



PALO ALTO ADULT SCHOOL

2026 WINTER QUARTER SCHEDULE

REGISTRATION BEGINS DECEMBER 5, 2025



Mat Pilates Class



PAAAdultSchool.org / 650-329-3752



DEAR COMMUNITY MEMBERS:

Happy New Year!

Whether you are returning to continue your journey or joining us for the first time, we are honored to support you as you take this meaningful step toward your personal and professional goals. Adult education is not only about gaining knowledge — it's about resilience, growth, and the courage to keep moving forward, no matter where you've started.

Our Winter catalog is designed with you in mind. Inside, you'll find a wide range of courses and programs tailored to fit your busy life — whether you are here to develop new skills, explore a passion, or change careers entirely. New classes include jewelry, karate, and custom woodworking and sewing classes. Our dedicated faculty and staff are committed to providing a welcoming, respectful, and enriching learning environment that empowers every student.

Neighbors Abroad, Palo Alto's sister city organization, is our Winter '26 community partner. The best way to celebrate our international sister cities is to learn their world language in one of our classrooms. Which one do you choose - Spanish, Mandarin, French, or Italian?

Thank you for selecting the Palo Alto Adult School as your partner in learning. I look forward to seeing the incredible things you will achieve this year.

See you in class this Winter!



Jim Sherman
Principal

TABLE OF CONTENTS

ARTS & CRAFTS	1-2	Let's Talk.....	11
Acrylic Painting: Beginning & Intermediate.....	1	US History and Culture.....	11
Create a Wreath.....	1	GENERAL INTEREST	12
Creative Table Decoration Ideas.....	1	Creative Writing.....	12
Design a Glass Bead Bracelet.....	1	Genealogy Workshop.....	12
Drawing and Watercolor Without Inhibition.....	2	HEALTH AND FITNESS	12-13
Floral Expression—Ikebana Sogetsu.....	2	Abs and Booty Buster.....	12
Knitting.....	2	Aikido.....	12
Learn to Crochet.....	2	Karate: Shito-Ryu.....	13
BIRDING	2	Line Dancing.....	13
West Coast Birding.....	2	Mat Pilates.....	13
BUSINESS & FINANCE	3	Persian Belly Dancing.....	13
Business Communications.....	3	Tai Chi: Chen Style.....	13
CAREER TRAINING / ADV. CERTIFICATION	3-5	Yoga and Meditation.....	13
Adv. Certificate Programs.....	3-5	Zumba.....	13
Discover Voice-Overs.....	3	HOME & ENVIRONMENT	14-15
Vocational Internship Class.....	3	Floral Expression—Ikebana Sogetsu.....	14
Work Readiness (<i>Job Coach</i>).....	3	Gardening in Winter.....	14
CITIZENSHIP	6	Sewing (<i>3 levels</i>).....	14
COMPUTER SKILLS	6	Upholstery: Basic Techniques.....	15
Artificial Intelligence (AI) Tool for Beginners.....	6	MUSIC	15-16
Python for Everyone: Coding.....	6	Guitar (<i>2 levels</i>).....	15
COOKING (<i>Learn to Cook in 1 Night!</i>)	7	Master Sinfonia Chamber Orchestra.....	15
Belgian Chocolates Galore!.....	7	Odaiko.....	15
Do More With Your Instant Pot.....	7	Peninsula Symphonic Band.....	16
Green Oaxaca.....	7	Piano (<i>2 levels</i>).....	16
Homemade Pasta Workshop.....	7	Taiko I.....	16
Manos en la Masa.....	7	Violin (<i>2 levels</i>).....	16
Soups Festival.....	7	ONLINE CLASSES WITH ED2GO	17
ENGLISH AS A SECOND LANGUAGE (ESL)	8-9	PARENTING & FAMILY	18
Placement Testing.....	8	PreSchool Family.....	18
ESL Classes.....	8	WOODWORKING	19-20
ESL Medical English.....	9	Woodworking Levels 1, 2, 3, and 4 + Projects.....	19-20
Job Search Skills for ESL Students.....	9	WORLD LANGUAGES	20-22
Learn English at Home (<i>LEAH</i>).....	9	Chinese / French / Italian / Spanish.....	20-22
ESL WRITING ACADEMY	10	ADULT SCHOOL INFORMATION	23-27
ENGLISH ENRICHMENT	11	Administrative Policies.....	26
Advanced Speaking and Reading.....	11	Consortium Partnership / Contact Information.....	27
American Idioms 101.....	11	Locations & Maps.....	23-25
ESL Book Club.....	11	Mission & Student Learner Outcomes.....	23
Focus on Pronunciation and Listening.....	11		

2026 WINTER CALENDAR

REGISTRATION FOR WINTER QUARTER BEGINS // DECEMBER 5, 2025

WINTER QUARTER // JANUARY 5–MARCH 20

HOLIDAYS // JANUARY 19 & FEBRUARY 16

STUDENT SHOWCASE

Improvement after my first-ever Pilates class!



“My first Adult School classes were Floral Design (*Ikebana*) and Upholstery. The community-building aspect of these classes is life-giving, in addition to the skills. The **Mat Pilates** class that I took was my first-ever Pilates class. How lucky I was to have Goli as my instructor. In just two months, I already feel improvement. Goli's teaching style is excellent, and I cannot tell you how much I appreciate it. Thank you for continuing to teach during the winter session! I'm excited to sign up as soon as registration opens.”

Nadine Priestley
Photographer

ARTS AND CRAFTS

ACRYLIC PAINTING: BEGINNING & INTERMEDIATE

Instructor: Linda Papanicolaou, lpapanicolaou@pausd.org

Prerequisite: None

Express yourself and discover your artistic talents with acrylic paints in this inspiring class for all student levels. Study use of color, observation, composition, light and dark and traditional painting techniques. Please see website for supplies list.

9 wks / January 20–March 17

Tuesday / 7–9 p.m.

Palo Alto HS Rm 101 / \$180

"In **Acrylic Painting**, I learned how to sketch and paint with this new medium. I'll continue to experiment, building on what I learned in class."

Art Pope
Computer Scientist

CREATE A WREATH

Instructor: Sam Kauffman, samksongs@gmail.com

Prerequisite: None



Winter is in the air! Celebrate the season with a one-day workshop by making a one-of-a-kind wreath from Sam Kauffman's on-line shop —*Whimsy And*. You will create a wreath from natural materials that

will be Valentine's, St. Patrick's or Easter themed. Sam has had a floral arranging business for over twenty years. Both natural and artificial materials will be available. There will be a \$15 materials fee payable to the instructor on the first day of class. *Limit 10 students.*

One Session / February 5

Thursday / 1–3:30 p.m.

Palo Alto HS Rm 30 / \$30

CREATIVE TABLE DECORATION IDEAS

Instructor: Sam Kauffman,

samksongs@gmail.com

Prerequisite: None

Have you ever wondered what to do with your dining room table for the seasons, birthdays, or family special occasions? Come discover some innovative ideas for table decorations to spruce up your seasonal decorations with floral designer Sam Kauffman. Sam has had a floral arranging business for over twenty years. Both natural and artificial materials will be available. There will be a \$15 materials fee payable to the instructor on the first day of class. *Limit 10 students.*

One Session / January 22

Thursday / 1–3:30 p.m.

Palo Alto HS Rm 30 / \$30

DESIGN A GLASS BEAD BRACELET

Instructor: Anna Yaroslavna,

artistyaroslavna@gmail.com,

<https://throughthelookingglass.myportfolio.com/work>

Prerequisite: None



Create a unique bracelet using Japanese Miyuki glass beads—from your own design to the finished piece. With step-by-step guidance and support, you'll choose your own color palette, develop a personalized pattern, and learn how to work with a loom. There will be a \$50-60

materials fee payable to the instructor on the first day of class. Come create a stunning piece of jewelry that's uniquely yours! *Limit 15 students.*

3 wks / February 3–February 17

Tuesday / 6:30–8 p.m.

Palo Alto HS Rm 1701 / \$75

ARTS & CRAFTS

DRAWING AND WATERCOLOR WITHOUT INHIBITION

Instructor: Ferenc Besze, fbesze@pausd.org,
<http://besze.com>

Prerequisite: None



In this class we are focusing on having fun without inhibition! Some of the things we will cover in class include: learning about proportion and perspective, creating 3D effect, developing observation skills, and making compositional studies using

a variety of subjects in dry and wet mediums.

SECTION A (Online)

10 wks / January 14–March 18

Wednesday / 6:30–8:30 p.m.

Live Online / \$200

SECTION B (In-Person)

10 wks / January 15–March 19

Thursday / 6:30–9 p.m.

Palo Alto HS Rm 101 / \$250

FLORAL EXPRESSION—IKEBANA SOGETSU

Instructor: Yvonne Ip, cyip888@gmail.com

Prerequisite: None

Discover the joy of Ikebana, the Japanese art of flower arranging. This course explores the core principles and techniques for achieving harmony, balance and minimalism. Through a combination of theory and hands-on sessions, you will learn how to make your own arrangements that are aesthetically pleasing, expressive, and thought provoking. There will be a \$150 materials fee payable to the instructor on the first day of class.

6 wks / January 13–February 17

Tuesday / 6–9 p.m.

Palo Alto HS Rm 1707 / \$180

GLASSBLOWING WORKSHOP

Will return in Spring 2026

KNITTING

Instructor: Paola Trombetta, ptrombetta@pausd.org

Prerequisite: None

Knitters of all abilities are welcome! Learn basic and advanced skills in this fun and collaborative knitting workshop. Beginners learn to read pattern books, and/or design and create their own knitted garment and gifts. Advanced knitters, master your techniques and bring projects you are currently working on.

8 wks / January 21–March 11

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Rm 1707 / \$160

LEARN TO CROCHET

Instructor: Paola Trombetta, ptrombetta@pausd.org

Prerequisite: None

Learn to chain, single and double crochet, create tri-dimensional forms, and read patterns. This class will work for you regardless of your skill level and you will enjoy it! *Materials to bring to class:* 1 ball of worsted weight yarn plus a size 'H' crochet hook.

8 wks / January 21–March 11

Wednesday / 5:30–6:30 p.m.

Palo Alto HS Rm 1707 / \$80

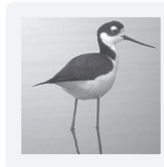


BIRDING

WEST COAST BIRDING (Online & In-Person)

Instructor: Scott Smithson, wsmithson@pausd.org

Prerequisite: None



The primary goal of this birding class is to develop birding skills through bird identification by sight and sound. During our weekly online Zoom meetings, we will focus on sharing local bird sightings, slides of Bay Area birds, ID quizzes, and discussion of field trips. There will be 3 in-person weekend field trips offered to local Bay Area birding spots so we can practice what we have learned in the field! Field trip dates TBD. Textbook: Any North America or Western North America bird field guide (*Sibley's Guide* is a great one).

7 wks / January 20–March 3

Tuesday / 7–8:30 p.m.

Live Online / \$160

BUSINESS & FINANCE

BUSINESS COMMUNICATIONS

Instructor: Katherine Barg, kbarg@pausd.org

Prerequisite: For intermediate to advanced English learners



Business Communications emphasizes the English skills needed to communicate effectively in the American workplace. These include interpersonal, non-verbal, common business jargon, listening and oral presentation skills. The class also covers changing digital capabilities, common business platforms, adaptive listening, storytelling with data, and presentation writing. You will have opportunities to practice during class. These topics reflect current input provided by private industry, law firms, and technical business. (*Workday, Facebook, Hitachi Ventara, Microsoft, Sales Force, Google* and others).

6 wks / January 20–February 24

Tuesday / 6:30–9 p.m.

Live Online / \$150

STOCKS, BONDS AND INVESTING

Instructors: *ed2go Instructors*

Prerequisite: None

Learn the basics of stocks, bonds, and investing. This class will teach you how to prepare for retirement, manage your finances, and pay for college without the need for hiring a broker or financial advisor. For more information, visit paadultschool.org (Business & Finance).

6 wks access / 24 Course Hours

Starts: Nov 12 | Dec 17 | Jan 14

Price: \$144

ed2go Online/Recorded

PROJECT MANAGEMENT FUNDAMENTALS

Instructors: *ed2go Instructors*

Prerequisite: None

If you're organized, perceptive, detail-oriented, and an excellent communicator, an experienced Project Management Professional will help you master the essentials of project management. For more information, visit paadultschool.org (Business & Finance).

