



PALO ALTO ADULT SCHOOL

2025 FALL QUARTER SCHEDULE

REGISTRATION BEGINS AUGUST 8, 2025



PAAAdultSchool.org / 650-329-3752

DEAR COMMUNITY MEMBERS:

A new school year has arrived! Check out our new AI offerings, useful for Marketing or assistance with everyday tasks. Several new cooking courses enable you to expand your palate. Our popular Woodworking program has added new courses and extra sessions. Whatever you choose, I know you'll enjoy it!

Our Fall Community Partner is Gamble Garden, a local nonprofit and community resource for horticultural education, inspiration, and enjoyment. This historic property has a rich legacy, and shares our commitment and passion for gardening and environmental education.

Have you been able to use your new skills learned in class for your job? If so, we would love to hear your story. You may also be the lucky winner of a free online class if we publish your story. Visit PAAAdultSchool.org to learn how to enter to win a Free online class.

See you in class this Fall!



Jim Sherman
Principal



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2025 FALL CALENDAR

REGISTRATION FOR FALL QUARTER BEGINS // AUGUST 8, 2025

FALL QUARTER // SEPTEMBER 8–DECEMBER 12

HOLIDAYS // SEPTEMBER 1, NOVEMBER 11, & NOVEMBER 24-28

STUDENT SHOWCASE

Medical English leads to a nursing career!

“In 2023, I took **Adv. Low ESL** and **Fundamentals of Writing** classes, while working full time during the day. In 2024, I joined the first ESL **Medical English** class that changed my whole career path. Next, I enrolled in a Certified Nursing Assistant program at MVLA. My plan is to become an LVN. I want to give credit to all the Adult School teachers who motivated me to move forward into the medical field.”

Sharmila Sherpal
Nursing Student

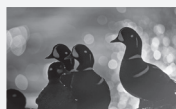


FREE INTRODUCTORY CLASS

FREE SESSION: Beyond the Snapshot—Tips for Boosting Your Skill in Wildlife Photography

Instructor: Kaleb Friend, kfriend@pausd.org

Prerequisite: None



During this one-hour class, we will review some of the most essential photography concepts applicable to wildlife photography, with examples of each. These strategies will immediately improve your images and stretch your creativity in digital wildlife photography. This intro session is geared toward those already comfortable with their digital cameras and interested in deepening their connection with wild subjects in nature through photography.

One Session / September 10

Wednesday / 5:30–6:30 p.m.

Live Online / No Fee

ARTS AND CRAFTS

CREATE A WREATH

Instructor: Sam Kauffman, samsongs@gmail.com

Prerequisite: None

Fall is in the air! Celebrate the season with a one-day workshop by making a one-of-a-kind wreath from Sam Kauffman's on-line shop—*Whimsy And*. Sam has had a floral arranging business for over twenty years. Both natural and artificial materials will be available. There will be a \$15 materials fee payable to the instructor on the first day of class. *Limit 10 students.*

One Session / October 16

Thursday / 1–3:30 p.m.

Palo Alto HS Rm 30 / \$30

NEW TEACHERS WELCOME!

If you would like to become an Adult School instructor, call (650) 329-3752 for an application. We are looking for more Arts & Crafts instructors!

For more information on how to apply, visit PAAAdultSchool.org/new-instructors-welcome

DRAWING AND WATERCOLOR WITHOUT INHIBITION

Instructor: Ferenc Besze, fbesze@pausd.org, <http://besze.com>

Prerequisite: None



In this class we are focusing on having fun without inhibition! Some of the things we will cover in class include: learning about proportion and perspective, creating 3D effect, developing observation skills, and making compositional studies using

a variety of subjects in dry and wet mediums.

SECTION A (Online)

10 wks / September 10–November 12

Wednesday / 6:30–8:30 p.m.

Live Online / \$200

SECTION B (In Person)

10 wks / September 11–November 13

Thursday / 6:30–9 p.m.

Palo Alto HS Rm 106 / \$250

NEW

ARTS AND CRAFTS

FLORAL EXPRESSION—IKEBANA SOGETSU

Instructor: Yvonne Ip, cyip888@gmail.com

Prerequisite: None

Discover the joy of Ikebana, the Japanese art of flower arranging. This course explores the core principles and techniques for achieving harmony, balance and minimalism. Through a combination of theory and hands-on sessions, you will learn how to make your own arrangements that are aesthetically pleasing, expressive, and thought provoking. There will be a \$240 materials fee payable to the instructor on the first day of class.

9 wks / September 9–November 18

(No class October 7 & November 11)

Tuesday / 6–9 p.m.

Palo Alto HS Rm 106 / \$270

KNITTING

Instructor: Paola Trombetta, ptrombetta@pausd.org

Prerequisite: None

Knitters of all abilities are welcome! Learn basic and advanced skills in this fun and collaborative knitting workshop. Beginners learn to read pattern books, and/or design and create their own knitted garment and gifts. Advanced knitters, master your techniques and bring projects you are currently working on.

8 wks / September 17–November 5

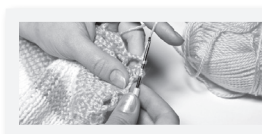
Wednesday / 6:30–8:30 p.m.

Palo Alto HS Rm 1707 / \$160

LEARN TO CROCHET

Instructor: Paola Trombetta, ptrombetta@pausd.org

Prerequisite: None



Learn to chain, single and double crochet, create tri-dimensional forms, and read patterns. This class will work for

you regardless of your skill level and you will enjoy it!

Materials to bring to class: 1 ball of worsted weight yarn plus a size 'H' crochet hook.

8 wks / September 17–November 5

Wednesday / 5:30–6:30 p.m.

Palo Alto HS Rm 1707 / \$80

SEWING

See Home & Environment: Page #13

Win a Free 6-Week Online Class!

Have you taken a class and used those skills on the job?

Tell us your story and enter to win an online class!



Visit PAAAdultSchool.org for details.

BIRDING & NATURE

NATURE SCIENCE HIKES

Instructor: Environmental Volunteers, communityprograms@evols.org

Prerequisite: None

Join some of Environmental Volunteers most knowledgeable nature-science educators on three explorations of local open spaces throughout the fall season. Each two-hour hike will be at a different location, with a different trained guide, and each will focus on learning about a different environmental topic. The pace of the hikes will be easy, with semi-frequent stops to discuss subjects. Distance traveled may vary but expect between 1–3 miles. *NOTE:* Rain doesn't necessarily cancel these hikes! Your scheduled guide will discuss options if necessary. *Limit 12 students.*

Three Sessions / See Dates Below

Saturday / 10 a.m.–12 noon

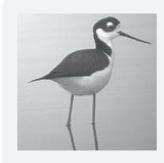
Various Locations / \$60

- **September 20:** Stevens Creek County Park
- **October 11:** Palo Alto Baylands Nature Preserve
- **November 1:** Windy Hill Open Space Preserve

WEST COAST BIRDING (*Online & In-Person*)

Instructor: Scott Smithson, wsmithson@pausd.org

Prerequisite: None



The primary goal of this birding class is to develop birding skills through bird identification by sight and sound. During our weekly online Zoom meetings, we will focus on sharing local bird sightings, slides of Bay

Area birds, ID quizzes, and discussion of field trips. There will be 3 in-person weekend field trips offered to local Bay Area birding spots so we can practice what we have learned in the field! Field trip dates TBD. Textbook: Any North America or Western North America bird field guide (*Sibley's Guide* is a great one).

7 wks / September 23–November 4

Tuesday / 7–8:30 p.m.

Live Online / \$160

CAREER TRAINING

VOICE OVERS: NOW IS *YOUR* TIME!

Instructor: Lisa Foster/Justine Reiss
alex@suchavoice.com

Prerequisite: None

In this introductory class, you will learn about a unique, outside-the-box way to break into this creative, fulfilling, and potentially lucrative industry.

SECTION A

One Session / October 1

Wednesday / 6–8 p.m.

Live Online / \$50

SECTION B

One Session / October 27

Monday / 6–8 p.m.

Live Online / \$50



VOCATIONAL INTERNSHIP CLASS

Instructor: Toshiro Lang

Prerequisite: Application and interview required

Classroom component to vocational internships concentrating on developing transferable job skills. This course emphasizes the importance of interpersonal dynamics in the workplace, and the value of obtaining competitive employment. In-person instruction accommodates all learners with the motivation to become independent and successful. *Must call (650) 329-3752 for more information and to register for the program.*

ONGOING / September–June

Monday–Thursday / 8–9:15 a.m.

Lucille Packard Children's Hospital (LPCH) / No Fee *

WORK READINESS (Job Coach)

LEARN NEW SKILLS FOR GETTING A JOB *

Instructor: Kathilynn Lehmer, klehmer@pausd.org

Learn new strategies for getting a job! Prepare a powerful resume and cover letter, create a LinkedIn profile, learn new job hunting strategies—and more! There is no fee and the course is open-entry-start anytime. For more information, and to find out how to register, send an email to Kathilynn Lehmer at klehmer@pausd.org.

CAREER TRAINING: *Advanced Certificate Programs (Online/Recorded)*

ADVANCED CAREER TRAINING COURSES TO PREPARE YOU FOR CERTIFICATION

Our career training courses can start you on a path to an in-demand profession or help advance your current career with industry certification. You may begin these courses at any time, and learn at your own pace. For details, please visit careertraining.paadultschool.org.

COURSE CATEGORIES:

- Arts and Design
- Business
- Computer Applications
- Computer Science
- Construction and Trades
- Health and Fitness
- Hospitality
- Information Technology
- Language
- Legal
- Teacher Professional Development
- Writing

COURSE FEATURES:

- 24/7 Course access
- Books and materials included
- Certificate of Completion
- Student Advisors included
- Industry recognized certifications

POPULAR COURSES INCLUDE:

- **Certified Administrative Professional with Microsoft Office Specialist (MOS) Associate**
(Exam Vouchers Included)
- **Certified Clinical Medical Assistant (CCMA)**
(Exam Voucher Included)
- **Medical Billing and Coding**
(Voucher Included)
- **Accounts Payable Specialist Certification**
(Exam Voucher Included)
- **CompTIA Certification Training: A+, Network+, Security+**
(Exam Vouchers Included)
- **Freight Broker/Agent Training**
- **NASM Certified Personal Trainer and Exam Preparation**
(Exam Voucher Included)
- **Certified Paralegal**
(Exam Voucher Included)
- **Pharmacy Technician**
(Exam Voucher Included)

CAREER TRAINING: ADVANCED CERTIFICATE PROGRAMS

CERTIFIED ADMINISTRATIVE PROFESSIONAL WITH MICROSOFT OFFICE SPECIALIST (MOS) ASSOCIATE (GES2048) (Vouchers Included)

Instructors: *ed2go Instructors*
Prerequisite: *None*

Train for a career as an administrative assistant and master the Microsoft Office suite. This course bundle will prepare you for the Certified Administrative Professional exam (CAP) exam and the Microsoft Office Specialist (MOS) Associate certification. For pricing, details, registration, visit careertraining.paadultschool.org.

12 Months / 345 Course Hours
Start Anytime (Self Paced)
ed2go Online/Recorded

CERTIFIED CLINICAL MEDICAL ASSISTANT (CCMA) (GES180) (Voucher Included)

Instructors: *ed2go Instructors*
Prerequisite: *None*

Because employers recognize that certified medical assistants deliver greater value, completing the course will help you to be well-prepared to find your place in this rewarding healthcare career. You will also be able to sit for the Certified Clinical Medical Assistant (CCMA) exam through the National Healthcareer Association (NHA). For pricing, details, registration, visit careertraining.paadultschool.org.

12 Months / 540 Course Hours
Start Anytime (Self Paced)
ed2go Online/Recorded

PERSONAL CARE AIDE TRAINING (GES1057)

Instructor: Dr. Tara Caberwal (*ed2go Instructor*)
Prerequisite: *None*

Develop a comprehensive understanding of the roles and responsibilities of the personal care aide, assistant, or caregiver in the health care system, home environment, and care facility. Acquire the knowledge and skills necessary to excel as a personal care aide and perform all related tasks and responsibilities with confidence. For pricing, details, registration, visit careertraining.paadultschool.org.

