengthen, lengthen, and energize your body with Mat Pilates! This class focuses on core strength, flexibility, and mindful movement, helping you build a strong foundation from the inside out. Using controlled, precise movements and breathwork, you'll enhance posture, stability, and overall body awareness.

Whether you're a beginner or experienced, this class offers modifications and challenges to suit all levels. Join us on the mat and feel the difference—move with strength, flow with ease.

6 wks / June 11–July 16

Wednesday / 6:30– 8 p.m.

Palo Alto HS Rm P11 / \$90

### TAI CHI: CHEN STYLE

Instructor: Lisette Yung, cyung@pausd.org

*Prerequisite: None*

Learn the traditional Chen Style first form (*Taijiquan*). Practice the continuous movements which helps develop balance, body coordination and strength and the understanding of basic Tai-Chi principles. We will focus on different sections of Taijiquan throughout the quarter.

6 wks / June 10–July 15

Tuesday / 11 a.m.–12 noon

Palo Alto HS Rm P11 / \$60

## HOME AND ENVIRONMENT

### GARDENING IN SUMMER

Instructor: Sherri Bohan, sbohan@pausd.org

*Prerequisite: None*



Enjoy your beautiful garden this summer with new methods to conserve water, get through heat waves, banish pests, manage diseases without toxic products. Beginning

gardeners start by learning skills of successful gardening and experienced gardeners can apply many contemporary options of sustainability.

6 wks / June 11–July 16

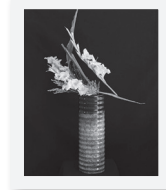
Wednesday / 10 a.m.–12 noon

Live Online / \$100

### FLORAL EXPRESSION—IKEBANA SOGETSU

Instructor: Yvonne Ip, cyip888@gmail.com

*Prerequisite: None*



Discover the joy of Ikebana, the Japanese art of flower arranging. This course explores the core principles and techniques for achieving harmony, balance and minimalism. Through a combination of theory and hands-on sessions, you will learn how make your

own arrangements that are aesthetically pleasing, expressive, and thought provoking. There will be a \$160 materials fee payable to the instructor on the first day of class.

6 wks / June 10–July 15

Tuesday / 6–9 p.m.

Palo Alto HS Rm 29 / \$180

## MUSIC

### ODAIKO

Instructor: Kensuke Sumii, info@drumrevolution.com

*Prerequisite: Students must also be currently enrolled in Taiko class*

*(For continuing students only.)* This class is designed for individuals with stamina to hit Odaiko (big Taiko) for one hour. Odaiko will help build up stamina, rhythmic competence and speed to hit Taiko. *New students must audition before registering for class.* Please contact the instructor prior to registration. All equipment – including drums & sticks – are provided. NOTE: Odaiko is a physical activity requiring fitness and stamina. It requires peak physical conditioning and flexible joints and muscles. Individuals with physical concerns should check with their physician before enrolling in this class. All students will be required to sign a waiver of liability. There will be a \$30 materials fee payable to the instructor at the first class to cover the drumheads replacement.

3 wks / July 11–July 25

Friday / 7:30–9:30 p.m.

Palo Alto HS Student Center / \$30 *(plus \$30 materials fee)*

### PENINSULA SYMPHONIC BAND

Instructor: Ted Henderson, mrhenderson1962@gmail.com

Experience the thrill of performance in this fully instrumental band for experienced players of wind and mallet-rhythm percussion instruments. Enjoy playing traditional, popular, and classical music. Percussionists and tubists are especially needed. A concert will be given on Sunday, August 17, 2025 in the Performing Arts Center at Palo Alto High School, 50 Embarcadero Road, Palo Alto. Admission is Free.

*NOTE:* Before attending the first band practice, applicants must email Ted Henderson at mrhenderson1962@gmail.com, or call him at (408) 910-1830.

8 wks / June 23–August 11

Monday / 7:30–10 p.m.