48 Course Hours

Starts: Nov 12 | Dec 17 | Jan 14

Price: \$263

ed2go Online/Recorded

CAREER TRAINING

DISCOVER VOICE-OVERS

Instructor: Lisa Foster, liveclass@suchavoice.com

Prerequisite: None

Unlock the power of your voice! Join our dynamic webinar to discover a unique, lucrative path into voice acting for commercials, films, and beyond. Master the art of voice-overs and take control of your creative career with expert online instruction and a personalized 1-on-1 script read.

One Session / February 5

Thursday / 6:30–8:30 p.m.

Live Online / \$50



VOCATIONAL INTERNSHIP CLASS

Instructor: Toshiro Lang

Prerequisite: Application and interview required

Classroom component to vocational internships concentrating on developing transferable job skills. This course emphasizes the importance of interpersonal dynamics in the workplace, and the value of obtaining competitive employment. In-person instruction accommodates all learners with the motivation to become independent and successful. *Must call (650) 329-3752 for more information and to register for the program.*

ONGOING / September–June

Monday–Thursday / 8–9:15 a.m.

Lucille Packard Children's Hospital (LPCH) / No Fee *

WORK READINESS (Job Coach)

LEARN NEW SKILLS FOR GETTING A JOB *

Instructor: Kathilynn Lehmer, klehmer@pausd.org

Learn new strategies for getting a job! Prepare a powerful resume and cover letter, create and optimize a LinkedIn profile, use CHATGPT effectively to enhance the job search process, learn new job hunting strategies, participate in mock interviews—and more! There is no fee and the course is open-entry start anytime. For more information, and to find out how to register, send an email to Kathilynn Lehmer at klehmer@pausd.org.

CAREER TRAINING: ADVANCED CERTIFICATE PROGRAMS (Online/Recorded)

ADVANCED CAREER TRAINING COURSES TO PREPARE YOU FOR CERTIFICATION

Our career training courses can start you on a path to an in-demand profession or help advance your current career with industry certification. You may begin these courses at any time, and learn at your own pace. For details, please visit careertraining.paadultschool.org.

COURSE CATEGORIES:

- Arts and Design
- Business
- Computer Applications
- Computer Science
- Construction and Trades
- Health and Fitness
- Hospitality
- Information Technology
- Language
- Legal
- Teacher Professional Development
- Writing

COURSE FEATURES:

- 24/7 Course access
- Books and materials included
- Certificate of Completion
- Student Advisors included
- Industry recognized certifications

POPULAR COURSES INCLUDE:

- **Certified Administrative Professional with Microsoft Office Specialist (MOS) Associate**
(Exam Vouchers Included)
- **Certified Clinical Medical Assistant (CCMA)**
(Exam Voucher Included)
- **Medical Billing and Coding**
(Voucher Included)
- **Accounts Payable Specialist Certification**
(Exam Voucher Included)
- **CompTIA Certification Training: A+, Network+, Security+**
(Exam Vouchers Included)
- **Freight Broker/Agent Training**
- **NASM Certified Personal Trainer and Exam Preparation**
(Exam Voucher Included)
- **Certified Paralegal**
(Exam Voucher Included)
- **Pharmacy Technician**
(Exam Voucher Included)

CERTIFIED ADMINISTRATIVE PROFESSIONAL WITH MICROSOFT OFFICE SPECIALIST (MOS) ASSOCIATE (GES2048) (Vouchers Included)

Instructors: *ed2go Instructors*

Prerequisite: None

Train for a career as an administrative assistant and master the Microsoft Office suite. This course bundle will prepare you for the Certified Administrative Professional exam (CAP) exam and the Microsoft Office Specialist (MOS) Associate certification. For pricing, details, registration, visit careertraining.paadultschool.org.

12 Months / 345 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

CERTIFIED CLINICAL MEDICAL ASSISTANT (CCMA) (GES180) (Voucher Included)

Instructors: *ed2go Instructors*

Prerequisite: None

Because employers recognize that certified medical assistants deliver greater value, completing the course will help you to be well-prepared to find your place in this rewarding healthcare career. You will also be able to sit for the Certified Clinical Medical Assistant (CCMA) exam through the National Healthcareer Association (NHA). For pricing, details, registration, visit careertraining.paadultschool.org.

12 Months / 540 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

CAREER TRAINING: ADVANCED CERTIFICATE PROGRAMS

ACCOUNTS PAYABLE MANAGER CERTIFICATION / GES2075

Instructor: ed2go Instructor

Prerequisite: None

If you want to advance your career within an accounts payable department, you need to become a certified Accounts Payable Manager (APM). This 100% online training course will prepare you for the APM certification exam in just three months. For pricing, details, registration, visit careertraining.paadulthoodschool.org.

3 Months / 30 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

CAREER COUNSELOR / GES2039

Instructor: ed2go Instructor

Prerequisite: None

In this 100% online course, you will learn to help others map out and follow their chosen career journeys. Key topics include the stages of career development, fundamentals of career planning, and working with diverse audiences. For pricing, details, registration, visit careertraining.paadulthoodschool.org.

6 Months / 100 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

CERTIFIED PHYSICAL THERAPY AIDE / GES189

Instructor: ed2go Instructor

Prerequisite: None

This 100% online course will teach you the concepts, skills and practices to become a certified physical therapy aide. Upon successful completion, you will be eligible to take the American Medical Certification Association's (AMCA) Physical Therapy Technician/Aide certification exam. For pricing, details, registration, visit careertraining.paadulthoodschool.org.

9 Months / 202 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

FREIGHT BROKER AGENT TRAINING / GES703

Instructor: ed2go Instructor

Prerequisite: None

Gain the skills needed to build a successful freight brokerage or freight brokerage agency—100% online. Learn key freight fundamentals for future success, such as the laws and terminology, and much more! For pricing, details, registration, visit careertraining.paadulthoodschool.org.

6 Months / 100 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

HVAC/R CERTIFIED TECHNICIAN / GES793

Instructor: ed2go Instructor

Prerequisite: None

This 100% online course will prepare you to earn NATE or HVAC Excellence certification in under 12 months! You will master core skills like accurate measurement and conversions, heat carrying capacity, condensation and vaporization, and air weight and value. For pricing, details, registration, visit careertraining.paadulthoodschool.org.

12 Months / 330 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

MICROSOFT EXCEL CERTIFICATION TRAINING / GES896

Instructor: ed2go Instructor

Prerequisite: None

Becoming a certified Microsoft Office Specialist (MOS) Expert demonstrates your mastery of Microsoft Office products. This course prepares you for the Microsoft Office Specialist Expert certification exam for Microsoft Excel. For pricing, details, registration, visit careertraining.paadulthoodschool.org.

6 Months / 70 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

PERSONAL CARE AIDE TRAINING / GES1057

Instructor: ed2go Instructor

Prerequisite: None

Develop a comprehensive understanding of the roles and responsibilities of the personal care aide, assistant, or caregiver in the health care system, home environment, and care facility. Acquire the knowledge and skills necessary to excel as a personal care aide and perform all related tasks and responsibilities with confidence. For pricing, details, registration, visit careertraining.paadulthoodschool.org.

12 Months / 200 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

WEB DESIGN PROFESSIONAL / GES517

Instructor: ed2go Instructor

Prerequisite: None

This web design course will teach you the fundamentals of web design. You will learn the technology, philosophy, and techniques to bring online creativity to life, gain practical skills for managing web projects, and build your own portfolio through hands-on projects. For pricing, details, registration, visit careertraining.paadulthoodschool.org.

12 Months / 390 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

CITIZENSHIP

CITIZENSHIP — SECTION A

Instructor: Katherine Barg, kbarg@pausd.org

Prerequisite: Intermediate to advanced English learners



This course prepares you to pass the citizenship test and become a naturalized permanent citizen of the United States. You will study the history, political processes and all the institutions that make an informed and effective citizen.

6 wks / January 22–February 26

Thursday / 6:30–8:30 p.m.

Palo Alto HS Rm 216 / No Fee *

CITIZENSHIP — SECTION B (*Open Enrollment*)

Instructor: Sandy Cutshall, scutshall@pausd.org

Prerequisite: Intermediate to advanced English language learners

NEW! Do you know about the latest version of the U.S. Citizenship interview? Anyone sending their application after October 20, 2025 will need to understand the changes announced by the U.S. government in September 2025. Learn everything you need in this course! You will prepare for all aspects of the current interview, including the government and history questions (civics test), questions about the N-400 application (speaking test), and the reading and writing tests. The class is taught at an intermediate level and is designed for lawful permanent residents who will be applying for U.S. citizenship within the next year. It is open enrollment and new students are welcome to start any time.

8 wks / January 20–March 10

Tuesday / 1–3:30 p.m.

Live Online / No Fee *

COMPUTER SKILLS

ARTIFICIAL INTELLIGENCE (AI) TOOL FOR BEGINNERS WORKSHOP

Instructor: Kumaresan Manickavelu,
kmanickavelu@pausd.org

Prerequisite: Basic understanding of computers, including browsing, email, & docs

Unleash the power of AI! Dive into the world of artificial intelligence and discover practical tools for everyday problem-solving. From writing and image generation to research and automation, this workshop empowers beginners to explore AI's potential and transform their workflows. *No experience needed!* Bring your laptop to class.

One Session / See Dates Below

Monday / 6:30–8:30 p.m.

Palo Alto HS Rm 30 / \$45 per session

- **January 12**
- **February 9**
- **March 9**



PYTHON FOR EVERYONE: CODING

Instructor: Avnit Bambah, abambah@google.com

Prerequisite: None

Embark on an exciting journey into the world of programming with our *Python for Everyone* course. Designed for absolute beginners, this comprehensive course will guide you through the fundamentals of Python, one of the most popular and versatile programming languages in the world. Python installation instructions will be sent to students before the first class. Bring your laptop to every class. *Join us and discover the power of Python!*

8 wks / January 21–March 11

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Rm 31 / \$160

"In Kumar's **AI Tools for Everyone** class, I learned new applications of AI tools. I will apply these AI tools to my writing, reading, and image generation."

George Zdasiuk
Chief Technology Officer (retired)

COOKING: LEARN HOW TO COOK IN JUST ONE NIGHT!

Palo Alto Adult School offers an excellent cooking curriculum at the best prices in the area. With professionally trained chefs as our instructors, our students return each quarter to enhance their culinary repertoire. *Please visit paadultschool.org for additional menu details.*

BELGIAN CHOCOLATES GALORE!

Instructor: Carine Vanslebrouck, cshultz@pausd.org
www.instagram.com/cocoa_mirth

Prerequisite: None



Have fun learning to make delicious hand-made Belgian chocolates the traditional way. You will be guided, by the instructor, through the process of tempering chocolate on a

marble slab and continue on to craft a different Belgian chocolate in each class.

One Session / See Dates Below

Wednesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65 per session

- **January 28:** Fruity Chocolates
- **February 11:** Valentine's Theme
- **March 11:** St. Patrick's Theme

DO MORE WITH YOUR INSTANT POT

Instructor: Julie Shanson,
julie@findjoyinfood.com, www.findjoyinfood.com

Prerequisite: None

Are you interested in switching up your weeknight dinner rotation? Are you cooking for vegans or vegetarians? Come learn new dishes and new approaches to using your Instant Pot to make delicious dinners. Bring your own electric or stovetop pressure cooker if you have one. And bring containers for leftovers!

One Session / See Dates Below

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65 per session

- **January 13:** *Instant Pot 101* — Cream of Anything Soup, Chickpea Rice Soup, Walk Away Ziti with Sauce
- **January 27:** *Instant Pot 201* — Stews! Black Bean Chili, Nutty Tofu Stew, Mushroom Bourguignon, and more
- **February 10:** *Instant Pot 301* — Desserts: Easiest Rice Pudding Ever, Vegan Cheesecake, Fruit Crisp, and more

GREEN OAXACA

Instructor: Francisco Chavarria, fchavarria@pausd.org
Prerequisite: None

Chef Francisco will teach you how to make delicious Oaxacan vegetarian dishes. You will make Sopa de Guías, a flavorful soup made with squash sprouts. Afterwards, you will make Quesadilla de Flor de Calabaza con huitlacoche, a savory quesadilla made with squash blossoms and Mexican truffles. Chef Francisco will guide you through the preparation process step-by-step, while sharing tips and tricks along the way.