12 Months / 200 Course Hours
Start Anytime (Self Paced)
ed2go Online/Recorded

WEB DESIGN PROFESSIONAL (GES517)

Instructors: *ed2go Instructors*
Prerequisite: *None*

This web design course will teach you the fundamentals of web design. You will learn the technology, philosophy, and techniques to bring online creativity to life, gain practical skills for managing web projects, and build your own portfolio through hands-on projects. For pricing, details, registration, visit careertraining.paadultschool.org.

12 Months / 390 Course Hours
Start Anytime (Self Paced)
ed2go Online/Recorded

CITIZENSHIP

CITIZENSHIP — SECTION A

Instructor: Katherine Barg, kbarg@pausd.org
Prerequisite: *Intermediate to advanced English language learners*



This course prepares students to pass the Citizenship Test in order to become a naturalized permanent citizen of the United States. You will study the history, political processes, and all the institutions that make an informed and effective citizen. Elements of study will be applied to current events whenever applicable.

6 wks / August 26–September 30
Tuesday / 6:30–8:30 p.m.
Live Online / No Fee *

CITIZENSHIP — SECTION B (Open Entry)

Instructor: Sandy Cutshall, scutshall@pausd.org
Prerequisite: *Intermediate to advanced English language learners*

This course helps students prepare for all aspects of the U.S. Citizenship interview, including the 100 government and history questions (civics test), questions about the N-400 application (speaking test), and the reading and writing tests. The class is taught at an intermediate level and is designed for lawful permanent residents who will be applying for U.S. citizenship within the next year. It is open enrollment and new students are welcome to start any time. Textbook: Optional — *Voices of Freedom* by Bliss, Fifth Edition. Students may borrow the textbook from the adult school office after the first class meeting. The class is open-entry. Students may start anytime.

10 wks / September 19–November 21
Friday / 9:30 a.m.–12:30 p.m.
Live Online / No Fee *

* Partially or fully state-funded

COMPUTER SKILLS

ARTIFICIAL INTELLIGENCE (AI) ASSISTED MARKETING FOR SMALL BUSINESS

Instructor: Kumaresan Manickavelu,
kmanickavelu@pausd.org

Prerequisite: AI Tools for Beginners workshop and basic understanding of social media

Supercharge your small business marketing! Harness the power of AI to create compelling content, design eye-catching visuals, and optimize your campaigns. This course will equip you with the latest AI tools to boost engagement, reach new customers, and grow your brand—all on a small business budget. Bring your laptop to class.

One session / October 6
Monday / 6:30–8:30 p.m.
Palo Alto HS Rm 30 / \$45



ARTIFICIAL INTELLIGENCE (AI) TOOL FOR BEGINNERS WORKSHOP

Instructor: Kumaresan Manickavelu,
kmanickavelu@pausd.org

Prerequisite: Basic Understanding of computers, including browsing, email, docs

Unleash the power of AI! Dive into the world of artificial intelligence and discover practical tools for everyday problem-solving. From writing and image generation to research and automation, this workshop empowers beginners to explore AI's potential. No experience needed! Bring your laptop to class.

One session / September 29
Monday / 6:30–8:30 p.m.
Palo Alto HS Rm 30 / \$45

PYTHON FOR EVERYONE: CODING

Instructor: Avnit Bambah, abambah@google.com

Prerequisite: None

Embark on an exciting journey into the world of programming with our *Python for Everyone* course. Designed for absolute beginners, this comprehensive course will guide you through the fundamentals of Python, one of the most popular and versatile programming languages in the world. Python installation instructions will be sent to students before the first class. Bring your laptop to every class. *Join us and discover the power of Python!*

8 wks / September 17–November 5
Wednesday / 6:30–8:30 p.m.
Palo Alto HS Rm 29 / \$160

COOKING

Palo Alto Adult School offers an excellent cooking curriculum at the best prices in the area. With professionally trained chefs as our instructors, our students return each quarter to enhance their culinary repertoire. *Please visit paadultschool.org for additional menu details.*

ARTISAN PIZZA FESTIVAL

Instructor: Vanessa Palhares Montes,
vpalharesmontes@pausd.org

Prerequisite: None



Learn, cook and taste Artisan pizza! Discover the joy of crafting delicious pizzas from scratch. Join our hands-on artisan pizza workshop, where you will

master 3 unique and mouthwatering recipes, perfect for sharing with friends and family. You will make a classic *Margherita*, *Pesto Chicken*, and *Vegetarian Delight* pizza in class to take home and enjoy!

One Session / October 7
Tuesday / 6:30–9 p.m.
Palo Alto HS Rm 103 / \$65

BELGIAN CHOCOLATES GALORE!

Instructor: Carine Vanslebrouck, cshultz@pausd.org
www.instagram.com/cocoa_mirth

Prerequisite: None



Have fun learning to make delicious hand-made Belgian chocolates the traditional way. You will be guided, by the instructor, through the process of tempering chocolate on a marble

slab and continue on to craft a different Belgian chocolate in each class.

One Session / See Dates Below
Wednesday / 6:30–9 p.m.
Palo Alto HS Rm 103 / \$65 per session

- **October 22:** Truffles
- **November 5:** Fall Chocolates
- **December 10:** Christmas Gifts from the Kitchen

COOKING: LEARN HOW TO COOK IN JUST ONE NIGHT!

COOKING IN YOUR 20s AND BEYOND! LOCAL FAVORITES

Instructor: Vanessa Palhares Montes,
vpalharesmontes@pausd.org

Prerequisite: None

This 4-class series introduces young adults to foundational cooking skills and techniques, empowering them to cook for themselves and others with confidence. Each class builds upon the last, from simple comfort food to global flavors then impressive dishes you can replicate at home. The series emphasizes hands-on learning, practical skills, and budget-friendly ingredients. See website for menu.

One Session / See Dates Below

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65 per session

SERIES DISCOUNT: \$240 when registering for all 4 sessions at once

- **October 14:** Kitchen Foundations: Skills & Comfort Food
- **November 18:** Global Pasta Night
- **December 2:** Taco Night Done Right
- **December 16:** From Scratch: Dumping Night

COOKING WITH JONAKE

Instructor: Jonake Bose, jonakeandyuti@gmail.com
<https://jonakeandyuti.weebly.com/>

Prerequisite: None

Let's learn about spices as we cook a delicious, healthy Indian meal with ingredients from your local grocery store. Vegetarian options available. We will make our own spice mix that you can take home and use to cook our quick and easy meals again. Let's enjoy a tasty dinner together!

One Session / See Dates Below

Monday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65 per session

- **September 29:** Introduction to Indian Spices
- **October 27:** Introduction to Indian Dals
- **November 10:** Introduction to Indian Sandwiches

FRUIT DESSERTS FOR EVERYONE

Instructor: Julie Shanson,
julie@findjoyinfood.com

Prerequisite: None

Learn to make fruit-based desserts anyone can eat. We will make an easy meal in the oven, then a free form fruit pie, a crisp, and easy snacking cake and a special roasted fruit dessert. We will have snacks and a meal as part of class. All recipes are vegan. Gluten free options available.

One Session / September 22

Monday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65 per session



NEW

HOMEMADE PASTA WORKSHOP

Instructor: Vanessa Palhares Montes,
vpalharesmontes@pausd.org

Prerequisite: None

Discover the art of making fresh pasta from scratch in our hands-on workshop! Learn to prepare authentic pasta dough, craft delicious ravioli with gourmet fillings, and top it off with rich homemade tomato sauce. Get ready to create mouthwatering pasta dishes!

One Session / September 16

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65

MEXICAN PARTY

Instructor: Francisco Chavarria, fchavarria@pausd.org

Prerequisite: None

Learn to make homemade organic corn tortillas and delicious entrees for a perfect Mexican Party! This class will be a fun and informative experience, allowing you to master the art of making Mexican cuisine from scratch.

One Session / October 16

Thursday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65

PAD THAI

Instructor: Francisco Chavarria, fchavarria@pausd.org

Prerequisite: None

Discover the secrets of creating one of the most beloved Thai dishes, Pad Thai, in this hands-on class. Let the tender rice noodles soaked in tamarind umami sauce transport you to the vibrant streets of Thailand.

One Session / September 25

Thursday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65

SEASON TO TASTE! MAKE PLAIN FOOD TASTE SPECIAL

Instructor: Julie Shanson, julie@findjoyinfood.com

Prerequisite: None

Learn how to make food taste better. Start with plain vegetables and starches, cooked and raw, and adjust to taste. We will work with herbs, acid, fat and heat to make a delicious meal. Recipes vegan and gluten free.

One Session / October 20

Monday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65

SUSHI PARTY

Instructor: Francisco Chavarria, fchavarria@pausd.org

Prerequisite: None

You don't need to be a master in the kitchen to create homemade sushi! Chef Francisco will teach and enlighten you on the practice of making and rolling sushi plus prepping the ingredients. Menu will include: California roll, spicy tuna roll, avocado roll, and spicy edamame.

One Session / November 20

Thursday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65

NEW

ENGLISH AS A SECOND LANGUAGE (ESL)—IN-PERSON & LIVE ONLINE (via ZOOM)

FALL 2025

SESSION #1: August 18–October 10

SESSION #2: October 13–December 12

NO CLASSES: September 1, November 11, & November 24-28

***** There is a NO FEE POLICY (no cost for registration or books) for all state-supported ESL classes *****

The Palo Alto Adult School ESL program offers many classes to help you meet your English learning goals. To enter our free classes, new students must register for a placement test. There is no childcare for the test or the classes.

Students must register first before taking a placement test

In-person registration only. No phone registration. No online registration.

Register to take the ESL (English) Placement Test

- Students must take the ESL Placement Test to join a class.
- When you register, you will choose a test date.
- Testing space is very limited.
- You must register in-person.

Enrollment Policies

- Students must be able to attend the full 8 weeks.
- There is no childcare.
- Students may repeat a class level one time with teacher and ESL Manager approval.

REGISTRATION

ESL PLACEMENT TEST REGISTRATION

*** New students must take an in-person placement test. ***

Students must register for the test on Saturday, August 2 at 9 a.m. at our ESL office, Cubberley Campus, 4000 Middlefield Road, I-Building, 2nd floor.

***** In-Person Only! *****

TESTING

ESL PLACEMENT TESTING

TESTING LOCATION: Cubberley Campus • 4000 Middlefield Rd, I-Bldg 2nd Floor

MORNING TESTING

Time: 9 a.m.–12 noon (*Test begins promptly at 9 a.m.*)
Test Dates: Tue. Aug. 5 • Wed. Aug. 6 • Fri. Aug. 8

EVENING TESTING

Time: 6–9 p.m. (*Test begins promptly at 6 p.m.*)
Test Dates: Mon. Aug. 4 • Wed. Aug. 6 • Thu. Aug. 7

Register for testing early. Spaces limited!

CLASSES

FALL SESSION ESL CLASSES *

SESSION #1: August 18–October 10 / SESSION #2: October 13–December 12

(NO CLASSES: September 1, November 11, & November 24-28)

No charge for ESL textbooks

***IN-PERSON* MORNING CLASSES (9:30 A.M.–12:30 P.M.)**

Cubberley Campus: Literacy through Advanced-Low levels (Monday–Thursday)

***IN-PERSON* AFTERNOON CLASSES (1–2:30 P.M.)**

Cubberley Campus: Pre-Literacy (Tuesday and Thursday)

***ONLINE* MORNING CLASSES (3 meetings per week):** 9–11 a.m. / Tuesday, Wednesday, & Thursday

3 levels: Intermediate-Low; Intermediate-High; Advanced

***Students need to download and learn Zoom at <https://zoom.us/>*

***IN-PERSON* EVENING CLASSES (6:30–9:30 P.M.)**

Palo Alto High School: Literacy through Advanced-Low levels (Monday & Wednesday)

***IN-PERSON & ONLINE* ADDITIONAL SKILL-SPECIFIC CLASSES:** See *English Enrichment* classes pages 10

ENGLISH AS A SECOND LANGUAGE (ESL)

COLLEGE AND CAREER READINESS

ESL MEDICAL ENGLISH *

Instructor: Maria Abilock, mabilock@pausd.org

Prerequisite: For intermediate high and advanced English language learners. ESL test required.