Palo Alto HS Rm 109 / \$65

### TAIKO

Instructor: Kensuke Sumii, info@drumrevolution.com

*Prerequisite: None*



Taiko is the art of Japanese drumming, which develops self-expression and musical creativity. This course engages in Uchikomi based practice. Students who join should have a sense of rhythm and/or stamina to hit drums for two hours. Similar to martial arts

practice, students do not wear shoes or socks in class. Students practice barefoot. All equipment – including drums & sticks – are provided. NOTE: Taiko is a physical activity requiring fitness and stamina. It requires peak physical conditioning and flexible joints and muscles. Individuals with physical concerns should check with their physician before enrolling in this class. All students will be required to sign a waiver of liability. No food or accessories (watch, ring, earring, necklace, and bracelet) allowed in class. No socks and shoes (except Tabi) are allowed in class. There will be a \$60 materials fee payable to the instructor at the first class to cover the drumheads replacement. *Limit 24 students.*

3 wks / July 9–July 23

Wednesday / 8–10 p.m.

Palo Alto HS Student Center / \$30 *(plus \$60 materials fee)*

Peninsula Symphonic Band



## Summer Concert

Conducted by Ted Henderson  
**Sunday, August 17<sup>th</sup> at 3 p.m.**

Performing Arts Center, Palo Alto High School  
Admission FREE - Donations Appreciated

# Instructor-Facilitated Online Courses



**Online Education**  **Convenient & Affordable** **Instructor Led Format** **Online Course Accessible 24/7**  **Find Your Course Today!**

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. All courses run for six weeks (with a 10-day grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. You can complete any course entirely from your home or office...any time of the day or night!

EXPERT INSTRUCTORS • 24-HOUR ACCESS • ONLINE DISCUSSION AREAS • SIX WEEKS OF INSTRUCTION

## ACCOUNTING FUNDAMENTALS

If you want to increase your financial awareness and gain a marketable skill, this course is for you!

## ADMINISTRATIVE ASSISTANT FUNDAMENTALS

Master essential job responsibilities as you identify opportunities and implement solutions for increased productivity throughout your company.

## CONVERSATIONAL JAPANESE

This course will provide you with useful words and phrases for conversing as you master the essentials of the Japanese language.

## DESIGNING EFFECTIVE WEBSITES

In this course you'll master the basics of web design and learn how to build more effective sites.

## LOSE WEIGHT & KEEP IT OFF

In this comprehensive course, you'll discover how to establish a healthy approach to weight loss and weight maintenance.

## MICROSOFT EXCEL

Most workplaces require that new employees have a basic level of understanding of Microsoft Excel. This course will introduce you to the program's basic functions and uses.

## QUICKBOOKS ONLINE

This course will empower you to take control of your business's financial accounting, all with the ease and convenience of an online platform.

## REAL ESTATE LAW

Learn the basics of real estate law, including investing, title searching, and mortgages.

## SECRETS OF BETTER PHOTOGRAPHY

Whether you use a DSLR, a point-and-shoot camera, or your phone for your photography, you will learn to get the best results from your camera.

## STOCKS, BONDS AND INVESTING

Learn how to make wise investment decisions so that you have enough money to live comfortably through your retirement.

## USING SOCIAL MEDIA IN BUSINESS

Learn how Facebook, Twitter, LinkedIn, Pinterest and Google+ can grow and promote your business.



## PARENTING AND FAMILY

For 78 years, we have offered preschool programs organized primarily for parent education. Parents develop a deeper understanding of early childhood development and parenting skills through adult discussion classes, formal and informal observations, and community exchanges. Our unique participatory structure allows parents to be involved in their children's preschool education.

### PRESCHOOL FAMILY

4120 MIDDLEFIELD ROAD • PALO ALTO, CA 94303-4741 • (650) 856-0833  
INSTRUCTOR: PRESCHOOL FAMILY STAFF



PreSchool Family is a parent education, parent participation program serving families with children from birth through five years. The program is designed to offer parents an opportunity to learn about parenting and to actively participate in their child's education. For children, the program offers a developmentally appropriate, play-based, educational experience. Parents join their child for one class each week during September–May regardless of the age of the child.

Parent education is the heart of our program and consistent parent participation is required in both the child and the adult classes. We are committed to supporting the welfare of the whole family. Through our program, parents develop a sense of community and strength by working with other parents and their children. We strive to enhance each child's natural curiosity and love of learning.

We provide opportunities for children to master tasks that are appropriate for their individual level of development. Periods of free play are complemented by more structured small and large group activities.

In order to build strong families and communities, PreSchool Family serves parents and young children in a way that nurtures, respects, and educates all families, cultures, and religions. Each child and each parent is treated with respect for their individuality and unique potential.

