



PALO ALTO ADULT SCHOOL

2026 SPRING QUARTER SCHEDULE

REGISTRATION BEGINS FEBRUARY 20, 2026



PAAAdultSchool.org / 650-329-3752



DEAR COMMUNITY MEMBERS:

This spring, we are excited to expand our community interest offerings. By popular demand, we've added a vibrant selection of new Art and Cooking classes -- from Hawaiian Lei Making and Ceramic Handbuilding, to international cuisines like Homemade Italian Gnocchi and Spanish Shrimp Paella -- perfect for sparking your creativity or sharpening your culinary skills.

Beyond the kitchen and the studio, the spring program includes some interesting and practical new offerings:

- **Guitar** - Serenading your family and friends? Let instructor Carlo prepare you!
- **Thai for Travelers** - Ordering Tom Yum Goong on your summer trip to Thailand? Instructor Niramol will help you make sure your order is perfect!

Avenidas Chinese Community Center is our new Community Partner. This multicultural organization shares our commitment to encourage cultural sensitivity through education and community engagement.

Registration is now open! Take a look through the catalog and find the path that is right for you. We can't wait to see you in class!



Jim Sherman
Principal

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2026 SPRING CALENDAR

REGISTRATION FOR SPRING QUARTER BEGINS // FEBRUARY 20, 2026

SPRING QUARTER // MARCH 23-JUNE 5

HOLIDAYS // APRIL 6-10, MAY 25

STUDENT SHOWCASE

Instructors' love of sewing was inspiring!



“In my **Sewing** class, I learned new techniques for hemming my clothes that I hadn't tried before. For example, I practiced a new method, *Sashiko*, which I read about but didn't know how to implement. It was very helpful to have access to the various supplies — I loved the fabric cutter. The instructors' years of experience with sewing and their obvious love of it were inspiring.”

Lynna Kaplan

Occupational Therapist (retired)

ARTS AND CRAFTS

ACRYLIC PAINTING: BEGINNING & INTERMEDIATE

Instructor: Linda Papanicolaou, lpapanicolaou@pausd.org

Prerequisite: None

Express yourself and discover your artistic talents with acrylic paints in this inspiring class for all student levels. Study use of color, observation, composition, light and dark and traditional painting techniques. Please see website for supplies list.

9 wks / March 24–June 2 (No class April 7 & May 19)

Tuesday / 7–9 p.m.

Palo Alto HS Rm 101 / \$180

CERAMIC HANDBUILDING

Instructor: Victoria Buck, vbuck@pausd.org

Prerequisite: None

Explore the creative possibilities of clay in this beginner-friendly ceramics series. Learn to handbuild using coils, slabs, pinching, and slump molds, then add personality with underglaze, glaze, wax resist, and sgraffito. Ideal for creative exploration with midrange clay and electric kilns. No experience required; curiosity encouraged. There will be an \$80 materials fee payable to the instructor on the first day of class. See website for materials list to bring to the first class. *Limit 8 students.*

6 wks / March 19–April 30 (No class April 9)

Thursday / 6–9 p.m.

Palo Alto HS Rm 105 / \$180

CREATE A WREATH

Instructor: Sam Kauffman, samksongs@gmail.com

Prerequisite: None

Spring is in the air! Celebrate the season with a one-day workshop by making a one-of-a-kind wreath from Sam Kauffman's on-line shop — *Whimsy And*. You will create a wreath from natural materials that will celebrate spring. Sam has had a floral arranging business for over twenty years. Both natural and artificial materials will be available. There will be a \$15 materials fee payable to the instructor on the first day of class. *Limit 10 students.*

One Session / March 26

Thursday / 1–3:30 p.m.

Palo Alto HS Rm 30 / \$30

CREATIVE TABLE DECORATION IDEAS

Instructor: Sam Kauffman,

samksongs@gmail.com

Prerequisite: None

Have you ever wondered what to do with your dining room table for the seasons, birthdays, or family special occasions? Come discover some innovative ideas for table decorations to spruce up your seasonal decorations with floral designer Sam Kauffman. Sam has had a floral arranging business for over twenty years. Both natural and artificial materials will be available. There will be a \$15 materials fee payable to the instructor on the first day of class. *Limit 10 students.*

One Session / April 16

Thursday / 1–3:30 p.m.

Palo Alto HS Rm 30 / \$30

DRAWING AND WATERCOLOR WITHOUT INHIBITION

Instructor: Ferenc Besze, fbesze@pausd.org,

<http://besze.com>

Prerequisite: None



In this class we are focusing on having fun without inhibition! Some of the things we will cover in class include: learning about proportion and perspective, creating 3D effect, developing observation skills, and making compositional studies using a variety of subjects in dry and wet mediums.

SECTION A (Online)

10 wks / March 25–June 3 (No class April 8)

Wednesday / 6:30–8:30 p.m.

Live Online / \$200

SECTION B (In-Person)

10 wks / March 26–June 11 (No class April 9 & June 4)

Thursday / 6:30–9 p.m.

Palo Alto HS Rm 101 / \$250

ARTS & CRAFTS

FLORAL EXPRESSION

—IKEBANA SOGETSU (Section A)

Instructor: Virginia Tsai, vtsai791@gmail.com

Prerequisite: None



Discover and explore the joy of Ikebana, the Japanese art of flower arranging. This course explores the core principles and techniques for achieving harmony, balance and minimalism. Developing an ability to express your point of view while creating a unique arrangement of

your own. Advanced students are encouraged to explore and choose your own containers. Discover how different containers can transform your arrangements. Beginning students should follow the instructions on the materials being used in the classes. There will be a \$250 materials fee payable to the instructor at the first class meeting.

10 wks / March 24–June 2 (*No class April 7*)

Tuesday / 1–4 p.m.

Palo Alto HS Rm 30 / \$300

FLORAL EXPRESSION

—IKEBANA SOGETSU (Section B)

Instructor: Yvonne Ip, Cyp888@gmail.com

Prerequisite: None

Learn the art of Ikebana, the Japanese style of flower arranging. This course introduces the basic principles and techniques that focus on harmony, balance, and simplicity. With a mix of easy-to-follow instruction and hands-on practice, you'll create your own floral arrangements that are beautiful, expressive, and meaningful. A \$175 materials fee is payable to the instructor at the first class meeting.

7 wks / April 14–June 2 (*No class May 19*)

Tuesday / 6–9 p.m.

Palo Alto HS Rm 1701 / \$210

GLASSBLOWING WORKSHOP

Instructors: Palo Alto HS Fiery Arts Staff

Prerequisite: None



Join us for an evening session of glassblowing at Paly's Fiery Art's program. This is a hands-on class for beginners that will focus on making a glass flower and paperweight. Wear non-synthetic

clothing, a long sleeve shirt, and closed-toed shoes. Don't forget your water bottle! *Limit 4 students each session.*

One Session / See Dates Below

Thursday / 6–9 p.m.

Palo Alto HS Rm 105 / \$250 per session

- **March 26**
- **April 23**
- **May 21**

NEW

HAWAIIAN

LEI MAKING WORKSHOP

Instructor: Carly Kajiwarra,

carly.kajiwarra@gmail.com

Prerequisite: None



Aloha kākou! This workshop focuses on the Native Hawaiian practice of lei-making. Lei has long been a tradition of expressing aloha, community, celebration, and religion. Today,

lei are often used to celebrate birthdays, weddings, graduations, and many other accomplishments. Lei are also frequently used in hula and other cultural practices. There will be a \$35 materials fee payable to the instructor on the first day of class.

One Session / April 27

Monday / 6:30–8:30 p.m.

Palo Alto HS Rm 101 / \$30

KNITTING

Instructor: Paola Trombetta, ptrombetta@pausd.org

Prerequisite: None

Knitters of all abilities are welcome! Learn basic and advanced skills in this fun and collaborative knitting workshop. Beginners learn to read pattern books, and/or design and create their own knitted garment and gifts. Advanced knitters, master your techniques and bring projects you are currently working on.

Materials to bring to class: Bring a ball of yarn and knitting needles to the first class.

8 wks / March 25–May 20 (*No class April 8*)

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Rm 1707 / \$160

LEARN TO CROCHET

Instructor: Paola Trombetta, ptrombetta@pausd.org

Prerequisite: None

Learn to chain, single and double crochet, create tri-dimensional forms, and read patterns. This class will work for you regardless of your skill level and you will enjoy it! *Materials to bring to class:* 1 ball of worsted weight yarn plus a size 'H' crochet hook.

8 wks / March 25–May 20 (*No class April 8*)

Wednesday / 5:30–6:30 p.m.

Palo Alto HS Rm 1707 / \$80

Your Voice Matters!

Help improve Adult School programs by taking a short student survey.

WE WANT YOUR FEEDBACK

- Short 3-minute survey
- Your feedback will help shape future classes

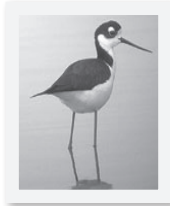
Go to PAAAdultSchool.org for the survey link!

BIRDING & NATURE

WEST COAST BIRDING (*Online & In-Person*)

Instructor: Scott Smithson, wsmithson@pausd.org

Prerequisite: None



The primary goal of this birding class is to develop birding skills through bird identification by sight and sound. During our weekly online Zoom meetings, we will focus on sharing local bird sightings, slides of Bay Area birds, ID quizzes, and discussion of field trips. There will be 3 in-person

weekend field trips offered to local Bay Area birding spots so we can practice what we have learned in the field! Field trip dates TBD. Textbook: Any North America or Western North America bird field guide (*Sibley's Guide* is a great one).

7 wks / April 14–May 26

Tuesday / 7–8:30 p.m.

Live Online / \$160

NATURE SCIENCE HIKES

Instructors: Environmental Volunteers,
communityprograms@evols.org

Prerequisite: None

Join some of Environmental Volunteers most knowledgeable nature-science educators on three explorations of local open spaces throughout the spring season. Each two-hour hike will be at a different location, with a different trained guide, and each will focus on learning about a different environmental topic. The pace of the hikes will be easy, with semi-frequent stops to discuss subjects. Distance traveled may vary but expect between 1 – 3 miles. *Limit 12 students.*

Three Sessions / See Dates Below

Saturday / 10 a.m.–12 noon

Various Locations / \$60

- **March 28:** Windy Hill Open Space Preserve
- **April 18:** Foothills Park
- **May 16:** Palo Alto Baylands Nature Preserve

CAREER TRAINING

DISCOVER VOICE-OVERS

Instructor: Lisa Foster, liveclass@suchavoice.com

Prerequisite: None

Unlock the power of your voice! Join our dynamic webinar to discover a unique, lucrative path into voice acting for commercials, films, and beyond. Master the art of voice-overs and take control of your creative career with expert online instruction and a personalized 1-on-1 script read.

One Session / April 29

Wednesday / 6:30–8:30 p.m.

Live Online / \$50

VOCATIONAL INTERNSHIP CLASS

Instructor: Toshiro Lang

Prerequisite: Application and interview required



Classroom component to vocational internships concentrating on developing transferable job skills. This course emphasizes the importance of interpersonal dynamics in the workplace,

and the value of obtaining competitive employment.

In-person instruction accommodates all learners with the motivation to become independent and successful. *Must call (650) 329-3752 for more information and to register for the program.*

ONGOING / September–June

Monday–Thursday / 8–9:15 a.m.

Lucille Packard Children's Hospital (LPCH) / No Fee *

WORK READINESS (Job Coach)

LEARN NEW SKILLS FOR GETTING A JOB *

Instructor: Kathilynn Lehmer, klehmer@pausd.org

Learn new strategies for getting a job! Prepare a powerful resume and cover letter, create and optimize a LinkedIn profile, use CHATGPT effectively to enhance the job search process, learn new job hunting strategies, participate in mock interviews—and more! There is no fee and the course is open-entry start anytime. For more information, and to find out how to register, send an email to Kathilynn Lehmer at klehmer@pausd.org.



CAREER TRAINING: ADVANCED CERTIFICATE PROGRAMS (Online/Recorded)

ADVANCED CAREER TRAINING COURSES TO PREPARE YOU FOR CERTIFICATION

Our career training courses can start you on a path to an in-demand profession or help advance your current career with industry certification. You may begin these courses at any time, and learn at your own pace.

For details, please visit careertraining.paadultschool.org.