Study Medical English in our in-person ESL Healthcare Foundation class about healthcare settings and medical vocabulary. This class prepares students for the next level *Medical Terminology* class, or for the CNA (*Certified Nursing Assistant*) program and other healthcare pathways at Mountain View Adult School.

12 wks / September 2–November 20

Tuesday & Thursday / 6:30–9 p.m.

Palo Alto HS Rm 31 / No Fee *

REQUIRED ORIENTATION MEETING

Tuesday, August 26 • 6:30 p.m. • Palo Alto HS Rm 31

Please register for the orientation meeting online at PAadultschool.org

For more information, please call the ESL Office (650) 494-2326.

JOB SEARCH SKILLS FOR ESL STUDENTS (*Non-native English Speakers*) *

Instructor: Susan Silver, ssilver@pausd.org

Prerequisite: For advanced English language learners

In this class, you will learn to complete a job application, write a basic resume, practice job interview skills, and more! Students enrolled in this class will also be working with Job Coach Kathilynn Lehmer as her clients for individualized job search coaching services through the *Palo Alto Adult Ed Work Readiness* course. Email Ms. SriPriya Kannan to enroll: skannan@pausd.org

12 wks / September 4–November 20 (*No class September 23, October 2, & November 11*)

Tuesday & Thursday / 1–3 p.m.

Cubberley Campus I-Building 2nd Floor / No Fee *

ADDITIONAL CLASSES

LEAH *

Learn English at Home!

Prerequisite: For beginning high to advanced level English level learners.

If you have access to a computer and you want to learn English, *you can learn at home!* This is a good program if you cannot come to class regularly. In this program, you have free access to an online educational website. Students are required to study four (4) hours per week on the computer. Then students meet with the teacher for a half hour (30 minutes) each week. You can meet with the teacher on Zoom or in person.

- Students must take an in-person placement test to register for the LEAH program.
- Students may start LEAH classes at any time.
- Please call 650-494-2326 to make an appointment for the placement test.

The Fall 2025 LEAH Program begins on August 25, 2025.

For more information or to sign up for the class,
please call our adult school ESL office: (650) 494-2326.

¿Necesitas ayuda en español? Deje un mensaje al 650-494-2326.



ESL WRITING ACADEMY

FALL 2025 ESL WRITING ACADEMY September 11–November 14

FALL SESSION CLASSES

ESL WRITING ACADEMY — IN-PERSON

Write for life! Whether it's a simple email, a thank-you note, or a complex essay or report, our ESL Writing Academy classes will help you with content, organization, tone, and purpose.

The Academy offers three levels of classes, beginning with the basics of sentence creation, paragraph development, and essay writing. When you complete the required assignments, you can earn Certificates of Achievement and/or Proficiency.

Students can register for a Writing Academy class and choose the English test date at

<https://paadultschool.org/class/writing-academy/>

For more information, please call (650) 494-2326 or send an email to esl@pausd.org.

**** Writing Academy registration opens August 18, 2025 at 8 a.m. ****

FUNDAMENTALS OF WRITING

FUNDAMENTALS OF WRITING I — INTRODUCTION TO PARAGRAPHS *

Instructor: Adult School Staff

Prerequisite: For students who are at the high beginning to intermediate level

Practice writing sentences and developing coherent paragraphs with the goal of writing about your own life experiences. Guidance will also be given on correct grammar and word choice.

10 wks / September 12–November 14

Friday / 9:30 a.m.–12 noon

Cubberley Campus I-Bldg 2nd Flr / No Fee *

FUNDAMENTALS OF WRITING II — WRITING PARAGRAPHS *

Instructor: Adult School Staff

Prerequisite: For students who are at the intermediate to advanced level

Learn how to write well-developed and cohesive paragraphs. This class will focus on how to choose and organize content, connect ideas, and use supporting details to address a topic.

10 wks / September 12–November 14

Friday / 9:30 a.m.–12 noon

Cubberley Campus I-Bldg 2nd Flr / No Fee *

FUNDAMENTALS OF WRITING III — PARAGRAPHS TO ESSAYS *

Instructor: Adult School Staff

Prerequisite: For students who are at the advanced level

Learn how to plan, develop, and edit a five-paragraph essay with an introduction, thesis statement, body paragraphs, and conclusion. This class will prepare you for business and academic writing.

10 wks / September 12–November 14

Friday / 9:30 a.m.–12 noon

Cubberley Campus I-Bldg 2nd Flr / No Fee *

ENGLISH ENRICHMENT

These classes are offered for non-native speakers who have tested above our state-supported program or who wish to focus on one specific area of English. It is not necessary to take the placement test before enrolling in these classes.

ADVANCED SPEAKING AND READING— TALES OF MYSTERY AND SUSPENSE

Instructor: Sharon Hampel, Ph.D., shampel@pausd.org

Prerequisite: For high intermediate or advanced English language learners

Elementary my dear Watson, Sherlock Holmes, the world's greatest detective, exclaimed to his partner. Become an advanced reader and detective by reading and viewing Holmes mysteries in shortened form then solving them. We will notice a spot of mud (*The Speckled Band*), a heavy veil (*The Veiled Lodger*), a bow and arrow (*The Sussex Vampire*), and a newspaper ad (*The Red Headed League*). These mysteries will become elementary for us.

7 wks / September 17–October 29

Wednesday / 7–9 p.m.

Palo Alto HS Rm 216 / \$140

AMERICAN IDIOMS 101

Instructor: Simone Wojtowicz, swojtowicz@pausd.org

Prerequisite: Intermediate high to advanced English language learners

This class is ideal for students who want to develop their reading, listening, speaking and writing skills while becoming familiar with many useful English expressions. Do you want to improve your TOEFL score? We will dissect the top 300 idioms used on the TOEFL test in addition to discussing metaphorical language. No textbook.

7 wks / September 23–November 4

Tuesday / 9:30–11:30 a.m.

Cubberley Campus I-Bldg 1st Flr / \$140

ESL BOOK CLUB

Instructor: Simone Wojtowicz, swojtowicz@pausd.org

Prerequisite: Advanced English language learners

Join the book club and have fun developing your English skills while learning about American values! Email instructor for the name of the book.

8 wks / September 25–November 13

Thursday / 9:30–11:30 a.m.

Cubberley Campus I-Bldg 1st Flr / \$160

LET'S TALK!

Instructor: Sharon Gloster, seshel@pausd.org

Prerequisite: For advanced English language learners

Practice your conversation skills and build confidence in speaking English. This course will give you lots to talk about, including everyday news as well as several real-life topics (such as education, jobs, the stock market, health, etc.) based on student interests. Learning and practicing everyday expressions and vocabulary plus pronunciation, and grammar tips will improve your fluency.

8 wks / September 15–November 10 (No class October 13)

Monday / 9:30 a.m.–12:30 p.m.

Cubberley Campus I-Bldg 1st Flr / \$240

FOCUS ON PRONUNCIATION AND LISTENING

Instructor: Sue Stevick, sstevick@pausd.org

Prerequisite: High intermediate to advanced English language learners

Speak more clearly and confidently and improve your listening skills. Master the four most important features of English pronunciation: stress in words and sentences, intonation, rhythm, and linking. Improve your speaking and listening skills by participating in lively in-class conversations and discussions. The instructor will provide a written personalized evaluation of your pronunciation skills. Required textbook can be purchased in the Adult School office before the first class.

SECTION A

8 wks / September 16–November 4

Tuesday / 6:30–8:30 p.m.

Live Online / \$160

SECTION B

8 wks / September 19–November 7

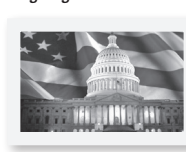
Friday / 9:30–11:30 a.m.

Live Online / \$160

US HISTORY AND CULTURE

Instructor: Simone Wojtowicz, swojtowicz@pausd.org

Prerequisite: Intermediate high to advanced English language learners



This class is ideal for students who want to improve their English skills while becoming familiar with many interesting aspects of US History and culture. We address why Americans think and behave the way they do and the foundation for some of their attitudes and values such as the importance of competition and hard work. Textbook: Please email the teacher for the name of the required textbook.

8 wks / September 24–November 12

Wednesday / 9:30–11:30 a.m.

Cubberley Campus I-Bldg 1st Flr / \$160

BE A VOLUNTEER ESL TUTOR

Help Someone Learn English

For information, please contact:
ESL Volunteer Tutor Program Manager,
Anjani Sarma: asarma@pausd.org

GENERAL INTEREST

CREATIVE WRITING WORKSHOP

Instructor: Chana Feinstein, cfeinstein@pausd.org

Prerequisite: None

Share your work for positive group critiquing to produce more and make what you write more effective. Make your technique stronger through discussing weekly topics and reading example of published work. *All genres welcome! Limit 12 students.*

10 wks / September 11–November 13

Thursday / 6–8:30 p.m.

Live Online / \$100



CREATIVE WRITING: WRITERS MENTORING WRITERS

Instructor: Sam Kauffman, samksongs@gmail.com

Prerequisite: None

Learn to be a better writer! Share your ideas, feelings, and experiences with others. Express yourself through poetry, memoirs, short stories, essays, creative non-fiction or whatever you prefer. There will be time during class to write based on writing prompts. Class time is allotted for looking at writing basics such as metaphor, character development, plot development, foreshadowing and other techniques. *Limit 12 students.*

10 wks / September 10–November 12

Wednesday / 1–3:30 p.m.

Cubberley Campus I-Bldg 2nd Flr / \$100

CREATIVE WRITING: WRITING TO HEAL

Instructor: Chana Feinstein, cfeinstein@pausd.org

Prerequisite: None

New methods show how writing about your trauma and pain can heal. You will get a chance to practice written techniques in class and at home designed to help you revisit your upsetting experiences, then find new meaning and hope. This class is self-help coaching, not therapy. *Limit 12 students.*

9 wks / September 9–November 4

Tuesday / 9–11:30 a.m.

Live Online / \$100

GENEALOGY WORKSHOP

Instructor: Rachel Kellerman, rkellerman@pausd.org

Prerequisite: None

Everyone has a family story to tell—what's yours? Join our welcoming group of genealogy enthusiasts to learn research and preservation strategies and explore the latest technologies, including DNA analysis and AI. All experience levels are welcome! If you miss a class, presentations and handouts will be available afterward!

7 wks / October 1–November 12

Wednesday / 1–3 p.m.

Palo Alto HS Rm 31 / \$140

"I took the **Genealogy Workshop** course because I wanted to begin to organize, review, and explore different research avenues. Rachel is a well-organized and supportive instructor."

Carol Broad

HEALTH AND FITNESS

ABS AND BOOTY BUSTER

Instructors: Amy Chan, achan@pausd.org

Prerequisite: None

We guarantee you'll see results after one session with Amy! This class is designed to strengthen and tone your core, glutes, and back. This super effective 60-minute workout will transform your body and give you the quickest hour of perfectly paced exercise you've ever experienced. Come join the fun and leave feeling energized every time! Bring a yoga mat, 1-3 lbs weights, stretching band, and a water bottle.

12 wks / September 8–December 3 (*No class November 24–26*)

Monday & Wednesday / 7:30–8:30 p.m.

Cubberley Campus I-Bldg 2nd Flr / \$240

AIKIDO

Instructor: Chris Kuszmaul, ckuszmaul@pausd.org

Prerequisite: None

Train mind and body in the dynamic art of Aikido with Hombu Dojo's Shiohira Shihan, 7th Dan, and senior students. The Japanese martial art of Aikido is a comprehensive system of throwing, joint locking, striking and pinning techniques that foster strength, flexibility, presence of mind, and cooperative movement. We practice improving awareness and work on conflict de-escalation within and around ourselves. Training Aikido provides an opportunity to find grounding in today's hectic world. Learn to relax in the face of stress, ground yourself during anxiety, and gain tools to move through the world with confidence.