### Programs Offered for the 2025-2026 School Year

- Baby Class (6–12 Months)
- Toddler Class (12–24 Month Old)
- 2 Year Old Class
- 3 Year Old Class
- 4 Year Old Class



**For information about 2025-2026 classes and registration,**  
please visit <https://greendell.pausd.org/programs/preschool-family>  
Follow PreSchool Family at [instagram.com/preschoolfamily](https://www.instagram.com/preschoolfamily)  
**PreSchool Family phone: (650) 856-0833**

# PHOTOGRAPHY

## FUNDAMENTALS OF PHOTOGRAPHY

Instructor: Rodrigo Torres, rodrigotorres@gmail.com

*Prerequisite: None*

*Elevate your photography!* Learn how to make your photos stand out and develop visual creativity using any camera. Explore key settings, composition, and storytelling, with photographic history as inspiration. Refine your skills through guided assignments that strengthen both technical precision and artistic vision. Bring and use the equipment you own.

6 wks / June 9–July 14

Monday / 7–9 p.m.

Palo Alto HS Rm 31 / \$120



# WOODWORKING *Classes Limited to 15 Students (except Woodturning)*

## WOODTURNING: INTRODUCTION TO THE LATHE

Instructor: Tina Chou, tchou@pausd.org

*Prerequisite: None (This class is not a substitution for Woodturning 1)*

The first class of Woodturning modified into a 3-hour standalone lesson. You will learn basic safety, operating a lathe, and using the spindle roughing gouge to turn a simple rolling pin. There will be a \$20 materials fee payable to the instructor on the first day of class. *Limit 6 students.*

One Session / See Dates and Times Below

Palo Alto HS Woodshop / \$70 per session

- **June 9 (Monday)** / 6:30–9:30 p.m.
- **June 10 (Tuesday)** / 6:30–9:30 p.m.
- **June 28 (Saturday)** / 1:00–4:00 p.m.
- **June 30 (Monday)** / 6:30–9:30 p.m.
- **July 3 (Thursday)** / 6:30–9:30 p.m.

## WOODTURNING 1: INTRODUCTION TO SPINDLES

Instructor: Tina Chou, tchou@pausd.org

*Prerequisite: None*



You will learn the basic fundamentals of woodturning by making rolling pins, a mallet, and bud vases. Emphasis will be placed on developing proper technique with traditional tools through practice

and repetition. We will have a lot of fun and make some wood shavings! There will be a materials fee of \$40 payable to the instructor at the first class meeting. *Limit 6 students.*

Four Sessions / June 17, 20, 24, & 27

Tuesday & Friday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$280



## WOODWORKING *Classes Limited to 15 Students (except Woodturning)*

### WOODTURNING 2: INTRODUCTION TO BOWLS

Instructor: Tina Chou, [tchou@pausd.org](mailto:tchou@pausd.org)

*Prerequisite: Woodturning 1*



Build on your Woodturning 1 skills and learn the basics of turning wooden bowls. Projects will include different bowl designs and chucking methods. We will discuss how to

process a tree into bowls, safety, and tool sharpening. You will make a lot of wood shavings. There will be a materials fee of \$40 payable to the instructor at the first class meeting. *Limit 6 students.*

#### SECTION A

Four Sessions / July 8, 11, 15, & 18

Tuesday & Friday / 6:30 p.m.–9:30 p.m.

Palo Alto HS Woodshop / \$280

#### SECTION B

Two Sessions / July 12–13

Saturday & Sunday / 9:30 a.m.–4:30 p.m.

Palo Alto HS Woodshop / \$280

### WOODWORKING 3: ADVANCED WORKING TECHNIQUES

*(For continuing winter/spring 2025 Woodworking 3 students only—Instructor*

*pre-approval required)*

Instructors: Sumit Roy, [sroy@pausd.org](mailto:sroy@pausd.org),

Tom Gaston, [tgaston@pausd.org](mailto:tgaston@pausd.org),

and Claude Godcharles, [cgodcharles@pausd.org](mailto:cgodcharles@pausd.org)

*Prerequisite: Woodworking 1 and Woodworking 2—*

*NO EXCEPTIONS*

Come work on your own project, while learning setup and techniques for power tools and hand tools! This class includes short tutorials as well as open shop time to work on your personal project under supervision.

6 wks / June 16–July 21

Monday / 2–5 p.m.