COURSE CATEGORIES:

- Arts and Design
- Business
- Computer Applications
- Computer Science
- Construction and Trades
- Health and Fitness
- Hospitality
- Information Technology
- Language
- Legal
- Teacher Professional Development
- Writing

COURSE FEATURES:

- 24/7 Course access
- Books and materials included
- Certificate of Completion
- Student Advisors included
- Industry recognized certifications

POPULAR COURSES INCLUDE:

- **Certified Administrative Professional with Microsoft Office Specialist (MOS) Associate**
(Exam Vouchers Included)
- **Certified Clinical Medical Assistant (CCMA)**
(Exam Voucher Included)
- **Medical Billing and Coding**
(Voucher Included)
- **Accounts Payable Specialist Certification**
(Exam Voucher Included)
- **CompTIA Certification Training: A+, Network+, Security+**
(Exam Vouchers Included)
- **Freight Broker/Agent Training**
- **NASM Certified Personal Trainer and Exam Preparation**
(Exam Voucher Included)
- **Certified Paralegal**
(Exam Voucher Included)
- **Pharmacy Technician**
(Exam Voucher Included)

CERTIFIED ADMINISTRATIVE PROFESSIONAL WITH MICROSOFT OFFICE SPECIALIST (MOS) ASSOCIATE (GES2048) (Vouchers Included)

Instructors: *ed2go Instructors*

Prerequisite: None

Train for a career as an administrative assistant and master the Microsoft Office suite. This course bundle will prepare you for the Certified Administrative Professional exam (CAP) exam and the Microsoft Office Specialist (MOS) Associate certification. For pricing, details, registration, visit careertraining.paadultschool.org.

12 Months / 345 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

CERTIFIED CLINICAL MEDICAL ASSISTANT (CCMA) (GES180) (Voucher Included)

Instructors: *ed2go Instructors*

Prerequisite: None

Because employers recognize that certified medical assistants deliver greater value, completing the course will help you to be well-prepared to find your place in this rewarding healthcare career. You will also be able to sit for the Certified Clinical Medical Assistant (CCMA) exam through the National Healthcareer Association (NHA). For pricing, details, registration, visit careertraining.paadultschool.org.

12 Months / 540 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

CAREER TRAINING: ADVANCED CERTIFICATE PROGRAMS

ACCOUNTS PAYABLE MANAGER CERTIFICATION / GES2075

Instructor: ed2go Instructor

Prerequisite: None

If you want to advance your career within an accounts payable department, you need to become a certified Accounts Payable Manager (APM). This 100% online training course will prepare you for the APM certification exam in just three months. For pricing, details, registration, visit careertraining.paadultschool.org.

3 Months / 30 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

CAREER COUNSELOR / GES2039

Instructor: ed2go Instructor

Prerequisite: None

In this 100% online course, you will learn to help others map out and follow their chosen career journeys. Key topics include the stages of career development, fundamentals of career planning, and working with diverse audiences. For pricing, details, registration, visit careertraining.paadultschool.org.

6 Months / 100 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

CERTIFIED PHYSICAL THERAPY AIDE / GES189

Instructor: ed2go Instructor

Prerequisite: None

This 100% online course will teach you the concepts, skills and practices to become a certified physical therapy aide. Upon successful completion, you will be eligible to take the American Medical Certification Association's (AMCA) Physical Therapy Technician/Aide certification exam. For pricing, details, registration, visit careertraining.paadultschool.org.

9 Months / 202 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

FREIGHT BROKER AGENT TRAINING / GES703

Instructor: ed2go Instructor

Prerequisite: None

Gain the skills needed to build a successful freight brokerage or freight brokerage agency—100% online. Learn key freight fundamentals for future success, such as the laws and terminology, and much more! For pricing, details, registration, visit careertraining.paadultschool.org.

6 Months / 100 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

HVAC/R CERTIFIED TECHNICIAN / GES793

Instructor: ed2go Instructor

Prerequisite: None

This 100% online course will prepare you to earn NATE or HVAC Excellence certification in under 12 months! You will master core skills like accurate measurement and conversions, heat carrying capacity, condensation and vaporization, and air weight and value. For pricing, details, registration, visit careertraining.paadultschool.org.

12 Months / 330 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

MICROSOFT EXCEL CERTIFICATION TRAINING / GES896

Instructor: ed2go Instructor

Prerequisite: None

Becoming a certified Microsoft Office Specialist (MOS) Expert demonstrates your mastery of Microsoft Office products. This course prepares you for the Microsoft Office Specialist Expert certification exam for Microsoft Excel. For pricing, details, registration, visit careertraining.paadultschool.org.

6 Months / 70 Course Hours

Start Anytime (Self Paced)

ed2go Online/Recorded

CITIZENSHIP

CITIZENSHIP (*Open Enrollment*)

Instructor: Sandy Cutshall, scutshall@pausd.org

Prerequisite: Intermediate to advanced English language learners

NEW! Do you know about the latest version of the U.S. Citizenship interview? Anyone sending their application after October 20, 2025 will need to understand the changes announced by the U.S. government in September 2025. Learn everything you need in this course! You will prepare for all aspects of the current interview, including the government and history questions (civics test), questions about the N-400 application (speaking test), and the reading and writing tests. The class is taught at an intermediate level and is designed for lawful permanent residents who will be applying for U.S. citizenship within the next year. It is open enrollment and new students are welcome to start any time.

6 wks / April 14–May 19

Tuesday / 1–4 p.m.

Live Online / No Fee *

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* Partially or fully state-funded

COMPUTER SKILLS

ARTIFICIAL INTELLIGENCE (AI) TOOL FOR BEGINNERS WORKSHOP

Instructor: Kumaresan Manickavelu,
kmanickavelu@pausd.org

*Prerequisite: Basic understanding of computers, including
browsing, email, & docs*



Unleash the power of AI! Dive into the world of artificial intelligence and discover practical tools for everyday problem-solving. From writing

and image generation to research and automation, this workshop empowers beginners to explore AI's potential and transform their workflows. *No experience needed!* Bring your laptop to class.

One Session / See Dates Below

Monday / 6:30–8:30 p.m.

Palo Alto HS Rm 30 / \$45 per session

- April 13
- May 4
- June 1

PYTHON FOR EVERYONE: CODING

Instructor: Avnit Bambah, abambah@google.com

Prerequisite: None

Embark on an exciting journey into the world of programming with our *Python for Everyone* course. Designed for absolute beginners, this comprehensive course will guide you through the fundamentals of Python, one of the most popular and versatile programming languages in the world. Python installation instructions will be sent to students before the first class. Bring your laptop to every class. *Join us and discover the power of Python!*

8 wks / March 25–May 20 (No class April 8)

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Rm 31 / \$160

"In Kumar's **AI Tools for Everyone** class, I learned new applications of AI tools. I will apply these AI tools to my writing, reading, and image generation."

George Zdasiuk
Chief Technology Officer (retired)

COOKING: LEARN HOW TO COOK IN JUST ONE NIGHT!

BAKES EVERYONE CAN SAY 'YES' TO

Instructor: Julie Shanson
julie@findjoyinfood.com,
www.findjoyinfood.com

Prerequisite: None

Create beautiful treats the whole family and extended family will love. Learn substitutions that work to make delicious baked goods that meet your dairy free, egg free and vegan needs along with modifications to avoid soy or nuts or any other allergens. We'll also make a salad dressing and snack on crudites. Bring a pan to bake your cinnamon rolls at home. Bring tupperware/glassware for leftovers. See website for complete menu.

One Session / March 24

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65

BELGIAN CHOCOLATES GALORE!

Will return Fall 2026

BRAZILIAN ARTISAN PIZZA FESTIVAL

Instructor: Vanessa Palhares Montes,
vpalharesmontes@pausd.org

Prerequisite: None

Learn, cook, and taste Artisan pizza! Discover the joy of crafting delicious pizzas from scratch. Join our hands-on artisan pizza workshop, where you will master 3 unique and mouthwatering recipes, perfect for sharing with friends and family. You will make a classic Margherita, Pesto Chicken and Vegetarian Delight pizzas in class to take home and enjoy!

One Session / June 2

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65

EASY VEGETARIAN DINNERS FROM YOUR OVEN

Instructor: Julie Shanson
julie@findjoyinfood.com, www.findjoyinfood.com

Prerequisite: None

Learn to make vegan meals the whole family will love. We'll also make a salad dressing and snack on crudites. Please bring containers for leftovers. See website for complete menu.

One Session / April 21

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65

GLUTEN-FREE VEGETABLE LASAGNA FROM SCRATCH!

Instructor: Vanessa Palhares Montes,
vpalharesmontes@pausd.org

Prerequisite: None

Each class emphasizes hands-on participation, professional kitchen techniques, and full from-scratch preparation. The curriculum balances technical skill-building with approachable, well-structured recipes. Menu: Gluten-Free Vegetable Lasagna Using Zucchini Sheets, Homemade Tomato Sauce, and Creamy Vegetable Filling with Fresh Herbs and Cheese.

One Session / May 26

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65

COOKING: LEARN HOW TO COOK IN JUST ONE NIGHT!

GREEN OAXACA

Instructor: Francisco Chavarria, fchavarria@pausd.org

Prerequisite: None

Chef Francisco will teach you how to make delicious Oaxacan vegetarian dishes. You will make Sopa de Guías, a flavorful soup made with squash sprouts and Quesadilla de Flor de Calabaza con huitlacoche, a savory quesadilla made with squash blossoms and Mexican truffles.

One Session / April 20

Monday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65

HANDMADE GNOCCHI WITH FOUR-CHEESE SAUCE

Instructor: Vanessa Palhares Montes,

vpalharesmontes@pausd.org

Prerequisite: None

This class emphasizes hands-on participation, professional kitchen techniques, and full from-scratch preparation. The curriculum balances technical skill-building with approachable, well-structured recipes. *Menu:* Handmade Potato Gnocchi, Four-Cheese Cream Sauce, Kale Salad with Olive Oil–Confit Cherry Tomatoes.

One Session / April 14

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65

INDIAN COOKING WITH JONAKE

Instructor: Jonake Bose, Jonakeandyuti@gmail.com

Prerequisite: None

Learn to cook your favorite Indian dishes in this hands-on class. We craft fresh spice blends that transform simple ingredients into authentic flavors. We cook together and then share the dishes we create—a warm, delicious way to experience the joy and community of Indian cooking.

One Session / See Dates Below

Thursday / 6:30–9 p.m.

Palo Alto HS Room 103 / \$65 per session

- **March 26:** Creamy Palak Paneer, Aloo Gobi and Naan
- **April 16:** Tangy Chole Masala, Vegetable Raita and Roti
- **April 30:** Zesty Fish Curry, Baingan Bharta and Jeera Rice

MUSHROOM RISOTTO AND PARMESAN EGGPLANT

Instructor: Vanessa Palhares Montes,

vpalharesmontes@pausd.org

Prerequisite: None

Each class emphasizes hands-on participation, professional kitchen techniques, and full from-scratch preparation. The curriculum balances technical skill-building with approachable, well-structured recipes. *Menu:* Creamy Mushroom Risotto with Arborio Rice and Parmesan Finish, *and more!* See website for full menu.

One Session / April 28

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65

POTLUCK HITS:

DISHES EVERYONE WILL LOVE

Instructor: Julie Shanson

julie@findjoyinfood.com, www.findjoyinfood.com

Prerequisite: None

Be a hit at your next gathering with a potluck dish everyone loves. We'll make veggie enchilada casserole with cheesy options, and more! All recipes are vegan and gluten free with allergen free options. Please email instructor prior to class with information about any allergies or ingredient insensitivities. Bring containers for leftovers. See website for complete menu.

One Session / March 31

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65

SPANISH-STYLE SHRIMP PAELLA

Instructor: Vanessa Palhares Montes,

vpalharesmontes@pausd.org

Prerequisite: None

Each class emphasizes hands-on participation, professional kitchen techniques, and full from-scratch preparation. The curriculum balances technical skill-building with approachable, well-structured recipes. *Menu:* Spanish-Style Shrimp Paella with Chorizo, Saffron Rice, and Seasonal Vegetables, Pear and Gorgonzola Salad with Toasted Nuts and House Vinaigrette.