10 wks / September 9–November 18 (*No class November 11*)

Tuesday & Thursday / 6:30–8 p.m. & Saturday / 10–11 a.m.

Palo Alto HS Rm P11 / \$200

HEALTH AND FITNESS

INDIAN DANCE AND FITNESS

Instructor: Komal Juneja, komal@stepon3.com

Prerequisite: None

Discover vibrant rhythms, expressive choreography, and cultural flair while building confidence and making new friends. Perfect for all skill levels, this course will transport you to the colorful world of Indian Bollywood through fun, energetic sessions. Join us and let the music move you! *Limit 10 students.*

8 wks / September 12–November 7 (No class October 31)

Friday / 5–6 p.m.

Palo Alto HS Rm P11 / \$80

LINE DANCING

Instructor: Kent You, kent.you@gmail.com and Sandy Hsu

Prerequisite: None

Line dancing increases endurance and balance along with enhanced memory and awareness. Each class is choreographed by song and taught so the group is dancing in unison. Dance to a wide variety of international music – including pop music, classical music and seasonal songs. Beginners are welcome. No partners needed.

10 wks / September 9–December 9

(No class September 23-30, November 11, & November 25)

Tuesday / 7:30–8:30 p.m.

Palo Alto HS Dance Studio / \$100

MAT PILATES

Instructor: Golnaz Haghverdi, goli.haghverdi@yahoo.com

Prerequisite: None

Pilates is suitable for all age groups and levels. You can engage even the smallest muscles with Pilates that you wouldn't be able to with other activities. All you need to bring is a mat and water bottle! You will increase your physical strength, balance, concentration, breathing levels, and core stability in this class.

SECTION A

12 wks / September 10–December 3 (No class November 26)

Wednesday / 6:30–8 p.m.

Palo Alto HS Rm P11 / \$180

SECTION B

12 wks / September 8–December 4 (No class November 24 & 27)

Monday & Thursday / 8:30–9:30 p.m.

Palo Alto HS Rm P11 / \$240

ZUMBA

Instructor: Amy Chan, achan@pausd.org

Prerequisite: None

Learn different dance styles including Tango, Flamenco, Cha Cha Cha, Salsa, K-Pop, Bollywood, Belly Dancing and more! Zumba helps improve your balance, coordination, and memory. No partner required. Come join the party, make new friends, and bring a water bottle to class!

12 wks / September 8–December 3 (No class November 24–26)

Monday & Wednesday / 6:30–7:30 p.m.

Cubberley Campus I-Bldg 2nd Flr / \$240

PERSIAN BELLY DANCING

Instructor: Afshaneh Pakdaman, sbap2255@proton.me

Join us for an exciting class that combines the elegance of Persian dance with the fundamentals of Egyptian-style belly dance. This course will cover essential techniques such as posture, isolations, steps, and shimmies, as well as the unique accents of belly dance and the delicate arm and foot patterns characteristic of Persian dancing. Classes are suitable for beginning and intermediate ability levels. *Limit 12 students.*

SECTION A (Beginning)

Prerequisite: None

10 wks / September 8–November 10

Monday / 6–7 p.m.

Palo Alto HS Rm P11 / \$100

SECTION B (Intermediate)

Prerequisite: Beginning Persian Belly Dancing or equivalent

10 wks / September 8–November 10

Monday / 7–8 p.m.

Palo Alto HS Rm P11 / \$100

PILATES: BEGINNING/INTERMEDIATE

Instructor: Judy Lee-Squire, jleesquire@pausd.org

Prerequisite: None

Increase your core strength, flexibility and endurance with Pilates, a mind-body exercise that emphasizes conscious breath and form. A mat is required during class. *Limit 16 students.*

10 wks / September 9–November 6

(Two classes, Tuesday & Thursday, last week of class)

Tuesday / 6:30–7:30 p.m.

Cubberley Campus I-Bldg 2nd Flr / \$100

TAI CHI: CHEN STYLE

Instructor: Lisette Yung, cyung@pausd.org

Prerequisite: None

Learn the traditional Chen Style first form (*Taijiquan*). Practice the continuous movements which helps develop balance, body coordination and strength and the understanding of basic Tai-Chi principles. We will focus on different sections of Taijiquan throughout the quarter.

6 wks / October 8–November 12

Wednesday / 7:30–8:30 p.m.

Palo Alto HS Dance Studio / \$60

YOGA AND MEDITATION

Instructor: Kamal Vilms, kvilms@pausd.org

Prerequisite: None

Gently stretch, relax, and energize your body with yoga poses that cultivate balance, inner awareness, and mobility and release muscle tension. Regular yoga practice can improve health in many ways from stress reduction to increased flexibility and improved breathing. Bring a yoga mat. *Limit 12 students.*

9 wks / September 8–November 3

Monday / 5–6:30 p.m.

Palo Alto HS Rm P5 / \$135

HOME AND ENVIRONMENT

FLORAL EXPRESSION—IKEBANA SOGETSU

Instructor: Yvonne Ip, cyp888@gmail.com

Prerequisite: None

Discover the joy of Ikebana, the Japanese art of flower arranging. This course explores the core principles and techniques for achieving harmony, balance and minimalism. Through a combination of theory and hands-on sessions, you will learn how to make your own arrangements that are aesthetically pleasing, expressive, and thought provoking. There will be a \$240 materials fee payable to the instructor on the first day of class.

9 wks / September 9–November 18

(No class October 7 & November 11)

Tuesday / 6–9 p.m.

Palo Alto HS Rm 106 / \$270

GARDENING IN FALL

Instructor: Sherri Bohan, sbohan@pausd.org

Prerequisite: None

Existing gardens are easy to create a space for that is not just landscaping—it can become beneficial Habitat and a Buffet for pollinators and songbirds, butterflies and more. Native plants are easy to include for a more water wise beautiful garden.

12 wks / September 10–December 3 (No class November 26)

Wednesday / 10 a.m.–12 noon

Live Online / \$120

NATURE SCIENCE HIKES

Instructor: Environmental Volunteers, communityprograms@evols.org

Prerequisite: None

Join some of Environmental Volunteers most knowledgeable nature-science educators on three explorations of local open spaces throughout the fall season. Each two-hour hike will be at a different location, with a different trained guide, and each will focus on learning about a different environmental topic. The pace of the hikes will be easy, with semi-frequent stops to discuss subjects. Distance traveled may vary but expect between 1 – 3 miles. *NOTE:* Rain doesn't necessarily cancel these hikes! Your scheduled guide will discuss options if necessary. *Limit 12 students. Limit 12 students.*

Three Sessions / See Dates Below

Saturday / 10 a.m.–12 noon

Various Locations / \$60

- **September 20:** Stevens Creek County Park
- **October 11:** Palo Alto Baylands Nature Preserve
- **November 1:** Windy Hill Open Space Preserve



SEWING: HEMMING AND MENDING

Instructors: Sally-Ann Rudd, srudd@pausd.org, and Maya Sen, msen@pausd.org

Prerequisite: None

First class: learn to hem jeans, pants and skirts/dresses using a sewing machine (or by hand). Second class: focus is on visible mending techniques using Sashiko stitching. No sewing machine or previous experience required. A supplies list will be sent out 2 weeks before the start of the class. There will be a \$5 materials fee payable to the instructor on the first day of class. *Limit 20 students.*

2 wks / October 2–October 9

Thursday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$60

SEWING: BEGINNING GARMENT SEWING

Instructors: Sally-Ann Rudd, srudd@pausd.org, and Maya Sen, msen@pausd.org

Prerequisite: None

Learn step-by-step how professionals make fine, well-fitting clothing. We start with a basic project, then learn about working with patterns, and how to use a sewing machine. We will send out a supplies list and suggested beginner patterns about 2 weeks before the class. No sewing machine or previous experience required. There will be a \$10 materials fee payable to the instructor on the first day of class. *Limit 20 students.*

10 wks / September 10–November 12

Wednesday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$300

SEWING: KNIT T-SHIRT

Instructors: Sally-Ann Rudd, srudd@pausd.org, and Maya Sen, msen@pausd.org

Prerequisite: Beginning sewing or equivalent

We will make the *Core T-Shirt* pattern from Closet Core, or the *Kai Knit T-Shirt* pattern from Sinclair Patterns. No sewing machine required, but previous sewing experience is required. This is not a Serger class. Supplies list (including fabric recommendations) will be sent out 2 weeks before the first class. *Limit 16 students.*

3 wks / September 11–September 25

Thursday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$90

SEWING: PAJAMARAMA!

Instructors: Sally-Ann Rudd, srudd@pausd.org, and Maya Sen, msen@pausd.org

Prerequisite: None

Do you like to lounge around in your PJs? Us too! Come join us for a dive into pajamas! We will be making the bottoms from the *Carolyn Pajamas* from Closet Core, or the *Eastwood Pajamas* from Merchant and Mills. No sewing machine or previous experience required. Supplies list will be sent out 2 weeks before the start of class. *Limit 16 students.*

4 wks / October 16–November 13 (No class October 23)

Thursday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$120

HOME AND ENVIRONMENT

UPHOLSTERY: BASIC TECHNIQUES

Instructors: Isabelle Trainer, itrainer@pausd.org, Tracey Wyatt, twyatt@pausd.org, Pam Jaradeh, pjaradeh@pausd.org, and Jodie Frerichs, jfrerichs@pausd.org

Prerequisite: None

Learn how to reupholster furniture from start to finish. This class focuses on the upholstery of traditional chairs and ottomans (no automotive or boat), and does not address wood frame restoration. Once registered, you will be asked to submit a photo of the project you would like to work on. All projects must be approved by the teachers to ensure we have the proper expertise to assist you. New students must complete a simple project such as an ottoman or dining seat before progressing onto more complicated projects. *Limit 23 students.*

NEW UPHOLSTERY STUDENTS: After registering, please contact the Adult School Office at (650) 329-3752 for class location and parking information.

SECTION A

10 wks / September 9–November 18 (*No class November 11*)
Tuesday / 9 a.m.–1 p.m.
Palo Alto HS Rm 904 / \$450

SECTION B

10 wks / September 11–November 13
Thursday / 9 a.m.–1 p.m.
Palo Alto HS Rm 904 / \$450



MUSIC

GUITAR: BEGINNING

Instructor: Bowen Zheng, bzheng@pausd.org

Prerequisite: None



Join us to get introduced to the world of music and guitar. We will learn music fundamentals such as rhythm and standard notation. We cover ergonomics of playing guitar and proper posture and technique.

Expect to play in an ensemble with other classmates as well as individually. It's never too late to begin! Come and discover what you can do with your guitar! Bring your own guitar. *Limit 12 students.*

10 wks / September 10–November 12
Wednesday / 7:30–8:30 p.m.
Palo Alto HS Rm 30 / \$100

"In the **Beginner Guitar** class, I found that Bowen's teaching style made note reading and guitar playing from scratch so much easier!"

Rena Niu
Freelancer

GUITAR: INTERMEDIATE

Instructor: Bowen Zheng, bzheng@pausd.org

Prerequisite: Some musical experience on the guitar (fingerstyle preferred) and ability to read music with standard musical notation highly recommended

This class is designed for students who have had some music experience in the past with playing the guitar and reading music from standard notation. You will pick up from playing single line melodies and progress to playing more notes simultaneously. You will also be working on proper technique, posture, rhythm, music reading and other musicianship skills. Bring a classical guitar to class. *Limit 12 students.*

10 wks / September 10–November 12
Wednesday / 6–7:30 p.m.
Palo Alto HS Rm 30 / \$150

MASTER SINFONIA CHAMBER ORCHESTRA

Instructor: David Ramadanoff, info@mastersinfonia.org, www.mastersinfonia.org

Prerequisite: Students must have advanced technical and music skills on an orchestral instrument.