Palo Alto HS Woodshop / \$180

### WOODWORKING 4: ADVANCED—OPEN SHOP

Instructors: Rayan Ghazal, [rghazal@pausd.org](mailto:rghazal@pausd.org),

and Sharad Patel, [spatel@pausd.org](mailto:spatel@pausd.org)

*Prerequisite: Three quarters of Woodworking classes*

Work at your own pace with access to instruction, equipment and advice when you need it. A skills test will be given at the first class. Students supply their own materials. Storage space is available for projects during the quarter. Prior to enrolling, please email instructor at [rghazal@pausd.org](mailto:rghazal@pausd.org).

6 wks / June 11–July 16

Wednesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$180

## WORLD LANGUAGES

### FRENCH: BEGINNING II

Instructor: Pary Sarraf, [pary.sarraf@gmail.com](mailto:pary.sarraf@gmail.com)

*Prerequisite: French Beginning I or equivalent*

*Bonjour!* Learn the fundamentals of pronunciation and develop everyday conversational skills with a focus on phonetics, grammar, listening, reading, and writing exercises. You will become familiar with the French culture and customs.

Textbook: *Dis-moi!* (ISBN: 0-673-21627-6) can be purchased from Amazon.com.

Please order the book prior to the first class.

6 wks / June 9–July 14

Monday / 2–4 p.m.

Live Online / \$120



## WORLD LANGUAGES

### FRENCH GRAMMAR REVIEW

Instructor: Pary Sarraf, pary.sarraf@gmail.com

*Prerequisite: French intermediate*

In this comprehensive grammar review course, the emphasis is on the language structure leading to effective communication. You will enhance conversation skills through attention to grammar rules and syntax. The curriculum includes a thorough revision of the parts of speech, modes, sentence structure, verb conjugation and activity-based exercises. Textbook: *Grammaire en dialogues — Niveau avancé*. (ISBN: 978-209-038062-0). Please order the book prior to the first class.

6 wks / June 10–July 15

Tuesday / 2–4 p.m.

Live Online / \$120

### FRENCH: INTERMEDIATE

Instructor: Pary Sarraf, pary.sarraf@gmail.com

*Prerequisite: French Beginning II or equivalent*

Increase your knowledge of vocabulary through reading and listening exercises, and improve your conversational skills by following guided activities. You will continue reinforcing the mastery of grammar and improving syntax, and you will enhance your knowledge of French culture and customs. Textbook: *Viens voir!* (ISBN: 0-673-216284) can be purchased from Amazon.com. Please order the book prior to first class.

6 wks / June 10–July 15

Tuesday / 6–8 p.m.

Live Online / \$120

### FRENCH: HIGH INTERMEDIATE READING AND CONVERSATION

Instructor: Mireille Belloni, mbelloni@pausd.org

*Prerequisite: High intermediate French or equivalent*

Reading is a great way to expand your knowledge of French. You will use a contemporary French novel as a vehicle for improving your language skills and discover aspects of French speaking culture. This class is aimed at students who can express themselves fluidly in French, can understand complex sentences, have a solid knowledge of past tenses, and enjoys reading fiction in any other language. Please contact the instructor for textbook information. *Limit 12 students.*

6 wks / June 10–July 15

Tuesday / 6–7:30 p.m.

Live Online / \$90

### ITALIAN BASICS: REVIEW FOR BEGINNERS

Instructor: Roberta Lamanda, rlamanda@pausd.org

*Prerequisite: Prior exposure to basic Italian, such as completing an introductory Italian course or equivalent self-study*

In this class, you will review some fundamental language skills, including basic grammar, pronunciation, and common everyday expressions. All students are required to use headphones and have their video *on* during class. The Zoom link and class details will be sent to students one day before the first meeting. Please don't hesitate to contact the instructor for more information.

4 wks / June 11–July 2

Wednesday / 5–6:30 p.m.

Live Online / \$60

### ITALIAN: INTERMEDIATE GRAMMAR & CONVERSATION REVIEW

Instructor: Roberta Lamanda, rlamanda@pausd.org

*Prerequisite: Intermediate level or equivalent*

In this class, you will review some intermediate-level grammar topics, refine pronunciation, and practice common everyday expressions to enhance fluency in spoken Italian. All students are required to use headphones and have their video *on* during class. The Zoom link and class details will be sent to students one day before the first meeting. Please don't hesitate to contact the instructor for more information.

4 wks / June 10–July 1

Tuesday / 5–6:30 p.m.