One Session / February 12

Thursday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65

HOMEMADE PASTA WORKSHOP

Instructor: Vanessa Palhares Montes,
vpalharesmontes@pausd.org

Prerequisite: None

Discover the art of making fresh pasta from scratch in our hands-on workshop! Learn to prepare authentic pasta dough, craft delicious ravioli with gourmet fillings and top it off with rich homemade tomato sauce. Bring your enthusiasm and get ready to create mouthwatering pasta dishes!

One Session / January 20

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65

MANOS EN LA MASA

Instructor: Francisco Chavarria, fchavarria@pausd.org

Prerequisite: None

In this cooking class, Chef Francisco will provide a comprehensive guide on how to prepare corn masa from scratch. You will learn how to make your own tortillas, sopes, and quesadillas using the freshly made masa. Moreover, Chef Francisco will also teach you how to make atole de Granillo, a traditional Mexican hot beverage made with masa, cinnamon, and piloncillo.

One Session / March 5

Thursday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65

SOUPS FESTIVAL

Instructor: Vanessa Palhares Montes,
vpalharesmontes@pausd.org

Prerequisite: None

Stay warm and learn to make 2 kinds of soups for the winter season! You'll have the option of making a meat or vegetarian soup and baked garlic bread for a side. Chef Vanessa will guide you through the cooking process so you can make your own delicious soup at home!

One Session / February 17

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65



ENGLISH AS A SECOND LANGUAGE (ESL)—IN-PERSON & LIVE ONLINE (via ZOOM)

WINTER 2026

January 12—March 13, 2026

NO CLASSES: January 19 & February 16

***** There is a NO FEE POLICY (no cost for registration or books) for all state-supported ESL classes *****

The Palo Alto Adult School ESL program offers many classes to help you meet your English learning goals. To enter our free classes, new students must register for a placement test. There is no childcare for the test or the classes.

Students must register first before taking a placement test

In-person registration only. No phone registration. No online registration.

Register to take the ESL (English) Placement Test

- Students must take the ESL Placement Test to join a class.
- When you register, you will choose a test date.
- Testing space is very limited.
- You must register in-person.

Enrollment Policies

- Students must be able to attend the full 9 weeks.
- There is no childcare.
- Students may repeat a class level one time with teacher and ESL Manager approval.
- Students must be 18+ years old to register.

REGISTRATION

ESL PLACEMENT TEST REGISTRATION

**** New students must take an *in-person* placement test. ****

Students must register for the test on **Saturday, December 13, 2025 at 9 a.m.** at our ESL office, **Cubberley Campus, 4000 Middlefield Road, I-Building, 2nd floor.**

- Students will be given a number in the order that they arrive to the school.
- There are 100 Placement Testing spots available.
- Doors will open at 8:30 a.m.
- Registration will begin promptly at 9 a.m.
- Registration is IN-PERSON only—no phone calls, no emails, no online registration available.
- Doors will close after 100 students have been registered.
- Students may register themselves and one other person.

TESTING

ESL PLACEMENT TESTING

TESTING LOCATION: Cubberley Campus • 4000 Middlefield Rd, I-Bldg 2nd Floor

MORNING TESTING

Time: 9 a.m.–12 noon (*Test begins promptly at 9 a.m.*)
Test Dates: Tue. Dec. 16, 2025 • Fri. Jan. 9, 2026

EVENING TESTING

Time: 6–9 p.m. (*Test begins promptly at 6 p.m.*)
Test Dates: Mon. Dec. 15, 2025 • Wed. Dec. 17, 2025

Register for testing early. Spaces limited!

CLASSES

WINTER SESSION ESL CLASSES *

January 12—March 13, 2026

(NO CLASSES: January 19 & February 16)

No charge for ESL textbooks

***IN-PERSON* MORNING CLASSES (9:30 A.M.–12:30 P.M.)**

Cubberley Campus: Literacy through Advanced-Low levels (Monday–Thursday)

***IN-PERSON* AFTERNOON CLASSES (1–2:30 P.M.)**

Cubberley Campus: Pre-Literacy (Tuesday and Thursday)

***ONLINE* MORNING CLASSES (3 meetings per week): 9–11 a.m. / Tuesday, Wednesday, & Thursday**

3 levels: Intermediate-Low; Intermediate-High; Advanced

***Students need to download and learn Zoom at <https://zoom.us/>*

***IN-PERSON* EVENING CLASSES (6:30–9:30 P.M.)**

Palo Alto High School: Literacy through Advanced-Low levels (Monday & Wednesday)

***IN-PERSON & ONLINE* ADDITIONAL SKILL-SPECIFIC CLASSES:** See *English Enrichment* classes pages 11

ENGLISH AS A SECOND LANGUAGE (ESL)

COLLEGE AND CAREER READINESS

ESL MEDICAL ENGLISH *

Instructor: Maria Abilock, mabilock@pausd.org

Prerequisite: For intermediate high and advanced English language learners. ESL test required.

Study Medical English in our in-person ESL Healthcare Foundation class about healthcare settings and medical vocabulary. This class prepares students for the next level *Medical Terminology* class, or for the CNA (*Certified Nursing Assistant*) program and other healthcare pathways at Mountain View Adult School.

12 wks / January 13–April 2

Tuesday & Thursday / 6:30–9 p.m.

Palo Alto HS Rm 31 / No Fee *

Students must attend the first meeting.

For more information, or to enroll, please email Lynn Tanner, ltanner@pausd.org.

JOB SEARCH SKILLS FOR ESL STUDENTS (*Non-native English Speakers*) *

Instructor: Susan Silver, ssilver@pausd.org

Prerequisite: For advanced English language learners

In this class, you will learn to complete a job application, write a basic resume, practice job interview skills, and more! Students enrolled in this class will also be working with Job Coach Kathi Lynn Lehmer as her clients for individualized job search coaching services through the *Palo Alto Adult Ed Work Readiness* course. Email Ms. Sripriya Kannan to enroll: skannan@pausd.org

10 wks / January 20–April 2 (*No class February 16 and February 20*)

Tuesday & Thursday / 1–3 p.m.

Cubberley Campus I-Building 2nd Floor / No Fee *

ADDITIONAL CLASSES

LEAH *

Learn English at Home!

Prerequisite: For beginning high to advanced level English level learners.

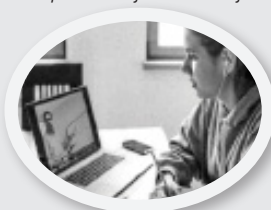
If you have access to a computer and you want to learn English, *you can learn at home!* This is a good program if you cannot come to class regularly. In this program, you have free access to an online educational website. Students are required to study four (4) hours per week on the computer. Then students meet with the teacher for a half hour (30 minutes) each week. You can meet with the teacher on Zoom or in-person.

- Students must take an in-person placement test to register for the LEAH program.
- Students may start LEAH classes at any time.
- Please call 650-494-2326 to make an appointment for the placement test.

The Winter 2026 LEAH Program begins on January 20, 2026.

For more information or to sign up for the class,
please call our adult school ESL office: (650) 494-2326.

¿Necesitas ayuda en español? Deje un mensaje al 650-494-2326.



ESL WRITING ACADEMY

WINTER 2026 ESL WRITING ACADEMY January 16–March 20, 2026

WINTER SESSION CLASSES

ESL WRITING ACADEMY — IN-PERSON

Write for life! Whether it's a simple email, a thank-you note, or a paragraph or report, our ESL Writing Academy classes will help you with content, organization, tone, and purpose.

The Academy offers two levels of classes, beginning with the basics of sentence creation and paragraph development. When you complete the required assignments, you can earn Certificates of Achievement and/or Proficiency.

**** Required Orientation Meeting ****

Fri., Jan. 16, 2026 • 9:30 a.m. • Cubberley Campus, I Building, 1st flr

Register for the orientation meeting at <https://paadultschool.org/class/writing-academy>

**** Writing Academy registration opens Jan. 12, 2026 at 8 a.m. ****

For more information, please call (650) 494-2326 or send an email to esl@pausd.org

FUNDAMENTALS OF WRITING

FUNDAMENTALS OF WRITING I — INTRODUCTION TO PARAGRAPHS *

Instructor: Adult School Staff

Prerequisite: For students who are at the beginning-high to intermediate-high level ESL

Practice writing sentences and developing coherent paragraphs with the goal of writing about your own life experiences. Guidance will also be given on correct grammar and word choice.

10 wks / January 16–March 20

Friday / 9:30 a.m.–12 noon

Cubberley Campus I-Bldg 2nd Flr / No Fee *

FUNDAMENTALS OF WRITING II — WRITING PARAGRAPHS *

Instructor: Adult School Staff

Prerequisite: For students who are at the intermediate-high to advanced-low level ESL

Learn how to write well-developed and cohesive paragraphs. This class will focus on how to choose and organize content, connect ideas, and use supporting details to address a topic.

10 wks / January 16–March 20

Friday / 9:30 a.m.–12 noon

Cubberley Campus I-Bldg 2nd Flr / No Fee *

ENGLISH ENRICHMENT

These classes are offered for non-native speakers who have tested above our state-supported program or who wish to focus on one specific area of English. It is not necessary to take the placement test before enrolling in these classes.

ADVANCED SPEAKING AND READING— TALES OF MYSTERY AND SUSPENSE

Instructor: Sharon Hampel, Ph.D., shampel@pausd.org

Prerequisite: For high intermediate or advanced English language learners



Have you ever wondered why news events occur, especially when they are very strange?

This class will help answer those questions by decoding mystery stories. Become an

advanced reader and detective by reading and viewing Holmes mysteries in shortened form then solving them. We will notice a spot of mud (*The Speckled Band*), a heavy veil (*The Veiled Lodger*), a bow and arrow (*The Sussex Vampire*), and a newspaper ad (*The Red Headed League*). These mysteries will become elementary for us.

8 wks / January 21–March 11

Wednesday / 7–9 p.m.

Palo Alto HS Rm 216 / \$160

AMERICAN IDIOMS 101

Instructor: Simone Wojtowicz, swojtowicz@pausd.org

Prerequisite: Intermediate high to advanced English language learners

This class is ideal for students who want to develop their reading, listening, speaking and writing skills while becoming familiar with many useful English expressions. Do you want to improve your TOEFL score? We will dissect the top 300 idioms used on the TOEFL test in addition to discussing metaphorical language. No textbook.

8 wks / January 27–March 17

Tuesday / 9:30–11:30 a.m.

Cubberley Campus I-Bldg 2nd Flr / \$160

ESL BOOK CLUB

Instructor: Simone Wojtowicz, swojtowicz@pausd.org

Prerequisite: Advanced English language learners

Do you love to read? Do you want to increase your conversational fluency, boost your vocabulary, and improve your grammar? Join the book club and have fun developing your English skills while learning about American values! We will discuss the book's themes, vocabulary and cultural references. *Textbook:* Please email the instructor for the name of the required textbook.

8 wks / January 29–March 19

Thursday / 9:30–11:30 a.m.

Cubberley Campus I-Bldg 2nd Flr / \$160

FOCUS ON PRONUNCIATION AND LISTENING

Instructor: Sue Stevick, sstevick@pausd.org

Prerequisite: High intermediate to advanced English language learners

Speak more clearly and confidently. Master the four most important features of English pronunciation: stress in words and sentences, intonation, rhythm, and linking. Improve your speaking and listening skills by participating in lively in-class conversations and discussions. The instructor will provide a written personalized evaluation of your pronunciation skills. Required textbook can be purchased in the Adult School office before the first class.

8 wks / January 20–March 10

Tuesday / 6:30–8:30 p.m.

Live Online / \$160

LET'S TALK!

Instructor: Sharon Gloster, seshel@pausd.org

Prerequisite: For advanced English language learners

Practice your conversation skills and build confidence in speaking English. This course will give you lots to talk about, including everyday news as well as several real-life topics (such as education, jobs, the stock market, health, etc.) based on student interests. Learning and practicing everyday expressions and vocabulary plus pronunciation, and grammar tips will improve your fluency.

8 wks / January 26–March 23

(No class February 16)

Monday / 9:30 a.m.–12:30 p.m.