One Session / May 12

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65

TRADITIONAL OAXACAN BREAKFAST

Instructor: Francisco Chavarria,

fchavarria@pausd.org

Prerequisite: None

You will learn how to make handmade tortillas, tetelas de frijol, memelas with Oaxacan Cheese and picadas de asiento. You will also make salsa the old school way, in a molcajete (Mexican mortar and pestle). You will make Chocolate de agua and cafe de Olla for your refreshments. *Enjoy the fruits of your labor with your fellow students and instructor!* Bring containers for leftovers.

One Session / May 18

Monday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65



ENGLISH AS A SECOND LANGUAGE (ESL)—IN-PERSON & LIVE ONLINE *(via ZOOM)*

SPRING 2026
March 16—May 22, 2026

NO CLASSES: April 6–10

***** There is a NO FEE POLICY (no cost for registration or books)
for all state-supported ESL classes *****

The Palo Alto Adult School ESL program offers many classes to help you meet your English learning goals. To enter our free classes, new students must register for a placement test. There is no childcare for the test or the classes.

Students must register first before taking a placement test

In-person registration only. No phone registration. No online registration.

Register to take the ESL (English) Placement Test

- Students must take the ESL Placement Test to join a class.
- When you register, you will choose a test date.
- Testing space is very limited.
- You must register in-person.

Enrollment Policies

- Students must be able to attend the full 9 weeks.
- There is no childcare.
- Students may repeat a class level one time with teacher and ESL Manager approval.
- Students must be 18+ years old to register.

REGISTRATION & TESTING

ESL PLACEMENT TEST REGISTRATION & TESTING

Our spring 2026 ESL classes are full.

***** We will resume placement testing in August 2026 for the Fall 2026 session. *****

Please check with us in mid-July for the exact testing dates.

If you have any placement test questions or need more information,
please send an email to Ms. Sripriya Kannan, Testing Manager: skannan@pausd.org.

Please check our website (paadultschool.org) mid-July for updated information.

CLASSES

SPRING SESSION ESL CLASSES *

March 16—May 22, 2026

(NO CLASSES: April 6–10)

No charge for ESL textbooks

***IN-PERSON* MORNING CLASSES (9:30 A.M.–12:30 P.M.)**

Cubberley Campus: Literacy through Advanced-Low levels (Monday–Thursday)

***ONLINE* MORNING CLASSES (3 meetings per week): 9–11 a.m. / Tuesday, Wednesday, & Thursday**

3 levels: Intermediate-Low; Intermediate-High; Advanced

***Students need to download and learn Zoom at <https://zoom.us/>*

***IN-PERSON* EVENING CLASSES (6:30–9:30 P.M.)**

Palo Alto High School: Literacy through Advanced-Low levels (Monday & Wednesday)

***IN-PERSON & ONLINE* ADDITIONAL SKILL-SPECIFIC CLASSES:** See *English Enrichment* classes pages 11

ENGLISH AS A SECOND LANGUAGE (ESL)

COLLEGE AND CAREER READINESS

ESL MEDICAL ENGLISH *

Prerequisite: For intermediate high and advanced English language learners. ESL test required.
Study Medical English in our in-person ESL Healthcare Foundation class about healthcare settings and medical vocabulary. This class prepares students for the next level *Medical Terminology* class, or for the CNA (*Certified Nursing Assistant*) program and other healthcare pathways at Mountain View Adult School.

***** ESL MEDICAL ENGLISH Will Return Fall 2026 *****

For more information, please email Lynn Tanner, ltanner@pausd.org

JOB SEARCH SKILLS FOR ESL STUDENTS (Non-native English Speakers) *

Prerequisite: For advanced English language learners
In this class, you will learn to complete a job application, write a basic resume, practice job interview skills, and more! Students enrolled in this class will also be working with Job Coach Kathlynn Lehmer as her clients for individualized job search coaching services through the *Palo Alto Adult Ed Work Readiness* course.

***** JOB SEARCH SKILLS FOR ESL STUDENTS Will Return Fall 2026 *****

For more information, please email Ms. Sripriya Kannan: skannan@pausd.org

ADDITIONAL CLASSES

LEAH *

Learn English at Home!

Prerequisite: For beginning high to advanced level English level learners.

If you have access to a computer and you want to learn English, *you can learn at home!* This is a good program if you cannot come to class regularly. In this program, you have free access to an online educational website. Students are required to study four (4) hours per week on the computer. Then students meet with the teacher for a half hour (30 minutes) each week. You can meet with the teacher on Zoom or in-person.

- Students must take an in-person placement test to register for the LEAH program.
- Students may start LEAH classes at any time.
- Please call 650-494-2326 to make an appointment for the placement test.

The Spring 2026 LEAH program begins on March 23, 2026.

For more information or to sign up for the class,
please call our adult school ESL office: (650) 494-2326.

¿Necesitas ayuda en español? Deje un mensaje al 650-494-2326.



ESL WRITING ACADEMY

SPRING 2026 ESL WRITING ACADEMY March 27–May 22, 2026

SPRING SESSION CLASSES

ESL WRITING ACADEMY — IN-PERSON

Write for life! Whether it's a simple email, a thank-you note, or a paragraph or report, our ESL Writing Academy classes will help you with content, organization, tone, and purpose.

The Academy offers two levels of classes — basics of sentence creation and paragraph development.

**** Writing Academy registration opens Tue., Mar. 17, 2026 at 8 a.m. ****

For more information, please call (650) 494-2326 or send an email to esl@pausd.org.

**** Required Orientation Meeting ****

Fri., Mar. 27, 2026 • 9:30 a.m. • Cubberley Campus, I Building, 1st flr

Register for the orientation meeting at <https://paadultschool.org/class/writing-academy>.

For more information, please call our ESL office at (650) 494-2326.

FUNDAMENTALS OF WRITING

FUNDAMENTALS OF WRITING I — INTRODUCTION TO PARAGRAPHS *

Instructor: Adult School Staff

Prerequisite: For students who are at the beginning-high to intermediate-high level ESL

Practice writing sentences and developing coherent paragraphs with the goal of writing about your own life experiences. Guidance will also be given on correct grammar and word choice.

8 wks / March 27–May 22 (No class April 10)

Friday / 9:30 a.m.–12 noon

Cubberley Campus I-Bldg 2nd Flr / No Fee *

FUNDAMENTALS OF WRITING II — WRITING PARAGRAPHS *

Instructor: Adult School Staff

Prerequisite: For students who are at the intermediate-high to advanced-low level ESL

Learn how to write well-developed and cohesive paragraphs. This class will focus on how to choose and organize content, connect ideas, and use supporting details to address a topic.

8 wks / March 27–May 22 (No class April 10)

Friday / 9:30 a.m.–12 noon

Cubberley Campus I-Bldg 2nd Flr / No Fee *

ENGLISH ENRICHMENT

ADVANCED LISTENING AND SPEAKING

Instructor: Simone Wojtowicz, swojtwicz@pausd.org

Prerequisite: For Advanced English language learners

Improve your listening and speaking skills while watching a variety of videos and reading short articles. Listening, speaking, conversation, reading, vocabulary development, pronunciation, and a greater understanding of American culture will be incorporated into each class. No textbook.

8 wks / March 26–May 21 (No class April 9)

Thursday / 9:30–11:30 a.m.

Cubberley Campus I-Bldg 2nd Flr / \$160

AMERICAN IDIOMS 101

Instructor: Simone Wojtowicz, swojtwicz@pausd.org

Prerequisite: Intermediate high to advanced English language learners

This class is ideal for students who want to develop their reading, listening, speaking, and writing skills while becoming familiar with many useful English expressions. Do you want to increase your vocabulary? Improve your TOEFL score? Use idioms in conversation? We will dissect the top 300 idioms used on the TOEFL test in addition to discussing metaphorical language. No textbook.

8 wks / March 24–May 19 (No class April 7)

Tuesday / 9:30–11:30 a.m.

Cubberley Campus I-Bldg 2nd Flr / \$160

FOCUS ON LISTENING AND SPEAKING FOR BEGINNING ESL STUDENTS

Instructor: Kira Zavala, kzavala@pausd.org

Prerequisite: For beginning English language learners

In this lively class, students will watch a video or listen to a recording to practice listening skills. Students will use conversational practice to build confidence in both listening and speaking in class and in everyday situations. Students will learn basic phrases and expressions, along with grammar and vocabulary building for conversing in real-life situations. Students can expect practice worksheets, small group activities and partner activities to help improve conversation skills.

SECTION A

6 wks / March 23–May 6 (No class April 6 & 8)

Monday & Wednesday / 1–2 p.m.

Cubberley Campus I-Bldg 2nd Flr / \$120

SECTION B

6 wks / March 27–May 8 (No class April 10)

Friday / 10 a.m.–12 p.m.

Cubberley Campus I-Bldg 2nd Flr / \$120

NEW

FOCUS ON PRONUNCIATION AND LISTENING

Instructor: Sue Stevick, sstevick@pausd.org

Prerequisite: High intermediate to advanced English language learners

Speak more clearly and confidently. Master the four most important features of English pronunciation: stress in words and sentences, intonation, rhythm, and linking. Improve your speaking and listening skills by participating in lively in-class conversations and discussions. The instructor will provide a written personalized evaluation of your pronunciation skills. Required textbook can be purchased in the Adult School office before the first class.

SECTION A

8 wks / March 24–May 19 (No class April 7)

Tuesday / 6:30–8:30 p.m.

Live Online / \$160

SECTION B

8 wks / March 27–May 22 (No class April 10)

Friday / 9:30–11:30 a.m.

Live Online / \$160

LET'S TALK!

Instructor: Sharon Gloster, seshel@pausd.org

Prerequisite: For advanced English language learners

Practice your conversation skills and build confidence in speaking English while meeting new people and learning about US culture and current events. This course will give you lots to talk about, including everyday news as well as several real-life topics (such as education, jobs, the stock market, health, etc.) based on student interests. Learning and practicing everyday expressions and vocabulary plus pronunciation, and grammar tips will improve your fluency.

7 wks / April 13–June 1 (No class May 25)

Monday / 9:30 a.m.–12:30 p.m.

Cubberley Campus I-Bldg 1st Flr / \$210

US HISTORY AND CULTURE

Instructor: Simone Wojtowicz, swojtwicz@pausd.org

Prerequisite: Intermediate high to advanced English language learners

This class is ideal for students who want to improve their English skills while becoming familiar with many interesting aspects of US history and culture. We address why Americans think and behave the way they do and the foundation for some of their attitudes and values such as the importance of competition and hard work. *Textbook:* Please email the instructor for the name of the required textbook.

8 wks / March 25–May 20 (No class April 8)

Wednesday / 9:30–11:30 a.m.

Cubberley Campus I-Bldg 2nd Flr / \$160

BE A VOLUNTEER ESL TUTOR
Help Someone Learn English

For information, please contact:
ESL Volunteer Tutor Program Manager,
Anjani Sarma: asarma@pausd.org

ENGLISH ENRICHMENT

WHAT'S NEW? READING, LISTENING, AND DISCUSSING NIGHTLY NEWS ON U.S. CULTURE

Instructors: Sharon Hampel, Ph.D., shampel@pausd.org

Prerequisite: For high intermediate or advanced English language learners

This advanced class will read and listen to National Public Radio news on U.S. culture. We will focus on education, health and fitness, high tech and the environment. We will choose one story per week and, with the help of listed vocabulary, discuss the who, what, where, when, why, and how of such stories such as *How a High School English Teacher Kept AI Out of the Classroom* and *How Improving Neighborhoods Improves Kids' Lives*.

8 wks / March 25–May 20 (No class April 8)

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Rm 216 / \$160

NEW

GENERAL INTEREST

CREATIVE WRITING FOR BEGINNERS

Instructor: Sam Kauffman, samksongs@gmail.com

Prerequisite: None

Always wanted to write? Everyone has a story. This class, taught by published author and poet, Sam Kauffman, will guide you through your first steps to achieve your goal of writing wonderful novels, short stories, memoirs, poetry, etc. using basic techniques, resources, tips and supportive class feedback. *Limit 7 students.*

8 wks / April 15–June 3

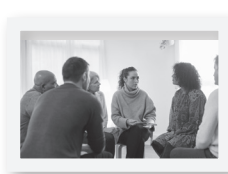
Wednesday / 10:15 a.m.–12:15 p.m.