Be part of one of the best chamber symphony orchestras in the Bay Area peninsula. The Master Sinfonia Chamber Orchestra will rehearse and perform works ranging from classics such as Mozart, Beethoven, Brahms, to 20th Century composers such as Samuel Barber and living composers such as John Adams. The orchestra performs 4 concerts per year. Please visit mastersinfonia.org for details. *Applicants must audition with the instructor, David Ramadanoff, by contacting him at info@mastersinfonia.org before attending the first orchestra rehearsal.*

10 wks / September 11–November 13
Thursday / 7:30–10 p.m.
Los Altos United Methodist Church / \$55

ODAIKO

Instructor: Kensuke Sumii, info@drumrevolution.com

Prerequisite: Must also be currently enrolled in Taiko

This class is designed for individuals with stamina to hit Odaiko (big Taiko) for two hours. New students must audition before registering for class. Please contact the instructor prior to registration. All equipment—including drums and sticks—are provided.

SECTION A (*Open to continuing students only*)

7 wks / September 5–October 24 (*No class September 26*)
Friday / 7:30–9:30 p.m.
Palo Alto HS Rm P4 / \$70 (+ \$140 materials fee)

SECTION B (*Open to continuing students only*)

7 wks / October 31–December 19 (*No class November 28*)
Friday / 7:30–9:30 p.m.
Palo Alto HS Rm P4 / \$70 (+ \$140 materials fee)

MUSIC

PENINSULA SYMPHONIC BAND

Instructor: Ted Henderson, mrhenderson1962@gmail.com
Experience the thrill of performance in this fully instrumental band for experienced players of wind and mallet-rhythm percussion instruments. Enjoy playing traditional, popular and classical music. Percussionists and tubists are especially needed. A concert will be given at the end of the quarter, on Sunday, November 23, 2025. *NOTE:* There is a waitlist for some sections. To inquire about availability, before attending the first band practice, please email Ted Henderson at mrhenderson1962@gmail.com or call him at (408) 910-1830.

10 wks / September 8–November 17 (No class October 13)
Monday / 7:30–10 p.m.
Palo Alto HS Rm 109 / \$65

PIANO: BEGINNING/INTERMEDIATE

Instructor: Kathy Woveris, kwoveris@gmail.com



Learn to play music in a fun environment. You will learn to play on the keyboards provided. Instruction includes basic notes, rhythm, theory and finger exercises

as well as chords and scales. You will need a keyboard at home to practice on, or you can rent a keyboard. Every term we will study a classical composer's biography and simple music by that composer as well as listening to a recording. Textbook: *Adult All-In-One Course: Lesson-Theory-Technic: Level 1 Fundamentals of Piano Theory-Preparatory Level*. Bring textbook to first class or students may purchase one from the teacher that same night. *NOTE: No perfumes or scented hair products of any kind in class due to the instructor's allergies. Limit 10 students each section.*

SECTION A: Beginning (No previous lessons)

9 wks / September 17–November 12
Wednesday / 5–6:30 p.m.
Palo Alto HS Rm 305 / \$135

SECTION B: Beginning/Intermediate

9 wks / September 17–November 12
Wednesday / 6:30–8 p.m.
Palo Alto HS Rm 305 / \$135

PENINSULA SYMPHONIC BAND FALL CONCERT

Conducted By Ted Henderson
Sun • Nov 23 • 3 p.m. • Performing Arts Center
Admission FREE — Donations Appreciated



** CONCERTS **



MASTER SINFONIA CHAMBER ORCHESTRA

Conducted By David Ramadanoff
Fri • Oct 17 • 7:30 p.m. • Performing Arts Center
Visit mastersinfonia.org for ticket information

TAIKO I

Instructor: Kensuke Sumii, info@drumrevolution.com
Prerequisite: None

You should have a sense of rhythm and/or stamina to hit drums for two hours. Students do not wear shoes or socks in class. Students practice barefoot. No new students are accepted between October 2025 and January 2026. All equipment—including drums and sticks—are provided. There will be a \$120 materials fee per six-week session payable to the instructor on the first day of class to cover the drum heads replacement. *Limit 24 students each section.*

SECTION A (Open to all students)

7 wks / September 3–October 15
Wednesday / 8–10 p.m.
Palo Alto HS Rm P4 / \$70 (plus \$140 materials fee)

SECTION B (Open to continuing students)

8 wks / October 22–December 17 (No class November 26)
Wednesday / 8–10 p.m.
Palo Alto HS Rm P4 / \$80 (plus \$160 materials fee)

VIOLIN: BEGINNING

Instructor: Dr. Chag-Hee Lee, chlee@pausd.org

Have you ever dreamed of playing the violin? Then this class is for you! You will learn the basic techniques of playing violin by demonstrating and understanding the repertoire presented and assigned in class. Bring your own violin. See website for class objectives and materials. *Limit 12 students.*

SECTION A (Beginning I – Open to all students)

Prerequisite: None
10 wks / September 4–November 20
(No class October 2 & November 13)
Thursday / 7–8 p.m.
Palo Alto HS Rm 29 / \$100

SECTION B (Beginning II– Open to continuing students)

Prerequisite: Beginning I or equivalent
11 wks / September 2–November 18 (No class November 11)
Tuesday / 7–8 p.m.
Palo Alto HS Rm 30 / \$110

VIOLIN: INTERMEDIATE

Instructor: Dr. Chag-Hee Lee, chlee@pausd.org

Prerequisite: 1–2 years of private lessons or equivalent
This class is for students who desire to refine their technique and skills in a group setting. You will review and reinforce music reading, playing fundamentals and technique that are important for lasting musical development. You will also emphasize proper posture and playing position, development of characteristic tone quality and training in music literacy. Music used in class is specifically written and arranged for violins. Bring your own violin. See website for class objectives and materials. *Limit 12 students.*

11 wks / September 2–November 18 (No class November 11)
Tuesday / 8–9 p.m.
Palo Alto HS Rm 30 / \$110

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This course offers techniques and insights based on recent scientific studies about fostering health, happiness and well-being to support a healthy brain.

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Learn to describe the impact of nutrition and physical activity on the aging process, keys to longevity in the centenarian population, and important behavioral and mental health issues in the aging adult.

CONVERSATIONAL JAPANESE

This course will provide you with useful words and phrases for conversing as you master the essentials of the Japanese language.

DESIGNING EFFECTIVE WEBSITES

Regardless of your current skills or level of knowledge, in this course you'll master the basics of web design and learn how to build more effective sites.

LOSE WEIGHT AND KEEP IT OFF

In this comprehensive course, you'll discover how to establish a healthy approach to weight loss and weight maintenance.

MASTERING PUBLIC SPEAKING

Equip yourself with the skills you need to communicate with ease and authority on the job or in any social setting.

MICROSOFT EXCEL

Most workplaces require that new employees have a basic level of understanding of Microsoft Excel. This course will introduce you to the program's basic functions and uses.

REAL ESTATE LAW

Learn the basics of real estate law, including investing, title searching, and mortgages.

SECRETS OF BETTER PHOTOGRAPHY

Whether you use a DSLR, a point-and-shoot camera, or your phone for your photography, you will learn how to get the best results from your camera.

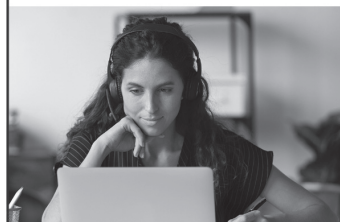
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Visit ed2go.com/PaloAlto / New course sessions begin monthly

PARENTING AND FAMILY

For 79 years, we have offered preschool programs organized primarily for parent education. Parents develop a deeper understanding of early childhood development and parenting skills through adult discussion classes, formal and informal observations, and community exchanges. Our unique participatory structure allows parents to be involved in their children's preschool education.

PRESCHOOL FAMILY

4120 MIDDLEFIELD ROAD • PALO ALTO, CA 94303-4741 • (650) 856-0833
INSTRUCTOR: PRESCHOOL FAMILY STAFF



PreSchool Family is a parent education, parent participation program serving families with children from birth through five years. The program is designed to offer parents an opportunity to learn about parenting and to actively participate in their child's education. For children, the program offers a developmentally appropriate, play-based, educational experience. Parents join their child for one class each week during September–May regardless of the age of the child.

Parent education is the heart of our program and consistent parent participation is required in both the child and the adult classes. We are committed to supporting the welfare of the whole family. Through our program, parents develop a sense of community and strength by working with other parents and their children. We strive to enhance each child's natural curiosity and love of learning.

Programs Offered for the
2025–2026 School Year

- Baby Class (3–12 Months)
- Toddler Class (12–24 Months)
- Mixed Age Dinner Class
- 2 Year Old Class
- 3 Year Old Class
- 4 Year Old Class



(Click for details &
tour registration)

For information about 2025–2026 classes, registration, & tours
please visit <https://greendell.pausd.org/programs/preschool-family>
Follow PreSchool Family at [instagram.com/preschoolfamily](https://www.instagram.com/preschoolfamily)
PreSchool Family phone: (650) 856-0833

What Our Parents are Saying.....

"This school has truly been a life-changing experience for me. I can't even quantify how much this school improved my parenting skills, relationship with my son, and confidence in parenting. The parent education classes are a wonderful way to meet other parents, talk about burning issues, realize that we are not alone in our parenting journeys (and struggles), connect with other parents and develop wonderful long-lasting friendships. With parent participation at PSF, I found there were two very important parts that make it so successful. First was attending the parent education classes to learn about child development, the skills to be a better parent, and to connect with other parents. Second was to volunteer weekly to put those skills into practice in the classroom and shadow the teachers that have developed these skills over decades. I learned so much at PSF, and I can truly say that it has changed my life. I feel much more confident as a parent, and I feel that I now have a toolbox of skills to help me be a much better parent."

Samantha Swan McCleary
PSF Parent

"Many parents say, 'PSF is the best thing that ever happened to our family,' and I couldn't agree more. PSF isn't just about your child's education—it's a place that transforms the whole family. Here's why it works for us: First, you get real insights into your child by seeing them interact with other kids in a learning environment. It's a perspective you just don't get at home. Then, you learn from watching the teachers, who model how to engage with kids in ways that really make an impact. And parent-education classes are a lifesaver. You talk through your challenges with other parents, share ideas, and walk away with real strategies for making your life easier. Most preschools either have a drop-off model where you're out of the loop, or they're parent-participation but without the experienced staff that truly helps you learn as a parent. PSF is different—it's a place where both your child and you grow together. You'll come out of it with a more connected family and stronger relationships with your child."

Tina Gao
PSF Parent

PHOTOGRAPHY

CREATIVE PHOTOGRAPHY WITH A CELL PHONE

Instructor: Carol Boclin, aboclinborges@pausd.org

Prerequisite: None



This class offers a practical method to stimulate your creativity and introduce you to the pleasures of photography, with the aim of achieving your best performance using

just your cell phone. We will cover the following in class: Principles of Composition, Power of Images, Gestalt Theory, Figure & Background, Light & Shadows, Colors/Black & White.

8 wks / September 8–October 27

Monday / 6:30–8:30 p.m.

Palo Alto HS Mac 102 / \$160

DEVELOPING YOUR CREATIVITY IN WILDLIFE PHOTOGRAPHY

Instructor: Kaleb Friend, kfriend@pausd.org

Prerequisite: None

Discover the art of patient observation and creative storytelling in wildlife photography. Learn to capture compelling images while prioritizing animal welfare. Explore composition, lighting, and unique perspectives to create emotionally resonant photographs. Join us for instructor critiques, group discussions, and an optional field trip. Students who already have good foundational knowledge of their own camera gear and the exposure triangle will benefit most from this class.

8 wks / September 17–November 5

Wednesday / 5:30–6:30 p.m.