Cubberley Campus I-Bldg 1st Flr / \$240

US HISTORY AND CULTURE

Instructor: Simone Wojtowicz, swojtowicz@pausd.org

Prerequisite: Intermediate high to advanced English language learners



This class is ideal for students who want to improve their English skills while becoming familiar with many interesting aspects of US history and culture. We address why

Americans think and behave the way they do and the foundation for some of their attitudes and values such as the importance of competition and hard work. *Textbook:* Please email the instructor for the name of the required textbook.

8 wks / January 28–March 18

Wednesday / 9:30–11:30 a.m.

Cubberley Campus I-Bldg 2nd Flr / \$160

BE A VOLUNTEER ESL TUTOR—Help Someone Learn English!

For information, please contact:

ESL Volunteer Tutor Program Manager, Anjani Sarma: asarma@pausd.org

GENERAL INTEREST

CREATIVE WRITING FOR BEGINNERS

Instructor: Sam Kauffman, samksongs@gmail.com

Prerequisite: None

Always wanted to write? Everyone has a story. This class, taught by published author and poet, Sam Kauffman, will guide you through your first steps to achieve your goal of writing wonderful novels, short stories, memoirs, poetry, etc. using basic techniques, resources, tips and supportive class feedback. *Limit 7 students.*

8 wks / January 12–March 16

(No class January 19 & February 16)

Monday / 10:15 a.m.–12:15 p.m.

Palo Alto HS Rm 31 / \$100

CREATIVE WRITING WORKSHOP

Instructor: Chana Feinstein, cfeinstein@pausd.org

Prerequisite: None

Share your work for positive group critiquing to produce more and make what you write more effective. Strengthen your writing technique through reading example of published work, discussing weekly topics, and responding to others' work. All genres welcome! *Limit 12 students.*

10 wks / January 15–March 19

Thursday / 6–8:30 p.m.

Live Online / \$100



CREATIVE WRITING:

WRITERS MENTORING WRITERS

Instructor: Sam Kauffman, samksongs@gmail.com

Prerequisite: None

Learn to be a better writer! Share your ideas, feelings, and experiences with others. Express yourself through poetry, memoirs, short stories, essays, creative non-fiction or whatever you prefer. There will be time during class to write based on writing prompts. Class time is allotted for looking at writing basics such as metaphor, character development, plot development, foreshadowing and other techniques. *Limit 14 students.*

10 wks / January 14–March 18

Wednesday / 1–3:30 p.m.

Cubberley Campus I-Bldg 2nd Flr / \$100

GENEALOGY WORKSHOP

Instructor: Rachel Kellerman, rkellerman@pausd.org

Prerequisite: None

Everyone has a family story to tell—what's yours? Join our welcoming group of genealogy enthusiasts to learn research and preservation strategies and explore the latest technologies, including DNA analysis and AI. All experience levels are welcome! If you miss a class, presentations and handouts will be available afterward!

7 wks / February 4–March 18

Wednesday / 1–3 p.m.

Palo Alto HS Rm 31 / \$140

"In the **Genealogy** class, Rachel provides vast resources for research and explains it well."

Susan Scheel

HEALTH & FITNESS

ABS AND BOOTY BUSTER

Instructors: Amy Chan, achan@pausd.org

Prerequisite: None

We guarantee you'll see results after one session with Amy! This class is designed to strengthen and tone your core, glutes, and back. This super effective 60-minute workout will transform your body and give you the quickest hour of perfectly paced exercise you've ever experienced. Come join the fun and leave feeling energized every time! Bring a yoga mat, 1-3 lbs weights, stretching band, and a water bottle.

10 wks / January 12–March 18

(No class January 19 & February 16)

Monday & Wednesday / 7:30–8:30 p.m.

Cubberley Campus I-Bldg 2nd Flr / \$200

AIKIDO

Instructor: Chris Kuszmaul, ckuszmaul@pausd.org

Prerequisite: None

The Japanese martial art of Aikido is a comprehensive system of throwing, joint locking, striking and pinning techniques that foster strength, flexibility, presence of mind, and cooperative movement. We practice improving awareness and work on conflict de-escalation within and around ourselves. Training Aikido provides an opportunity to find grounding in today's hectic world. Learn to relax in the face of stress, ground yourself during anxiety, and gain tools to move through the world with confidence.

10 wks / January 13–March 21

Tuesday & Thursday / 6:30–8 p.m. & Saturday / 10–11 a.m.

Palo Alto HS Rm P11 / \$200

HEALTH & FITNESS

KARATE: SHITO-RYU

Instructor: Farbod Tabesh, ftabesh@pausd.org

Prerequisite: None

Karate is the way and art of life, built on discipline and respect. Through training, you gain self-defense, strength, confidence, and emotional control. It teaches mastery inside and out, overcoming weakness and temptation. Karate is not a sport, but a martial art guiding you toward the correct path. You must purchase a white karate gi (karate clothes) with a white belt before the first class meeting. Please contact the instructor to confirm the required outfit for class. See website for materials list.

Limit 16 students.

9 wks / January 16–March 20

(No class February 13)

Friday / 6:30–8 p.m.

Palo Alto HS Rm P11 / \$135

LINE DANCING

Instructor: Kent You, kent.you@gmail.com and Sandy Hsu

Prerequisite: None

Line dancing increases endurance and balance along with enhanced memory and awareness. Each class is choreographed by song and taught so the group is dancing in unison. Beginners are welcome. No partners needed.

7 wks / January 13–February 24

Tuesday / 7:30–8:30 p.m.

Palo Alto HS Dance Studio / \$70

MAT PILATES

Instructor: Golnaz Haghverdi, ghaghverdi@pausd.org

Prerequisite: None

Discover Mat Pilates! Strengthen your core, improve posture, and move with ease. Perfect for all levels. whether you're new to fitness or looking to deepen your practice.

SECTION A

10 wks / January 13–March 17

Tuesday / 6–7:30 p.m.

Palo Alto HS Dance Studio / \$150

SECTION B

10 wks / January 14–March 18

Wednesday / 6:30–8 p.m.

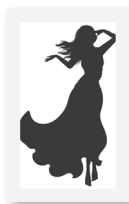
Palo Alto HS Rm P11 / \$150

NEW

PERSIAN BELLY DANCING

Instructor: Afshaneh Pakdaman, sbap2255@proton.me

Prerequisite: None



Join us for a unique class that combines the grace of Egyptian-style belly dance with the elegance of Persian dance movements. We will focus on the fundamentals of posture, isolations, steps, and shimmies. The class will include accents of belly dance as well

as the delicate arm and foot patterns found in Persian dancing. Class begins with a quick warm-up, followed by technique exercises and combinations, and concludes with stretching. Suitable for all levels! *Limit 18 students.*

8 wks / January 12–March 16

(No class January 19 & February 16)

Monday / 6–7 p.m.

Palo Alto HS Rm P11 / \$80

TAI CHI: CHEN STYLE

Instructor: Lisette Yung, cyung@pausd.org

Prerequisite: None

Learn the traditional Chen Style first form (*Taijiquan*).

Practice the continuous movements which helps develop balance, body coordination and strength and the understanding of basic Tai-Chi principles.

8 wks / January 14–March 4

Wednesday / 7:30–8:45 p.m.

Palo Alto HS Dance Studio / \$100

YOGA AND MEDITATION

Instructor: Kamal Vilms, kvilms@pausd.org

Prerequisite: None

Gently stretch, relax, and energize your body with yoga poses that cultivate balance, inner awareness, and mobility and release muscle tension. Regular yoga practice can improve health in many ways from stress reduction to increased flexibility and improved breathing. Bring a yoga mat. *Limit 12 students.*

8 wks / January 12–March 16

(No class January 19 & February 16)

Monday / 5–6:30 p.m.

Palo Alto HS Rm P5 / \$120

ZUMBA

Instructor: Amy Chan, achan@pausd.org

Prerequisite: None

Learn different dance styles including Tango, Flamenco, Cha Cha Cha, Salsa, K-Pop, Bollywood, Belly Dancing and more! Zumba helps improve your balance, coordination, and memory. No partner required. Come join the party!

10 wks / January 12–March 18

(No class January 19 & February 16)

Monday & Wednesday / 6:30–7:30 p.m.

Cubberley Campus I-Bldg 2nd Flr / \$200

HOME & ENVIRONMENT

FLORAL EXPRESSION—IKEBANA SOGETSU

Instructor: Yvonne Ip, cyip888@gmail.com

Prerequisite: None

Discover the joy of Ikebana, the Japanese art of flower arranging. This course explores the core principles and techniques for achieving harmony, balance and minimalism. Through a combination of theory and hands-on sessions, you will learn how to make your own arrangements that are aesthetically pleasing, expressive, and thought provoking. There will be a \$150 materials fee payable to the instructor on the first day of class.

6 wks / January 13–February 17

Tuesday / 6–9 p.m.

Palo Alto HS Rm 1707 / \$180

"After taking Yvonne's **Ikebana** class, I plan to continue creating Ikebana arrangements at home. The course was art therapy for me and a new way to express my creativity."

Anjali Mehta

Director, People & Operations

GARDENING IN WINTER

Instructor: Sherri Bohan, sbohan@pausd.org

Prerequisite: None

Great spring and summer gardens start in winter! Attend this session to learn about soil-building and the other garden secrets. This season is the time for preventing diseases, controlling insect pests and banishing weed, bare-root planting, pruning, planting new trees and flowering shrubs. Perennials, vegetables for cool season harvests are planted now and also when to start warm season crops for summer gardens.

10 wks / January 14–March 18

Wednesday / 10 a.m.–12 noon

Live Online / \$120

SEWING: HEMMING AND MENDING

Instructors: Sally-Ann Rudd, srudd@pausd.org, and Maya Sen, msen@pausd.org

Prerequisite: None



Learn some basic clothing fixes! In the first class, we will learn how to hem jeans, pants and skirts/dresses using a sewing machine or (if you like a challenge) by hand. In the second

class we will focus on visible mending techniques using Sashiko stitching. You do not need your own sewing machine, and previous experience is not required.

A supplies list will be sent out 2 weeks before the start of the class. There will be a \$5 materials fee payable to the instructor on the first day of class. *Limit 20 students.*

2 wks / January 15–January 22

Thursday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$60

SEWING: BEGINNING GARMENT SEWING

Instructors: Sally-Ann Rudd, srudd@pausd.org, and Maya Sen, msen@pausd.org

Prerequisite: None

Learn step-by-step how professionals make fine, well-fitting clothing. We start with a basic project, then learn about working with patterns, and how to use a sewing machine. We will send out a supplies list and suggested beginner patterns about 2 weeks before the class. No sewing machine or previous experience required. If you are an absolute beginner, this is the class for you! There will be a \$10 materials fee payable to the instructor on the first day of class. *Limit 20 students.*

10 wks / January 14–March 18

Wednesday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$300

SEWING: JACKETS

Instructors: Sally-Ann Rudd, srudd@pausd.org, and Maya Sen, msen@pausd.org

Prerequisite: Previous sewing experience

Brrrr! It's cold outside! Time to make a warm jacket! We'll be making an unlined chore jacket in this class. You will learn skills such as how to work with canvas, corduroy, or other mid-weight fabrics. You do not need your own sewing machine but previous sewing experience is required. Supplies list (including fabric recommendations) will be sent out 2 weeks before the first class. *Limit 16 students.*

8 wks / January 29–March 19

Thursday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$240

NATURE SCIENCE HIKES

Will return in Spring 2026

"The live instruction and hands-on practice in the **Hemming and Mending** sewing class was exactly what I was hoping for in learning a new skill. I plan to immediately begin to hem and mend my kids' clothes."

Lynna Kaplan

Occupational Therapist (retired)



HOME & ENVIRONMENT

UPHOLSTERY: BASIC TECHNIQUES

Instructors: Isabelle Trainer, itrainer@pausd.org, Tracey Wyatt, twyatt@pausd.org, Pam Jaradeh, pjaradeh@pausd.org, and Jodie Frerichs, jfrerichs@pausd.org

Prerequisite: None

Learn how to reupholster furniture from start to finish. This class focuses on the upholstery of traditional chairs and ottomans (no automotive or boat), and does not address wood frame restoration. Once registered, you will be asked to submit a photo of the project you would like to work on. All projects must be approved by the teachers to ensure we have the proper expertise to assist you. New students must complete a simple project such as an ottoman or dining seat before progressing onto more complicated projects. *Limit 23 students.*

NEW UPHOLSTERY STUDENTS: After registering, please contact the Adult School Office at (650) 329-3752 for class location and parking information.