Palo Alto HS Rm 31 / \$100

CREATIVE WRITING WORKSHOP

Instructor: Chana Feinstein, cfeinstein@pausd.org

Prerequisite: None



Share your work for positive group critiquing to produce more and make what you write more effective. Strengthen your writing technique through reading example of published

work, discussing weekly topics, and responding to others' work. All genres welcome! *Limit 12 students.*

10 wks / March 26–June 4 (No class April 9)

Thursday / 6–8:30 p.m.

Live Online / \$100

CREATIVE WRITING:

WRITERS MENTORING WRITERS

Instructor: Sam Kauffman, samksongs@gmail.com

Prerequisite: None

Learn to be a better writer! Share your ideas, feelings, and experiences with others. Express yourself through poetry, memoirs, short stories, essays, creative non-fiction or whatever you prefer. There will be time during class to write based on writing prompts. Class time is allotted for looking at writing basics such as metaphor, character development, plot development, foreshadowing and other techniques. *Limit 14 students.*

8 wks / April 15–June 3

Wednesday / 1–3:30 p.m.

Cubberley Campus I-Bldg 2nd Flr / \$100

GENEALOGY WORKSHOP

Instructor: Rachel Kellerman, rkellerman@pausd.org

Prerequisite: None

Whether you are a new or experienced genealogist, join our enthusiastic group and strive to complete your personal goals. Each class begins with a dedicated work period, followed by discussions on research methods, archiving, and storytelling. Presentations and handouts are always available if you miss a class.

8 wks / March 25–May 20 (No Class April 8)

Wednesday / 12:30–2:30 p.m.

Palo Alto HS Rm 31 / \$160

HEALTH & FITNESS

ABS AND BOOTY BUSTER

Instructors: Amy Chan, achan@pausd.org

Prerequisite: None

We guarantee you'll see results after one session with Amy! This class is designed to strengthen and tone your core, glutes, and back. This super effective 60-minute workout will transform your body and give you the quickest hour of perfectly paced exercise you've ever experienced. Come join the fun and leave feeling energized every time! Bring a yoga mat, 1-3 lbs weights, stretching band, and a water bottle.

10 wks / March 23–June 3 (No class April 6 & 8, & May 25)

Monday & Wednesday / 7:30–8:30 p.m.

Cubberley Campus I-Bldg 2nd Flr / \$200

AIKIDO

Instructor: Chris Kuszmaul, ckuszmaul@pausd.org

Prerequisite: None

The Japanese martial art of Aikido is a comprehensive system of throwing, joint locking, striking and pinning techniques that foster strength, flexibility, presence of mind, and cooperative movement. We practice improving awareness and work on conflict de-escalation within and around ourselves. Learn to relax in the face of stress, ground yourself during anxiety, and gain tools to move through the world with confidence.

10 wks / March 24–June 6 (No class April 7 & 9, May 19, & June 4)

Tuesday & Thursday / 6:30–8 p.m. & Saturday / 10–11 a.m.

Palo Alto HS Rm P11 / \$200

HEALTH & FITNESS

KARATE: SHITO-RYU

Instructor: Farbod Tabesh, ftabesh@pausd.org

Prerequisite: None

Karate is the way and art of life, built on discipline and respect. Through training, you gain self-defense, strength, confidence, and emotional control. It teaches mastery inside and out, overcoming weakness and temptation. Karate is not a sport, but a martial art guiding you toward the correct path. You must purchase a white karate gi (karate clothes) with a white belt before the first class meeting. Please contact the instructor to confirm the required outfit for class. See website for materials list.

Limit 16 students.

9 wks / March 27–May 29 (No class April 10)

Friday / 6:30–8 p.m.

Palo Alto HS Rm P11 / \$135

LINE DANCING

Instructor: Kent You, kent.you@gmail.com and Sandy Hsu

Prerequisite: None

Line dancing increases endurance and balance along with enhanced memory and awareness. Each class is choreographed by song and taught so the group is dancing in unison. Beginners are welcome. No partners needed.

8 wks / April 14–June 9 (No class May 19)

Tuesday / 7:30–8:30 p.m.

Palo Alto HS Dance Studio / \$80

"Line Dancing just makes me feel good. I move, use my brain, and meet like-minded people."

Laurie Vertelney
Apple Design Manager

MAT PILATES

Instructor: Golnaz Haghverdi, ghaghverdi@pausd.org

Prerequisite: None

Discover Mat Pilates! Strengthen your core, improve posture, and move with ease. Perfect for all levels. whether you're new to fitness or looking to deepen your practice. Build strength, flexibility, and balance, all on the mat. Join us and feel stronger, longer, and more aligned—inside and out.

SECTION A

10 wks / March 24–June 9 (No class April 7 & May 19)

Tuesday / 6–7:30 p.m.

Palo Alto HS Dance Studio / \$150

SECTION B

10 wks / March 25–June 3 (No class April 8)

Wednesday / 6:30–8 p.m.

Palo Alto HS Rm P11 / \$150

PERSIAN BELLY DANCING

Instructor: Afshaneh Pakdaman, sbap2255@proton.me

Prerequisite: None

Join us for a unique class that combines the grace of Egyptian-style belly dance with the elegance of Persian dance movements. We will focus on the fundamentals of posture, isolations, steps, and shimmies. Suitable for all levels! *Limit 18 students.*

8 wks / March 23–May 18 (No class April 6)

Monday / 6–7 p.m.

Palo Alto HS Rm P11 / \$80

PILATES: BEGINNING/INTERMEDIATE

Will return Fall 2026

TAI CHI: CHEN STYLE

Instructor: Lisette Yung, cyung@pausd.org

Prerequisite: None

Learn the traditional Chen Style first form (*Taijiquan*). Practice the continuous movements which helps develop balance, body coordination and strength and the understanding of basic Tai-Chi principles.

7 wks / April 22–June 3

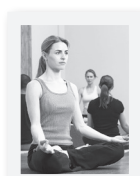
Wednesday / 7:30–8:45 p.m.

Palo Alto HS Dance Studio / \$88

YOGA AND MEDITATION

Instructor: Kamal Vilms, kvilms@pausd.org

Prerequisite: None



Gently stretch, relax, and energize your body with yoga poses that cultivate balance, inner awareness, and mobility and release muscle tension. Regular yoga practice can improve health in many ways from stress reduction to increased flexibility and improved breathing. Bring

a yoga mat. *Limit 12 students.*

8 wks / March 23–May 18 (No class April 6)

Monday / 5–6:30 p.m.

Palo Alto HS Rm P5 / \$120

ZUMBA

Instructor: Amy Chan, achan@pausd.org

Prerequisite: None

Learn different dance styles including Tango, Flamenco, Cha Cha Cha, Salsa, K-Pop, Bollywood, Belly Dancing and more! Zumba helps improve your balance, coordination, and memory. No partner required. Come join the party, make new friends, and bring a water bottle to class!

10 wks / March 23–June 3 (No class April 6–8 & May 25)

Monday & Wednesday / 6:30–7:30 p.m.

Cubberley Campus I-Bldg 2nd Flr / \$200

HOME & ENVIRONMENT

FLORAL EXPRESSION

—IKEBANA SOGETSU (Section A)

Instructor: Virginia Tsai, vtsai791@gmail.com

Prerequisite: None



Discover and explore the joy of Ikebana, the Japanese art of flower arranging. This course explores the core principles and techniques for achieving harmony, balance and minimalism. Developing an ability to express your point of view while creating a unique arrangement of

your own. Advanced students are encouraged to explore and choose your own containers. Discover how different containers can transform your arrangements. Beginning students should follow the instructions on the materials being used in the classes. There will be a \$250 materials fee payable to the instructor at the first class meeting.

10 wks / March 24–June 2 (No class April 7)

Tuesday / 1–4 p.m.

Palo Alto HS Rm 30 / \$300

FLORAL EXPRESSION

—IKEBANA SOGETSU (Section B)

Instructor: Yvonne Ip, Cyip888@gmail.com

Prerequisite: None

Learn the art of Ikebana, the Japanese style of flower arranging. This course introduces the basic principles and techniques that focus on harmony, balance, and simplicity. With a mix of easy-to-follow instruction and hands-on practice, you'll create your own floral arrangements that are beautiful, expressive, and meaningful. A \$175 materials fee is payable to the instructor at the first class meeting.

7 wks / April 14–June 2 (No class May 19)

Tuesday / 6–9 p.m.

Palo Alto HS Rm 1701 / \$210

GARDENING IN SPRING

Instructor: Sherri Bohan, sbohan@pausd.org

Prerequisite: None

Create a healthy garden by learning to use non-toxic methods for controlling pests and diseases as well as the best water-wise planting and mulching principles. Warm season planting will be one of many topics covered in class. You will also learn about organic plant nutrients, flavorful herbs and home vegetable gardening. Join this informative and enjoyable class with other garden loving beginners and lifelong green thumbs. Everyone is welcome in this class.

4 wks / April 22–May 13

Wednesday / 10 a.m.–12 noon

Live Online / \$60

NEW

NATURE SCIENCE HIKES

Instructors: Environmental Volunteers,
communityprograms@evols.org

Prerequisite: None

Join Environmental Volunteers nature-science educators on three explorations of local open spaces. Each two-hour hike will be at a different location, with a different trained guide, and each will focus on learning about a different environmental topic. The pace of the hikes will be easy, with semi-frequent stops to discuss subjects. Distance traveled may vary but expect between 1–3 miles. *Limit 12 students.*

3 wks / See Dates Below

Saturday / 10 a.m.–12 noon

Various Locations / \$60

- **March 28:** Windy Hill Open Space Preserve
- **April 18:** Foothills Park
- **May 16:** Palo Alto Baylands Nature Preserve

SEWING: BEGINNING GARMENT SEWING

Instructors: Sally-Ann Rudd, srudd@pausd.org,
and Maya Sen, msen@pausd.org

Prerequisite: None



We start with a basic project, then learn about working with patterns, and how to use a sewing machine. We will send out a supplies list and suggested beginner patterns

about 2 weeks before the class. No sewing machine or previous experience required. If you are an absolute beginner, this is the class for you! There will be a \$10 materials fee payable to the instructor on the first day of class. *Limit 20 students.*

SECTION A

8 wks / April 1–May 27 (No class April 8)

Wednesday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$240

SECTION B

8 wks / April 2–May 28 (No class April 9)

Thursday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$240

SEWING: HEMMING AND MENDING

Will return Fall 2026

Your Voice Matters!

Help improve Adult School programs by taking a short student survey.

WE WANT YOUR FEEDBACK

- Short 3-minute survey
- Your feedback will help shape future classes

Go to **PAAAdultSchool.org** for the survey link!

HOME & ENVIRONMENT

UPHOLSTERY: BASIC TECHNIQUES

Instructors: Isabelle Trainer, itrainer@pausd.org, Tracey Wyatt, twyatt@pausd.org, Pam Jaradeh, plaradeh@pausd.org, and Jodie Frerichs, jfrerichs@pausd.org

Prerequisite: None

Learn how to reupholster furniture from start to finish. This class focuses on the upholstery of traditional chairs and ottomans (no automotive or boat), and does not address wood frame restoration. Once registered, you will be asked to submit a photo of the project you would like to work on. All projects must be approved by the teachers to ensure we have the proper expertise to assist you. New students must complete a simple project such as an ottoman or dining seat before progressing onto more complicated projects. *Limit 23 students.*

NEW UPHOLSTERY STUDENTS: After registering, please contact the Adult School Office at (650) 329-3752 for class location and parking information.

SECTION A

10 wks / March 24–May 26 (Class during spring break–April 7)
Tuesday / 9 a.m.–1 p.m.
Palo Alto HS Rm 904 / \$450

SECTION B

10 wks / March 26–May 28 (Class during spring break–April 9)
Thursday / 9 a.m.–1 p.m.
Palo Alto HS Rm 904 / \$450

"The instructors were key to making the **Upholstery** class a success. They have so much hands-on talent."

Carolyn T.

MUSIC

GUITAR: BEGINNING

Instructor: Carlo Di Mello, carlo@carlodimelloguitar.com

Prerequisite: None.



Have you always wanted to play guitar but didn't know where to start? This class is for you! You will learn how to play basic chords and melodies on the guitar. We will cover basics such as different types of guitars, and how to tune the guitar. We will be playing individually and as a group. Expect

to learn fundamentals of music theory including rhythm and harmony. Please bring a guitar to class, acoustic guitar preferred. See website for class materials.