Live Online / \$80

WOODWORKING: *Classes Limited to 15 Students (except Woodturning)*

WOODTURNING: INTRODUCTION TO PENS

Instructor: Tina Chou, tchou@pausd.org, and Albert Wang, awang@pausd.org, and Aaron Straight, astraight@pausd.org

Prerequisite: None (This class is not a substitution for Woodturning 1 or Woodworking 1)

Learn how to use the lathe to turn beautiful wooden pens! In this class, you will learn the basics of pen turning, how to turn safely at the lathe, and then assemble your pen with metal pen kit components. Learn how to use the lathe to turn beautiful wooden pens! In this class, you will learn the basics of pen turning, how to turn safely at the lathe, and then assemble your pen with metal pen kit components. This is a great starter project to familiarize yourself with the lathe and try using traditional turning tools. There will be a \$20 materials fee payable to the instructor on the first day of class. *Limit 6 students.*

One Session / See Dates & Times Below

Palo Alto HS Woodshop / \$70

- **October 11:** Saturday 9:30 a.m.–12:30 p.m.
- **October 18:** Saturday 9:30 a.m.–12:30 p.m.
- **November 1:** Saturday 9:30 a.m.–12:30 p.m.
- **November 7:** Friday 6:30–9:30 p.m.
- **November 14:** Friday 6:30–9:30 p.m.

WOODTURNING: INTRODUCTION TO THE LATHE

Instructor: Tina Chou, tchou@pausd.org

Prerequisite: None (This class is not a substitution for Woodturning 1 or Woodworking 1)

The first class of Woodturning modified into a 3-hour standalone lesson. You will learn basic safety, operating a lathe, and using the spindle roughing gouge to turn a simple rolling pin. There will be a \$20 materials fee payable to the instructor on the first day of class.

Limit 6 students.

One Session / September 12

Friday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$70

WOODTURNING 1: INTRODUCTION TO SPINDLES

Instructor: Tina Chou, tchou@pausd.org

Prerequisite: None



You will learn the basic fundamentals of woodturning by making rolling pins, a cocktail muddler, a mallet, and bud vases. Emphasis will be placed on developing proper technique with

traditional tools through practice and repetition. You will have lots of fun and make some wood shavings. There will be a \$40 materials fee payable to the instructor on the first day of class. *Limit 6 students.*

Two Sessions / October 4–October 5

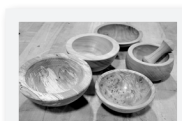
Saturday & Sunday / 9:30 a.m.–4:30 p.m.

Palo Alto HS Woodshop / \$280

WOODTURNING 2: INTRODUCTION TO BOWLS

Instructor: Tina Chou, tchou@pausd.org

Prerequisite: Woodturning 1



Build on your Woodturning 1 skills and learn the basics of turning wooden bowls. Projects will include different bowl designs and chucking methods. We will discuss how to

process a tree into bowls, safety, and tool sharpening. You will make a lot of wood shavings. There will be a \$40 materials fee payable to the instructor on the first day of class. *Limit 6 students.*

Four Sessions / October 13–October 24

Monday & Friday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$280

WOODWORKING: *Classes Limited to 15 Students (except Woodturning)*

WOODTURNING: OPEN LATHE SHOP

Instructor: Tina Chou, tchou@pausd.org

Prerequisite: Woodturning I

For previous students wanting more time at the lathe to practice, repeat a past class project, and/or work on their own project(s) with some instructor supervision. Contact the instructor with your intended project(s) for approval prior to enrolling. There will be a \$20 materials fee payable to the instructor on the first day of class.

Limit 5 students.

Two Sessions / See Dates Below

Monday & Tuesday / Thursday & Friday / 6–9 p.m.

Palo Alto HS Woodshop / \$140 per session

- November 17–18
- November 20–21

WOODWORKING 1: BUILD A TABLE

Instructors: Section A – Sean McCluskey, sean94118@gmail.com, and Derek Witte, dwwitte@pausd.org; Section B – Rayan Ghazal, rghazal@pausd.org, Alex Granieri, agranieri@pausd.org, and Marty Lastowski, mlastowski@pausd.org

Prerequisite: None

Develop woodworking skills while building a table from rough wood using power tools. The class will focus on safety, project planning, and understanding the medium of wood. You will need safety glasses—and hearing protection is highly recommended. There will be a materials fee (\$50–\$60) payable to the instructor to cover the cost of wood. Storage space is available for projects during the quarter. Textbook: Optional. Handouts and materials list will be emailed before the class.

SECTION A

Instructors: Sean McCluskey, sean94118@gmail.com, and Derek Witte, dwwitte@pausd.org

10 wks / September 10–November 12

Wednesday / 1:30–4:30 p.m.

Palo Alto HS Woodshop / \$300

SECTION B

Instructors: Rayan Ghazal, rghazal@pausd.org, Alex Granieri, agranieri@pausd.org, and Marty Lastowski, mlastowski@pausd.org

10 wks / September 11–November 13

Thursday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300

"In my **Woodworking with Hand Tools** class, I learned how to make handmade projects and how to handle and sharpen hand tools. The woodshop instructors are fantastic. Their knowledge and expertise contribute to our success as students. It makes for a great learning experience."

Louis Goldman
Retired Teacher

NEW

WOODWORKING 2: INTRODUCTION TO HAND TOOLS

Instructor: Sumit Roy, sroy@pausd.org, and Tom Gaston, tgaston@pausd.org

Prerequisite: Woodworking 1 – **NO EXCEPTIONS**

This class introduces woodworkers to the use and maintenance of common hand tools used in fine woodworking. You will learn how to use layout tools, chisels, saws, and block planes to create an example of traditional joinery. We will cover sharpening of chisels and plane blades. In the second half of the semester, practice your skills and build a sliding lid tool box. You will need to bring your own set of tools. Expect to invest \$250+ prior to the beginning of class. The required tool list is available from sroy@pausd.org. Instructor pre-approval will be needed to enroll in the class. There will be a materials fee of \$50 payable to the instructor on the first day of class.

10 wks / September 9–November 18 (*No class November 11*)

Tuesday / 1:30–4:30 p.m.

Palo Alto HS Woodshop / \$300

WOODWORKING 2: BUILD A SOFA TABLE

Instructors: Marcus Miller, wmmiller2@yahoo.com, and Aaron Straight, astraight@pausd.org

Prerequisite: Woodworking 1 – **NO EXCEPTIONS** (*Students should not miss either of the first two classes*)

This two-legged table utilizes dovetail joinery for strength and beauty. Highly functional and elegantly simple, the project gives you an opportunity to learn the basics of making furniture while utilizing the dovetail joint, a hallmark of fine woodworking. You will provide your own wood; storage for your project is available. Tools covered will include: radial arm saw, table saw, jointer, planer, router, band saw and sanders. There will be a materials fee payable to the instructor on the first day of class.

10 wks / September 8–November 10

Monday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300

WOODWORKING: INTRO TO HYBRID WOODWORKING

Instructors: Marcus Miller, wmmiller2@yahoo.com, and Aaron Straight, astraight@pausd.org

Prerequisite: Woodworking 1 & Woodworking 2 – **NO EXCEPTIONS**

Learn to use handtools such as chisel, plane and saw to augment your skills and refine your projects. Sharpening will be taught. Small projects will emphasize skill building with a final project of making a tool box. Students will need to purchase their own set of tools to use in class and keep for themselves. Hybrid woodworking is defined as using both power tools and hand tools in harmony—this class will focus on the handtools portion of hybrid woodworking.

10 wks / September 9–November 18 (*No class November 11*)

Tuesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300

NEW

WOODWORKING: *Classes Limited to 15 Students (except Woodturning)*

WOODWORKING 3: ADVANCED WOODWORKING TECHNIQUES

Instructors: Claude Godcharles, cgodcharles@pausd.org,
and Sumit Roy, sroy@pausd.org

*Prerequisite: Woodworking 1 & 2—No Exceptions,
Instructor Approval*



Come work on your own project, while learning setup and techniques for power tools and hand tools! This class includes short tutorials as well

as open shop time to work on your personal project under supervision. Students supply their own materials. Storage space for projects is available during the quarter. Textbook: *Woodworking Basics* by Peter Korn (*recommended*).

10 wks / September 8–November 10

Monday / 2–5 p.m.

Palo Alto HS Woodshop / \$300

WOODWORKING 4: ADVANCED—OPEN SHOP

Instructors: Rayan Ghazal, rghazal@pausd.org,
and Sharad Patel, spatel@pausd.org

Prerequisite: Three quarters of Woodworking classes

Work at your own pace with access to instruction, equipment and advice when you need it. A skills test will be given at the first class. Students supply their own materials. Storage space is available for projects during the quarter. Prior to enrolling, please email instructor at rghazal@pausd.org.

10 wks / September 10–November 12

Wednesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300

WORLD LANGUAGES

CHINESE: BEGINNING (*1st Quarter*)

Instructor: Lucia Wu, wwwu@pausd.org

Prerequisite: None



Learn the most popular language in the world. Be able to speak accurately with tones from the start. At the end of the quarter, you will be able to recognize all

the phonetic elements, read and speak Chinese through phonetics and conduct simple conversations. Characters will be introduced in the second quarter. This class is ideal for parents who plan to help their children with Chinese pronunciation by simply applying the skills they have learned from this class! Required textbook (*Chinese Express: Book 1*) can be purchased in the Adult School office.

9 wks / September 9–November 4

Tuesday / 7:30–9:30 p.m.

Palo Alto HS Rm 29 / \$180

CHINESE: INTERMEDIATE (*1st Quarter*)

Instructor: Lucia Wu, wwwu@pausd.org

Prerequisite: One year of Chinese or equivalent, ability to properly read Chinese phonetics with tones, and knowledge of some basic grammar and characters

Learn the most popular language in the world. Explore modern China through various popular topics about the modern generation. Continue to expand vocabulary grammar. Class includes individual presentation, small group and whole class interaction, listening comprehension, translation exercises and characters reading. Required textbook (*Chinese Express: Book 2*) can be purchased in the Adult School office.

9 wks / September 9–November 4

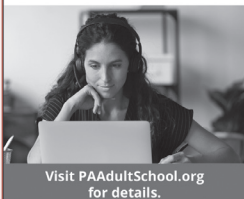
Tuesday / 5:30–7:30 p.m.

Palo Alto HS Rm 29 / \$180

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how to apply, visit

PAAAdultSchool.org/new-instructors-welcome

WORLD LANGUAGES

FRENCH: BEGINNING

Instructor: Pary Sarraf, pary.sarraf@gmail.com



Bonjour! You will learn the fundamentals of pronunciation and will develop everyday conversational skills with a focus on phonetics, grammar, listening, reading and writing exercises. You will become familiar with French culture and customs. Order book from Amazon prior to first class.

Textbook: *Dis-moi!* (ISBN: 0-673-21627-6).

SECTION A: Beginning I

Prerequisite: None

12 wks / September 9–December 9

(No class October 14 & November 25)

Tuesday / 9–11 a.m.

Live Online / \$240

SECTION B: Beginning II

Prerequisite: French Beginning I or equivalent

12 wks / September 9–December 9

(No class October 14 & November 25)

Tuesday / 11:30 a.m.–1:30 p.m.

Live Online / \$240

FRENCH GRAMMAR REVIEW

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: French intermediate or equivalent

In this comprehensive grammar review course, you will enhance conversation skills through attention to grammar rules and syntax. The curriculum includes a thorough revision of the parts of speech, modes, sentence structure, verb conjugation and activity-based exercises. Order book prior to first class. Textbook: *Grammaire en dialogues – Niveau avancé*. (ISBN: 978-209-038062-0).

12 wks / September 9–December 9

(No class October 14 & November 25)

Tuesday / 2–4 p.m.

Live Online / \$240

FRENCH: INTERMEDIATE I

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: French Beginning II or equivalent

Increase vocabulary knowledge through reading and listening exercises. Improve conversational skills by following guided activities. Continue reinforcing mastery of grammar and improving syntax. Enhance knowledge of French culture and customs. Order book prior to first class. Textbook: *Viens Voir!* (ISBN: 0-673-216284).

12 wks / September 8–December 8

(No class October 13 & November 24)

Monday / 2–4 p.m.

Live Online / \$240

"My **French Literature** class gave me lots of practice speaking French which will help when I travel to France."

Henry Gregory
Retail Management (Retired)

FRENCH: INTERMEDIATE II

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: French Intermediate I or equivalent

You will increase vocabulary knowledge through reading and listening exercises, and you'll improve conversational skills by following guided activities. Continue reinforcing mastery of grammar and improving syntax, and enhance knowledge of French culture and customs. Order book prior to first class. Textbook: *Viens Voir!* (ISBN: 0-673-216284).