SECTION A

10 wks / January 6–March 10
Tuesday / 9 a.m.–1 p.m.
Palo Alto HS Rm 904 / \$450

SECTION B

10 wks / January 8–March 12
Thursday / 9 a.m.–1 p.m.
Palo Alto HS Rm 904 / \$450

"The instructors were key to making the Upholstery class a success. They have so much hands-on talent."

Carolyn T.

MUSIC

GUITAR: BEGINNING

Instructor: Carlo Di Mello, carlo@carlodimelloguitar.com

Prerequisite: None.



Have you always wanted to play guitar but didn't know where to start? This class is for you! You will learn how to play basic chords and melodies on the guitar. We will cover basics such as different types of guitars, and how to tune the guitar.

We will be playing individually and as a group. Expect to learn fundamentals of music theory including rhythm and harmony. Please bring a guitar to class, acoustic guitar preferred. See website for class materials.

Limit 12 students.

8 wks / January 14–March 4
Wednesday / 6–7:30 p.m.
Palo Alto HS Rm 30 / \$120

GUITAR: INTERMEDIATE

Instructor: Carlo Di Mello, carlo@carlodimelloguitar.com

Prerequisite: Beginning Guitar or equivalent. Ability to play some chords, another instrument, or basic understanding of rhythms and musical notation.

This class is for those who can play some chords and would like to learn how to fingerpick the guitar. You will learn classical guitar techniques, how to read standard notation for the guitar as well as tablature. Some music theory will be discussed. This class is designed to give you the skills to continue studying on your own or with a teacher. Please bring an acoustic guitar to class, nylon string guitars are preferred. Textbook: Aaron Schearer – *Classical Guitar Technique – Vol1* (optional). See website for class materials. *Limit 12 students.*

8 wks / January 14–March 4
Wednesday / 7:30–9 p.m.
Palo Alto HS Rm 30 / \$120

NEW

NEW

MASTER SINFONIA CHAMBER ORCHESTRA

Instructor: David Ramadanoff, info@mastersinfonia.org, www.mastersinfonia.org

Prerequisite: Students must have advanced technical and music skills on an orchestral instrument.

Be part of one of the best chamber symphony orchestras in the Bay Area peninsula. The Master Sinfonia Chamber Orchestra will rehearse and perform works ranging from classics such as Mozart, Beethoven, Brahms, to 20th Century composers such as Samuel Barber and living composers such as John Adams. The orchestra performs 4 concerts per year. Please visit mastersinfonia.org for concert details. *Applicants must audition with the instructor, David Ramadanoff, by contacting him at info@mastersinfonia.org before attending the first orchestra rehearsal.*

10 wks / January 15–March 19
Thursday / 7:30–10 p.m.
Los Altos United Methodist Church / \$55

ODAICO

Instructor: Kensuke Sumii, info@drumrevolution.com
Prerequisite: Must also be currently enrolled in Taiko

This class is designed for individuals with stamina to hit Odaiko (big Taiko) for two hours. Odaiko will help you build up stamina, rhythmic competence and speed to hit Taiko. New students must audition before registering for class. Please contact the instructor prior to registration. All equipment—including drums and sticks—are provided.

SECTION A (Open to continuing students only)

3 wks / January 9–January 23
Friday / 7:30–9:30 p.m.
Palo Alto HS Rm P4 / \$30 (+ \$60 materials fee)

SECTION B (Open to continuing students only)

7 wks / February 6–March 20
Friday / 7:30–9:30 p.m.
Palo Alto HS Rm P4 / \$70 (+ \$140 materials fee)

MUSIC

PENINSULA SYMPHONIC BAND

Instructor: Ted Henderson, mrhenderson1962@gmail.com

Experience the thrill of performance in this fully instrumental band for experienced players of wind and mallet-rhythm percussion instruments. Enjoy playing traditional, popular and classical music. Percussionists and tubists are especially needed.

NOTE: There is a waitlist for some sections. To inquire about availability, before attending the first band practice, please email Ted Henderson at mrhenderson1962@gmail.com or call him at (408) 910-1830. A concert will be given at the end of the quarter, on Sunday, March 15, 2026.

8 wks / January 5–March 9

(No class January 19 & February 16)

Monday / 7:30–10 p.m.

Palo Alto HS Rm 109 / \$65

PIANO: BEGINNING/INTERMEDIATE

Instructor: Kathy Woveris, kwoveris@gmail.com



Learn to play music in a fun environment. You will learn to play on the keyboards provided. Instruction includes basic notes, rhythm, theory and finger exercises as well as chords and scales.

You will need a keyboard at home to practice on, or you can rent a keyboard. Every term we will study a classical composer's biography and simple music by that composer as well as listening to a recording. Textbooks: *Adult All-In-One Course: Lesson-Theory-Technic: Level 1*, and *Fundamentals of Piano Theory-Preparatory Level*. Bring textbooks to first class, or you may purchase one from the teacher that same night. **NOTE:** No perfumes or scented hair products of any kind in class due to the instructor's allergies. *Limit 10 students each section.*

SECTION A: Beginning (No previous lessons)

9 wks / January 14–March 11

Wednesday / 5–6:30 p.m.

Palo Alto HS Rm 305 / \$135

SECTION B: Intermediate (Beginning lessons or equivalent)

9 wks / January 14–March 11

Wednesday / 6:30–8 p.m.

Palo Alto HS Rm 305 / \$135

PENINSULA SYMPHONIC BAND WINTER CONCERT

Conducted By Ted Henderson

Mar 15 • 3 p.m. • Performing Arts Center

Admission FREE — Donations Appreciated



** CONCERTS **



MASTER SINFONIA CHAMBER ORCHESTRA

Conducted By David Ramadanoff

Jan 24 & Mar 7 • 7:30 p.m. • Performing Arts Center

Visit mastersinfonia.org for ticket information

TAIKO I

Instructor: Kensuke Sumii, info@drumrevolution.com

Prerequisite: None

Taiko is the art of Japanese drumming, which develops self-expression and musical creativity. This course engages in Uchikomi based practice. Students who join should have a sense of rhythm and/or stamina to hit drums for two hours. Similar to martial arts practice, students do not wear shoes or socks in class. Students practice barefoot. All equipment – including drums and sticks – are provided. *Limit 24 students each section.*

SECTION A (Open to continuing students)

3 wks / January 7–January 21

Wednesday / 8–10 p.m.

Palo Alto HS Rm P4 / \$30 (plus \$60 materials fee)

SECTION B (Open to all students)

7 wks / February 4–March 18

Wednesday / 8–10 p.m.

Palo Alto HS Rm P4 / \$70 (plus \$140 materials fee)

VIOLIN: BEGINNING

Instructor: Dr. Chag-Hee Lee, chlee@pausd.org

In a supportive and encouraging environment, you will discover the fundamental techniques of playing the violin. You will explore and learn a variety of repertoire through demonstrations and active engagement in class. Bring your own violin. See website for class objectives and materials. *Limit 12 students.*

SECTION A (Beginning I—Open to continuing students)

Prerequisite: Beginning I

6 wks / January 29–March 12

(No class March 5)

Thursday / 8–9 p.m.

Palo Alto HS Rm 30 / \$60

SECTION B (Beginning II—Open to continuing students)

Prerequisite: Beginning I & II or equivalent

7 wks / January 27–March 10

Tuesday / 7–8 p.m.

Palo Alto HS Rm 30 / \$70

VIOLIN: INTERMEDIATE

Instructor: Dr. Chag-Hee Lee, chlee@pausd.org

Prerequisite: Beginning I and II and Intermediate or equivalent

This class is for continuing Intermediate students who wish to refine their technique and skills in a group setting. You will review and reinforce music reading, playing fundamentals and technique that are important for lasting musical development. Emphasis will also be on proper posture and playing position, development of characteristic tone quality and training in music literacy. Music used in class is specifically written and arranged for violins. Bring your own violin. See website for class music and materials. *Limit 12 students.*

7 wks / January 27–March 10

Tuesday / 8–9 p.m.

Palo Alto HS Rm 30 / \$70

Instructor-Facilitated Online Courses

COURSES
AS LOW AS
\$49

Online Education

Convenient
& Affordable

Instructor
Led Format

Online Course
Accessible 24/7

ed2go

Find Your Course Today!

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. All courses run for six weeks (with a 10-day grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. You can complete any course entirely from your home or office.....any time of the day or night!

EXPERT INSTRUCTORS • 24-HOUR ACCESS • ONLINE DISCUSSION AREAS • SIX WEEKS OF INSTRUCTION

ACCOUNTING FUNDAMENTALS

If you want to increase your financial awareness and gain a marketable skill, this course is for you!

ADMINISTRATIVE ASSISTANT FUNDAMENTALS

Master essential job responsibilities as you identify opportunities and implement solutions for increased productivity throughout your company.

CERTIFICATE IN BRAIN HEALTH

This course offers techniques and insights based on recent scientific studies about fostering health, happiness and well-being to support a healthy brain.

CERTIFICATE IN FOOD, NUTRITION, AND HEALTH

Learn how food interacts with your body and discover how to make healthy nutritional choices that will impact your well-being.

CONVERSATIONAL JAPANESE

This course will provide you with useful words and phrases for conversing as you master the essentials of the Japanese language.

DESIGNING EFFECTIVE WEBSITES

Regardless of your current skills or level of knowledge, in this course you'll master the basics of web design and learn how to build more effective sites.

DISCOVER SIGN LANGUAGE

By the end of this sign language course, you will be confident and ready to participate in a conversation using the power of sign language.

INTRO TO QUICKBOOKS

Manage the financial aspects of your small business quickly and efficiently using QuickBooks Online.

LOSE WEIGHT AND KEEP IT OFF

In this comprehensive course, you'll discover how to establish a healthy approach to weight loss and weight maintenance.

MASTERING PUBLIC SPEAKING

Equip yourself with the skills you need to communicate with ease and authority on the job or in any social setting.

NONPROFIT FUNDRAISING ESSENTIALS

Explore the skills you'll need to become a successful fundraiser and discover where the best corporate and foundation fundraising jobs are and how to apply for them.

PERSONAL FINANCE

This course will help you gain control over the financial impact of your choices with tools that are useful, realistic, and easy to work into your regular routine.

REAL ESTATE LAW

Learn the basics of real estate law, including investing, title searching, and mortgages.

SECRETS OF BETTER PHOTOGRAPHY

Whether you use a DSLR, a point-and-shoot camera, or your phone for your photography, you will learn how to get the best results from your camera.

USING SOCIAL MEDIA IN BUSINESS

Learn how Facebook, Twitter, LinkedIn, Pinterest and Google+ can grow and promote your business.

MORE COURSES AVAILABLE AT OUR ONLINE INSTRUCTION CENTER

Visit ed2go.com/PaloAlto / New course sessions begin monthly

PARENTING & FAMILY

For 80 years, we have offered preschool programs organized primarily for parent education. Parents develop a deeper understanding of early childhood development and parenting skills through adult discussion classes, formal and informal observations, and community exchanges. Our unique participatory structure allows parents to be involved in their children’s preschool education.

PRESCHOOL FAMILY

4120 MIDDLEFIELD ROAD • PALO ALTO, CA 94303-4741 • (650) 856-0833
INSTRUCTOR: PRESCHOOL FAMILY STAFF



PreSchool Family is a parent education, parent participation program serving families with children from birth through five years. The program is designed to offer parents an opportunity to learn about parenting and to actively participate in their child’s education. For children, the program offers a developmentally appropriate, play-based, educational experience. Parents join their child for one class each week during September–May regardless of the age of the child.

Parent education is the heart of our program and consistent parent participation is required in both the child and the adult classes. We are committed to supporting the welfare of the whole family. Through our program, parents develop a sense of community and strength by working with other parents and their children. We strive to enhance each child’s natural curiosity and love of learning.