Limit 12 students.

8 wks / March 25–May 20 (No class April 8)
Wednesday / 6–7:30 p.m.
Palo Alto HS Rm 30 / \$120

GUITAR: INTERMEDIATE

Instructor: Carlo Di Mello, carlo@carlodimelloguitar.com

Prerequisite: Beginning Guitar or equivalent. Ability to play some chords, another instrument, or basic understanding of rhythms and musical notation.

This class is for those who can play some chords and would like to learn how to fingerpick the guitar. You will learn classical guitar techniques, how to read standard notation for the guitar as well as tablature. Some music theory will be discussed. This class is designed to give you the skills to continue studying on your own or with a teacher. Please bring an acoustic guitar to class, nylon string guitars are preferred. Textbook: *Aaron Schearer – Classical Guitar Technique – Vol1* (optional). See website for class materials. *Limit 12 students.*

8 wks / March 25–May 20 (No class April 8)
Wednesday / 7:30–9 p.m.
Palo Alto HS Rm 30 / \$120

MASTER SINFONIA CHAMBER ORCHESTRA

Instructor: David Ramadanoff, info@mastersinfonia.org, www.mastersinfonia.org

Prerequisite: Students must have advanced technical and music skills on an orchestral instrument.

Be part of one of the best chamber symphony orchestras in the Bay Area peninsula. The Master Sinfonia Chamber Orchestra will rehearse and perform works ranging from classics such as Mozart, Beethoven, Brahms, to 20th Century composers such as Samuel Barber and living composers such as John Adams. The orchestra performs 4 concerts per year. Please visit mastersinfonia.org for concert details. *Applicants must audition with the instructor, David Ramadanoff, by contacting him at info@mastersinfonia.org before attending the first orchestra rehearsal.*

10 wks / March 26–May 28
Thursday / 7:30–10 p.m.
Los Altos United Methodist Church / \$65

ODAIKO

Instructor: Kensuke Sumii, info@drumrevolution.com

Prerequisite: Must also be currently enrolled in Taiko class

This class is designed for individuals with stamina to hit Odaiko (big Taiko) for two hours. Odaiko will help you build up stamina, rhythmic competence and speed to hit Taiko. New students must audition before registering for class. Please contact the instructor prior to registration. All equipment—including drums and sticks—are provided.

SECTION A (Open to continuing students)

5 wks / March 27–May 1 (No class April 10)
Friday / 7:30–9:30 p.m.
Palo Alto HS Rm P4 / \$50 (+ \$50 materials fee)

SECTION B (Open to continuing students)

6 wks / May 8–June 12
Friday / 7:30–9:30 p.m.
Palo Alto HS Rm P4 / \$60 (+ \$60 materials fee)

MUSIC

PENINSULA SYMPHONIC BAND

Instructor: Ted Henderson, mrhenderson1962@gmail.com

Experience the thrill of performance in this fully instrumental band for experienced players of wind and mallet-rhythm percussion instruments. Enjoy playing traditional, popular and classical music.

Percussionists and tubists are especially needed.

NOTE: There is a waitlist for some sections. To inquire about availability, before attending the first band practice, please email Ted Henderson at mrhenderson1962@gmail.com or call him at (408) 910-1830. A concert will be given at the end of the quarter, on Sunday, June 7, 2026.

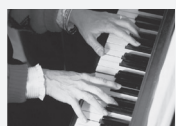
9 wks / March 23–June 1 (No class April 6 & May 25)

Monday / 7:30–10 p.m.

Palo Alto HS Rm 109 / \$65

PIANO: BEGINNING/INTERMEDIATE

Instructor: Kathy Woveris, kwoveris@gmail.com



Learn to play music in a fun environment. You will learn to play on the keyboards provided. Instruction includes basic notes, rhythm, theory and finger exercises as well as chords and scales.

You will need a keyboard at home to practice on, or you can rent a keyboard. Every term we will study a classical composer's biography and simple music by that composer as well as listening to a recording. Textbooks: *Adult All-In-One Course: Lesson-Theory-Technic: Level 1*, and *Fundamentals of Piano Theory-Preparatory Level*. Bring textbooks to first class, or you may purchase one from the teacher that same night. **NOTE:** No perfumes or scented hair products of any kind in class due to the instructor's allergies. *Limit 10 students each section.*

SECTION A: Beginning (No previous lessons)

9 wks / March 25–May 27 (No class April 8)

Wednesday / 5–6:30 p.m.

Palo Alto HS Rm 305 / \$135

SECTION B: Intermediate (Beginning lessons or equivalent)

9 wks / March 25–May 27 (No class April 8)

Wednesday / 6:30–8 p.m.

Palo Alto HS Rm 305 / \$135

PENINSULA SYMPHONIC BAND WINTER CONCERT

Conducted By Ted Henderson

Jun 7 • 3 p.m. • Performing Arts Center

Admission FREE — Donations Appreciated



* * CONCERTS * *



MASTER SINFONIA CHAMBER ORCHESTRA

Conducted By David Ramadanoff

March 7 • 7:30 p.m. • Performing Arts Center

Visit mastersinfonia.org for ticket information

TAIKO I

Instructor: Kensuke Sumii, info@drumrevolution.com

Prerequisite: None

Taiko is the art of Japanese drumming, which develops self-expression and musical creativity. This course engages in Uchikomi based practice. You should have a sense of rhythm and/or stamina to hit drums for two hours. Similar to martial arts practice, students do not wear shoes or socks in class. All equipment – including drums and sticks – are provided. *Limit 24 students each section.*

SECTION A (Open to all students)

5 wks / March 25–April 29 (No class April 8)

Wednesday / 8–10 p.m.

Palo Alto HS Rm P4 / \$50 (plus \$100 materials fee)

SECTION B (Open to all students)

6 wks / May 6–June 10

Wednesday / 8–10 p.m.

Palo Alto HS Rm P4 / \$60 (plus \$120 materials fee)

VIOLIN: BEGINNING

Instructor: Dr. Chag-Hee Lee, chlee@pausd.org

In a supportive and encouraging environment, you will discover the fundamental techniques of playing the violin. You will explore and learn a variety of repertoire through demonstrations and active engagement in class. Bring your own violin with other equipment. See website for class objectives and materials. *Limit 12 students.*

SECTION A: Beginning I (Open to continuing Beginning I students only - No new students accepted)

Prerequisite: Beginning I

5 wks / April 2–May 28

(No class April 9 & May 14 / Makeup date May 11)

Thursday / 8–9 p.m.

Palo Alto HS Rm 30 / \$160

SECTION B: Beginning II (Open to continuing students or equivalent)

Prerequisite: Beginning I & II or equivalent

7 wks / March 31–June 2 (No class April 7 & 14, & May 19)

Tuesday / 7–8 p.m.

Palo Alto HS Rm 30 / \$140

VIOLIN: INTERMEDIATE

Instructor: Dr. Chag-Hee Lee, chlee@pausd.org

Prerequisite: Beginning I and II and Intermediate or equivalent

This class is for continuing Intermediate students who wish to refine their technique and skills in a group setting. You will review and reinforce music reading, playing fundamentals and technique that are important for lasting musical development. Emphasis will also be on proper posture and playing position, development of characteristic tone quality and training in music literacy. Bring your own violin. See website for class music and materials. *Limit 12 students.*

7 wks / March 31–June 2 (No class April 7 & 14, & May 19)

Tuesday / 8–9 p.m.

Palo Alto HS Rm 30 / \$140

Instructor-Facilitated Online Courses



Online Education

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Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. All courses run for six weeks (with a 10-day grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. You can complete any course entirely from your home or office.....any time of the day or night!

EXPERT INSTRUCTORS • 24-HOUR ACCESS • ONLINE DISCUSSION AREAS • SIX WEEKS OF INSTRUCTION

ACCOUNTING FUNDAMENTALS

If you want to increase your financial awareness and gain a marketable skill, this course is for you!

ADMINISTRATIVE ASSISTANT FUNDAMENTALS

Master essential job responsibilities as you identify opportunities and implement solutions for increased productivity throughout your company.

CERTIFICATE IN BRAIN HEALTH

This course offers techniques and insights based on recent scientific studies about fostering health, happiness and well-being to support a healthy brain.

CERTIFICATE IN FOOD, NUTRITION, AND HEALTH

Learn how food interacts with your body and discover how to make healthy nutritional choices that will impact your well-being.

CONVERSATIONAL JAPANESE

This course will provide you with useful words and phrases for conversing as you master the essentials of the Japanese language.

DESIGNING EFFECTIVE WEBSITES

Regardless of your current skills or level of knowledge, in this course you'll master the basics of web design and learn how to build more effective sites.

DISCOVER SIGN LANGUAGE

By the end of this sign language course, you will be confident and ready to participate in a conversation using the power of sign language.

INTRO TO QUICKBOOKS

Manage the financial aspects of your small business quickly and efficiently using QuickBooks Online.

LOSE WEIGHT AND KEEP IT OFF

In this comprehensive course, you'll discover how to establish a healthy approach to weight loss and weight maintenance.

MASTERING PUBLIC SPEAKING

Equip yourself with the skills you need to communicate with ease and authority on the job or in any social setting.

NONPROFIT FUNDRAISING ESSENTIALS

Explore the skills you'll need to become a successful fundraiser and discover where the best corporate and foundation fundraising jobs are and how to apply for them.

PERSONAL FINANCE

This course will help you gain control over the financial impact of your choices with tools that are useful, realistic, and easy to work into your regular routine.

REAL ESTATE LAW

Learn the basics of real estate law, including investing, title searching, and mortgages.

SECRETS OF BETTER PHOTOGRAPHY

Whether you use a DSLR, a point-and-shoot camera, or your phone for your photography, you will learn how to get the best results from your camera.

USING SOCIAL MEDIA IN BUSINESS

Learn how Facebook, Twitter, LinkedIn, Pinterest and Google+ can grow and promote your business.

MORE COURSES AVAILABLE AT OUR ONLINE INSTRUCTION CENTER

Visit ed2go.com/PaloAlto / New course sessions begin monthly

PARENTING & FAMILY

For 80 years, we have offered preschool programs organized primarily for parent education. Parents develop a deeper understanding of early childhood development and parenting skills through adult discussion classes, formal and informal observations, and community exchanges. Our unique participatory structure allows parents to be involved in their children's preschool education.

PRESCHOOL FAMILY

4120 MIDDLEFIELD ROAD • PALO ALTO, CA 94303-4741 • (650) 856-0833

INSTRUCTOR: PRESCHOOL FAMILY STAFF

PreSchool Family is a parent education, parent participation program serving families with children from birth through five years. The program is designed to offer parents an opportunity to learn about parenting and to actively participate in their child's education. For children, the program offers a developmentally appropriate, play-based, educational experience. Parents join their child for one class each week during September–May regardless of the age of the child.

Parent education is the heart of our program and consistent parent participation is required in both the child and the adult classes. We are committed to supporting the welfare of the whole family. Through our program, parents develop a sense of community and strength by working with other parents and their children. We strive to enhance each child's natural curiosity and love of learning.



Programs Offered for the 2026–2027 School Year

- Baby Class (6–12 Months)
- Toddler Class (12–24 Months)
- Mixed Age Dinner Class
- 2 Year Old Class
- 3 Year Old Class
- 4 Year Old Class



For information about 2026-2027 classes and registration please visit <https://greendell.pausd.org/programs/preschool-family>

Follow PreSchool Family at [instagram.com/preschoolfamily](https://www.instagram.com/preschoolfamily)

PreSchool Family phone: (650) 856-0833

What Our Parents are Saying.....

"This school has truly been a life-changing experience for me. I can't even quantify how much this school improved my parenting skills, relationship with my son, and confidence in parenting. The parent education classes are a wonderful way to meet other parents, talk about burning issues, realize that we are not alone in our parenting journeys (and struggles), connect with other parents and develop wonderful long-lasting friendships. With parent participation at PSF, I found there were two very important parts that make it so successful. First was attending the parent education classes to learn about child development, the skills to be a better parent, and to connect with other parents. Second was to volunteer weekly to put those skills into practice in the classroom and shadow the teachers that have developed these skills over decades. I learned so much at PSF, and I can truly say that it has changed my life. I feel much more confident as a parent, and I feel that I now have a toolbox of skills to help me be a much better parent."