Live Online / \$60

### ITALIAN: HIGH INTERMEDIATE GRAMMAR & CONVERSATION REVIEW

Instructor: Roberta Lamanda, rlamanda@pausd.org

*Prerequisite: High intermediate level or equivalent*

In this dynamic class, students will consolidate grammar concepts and expand everyday Italian expressions to boost fluency and confidence in speaking. All students are required to use headphones and have their video *on* during class. The Zoom link and class details will be sent to students one day before the first meeting. Please don't hesitate to contact the instructor for more information.

4 wks / June 9–June 30

Monday / 6–7:30 p.m.

Live Online / \$60

NEW

NEW

NEW

## WORLD LANGUAGES

### SPANISH: BEGINNING

Instructor: Leonardo McCord Salazar

*Prerequisite: Two quarters of beginning Spanish or equivalent*



Learn the essentials of Spanish grammar from a native speaker, and develop the four language skills in meaningful contexts. Topics included will be useful for parents with children in Spanish Immersion classes. Adult students will be able to participate actively in simple

conversations with their children. Required textbook can be purchased in the Adult School office.

### SECTION C (Level 3)

6 wks / June 9–July 14

Monday / 7–9 p.m.

Palo Alto HS Rm 302 / \$120

### SPANISH: LOW INTERMEDIATE

Instructor: Leonard McCord Salazar

*Prerequisite: Two years of Beginning Spanish or equivalent*

*¡Habla Ud. español?* Continue your studies, and focus on conversational skills. Add to your knowledge of grammar and Hispanic culture. Required textbooks can be purchased in the Adult School office.

6 wks / June 10–July 15

Tuesday / 7–9 p.m.

Palo Alto HS Rm 302 / \$120

### SPANISH: INTERMEDIATE

Instructor: Leonardo McCord Salazar

*Prerequisite: Three quarters of low intermediate Spanish or equivalent*

Learn the fine points of Spanish grammar and the multiple uses of the subjunctive mood in this engaging course. Read, translate, and discuss a masterpiece of Spanish, Latin-American, or Chicano literature. Required textbooks can be purchased in the Adult School office.

6 wks / June 11–July 16

Wednesday / 5–7 p.m.

Live Online / \$120

### SPANISH: ADVANCED CONVERSATION AND LITERATURE

Instructor: Leonardo McCord Salazar

*Prerequisite: Advanced Spanish skills*

Converse with other students in Spanish, and read contemporary Spanish, Latin-American, or Chicano plays, novels, or short stories. Repetition of the course is encouraged, as new literature is introduced every quarter. Required textbook can be purchased in the Adult School office.

6 wks / June 11–July 16

Wednesday / 7:30–9:30 p.m.

Live Online / \$120

## CLASSES RETURNING FALL 2025

- **BIRDING**
- **CHINESE**
- **ENGLISH ENRICHMENT**
- **GUITAR**
- **SEWING**
- **UPHOLSTERY**
- **VIOLIN**
- **YOGA**
- **.....AND MORE!**





# ADULT SCHOOL INFORMATION

## ELIGIBILITY

All persons over the age of 18 are eligible for all Adult School classes with no residency restrictions.

## REFUNDS

- ★ Refund of fees will only be given if requested at least 72 hours before the first class meeting. Please cancel at least five days before a Cooking class. There is a \$15 fee for cancellations. Please choose your classes carefully.
- ★ We are sorry we cannot accept medical, business travel or other reasons.
- ★ Full refunds will be given automatically if the Adult School cancels a class.
- ★ Deposits and tuition for parent education classes are entirely non-refundable.
- ★ Textbooks are non returnable.

## CERTIFICATE OF COMPLETION

A certificate of completion and/or a letter stating participation in any Adult School class will be given to any student upon request to the office and verification of attendance. To receive a certificate of hours attended, please submit a request on our website: [paadultschool.org](http://paadultschool.org).

## TOBACCO-FREE SCHOOL DISTRICT PROPERTY

Smoking and the use of tobacco products by all persons is prohibited on Palo Alto Unified School District property and at district-sponsored events.

## SEXUAL HARASSMENT POLICY

It is the policy of the Palo Alto Unified School District to provide a school environment free from all forms of harassment, including sexual harassment, and to maintain an environment in which all students and staff model this behavior and are treated with dignity and respect. Please see the district website for complete information: <https://www.pausd.org/about-us/policies-procedures/title-ix-office>.