Programs Offered for the
2026 School Year

- Baby Class (6–12 Months)
- Toddler Class (12–24 Months)
- Mixed Age Dinner Class
- 2 Year Old Class
- 3 Year Old Class
- 4 Year Old Class



For information about 2026 classes and registration
please visit <https://greendell.pausd.org/programs/preschool-family>
Follow PreSchool Family at [instagram.com/preschoolfamily](https://www.instagram.com/preschoolfamily)
PreSchool Family phone: (650) 856-0833

What Our Parents are Saying.....

"This school has truly been a life-changing experience for me. I can't even quantify how much this school improved my parenting skills, relationship with my son, and confidence in parenting. The parent education classes are a wonderful way to meet other parents, talk about burning issues, realize that we are not alone in our parenting journeys (and struggles), connect with other parents and develop wonderful long-lasting friendships. With parent participation at PSF, I found there were two very important parts that make it so successful. First was attending the parent education classes to learn about child development, the skills to be a better parent, and to connect with other parents. Second was to volunteer weekly to put those skills into practice in the classroom and shadow the teachers that have developed these skills over decades. I learned so much at PSF, and I can truly say that it has changed my life. I feel much more confident as a parent, and I feel that I now have a toolbox of skills to help me be a much better parent."

Samantha Swan McCleary
PSF Parent

"Many parents say, 'PSF is the best thing that ever happened to our family,' and I couldn't agree more. PSF isn't just about your child's education—it's a place that transforms the whole family. Here's why it works for us: First, you get real insights into your child by seeing them interact with other kids in a learning environment. It's a perspective you just don't get at home. Then, you learn from watching the teachers, who model how to engage with kids in ways that really make an impact. And parent-education classes are a lifesaver. You talk through your challenges with other parents, share ideas, and walk away with real strategies for making your life easier. Most preschools either have a drop-off model where you're out of the loop, or they're parent-participation but without the experienced staff that truly helps you learn as a parent. PSF is different—it's a place where both your child and you grow together. You'll come out of it with a more connected family and stronger relationships with your child."

Tina Gao
PSF Parent

WOODWORKING: *Classes Limited to 15 Students*

WOODWORKING 1: BUILD A TABLE

Instructors: Section A – Sean McCluskey, sean94118@gmail.com, and Derek Witte, dwitte@pausd.org; Section B – Rayan Ghazal, rghazal@pausd.org, Alex Granieri, agranieri@pausd.org, and Marty Lastowski, mlastowski@pausd.org

Prerequisite: None



Develop woodworking skills while building a table from rough wood using power tools. The class will focus on safety, project planning, and understanding the medium of wood. You will need safety glasses—and hearing protection is highly recommended. There will be a materials fee (\$50-\$60) payable to the instructor to cover the cost of wood. Storage space is available for projects during the quarter. No textbook. Handouts and materials list will be emailed before the class.

SECTION A

Instructors: Sean McCluskey, sean94118@gmail.com, and Derek Witte, dwitte@pausd.org

10 wks / January 14–March 18

Wednesday / 1:30–4:30 p.m.

Palo Alto HS Woodshop / \$300

SECTION B

Instructors: Rayan Ghazal, rghazal@pausd.org, Alex Granieri, agranieri@pausd.org, and Marty Lastowski, mlastowski@pausd.org

10 wks / January 15–March 19

Thursday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300

WOODWORKING 1: BUILD A BLANKET CHEST

Instructors: Anitra Romfh, Padriac Romfh, and Marcus Miller, wmmiller2@yahoo.com

Prerequisite: None

Develop woodworking skills while building a blanket chest from rough wood using power tools. The class will focus on safety, project planning, and understanding the medium of wood. You will need safety glasses—and hearing protection is highly recommended. There will be a materials fee (TBD) payable to the instructor on the first day of class.

10 wks / January 13–March 17

Tuesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300

"In my recent **Woodworking 2** class, I was able to build upon my skills learned in earlier WW 2 classes, and was able to finish the project on time, for the first time! Adult school classes have taught me to use the right tools for the job with an emphasis on safety. The instructors and assistants are experienced and knowledgeable, using top notch and up to date equipment."

Bala Ramakrishnan
Software Engineer (retired)

WOODWORKING 2: BUILD A MING STYLE PLANT STAND

NEW

Instructor: Yeung Chan and Sumit Roy, sroy@pausd.org

Prerequisite: Woodworking 1—NO EXCEPTIONS

Build a Ming Style Plant Stand as described in the April 1994 issue of the *American Woodworker* magazine. This is a rare opportunity to work on an award-winning project with the author and designer, Master Yeung Chan. The project features a number of different joinery techniques, including Tongue and Groove, Mortise and Tenon, Picture Frame Miter, and Three-Way Miter. You will learn to use the Hollow chisel mortising machine, Router table, and various jigs on the Table Saw to make accurate cuts. There will be a materials fee (TBD) payable to the instructor on the first day of class to cover the cost of wood and consumables.

10 wks / January 13–March 17

Tuesday / 1:30–5 p.m.

Palo Alto HS Woodshop / \$350

WOODWORKING 2: BUILD A SET OF NESTING SERVING TRAYS

NEW

Instructors: Aaron Straight, astraight@pausd.org and Marcus Miller, wmmiller2@yahoo.com

Prerequisite: Woodworking 1—NO EXCEPTIONS (Students should not miss either of the first two classes)

Continue your woodworking journey advancing your skills and techniques while building a set of nesting serving trays. Focus on joinery while learning new tools and techniques including bandsaw and router table. There will be a materials fee (TBD) payable to the instructor on the first day of class.

8 wks / January 12–March 16

(No class January 19 & February 16)

Monday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$240

WOODWORKING 3: ADVANCED WOODWORKING TECHNIQUES

Instructors: Claude Godcharles, cgodcharles@pausd.org, and Sumit Roy, sroy@pausd.org

Prerequisite: Woodworking 1 & 2—NO EXCEPTIONS,

Instructor approval required

Come work on your own project, while learning setup and techniques for power tools and hand tools! Students supply their own materials. Storage space for projects is available during the quarter. Textbook (*recommended*): *Woodworking Basics* by Peter Korn.

8 wks / January 12–March 16

(No class January 19 & February 16)

Monday / 2–5 p.m.

Palo Alto HS Woodshop / \$240

WOODWORKING: *Classes Limited to 15 Students*

WOODWORKING 4: ADVANCED—OPEN SHOP

Instructors: Rayan Ghazal, rghazal@pausd.org,
and Sharad Patel, spatel@pausd.org

Prerequisite: Three quarters of Woodworking classes

Work at your own pace with access to instruction, equipment and advice when you need it. A skills test will be given at the first class. Students supply their own materials. Storage space is available for projects during the quarter. Prior to enrolling, please email instructor at rghazal@pausd.org.

10 wks / January 14–March 18

Wednesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300



WORLD LANGUAGES

CHINESE: BEGINNING (2nd Quarter)

Instructor: Lucia Wu, www@pausd.org

Prerequisite: One quarter of Beginning or equivalent



Learn the most popular language in the world. Be able to speak accurately with tones from the start. At the end of the quarter, you will be able to recognize all

the phonetic elements, read and speak Chinese through phonetics and conduct simple conversations. Characters will be introduced in the second quarter. This class is ideal for parents who plan to help their children with Chinese pronunciation by simply applying the skills they have learned from this class!

9 wks / January 13–March 17 (No class February 3)

Tuesday / 7:30–9:30 p.m.

Palo Alto HS Rm 309 / \$180

CHINESE: INTERMEDIATE (1st Quarter)

Instructor: Lucia Wu, www@pausd.org

Prerequisite: One year of Chinese or equivalent, ability to properly read Chinese phonetics with tones, and knowledge of some basic grammar and characters

Learn the most popular language in the world. Explore modern China through various popular topics about the modern generation. Continue to expand vocabulary grammar. Class includes individual presentation, small group and whole class interaction, listening comprehension, translation exercises, and characters reading. Required textbook (*Chinese Express: Book 2*) can be purchased in the Adult School office.

9 wks / January 13–March 17 (No class February 3)

Tuesday / 5:30–7:30 p.m.

Palo Alto HS Rm 309 / \$180

FRENCH: BEGINNING

Instructor: Pary Sarraf, pary.sarraf@gmail.com



Bonjour! You will learn the fundamentals of pronunciation and will develop everyday conversational skills with a focus on phonetics, grammar, listening, reading and writing exercises. You will become familiar with French culture and customs. Order book from Amazon prior to first class.

Textbook: *Dis-moi!* (ISBN: 0-673-21627-6).

SECTION A: Beginning I

Prerequisite: None

10 wks / January 13–March 17

Tuesday / 9–11 a.m.

Live Online / \$200

SECTION B: Beginning II

Prerequisite: French Beginning I or equivalent

10 wks / January 13–March 17

Tuesday / 11:30 a.m.–1:30 p.m.

Live Online / \$200

"My **French Literature** class gave me lots of practice speaking French which will help when I travel to France."

Henry Gregory

Retail Management (Retired)

FRENCH GRAMMAR REVIEW

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: French intermediate or equivalent

In this comprehensive grammar review course, the emphasis is on the language structure leading to effective communication. You will enhance your conversation skills through attention to grammar rules and syntax. The curriculum includes a thorough revision of the parts of speech, modes, sentence structure, verb conjugation and activity-based exercises. Order book prior to first class. Textbook: *Grammaire en dialogues – Niveau intermédiaire*. (ISBN: 978-209-038062-0).

10 wks / January 13–March 17

Tuesday / 2–4 p.m.

Live Online / \$160

WORLD LANGUAGES

FRENCH: INTERMEDIATE I

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: French Beginning II or equivalent

Increase your vocabulary knowledge through reading and listening exercises. Improve your conversational skills by following guided activities. Continue reinforcing your mastery of grammar and improving syntax. Enhance your knowledge of French culture and customs. Order book prior to first class. Textbook: *Viens Voir!* (ISBN: 0-673-216284).

8 wks / January 12–March 16

(No class January 19 & February 16)

Monday / 2–4 p.m.

Live Online / \$160

FRENCH: INTERMEDIATE II

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: French Intermediate I or equivalent

You will increase your vocabulary knowledge through reading and listening exercises, and you will improve your conversational skills by following guided activities. Continue reinforcing your mastery of grammar and improving syntax, and enhance your knowledge of French culture and customs. Order book prior to first class. Textbook: *Viens Voir!* (ISBN: 0-673-216284).

10 wks / January 13–March 17

Tuesday / 5–7 p.m.

Live Online / \$200

FRENCH: HIGH INTERMEDIATE READING & CONVERSATION

Instructor: Mireille Belloni, mbelloni@pausd.org

Prerequisite: High intermediate or equivalent

Reading is a great way to expand your knowledge of French. You will use a contemporary French novel as a vehicle for improving your language skills and discover aspects of French-speaking culture. *Requirements:* This class is aimed at students who can express themselves fluidly in French, can understand complex sentences, have a solid knowledge of past tenses, and enjoy reading fiction in any other language. Please contact the instructor for textbook information before or upon registration.

Limit 12 students.

9 wks / January 12–March 9

Monday / 6–7:30 p.m.

Live Online / \$135

FRENCH: ADVANCED—L'ART DE CONVERSATION

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: Intermediate II or equivalent

You will initiate and participate in a variety of free-flowing discussions in real-life settings including current events, art, movies, books, history, travel, cuisine and more. You will expand vocabulary, develop fluency, and become more comfortable at navigating a wide range of conversational topics. No textbook.

10 wks / January 15–March 19

Thursday / 2–4 p.m.

Live Online / \$200

ITALIAN: BEGINNING II

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: Italian Beginning I or equivalent



Keep your Italian journey going! This course is designed for students who have completed *Italian Beginning 1* or have a basic knowledge of Italian. You will expand your vocabulary, practice forming more complex sentences, and gain confidence in everyday conversations. Taught by an

experienced native Italian speaker, the class emphasizes interactive practice, pronunciation, and grammar in real-life contexts. Speak, listen, and enjoy Italian in every class! All students are required to have their video *on* during class and use headphones. Textbook: Reach out to the instructor for details regarding the textbook or any inquiries about this class. Instructor will send class details and link one day before the first class.

10 wks / January 14–March 18

Wednesday / 5–6:30 p.m.