Samantha Swan McCleary
PSF Parent

WOODWORKING: *Classes Limited to 15 Students Unless Noted*

WOODTURNING: INTRO TO THE LATHE

Instructor: Tina Chou, tchou@pausd.org

Prerequisite: None (Class not substitution for Woodturning 1)

The first class of Woodturning modified into a 3-hour standalone lesson. You will learn basic safety, operating a lathe, and using the spindle roughing gouge to turn a simple rolling pin. There will be a \$20 materials fee payable to the instructor at the first class meeting.

Limit 6 students.

One Session / Dates: TBD

Saturday or Sunday / 1:30–4:30 p.m.

Palo Alto HS Woodshop / \$70 per session



WOODWORKING: *Classes Limited to 15 Students Unless Noted*

WOODTURNING: INTRO TO PENS

Instructor: Tina Chou, tchou@pausd.org

Prerequisite: None (Class not substitution for Woodturning 1 or Woodworking 1)

In this class, you will learn the basics of pen turning, how to turn safely at the lathe, and then assemble your pen with metal pen kit components. This great starter project will familiarize you with the lathe and traditional turning tools. There will be a \$20 materials fee payable to the instructor at the first class meeting. *Limit 6 students.*

One Session / Date: TBD

Saturday / 9:30 a.m.–12:30 p.m.

Palo Alto HS Woodshop / \$70

WOODTURNING: OPEN LATHE SHOP

Instructor: Tina Chou, tchou@pausd.org

Prerequisite: Woodturning I

For previous students wanting more time at the lathe to practice, repeat a past class project, and/or work on their own project(s) with some instructor supervision. Contact the instructor with your intended project(s) for approval prior to enrolling. There will be a \$20 materials fee payable to the instructor at the first class meeting. *Limit 6 students.*

Two Sessions / Dates: TBD

Saturday or Sunday / 1:30–4:30 p.m.

Palo Alto HS Woodshop / \$140

WOODTURNING 1: INTRO TO SPINDLES

Will return Fall 2026

WOODTURNING 2: INTRO TO BOWLS

Instructor: Tina Chou, tchou@pausd.org

Prerequisite: Woodturning I

You will build on your Woodturning 1 skills and learn the basics of turning wooden bowls. Projects will include different bowl designs and chucking methods. We will discuss how to process a tree into bowls, safety, and tool sharpening. You will make a lot of wood shavings. There will be a \$40 materials fee payable to the instructor at the first class meeting. *Limit 6 students.*

SECTION A

Four Sessions / Dates: TBD

Monday & Thursday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$280

SECTION B

Four Sessions / Dates: TBD

Tuesday & Friday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$280

WOODWORKING 1: BUILD A TABLE

Instructors: Section A – Sean McCluskey, sean94118@gmail.com, and Derek Witte, dwitte@pausd.org; Section B – Rayan Ghazal, rghazal@pausd.org, Alex Granieri, agranieri@pausd.org, and Marty Lastowski, mlastowski@pausd.org; Section C – Nicholas Lewin-Koh
Prerequisite: None



Develop woodworking skills while building a table from rough wood using power tools. The class will focus on safety, project planning, and understanding the medium of wood. You will need safety glasses—and hearing protection is highly recommended. There will be a materials fee (\$50–\$60) payable to the instructor to cover the cost of wood. You will need safety glasses—and hearing protection is highly recommended. Storage space is available for projects during the quarter. No textbook. Handouts and materials list will be emailed before class.

SECTION A

Instructors: Sean McCluskey, sean94118@gmail.com, and Derek Witte, dwitte@pausd.org

10 wks / March 25–June 3 (*No class April 8*)

Wednesday / 1:30–4:30 p.m.

Palo Alto HS Woodshop / \$300

SECTION B

Instructors: Rayan Ghazal, rghazal@pausd.org, Alex Granieri, agranieri@pausd.org, and Marty Lastowski, mlastowski@pausd.org

10 wks / March 26–June 11 (*No class April 9 & June 4*)

Thursday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300

SECTION C *Limit 10 Students*

Instructor: Nicholas Lewin-Koh

10 wks / March 20–June 5 (*No class April 10 & May 22*)

Friday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300

WOODWORKING 1: BUILD A BLANKET CHEST

Instructors: Anitra Romfh, Padriac.Romfh, and Marcus Miller, wmmiller2@yahoo.com

Prerequisite: None



Develop woodworking skills while building a blanket chest from rough wood using power tools. The class will focus on safety, project planning, and understanding the medium of wood. You will need safety glasses—and hearing protection is highly recommended. There will be a materials fee (TBD) payable to the instructor on the first day of class.

10 wks / March 24–June 9 (*No class April 7 & May 19*)

Tuesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300

WOODWORKING: *Classes Limited to 15 Students Unless Noted*

WOODWORKING 2: BUILD A TABLETOP WORKBENCH

Instructor: Sumit Roy, sroy@pausd.org and
Derek Witte, dwitte@pausd.org

Prerequisite: Woodworking 1—NO EXCEPTIONS

Build a tabletop workbench, including a laminated top for stability, a Moxon vise for cutting joinery into the ends of boards, a planning stop for finishing your material and various other doohickeys and doodads for Woodworking on the go. You will have the opportunity to review and expand upon skills learned in Woodworking 1. Tools covered will include the jointer, planer, bandsaw, table saw, mortising machine, and the router table. This class is especially suited for students who plan to take a Handtools class, or want to use such tools at home. Please feel free to get in touch with sroy@pausd.org if you have any questions. There will be a \$100 materials fee payable to the instructor on the first day of class.

8 wks / March 31–June 2 (No class April 7 & May 19)

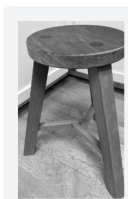
Tuesday / 1:30–5 p.m.

Palo Alto HS Woodshop / \$255

WOODWORKING 2: BUILD A THREE-LEGGED STOOL

Instructor: Aaron Straight, astraight@pausd.org
and Marcus Miller, wmmiller2@yahoo.com

Prerequisite: Woodworking 1 – NO EXCEPTIONS (Students should not miss either of the first two classes)



This project will use traditional mortise and tenon joinery as well as serve as an introduction to lathe work and joinery at different angles. This project offers you ample opportunity to increase your skills while honing and refining techniques learned from Woodworking 1. The three-legged stool utilizes wedged,

through mortise and tenon joinery for aesthetic and structural benefit. The finished product is both beautiful and functional. There will be a materials fee (TBD) payable to the instructor on the first day of class.

10 wks / March 30–June 15 (No class April 6 & May 25)

Monday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300

WOODWORKING 3: ADVANCED WOODWORKING TECHNIQUES

Instructors: Claude Godcharles, cgodcharles@pausd.org, and
Sumit Roy, sroy@pausd.org

Prerequisite: Woodworking 1 & Woodworking 2

—NO EXCEPTIONS, Instructor approval required

Come work on your own project, while learning setup and techniques for power tools and hand tools! Students supply their own materials. Storage space for projects is available during the quarter. Textbook (*recommended*): *Woodworking Basics* by Peter Korn.

9 wks / March 23–June 1 (No class April 6 & May 25)

Monday / 2–5 p.m.

Palo Alto HS Woodshop / \$270

WOODWORKING 4: ADVANCED—OPEN SHOP

Instructors: Rayan Ghazal, rghazal@pausd.org,
and Sharad Patel, spatel@pausd.org

Prerequisite: Three quarters of Woodworking classes

Work at your own pace with access to instruction, equipment and advice when you need it. A skills test will be given at the first class. Students supply their own materials. Storage space is available for projects during the quarter. Prior to enrolling, please email instructor at rghazal@pausd.org.

10 wks / March 25–June 3 (No class April 8)

Wednesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300



WORLD LANGUAGES

CHINESE: BEGINNING (3rd Quarter)

Instructor: Lucia Wu, www@pausd.org



Prerequisite: Two quarters of Beginning or equivalent

Learn the most popular language in the world. Be able to speak accurately with tones from the start. At the end of the quarter, you will be able to recognize all the phonetic elements, read and speak Chinese through phonetics and conduct simple conversations. This class is ideal for parents who plan to help their children with Chinese pronunciation by simply

applying the skills they have learned from this class! Textbook: *Chinese Express: JOY Chinese*

in 3 months (ISBN: 978-7-5619-1587-5). Please contact the instructor for textbook information before or upon registration.

8 wks / March 24–May 26 (No class April 7 & May 19)

Tuesday / 6:30–8:30 p.m.

Palo Alto HS Rm 309 / \$160

WORLD LANGUAGES

FRENCH: BEGINNING

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Bonjour! You will learn the fundamentals of pronunciation and will develop everyday conversational skills with a focus on phonetics, grammar, listening, reading and writing exercises. You will become familiar with French culture and customs. Order book from Amazon prior to first class. Textbook: *Dis-moi!* (ISBN: 0-673-21627-6).

SECTION A: Beginning I

Prerequisite: None

10 wks / March 24–June 2 (No class April 7)

Tuesday / 9–11 a.m.

Live Online / \$200

SECTION B: Beginning II

Prerequisite: French Beginning I or equivalent

10 wks / March 24–June 2 (No class April 7)

Tuesday / 11:30 a.m.–1:30 p.m.

Live Online / \$200

FRENCH GRAMMAR REVIEW

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: French intermediate or equivalent

In this comprehensive grammar review course, emphasis is on language structure leading to effective communication. Enhance your conversation skills through attention to grammar rules and syntax. The curriculum includes a thorough revision of the parts of speech, modes, sentence structure, verb conjugation and activity-based exercises. Order book prior to first class. Textbook: *Grammaire en dialogues – Niveau Avancé*. (ISBN: 978-209-038062-0).

10 wks / March 24–June 2 (No class April 7)

Tuesday / 2–4 p.m.

Live Online / \$200

FRENCH: INTERMEDIATE I

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: French Beginning II or equivalent

Increase your vocabulary knowledge through reading and listening exercises. Improve your conversational skills by following guided activities. Continue reinforcing your mastery of grammar and improving syntax. Enhance your knowledge of French culture and customs. Order book prior to first class. Textbook: *Viens Voir!* (ISBN: 0-673-216284).

9 wks / March 23–June 1 (No class April 6 & May 25)

Monday / 2–4 p.m.

Live Online / \$144

"I started taking Roberta's **Italian Beginner** class in 2023, and I am now enrolled in her Early Advanced language class. Roberta is a very enthusiastic and encouraging teacher who loves to share her heritage, culture, and traditions with her students."

Vanessa Mock
Financial Analyst (Retired)

FRENCH: INTERMEDIATE II

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: French Intermediate I or equivalent

You will increase your vocabulary knowledge through reading and listening exercises, and you will improve your conversational skills by following guided activities. Continue reinforcing your mastery of grammar and improving syntax, and enhance your knowledge of French culture and customs. Order book prior to first class.

Textbook: *Viens Voir!* (ISBN: 0-673-216284).

10 wks / March 24–June 2 (No class April 7)

Tuesday / 5–7 p.m.

Live Online / \$200

FRENCH: CONVERSATIONS AROUND FOOD

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: Intermediate II or equivalent

Strengthen your French conversational skills through discussions on food and culinary topics, including everyday meals, cooking techniques, and dining experiences. Emphasis is placed on expanding vocabulary, refining grammar, and improving fluency through structured conversation. The instructor will provide the course materials by email prior to the first meeting. Textbook: None .

10 wks / March 26–June 4 (No class April 9)

Thursday / 2–4 p.m.

Live Online / \$200

FRENCH: HIGH INTERMEDIATE READING & CONVERSATION

Instructor: Mireille Belloni, mbelloni@pausd.org

Prerequisite: High intermediate or equivalent

You will use a contemporary French novel as a vehicle for improving your language skills and discover aspects of French-speaking culture. *Requirements:* This class is aimed at students who can express themselves fluidly in French, can understand complex sentences, have a solid knowledge of past tenses, and enjoy reading fiction in any other language. Please contact the instructor for textbook information before or upon registration. *Limit 12 students.*

5 wks / March 23–April 27 (No class April 6)

Monday / 6–7:30 p.m.

Live Online / \$75

ITALIAN: BEGINNING III

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: Italian Beginning II or equivalent

You'll learn new words and build more advanced sentences. New students are welcome! Textbook: Please contact the instructor for details regarding the textbook or any inquiries about this class. Instructor will send class details and link one day before the first class.