12 wks / September 9–December 9

(No class October 14 & November 25)

Tuesday / 5–7 p.m.

Live Online / \$240

FRENCH CONVERSATION— FOOD & HISTORY

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: Intermediate II or equivalent

Enhance your conversational skills by immersing yourself in a series of topics on food evolution, origins and history. This course will help you express your opinions and expand your ability to communicate. The course content is designed to increase your culinary vocabulary and improve your grammar. Course materials will be emailed by the instructor prior to the first meeting.

12 wks / September 11–December 11

(No class October 16 & November 27)

Thursday / 2–4 p.m.

Live Online / \$240

FRENCH: HIGH INTERMEDIATE READING & CONVERSATION

Instructor: Mireille Belloni, mbelloni@pausd.org

Prerequisite: High intermediate or equivalent

You will use a contemporary French novel to improve your language skills and discover aspects of French-speaking culture. Contact instructor for textbook information.

You should be able to express yourself fluidly in French, understand complex sentences, have a solid knowledge of past tenses, and enjoy reading fiction in any other language. *Limit 12 students.*

9 wks / September 8–November 3

Monday / 10–11:30 a.m.

Live Online / \$135

ITALIAN: BEGINNING I

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: None

This live online course introduces you to essential grammar, pronunciation, and everyday conversation through interactive group activities and in-class practice. Start speaking Italian from your first class! *A presto!* Textbook: Contact instructor for details regarding the textbook or any inquiries about this class. Instructor will send class details and link one day before the first class.

10 wks / September 10–November 12

Wednesday / 5–6:30 p.m.

Live Online / \$150

WORLD LANGUAGES

ITALIAN: BEGINNING IV

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: Beginning III or equivalent



Strengthen your foundation! This Italian Beginning IV class is designed for students who have completed previous beginner-level classes and are comfortable with basic vocabulary and grammar. You will expand your grammar and language, and gain more confidence in conversation. New

students welcomed! *A presto!* Textbook: Contact instructor for details regarding the textbook or any inquiries about this class. Instructor will send class details and link one day before the first class.

10 wks / September 11–November 13

Thursday / 5–6:30 p.m.

Live Online / \$150

ITALIAN: INTERMEDIATE I

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: Completion of beginning levels or equivalent

Ideal for students who have completed beginner levels and are ready to handle more complex grammar and sentence structure. This course helps you expand your vocabulary, speak more naturally, and deepen your understanding of the Italian language and culture. New students welcomed! *A presto!* Textbook: Contact instructor for details regarding the textbook or any inquiries about this class. Instructor will send class details and link one day before the first class.

9 wks / September 9–November 4

Tuesday / 5–6:30 p.m.

Live Online / \$135

ITALIAN: INTERMEDIATE V

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: Intermediate or equivalent

This high-intermediate course is designed for students with a strong command of Italian who are ready to refine fluency, improve accuracy, and speak with greater confidence. The course offers immersive settings and emphasizes conversation, vocabulary building, and grammar refinement through in-class practice and exposure to Italian culture. You'll sharpen your ability to express yourself clearly and naturally in Italian. New students welcomed! *In classe parliamo solo italiano, vi aspetto!* Textbook: Contact instructor for details regarding the textbook or any inquiries about this class. Instructor will send class details and link one day before the first class.

9 wks / September 8–November 10 (No class October 13)

Monday / 6–7:30 p.m.

Live Online / \$135

SPANISH: BEGINNING

Instructor: Leonardo McCord Salazar

Learn the essentials of Spanish grammar from a native speaker, and develop the four language skills in meaningful contexts. Topics included will be useful for parents with children in Spanish Immersion classes. Adult students will be able to participate actively in simple conversations with their children. Required textbook can be purchased in the Adult School office.

Levels 2, 3, & 5 are not offered this fall quarter.

SECTION A (Level 1)

Prerequisite: None

10 wks / September 8–November 10

Monday / 7–9 p.m.

Palo Alto HS Rm 302 / \$200

SECTION D (Level 4)

Prerequisite: 3 quarters of Spanish (Beginning or equivalent)

10 wks / September 11–November 13

Thursday / 7–9 p.m.

Palo Alto HS Rm 302 / \$200

SPANISH: LOW INTERMEDIATE

Instructor: Leonardo McCord Salazar

Prerequisite: Two years of beginning Spanish or equivalent

¿Habla Ud. español? Continue your studies, and focus on conversational skills. Add to your knowledge of grammar and Hispanic culture. Required textbooks can be purchased in the Adult School office.

10 wks / September 9–November 18 (No class November 11)

Tuesday / 7–9 p.m.

Palo Alto HS Rm 302 / \$200

SPANISH: INTERMEDIATE

Instructor: Leonardo McCord Salazar

Prerequisite: Three quarters of low intermediate Spanish or equivalent

Learn the fine points of Spanish grammar and the multiple uses of the subjunctive mood in this engaging course.

Read, translate, and discuss a masterpiece of Spanish, Latin-American, or Chicano literature. Required textbooks can be purchased in the Adult School office.

10 wks / September 10–November 12

Wednesday / 5–7 p.m.

Live Online / \$200

SPANISH: ADVANCED CONVERSATION AND LITERATURE

Instructor: Leonardo McCord Salazar

Prerequisite: Advanced Spanish skills

Converse with other students in Spanish, and read contemporary Spanish, Latin-American, or Chicano plays, novels, or short stories. Repetition of the course is encouraged, as new literature is introduced every quarter.

10 wks / September 10–November 12

Wednesday / 7:30–9:30 p.m.

Live Online / \$200

MISSION AND SCHOOLWIDE LEARNER OUTCOMES (SLOs)

MISSION

Palo Alto Adult School is committed to providing a broad range of accessible, flexible, and effective educational programs that enable our diverse community of adult learners to achieve their academic, career, and personal goals.

SCHOOLWIDE LEARNER OUTCOMES (SLOs)

SET GOALS

Students will assess their own needs and identify their academic, career, and/or personal goals.

- With guidance, develop and communicate plans to achieve their goals.
- Be self-directed learners who learn independently and collaboratively in a diverse environment.

ACHIEVE SKILLS

Using a variety of methods, technology, and resources, students will acquire knowledge and skills.

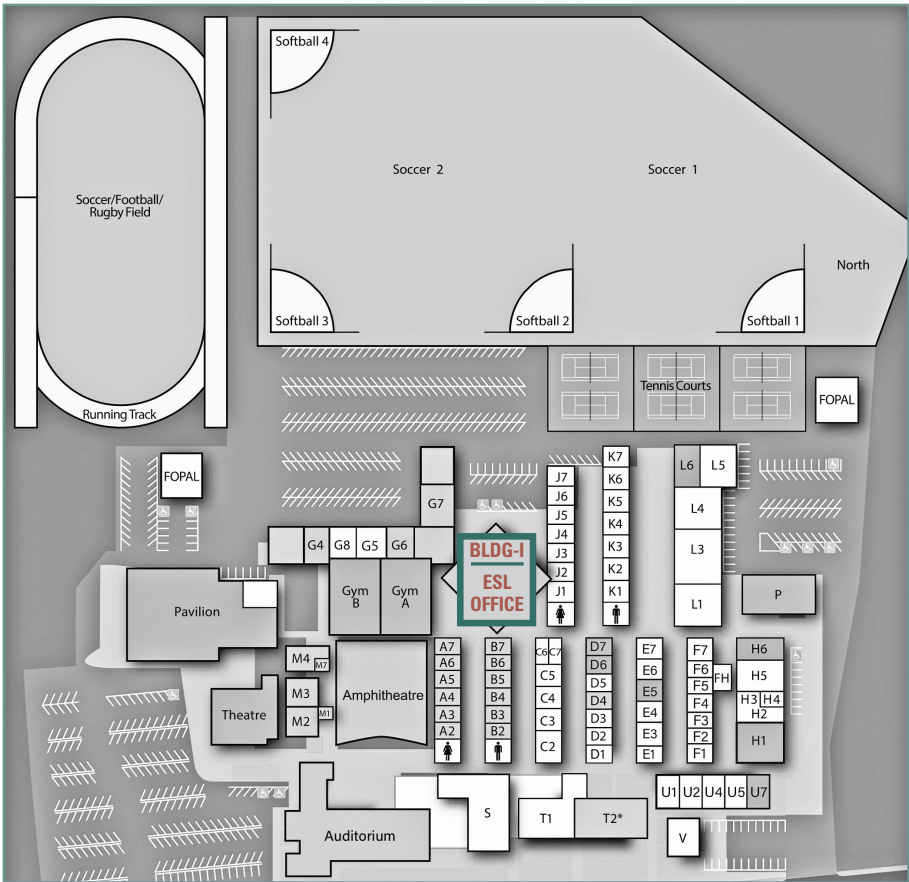
- Develop and apply critical thinking skills.
- Obtain academic and career skills for life and workforce readiness.

DEMONSTRATE LEARNING

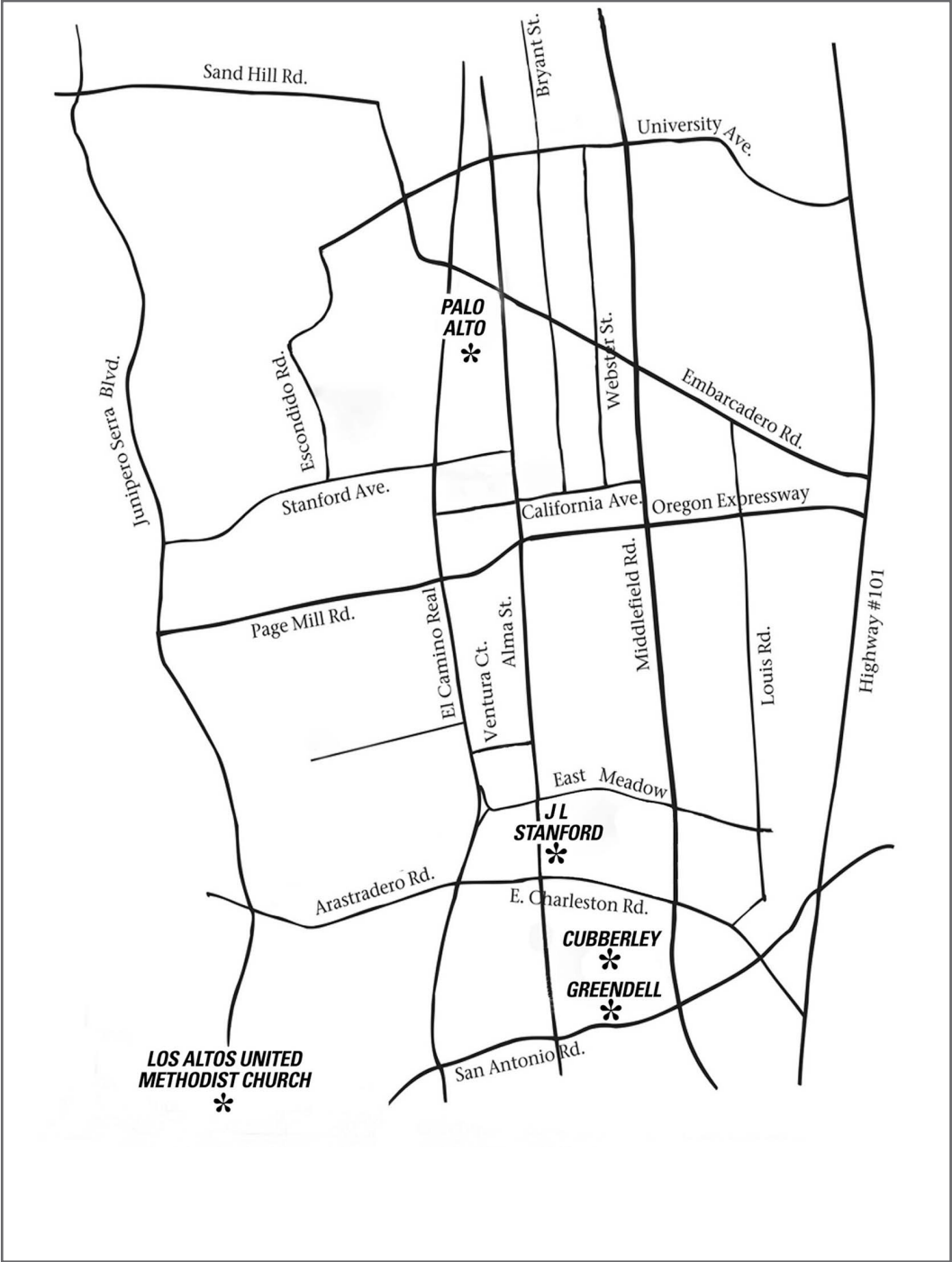
Students will apply their acquired core knowledge and skills appropriate to their goals.