Live Online / \$150

ITALIAN: INTERMEDIATE I (PART 1)

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: Completion of Beginning IV or equivalent

Grow your Italian confidence and skills! This course is designed for students who have completed *Beginning IV* or have a solid foundation in Italian. You will strengthen your grammar, expand your vocabulary, and gain confidence expressing yourself in everyday and slightly more complex situations. Taught by an experienced native Italian speaker, the class focuses on conversation, interactive practice, and practical language use in real-life situations. New students are welcome! All students are required to have their video *on* during class and use headphones. Textbook: Reach out to the instructor for details regarding the textbook or any inquiries about this class. Instructor will send class details and link one day before the first class.

10 wks / January 15–March 19

Thursday / 5–6:30 p.m.

Live Online / \$150



For over 60 years, our volunteers have fostered **friendship and cultural exchange** with Palo Alto's Sister Cities around the globe

Join us in making a world of difference!

www.neighborsabroad.org

Scan the QR code to learn more!

WORLD LANGUAGES

ITALIAN: EARLY ADVANCED (PART 1)

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: High Intermediate or equivalent

Take your Italian to the next level! In this early-advanced course, you will refine your grammar, expand your vocabulary, and gain confidence in expressing opinions. Taught by an experienced native Italian speaker, this class is perfect for students who have completed High Intermediate Italian and are ready for more challenging, lively conversations. *In classe si parla esclusivamente italiano.* New students are welcome! All students are required to have their video on during class and use headphones. Textbook: Reach out to the instructor for details regarding the textbook or any inquiries about this class. Instructor will send class details and link one day before the first class.

8 wks / January 12–March 16

(No class January 19 & February 16)

Monday / 6–7:30 p.m.

Live Online / \$120

SPANISH: BEGINNING

Instructor: Leonardo McCord Salazar



Learn the essentials of Spanish grammar from a native speaker, and develop the four language skills in meaningful contexts. Topics included will be useful for parents with children in Spanish Immersion classes. Adult students will be able to participate

actively in simple conversations with their children.

Required textbook can be purchased in the Adult School office.

Levels 1, 3, & 4 are not offered this winter quarter.

SECTION B (Level 2)

Prerequisite: One quarter of Spanish (Beginning or equivalent)

8 wks / January 12–March 16

(No class January 19 & February 16)

Monday / 7–9 p.m.

Palo Alto HS Rm 302 / \$160

SECTION E (Level 5)

Prerequisite: Four quarters of Spanish (Beginning or equivalent)

10 wks / January 15–March 19

Thursday / 7–9 p.m.

Palo Alto HS Rm 302 / \$200

SPANISH: LOW INTERMEDIATE

Instructor: Leonardo McCord Salazar

Prerequisite: Two years of beginning Spanish or equivalent

¿Habla Ud. español? Continue your studies, and focus on conversational skills. Add to your knowledge of grammar and Hispanic culture. Required textbooks can be purchased in the Adult School office.

10 wks / January 13–March 17

Tuesday / 7–9 p.m.

Palo Alto HS Rm 302 / \$200

SPANISH: INTERMEDIATE

Instructor: Leonardo McCord Salazar

Prerequisite: Three quarters of low intermediate Spanish or equivalent

Learn the fine points of Spanish grammar and the multiple uses of the subjunctive mood in this engaging course.

Read, translate, and discuss a masterpiece of Spanish, Latin-American, or Chicano literature. Required textbooks can be purchased in the Adult School office.

10 wks / January 14–March 18

Wednesday / 5–7 p.m.

Live Online / \$200

SPANISH: ADVANCED CONVERSATION AND LITERATURE

Instructor: Leonardo McCord Salazar

Prerequisite: Advanced Spanish skills

Converse with other students in Spanish, and read contemporary Spanish, Latin-American, or Chicano plays, novels, or short stories. Repetition of the course is encouraged, as new literature is introduced every quarter.

10 wks / January 14–March 18

Wednesday / 7:30–9:30 p.m.

Live Online / \$200

NEW TEACHERS WELCOME!

We are looking for more
instructors to teach
German, Thai, Hindi, Korean,
and more!

For more information
on how to apply, call (650) 329-3752
or visit

PAAAdultSchool.org/new-instructors-welcome

MISSION AND SCHOOLWIDE LEARNER OUTCOMES (SLOs)

MISSION

Palo Alto Adult School is committed to providing a broad range of accessible, flexible, and effective educational programs that enable our diverse community of adult learners to achieve their academic, career, and personal goals.

SCHOOLWIDE LEARNER OUTCOMES (SLOs)

SET GOALS

Students will assess their own needs and identify their academic, career, and/or personal goals.

- With guidance, develop and communicate plans to achieve their goals.
- Be self-directed learners who learn independently and collaboratively in a diverse environment.

ACHIEVE SKILLS

Using a variety of methods, technology, and resources, students will acquire knowledge and skills.

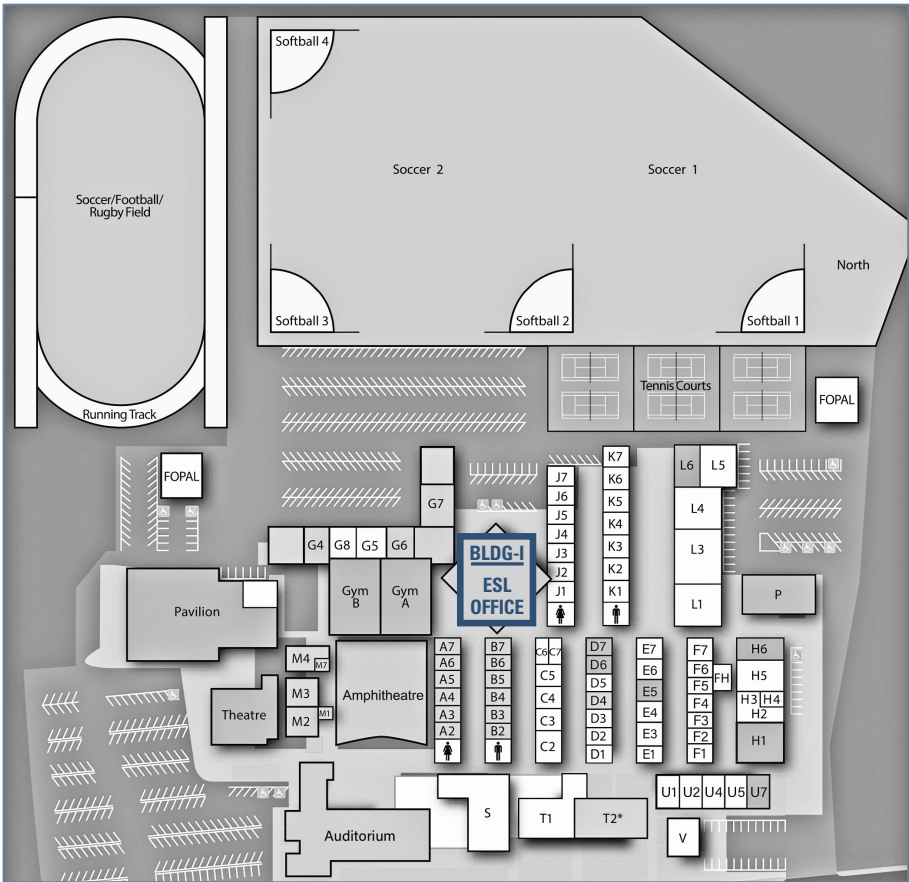
- Develop and apply critical thinking skills.
- Obtain academic and career skills for life and workforce readiness.

DEMONSTRATE LEARNING

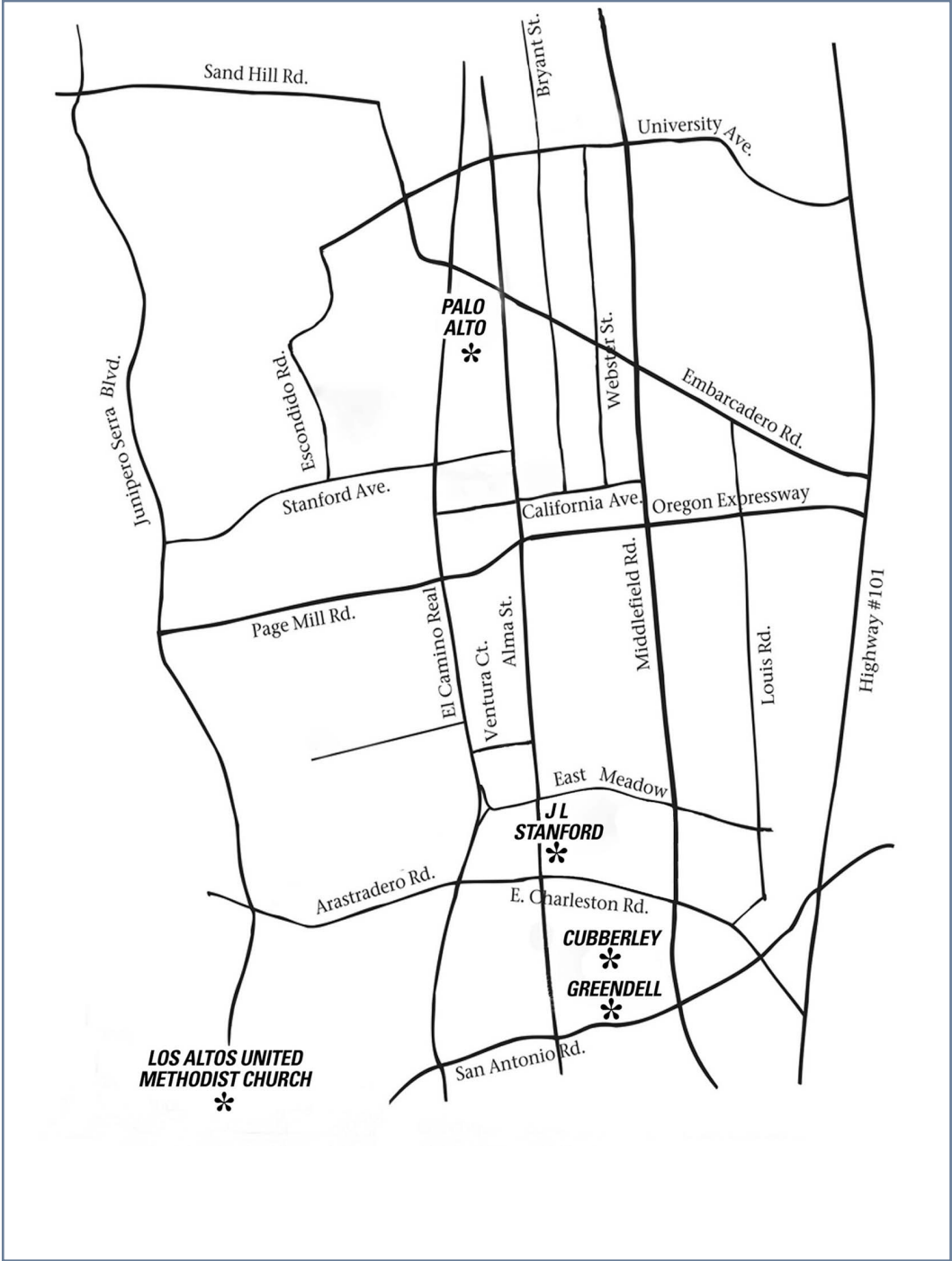
Students will apply their acquired core knowledge and skills appropriate to their goals.

- Advance to post-secondary education or training.
- Contribute to personal enrichment and the community.
- Demonstrate 21st century skills including critical thinking, communication, collaboration, and creativity.