10 wks / March 25–June 3 (No class April 8)

Wednesday / 5–6:30 p.m.

Live Online / \$150

WORLD LANGUAGES

ITALIAN: INTERMEDIATE I (PART 2)

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: Completion of Beginning IV or equivalent

Parliamo italiano! This course is designed for students who have completed Beginning IV or have a solid foundation in Italian. You'll improve your grammar, enrich your vocabulary, and become more confident expressing yourself in both every day and more complex situations. New students are welcome! Textbook: Reach out to the instructor for details regarding the textbook or any inquiries about this class. Instructor will send class details and link one day before the first class.

10 wks / March 26–June 4 (No class April 9)

Thursday / 5–6:30 p.m.

Live Online / \$150

ITALIAN: EARLY ADVANCED (PART 1)

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: High Intermediate or equivalent

Italiano al massimo! In this early-advanced course, you'll refine your grammar, expand your vocabulary, and gain confidence in expressing opinions. Led by an experienced native Italian instructor, this class is perfect for students who have completed a high-intermediate Italian course and are ready for more challenging, lively conversations. *In classe si parla esclusivamente italiano.* New students are welcome! Textbook: Please contact the instructor for details regarding the textbook or any inquiries about this class. Instructor will send class details and link one day before the first class.

9 wks / March 23–June 1 (No class April 6 & May 25)

Monday / 6–7:30 p.m.

Live Online / \$135

SPANISH: BEGINNING

Instructor: Leonardo McCord Salazar

Learn the essentials of Spanish grammar from a native speaker, and develop the four language skills in meaningful contexts. Topics included will be useful for parents with children in Spanish Immersion classes. Adult students will be able to participate actively in simple conversations with their children. Required textbook can be purchased in the Adult School office.

Levels 1, 2, 4, & 5 are not offered this spring quarter.

SECTION C (Level 3)

Prerequisite: Two quarters of Spanish (Beginning or equivalent)

9 wks / March 23–June 1 (No class April 6 & May 25)

Monday / 7–9 p.m.

Palo Alto HS Rm 302 / \$180

SECTION F (Level 6)

Prerequisite: Five quarters of Spanish (Beginning or equivalent)

10 wks / March 26–June 11 (No class April 9 & June 4)

Thursday / 7–9 p.m.

Palo Alto HS Rm 302 / \$200

SPANISH: LOW INTERMEDIATE

Instructor: Leonardo McCord Salazar

Prerequisite: Two years of beginning Spanish or equivalent

¿Habla Ud. español? Continue your studies, and focus on conversational skills. Add to your knowledge of grammar and Hispanic culture. Order books prior to first class: (1) *Stories from Mexico/Historias de Mexico* (ISBN 9781260011043). (2) *Grammatica De USO Del Espanol* (ISBN 978-84-675-2108-5).

9 wks / March 24–June 2 (No class April 7 & May 19)

Tuesday / 7–9 p.m.

Palo Alto HS Rm 302 / \$180

SPANISH: INTERMEDIATE

Instructor: Leonardo McCord Salazar

Prerequisite: Three quarters of low intermediate Spanish or equivalent

Learn the fine points of Spanish grammar and the multiple uses of the subjunctive mood in this engaging course. Read, translate, and discuss a masterpiece of Spanish, Latin-American, or Chicano literature. Order books prior to first class: (1) *Advanced Grammar* (ISBN 978-0-07-183899-3) (2) *El Reina del Dragon de Oro* (ISBN 978-0-06-059171-7).

10 wks / March 25–June 3 (No class April 8)

Wednesday / 5–7 p.m.

Live Online / \$200

SPANISH: ADVANCED CONVERSATION AND LITERATURE

Instructor: Leonardo McCord Salazar

Prerequisite: Advanced Spanish skills

Converse with other students in Spanish, and read contemporary Spanish, Latin-American, or Chicano plays, novels, or short stories. Repetition of the course is encouraged, as new literature is introduced every quarter. The instructor will provide textbook information at the first class.

10 wks / March 25–June 3 (No class April 8)

Wednesday / 7:30–9:30 p.m.

Live Online / \$200

THAI FOR TRAVELERS

Instructor: Niramol (Anne) Samatthiya,

niramol.samatthiya@gmail.com

Prerequisite: None



Designed for travelers, this course teaches essential Thai phrases and cultural tips for everyday situations. You will practice speaking and listening skills for ordering

food, transportation, shopping, and polite conversation. This course will help you travel more confidently and enjoy richer experiences in Thailand. No textbook. Instructor-provided handouts and digital materials included.

9 wks / March 23–June 1 (No class April 6 & May 25)

Monday / 5:30–7:30 p.m.

Palo Alto HS Rm 305 / \$180

NEW

MISSION AND SCHOOLWIDE LEARNER OUTCOMES (SLOs)

MISSION

Palo Alto Adult School is committed to providing a broad range of accessible, flexible, and effective educational programs that enable our diverse community of adult learners to achieve their academic, career, and personal goals.

SCHOOLWIDE LEARNER OUTCOMES (SLOs)

SET GOALS

Students will assess their own needs and identify their academic, career, and/or personal goals.

- With guidance, develop and communicate plans to achieve their goals.
- Be self-directed learners who learn independently and collaboratively in a diverse environment.

ACHIEVE SKILLS

Using a variety of methods, technology, and resources, students will acquire knowledge and skills.

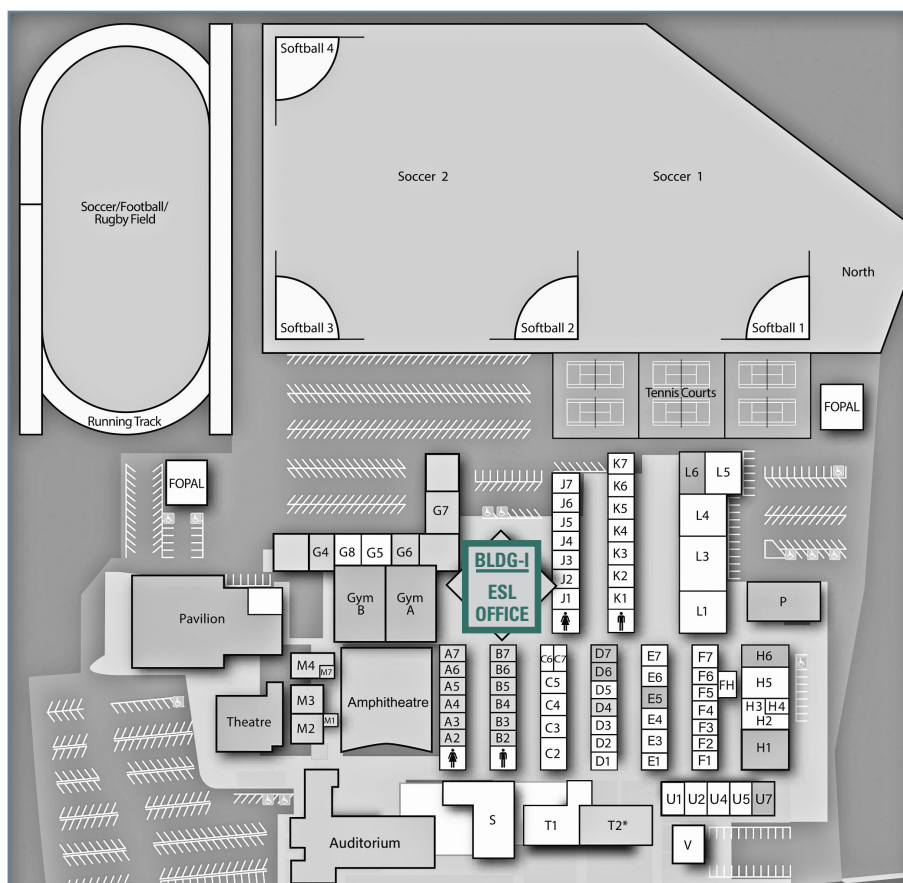
- Develop and apply critical thinking skills.
- Obtain academic and career skills for life and workforce readiness.

DEMONSTRATE LEARNING

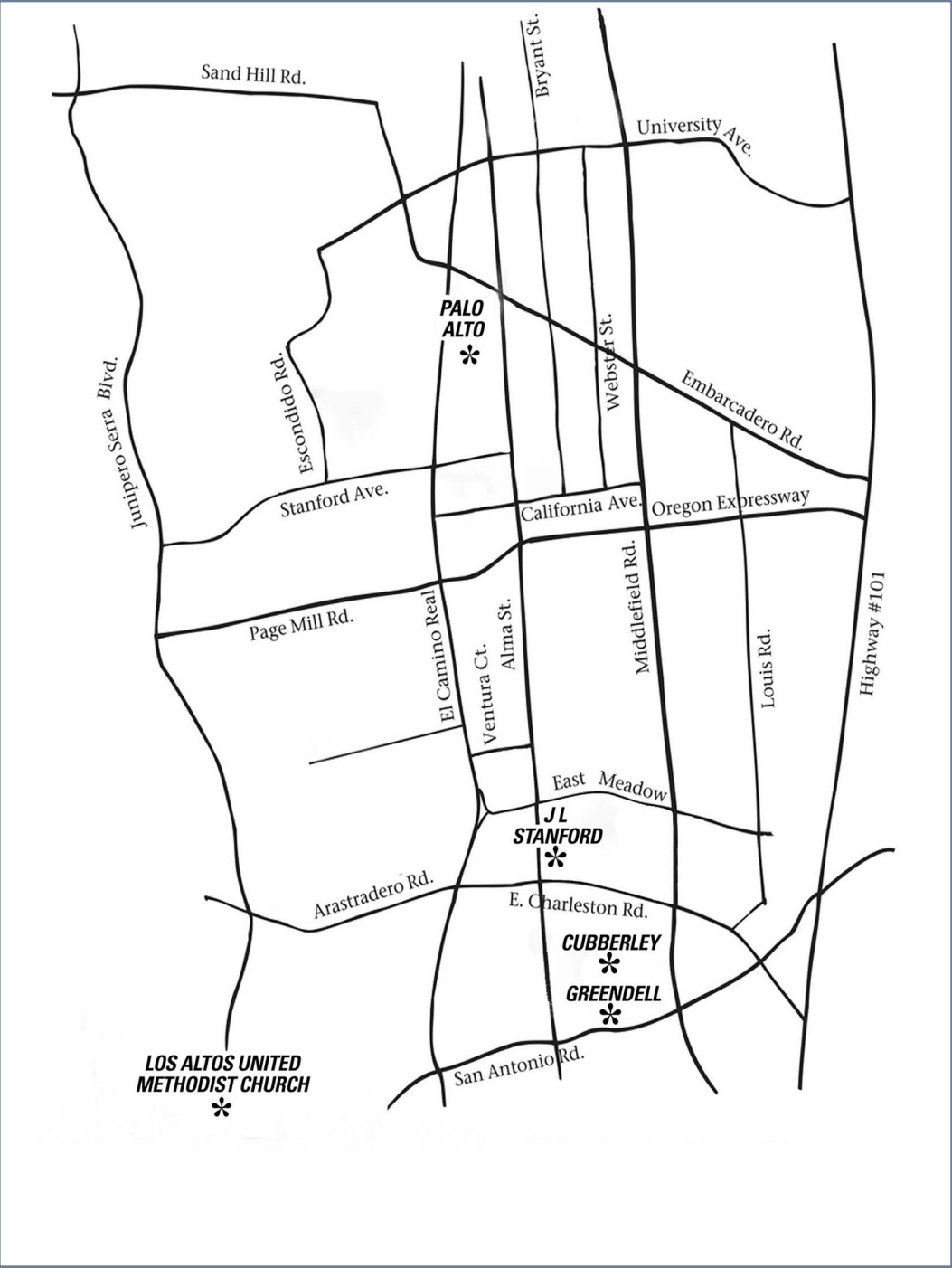
Students will apply their acquired core knowledge and skills appropriate to their goals.

- Advance to post-secondary education or training.
- Contribute to personal enrichment and the community.
- Demonstrate 21st century skills including critical thinking, communication, collaboration, and creativity.