- Advance to post-secondary education or training.
- Contribute to personal enrichment and the community.
- Demonstrate 21st century skills including critical thinking, communication, collaboration, and creativity.

CUBBERLEY COMMUNITY CENTER — ADULT SCHOOL CLASS LOCATIONS



PALO ALTO ADULT SCHOOL LOCATIONS



PALO ALTO
Palo Alto High School
50 Embarcadero Road

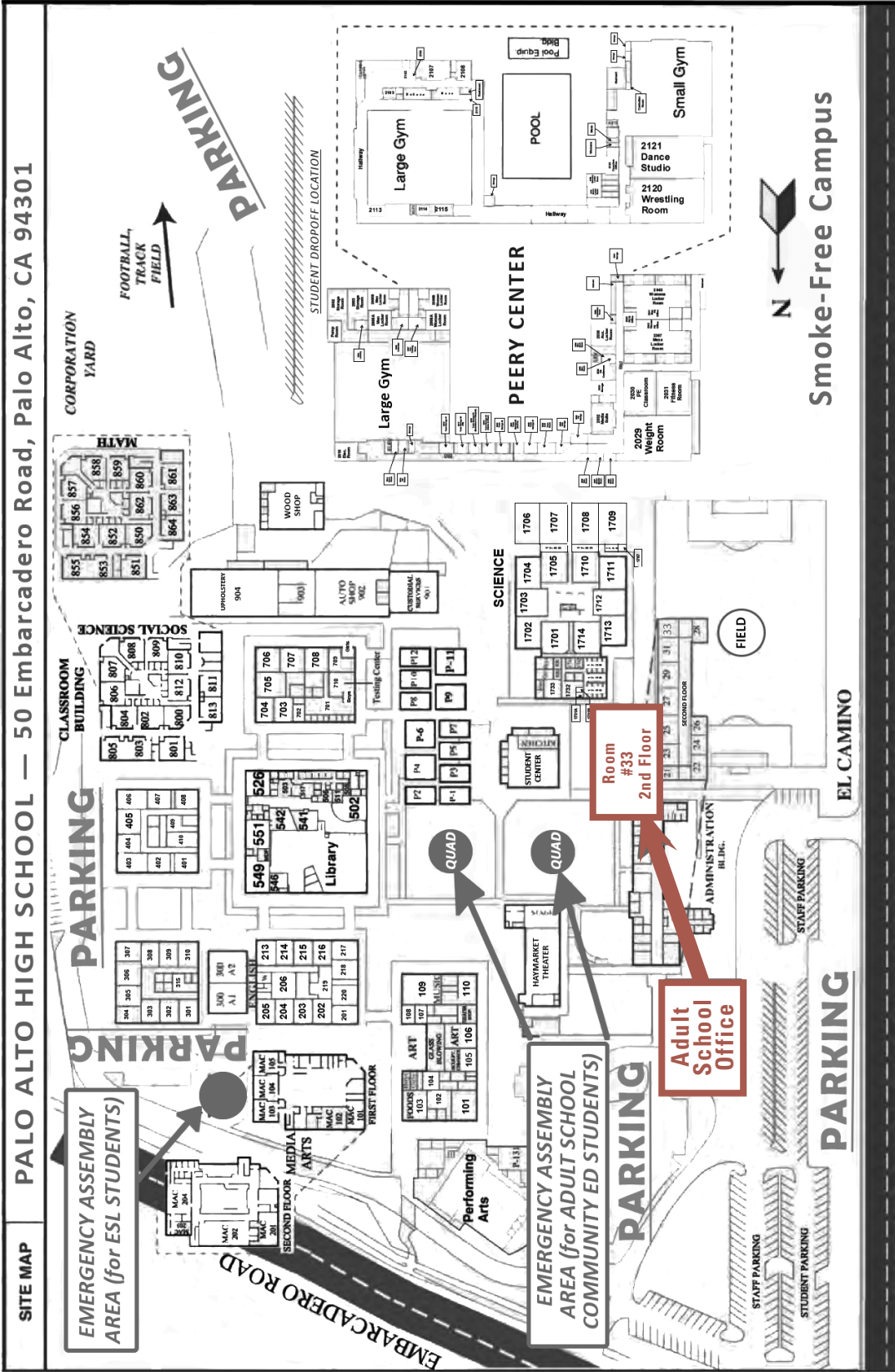
CUBBERLEY
Cubberley Community Center
4000 Middlefield Road

GREENDELL
Greendell School
4120 Middlefield Road

J. L. STANFORD
J.L. Stanford Middle School
480 E. Meadow Drive

**LOS ALTOS UNITED
METHODIST CHURCH**
655 Magdalena Avenue, Los Altos

PALO ALTO ADULT SCHOOL CLASS LOCATIONS



Updates to the catalog after printing can be found on our website at PAAAdultSchool.org

ADMINISTRATIVE POLICIES

POLICIES AND PROCEDURES

Palo Alto Adult School follows the Policies and Procedures adopted by the Palo Alto Board of Education. These can be found at: <https://www.pausd.org/about-us/policies-procedures/board-policies>. These policies support the Education Code of the State of California.

NON DISCRIMINATION

BP 0400: The Board shall provide equal opportunities in all areas and assure that there will be no discrimination against any person on the grounds of race, religion, age, sex, national origin, color, disability, political belief, sexual orientation, marital status, or veteran's status.

ACADEMIC REGULATIONS

BP 5131: The Board of Education believes that all students have the right to be educated in a positive learning environment free from disruptions. Students shall be expected to exhibit appropriate conduct that does not infringe upon the rights of others or interfere with the school program while on school grounds, while going to or coming from school, while at school activities, and while on district transportation.

Conduct is considered appropriate when students are diligent in study, careful with school property, courteous, and respectful toward their teachers, other staff, students, and volunteers. Prohibited student conduct includes, but is not limited to:

- Conduct that endangers students, staff, or others.
- Conduct that disrupts the orderly classroom or school environment.
- Harassment of students or staff.
- Damage to or theft of property belonging to students, staff, or the district.
- Use of profane, vulgar, or abusive language.
- Plagiarism or dishonesty in school work or on tests.
- Possession, use, or being under the influence of tobacco, alcohol, or other prohibited drug in violation of school rules.

Students who violate district or school rules and regulations may be subject to discipline including, but not limited to, suspension, expulsion, transfer to alternative programs, or denial of participation in extracurricular or cocurricular activities in accordance with Board policy and administrative regulation. The Superintendent or designee shall notify local law enforcement as appropriate.

STUDENT RECORDS

BP 5125: At each school, the principal or a certificated designee shall act as custodian of records for students enrolled at that school. The custodian of records shall be responsible for implementing Board policy and administrative regulation regarding student records.

School Policy: Adult student records can be released following a written request by the student to the adult school office. Records are released to other parties with the student's permission.

ELIGIBILITY

All persons over the age of 18 are eligible for all Adult School classes with no residency restrictions.

REGISTRATION INFORMATION

- Please register early since classes that do not have sufficient enrollment are cancelled.
- Registration begins at 8 a.m. online (PAAAdultSchool.org), or in-person at the Adult School Main Office.
- Once classes fill, students have the option of being put on the waitlist.
- The Adult School subscribes to a one person/one registration policy meaning students can only register for themselves.

REFUND POLICY

Refund of fees will only be given if requested at least 72 hours before the first class meeting. There is a \$15 fee for cancellations. A complete refund will always be made if we cancel a class. Please choose your classes carefully.

- We are sorry we cannot accept medical, business travel or other reasons.
- Refunds will be given automatically if the Adult School cancels a class.
- Deposits and tuition for parent education classes are entirely non-refundable.
- Textbooks are not returnable.

A CERTIFICATE OF COMPLETION

To receive a certificate of hours attended, please submit a request on our website: paadultschool.org.

TOBACCO-FREE SCHOOL DISTRICT PROPERTY

Smoking and the use of tobacco products by all persons is prohibited on Palo Alto Unified School District property and at district-sponsored events.

SEXUAL HARASSMENT POLICY

It is the policy of the Palo Alto Unified School District to provide a school environment free from all forms of harassment, including sexual harassment, and to maintain an environment in which all students and staff model this behavior and are treated with dignity and respect. Please see the district website for complete information: <https://www.pausd.org/about-us/policies-procedures/title-ix-office>.

UNIFORM COMPLAINT PROCEDURES

The Palo Alto Unified School District maintains a uniform complaint procedure. Please visit the district website for complete information at <https://www.pausd.org/about-us/policies-procedures/formal-complaint-procedures>.

*Palo Alto Adult School classes are open to all—residents & non-residents.
We look forward to seeing you in class!*

CONSORTIUM PARTNERSHIP

North Santa Clara County Consortium for Adult Education

The Palo Alto Adult School is a member of the North Santa Clara County Consortium for Adult Education (NSCCC), a collaboration between the Foothill-De Anza College District (FHDA), Palo Alto Unified School District Adult School (PAUSD), Fremont Union High School District Adult School (FUHSD), and the Mountain View Los Altos Union High School District Adult School (MVLA). The consortium serves the communities of Cupertino, Los Altos, Los Altos Hills, Mountain View, Palo Alto, and Sunnyvale, as well as portions of San Jose. Its mission is to coordinate and align programs, create linkages, and develop regional plans to better serve the educational needs of adults in the region.

Meet the members of our consortium:

- Palo Alto Adult School: paadultschool.org
- Mountain View Los Altos Adult School: mvla.net
- FUHSD Adult School Sunnyvale-Cupertino: fuhsdadultschool.com
- De Anza College: deanza.edu
- Foothill College: foothill.edu

Find out more about NSCCC at nscadulthood.com.



CONTACT INFORMATION

2025 PAUSD BOARD OF EDUCATION

| | | | | |
|--|--|---|--|--|
| Shana Segal President (650) 329-3700 ssegal@pausd.org | Shounak Dharap Vice President (650) 575-6485 sdharap@pausd.org | Rowena Chiu Board Member rchiu@pausd.org | Alison Kamhi Board Member akamhi@pausd.org | Josh Salcman Board Member jsalcman@pausd.org |
|--|--|---|--|--|

DISTRICT ADMINISTRATION

| | | | | |
|--|--|--|---|--|
| Don Austin Superintendent (650) 329-3983 daustin@pausd.org | Jim Sherman Principal, Adult School (650) 329-3752 jsherman@pausd.org | Lynn Tanner ESL Program Manager (650) 494-2326 ltanner@pausd.org | Guillermo Lopez Associate Superintendent (650) 329-3717 glopez@pausd.org | Judy Argumedo Early Childhood Administrator (650) 856-0833 jargumedo@pausd.org |
|--|--|--|---|--|

COMMUNITY PARTNER

Our Community Partner this quarter is

GAMBLE GARDEN



Gamble Garden’s mission is to maintain and enhance its historic house and garden as a community resource for horticultural education, inspiration, and enjoyment.

WEBSITE // www.gamblegarden.org

PHONE // 650-329-1356

WAYS TO REGISTER

You can register online at PAAduitschool.org.



PALO ALTO ADULT SCHOOL
Palo Alto Unified School District
50 Embarcadero Road
Palo Alto, CA 94301



SCAN TO
REGISTER ONLINE

ALL RESIDENTS AND NON-RESIDENTS WELCOME!



Education is for life