CUBBERLEY COMMUNITY CENTER — ADULT SCHOOL CLASS LOCATIONS



PALO ALTO ADULT SCHOOL LOCATIONS



PALO ALTO
Palo Alto High School
50 Embarcadero Road

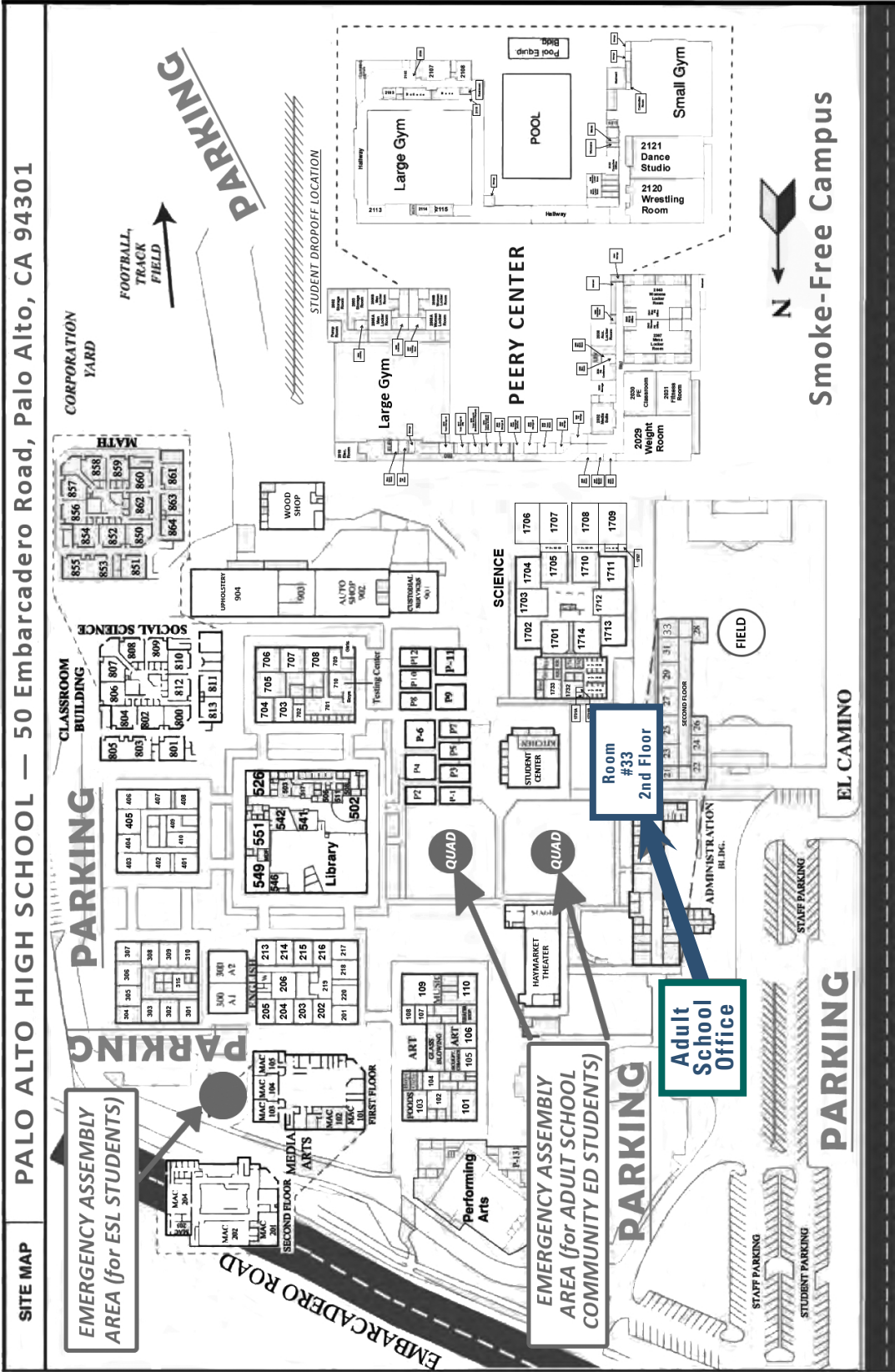
CUBBERLEY
Cubberley Community Center
4000 Middlefield Road

GREENDELL
Greendell School
4120 Middlefield Road

J. L. STANFORD
J.L. Stanford Middle School
480 E. Meadow Drive

**LOS ALTOS UNITED
METHODIST CHURCH**
655 Magdalena Avenue, Los Altos

PALO ALTO ADULT SCHOOL CLASS LOCATIONS



ADMINISTRATIVE POLICIES

POLICIES AND PROCEDURES

Palo Alto Adult School follows the Policies and Procedures adopted by the Palo Alto Board of Education. These can be found at: <https://www.pausd.org/about-us/policies-procedures/board-policies>. These policies support the Education Code of the State of California.

NON DISCRIMINATION

BP 0400: The Board shall provide equal opportunities in all areas and assure that there will be no discrimination against any person on the grounds of race, religion, age, sex, national origin, color, disability, political belief, sexual orientation, marital status, or veteran's status.

ACADEMIC REGULATIONS

BP 5131: The Board of Education believes that all students have the right to be educated in a positive learning environment free from disruptions. Students shall be expected to exhibit appropriate conduct that does not infringe upon the rights of others or interfere with the school program while on school grounds, while going to or coming from school, while at school activities, and while on district transportation.

Conduct is considered appropriate when students are diligent in study, careful with school property, courteous, and respectful toward their teachers, other staff, students, and volunteers. Prohibited student conduct includes, but is not limited to:

- Conduct that endangers students, staff, or others.
- Conduct that disrupts the orderly classroom or school environment.
- Harassment of students or staff.
- Damage to or theft of property belonging to students, staff, or the district.
- Use of profane, vulgar, or abusive language.
- Plagiarism or dishonesty in school work or on tests.
- Possession, use, or being under the influence of tobacco, alcohol, or other prohibited drug in violation of school rules.

Students who violate district or school rules and regulations may be subject to discipline including, but not limited to, suspension, expulsion, transfer to alternative programs, or denial of participation in extracurricular or cocurricular activities in accordance with Board policy and administrative regulation. The Superintendent or designee shall notify local law enforcement as appropriate.

STUDENT RECORDS

BP 5125: At each school, the principal or a certificated designee shall act as custodian of records for students enrolled at that school. The custodian of records shall be responsible for implementing Board policy and administrative regulation regarding student records.

School Policy: Adult student records can be released following a written request by the student to the adult school office. Records are released to other parties with the student's permission.

ELIGIBILITY

All persons over the age of 18 are eligible for all Adult School classes with no residency restrictions.

REGISTRATION INFORMATION

- Please register early since classes that do not have sufficient enrollment are cancelled.
- Registration begins at 8 a.m. online (PAAAdultSchool.org), or in-person at the Adult School Main Office.
- Once classes fill, students have the option of being put on the waitlist.
- The Adult School subscribes to a one person/one registration policy meaning students can only register for themselves.

REFUND POLICY

Refund of fees will only be given if requested at least 72 hours before the first class meeting. There is a \$15 fee for cancellations. A complete refund will always be made if we cancel a class. Please choose your classes carefully.

- We are sorry we cannot accept medical, business travel or other reasons.
- Refunds will be given automatically if the Adult School cancels a class.
- Deposits and tuition for parent education classes are entirely non-refundable.
- Textbooks are not returnable.

A CERTIFICATE OF COMPLETION

To receive a certificate of hours attended, please submit a request on our website: paadultschool.org.

TOBACCO-FREE SCHOOL DISTRICT PROPERTY

Smoking and the use of tobacco products by all persons is prohibited on Palo Alto Unified School District property and at district-sponsored events.

SEXUAL HARASSMENT POLICY

It is the policy of the Palo Alto Unified School District to provide a school environment free from all forms of harassment, including sexual harassment, and to maintain an environment in which all students and staff model this behavior and are treated with dignity and respect. Please see the district website for complete information: <https://www.pausd.org/about-us/policies-procedures/title-ix-office>.

UNIFORM COMPLAINT PROCEDURES

The Palo Alto Unified School District maintains a uniform complaint procedure. Please visit the district website for complete information at <https://www.pausd.org/about-us/policies-procedures/formal-complaint-procedures>.

*Palo Alto Adult School classes are open to all—residents & non-residents.
We look forward to seeing you in class!*

CONSORTIUM PARTNERSHIP

North Santa Clara County Consortium for Adult Education

The Palo Alto Adult School is a member of the North Santa Clara County Consortium for Adult Education (NSCCC), a collaboration between the Foothill-De Anza College District (FHDA), Palo Alto Unified School District Adult School (PAUSD), Fremont Union High School District Adult School (FUHSD), and the Mountain View Los Altos Union High School District Adult School (MVLA). The consortium serves the communities of Cupertino, Los Altos, Los Altos Hills, Mountain View, Palo Alto, and Sunnyvale, as well as portions of San Jose. Its mission is to coordinate and align programs, create linkages, and develop regional plans to better serve the educational needs of adults in the region.

Meet the members of our consortium:

- Palo Alto Adult School: paadultschool.org
- Mountain View Los Altos Adult School: mvla.net
- FUHSD Adult School Sunnyvale-Cupertino: fuhstadultschool.com
- De Anza College: deanza.edu
- Foothill College: foothill.edu

Find out more about NSCCC at nscadulted.com.



CONTACT INFORMATION

2025 PAUSD BOARD OF EDUCATION

Shana Segal President (650) 329-3700 ssegal@pausd.org	Shounak Dharap Vice President (650) 575-6485 sdharap@pausd.org	Rowena Chiu Board Member rchiu@pausd.org	Alison Kamhi Board Member akamhi@pausd.org	Josh Salcman Board Member jsalcman@pausd.org
--	--	---	--	--

DISTRICT ADMINISTRATION

Don Austin Superintendent (650) 329-3983 daustin@pausd.org	Jim Sherman Principal, Adult School (650) 329-3752 jsherman@pausd.org	Lynn Tanner ESL Program Manager (650) 494-2326 ltanner@pausd.org	Guillermo Lopez Associate Superintendent (650) 329-3717 glopez@pausd.org	Judy Argumedo Early Childhood Administrator (650) 856-0833 jargumedo@pausd.org
--	--	--	---	--

COMMUNITY PARTNER



Our Community Partner this quarter is

NEIGHBORS ABROAD

Neighbors Abroad is Palo Alto's Sister City organization. We build lasting connections between Palo Alto and communities around the world through friendship, cultural exchange, sustainability initiatives, and shared learning.

WEBSITE // www.neighborsabroad.org
EMAIL // info@neighborsabroad.org

5

WAYS TO REGISTER

PHONE	(650) 329-3752
EMAIL	adultschool@pausd.org
WEBSITE	PAAAdultSchool.org
MAIL/WALK-IN	Palo Alto Adult School, 50 Embarcadero Road, Palo Alto, CA 94301

RECEIPTS/CONFIRMATIONS

Please call if you need a receipt or a confirmation:
(650) 329-3752. You will be notified if a class is cancelled.

REFUNDS

Refunds are given up to 72 hours before the first class meeting. There is a \$15 fee for cancellation. A complete refund will always be made if we cancel a class. Textbooks are not returnable.

NEED HELP? CALL (650) 329-3752

REGISTER EARLY

Register today to secure your place in our most popular classes. If minimum enrollments are not met, classes will be canceled and a full refund will be processed.

OFFICE HOURS

PALY: Mon-Thu 8 a.m.-9:30 p.m.; Fri 8 a.m.-4 p.m.
CUBBERLEY: Mon.-Thu 8:30 a.m.-4 p.m.;
Fri 8:30 a.m.-2 p.m.
HOLIDAYS (No Classes): Jan 19 & Feb 16

WINTER REGISTRATION BEGINS DECEMBER 5, 2025

This schedule is valid through March 20, 2026. Additional information, materials lists and schedule changes are posted on our website at PAAAdultSchool.org.



REGISTRATION FORM

PALO ALTO ADULT SCHOOL

Palo Alto Unified School District
50 Embarcadero Road
Palo Alto, CA 94301

Year: 2026

Quarter: ☒ Winter ☐ Spring
☐ Summer ☐ Fall

Registration Date: _____

Name: _____
(Last) (First) (Middle)

Address: _____
(Street Number) (Street Name) (Apt.) (City) (State) (Zip Code)

Home Phone: _____ Work Phone: _____

Cell Phone: _____ Email Address: _____

Start Date: _____ ☐ New Student ☐ Returning Student Date of Birth: _____ ☐ M ☐ F

Class Name	M	T	W	Th	F	S	Instructor	Time	Location	Fee

Type of Payment: ☐ Check ☐ Cash ☐ Visa ☐ MasterCard ☐ No Fee

Credit Card Number: _____ Expiration Date: _____

How did you find out about this class? _____

Register Online at PAAAdultSchool.org or print and mail this form.

PALO ALTO



ADULT SCHOOL

PALO ALTO ADULT SCHOOL

Palo Alto Unified School District
50 Embarcadero Road
Palo Alto, CA 94301



SCAN TO
REGISTER ONLINE

ALL RESIDENTS AND NON-RESIDENTS WELCOME!



Education is for life