## UNIFORM COMPLAINT PROCEDURES

The Palo Alto Unified School District maintains a uniforms complaint procedure. Please visit the district website for complete information: <https://www.pausd.org/about-us/policies-procedures/formal-complaint-procedures>.

## CONTACT INFORMATION

Mail: Palo Alto Adult School  
50 Embarcadero Road  
Tower Building Rm #33  
Palo Alto, CA 94301

Phone: (650) 329-3752  
Email: [adultschool@pausd.org](mailto:adultschool@pausd.org)

## SUMMER QUARTER OFFICE HOURS

### **PALY**

Mon–Wed 8:00 a.m.– 9:30 p.m.  
Thu 8:00 a.m.– 4:00 p.m.  
Fri Closed

### **CUBBERLEY**

Jun (Mon–Thu) 9:00 a.m.–3:00 p.m.  
Jul (Mon–Thu) 9:30 a.m.–2:30 p.m. (& by appointment)  
Fri Closed

## **5 WAYS TO REGISTER**

### **PHONE**

(650) 329-3752

### **EMAIL**

adultschool@pausd.org

### **WEBSITE**

paadultschool.org

### **MAIL**

Palo Alto Adult School  
50 Embarcadero Road  
Palo Alto, CA 94301

### **WALK IN**

Palo Alto Adult School  
50 Embarcadero Road  
Tower Building Rm #33  
Palo Alto, CA 94301

### **RECEIPTS/CONFIRMATIONS**

Please call if you need a receipt or a confirmation: (650) 329-3752.

You will be notified if a class is full.

### **REGISTER EARLY**

Register today to secure your place in our most popular classes. If minimum enrollments are not met, classes will be canceled and a full refund will be processed. Refunds are given up to 72 hours before the first class meeting.

### **NEED HELP? PLEASE CALL**

(650) 329-3752

## **FALL REGISTRATION BEGINS** **Friday, August 8, 2025**

This schedule is valid through July 25, 2025.  
Additional information, materials lists,  
and schedule changes are posted on our website.

**[PAAAdultSchool.org](http://PAAAdultSchool.org)**

## **MISSION AND SCHOOLWIDE LEARNER OUTCOMES (SLOs)**

### **MISSION**

Palo Alto Adult School is committed to providing a broad range of accessible, flexible, and effective educational programs that enable our diverse community of adult learners to achieve their academic, career, and personal goals.

### **SCHOOLWIDE LEARNER OUTCOMES (SLOs)**

#### **SET GOALS**

Students will assess their own needs and identify their academic, career, and/or personal goals.

- With guidance, develop and communicate plans to achieve their goals.
- Be self-directed learners who learn independently and collaboratively in a diverse environment.

#### **ACHIEVE SKILLS**

Using a variety of methods, technology and resources, students will acquire knowledge and skills.

- Develop and apply critical thinking skills.
- Obtain academic and career skills for life and workforce readiness.

#### **DEMONSTRATE LEARNING**

Students will apply their acquired core knowledge and skills appropriate to their goals.

- Advance to post-secondary education or training.
- Contribute to personal enrichment and the community.
- Demonstrate 21st century skills including critical thinking, communication, collaboration, and creativity.

**FOR MORE INFORMATION ABOUT PALO ALTO ADULT SCHOOL  
ADMINISTRATIVE POLICIES AND LOCATION MAPS,  
PLEASE VISIT OUR WEBSITE AT  
*PAAAdultSchool.org***



# REGISTRATION FORM



Or Register online: [www.paadultschool.org](http://www.paadultschool.org)

**Palo Alto Adult School**  
50 Embarcadero Road  
Palo Alto, CA 94301  
(650) 329-3752

Year: **2025**

Quarter:  Winter  Summer  Fall  
 Spring

Registration Date: \_\_\_\_\_

Name: \_\_\_\_\_  
(Last) (First) (Middle)

Address: \_\_\_\_\_  
(No.) (Street) (City) (Zip)

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Start Date: \_\_\_\_\_  New Student  Returning Student Date of Birth: \_\_\_\_\_  M  F

Class Name	M	T	W	Th	F	S	Instructor	Time	Location	Fee

Type of Payment:  Check  Cash  Visa  M/C  No Fee

Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

How did you find out about this class? \_\_\_\_\_

**\*\*\* ALL RESIDENTS AND NON-RESIDENTS WELCOME! \*\*\***