CUBBERLEY COMMUNITY CENTER — ADULT SCHOOL CLASS LOCATIONS



PALO ALTO ADULT SCHOOL LOCATIONS



PALO ALTO
Palo Alto High School
50 Embarcadero Road

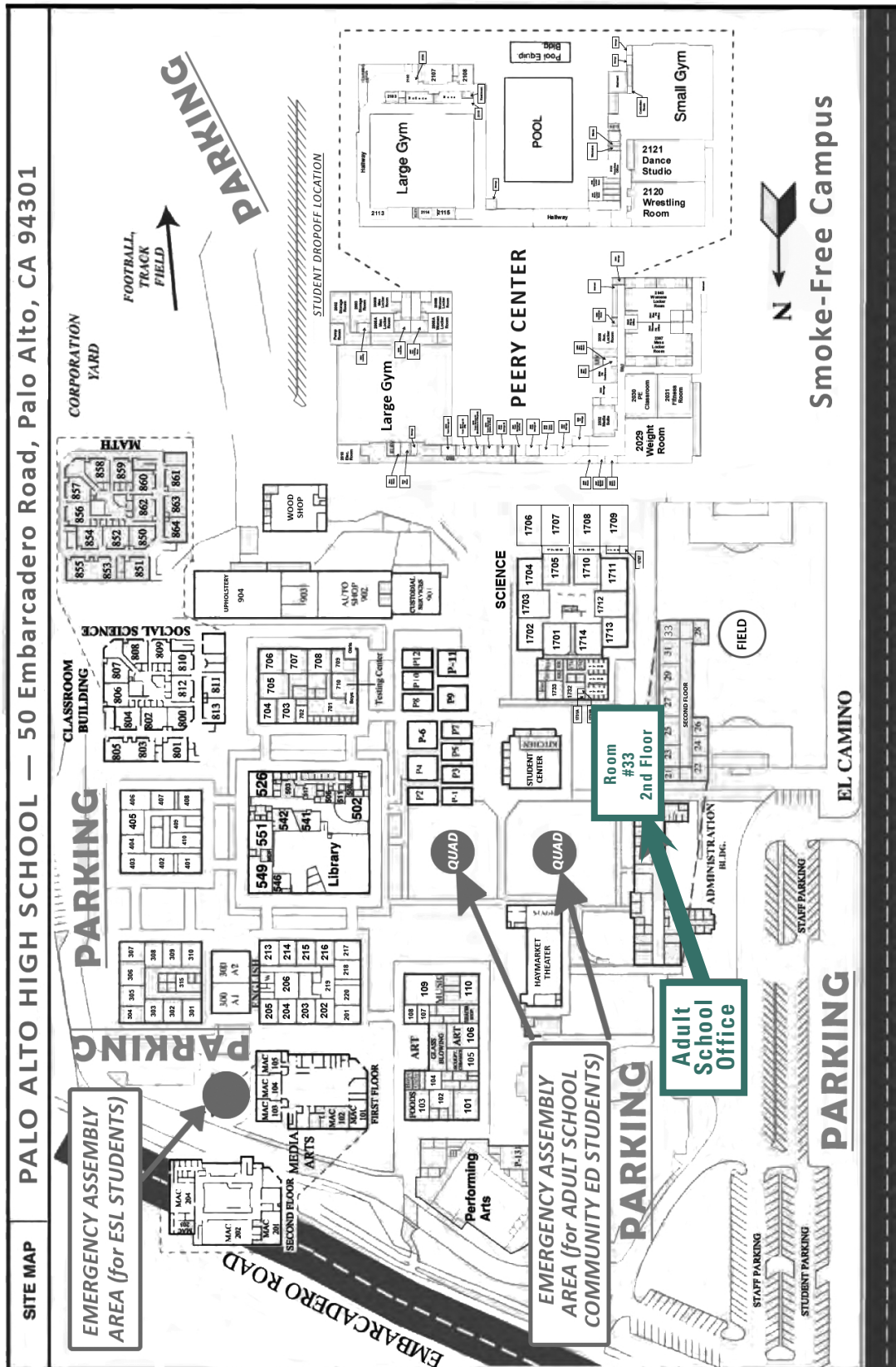
CUBBERLEY
Cubberley Community Center
4000 Middlefield Road

GREENDELL
Greendell School
4120 Middlefield Road

J. L. STANFORD
J.L. Stanford Middle School
480 E. Meadow Drive

**LOS ALTOS UNITED
METHODIST CHURCH**
655 Magdalena Avenue, Los Altos

PALO ALTO ADULT SCHOOL CLASS LOCATIONS



Updates to the catalog after printing can be found on our website at PAAAdultSchool.org

ADMINISTRATIVE POLICIES

POLICIES AND PROCEDURES

Palo Alto Adult School follows the Policies and Procedures adopted by the Palo Alto Board of Education. These can be found at: <https://www.pausd.org/about-us/policies-procedures/board-policies>. These policies support the Education Code of the State of California.

NON DISCRIMINATION

BP 0400: The Board shall provide equal opportunities in all areas and assure that there will be no discrimination against any person on the grounds of race, religion, age, sex, national origin, color, disability, political belief, sexual orientation, marital status, or veteran's status.

ACADEMIC REGULATIONS

BP 5131: The Board of Education believes that all students have the right to be educated in a positive learning environment free from disruptions. Students shall be expected to exhibit appropriate conduct that does not infringe upon the rights of others or interfere with the school program while on school grounds, while going to or coming from school, while at school activities, and while on district transportation.

Conduct is considered appropriate when students are diligent in study, careful with school property, courteous, and respectful toward their teachers, other staff, students, and volunteers. Prohibited student conduct includes, but is not limited to:

- Conduct that endangers students, staff, or others.
- Conduct that disrupts the orderly classroom or school environment.
- Harassment of students or staff.
- Damage to or theft of property belonging to students, staff, or the district.
- Use of profane, vulgar, or abusive language.
- Plagiarism or dishonesty in school work or on tests.
- Possession, use, or being under the influence of tobacco, alcohol, or other prohibited drug in violation of school rules.

Students who violate district or school rules and regulations may be subject to discipline including, but not limited to, suspension, expulsion, transfer to alternative programs, or denial of participation in extracurricular or cocurricular activities in accordance with Board policy and administrative regulation. The Superintendent or designee shall notify local law enforcement as appropriate.

STUDENT RECORDS

BP 5125: At each school, the principal or a certificated designee shall act as custodian of records for students enrolled at that school. The custodian of records shall be responsible for implementing Board policy and administrative regulation regarding student records.

School Policy: Adult student records can be released following a written request by the student to the adult school office. Records are released to other parties with the student's permission.

ELIGIBILITY

All persons over the age of 18 are eligible for all Adult School classes with no residency restrictions.

REGISTRATION INFORMATION

- Please register early since classes that do not have sufficient enrollment are cancelled.
- Registration begins at 8 a.m. online ([PAAAdultSchool.org](https://www.paaadultschool.org)), or in-person at the Adult School Main Office.
- Once classes fill, students have the option of being put on the waitlist.
- The Adult School subscribes to a one person/one registration policy meaning students can only register for themselves.

REFUND POLICY

Refund of fees will only be given if requested at least 72 hours before the first class meeting. There is a \$15 fee for cancellations. A complete refund will always be made if we cancel a class. Please choose your classes carefully.

- We are sorry we cannot accept medical, business travel or other reasons.
- Refunds will be given automatically if the Adult School cancels a class.
- Deposits and tuition for parent education classes are entirely non-refundable.
- Textbooks are not returnable.

A CERTIFICATE OF COMPLETION

To receive a certificate of hours attended, please submit a request on our website: [paaadultschool.org](https://www.paaadultschool.org).

TOBACCO-FREE SCHOOL DISTRICT PROPERTY

Smoking and the use of tobacco products by all persons is prohibited on Palo Alto Unified School District property and at district-sponsored events.

SEXUAL HARASSMENT POLICY

It is the policy of the Palo Alto Unified School District to provide a school environment free from all forms of harassment, including sexual harassment, and to maintain an environment in which all students and staff model this behavior and are treated with dignity and respect. Please see the district website for complete information: <https://www.pausd.org/about-us/policies-procedures/title-ix-office>.

UNIFORM COMPLAINT PROCEDURES

The Palo Alto Unified School District maintains a uniform complaint procedure. Please visit the district website for complete information at <https://www.pausd.org/about-us/policies-procedures/formal-complaint-procedures>.

*Palo Alto Adult School classes are open to all—residents & non-residents.
We look forward to seeing you in class!*

CONSORTIUM PARTNERSHIP

North Santa Clara County Consortium for Adult Education

The Palo Alto Adult School is a member of the North Santa Clara County Consortium for Adult Education (NSCCC), a collaboration between the Foothill-De Anza College District (FHDA), Palo Alto Unified School District Adult School (PAUSD), Fremont Union High School District Adult School (FUHSD), and the Mountain View Los Altos Union High School District Adult School (MVLA). The consortium serves the communities of Cupertino, Los Altos, Los Altos Hills, Mountain View, Palo Alto, and Sunnyvale, as well as portions of San Jose. Its mission is to coordinate and align programs, create linkages, and develop regional plans to better serve the educational needs of adults in the region.

Meet the members of our consortium:

- Palo Alto Adult School: paadultschool.org
- Mountain View Los Altos Adult School: mvla.net
- FUHSD Adult School Sunnyvale-Cupertino: fuhsdadultschool.com
- De Anza College: deanza.edu
- Foothill College: foothill.edu

Find out more about NSCCC at nscadulthood.com.



MVLA
ADULT SCHOOL
Learning for a Lifetime

FUHSD Adult School
One School. Educating All.

DeAnza College

FOOTHILL COLLEGE

CONTACT INFORMATION

2026 PAUSD BOARD OF EDUCATION

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Administrator
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COMMUNITY PARTNER



Our Community Partner this quarter is

AVENIDAS CHINESE COMMUNITY CENTER

Exploring cultures, customs,
and community building.

探索文化、習俗和社區建設

WEBSITE // avenidas.org/accc

5

WAYS TO REGISTER

PHONE	(650) 329-3752
EMAIL	adultschool@pausd.org
WEBSITE	PAAAdultSchool.org
MAIL/WALK-IN	Palo Alto Adult School, 50 Embarcadero Road, Palo Alto, CA 94301

RECEIPTS/CONFIRMATIONS

Please call if you need a receipt or a confirmation:
(650) 329-3752. You will be notified if a class is cancelled.

REFUNDS

Refunds are given up to 72 hours before the first class meeting. There is a \$15 fee for cancellation. A complete refund will always be made if we cancel a class. Textbooks are not returnable.

NEED HELP? CALL (650) 329-3752

REGISTER EARLY

Register today to secure your place in our most popular classes. If minimum enrollments are not met, classes will be cancelled and a full refund will be processed.

OFFICE HOURS

PALY: Mon-Thu 8 a.m.-9:30 p.m.; Fri 8 a.m.-4 p.m.

CUBBERLEY: Mon.-Thu 8:30 a.m.-4 p.m.;

Fri 8:30 a.m.-2 p.m.

HOLIDAYS (*No Classes*): April 6-10, May 25 & 27

SPRING REGISTRATION BEGINS FEBRUARY 20, 2026

This schedule is valid through June 5, 2026. Additional information, materials lists, and schedule changes are posted on our website at PAAAdultSchool.org.

**REGISTRATION FORM****PALO ALTO ADULT SCHOOL**

Palo Alto Unified School District
50 Embarcadero Road
Palo Alto, CA 94301

Year: 2026

Quarter: ☐ Winter ☒ Spring

☐ Summer ☐ Fall

Registration Date: _____

Name: _____
(Last) (First) (Middle)

Address: _____
(Street Number) (Street Name) (Apt.) (City) (State) (Zip Code)

Home Phone: _____ Work Phone: _____

Cell Phone: _____ Email Address: _____

Start Date: _____ ☐ New Student ☐ Returning Student Date of Birth: _____ ☐ M ☐ F

Class Name	M	T	W	Th	F	S	Instructor	Time	Location	Fee

Type of Payment: ☐ Check ☐ Cash ☐ Visa ☐ MasterCard ☐ No Fee

Credit Card Number: _____ Expiration Date: _____

How did you find out about this class? _____

Register Online at PAAAdultSchool.org or print and mail this form.



PALO ALTO ADULT SCHOOL
Palo Alto Unified School District
50 Embarcadero Road
Palo Alto, CA 94301



SCAN TO
REGISTER ONLINE

ALL RESIDENTS AND NON-RESIDENTS WELCOME



Education is for life

